



A grayscale photograph of a construction site. In the foreground, several construction workers wearing hard hats and safety vests are working on a concrete slab. Some are using tools like rebar cutters. In the background, there's a large piece of machinery, possibly a concrete pump truck, and a complex steel structure, likely part of a bridge or a large industrial building. The overall scene is busy and industrial.

# Shrinkage and Cracking: Test Methods, Materials Innovations and Improved Specifications

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# The 1980-90's usher in Higher Strength

- “**High-strength** concrete is one of the most significant new materials available to federal, state, and local highway agencies..... With its improved **impermeability, durability, and accelerated strength** gain ..... an ideal material ....”
- HSC **may be slightly more expensive** than normal concrete initially, but its greater strength means that HSC bridges may require **fewer supports**, which could **reduce overall costs**.

# Benefits of High Strength Concrete

## Advantages

- Higher Strength
- Rapid Strength Gain
- Low Permeability
- Improved Durability
- Costs
- Less Members
- Ease of Placement
- Volume Stability
- Toughness
- Higher Modulus
- Lower Creep

## Disadvantages

- Costs

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## Disadvantages

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It'll knock your socks off..  
And it'll get'em whiter

# Asking for Higher Strength with the Best of Intentions....

**True or False:**

Increasing Strength  
Improves Performance

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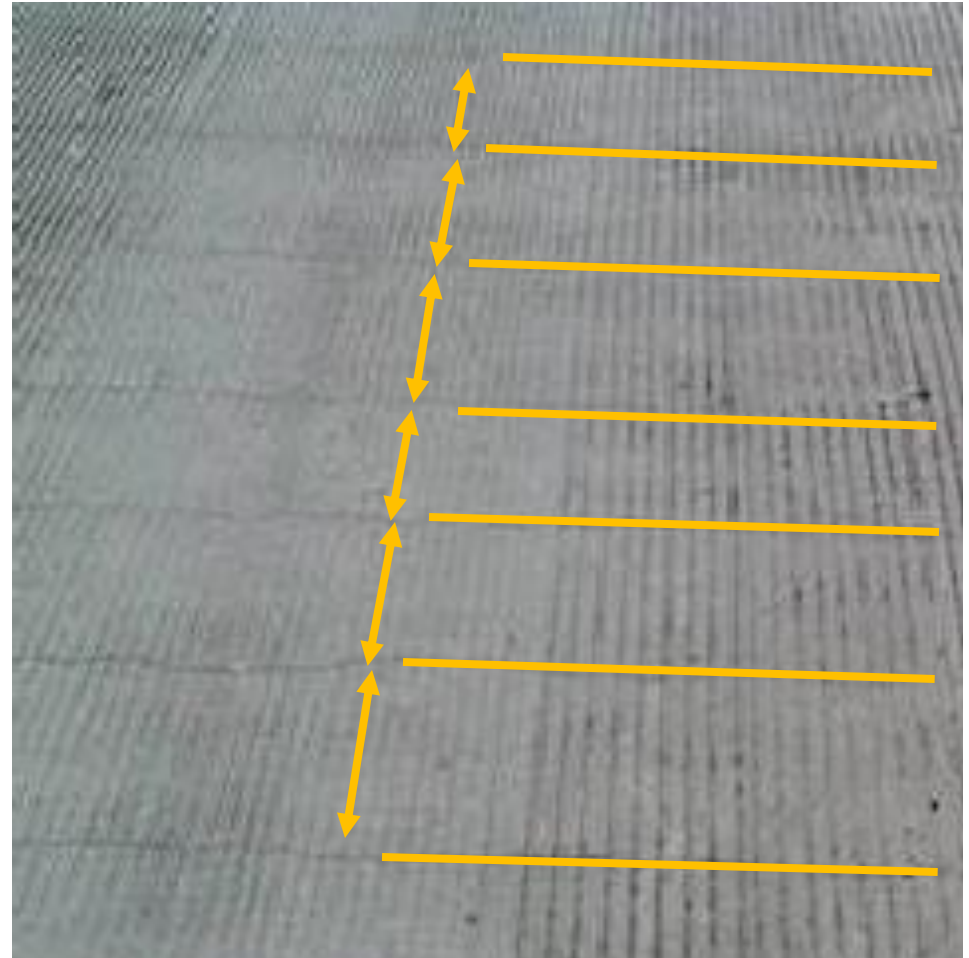
**.....Misconceptions of Using Lower  
W/C, Higher Strength Concrete**





# Motivation

- Transverse cracking in 100,000+ bridges
- 62% of DOT's consider cracking as a problem
- Cracks shorten service life, increase maintenance cost, and accelerate corrosion



Here we see cracks spaced at 0.8 m  
On the approaches to a bridge

# Lets Look at the Fundamentals

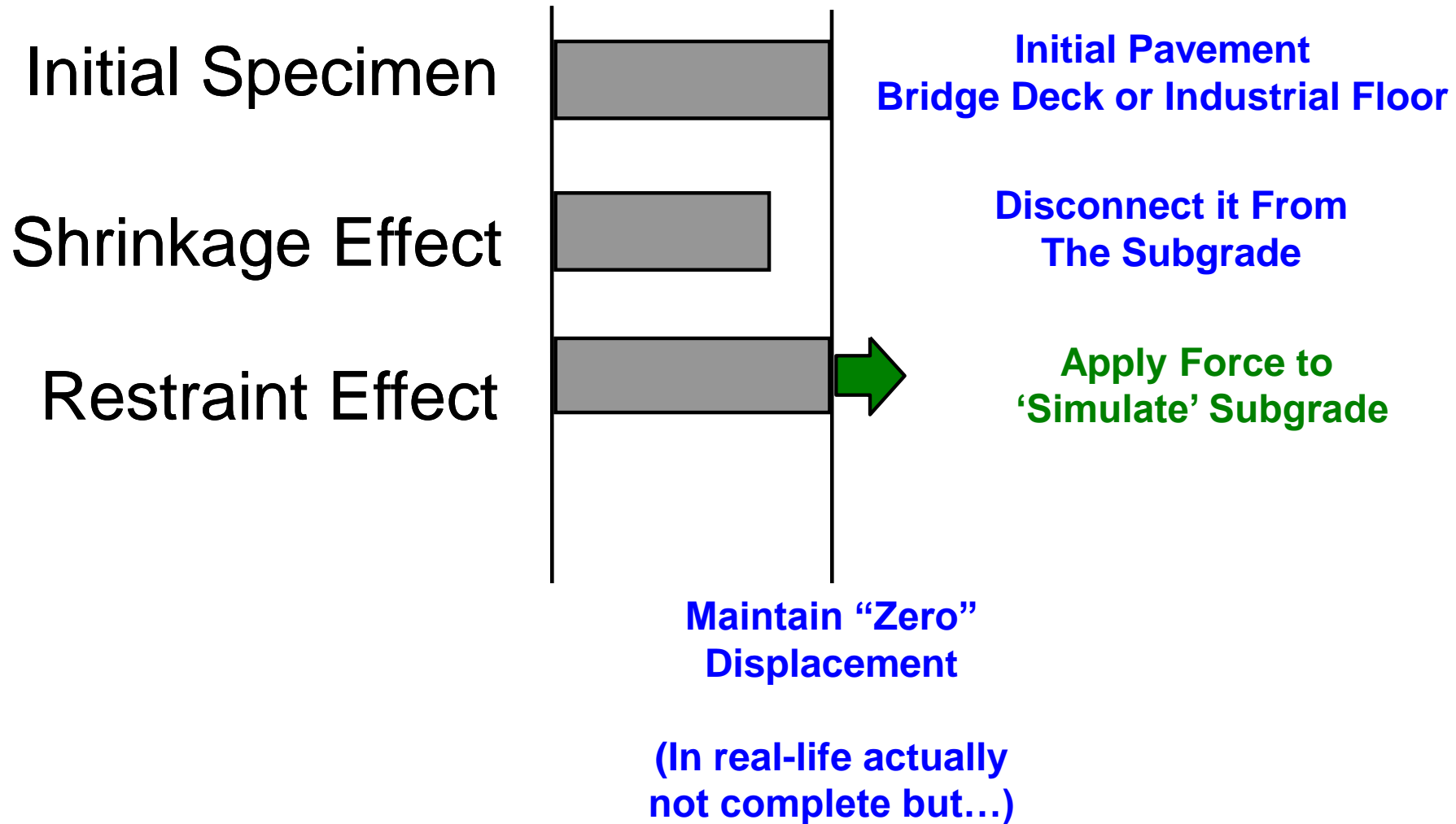
- What causes cracking?

Initial Specimen

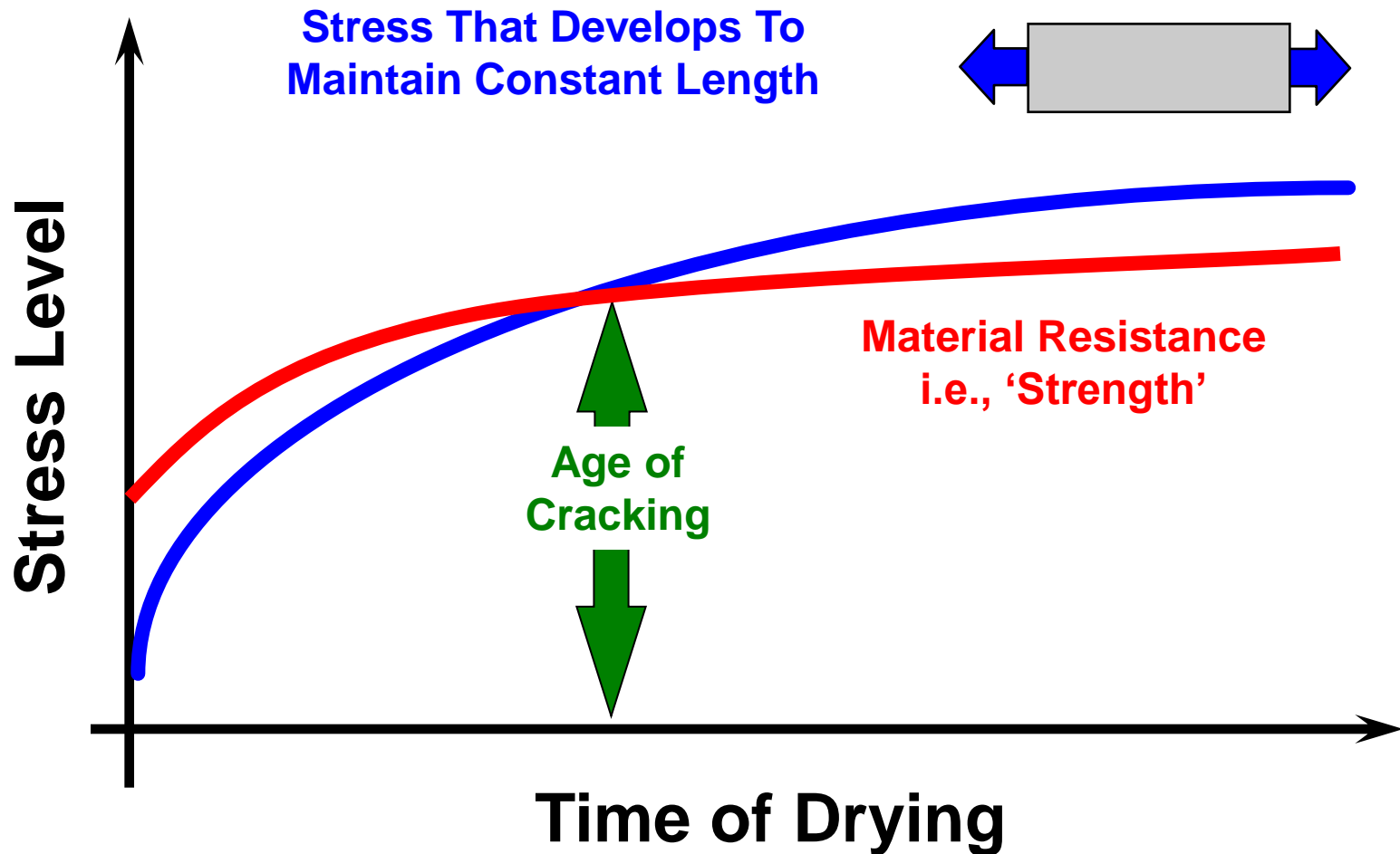


**Initial Pavement**  
**Bridge Deck or Industrial Floor**

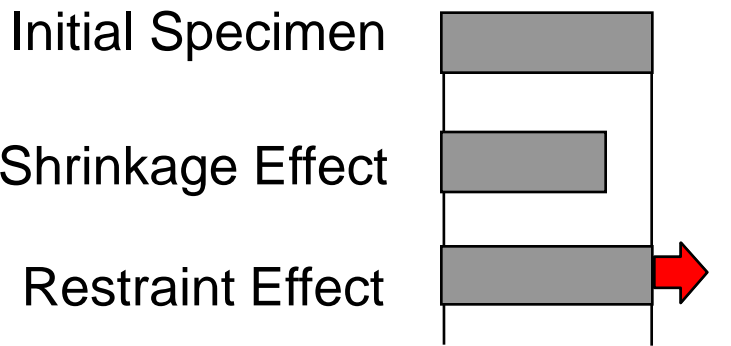
# Conceptual View of Stress Development



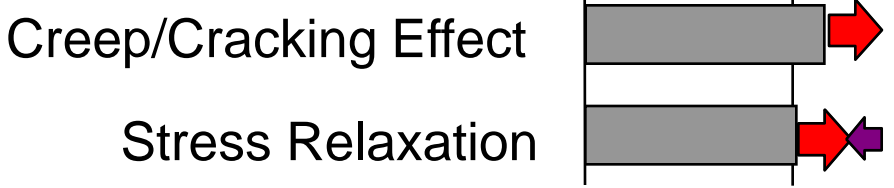
# Condition for Cracking



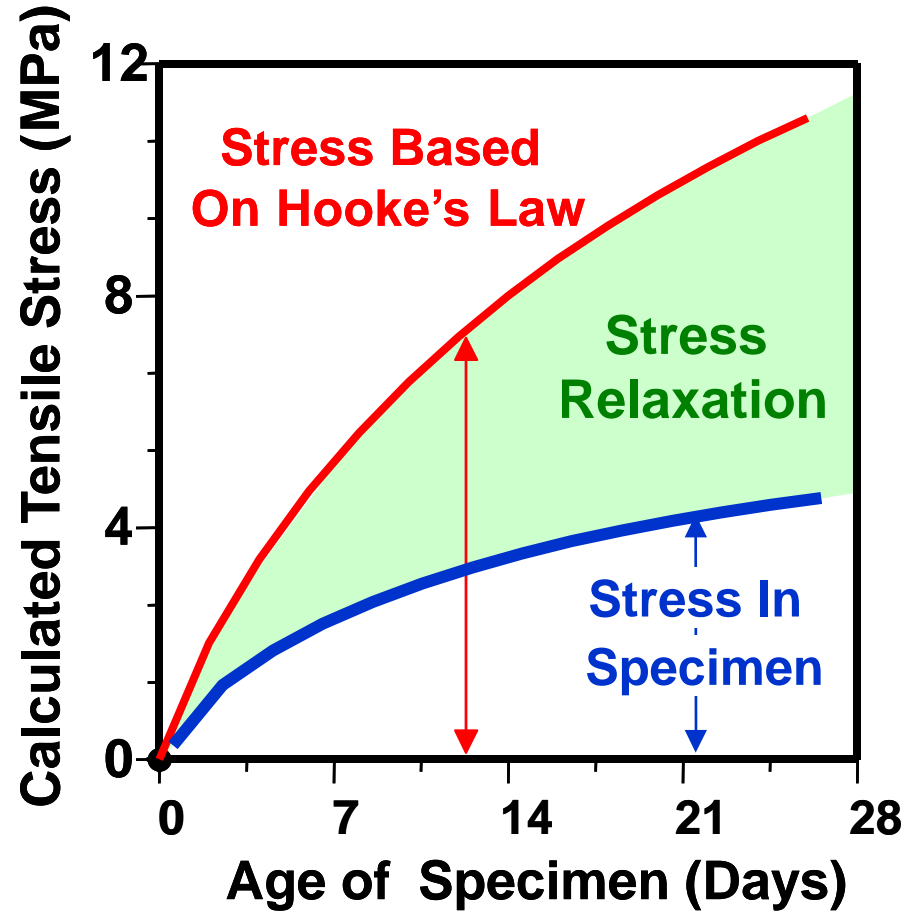
# Reality is a Bit More Complex



$$d\varepsilon(t, \xi) = \frac{d\sigma(\xi)}{E_\sigma(\xi)} + d\varepsilon_{SHR}(\xi)$$



$$d\varepsilon(t, \xi) = \frac{d\sigma(\xi)}{E_\sigma(\xi)} + d\varepsilon_{SHR}(\xi) + d\sigma(\xi) \left[ \frac{\phi(t, \xi)}{E_{28}} \right]$$

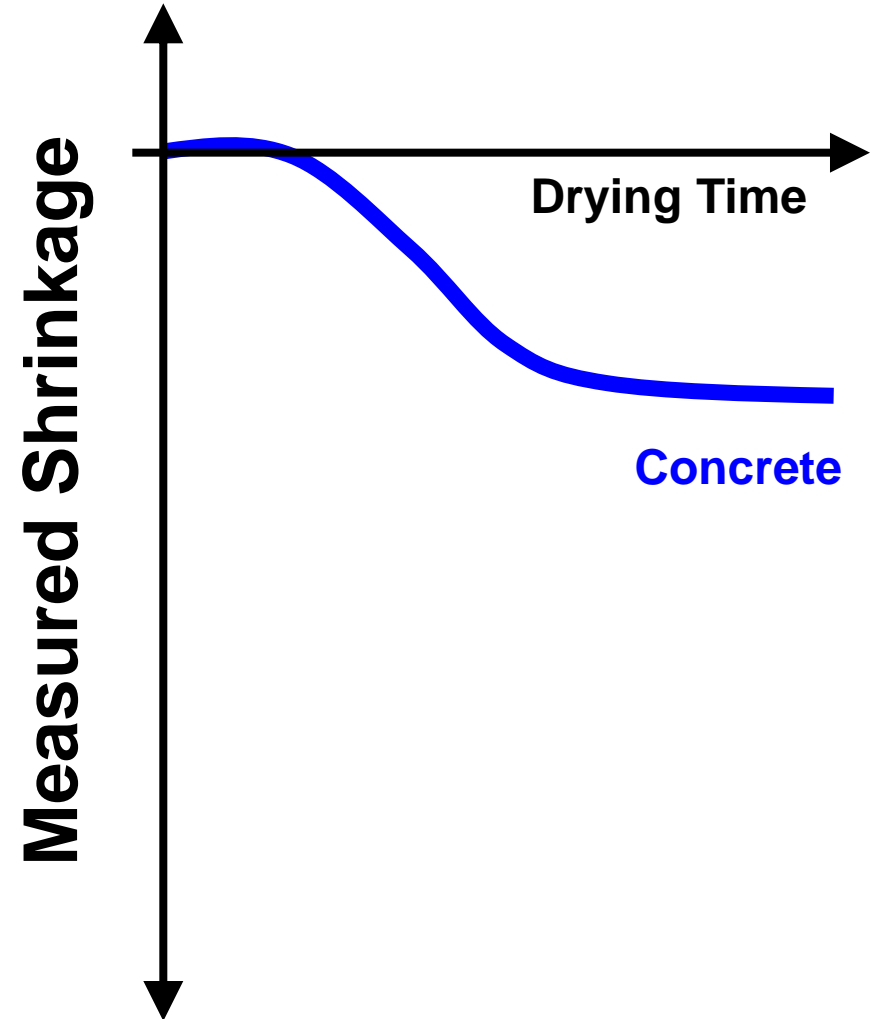


# Lets Look at the Fundamentals

- What causes cracking? - Concrete Shrinks, Stress Develops if Restrained
- Why does concrete shrink ?

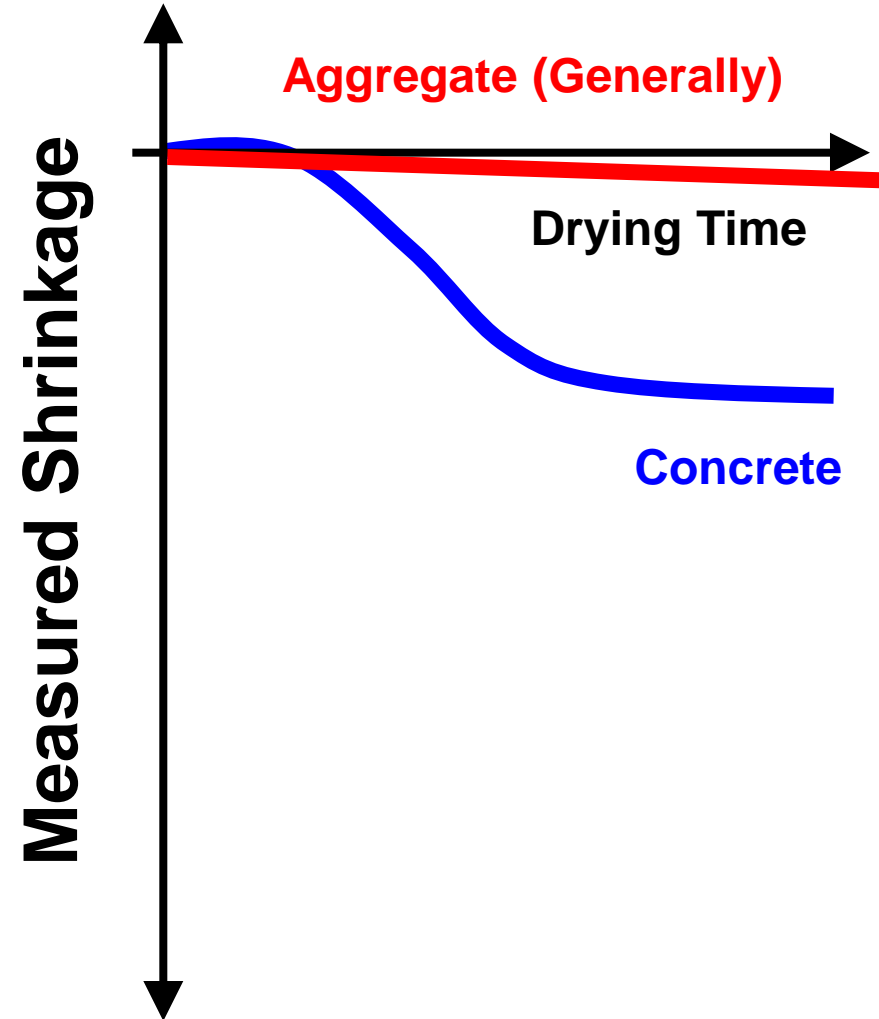
# Shrinkage of Different Cement Based Materials

- Shrinkage - Volumetric Change Associated With A Loss Of Water



# Shrinkage of Different Cement Based Materials

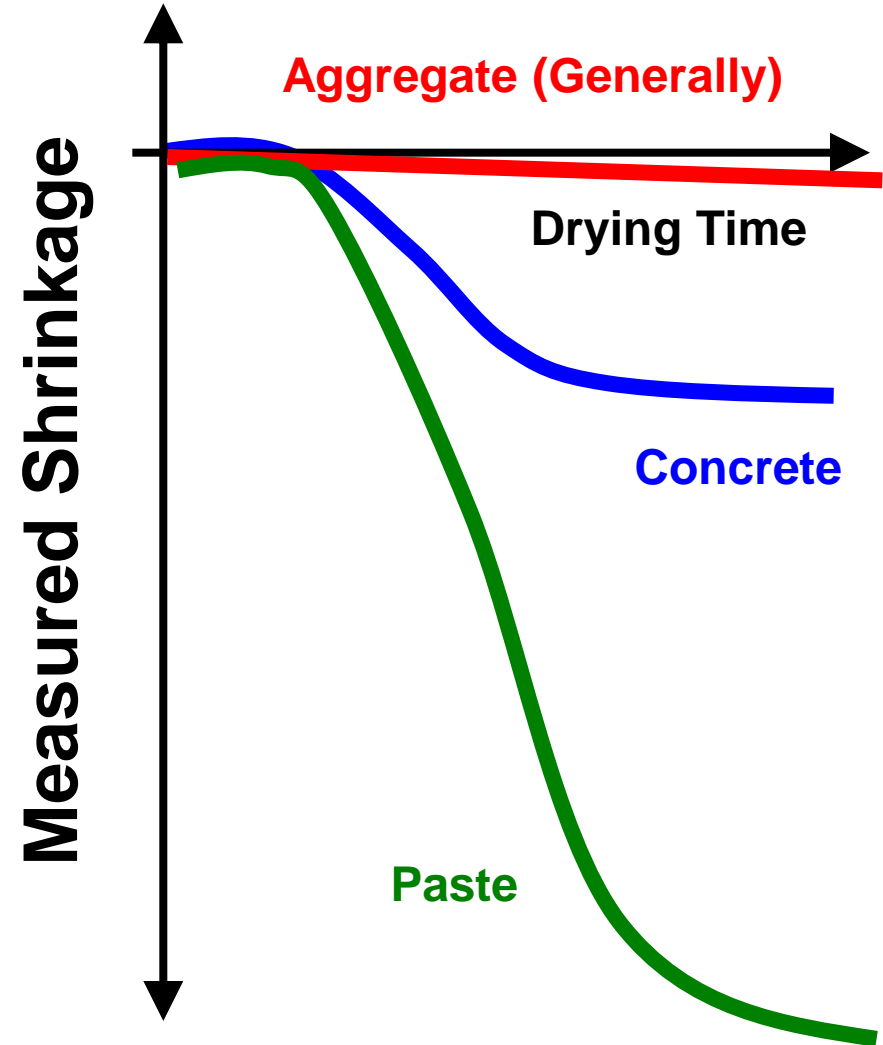
- **Shrinkage - Volumetric Change Associated With A Loss Of Water**
- **Aggregate Generally Does Not Shrink (In the US)**



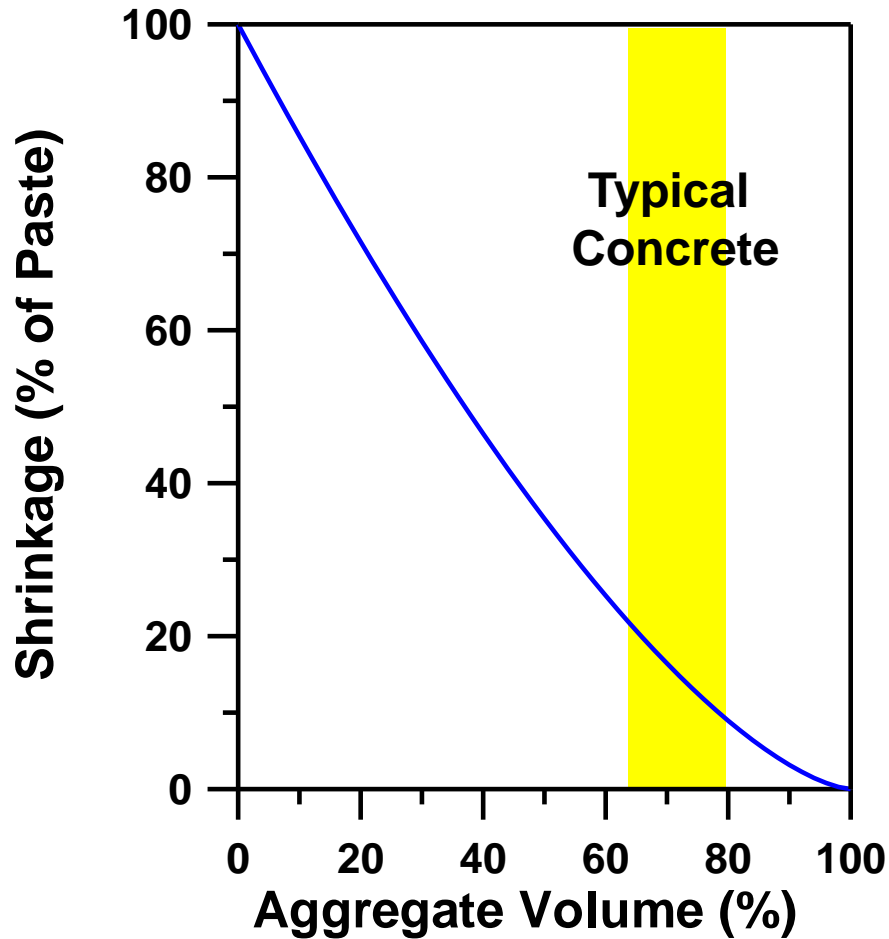


# Shrinkage of Different Cement Based Materials

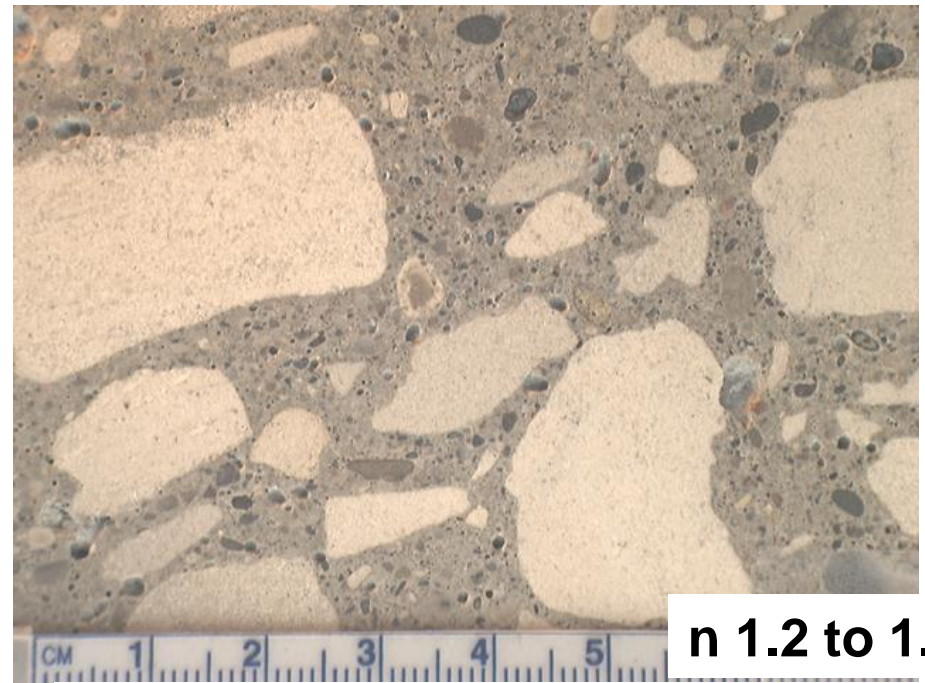
- Shrinkage - Volumetric Change Associated With A Loss Of Water
- **Aggregate Generally Does Not Shrink (In the US)**
- **It's the Paste That Shrinks**



# Shrinkage is a Paste Property



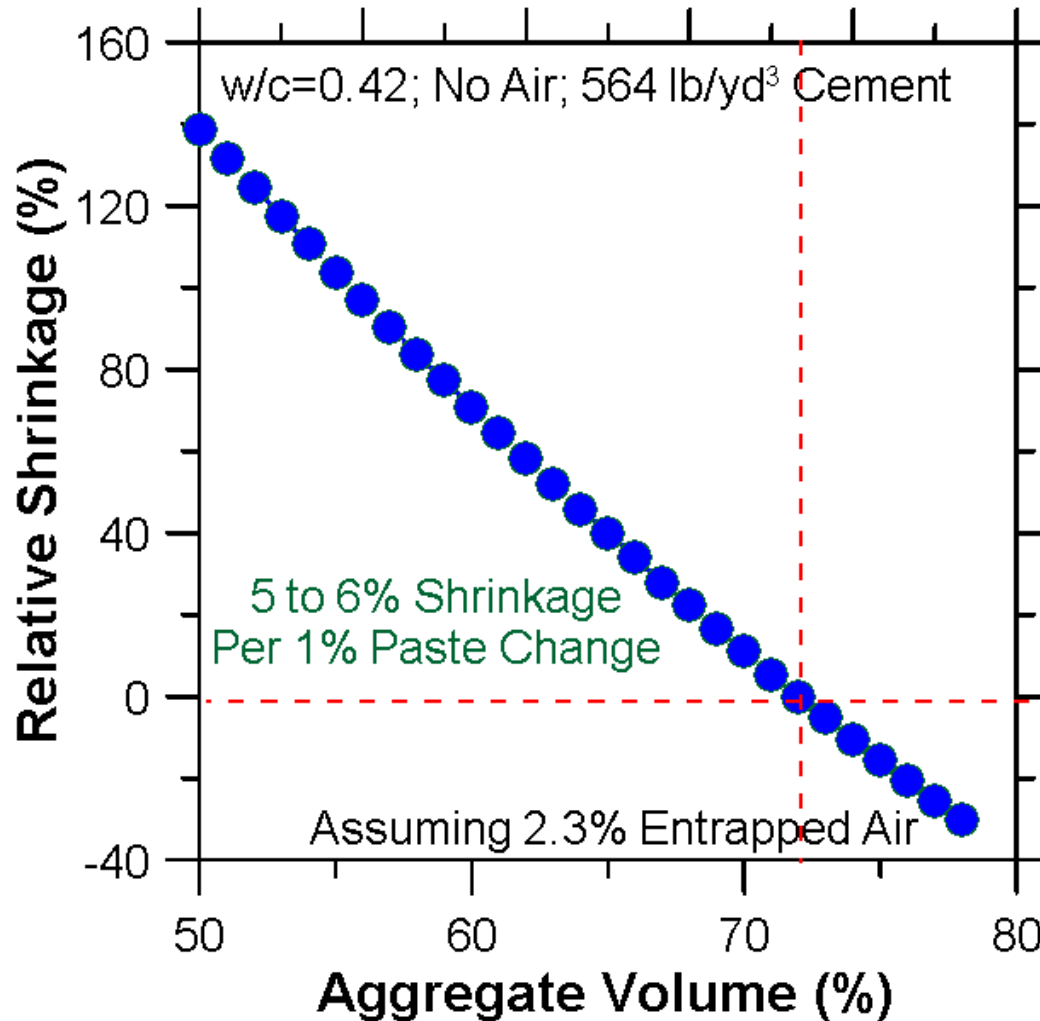
**Stiffer Aggregate More Effective  
In Restraining Paste Shrinkage**



$$\epsilon_{Concrete} = \epsilon_{Agg} \cdot V_{fAgg} + \epsilon_{Paste} \cdot V_{fPaste}$$

$$\epsilon_{Concrete} = \epsilon_{Paste} \cdot (1 - V_{fAgg})^n$$

# A Look at Shrinkage and Paste Volume



# Lets Look at the Fundamentals

- What causes cracking? - Concrete Shrinks
- Why does concrete shrink ? Loss of water from the paste (we will come back to this)
- More Importantly, Controlling Aggregate Volume is the First Key Step not w/c
- Loss of water from the paste you say.... Lets talk theory

# Kelvin-Laplace-Young-Gauss

- Some insights on the factors influencing shrinkage

$$P_{cap} = -\frac{2\gamma \cdot \cos \theta}{r}$$



*Thomas Young*

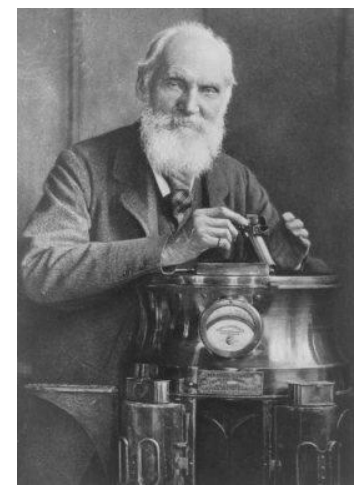
Thomas Young  
(1773 – 1829)



Carl F. Gauss  
(1777 - 1855)



Marquis de Laplace  
(1749 - 1827)



Lord Kelvin  
(1824 - 1907)

$$\ln\left(\frac{p}{p_0}\right) = \ln(RH) = -\frac{2\gamma \cdot \cos \theta \cdot V_w}{r \cdot RT} = P_{cap} \frac{V_w}{RT}$$

# Lets Make This Useful

- Concrete is Made of Little Tiny Holes, Called Pores
- Size of the Pore Matters
- Pressure ( $p_{cap}$ ) is related to surface tension ( $\gamma$ ) and inversely related to radius of the meniscus that forms ( $r$ )
- Big Pores – Low Pressure, Low Shrinkage
- Water is a clingy material – High Shrinkage

$$p_{cap} = -\frac{2\gamma \cdot \cos \theta}{r}$$

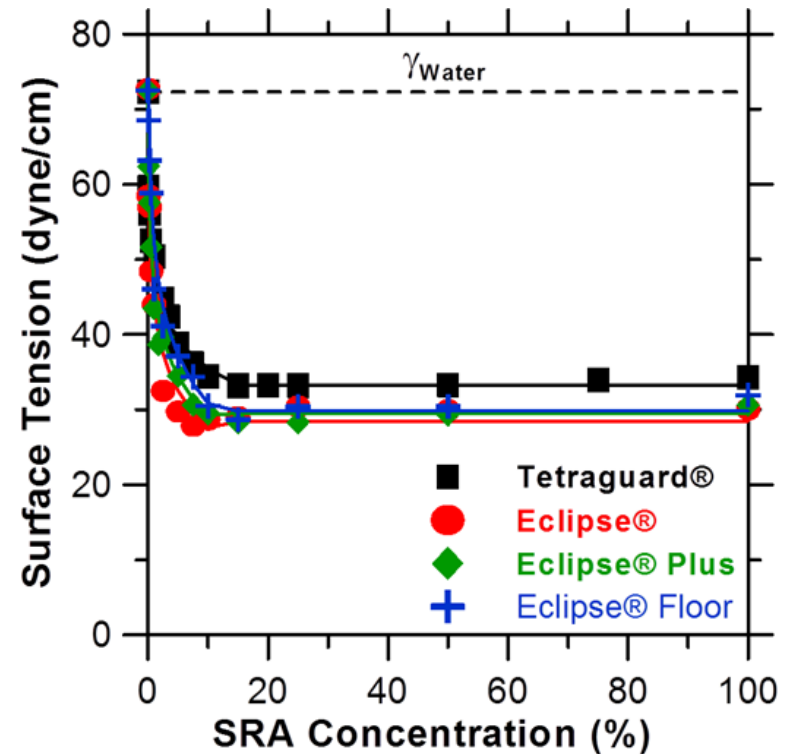
# Lets Look at the Fundamentals

- What causes cracking? - Concrete Shrinks
- Why does concrete shrink ? Loss of water from the paste, but the size of the pores matters
- Can I Reduce Shrinkage by knowing KLYG

# Using the KLPG Theory For Good

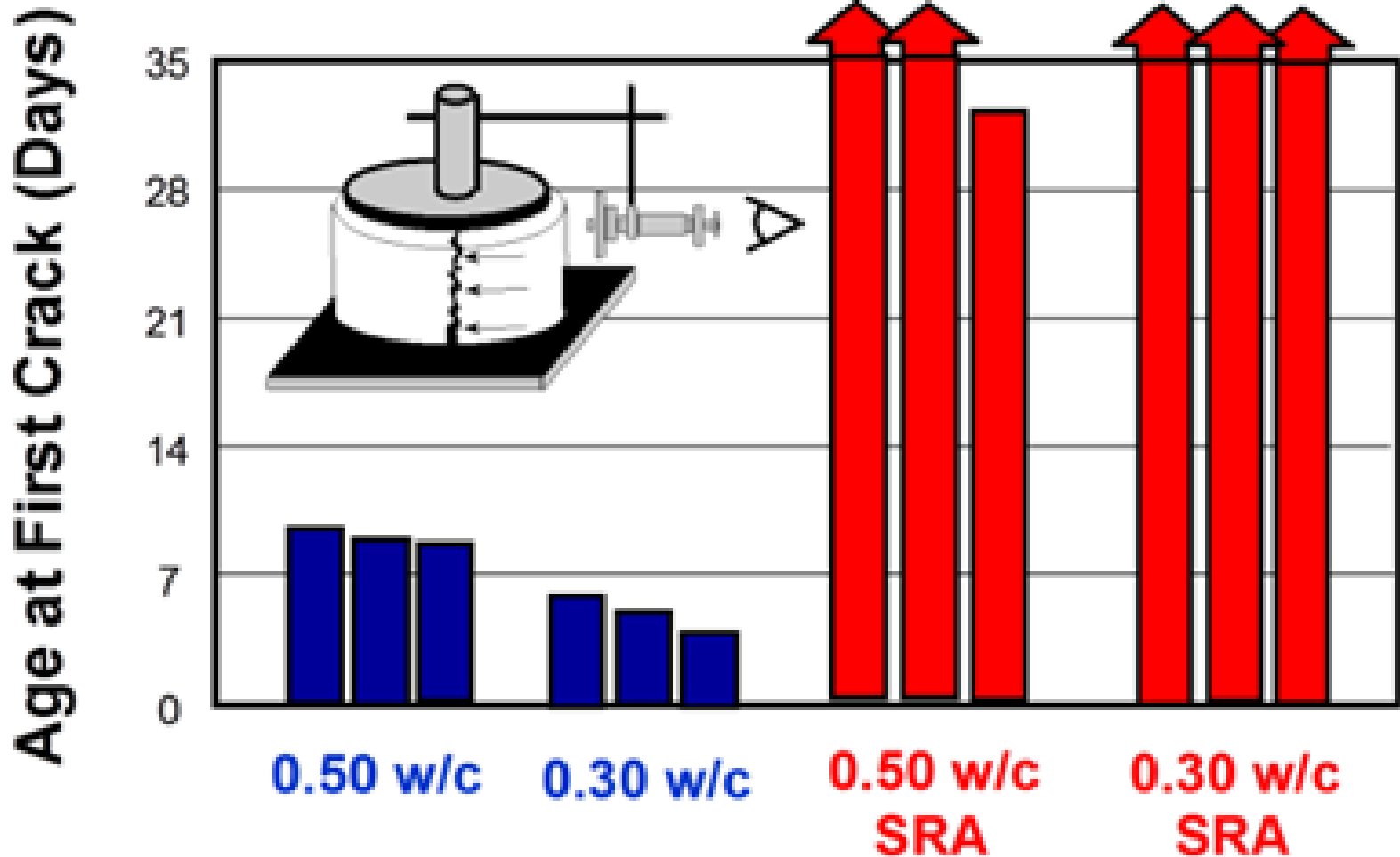
- To reduce shrinkage we reduce pressure, this means we either... **reduce surface tension**
- 1983 – Japan
- 1997/99 – Weiss
- US Commercial Product in 1999 from Grace

$$P_{cap} = -\frac{2\gamma}{r}$$

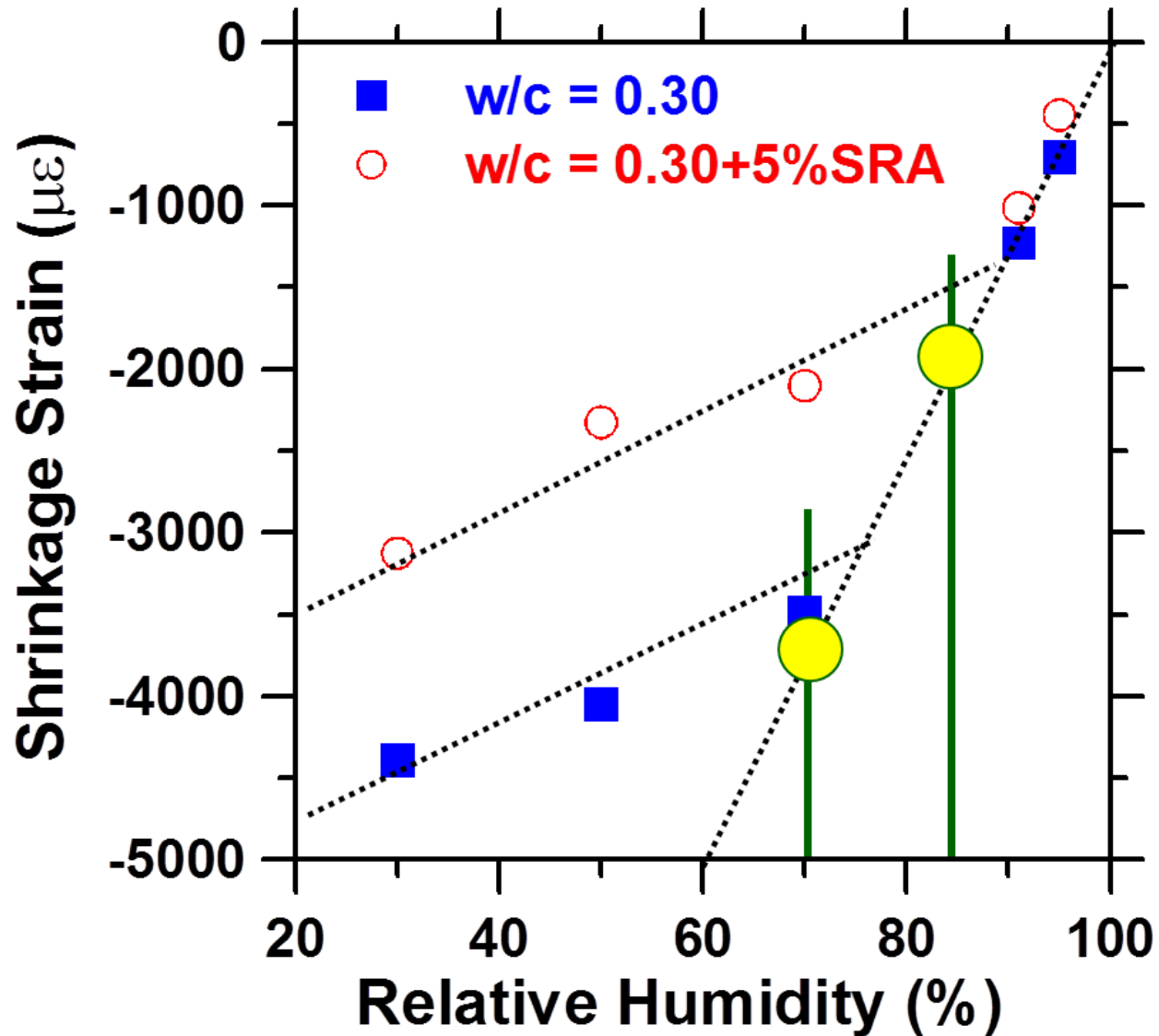




# Shrinkage Reducing Admixtures



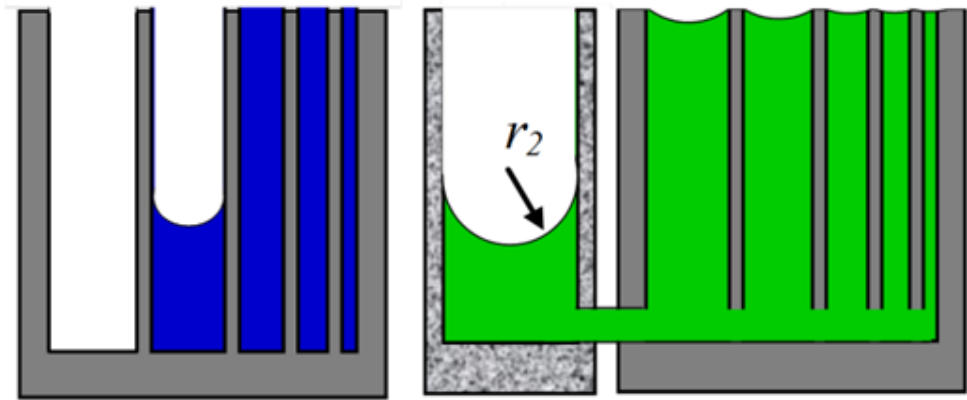
# Some SRA Observations



# Using the KLPG Theory For Good

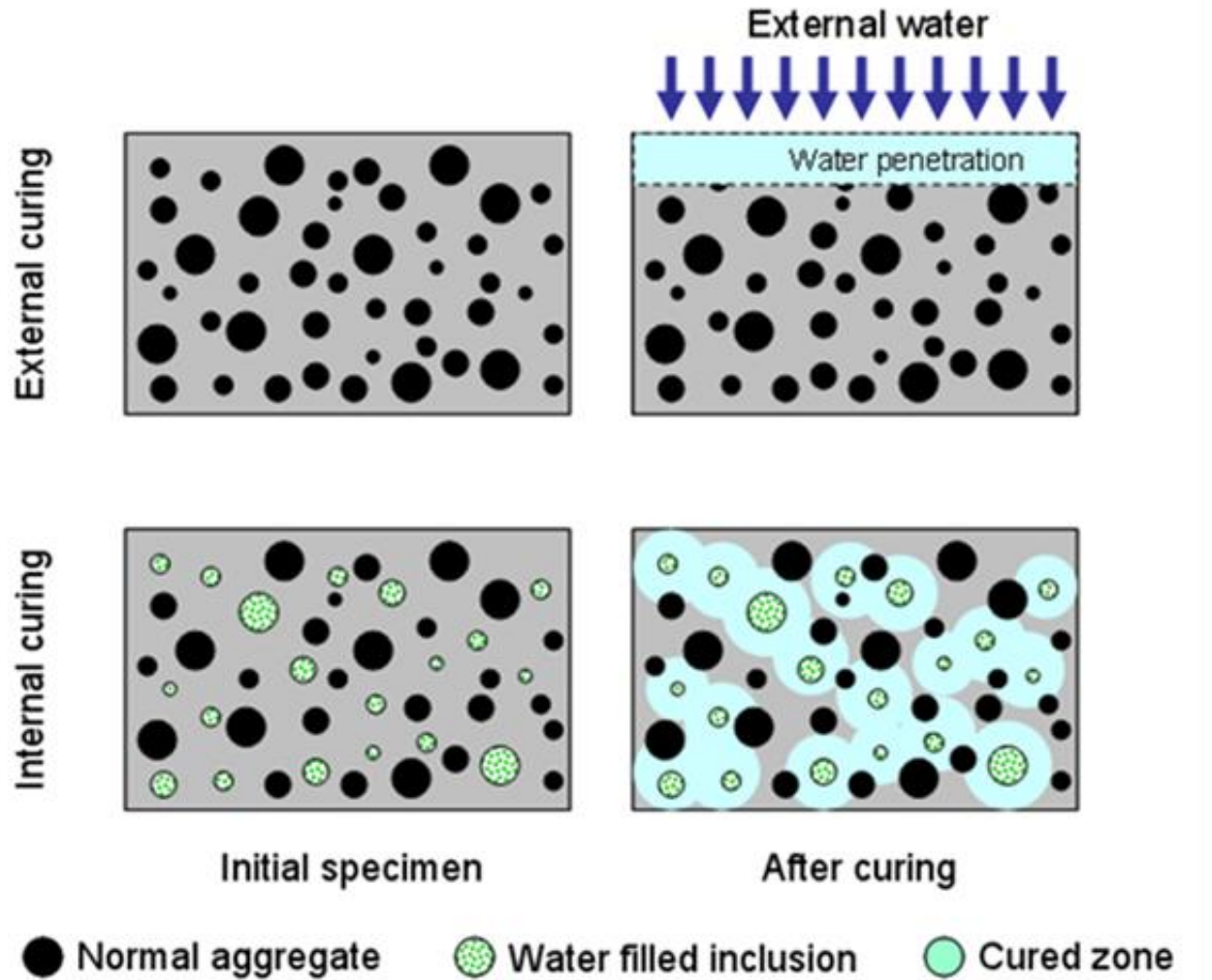
- To reduce shrinkage we reduce pressure, this means we either... **reduce surface tension** and/or we **increase the size of the pore**

- Not really impacted by w/c .. Long story
- We want to keep pores filled up



$$P_{cap} = - \frac{2\gamma}{r}$$

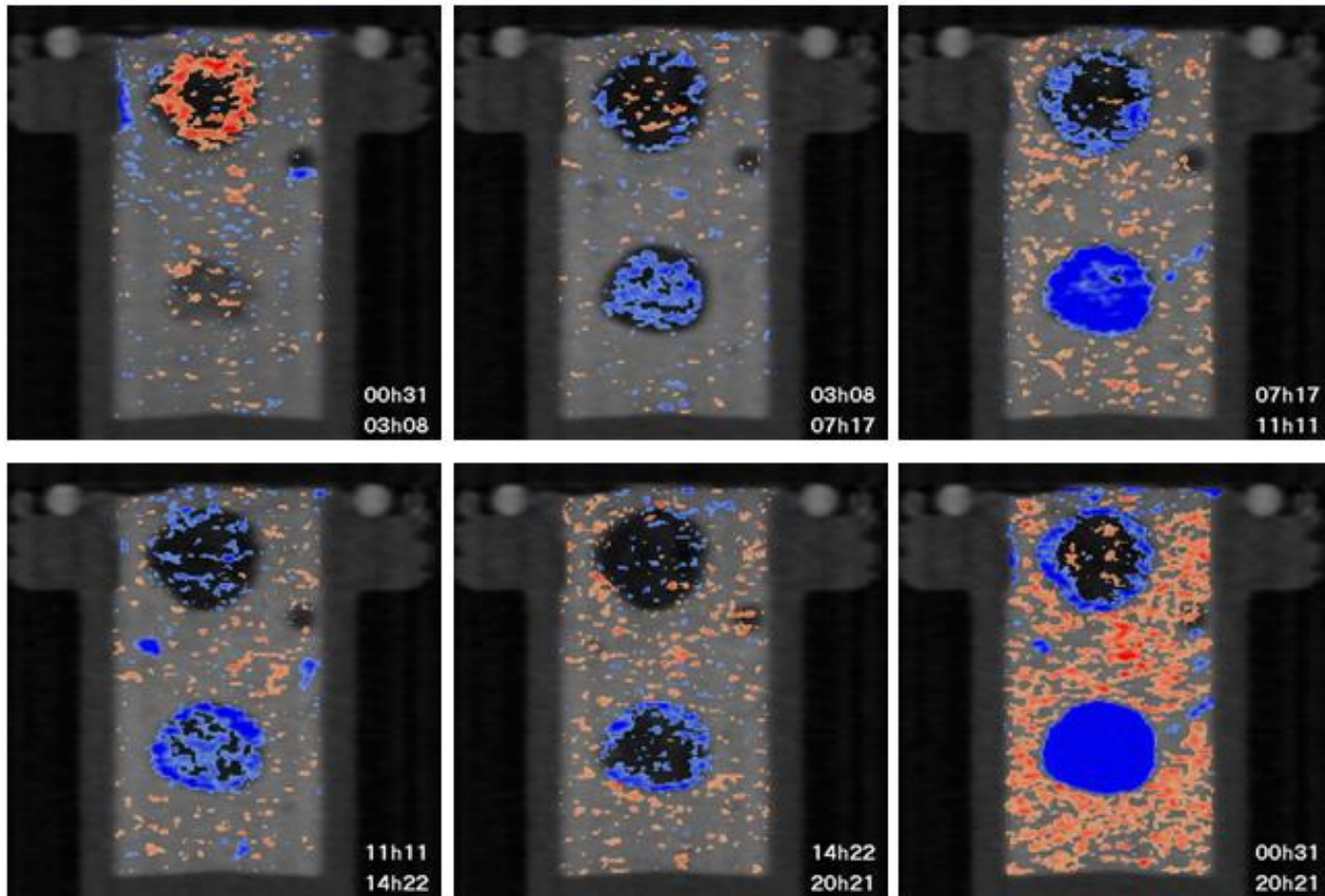
# Internal Curing



# Things Professors Think About

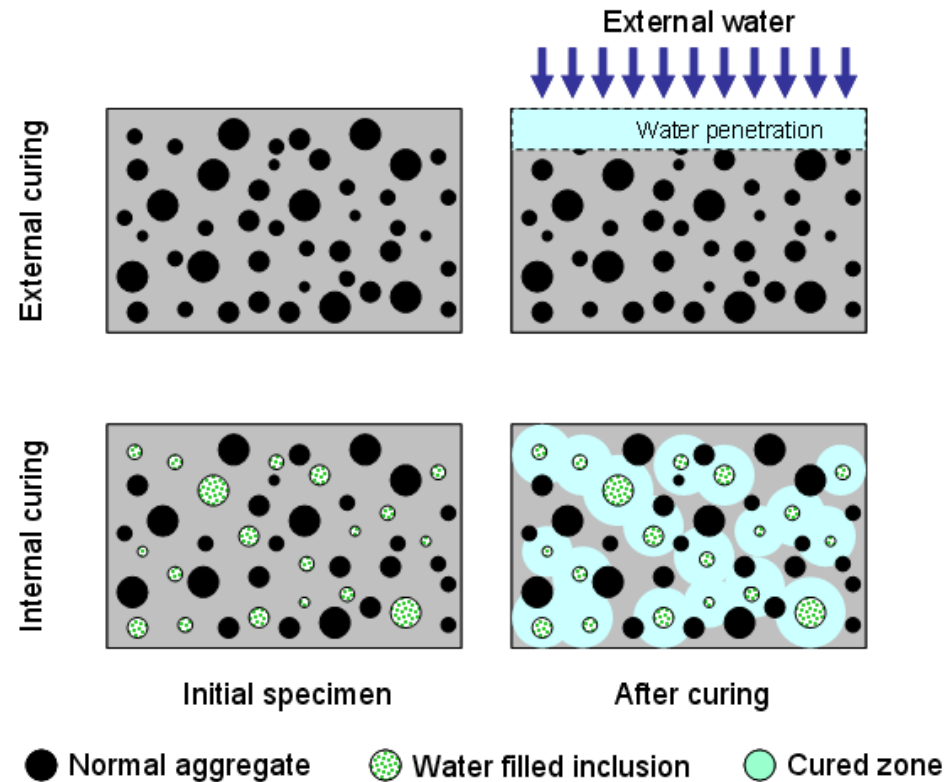
Dry LWA  
Absorbs  
Water

Wet LWA  
Gives off  
water



# What is Internal Curing?

- Its Concrete 101 with a twist
- Add water to cure concrete properly
- The twist... the water comes from inside the concrete
- Water held in LWA or SAP
- Magically released



# Is This Practical ?



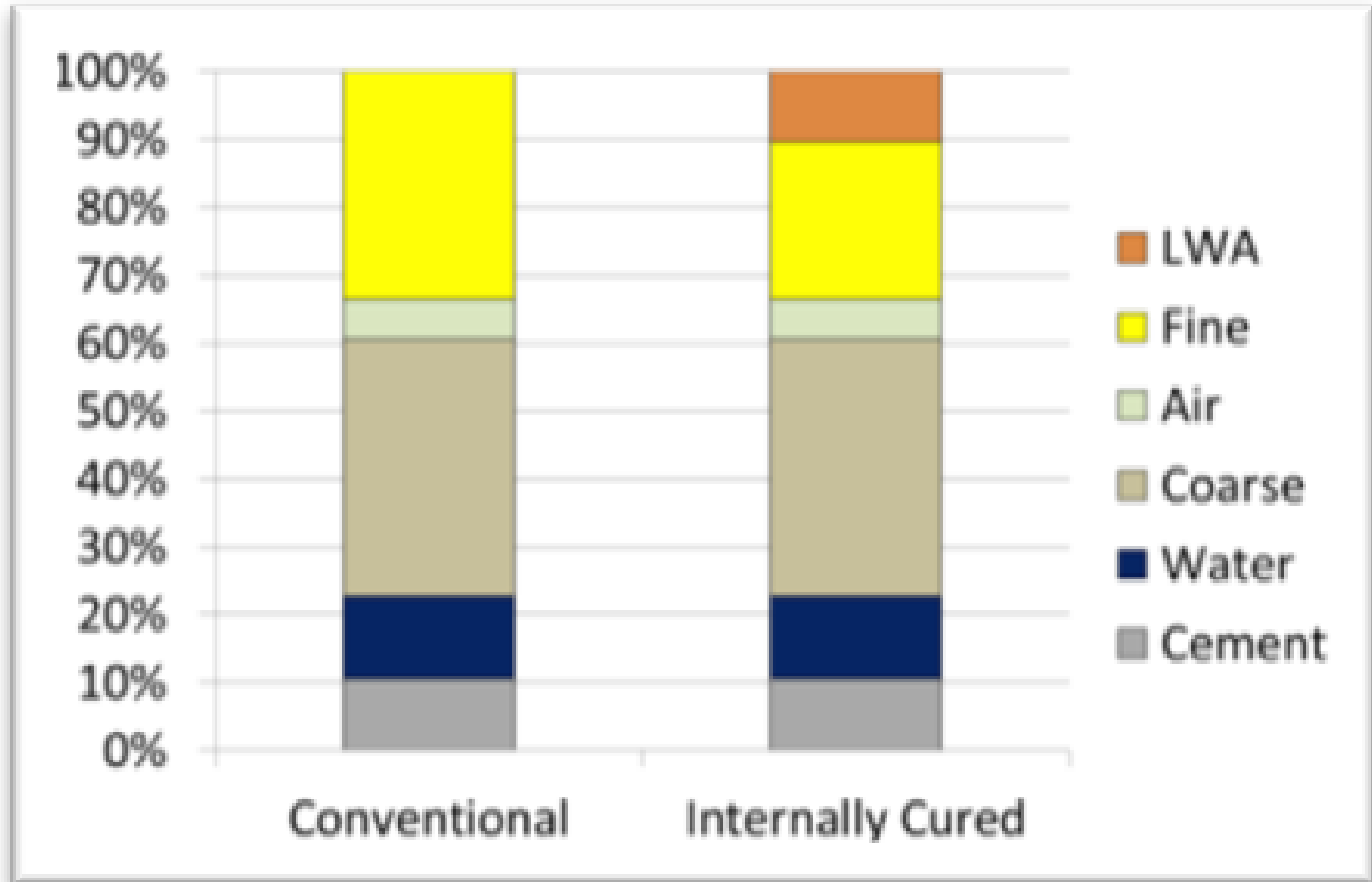
# Lots of Confusion Around Proportioning – Its Really This Simple

- Based on theory
- Need a current set of mixture proportions you really like
- Enter them in orange
- Enter an aggregate's properties you really like, in green
- Wait 1 second..... voila

Project:		Date:	
Mixture ID:			
Operator:			
<b>Plain Mixture Design</b>		<b>Legend</b>	
Target Air, %	6.5%	Ready Mix Input	
w/c	0.421	LWA Input	
<b>Materials</b>	<b>Weight</b>	<b>SG (SSD)</b>	<b>Volume, ft<sup>3</sup></b>
Cement	455	3.15	2.315
GGBFS	130	2.99	0.697
Fly Ash	0	2.64	0.000
Silica Fume	25	2.2	0.182
Sand	1231	2.623	7.521
Coarse Aggregate 1	1795	2.763	10.411
Coarse Aggregate 2	0	2.763	0.000
Water	257	1	4.119
Air	0	0	1.755
<b>Σ</b>	<b>3893</b>	<b>-</b>	<b>26.999</b>
<b>Internal Curing Properties</b>			
LWA Absorption:	15.0%	← This is 24 hour design absorption	
LWA Desorption:	85.0%	← If unknown, use 85%	
LWA PSD Specific Gravity	1.750	← This is 24 hour pre-wetted surface-dry specific gravity for preliminary	
Cement Factor	610		
Chemical Shrinkage:	0.07		
Degree of Hydration	1		
PSD LWA Replacement	385		
SSD Sand Replaced	577		
% Volume Replacement	46.9%		
<b>IC Mixture Design</b>			
<b>Materials</b>	<b>Weight</b>	<b>SG (SSD)</b>	<b>Volume, ft<sup>3</sup></b>
Cement	455	3.15	2.315
GGBFS	130	2.99	0.697
Fly Ash	0	2.64	0.000
Silica Fume	25	2.2	0.182
Sand	654	2.623	3.994
Lightweight Aggregate	385	1.750	3.527
Coarse Aggregate 1	1795	2.763	10.411
Coarse Aggregate 2	0	2.763	0.000
Water	257	1	4.119
Air	0	0	1.755
<b>Σ</b>	<b>3701</b>	<b>-</b>	<b>26.999</b>

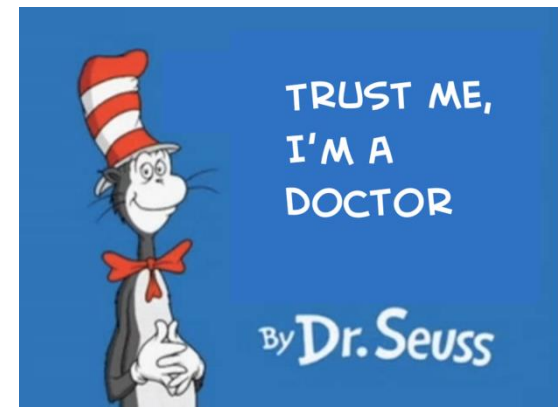


# Volumetric Proportions

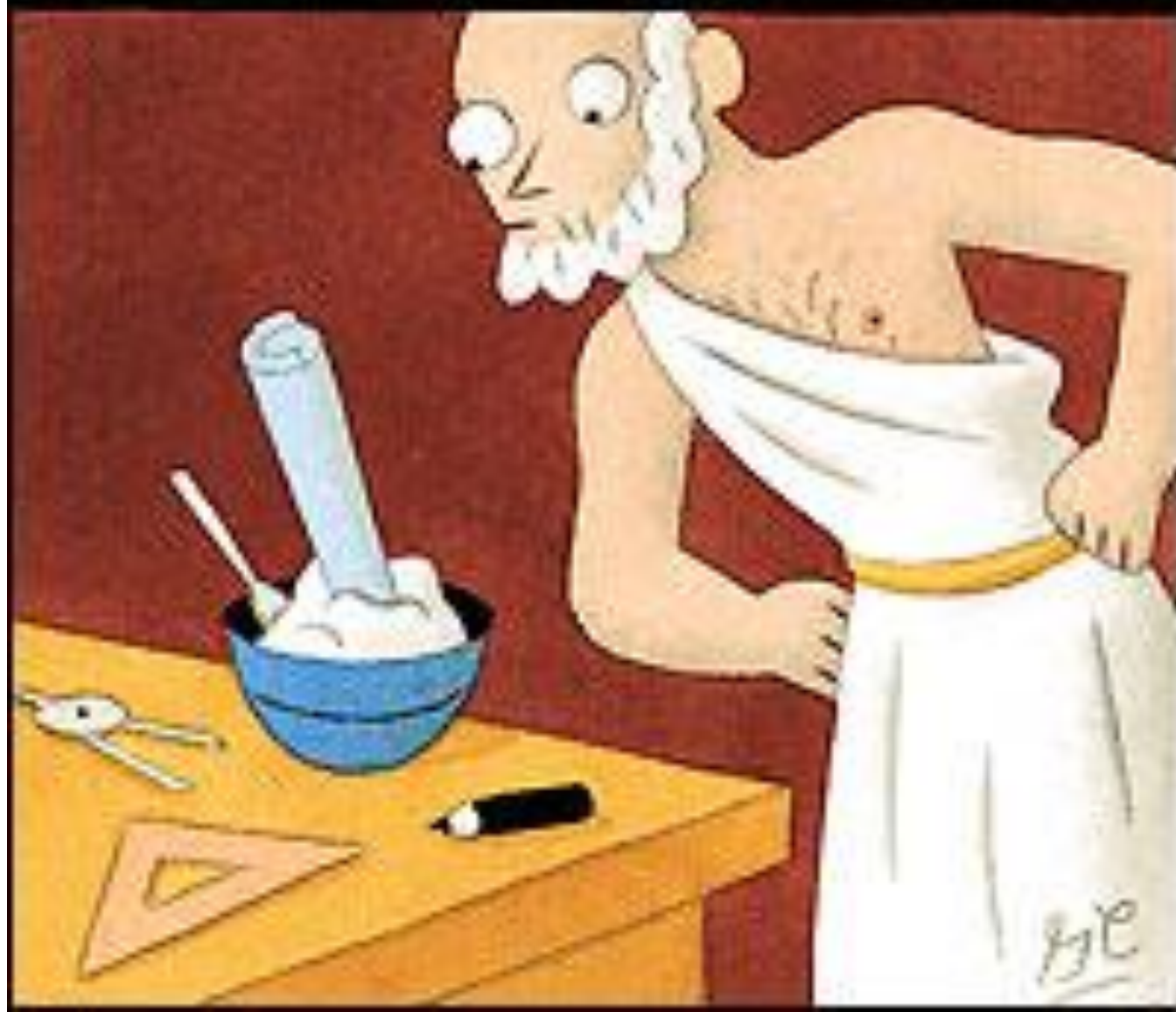


# How Do I know If It Works

- Compressive Strength – Generally no change, especially if water cured
- Slump – Generally no change (depends on aggregate FM and angularity)
- Air Content – Generally no change
- Transport Properties – Generally no change or a slight reduction
- Shrinkage Cracking Reduced



# EUCLID DISCOVERS HIS PROOFS IN THE PUDDING



# Bloomington Indiana Decks - 2010

- At 18 months Plain (3 cracks) IC (none)
- At Year three very small crack in the IC





# Internal Curing in New York

- NYDOT using internal curing in bridge decks (map showing bridges as of 2012)
- General experience is positive
- Reduced cracking with no problems to contractor or supplier

Streeter et al. 2012



# Internal Curing in Colorado

- Building large slabs is complex
- Denver Water 10-Million Gallon Lone Tree Tank No. 2
- Negligible differences in placing & finishing
- Opinion – less cracking and maintenance



# Internal Curing in Texas

Friggle et al. 2008

- RR intermodal facility
  - 250,000 yd<sup>3</sup> of low slump IC material
- CRC Paving for TxDOT
  - 6 months 1 crack, 5.5 years minor drying or plastic shrinkage cracking





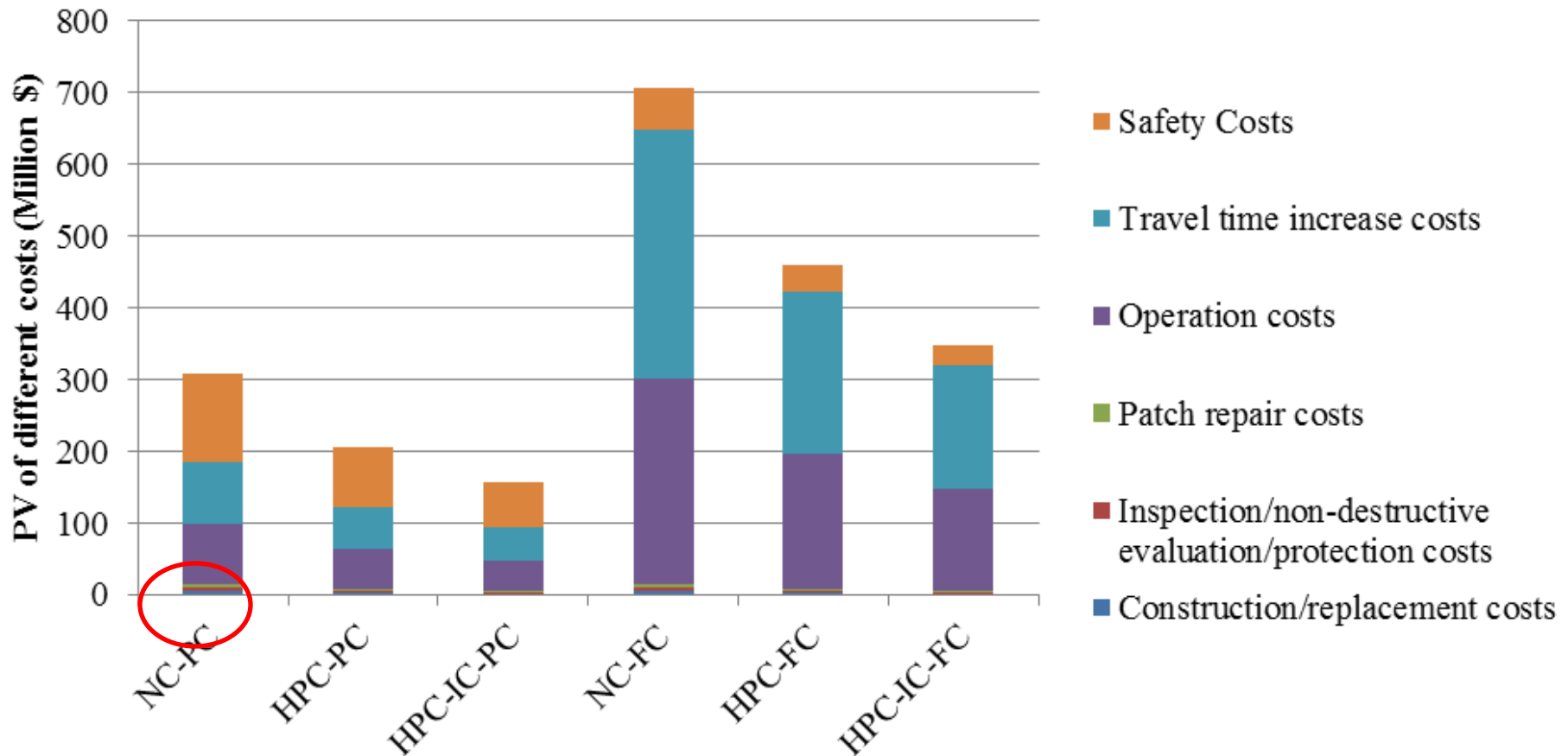
# Internal Curing in Illinois

- Tollway has used a SRA or IC Option
- Very happy with current experience and reduced cracking
- A neighboring states photo to fill the page ...
- No change in construction



# Cost Implications

- 1 bridge not three, 5% materials, 1% project
- Sustainable, Safety, Public Benefits



# Lets Look at the Fundamentals

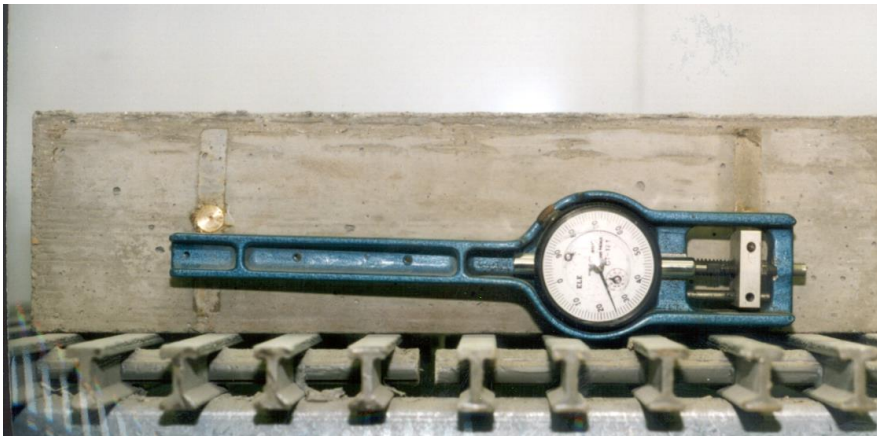
- What causes cracking? - Concrete Shrinks
- Why does concrete shrink ? Loss of water from the paste, but the size of the pores matters – Kelvin Equation
- Shrinkage Reducing Admixtures – ( $\gamma$ )
- Internal Curing – Supplies Water to increase r
- What Tests Should I Do?

# Laboratory Tests to Measure Shrinkage

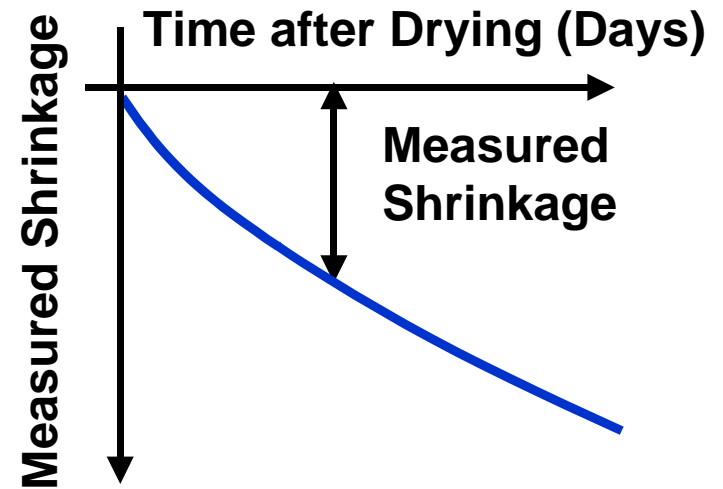
- ASTM C-157



- ASTM C-341

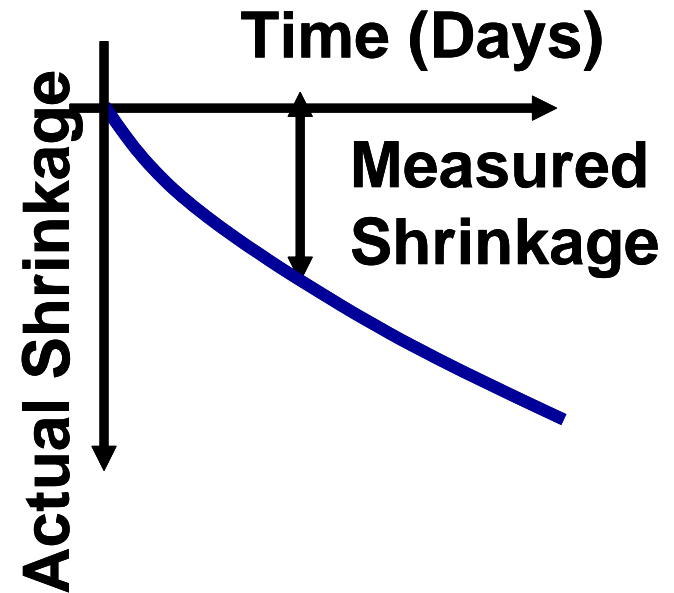
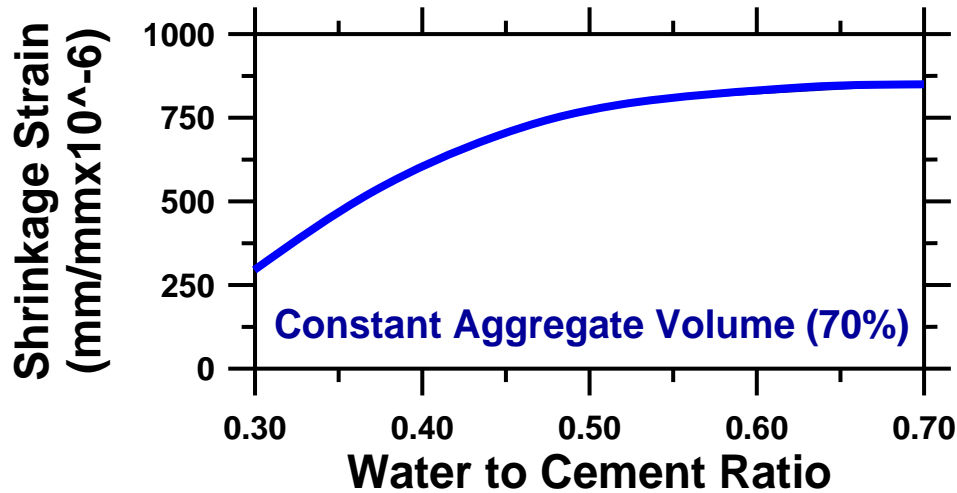


$$\varepsilon = \frac{\Delta l}{l_0}$$



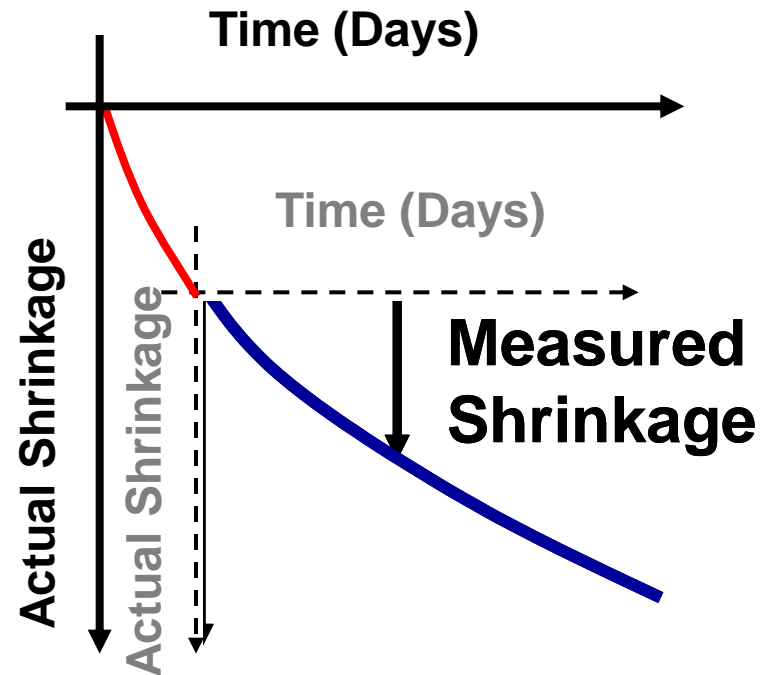
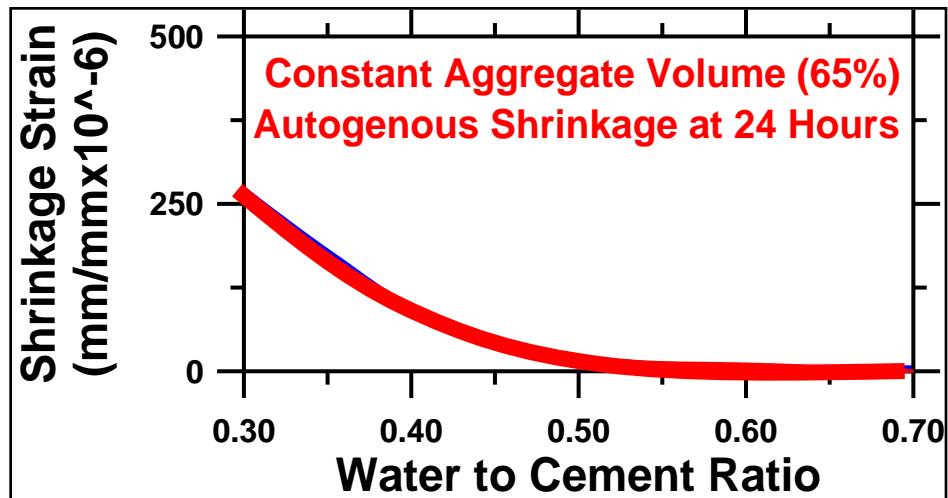
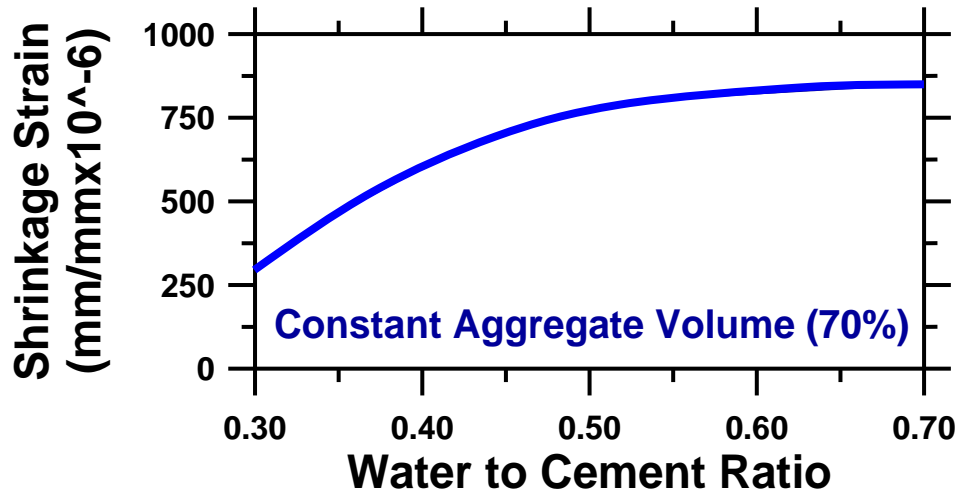
# Measuring Shrinkage

## Starting Time is Critical



# Measuring Shrinkage

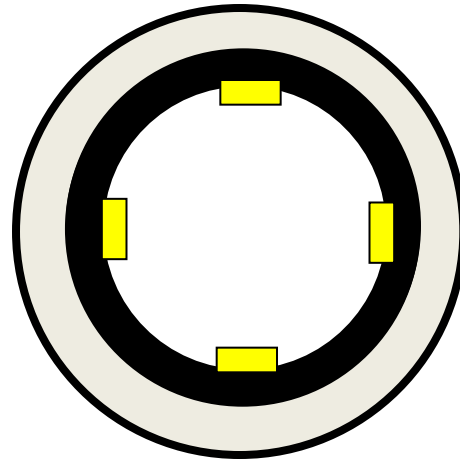
## Starting Time is Critical



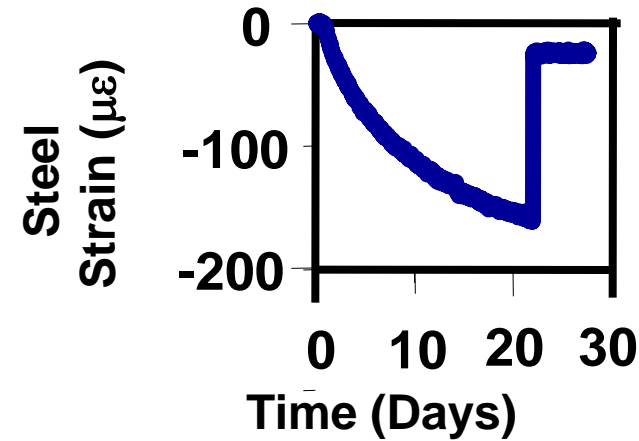
New Test – ASTM C1698

# Stress Development Approach

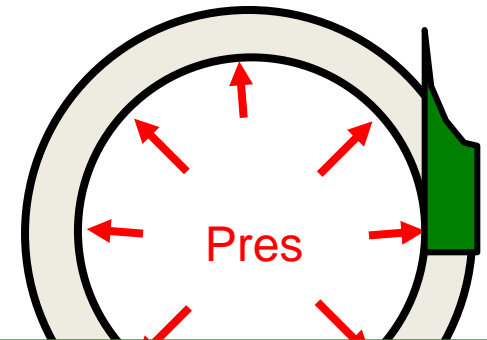
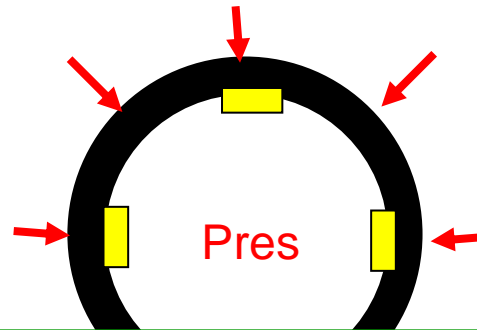
- Using an Instrumented Ring
- Measure Strain that Develops in Steel
- Determine the Pressure Required to Obtain that Strain
- Apply Pressure to Concrete and Obtain Tensile Stress



Original Ring



Measured Strain



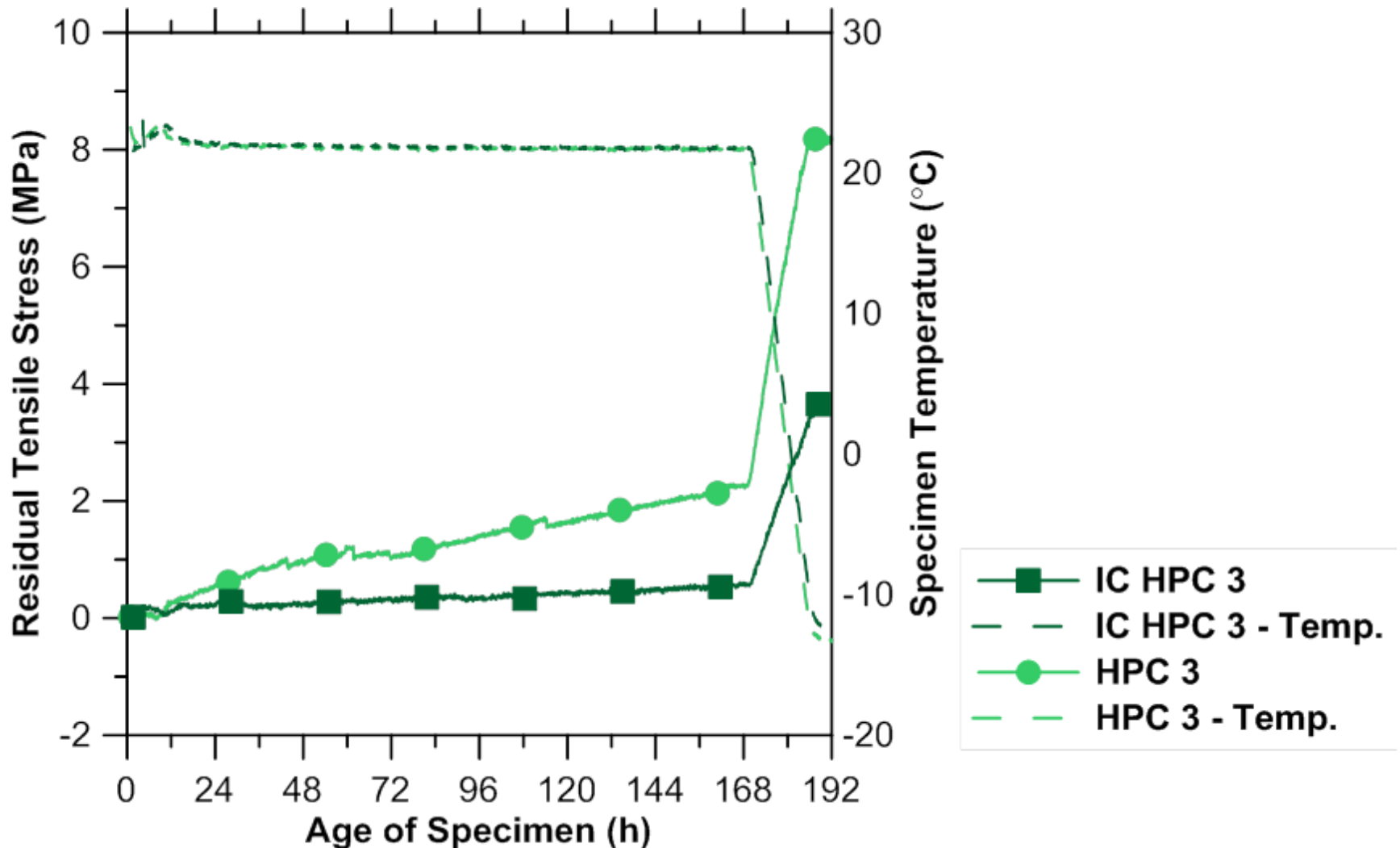
$$\sigma_{Concrete}(t) \Big|_{r=R_{IC}} = \epsilon_{Steel}(t) E_S \frac{(R_{OS}^2 - R_{IS}^2)}{2R_{OS}^2} \frac{(R_{OC}^2 + R_{IC}^2)}{(R_{OC}^2 - R_{IC}^2)}$$

# The Dual Ring Test





# What Does Concrete Data Look Like



# Lets Look at the Fundamentals

- What causes cracking? - Concrete Shrinks
- Why does concrete shrink ? Loss of water from the paste, but the size of the pores matters – Kelvin Equation
  - Shrinkage Reducing Admixtures
  - Internal Curing
- What Tests Should I Do? Ring, 1698, Dual Ring
- Thoughts on Prediction/Specification

# A Simple Model

- Prediction of Stress Development

$$\varepsilon_{Permit}(t) = \int_0^t \left[ \left( \frac{1}{E_\sigma(\xi)} + \frac{1}{E_c} \phi(t, \xi) \right) \frac{d\sigma(\xi)}{d\xi} + \frac{d\varepsilon_{Shr}(\xi)}{d\xi} \right] \cdot d\xi$$

(Weiss, 1997)



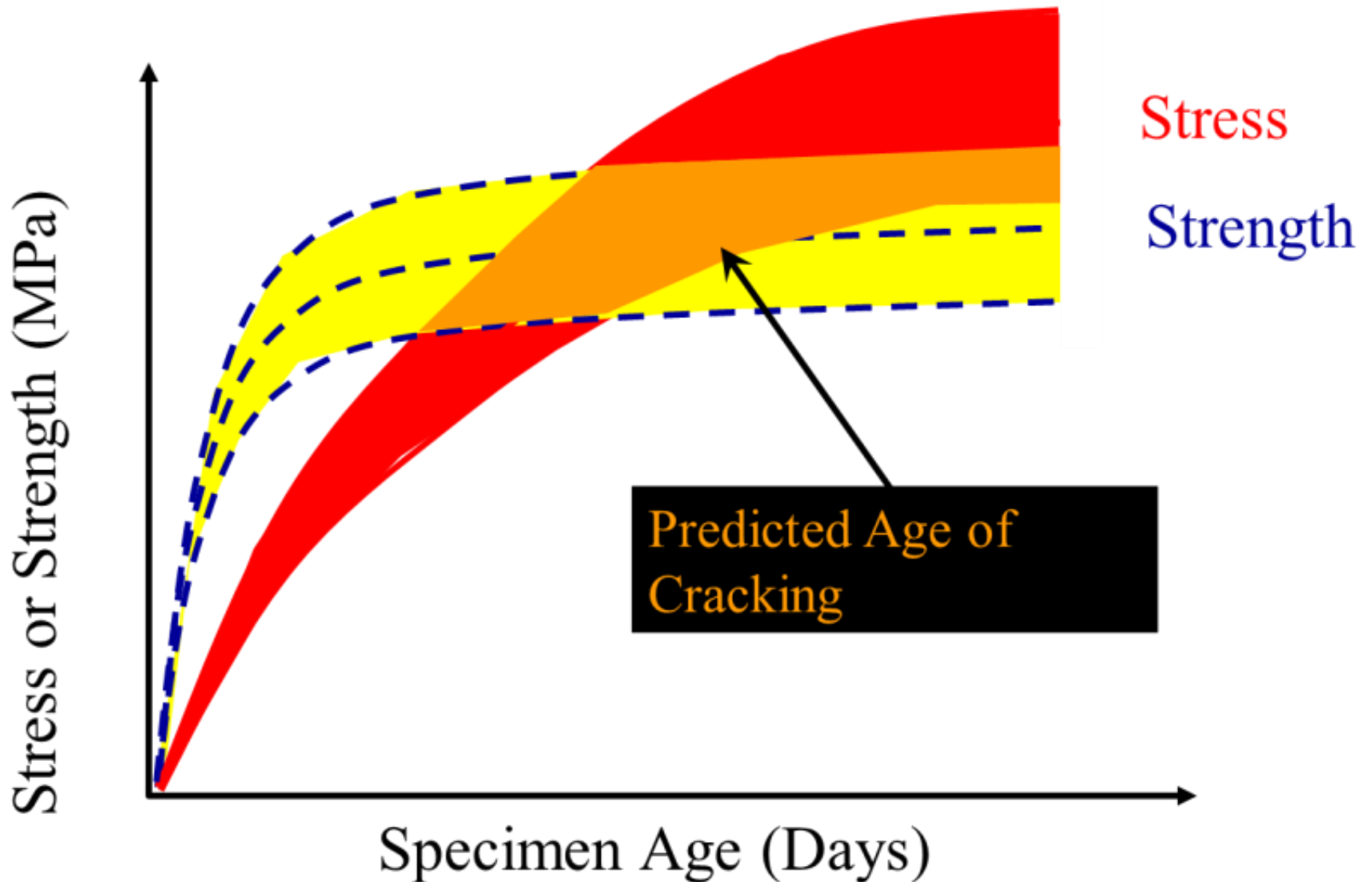
- Age/Time Dependent Material Properties

$$E_c(t) = E_\infty \frac{C_1(t-t_s)}{1 + C_1(t-t_s)}$$

$$f_{ten(t)} = f_{ten-\infty} \frac{C_2(t-t_s)}{1 + C_2(t-t_s)}$$

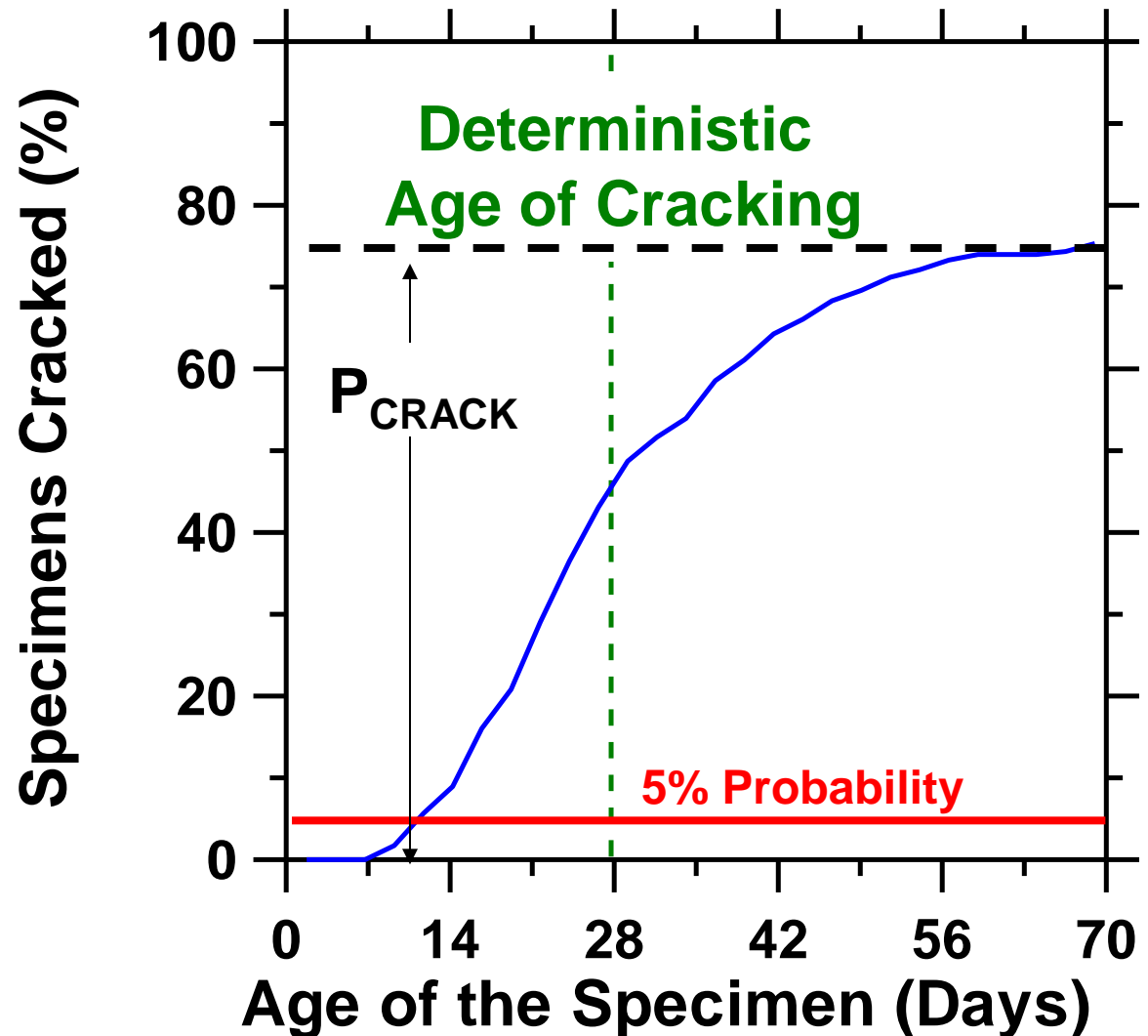
(McIntosh, 1956)

# Including 'Random Variation'



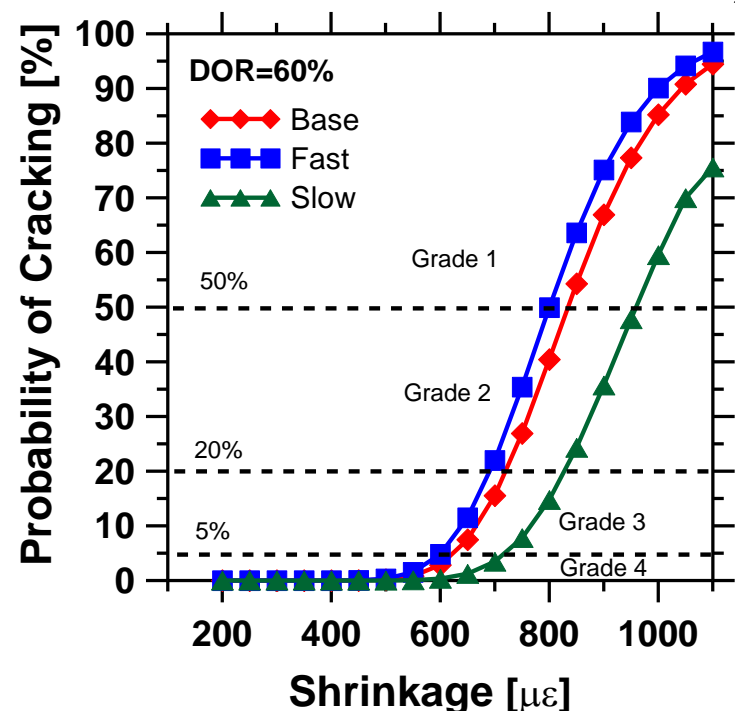
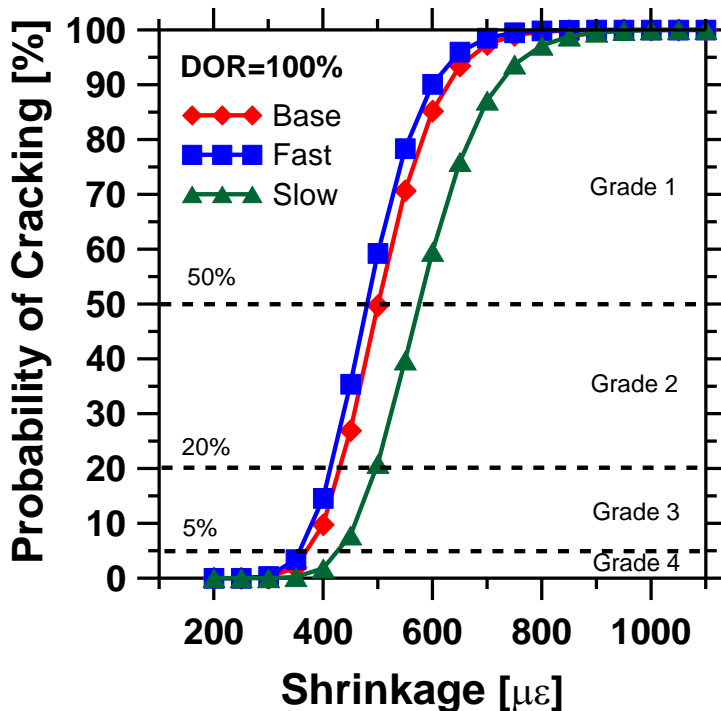
# Results Of An Alternative Approach to Consider Variability in Shrinkage

- Plotted the percentage of specimens cracked by a specific age
- Results of 10,000 simulations
- Can quantify risk or total probability



# Toward a Shrinkage Specification

- Shrinkage can be related to cracking potential and this simple approach begins to relate a simple test to performance



# A Summary of Thoughts

- Concrete Shrinks but We Have Three Defenses
  - Aggregate Volume – Change Shrinking Proportion
  - Shrinkage Reducing Admixtures – Change Fluid
  - Internal Curing – Change Pore Emptying
- Current Tests are Lacking However
  - New Tests Exists – 4+ New Shrinkage Tests
  - Dual Ring Test Has Merit and is Fast
- Specifications can Be Performance Based
  - Model Based on Risk of Cracking

# Eager Beavers

- OSU - strong materials group wanting to help improve concrete performance
- Early age/shrinkage mitigation expertise (SRA, IC)
- SCM/Limestone/
- Durability Testing and Prediction
- Sustainability Related Research
- Non Destructive Testing
- Mechanical Properties and Reinforced Concrete
- Service Life Modeling – Corrosion, Freeze-Thaw
- Fluid Movement



**Thank you**  
**Are There Any Questions**



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