



## **Welcome to the Recreation Program**

The Recreation major prepares the student for positions in the management of leisure services. The curriculum, built on a broad core, offers professional courses within the department and draws from many related majors for competencies and skills in the preparation of professionals for the recreation field. The curriculum emphasizes the practical as well as the theoretical aspects of recreation by offering supervised field experience and internships in various recreational settings throughout Illinois and the nation.

Our faculty and staff take pride in their commitment to working with undergraduate and graduate students. Faculty encourage and support the professional development and placement of students through assistance in the preparation of students' professional portfolios, in student participation and involvement in workshops and conferences (locally, regionally, and nationally), and in guidance and supervision of students during the internship experience. We can also boast of an excellent professional alumni network.

If by chance we failed to answer all of your questions, please feel free to contact Dr. Mark J. Kittleson, Director of Graduate Studies at [kitt@siu.edu](mailto:kitt@siu.edu). Please note that all of this information, as well as all forms, can be found on-line at [www.hedir.org/siu](http://www.hedir.org/siu).

## MASTER OF SCIENCE DEGREE IN RECREATION COLLEGE OF EDUCATION and HUMAN SERVICES

The Division of Recreation offers a broad interdisciplinary program of studies preparing students for administrative careers in recreation management. The program leads to the Master of Science in Education degree with a major in recreation.

Graduate work in recreation emphasizes administration and research and is open to highly qualified students. All students must be admitted to the Graduate School in good standing.

Graduate students in Recreation must complete a minimum of 36 semester hours including a theory core, a research methodology core, and a research core. The research core is completed by fulfilling requirements for either the thesis or the non-thesis option.

The **thesis option** requires 3 semester hours of research methods, 3 semester hours of thesis, and 4 semester hours of inferential statistics. After completing the required research methods course, each student should select a chairperson for their thesis committee. A minimum of three graduate faculty members, one holding rank outside the faculty of recreation, is needed to form the full committee. After approval of a thesis topic, the student will conduct a research effort under the committee's guidance, followed by an oral examination.

The **research project option** requires 3 semester hours of research methods, 3 semester hours of individual research, and 4 semester hours of inferential statistics (*Please note: The 2000/02 Graduate Catalog incorrectly lists the statistics requirement for the research project as EPSY 402. EPSY 506 is required of All graduate students in Recreation*).

In addition to the theory, research methodology, and research core in either the thesis or non-thesis option, emphasis courses specific to the student's chosen option will be required. The student, in conjunction with their advisor, will then select a minimum of 9 elective hours from the recommended electives to complete their program. By utilizing the emphasis and elective the student can focus upon a specific option. This emphasis may include recreation administration, focusing on skills necessary for management of local, state, or federal recreation programs both in the public and commercial sector; outdoor recreation resource management which focuses on skills necessary to manage or administer programs, facilities, and lands in the local, state, and federal park system; or therapeutic recreation which focuses on skills necessary in the management of public and private organizations which provide a diverse array of therapeutic recreation services (this emphasis leads to certification eligibility). Variations of these include campus recreation management, expedition leadership, and facility management.

A student must have a minimum 3.0 (4.0 scale) grade point average to be eligible to graduate.

### MASTER OF SCIENCE IN RECREATION

Core requirements for the degree:

**Thesis Option:**

## Theory Core

Rec 500-3	Modern Concepts of Leisure
Rec 501-3	Personnel in Leisure Services
Rec 508-3	Trends and Global Issues in Leisure Services

## Research Methodology Core

Rec 550-3	Research in Recreation
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## Research Core

Epsy 506-4	Inferential Statistics
Or	
Epsy 402-3	Basic Statistics
Rec 599-3	Thesis

<i>Total Core Hours:</i>	18-19
<i>Emphasis and Elective Hours *:</i>	<u>17-18</u>
<i>Total Hours Required:</i>	36

**Research Project Option:**

## Theory Core

Rec 500-3	Modern Concepts of Leisure
Rec 501-3	Personnel in Leisure Services
Rec 508-3	Trends and Global Issues in Leisure Services

## Research Methodology Core

Rec 550-3	Research in Recreation
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## Research Core

Epsy 506-4	Inferential Statistics
Or	
Epsy 402-3	Basic Statistics
Rec 575-3	Individual Research

<i>Total Core Hours:</i>	18-19
<i>Emphasis and Elective Hours *:</i>	<u>17-18</u>
<i>Total Hours Required:</i>	36

*\* See following pages for information on emphasis and elective hours*

## EMPHASIS AND RECOMMENDED ELECTIVES

### **Recreation Resource Administration**

(Courses required in addition to Core)

#### **Emphasis (9 - 12 hours):**

REC 445-3 *	Outdoor Recreation Management
REC 565-3	Environmental Issues in Outdoor Education
POLS 542-3	Public Budgeting and Fiscal Management
CI 402-3	Study of Cultural Diversity in Education and Family Services, <i>OR</i>
EAHE 516-3	College Students and College Cultures

*\* Required of students who do not already have an approved outdoor recreation course on their transcript.*

Students who have an undergraduate degree or emphasis in Recreation Resource Administration may take electives in their area of interest as agreed upon by their advisor.

#### **Recommended electives (5 - 8 hours):**

REC 475E	Adventure Programming
FOR 420	Park and Wildlands Management
FOR 421	Recreational Land Use Planning
REC 445	Outdoor Recreation Management
FOR 423	Environmental Interpretation
FOR 470	Wilderness Management, Policy, and Ethics
REHB 501	Introduction to Rehabilitation Counseling Skills
EPSY 493	Counseling Skill Development
EPSY 543	Group Theory Practice
EPSY 562A	Human Development: Childhood
REHB 51	Rehabilitation Counseling Theory and Practice
REHB 566	Alcohol, Drugs, and Family
REHB 574	Staff Training, Development
SOCW 531	Psychosocial Disorders

## **Recreation Program Administration**

(Courses required in addition to Core)

### **Emphasis (9 hours):**

REC 560A-3	Seminar in Recreation - Park and Community
POLS 542-3	Public Budgeting and Fiscal Management
POLS 549-3	Administration of Nonprofit Organizations

Students who have an undergraduate degree or emphasis in Recreation Program Administration may take electives in their area of interest as agreed upon by their advisor.

### **Recommended electives include (8 hours):**

CI 402	The Study of Cultural Diversity in Education and Family Services
EAHE 508	Student Development Theories
EPSY 493	Counseling Skill Development
PE 409	Social Aspects of Sport and Physical Activity
PE 410	Psychological Aspects of Sport and Physical Activity
POLS 543	Public Personnel Management
REC 445	Outdoor Recreation Management
REC 475E	Adventure Programming
REHB 501	Introduction to Rehabilitation Counseling Skills
REHB 566	Alcohol, Drugs, and Family
WED 501	Multimedia Production Technologies in Workforce Education

## **Therapeutic Recreation Administration**

(Courses required in addition to Core)

### **Emphasis (9 hours):**

REC 524-3	Professional Skills in Therapeutic Recreation
REC 526-3	Seminar in Current Issues in Therapeutic Recreation
REHB 470-3	Rehabilitation Administration
	<i>OR</i>
REHB 573-3	Programming, Budgeting, and Community Resources
	<i>OR</i>
POLS 542-3	Public Budgeting and Fiscal Management

Students who have an undergraduate degree or emphasis in Therapeutic Recreation Administration may take electives in their area of interest as agreed upon by their advisor.

To be eligible for certification in therapeutic recreation, students without a bachelor's degree in therapeutic recreation may need to take the following courses (these may count as electives in the program of study):

REC 460-3	Therapeutic Recreation
REC 461-3	Program Design and Evaluation for Therapeutic Recreation
REC 462-3	Facilitation Techniques in Therapeutic Recreation
REC 596-3	Field Work in Recreation

### **Recommended electives include (8 hours):**

#### **GERONTOLOGY**

PE 505*	Physical Activity and Exercise for Seniors
SOCW 575*	Policy and Program Issues of Aging
HED 440*	Health Issues in Aging
REHB 446*	Psychosocial Aspects of Aging
REC 440	Therapeutic Recreation for the Aged
HED 402	Death and Dying
REHB 405	Introduction to Aging and Rehabilitation
REHB 447	Biomedical Aspects of Aging
PSYC 517	Aging, Memory, and Cognition

*\* Required for Gerontology certificate*

**ALCOHOL & DRUG COUNSELING**

REHB 461	Introduction to Alcoholism and Drug Abuse
REHB 471	Rehab of Alcohol & Drug Abusers
REHB 558	Rehab of Special Alcohol and Drug Abusing Populations
SOCW 530	Substance Abuse and Social Work

**REHABILITATION ADMINISTRATION**

REHB 470	Rehabilitation Administration
REHB 573	Programming, Budgeting, and Community Resources
REHB 574	Staff Training and Development
REHB 576	Development and Supervision of Rehabilitation Employees
REHB 578	Program Evaluation in Rehabilitation

**REHABILITATION COUNSELING**

REHB 400	Introduction to Rehabilitation
SOCW 531	Psychological Disorders
REHB 501	Introduction to Interpersonal Skills Development in Rehabilitation
REHB 513	Medical and Psychosocial Aspects of Disability
REHB 419	Cross-Cultural Rehabilitation

**OUTDOOR**

REC 431	Expedition Leadership
REC 565	Environmental Issues in Outdoor Recreation
REC 485	Practicum in Outdoor Education
REHB 551	Rehabilitation Counseling: Theory and Practice

Those entering the recreation graduate program who did not receive their undergraduate degree in recreation or have professional experience in the field of recreation prior to entry into the graduate program will be expected to meet the same standards as students with degrees in Recreation. Faculty may provide a list of additional readings to students who need remedial work.

## **Application**

Requirements for admission to the master's degree program in recreation are:

1. Completion and submission of the Graduate School admission application. A non-refundable application fee of \$40.00 must be submitted with the application. Attach check or money order, payable to Southern Illinois University, to the top of the application form. Do not send cash. Only checks or money orders payable to United States banks will be accepted.
2. Completion and submission of Recreation application that can be found on-line at [www.hedir.org/siu](http://www.hedir.org/siu).
3. Submission of three letters of recommendation.
4. Submission of **all** official transcripts for previous undergraduate and graduate work.

## **Admission Requirements**

Applicants for the master's degree must have a 2.70 undergraduate grade point average (A = 4.0) to be admitted in good standing.

Only graduate level courses taken after a student's admission will be included automatically in the student's degree program. Unclassified hours or hours from other degree programs must be petitioned into the program. Courses eligible for inclusion in a degree program must be graduate level and cannot have been applied toward another degree.

## **Retention**

Any master's degree candidate with a grade point average of less than 3.0 will be placed on academic warning for one semester and, after a second semester of less than 3.0, will be suspended from the University.

### **Non-Traditional Student Services**

Designed to assist non-traditional students with their unique educational, personal, and professional needs, Non-Traditional Student Services (NTSS) provides services for those students who are 24 years of age or older, are married, have dependents, are enrolled part time, or have been away from formal education for a period of time. Increasing the awareness of and response to non-traditional students and their spouses and families within the University environment are of primary concern. Services offered include assistance with the non-traditional student's transition into the University learning environment, general information and referral services, an emergency locator system for students who are parents, and newsletter and handbook publications especially designed for the non-traditional student. For assistance or additional information, contact Non-Traditional Student Services in the Student Development Complex, located on the third floor of the Student Center, telephone 453-5714.



## COURSES

Those on the 400 level may be taken by undergraduate and graduate students. Those on the 500 level are for graduate students only.

- 425-3      **PLANNING AND DESIGN OF RECREATIONAL FACILITIES.** An examination of major design considerations for a variety of recreation facilities such as recreation centers, recreation sport complexes, parks, visitors centers, and natatoriums. Special attention will be given to long range facility planning. Prerequisite: senior or graduate standing.
- 431-3      **EXPEDITION LEADERSHIP.** Course focuses on professional leadership of highly adventurous wilderness trips. Emphasis is on development of sound judgment, decision-making, and teaching in wilderness expeditions. Three to five week expeditions in a wilderness setting. Trip fee not to exceed \$750. Outdoor Leader certification by Wilderness Education Association is offered.
- 440-15      **THERAPEUTIC RECREATION FOR SELECTED POPULATIONS (3 credits per topic).** Students will be made aware of problems and characteristics of special population groups. Emphasis is upon the role of therapeutic recreation with these groups in institutional and community settings: (a) therapeutic recreation for the mentally ill. (b) therapeutic recreation for the developmentally disabled. (c) therapeutic recreation for the aged. (d) therapeutic recreation for the socially deviant. (e) therapeutic recreation for the physically disabled. Prerequisite: 300, 302, 304 or consent of department.
- 445-3      **OUTDOOR RECREATION MANAGEMENT.** Philosophy and principles underlying the growth and development of outdoor recreation management. Outdoor recreation is examined in terms of historical values, long range planning, site design, visitor needs, and environment impact. A laboratory cost of up to \$14 may be required. Prerequisite: 300, 302, 303 or consent of department.
- 460-3      **THERAPEUTIC RECREATION MANAGEMENT.** Organization and administration of therapeutic recreation programs in hospitals, nursing homes, schools for the retarded, detention centers, prisons, and other institutions. Financial management and reimbursement issues are stressed. Prerequisite: 300, 302, 304 or consent of department.
- 461-3      **PROGRAM DESIGN AND EVALUATION FOR THERAPEUTIC RECREATION.** To equip the student with skills necessary to systematically design and evaluate programs. Philosophy and nature of systems, system analysis, assessment, individual treatment planning, implementation and evaluation of treatment programs. Prerequisite: 300, 302, 304, one section of 440, or consent of department. Concurrent enrollment in 380-2.
- 462-3      **FACILITATION TECHNIQUES IN THERAPEUTIC RECREATION.** This course is designed to provide an understanding of the basic processes and

techniques of therapeutic recreation and to develop technical competencies necessary for the provision of quality therapeutic recreation services. Emphasis on the skillful application of various processes and techniques to facilitate therapeutic changes in the client and the client's environment. Prerequisite: 304 or concurrent enrollment.

- 465-3      **ADVANCED ADMINISTRATIVE TECHNIQUES.** Designed to examine current administrative topics in recreation such as practices and trends in budget and finance, legal aspects, grant writing, personnel practices and policies, and others. Prerequisite: 365, 380-2.
- 475-3 to 39      **RECREATION WORKSHOP (3 credits per topic).** Critical examination and analysis of innovative programs and practices in one of the following areas: (a) budget and finance, (b) campus recreation services, (c) commercial, (d) maintenance of areas and facilities, (e) outdoor recreation, (f) personnel, (g) technological advances, (h) therapeutic recreation-aging, (i) therapeutic recreation-developmental disability, (j) therapeutic recreation-emotional illness, (k) therapeutic recreation-physical disability, (l) therapeutic recreation-prisons and detention centers, (m) tourism.
- 485-2 to 12      **PRACTICUM IN OUTDOOR EDUCATION.** A supervised experience in a professional setting. Emphasis on administrative, supervisory, teaching, and program leadership in outdoor, conservation, or environmental education setting. Costs for travel are the responsibility of the student. Prerequisite: consent of instructor.
- 490-12      **INTERNSHIP IN RECREATION.** Supervised practicum experience in a professional recreation setting. Emphasis on administrative, supervisory, teaching, and program leadership in the student's area of specialization. For undergraduate credit only. Must be taken during student's senior year. Prerequisite: completion of all requirements for major in recreation or consent of course coordinator; 2.25 grade point average.
- 500-3      **MODERN CONCEPTS OF LEISURE.** This course explores the meaning of leisure, recreation, and play from a philosophical and psychological perspective. The historical and contemporary relationships among work, time, lifestyles, and leisure are analyzed. In addition, the course attempts to develop students' viewpoints toward these topics in order that they formulate a philosophy of leisure. Required of all majors.
- 501-3      **PERSONNEL IN LEISURE SERVICES.** This course will examine administrative issues regarding personnel in leisure delivery systems. Topics include: leadership theory, selection and training, legislation, collective bargaining, motivation, performance appraisal, power and gender.
- 502-3      **REVENUE PRODUCTION FOR LEISURE SERVICE ORGANIZATIONS.** An integrative view of revenue production for leisure service organizations.

Numerous practices of generating income, such as fees and charges, facility rental, bonds, investments, and public/private cooperative development will be examined in relationship to their ability to aid an organization in achieving its stated objectives.

- 503-3 **MANAGING AND MARKETING LEISURE SERVICES.** An examination of the critical functions of a manager in public and private leisure service organizations. Particular topics include goal and policy development, ethics, risk management, fiscal management, and facility operations. Special attention is given to the leisure service manager's role in marketing recreation.
- 508-3 **TRENDS AND GLOBAL ISSUES IN LEISURE SERVICES.** This course will study the various issues and trends that affect leisure delivery systems. This course will be the culminating seminar for graduate students in Recreation. Prerequisite: 500, 501, 502, 550.
- 524-3 **PROFESSIONAL SKILLS IN THERAPEUTIC RECREATION.** This course focuses on professional skills necessary at the administrative and supervisory level. Program and staff development, conference presentations, and inservice training, grantsmanship, article writing, budgeting, consultation, and public relations comprise the core of the course.
- 525-3 **RECREATION FOR SPECIAL POPULATIONS.** Planning, organizing, selecting, evaluating, and adapting activities to a variety of institutional and community settings. Prerequisite: 500 or consent of department.
- 526-3 **SEMINAR IN CURRENT ISSUES IN THERAPEUTIC RECREATION.** This course focuses on current issues in therapeutic recreation services including credentialing, accreditation, professional associations, legislation, research, and other relevant issues.
- 550-3 **RESEARCH IN RECREATION.** Critical analysis of the most significant research studies in park and community, special populations, commercial and outdoor recreation. Prerequisite: 500.
- 560-9 **SEMINAR IN RECREATION (3 credits per topic).** Major issues, trends, and cultural, economic and social significance in (a) park and community, (b) therapeutic recreation and individuals with disabilities, and (c) commercial recreation. Prerequisite: 500 or consent of department.
- 565-3 **ENVIRONMENTAL ISSUES IN OUTDOOR EDUCATION.** Seminar in environmental issues and problems that affect outdoor recreation. Content includes history of the environmental movement in relation to outdoor recreation, and specific problems affecting recreation on national parks, forests, and wildlife refuges.
- 575-1 to 6 **INDIVIDUAL RESEARCH.** Selecting, investigating, and writing a research

topic under the personal supervision of a member of the department. Designed to help the student to develop ability to design, conduct, analyze, and interpret research related to the problem of leisure. Not more than three hours may count toward master's degree. Prerequisite: consent of instructor.

- 580-1 to 6     **READINGS IN LEISURE AND RECREATION.** Readings in selected topics in leisure and recreation under staff supervision. Not more than three hours may count toward master's degree. Prerequisite: consent of instructor.
- 596-1 to 6     **FIELD WORK IN RECREATION.** Field work in an approved recreation department. Field work is in the student's field of interest. Supervision under approved agency officer in charge and a member of the department. Prerequisite: major in recreation and permission of the department.
- 599-1 to 3     **THESIS.** Prerequisite: consent of department.

### Important Phone Numbers

Admissions & Records	453-4381	Office of Transitional Programs	536-2338
Bursar	453-2221	Parking Division	453-5369
Counseling Center	453-5371	Police	453-2381
Dept of Rehabilitation Services	453-3434	Emergency	911
Disability Support Services	453-5738	Recreation Center	536-5531
College of Education & Human Services		Student Health Programs	
Dean's Office	453-2415	Appointments	536-2391
Student Services	453-2354	Dial-a-Nurse	536-5585
Advisement	453-6340	Immunization Office	453-4454
Financial Aid	453-4334	University Career Services	
Health Education & Recreation	453-4331	Career Development	536-7528
or	453-2777	Placement	453-2391
Housing	453-2301	Testing Services	536-3303
Library (Circulation Desk)	453-2531	Veterans Educational Services	453-2791