

# UMINA BEACH PUBLIC SCHOOL WEEKLY NEWSLETTER

**Term 2, Week 2  
Tuesday 7 May, 2019**



**Winners! Stage 3 Dance Group**

## **P&C Association**

Meet every 2<sup>nd</sup> Tuesday of the month  
All parents welcome.

## **School Canteen**

8:45am – 12:00 noon.  
Volunteers welcome.

## **Uniform Shop**

Thursday 8:45am – 9:30am  
Thursday 2:30pm – 3:15pm

**Sydney Ave, Umina Beach NSW 2257**

**Phone (02) 4341 1630 Fax (02) 4344 3916**

**Email: [umina-p.school@det.nsw.edu.au](mailto:umina-p.school@det.nsw.edu.au) Website: [www.umina-schools.nsw.edu.au](http://www.umina-schools.nsw.edu.au)**

**Office hours: 8:30am – 3:30pm**

**Report any suspicious behaviour toll free to School Security 1300 482737**



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## DIARY DATES

TERM 2, 2019	
Wed 8 May	School photos Woy Woy Cup football
Tues 14 – Fri 24 May	NAPLAN online Year 3 & 5
Fri 24 May	Zone X country
Tue 28 May	Paul Kelly Cup AFL P&C Disco
Wed 29 May	Yr 4 Settlers Day Girls soccer
Wed 5 June	Dance Festival rehearsals – all groups
Thur 6 June	Pyjama Day – fundraiser for Give Me 5 For Kids
Fri 14 June	Golf lessons K-6 - Free
Mon 24 June	Camp Quality Puppet Show K-6 - Free
Tue 25 June	Dance Festival rehearsals – Stage 2 group
Wed 26 June	Dance Festival rehearsals – Boys group
Mon 1 July	Stg 2 tennis
Tue 2 July	Dance Festival rehearsals – Stage 3 group
Wed 3 July	NAIDOC assembly
Fri 5 July	Athletics carnival – LAST DAY OF TERM 2

*From the Principal...*

### THANK YOU

Once again the Umina Beach community has demonstrated its generosity. Our school will be sending a little more than \$1,000 to Stewart House. These funds have been raised from Crazy Hair Day and the Stewart House envelopes you so kindly returned. Thank you so much!

### SPLASH-A-THON ASSEMBLY

The P&C hosted the Splash-a-thon assembly on Friday afternoon. 1H are really looking forward to the Pizza party and KB won a Zooper Dooper Party. Our P&C worked very hard preparing and running the Splash-a-thon. In total \$29,000 was raised to date. I am sure we all agree this is a fantastic effort. The next meeting of the P&C will be Tuesday 14 May at 7:00pm in the staffroom so why not come along.

### NEW PLAYGROUND EQUIPMENT TO BE INSTALLED

We are hopeful that installation of new playground equipment in the primary playground will commence on Friday this week. Let's hope for fine weather and no more delays. This equipment has been co-funded by the P C and the school. Profits from the school Canteen in 2018 have been utilised as part of the school's contribution toward the cost.

### CPR AND ANAPHALAXIS TRAINING

Staff will attend this training after school today. Annual updates are a requirement of all staff.

### NAPLAN ONLINE

NAPLAN commences for Year 3 and Year 5 students next Tuesday May 14. Please make every effort to have your children at school in time for the 9:15 bell. The online testing will be finalised on May 24.

### SCHOOL PHOTOS THIS WEDNESDAY

School photos will be taken **TOMORROW**. Please send your children along on time and in their summer uniform.

### MOTHERS DAY STALL THIS FRIDAY

Children will be able to purchase gifts for mum on Friday. Gifts range in price from \$1.00 - \$6.00. Please send a carry bag along with your child.

*Lyn Davis*

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## 2020 OPPORTUNITY CLASS

Applications for opportunity class placement are considered mainly on the combined results of the Opportunity Class Placement Test and school assessments. The OC test will be held on **Wednesday 31 July 2019**.

If you would like to have your child considered for Year 5 OC placement in 2020, you need to apply soon. The website is active from **Tuesday 30 April to Friday 17 May 2019**. Applications must be completed on the internet using a valid email address. All 2019 Year 4 students have received a note with all information included. **This note must be returned to the school if your child intends to sit the OC Placement Test.**



## WOOLWORTHS EARN & LEARN STICKERS

Woolworths Earn & Learn program runs from 1 May – 25 June. This program allows us to earn some equipment for our school. Any stickers collected can be placed in the box in the front office foyer or in the store box at Umina Woolworths. Every sticker helps!



## SCHOOL PHOTO DAY

Our photo day is on **TOMORROW**. Parents can pay for all of their children's orders in one envelope. However, each child requires their own envelope on photo day to ensure their order is placed and processed (even if the payment is in a sibling's envelope).

MSP Photography have supplied personalised envelopes for all students. **Payments can be made by cash, cheque or money orders only. Online payments can be made through the MSP website [www.msp.com.au](http://www.msp.com.au) using credit or debit cards from Mastercard or Visa. The website will display an order reference code, which should be noted on the back of the envelope in the box provided. Each child will require their envelope on photo day. Orders can be placed online up to one week after photo day.**

*Please do not pay for your child's photos through the schools' online payment system or EFTPOS. Use the above payment options only. Please return all envelopes on the day of photos – not before.*



## MOTHER'S DAY STALL - FRIDAY 10 MAY

Once again, our P&C will be running this year's Mother's Day stall. It will be held in the hall on Friday 10 May. There will be a variety of lovely gifts available ranging in price from \$1.00 to \$6.00. This year we have added some locally sourced handmade gifts, which we are very proud to do. We have also created a Mother's Day card for sale at \$5.00 each and *all proceeds* will go to supporting the local charity 'Women On A Mission'. This card can be viewed in the school office and on our Facebook page later this week.

We look forward to seeing your children on the day choosing gifts for all the special women in their lives.

*Jodi Reith* - P&C President

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## NAPLAN

Year 3 & 5 students will undertake NAPLAN assessment this term. UBPS will be doing NAPLAN online. These assessments will be completed in weeks 3 & 4 Tuesday to Friday 14 – 24 May.

## CANTEEN NEWS

Wed 8 May	Sue Park, Dannielle W
Thu 9 May	Ana Mc, Amanda S
Fri 10 May	Zoe B, Ana Mc, Stephanie W
Mon 13 May	Eileen D
Tue 14 May	Yana, Heather

**\*\* Volunteers needed. Please consider volunteering in your child's canteen. We can always work around the hours you have available. Pop in and see me or pick up a volunteer form from the front office.**

**\*\* Sushi available every Friday until sold out.**

**\*\* Jumpers and JJ's no longer available.**

**\*\* Please use 'Friday Menu' only each Friday.**

**\*\* See our updated menu included in this newsletter which started this week.**

*Debora Elliott* – Canteen Manager

## SCHOOL: Umina Beach PS



### Dress Rehearsal (All groups)

<b>DATE:</b> Wednesday 5 <sup>th</sup> June 2019      12:30PM
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SHOW	DATE	TIMES	ITEM NAME
A	Tuesday 25 <sup>th</sup> June, 2019	6:00pm & 8:00pm	Never Give Up (Stage 2)
B	Wednesday 26 <sup>th</sup> June, 2019	6:00pm & 8:00pm	Techno Revolution (Boys)
C	Thursday 27 <sup>th</sup> June, 2019	6:00pm & 8:00pm	
D	Monday 1 <sup>st</sup> July, 2019	6:00pm & 8:00pm	
E	Tuesday 2 <sup>nd</sup> July, 2019	6:00pm & 8:00pm	Garden of Shadows (Stage 3)
F	Wednesday 3 <sup>rd</sup> July, 2019	6:00pm & 8:00pm	
G	Thursday 4 <sup>th</sup> July, 2019	6:00pm & 8:00pm	

## DANCE FESTIVAL DATES

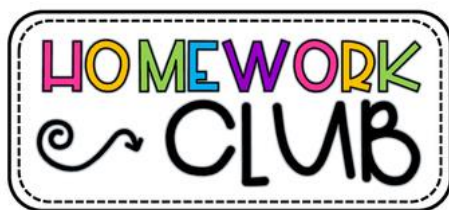
This year our school has three dance groups participating in the Central Coast Dance Festival. These are: Stage 2 Dance group, Stage 3 Dance group and the Boys Dance group. Permission notes and excursion information is still in the process of being organised however, we wanted to give parents notice about the dates to put in their calendars. Please refer to the information above. Please note: all Umina Beach PS dance groups will attend the dress rehearsal together on the same day. Students who successfully auditioned for specialty festival groups such as the Junior Ensemble, Junior Hip Hop or Boys Dance Crew will receive their performance and rehearsal dates from festival organisers. Ticket release dates have not yet been advised.

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## GOSFORD CITY PERFORMING ARTS CHALLENGE (see cover pic)

Congratulations to the Stage 3 Dance group who performed their new dance 'Garden of Shadows' on Friday night in an eisteddfod at Gosford High School. They did a wonderful job and were awarded **first place** in the primary school section! Feedback from the adjudicators included that the costuming was effective, the routine was well rehearsed and they liked the storytelling aspect in the choreography. The girls have worked very hard to learn the dance in such a short amount of time and we look forward to polishing the dance further and working on our technique for the Dance Festival later this term. Students will receive their first place ribbons in assembly this week. Thank you to the parents who came along to watch.

*Miss Ainsworth and Mrs Gonzalez*



The Homework Club will run again this term. Students who attended last term are **not required** to return another permission note. Any new students will need to see Miss Rhymes for a permission note before attending. We run every Monday afternoon until 4:15pm – places are limited.

## LIBRARY NEWS

### Find the Golden Ticket Books!

*To encourage the reading of fiction stories we have hidden Golden E Tickets in some of the fiction books in our library. When students borrow a Golden Ticket book the borrowing computer will 'ding' to let us know. We will then give the student a Golden Ticket to write a brief review of the book after it is read. When the review is returned to the library, the student may choose a prize from the prize box. Their review will be displayed for others to read. Good luck!*

*Mrs Darmody and Mrs Deas.*



## JUNKYARD DONATIONS

We are trying to establish a "Junkyard Playground" in the primary playground. This is a popular type of play area where children are given the opportunity to explore and play with the sorts of things their parents and grandparents may have played with when they were children. It allows for open ended play, imagination, problem solving and creativity while using their whole bodies through play. Students will be given PBL lessons on how to play safely with the equipment and will be supervised appropriately.

We still require some resources to get our junkyard playground up and running and are asking for donations. If you can donate any of the following to the school could you please email a photo of the item to [umina-p.school@det.nsw.edu.au](mailto:umina-p.school@det.nsw.edu.au) so we can assess if the equipment is safe and suitable.

\*Wooden crates \* Wooden pallets \* large rope \* large or small spools \* fence palings or wooden planks. Please forward any questions to Ms McLean

We thank you for your support and look forward to the opening of this exciting play opportunity.  
Ms McLean

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## New School Banking rewards now available!

Exciting new Term 2 Polar Savers rewards are now available, while stocks last!



Yeti Fluffy Notebook



Icicle slap band Ruler

**The Scented Stackable Highlighters and Snowy Origami Set from Term 1 are also still available.**

For every deposit made at school, students will receive a silver Dollarmites token. Once students have individually collected 10 tokens they can redeem them for an exclusive School Banking reward item in recognition of their regular savings habits.

School Banking is also a great fundraiser for our school. Our school receives a Regular Savers Contribution of \$5.00 for every 10 deposits processed per student as well as an Annual Contribution which is based on the number of students who made at least one School Banking deposit in the prior year. If you would like to know more about School Banking please visit [commbank.com.au/schoolbanking](http://commbank.com.au/schoolbanking)

Thank you for supporting the School Banking program and remember, School Banking day is **every Tuesday**.



Congratulations to 1H and KB for their class party win. Well done to Charlie in 1H who raised the most money. Thank you to all our families who supported our fundraiser!

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# UMINA BEACH PUBLIC SCHOOL CANTEEN MENU

Approved by NSW Healthy School Canteen Strategy 2019

Lunch orders must be *placed by 9:15am*.

Student to bring lunch bag back to canteen at lunch to collect cold items ordered.

**Extra everyday foods not listed (fruit & veg) are also available at breakfast & lunch.**

<p style="text-align: center;"><b>BREAKFAST</b></p> <p>Breaky muffin – small .50 Made fresh daily – Eldyn mix with fruit/veg/weetbix/oat/mixed spice Cereal cup 1.00 Vegemite toast (1 x piece) .20 Vanilla Yoghurt .20</p> <p style="text-align: center;"><b>DRINKS</b></p> <p>Water 600ml 1.50 Just Juice 100% juice 200ml 1.50 Milk 300ml (choc/straw) 1.80 Milk 300ml (plain) 1.50 Up &amp; Go 250ml (choc &amp; van) 2.00 SLUSHY juice 200ml small 1.00 250ml big 1.50</p> <p><b>Slushy flavours:</b> strawberry (pink) fruit burst (brown) watermelon (green)</p> <p style="text-align: center;"><b>SNACKS</b></p> <p>Cheddar cheese slice .20 Carrot bag .50 Cereal bag (Nesquik) .50 Sultana box 40g .50 Apple/banana/pear 1.00 Slinky apple (cored/peeled) 1.00 Egg (boiled &amp; peeled) 1.00 Cheese &amp; Salada crackers 1.00 Popsy Popcorn 22g 1.00 Messy Monkeys 20g .80 Pretzels 28g 1.00 Grainwaves 28g 1.20 Red Rock plain 1.20</p> <p style="text-align: center;"><b>FROZEN (lunch only)</b></p> <p>Icy-bite small (diluted juice) .10 Icy-bite big (diluted juice) .20 Icy treat big (frozen berries) .50 Quelch tube 50ml 99% juice .50 Juice cup 110ml 99% juice 1.00 MOOSIE 85g (milk tube) 1.20 Juicy Tube 105m 99% 1.20 Twisted Yoghurt 90g 2.00</p>	<p style="text-align: center;"><b>SANDWICH/WRAP/ROLLS</b></p> <p><b>Gluten Free bread available add .80 for bread roll option</b></p> <p>Buttered bread 2.00 Buttered roll 2.50 Vegemite 2.50 Strawberry jam 2.50 Honey 2.50 Tasty cheese 3.00 Tomato 3.00 Baked Beans 3.00 Spaghetti 3.00 Egg 3.50 Ham 3.50 Tuna 3.50 Salmon 4.00 Chicken breast 4.00 Salad 4.00</p> <p><b>EXTRA's</b> – ham, egg, chicken, salmon, tuna, spinach 1.00 tomato, carrot, cheese, spinach, cucumber, beetroot, pineapple, Spanish onion .50</p> <p style="text-align: center;"><b>SALAD</b></p> <p>Garden TUB 3.50 BOX 4.50 Chicken TUB 4.00 BOX 5.00 Ham TUB 4.00 BOX 5.00 Tuna TUB 4.00 BOX 5.00</p> <p><b>Includes</b> – lettuce, tomato, corn, carrot, cucumber, <b>egg</b>, beetroot, cheese. Dressing/mayo optional</p> <p><i>Supporting the UBPS canteen is a great way to be part of your child's journey at school. Children love seeing someone they know serving them in the canteen. ♥</i></p>	<p style="text-align: center;"><b>**HOT FOOD CHOICES**</b></p> <p style="text-align: center;"><b>TOASTY wholemeal/white</b></p> <p>Cheese 3.00 Cheese/vegemite 3.50 Cheese/tomato 3.50 Cheese/spinach 3.50 Spaghetti 3.50 Baked Beans 3.50 Ham/cheese 4.00 Tuna/cheese 4.00 Chicken breast/cheese 4.00 Ham/cheese/tomato 4.00 Ham/cheese/pineapple 4.00</p> <p><b>Add baby spinach to toasty at no cost *G/F = Gluten free*</b></p> <p><b>CHICKEN BURGER</b> – flame grilled patty, mayonnaise 4.00</p> <p><b>BEEF BURGER</b> – beef patty, tomato, beetroot, lettuce, BBQ sauce 4.50</p> <p><b>CHEESE BURGER</b> – beef patty, cheese, tomato sauce 3.50</p> <p><b>VEGGIE BURGER</b> – veggie patty, lettuce, sweet/sour sauce 3.50</p> <p><b>CHICKEN WRAP</b> – sweet chilli, lettuce &amp; mayo 3.50</p> <p>Meat pie beef 170g 4.00 Small pie beef 90g 2.00 Sausage roll 110g 3.00 Pizza McCain ham/pine 3.50 Noodle cup chicken 3.00 Lasagne (Terms 2/3) 200g 4.50 Macaroni (Terms 2/3) 200g 4.50 Fried rice 200g <b>G/F</b> 4.00 Corn cob <b>G/F</b> 1.00 Peas (warm) <b>G/F</b> .50 Chick breast tender <b>G/F</b> x 2 3.50 Fish fingers x 4 2.50 Chicken fingers x 6 3.50</p> <p>Tomato/BBQ sauce .40</p> <p><b>SUSHI ROLLS AVAILABLE ON FRIDAYS (until sold out)</b> Veg, chicken, tuna 3.50</p>
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### WALK SAFELY TO SCHOOL DAY

The annual Walk Safely to School Day is on **Friday 17 May**. This event encourages all primary school children, their parents and carers to walk safely to school while promoting road safety, health and the environment. To get involved you could get together with some friends or neighbours and walk together. If you need to drive to school you could park 1km away and walk with your children. It is a great opportunity to get active, teach your children about road safety and reduce our dependency on cars.

We look forward to seeing lots of children and their families walking to school on Friday 17 May!

playground. Please, please send them in to Ms McLean so we can build up our collection. Thanks!

## COMMUNITY NEWS

**5 Lands Walk**  
CENTRAL COAST • NEW SOUTH WALES

Join us in a  
**weekend**  
of celebration across the  
5 Lands of the Central Coast

Easily hop on and off  
the **FREE shuttle buses**  
See back page for timetable

**MAIN EVENT**  
SATURDAY  
**22**  
JUNE '19

**MACMASTERS BEACH** Infusing Aboriginal and Scottish cultures  
**COPACABANA** Girrakool Blues Festival Band competition  
**AVOCA BEACH** Latino style and art exhibitions  
**NORTH AVOCA** Celebrate life with Australia's First Nation peoples  
**TERRIGAL** Local songwriters and performing artists

**THE AWAKENING**  
SATURDAY  
**15**  
JUNE '19

Kincumba Mountain • 6am  
Gather around the fire at first light of the Morning Star and bless the 5 Lands Walk.  
*Just as a candle cannot burn without fire,  
man cannot live without a spiritual life*  
- Buddha

Hunter Park, Avoca Beach • 5.30pm

**THE OPENING**  
FRIDAY  
**21**  
JUNE '19

The **OPENING** Ceremony will showcase the magnificent landscape and musical talent of our region as it heralds in the arrival of *The Guardian of the Message Stick*. Featuring:

- 60 piece choir
- 10 piece music ensemble
- 5 multi-cultural communities and dancers

Register online and be in the draw to **WIN** a long weekend for two at Star of the Sea Apartments. Conditions apply.

[www.5landswalk.com.au](http://www.5landswalk.com.au)

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**TIME:** Thursday afterschool till 5:15pm

**DATES:** 9th May- 4th July

**WHERE:** Main Hall Umina Beach Public School

**WHAT:** Good News Club is an exciting, fun-filled hour held once a week.

Dynamic Bible Lessons, Creative Learning Activities, Inspiring Missionary Stories  
Meaningful Songs, Life-changing Scripture Memory, Colouring Prize

**WHO:** Good News Club is open to all children years K-6,  
regardless of religious background.  
Parents are welcome to attend the club with their child.

Run through Child Evangelism Fellowship in partnership with local churches on the peninsula

For more information contact Rick Keuning 0425 206 459

Register online at <https://bit.ly/2FYnnEb>



**Uniting**

## Tuning in to Teens

### Emotionally Intelligent Parenting

**A free, five-session parenting program  
for parents of adolescents aged 10 – 18**

#### Would you like to learn how to:

- Improve ways of talking with your teen?
- Develop a better understanding of your teen?
- Help your teen learn to manage their emotions?
- Help to prevent behaviour problems in your teen?
- Teach your teen to deal with conflict?

*Tuning in to Teens shows you how to help your teen develop  
emotional intelligence*

#### Adolescents with higher emotional intelligence:

- are more aware, assertive and strong in situations of peer pressure
- have greater success with making friends and are more able to manage conflict with peers
- are more able to cope when upset or angry
- have fewer mental health and substance abuse difficulties
- have more stable and satisfying relationships as adults
- have greater career success

Emotional intelligence may be a better predictor of academic and career success than IQ!

**Where:** Peninsula Community Centre, Woy Woy **Time:** 10am-12pm

**When:** Tuesday's- 28th May, 4th June, 11th June, 18th June & 25th June 2019.

**Bookings essential. For further information and bookings please contact:**

Peninsula Community Centre- 43 419 333

Pamela Proctor- 0475 808 349

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!!!! BARGAINS !!!!

Ettalong Baptist Church have a lot of good quality clothes left over from the fete last Saturday. Come and fill a bag of slothes and linen for \$1.00. There are also shoes and other miscellaneous items. Monday to Friday this week 9:00am – 4:00pm upstairs at Ettalong Baptist Church.

**FREE ENTRY**

**WOY WOY**

*Flea Market*

RAGGEDY THREADS  
VINYL • VINTAGE HOMEWARES • UNIQUE FINDS

**WHERE: TROPICANA PIZZA, WOY WOY**  
**WHEN: SAT MAY 25TH // 1PM - 6PM**

*All welcome to enjoy an afternoon of fun and thrifty goodness*

INTERESTED IN HOLDING A STALL?  
EMAIL: [WOYWOYFLEAMARKET@GMAIL.COM](mailto:WOYWOYFLEAMARKET@GMAIL.COM)

FOLLOW US: @WOYWOYFLEA

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# ADVERTISE WITH US

Peninsula

WISEBERRY

## REFER A FRIEND AND UMINA PUBLIC SCHOOL COULD EARN \$500

Every time Wiseberry Peninsula lists & sells a property for someone who mentions that they came to us because of Umina Public School, the school receives \$500

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Wiseberry Peninsula 4344 1122



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www.commononwest.com.au

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right here in Umina Beach*

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Email [dancinmates@yahoo.com.au](mailto:dancinmates@yahoo.com.au)

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All styles!  
All welcome!

Or come up and check out our beautiful studios on West St

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