

Welcome! Academics: Here's What We Expect from You

Our Expectations of You / Support Services

Professor Steve Smith
Associate Dean for Student Academic Affairs
College of Arts and Sciences

What do we expect of our students?



That they do excellent academic work of which they are capable.

That they remember that academic work is job one at Pacific.

That they work harder as the going gets tougher.

That they ask for help when they need it.

That they do more than just the minimum required.



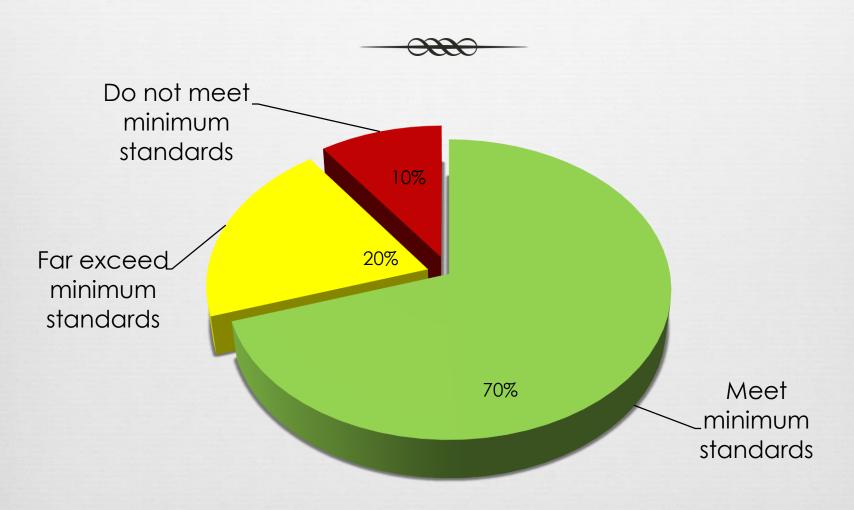
Minimum requirements for satisfactory academic standing



- 2.0 minimum GPA every semester
- 2.0 minimum cumulative GPA
- Minimum 12 earned credit hours each semester



How students perform each semester





WHAT HAPPENS IF YOU DO NOT MEET THESE MINIMUM STANDARDS?

"Warning" status



Lasts one semester

Generally assigned the first time a student does not meet the minimum academic standard

The faculty advisor is notified

Student receives a letter from the Academic Standards

Committee and Associate Dean for Student Academic Affairs

Letter placed in the student's record file

A sign that serious reorientation is necessary

A time for the student to reevaluate his/her "plan"

"Probabtion" status



Lasts for one semester; generally assigned for a second poor semester

The faculty advisor is notified

Student may **not** participate in inter-collegiate or club sports, forensics, media, and other college-sponsored activities

A serious sanction; noted in the student's record file

Student receives a letter from the Academic Standards Committee and Associate Dean for Student Academic Affairs

Requires submission of academic improvement plan to the Associate Dean

"Suspension" status



Lasts for one full academic year

Course pre-registration records are cancelled

Must leave the university

"Suspension" status noted on permanent transcript



Must request permission to apply for readmission

Obstacles to academic success



Poor time management

Too much or too little social life

Unclear educational or professional goals

Outside employment (too much)

Lack of commitment

Inadequate study time

No contact with faculty and/or faculty advisor





HOW MUCH IS "ENOUGH" STUDY TIME?

You should try to devote 2 to 3 hours of study outside of class a week for every hour you spend in the classroom.

Translation: If you are registered for 16 credits, you should be studying a minimum of 32 hours a week!

Resources/Support Services



Tutoring and Learning Center (TLC)



Provides one-on-one and group tutoring by experienced and trained peer tutors

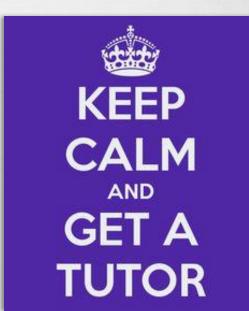
- Chemistry (general and organic)
- Mathematics (through calculus)
- Accounting
- Physics
- Statistics (math, sociology)
- Writing
- Foreign Languages (each language on a different night)
- Economics

Sundays through Thursdays from 7 to 10 p.m.

Afternoon hours vary by semester

Walk-in tutoring is preferred

Location: Scott Hall; check out the website www.pacificu.edu/tlc



Academic Advising Center



Partners with faculty advisors to meet the advising needs of our students

Connect your career and life goals to your academic experience

Work on your graduation and professional program prerequisites

Declare your major(s) and minor(s) and Focal Studies

Bring your questions about graduation requirements, policies and planning

Gretchen Potter, Director of Academic Advising advisingcenter@pacificu.edu; gpotter@pacificu.edu

Mike Shingle, Academic Advisor

mike.shingle@pacific.edu



Learning Support Services (LSS)



Designed to arrange for specialized academic support services or modifications to the learning environment for students with disabilities.

- these disabilities may be physical or learning related
- short or long-term

Once the appropriate documentation is turned in, the university works with students to provide a variety of services that will accommodate their specific needs to help them meet the established academic standards.

Student records and information are kept confidential and are distributed only with the consent of the student.

Location: Clark Hall

Iss@pacificu.edu

Counseling Center College Way



The Student Counseling Center provides a range of services focused on the mental health and well-being of Pacific students

Services are provided by professionally trained psychologists and counselors

Concerns commonly addressed include:

- Adjustment to college or professional programs
- Depression and/or anxiety
- Interpersonal issues
- Grief and loss
- Identity exploration
- Academic difficulties
- Family issues
- Self-esteem
- Trauma and abuse
- Substance abuse
- Eating issues
- Stress management

For more information please call the counseling center at 503-352-2191

Health Center College Way / 503-352-2269



A professional medical clinic with services provided by licensed Nurse Practitioners, Physician Assistants and Certified Medical Assistants.

- Treatment of Acute Illnesses and Injuries
 - Respiratory illnesses (colds, flu, bronchitis, pneumonia, ear infections), urinary tract infections, skin infections, acne, headaches, allergies, sprains, etc.
- Treatment of Stable Chronic Illness (on a case by case basis)
 Asthma, hypertension, depression, anxiety, etc.
- Sexual Health Services

Testing and treatment of sexually transmitted diseases, birth control, emergency contraception, menstrual issues, vaginitis, etc.

Health Maintenance

Physicals (sport, travel, general), PAP smears, family planning services

Contraception

Oral contraceptives, emergency contraception, Depo Provera, free condoms

Immunizations

Measles, Mumps, Rubella (MMR), Hepatitis A, Hepatitis B, HepA/B combination, Tetanus/Diphtheria/Pertussis (Tdap), Flu Vaccine, and Tuberculosis (TB) screening

- Health Education and Counseling
 - Nutrition, tobacco cessation, sleep counseling, illness prevention and stress management
- Referrals to specialists as indicated. A list of local physicians is available.

Associate Dean for Student Academic Affairs



Monitors student academic performance

Fields queries regarding student academic status

Refers students to appropriate campus resources

Fields queries regarding university and college policies

Intervenes with and provides ongoing support for students experiencing academic difficulty

Confers with Dean of Students and other university officers

Professor Steve Smith

Bates House





Career Development Center

503-352-2877

careerdc@pacificu.edu

Chapman Hall



Mission: Creating pathways to professions before graduation

First year: deciding



Work-Study

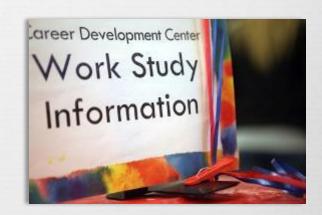
Work and Service Fair

First Thursday of each semester

Career Advisor and Career Plan

MajorFest

Advantage Program - HPE 190



Second year: seeing

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Declare a major

Conduct career field research

Attend networking events

Job shadow individuals who have interesting careers

Plan to study abroad

Take prerequisite classes for graduate programs



Third year: doing



Update your Career Action Plan with your career advisor

Research graduate schools

Secure an internship

Attend First Avenue Career Expo.

Attend Junior Junction

Final year: convincing others



Create a LinkedIn profile and connect with Pacific Alumni

Utilize resources for mock interviews, polish your resume and get business cards

Get support with grad school applications

Attend Job fairs to perfect your elevator speech

Participate in networking events

Celebrate at Senior Tailgate and Salute



University Chaplain



Available to assist students and others in finding places of worship, to provide support to student faith groups on campus, and to further the mission of the University

The Chaplain is available to provide short-term pastoral care to students and other Pacific community members

Rev. Dr. Chuck Currie chuck.currie@pacificu.edu

Center for Peace and Spirituality

