

CONNECTIONS

3 MAY 2018 | 18 IYAR 5778 | TERM 2 | WEEK 1

Weekly Parshas - Emor

Candle Lighting - 4:54pm

Shabbos Ends -5:49 pm

KTC Competes in World Finals of Bible Quiz



My wife and I were privileged to attend the **Finals of the World Bible Quiz**(*Chidon HaTanach*)
held at the Jerusalem

Theatre on Yom

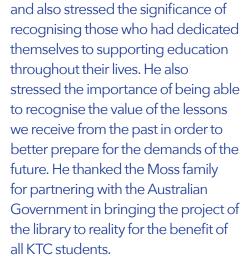
Ha-Atzmaut, in front of a packed audience (including Prime Minister, Bibi Netanyahu and Education Minister, Naftali Bennett and televised live to the whole of Israel.

What a great moment it was to see the flag of Australia flash across the screen behind the candidates, when Kesser Torah students Haim Ber Hirschowitz and Yehuda Eisenberg answered their questions.

Just being there, meant they were

On the last day of Term One, we were also privileged to host our own Prime Minister, the Honourable Malcolm Turnbull, MP, who officially opened the new **Sam Moss Library** at an

> impressive opening ceremony. Mr Turnbull spoke of his friendship with the late Sam Moss zt"l



I trust that all our students have settled smoothly into the new term and that they are looking forward to what I am sure will be a productive and full term, as sadly the holidays fade into the distance. However, there is much to look forward to this term, both inside and outside of the classroom. I challenge all our students to reach out and grab all the opportunities that are presented to them: to participate and to be involved in everything that happens throughout the term. "Life is not a spectator sport", some wise

person once said. Be involved; become a participant, and you will get so much more out of what the school has to offer

Shabbat shalom. Good Shabbos.

Roy SteinmanCollege Principal





Amazingly, Haim Ber achieved a spot in the top sixteen of the world and Yehuda a spot in the top eight of the world. They certainly did Australia and Kesser Torah proud. I thank their coach and coordinator, Mrs Lea Behar, our HSC Hebrew teacher and High School Hebrew Coordinator, and wish



P.M. Opens the Sam Moss Library Photo credits: Noel Kessel and Peter Meagher













P.M. Opens the Sam Moss Library











Dvar Torah Rabbi Simons

ויאמר ה׳ אל משה אמר אל הכהנים בני אהרן ואמרת אלהם לנפש לא יטמא בעמיו

n the opening of Parshas Emor we are once again introduced to the concept of Chinuch (education), as **Rashi** explains (based on Yevamos 114a) that the adult Kohanim are commanded to teach the younger Kohanim to avoid becoming impure (להזהיר גדולים על הקטנים). The first message that we can learn from this is the importance of setting non-negotiable boundaries for our students and children. Kohanim, regardless of their age are commanded that under no circumstances would they become impure (with exceptions to close relatives or an unattended corpse).

There is a story that is told about a son who collects a handful of lollies at a Bar Mitzvah throwing on Shabbos and asks his father to take them home. His father firmly reminds him that there is no Eruv to permit him to carry his package home and he would have to wait until after Shabbos to bring it. In desperation he begged, 'but Abba, I'll put them in my pocket, no one will ever know'! The father repeated his earlier response until his child got the message. A child needs to be taught what he can and what he cannot do, setting boundaries for children that are firm and reliable allows children to grow and mature into young adults. We therefore find the double expression in the verse

(אמר אל הכהנים בני אהרן ואמרת), as the message must be constantly reinforced and set in stone as to what is and what isn't allowed.

A further message that can be gleaned from this verse, is in relation to who was responsible for conveying the message to the younger Kohanim. Unlike many commandments which were taught through Moshe or the seventy elders (see Eruvin 54b), this law was incumbent on the adult Kohanim to instruct their children. One reason for this peculiarity is because it wasn't applicable to Moshe or the seventy elders and exclusive for Kohanim.

One of the best methods in education is 'leading by example'; therefore, to have non-Kohanim teach a law which doesn't apply to them would give mixed messages and confusion to the children. In modern times; how can a student be taught the laws of Shabbos by a teacher who doesn't keep Shabbos?! Therefore, only a fellow Kohen who too was enjoined in this Mitzvah could educate a younger Kohen about the importance of retaining his purity amongst the Jewish people (אזנים לתורה).

I once heard an amusing (but sad) story of a teacher who had to call in a parent to inform him that his son in the first grade was stealing stationary from his peers. The father was totally bewildered, 'why would he take pencils of all things from other boys! I

bring home pencils from the office every day!'

One final message which is laden in the wording of **Rashi** is the wording that he uses, (להזהיר גדולים על הקטנים). This week we celebrated Lag B'Omer, a day which commemorates the end to the dying of the students of Rabbi Akiva (Yevamos 62a based on the text of Rabbi Zerachiah HaLevi) and the important Torah that was transmitted by his star pupil, Rabbi Shimon bar Yochai prior to his passing on this day.

Rabbi Shimon is generally ascribed as the author of the Zohar – the book of 'splendour' or 'radiance' and thus his Yahrzeit falls on the day which emphasises this emotional attribute(שבהוד). The term זהר is also connected to the expression of Rashi (להזהיר) as success when teaching depends on 'shining' and giving a cheerful smile while teaching.

In fact, the Gemara (Ta'anis 8a) mentions that one of the reasons that a student has trouble when learning Torah is solely because of his teacher being overly strict with him and doesn't show him a friendly countenance. This idea is also reinforced by the Gemara (Makkos 11a and Rashi to Shemos 19:3) which explains that the Shoresh א.מ.ר. is used to indicate a softer or more gentle approach to teaching (relative to אמר אל הכהנים. אמר אל הכהנים.

The Lubavitcher Rebbe takes this idea one step further, whereby when we make the effort to influence our students, we ourselves 'shine' and thus Rashi is also saying that the elders shine through teaching the younger ones (הקטנים להזהיר גדולים על). This too is connected to later in the Parsha and the Mitzvah that we are currently involved in, specifically the Mitzvah of Sefiras HaOmer (וספרתם לכם), as the goal of Sefira is to 'shine' (the Shoresh ס.פרתם לכם) can mean to count or shine like 'sapphire') and have our internal improvements brought to the outside and shine with holiness (the Maggid of Mezeritch).

May we merit continued success in the education our children by being firm in our expectations of them, leading by example and teaching in a warm and friendly manner.

Let's make this Shabbos COUNT!

Have a good Shabbos, *Rabbi Simons*

Stepping up the Physical Activity

Daily physical activity is good for young children in so many ways. Getting your child moving is easy when you make activity fun and part of your child's play.

Daily physical activity: focusing on fun When you're choosing physical activity for babies, toddlers and preschoolers, focus on activities that are fun.

If children enjoy what they're doing, they're more likely to want to keep doing it. And all the activities children enjoy increase their ability to move well.

Physical activity can just be part of your child's everyday play and can start very early in life.



Toddlers and preschoolers need plenty of time to just run around and play. Backyards, adventure playgrounds, parks, trails and the beach are all great places for children of this age.

Here are some ways to keep physical activity fun:

- You can use a large, soft ball to practise catching, hitting, bouncing and kicking.
- Throwing can start with something small like a bean bag or tennis ball. When spaces aren't safe for balls, an old pair of socks can be good for this.
- You can get your child to chase bubbles, walk along chalk lines



and jump over cracks in the ground or puddles. Playing different music, or making sounds with your voice or instru-

ments, can encourage dancing and a sense of rhythm.

- Invent some silly walks and runs with your child, such as running like a monkey, hopping like a bunny and flapping like a bird.
 - Your child might enjoy learning to ride a bike, scooter or tricycle under your supervision, of course and playing with push toys such as trucks, doll prams and toy lawn mowers.
 - You could make up games that involve rolling, skipping, hopping and chasing.
 - Leave the car at home sometimes and try walking to local places like the library, park or shops. If you're feeling really adventurous, you could even go without the pram.

Organised physical activity and sport When is the right time to sign your child up for organised sport? When your child is ready is the simple answer.

If your younger child is interested in organised sport, it might be worth looking for an organised non-competitive sport. Most sporting codes offer modified versions for younger children - for example, In2CRICKET, Aussie Hoops basketball, NetSetGO netball and Auskick football. Other options could be gymnastics, swimming or soccer.

With modified and junior sports, the focus is usually on developing skills and getting everyone to have a go. That's because there's no need to pressure young children about perfect technique, or winning and losing. It's more important for them to learn about the fun of playing, being active and trying hard.

Australian guidelines say that children are generally ready for organised



competitive sport at 8-10 years. This is when most children understand the value of fair play and are ready to cope with winning and losing.

If you think your child is ready for organised sport, you could talk to other parents about sports clubs and programs in your area. Also talk to people at the club and even the coach for your child's age group. Go along and watch other children playing the sport. A sign of a good program is children having fun.

According to the Australian Bureau of Statistics, over 60% of all Australian children aged 5-14 years participate in at least one sporting activity outside of school hours.

Contributed by : Raising Children Network

Getting Children Involved

Getting children involved in lots of fun physical activity keeps them active and healthy. It's easy when you help them find activities that they enjoy - and that you can do as part of everyday family life.

Dancing, skipping, running, playing with a ball, horse riding or flying a kite - it doesn't matter what the activity is as long as they like it.

You can help your child explore lots of different activities to find something he enjoys.



For example, children who like balancing might enjoy climbing, cycling, playgrounds, dance or gymnastics. Others who like hand-eye coordination tasks might enjoy ball games in the park, ten-pin bowling, Frisbee or sports like cricket or tennis.

Plenty of variety in your child's mix of sports, games and activities will also keep her excited about moving. And when your child tries out different activities, she can pick up new skills, stay interested and challenged, and get enough physical activity in her days.

It's good for your child's health and development to do physical activity that varies in intensity - including moderate and vigorous activity. You can find out more in our article on how much physical activity children need - and why.

Tips for encouraging active children:

- Be active yourself and your child is more likely to follow your lead.
- Give your child praise and encouragement if an activity is proving a bit hard for him.
- Spend active time with your child. Try to make some time to have fun playing actively with your child. It's great to find something you both enjoy doing.
- Encourage your child to play outside and praise her when she does.
- Go with your child when he tries an organised sport or group lesson - for example, swimming or dancing.
- Get the family going organise family activities such as camping, bushwalking and outdoor games.
- Involve your child in daily chores around the house,

- such as gardening, washing the car and cleaning.
- Keep an activities box at home and in the car with balls, bats, kite, beach bucket and spade so that you're always prepared.



- Balls, bikes and scooters make great gifts, and encouragephysical activity and opportunities to play outdoors.
- Limit screen time. Keep an eye on the amount of time your child spends watching TV, or using computers, tablets, smartphones and other devices with screens. Aim for no more than two hours a day.

Young children are rarely intensely active for long periods, but will often have bursts of activity for a few minutes or less. This is healthy, and your child will be more likely to keep doing it if you encourage her.

Walking:

There's no need to run a marathon. One of the easiest ways to incorporate activity into your child's routine is to take regular walks together.

You can walk to school, childcare or kindy. Look for parks along the way. Getting used to 'active transport' like walking, cycling or using a scooter encourages children to get around on their own safely in your neighbourhood. You can even start when your child is a baby. Young babies can go on outings in a sling, carrier or pram.

Walking to school every day has many benefits for you, your children and your community. These benefits include: Keeping you and your children feeling happy and well Keeping you and your family at a healthy body weight Giving your children opportunities to learn and practise road rules and road safety

Making your children aware of their neighbourhood Giving you and your children the chance to talk and spend time together

Meeting neighbours along the route, and chatting with other parents at the school gate

Helping children feel good about where they live.

You can increase the range of your walks by following nature trails in parks, and by taking trips to interesting locations.



Our ECC kids love being active and playing outside on the equipment!

IMPORTANT CHANGES TO THE REBATE

On 2 July 2018, the **Child Care Subsidy** and **Additional Child Care Subsidy** will replace the current child care fee assistance payments. Child Care Subsidy will be paid directly to your approved child care provider(s) to reduce the fees you pay.

In April 2018, all families currently in receipt of Child Care Benefit and/or Child Care Rebate for approved care will receive a Centre-Link letter about transitioning to the Child Care Subsidy.

You need to follow the instructions in your letter and go online to complete your Child Care Subsidy assessment or claim for Child Care Subsidy as soon as possible. **If this is not done** by the 2nd of July **childcare benefits will cease to continue for 2018.**



Family Webcast Information Session

You are invited to participate in an online family information session.

Child care fee assistance is changing. From 2 July 2018, the Australian Government is introducing a New Child Care Package. The Package includes a Child Care Subsidy which will replace the current Child Care Benefit and Child Care Rebate.

To transition to the subsidy, you'll need to provide some new information and confirm your current details now through **myGov**. The webcast will step you through what you need to do to transition and give you the opportunity to have your questions answered.



Lag B'Omer, a Meaningful Engagement with the Festival

In the Early Learning School we are guided by The Early Years Learning Framework

Outcome 1: children have a strong sense of identity

"Belonging, being and becoming are integral parts of identity.

Children learn about themselves and construct their own identity

within the context of their families and communities. This includes their

relationships with people, places and things and the actions and responses of others. Identity is

not fixed. It is shaped by experiences. When children have positive experiences they develop an understanding of themselves as significant and respected, and feel a sense of belonging. Relationships are the foundations for the construction of identity - 'who I am', 'how I belong' and 'what is my influence?'

Our celebrations of Lag B'Omer provided many wonderful opportunities to support the children in developing a strong sense of identity.

The ECC and CRELS have been building bonfires, eating lunch around campfires, creating caves and going on outings to each others' classrooms to engage in the experiences each class has created for Lag B'Omer.

They have also been thinking about mitzvahs and how they can turn thoughts into actions. Baking a birthday cake for a classmate was one of the mindful experiences the children participated in.

This week long engagement with Lag B'Omer culminated in a joyous dance party around a giant bonfire with all the children and their morahs.

We hope you enjoy the bonfire video the morahs have sent you.

Virginia Aghan







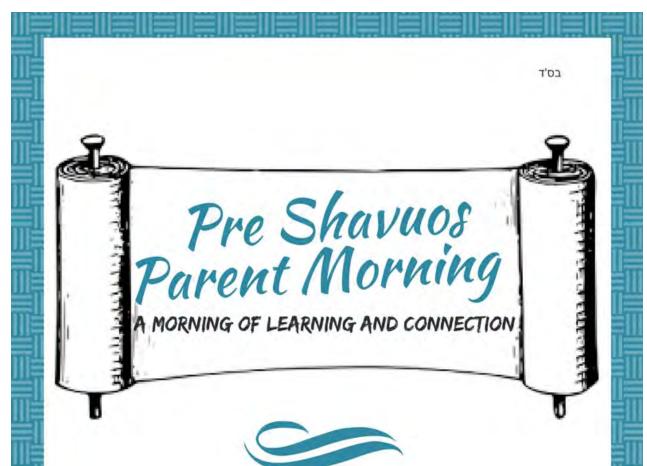












COME AND JOIN YOUR CHILD FOR A SPECIAL LEARNING EXPERIENCE TO GET READY FOR SHAVUOS

TUESDAY MAY 15- ROSH CHODESH SIVAN 8:30-9;15AM N THE GEFEN, RIMON AND TAMAR CLASSROOM

FOLLOWED BY A MEET AND GREET MORNING TEA FOR PARENTS ONLY







Flyers for the Pregnancy, Babies and Children's EXPO can be picked up at the reception desk.

Primary School

Message from the Head of Primary

On Tuesday morning we welcomed back some very enthusiastic Primary students. It appears that they had a wonderful holiday.

Over the holidays we have had many additional resources arrive which the children will begin using in the coming weeks. We have purchased several new decodable readers that the Year K & 1 students will begin using soon. These readers allow students to learn to read using the phonemes and some of their sight words they have been taught.

Our Earn and Learn resources from last year have also finally arrived. The older students will enjoy using solar and wind powered construction kits in the classrooms. Maths resources will be used by all classes and new playground equipment will be thoroughly enjoyed by all Primary students.

This week the students enjoyed the 'Life Be In It' program for Lag Bo'mer. The children thoroughly enjoyed the day

and participated in some challenging physical activities. Please also take note of the other exciting events that are scheduled.

Upcoming Events

- Gymnastics program K-4 Begins Week 2
- ICAS Digital Technologies competition 8 May
- NAPLAN Years 3 & 5 15th 18th May
- National Simultaneous Story-time K-6 23rd May
- Life Education Van visit K-6 28th 30th May
- ICAS Science competition 29th May
- School Photos 6th June
- ICAS Spelling Competition 13th June
- Art Fair -20th June

Mrs Bellingham

Sport

This term in PE (Sport), the students from years K-4 will be participating in a Gymnastics program during their PE lessons. This is a fun and exciting opportunity, that will develop and enhance the students Fundamental Movement Skills, including; Flexibility, Strength, Balance and Coordination.

Permission notes have been emailed to ALL K-4 parents, containing all necessary information about the program. Could you please ensure that this permission slip is returned to school by Monday 7th May, with payment being made to the school, by no later than Monday 14th May.

Please also ensure that notes and money are handed to the office, NOT your child's classroom teacher.

Looking forward to another fun and exciting term in Sport.

Miss Kruit.

NAPLAN

On 15, 16 and 17 May, students in Years 3, 5, 7 and 9 will be sitting the NAPLAN test. It is important that the children attend school every day leading up to the tests, so that they have time to consolidate their learning. More information about the tests will be sent home to all students in these grades.

Mrs Bellingham, Head of Primary

Primary School

Dear Mr Steinman,

I am writing to let you know you that Keren and Davey Weinberg are a credit to your School. Karen and Davey were part of a team of 22 **Kids Giving Back** volunteers who prepared and served scones to a group of elderly people, and spent time interacting with them, taking part in trivia and other games together. Karen and Davey took part in our **Scones4Good** program with their family and should be commended for giving up their time to help others. The photos of the day will be on our Facebook page here: https://www.facebook.com/KidsGivingBack

If you would like to learn more about our programs, please visit our website: www.kidsgivingback.org We have Cook4Good programs scheduled throughout the year for which families may register. You can also read about our school Service Learning programs here: http://kidsgivingback.org/KidsGivingBack_Schools_Programs_2017.pdf

Yours Sincerely, Kirsty Warren



Call out for Library Help

Our lovely new library needs YOUR help!

If you can spare an hour or two, we'd love your help to cover books. Monday or Thursday mornings are best but other times are suitable too. No experience required except a love of books and reading. Starting Monday 9 April.

Email the College Tteacher-Librarian if you need more details: kerrie.backhouse@ktc.nsw.edu.au



"Year of Tzedoka" - KTC UNITES

Dear Parents

Please note that for this year "Generation Sinai" will be taking place as a student-only format in the primary and high schools. On the Friday before Shavuos our primary and high school students will be paired up with each other for a grand learning and inspirational session following the Tzedoka theme that is being done across schools around the world.

Primary School

Lag B'Omer

In honour of the day of Lag B'Omer and the great Talmudic sage, Rabbi Shimon bar Yochai, the Primary students enjoyed some fantastic activities.

The day kicked off with an energised rally, where the students joined together with words of Torah and Tefillah and gave Tzedaka. What a beautiful scene it was, seeing the hall full of children, arms over one another's shoulders, singing songs of Ahavas Yisroel in unity. Mazel Tov to the students who won the amazing Lag B'Omer raffle prizes.

Throughout the day, students had an absolute blast at their 'Life. Be In It' incursion. In true Lag B'Omer spirit, they enjoyed a wide range of fun and team building games and challenges. Thank you to all the staff who assisted to make the day the great day it was!

Rabbi Milecki















Primary School Lag B'Omer











בס"ד

Sunday Mornings
Torah Club Term 2 for
boys Yr. K-6 and
girls Yr. K-6 starts
Sun, May 6 - June 24
Note:

No Torah Club on Shavuos, May 20

To register, please text or call Rochel Blasenstein on 0425 371 987 or email rochel.blasenstein@ktc.nsw.edu.au

Time:10 am - 12 pm

Place: KTC

Cost for term: \$116 Family rates given Subsidies given

Subjects: Davening, Derech Eretz Program, Pirkei Avos, Halacha, Biur Tefilla, Mishna, Gemorah - all done in a fun and interactive way through song, craft and drama.

Teachers:

Mrs. Blasenstein Rabbi Z. Raichik Rabbi Y. Richter Mrs. A. Levitin Mrs. O. Ben David Mrs. E. Hirschowitz



Confirmation is a must!!

Boys' High School

When Torah Meets Science

The YAear 10 boys have been studying reproduction. On Wednesday the boys had the opportunity to hear from Rabbi Ullman - a world expert in the halachik side of reproduction. The boys were fascinated by the halachik ramifications and intricacies of the subject. We thank Rabbi Ullman for his time and look forward to having him back for a follow up shiur on the topic.



Yom Hashoah Assembly

Towards the end of term 1 the BHS had a Yom Hashoah Assembly. The assembly included lighting candles,

saying tehillim and hearing the fascinating story of Lena Goldstein - a 99 year old holocaust survivor who witnessed the early days of the Warsaw ghetto uprising. The students lit 6 candles to represent the 6 million Jews slaughtered during the holocaust. All the students were riveted to Lena's very personal account of surviving in Poland as well as the Warsaw Ghetto and it's uprising and the vital role which Lena played. We look forward to seeing Lena come back next year on her 100th birthday and tell us more about her life.

Mts Deitz









Boys' High School

Lag B'Omer in the BHS



In true Lag B'Omer spirit, the BHS went off to Hugh Bamford reserve to learn the art of archery. Within just a few minutes many boys were already hitting the bulls eye. The day ended with a game of soccer at Waverley oval. Rabbi Chaiton











Boys' High School

KTC boys shine in International Bible Quiz

Yehuda Eisenberg and Haim Ber Hirschowitz performed remarkably well at the International Bible Quiz (Chidon Hatanach) on this past Yom Haatzmaut. There were 79 students from 41 countries involved in the initial round. 16 of whom went to the finals. Both of our boys made it to this round on Yom Haatzmaut on live Israeli television with many dignitaries including the Israeli Prime Minister, Bibi Netanyahu present. During the first round, both Haim Ber and Yehuda got their full 10 marks, with Yehuda making it to the last round of the final 8!



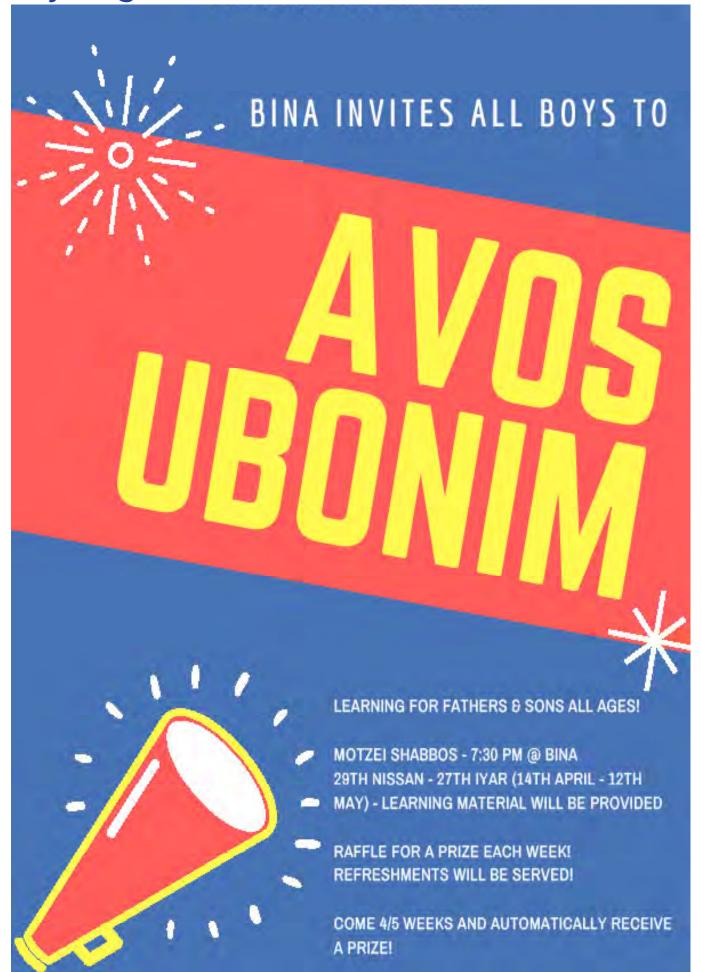














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Girls' High School

When Torah Meets Science

The Year 10 girls have been studying reproduction. On Wednesday the girls had the opportunity to hear from Rabbi Ullman - a world expert in the halachik side of reproduction. The girls were fascinated by the halachik ramifications and intricacies of the subject. We thank Rabbi Ullman for giving of his time for this.

Rabbi Chaiton



Anzac Day Memorial

On Sunday 29th April at the NAJEX Communal Wreath laying and Anzac Day Service, Nemi Lobel and Shani Biton represented Kesser Torah College. Each girl laid a rose in remembrance of those people who have given their life in service of their country during war. It was a moving service with a kindling of the Memorial Lights, a reading of Psalms 23, 121 and 46. The guest of honour was his Excellency General, The Honourable David Hurley AC DSC (Ret'd) Governor of New South Wales who gave a thoughtful and moving address. Towards the end of the service the Governor presented the NAJEX Youth Leadership Awards. Nemi Lobel was presented with this award and the photo (right) shows her receiving her award.

The service ended with Harvey Baden and Paul Weingott sharing the experiences of Private Alexander Weingott and Lance Corporal Samuel Weingott during World War 1. Lance Corporal Samuel Weingott was stationed at Gallipoli and Paul Weingott read the last couple of weeks of Samuel's diary ending suddenly when Samuel was killed. The morning was a moving tribute to our fallen



Michele Hanwell-Short

heroes and heroines.

Girls' High School

Lag B'Omer

The GHS enjoyed a special Lag BaOmer trip to Centennial Park. Divided into their houses, the girls had to navigate an orienteering course and decipher the maps, which proved to be quite a challenge for some!

The girls were treated to muffins and enjoyed some team building games at the park.

Chaya Gourarie









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Girls High School

BINA INVITES WOMEN & GIRLS TO A



A BEIS MIDRASH FOR WOMEN OF ALL AGES



PART ONE:

Chavrusa Learning

LEARNING MATERIAL PROVIDED FOR ALL AGES AND ABILITIES

PART TWO:

FOR GIRLS AGES 5-11

Shavuos craft Shiur by Mrs

Dina Gourarie

FOR WOMEN AND OLDER GIRLS

LIGHT REFRESHMENTS WILL BE SERVED

SUNDAY EVENING- 6TH MAY 2018- כ אייר 6:15-7:15 PM AT BINA, 337 OLD SOUTH HEAD RD, ENTRANCE VIA SIMPSON ST

RSVP TO OFFICE@BINA.COM.AU



Girls High School

Years 9 and 10 Visual Arts worked on composition, mixing colours and Impressionist style loose brush marks to complete a landscape painting over Term 1. Here are some of the wonderful results.

Melanie Waugh



Tsipporah Shellim



Rivka Niasoff



Gabi Cohen



Shira Nailaind

At the end of Term 1 during Design & Technology Year 7 were asked to make a poster to hang in the school as a response to anti bullying day. This Term the class are focusing on designing Theme Parks



Bluma Moss

THE BINA RAFFLE - 2018

SUPPORT JEWISH LEARNING IN SYDNEY



Done ted by Wayne Ackerfeld of Ackerfeld & Colollory Travel Associates





\$1000 WESTFIELD VOUCHER



Donated by Westfield Bandi Junction

To purchase tickets:

Call: 9365 4421

email: office@bina.com.au

Or buy it online:

https://bina.com.au/raffle

Price: \$100 per ticket





Raising Body-Confident Kids A two part workshop for parents

Recent research shows that children are expressing dissatisfaction with their body size as early as 8-9 years old. The workshop is designed to prevent or reduce the impact of body dissatisfaction amongst children. It will offer strategies that foster resilience and body contentment in the home and school environment.

Who is the facilitator?

Ariana Elias has a master's degree in clinical psychology and extensive experience working in the prevention of body image issues with children and young people. Her clinical practice is focused on the treatment of teens and adults who suffer with eating disorders. Ariana has worked in a variety of settings including community groups, schools, public and private hospitals. For more info go to www.raisingbodyconfidentkids.com.au



What will the workshops cover?

- Creating a body image friendly home
- Assisting your child to develop a well-rounded, happy and healthy identity
- Social media literacy and its impact on a young person's sense of self
- Puberty and the consequences of dieting in childhood

When: Wednesday 23rd & 30th May Time: 7-9pm

Where: JewishCare, 3 Saber Street Woollahra

Cost: \$100

By 16th May-please go to www.trybooking.com/UVSK RSVP:

JewishCare is a member of the JCA family of organisations

FirstCall JewishCare 1300 133 660 W www.jewishcare.com.au









Wolper Jewish Hospital, Friends of Wolper and NPS MedicineWise invite you to attend

FREE Q&A SESSION

Antibiotic Resistance

WEDNESDAY 9TH MAY 7.30PM Event Cinemas, Bondi Junction





Antimicrobial resistance is one of the major threats to population health in the 21st century. We are on the threshold of returning to the dark ages that preceded antibiotics. What can YOU do?

Moderator Julie McCrossin:

freelance journalist, facilitator, trainer & speaker

Professor Jonathan (Jon) Iredell:

Infectious Disease Physician and Microbiologist Westmead Hospital, University of Sydney

Professor Michael Gillings:

Professor of Molecular Evolution, Macquarie University

Associate Professor Maurizio

Labbate: Senior Lecturer in Microbiology, University of Technology Sydney

Professor Brett Mitchell:

Professor of Nursing, Director of Lifestyle Research Centre, Avondale College of Higher Education

Special audience members:

Associate Professor Alphia Possamai-Inesedy, Emma Peel

Parking is in Westfield, David Jones end. Take the lift to level 6. Parking is free after 6pm entry. Booking not required. This seminar will be videoed. The video, and past videos, will be on the Wolper website

For more information contact Wolper 9328 6077



THE POWER OF WOMEN

A PRE SHAVUOS EVENING FOR LADIES
IN LOVING MEMORY OF NITZAN AMIR

THE KABBALAH OF TZNIUS & HAIR COVERING

PRESENTED BY SHTERNIE ALTHAUS SHAVUOS THEMED CRAFT ACTIVITY

PRESENTED BY 'COLOUR YOUR WORLD'



TUESDAY 15.05.2018

6:30PM FOR 7:00PM START 27 FERNLEIGH AVENUE, ROSE BAY

ADMISSION: \$15
REFRESHMENTS
WILL BE SERVED

R.S.V.P. BY 11 MAY TO REBECCA 0421 156 996

LET US ALL PLAY OUR PART AND BRING MOSHIACH NOW HOSTED BY YAEL BUTNARO & REBECCA SEIDMAN

News/Announcements

PSG Security Roster

Monday 7 May	AM	Koveve Aumatangi-Foxman	
	PM	Sreuvi Lazarus	
Tuesday 8 May	AM	David Diamond	
W477 B-	PM		
Wednesday 9 May	AM	Ian Charif	
	PM		
Thursday 10 May	AM	Jarred Stein	
	PM		
Friday 11 May	AM	Lisa Nailand	
	PM	Mendy Barber	

Mazel Tov/Condolences

Mazel Tov to Chana and Moshe Witkes on the birth of a baby boy

Mazel Tov to Meir and Devorah Moss on the birth of a grandson

Mazel Tov to Chaim Lever and Rachel Bogomilsky on their marriage

Mazel Tov to Aviva Itkin and family on the wedding of her son Chaim

Mazel Tov to Elisheva Foxman and Illia Elski on their marriage

Condolences to Leah Joseph and family on the passing of her father



