

# 2021 NURSE DAY AT THE CAPITOL

Feb. 8 | Virtual Event

#TXNurseDay



TEXAS NURSES  
ASSOCIATION

# WELCOME TO TNA'S NURSE DAY AT THE CAPITOL!

Today is an exciting day — you join nurse colleagues from across the state to learn about nursing's legislative agenda for the 87th session.

Thank you for joining hundreds of nurses from across the state to advocate for our policy agenda with one strong voice. Though not gathered under the Capitol dome this year, our message is no less united and powerful as we connect virtually with policy makers to advance legislative interests to benefit nurses and the Texans we serve. Your presence with us today makes a difference!

We hope you gain perspective of opportunities you have to engage with TNA, leverage your influence and advance the health of Texans.

Previous participants have said that attending this event has been pivotal in their professional career — providing them a window into a whole new avenue of nursing influence and advocacy to improve patient care. We hope you share this experience and continue your involvement in TNA long after today.

Thank you for participating in TNA's Nurse Day at the Capitol!

Sincerely,



Tammy Eades, DNP, MSN,  
RN  
*President*



Cindy Zolnierek, PhD, RN,  
CAE  
*Chief Executive Officer*

# AGENDA

## FEBRUARY 8, 2021

### 1 – 1:15 P.M. WELCOME

Tammy Eades, DNP, MSN, RN  
President, Texas Nurses Association

### 1:15 – 1:50 P.M. KEYNOTE: TEXAS' PUBLIC HEALTH LANDSCAPE

John Hellerstedt, MD  
Commissioner  
Texas Department of State Health Services

#### STAY INFORMED!

Follow  
@TXNursesLege.  
Use #TXNurseDay.

### 1:50 – 2 P.M. BREAK

### 2 – 2:45 P.M. NURSING'S ROLE IN HEALTH POLICY

Serena Bumpus, DNP, MSN, RN  
Director of Practice, Texas Nurses Association

### 2:45 – 3:30 P.M. NURSING'S LEGISLATIVE AGENDA

Kevin Stewart, JD  
Political Consultant

#### ALSO FOLLOW:

@Texans4HCAccess  
@DonnaHowardTX  
@StephanieKlick

### 3:30 – 3:40 P.M. BREAK

### 3:40 – 4:30 P.M. LEGISLATIVE PANEL

Moderator: Todd J. Bailey, MS, BSN, RN, NEA-BC  
Chair, TNA Government Affairs Committee

Donna Howard  
Texas House of Representatives

Stephanie Klick  
Texas House of Representatives

#### SEND US A PIC!

Email your Nurse  
Day picture—with  
your pin—to [editor@  
texasnurses.org](mailto:editor@texasnurses.org).

### 4:30 P.M. CLOSING REMARKS

Cindy Zolnierak, PhD, RN, CAE  
Chief Executive Officer, Texas Nurses Association

# THANK YOU TO OUR SPONSORS

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## PREMIUM

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# UT Southwestern Medical Center



Texas  
Wesleyan  
UNIVERSITY

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## GENERAL

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**TEXAS**  
Health and Human  
Services

Texas Department of State  
Health Services



Health  
School of Nursing



UNIVERSITY OF  
**TEXAS**  
ARLINGTON  
ONLINE



TEXAS  
PEER ASSISTANCE  
PROGRAM FOR NURSES

**South**  
UNIVERSITY<sup>SM</sup>

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Austin, Texas

# ONLINE RESOURCES

## READY TO GET INFORMED?

[Read the Nursing Legislative Agenda Coalition's 2021 agenda](#)

[Read TNA's policy positions, value statements and issue briefs](#)

[Legislative Process](#)

[Legislative Process Infographic](#)

[Legislative Glossary](#)

[How to Follow a Bill](#)

Congressional webcasts

[Texas Senate Live](#)

[Texas Senate Recordings](#)

[Texas House Live](#)

[Texas House Recordings](#)

Access all these links and more in our online [Advocacy Toolkit](#).

## READY TO ADVOCATE?

Talk to TNA to see how you could best get involved and to make sure your advocacy supports TNA and NLAC strategy.

[Do's and Don'ts for Meeting Your Legislator](#)

[Tips for Writing to Your Legislator](#)

[Tips for Being a Resource](#)

[Talking Politics in the Workplace](#)

[Building Grassroots](#)

[Do's and Don'ts for Media Interviews](#)

You can also find these resources in the mobile app under Guides as [Advocacy Toolkit](#).

## OTHER WAYS TO GET INVOLVED

Attend [more events](#) with TNA, include free monthly [Nurse Talks](#).

Follow bills and communicate with lawmakers in the [Nurse Action Center](#).

Advocate online using the [Social Media Ambassador's Guide](#).

Take the next step and run for office with the [Nurses in Office Toolkit](#).

Become a [GAC Liason or Issue Advisor \(formerly Expert Advisors\)](#).

# KEYNOTE SPEAKER

## **JOHN HELLERSTEDT, MD**

Commissioner, Texas Department of State Health Services

Dr. Hellerstedt took on the role of Commissioner of the Texas Department of State Health Services in January 2016. He earned his medical degree from the University of Pittsburgh and completed his general pediatrics residency at The University of Texas-San Antonio Health Science Center. After 18 years working as a pediatrician at the Austin Regional Clinic, Hellerstedt entered public service as the medical director of the Bureau of Medicaid Managed Care and CHIP at the Texas Department of Health in 2000 and became the medical director for the Medicaid CHIP Division of the Health and Human Services Commission in 2001. He shifted to a role as vice president of medical affairs and associate chief medical officer at Dell Children's Medical Center of Central Texas, then becoming associate chief medical officer at Seton Family of Hospitals in 2009 and chief medical officer in 2013.

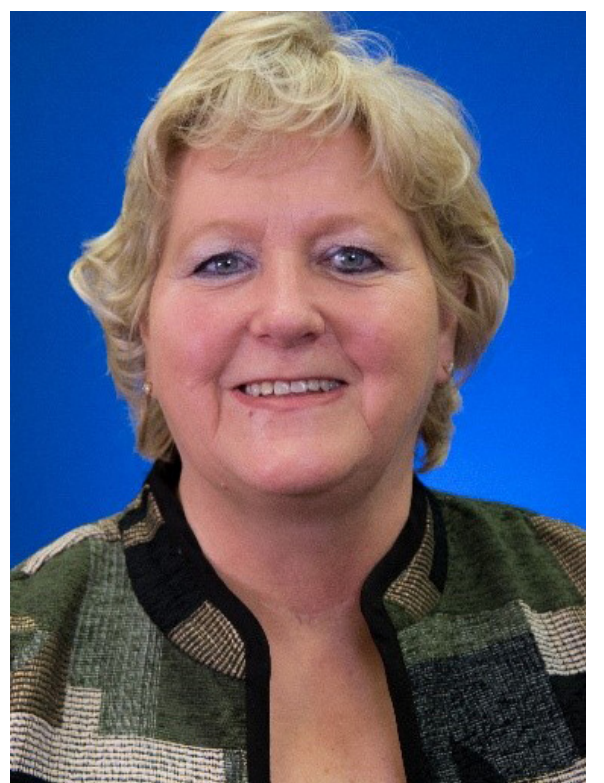


# PRESENTERS

## **TAMMY EADES, DNP, MSN, RN**

President, Texas Nurses Association

Dr. Eades is the coordinator for RN-BSN operations and campus-based and online RN-BSN teaching for The University of Texas at Arlington. Her professional experience includes women's services, emergency room care, critical care and med-surg. In addition to serving as chief nursing officer, she has held leadership roles in emergency room, intensive care



unit and med-surg management. Eades served in the United State Navy Reserve as an officer in the Nurse Corps. She received her Doctorate of Nursing Practice in administration at Texas Christian University, her master's in nursing management and administration at West Texas A&M University, and her Bachelor of Science in Nursing at Texas Tech Health Science Center School of Nursing. In addition to serving as the Texas Nurses Association president from 2020 to 2022, she is a member Sigma Theta Tau, American Nurses Association, American Organization of Nurse Leaders and Texas Organization of Nurse Leaders.

## **CINDY ZOLNIEREK, PHD, RN, CAE**

Chief Executive Officer, TNA

As chief executive officer of Texas Nurses Association, Dr. Zolniererek leads the strategic operations of the Texas Nurses Association, a professional membership organization of registered nurses that empowers Texas Nurses to advance the profession. She is active in policy development and negotiating legislative approaches to address nursing's agenda. Zolniererek's nursing career spans advanced practice, chief nurse executive and academic roles. She has authored numerous publications focusing on nursing practice, advocacy and care of persons with serious mental illness. She earned her PhD in nursing from The University of Texas at Austin where she was recognized as the outstanding doctoral student, her master's in adult psychiatric-mental health nursing from Wayne State University and her Bachelor of Science in Nursing magna cum laude from University of Detroit – Mercy.



## **SERENA BUMPUS, DNP, MSN, RN**

Director of Practice, TNA

Dr. Bumpus currently serves as director of practice for Texas Nurses Association where she is responsible for monitoring, evaluating and responding to evolving issues affecting nursing practice and policy in Texas. Bumpus's nursing career spans over 18 years where she has held various positions from staff nurse to Regional Director of Nursing, all in the acute care



hospital setting. She earned her Doctorate of Nursing Practice in executive leadership from Texas Tech University Health Science Center School of Nursing, also where she earned her Bachelor of Science in Nursing and Master of Science in Nursing administration.

## **KEVIN STEWART, JD**

Political Consultant

Stewart is an attorney and political consultant based out of Austin. He attended The University of Texas at Austin for both his undergraduate and law degrees, focusing his studies on health law, the legislative process and statutory interpretation. He works with a handful of nursing organizations, and he has worked with Texas Nurses Association since 2015.

Stewart is also the author of the *Texas Legislative Law Handbook* and a member of the Legislative and Campaign Law Section of the State Bar.



# **PANELISTS**

## **DONNA HOWARD**

Texas House of Representatives

Representative Donna Howard has served in the Texas House of Representatives since 2006. She is a member of the House Appropriations Committee and sits on its Article III Subcommittee, which oversees education spending in the state budget. Donna serves as vice chair of the House Administration Committee and is also a longtime member of the Higher Education

Committee. A native of Austin, Donna earned a bachelor's degree in nursing and a master's degree in health education from The University of Texas. She worked as a critical care nurse at Brackenridge and Seton hospitals, and served as Austin's first hospital-based Patient Education Coordinator. Howard is a past





president of the Texas Nurses Association (District 5) and was a health education instructor at UT.

## STEPHANIE KLICK

Texas House of Representatives

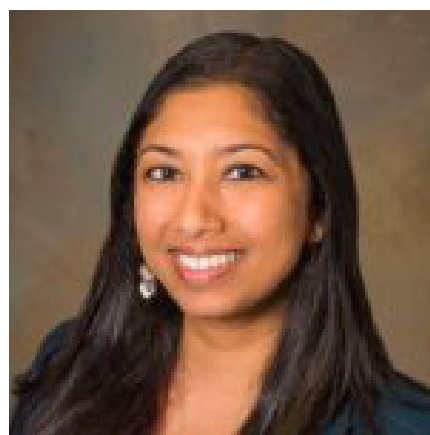
Stephanie Klick represents House District 91, which includes the cities of North Richland Hills, Richland Hills, Haltom City, Watauga, and portions of Fort Worth, and is the chair of the Public Health Committee. She was raised in northeast Tarrant County and serves her community in numerous capacities. She currently works as a nursing consultant and graduated from Texas Christian University with a Bachelor of Science in Nursing. In total, Rep. Klick has over 30 years of nursing experience. Rep. Klick currently serves on the Expert Vaccine Allocation Panel (EVAP) at the Department of State Health Services.



## SPECIAL THANKS TO:



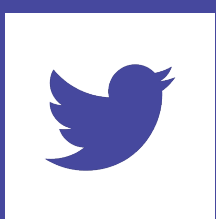
Todd J. Bailey,  
MS, BSN, RN,  
NEA-BC



Kanaka  
Sathasivan,  
MPH

## STAY CONNECTED!

Find updates at [texasnurses.org](https://texasnurses.org). Follow TNA on social media:



Not a member? Sign up for the non-member newsletter at [texasnurses.org/aboutTNA](https://texasnurses.org/aboutTNA)

# 2021 SENATE COMMITTEES

## KEY FOR NURSING

### HEALTH & HUMAN SERVICES

Chair: Lois W. Kolkhorst  
Vice Chair: Charles Perry  
César Blanco  
Dawn Buckingham  
Donna Campbell  
Bob Hall  
Borris L. Miles  
Beverly Powell  
Kel Seliger

### HIGHER EDUCATION

Chair: Brandon Creighton  
Vice Chair: Royce West  
Brian Birdwell  
César Blanco  
Borris L. Miles  
Angela Paxton  
Drew Springer  
Larry Taylor  
Judith Zaffirini

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Vice Chair: Robert Nichols  
Donna Campbell  
Brandon Creighton  
Nathan Johnson  
José Menéndez  
Angela Paxton  
Charles Schwertner  
John Whitmire

### FINANCE

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Vice Chair: Eddie Lucio, Jr.  
Paul Bettencourt  
Dawn Buckingham  
Donna Campbell  
Brandon Creighton  
Kelly Hancock  
Joan Huffman  
Lois W. Kolkhorst  
Robert Nichols  
Charles Perry  
Charles Schwertner  
Larry Taylor  
Royce West  
John Whitmire

### EDUCATION

Chair: Larry Taylor  
Vice Chair: Eddie Lucio, Jr.  
Paul Bettencourt  
Bob Hall  
Bryan Hughes  
José Menéndez  
Angela Paxton  
Charles Perry  
Beverly Powell  
Charles Schwertner  
Royce West

# 2021 HOUSE COMMITTEES

## KEY FOR NURSING

### **PUBLIC HEALTH**

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Vice Chair: R. D. "Bobby" Guerra

Steve Allison

Liz Campos

Garnet Coleman

Nicole Collier

Jacey Jetton

Tom Oliverson

Four Price

Reggie Smith

Erin Zwiener

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Vice Chair: Gina Hinojosa

Lacey Hull

Stephanie Klick

Thresa "Terry" Meza

Victoria Neave

Candy Noble

Toni Rose

Matt Shaheen

### **HIGHER EDUCATION**

Chair: James B. Frank

Vice Chair: Gina Hinojosa

Lacey Hull

Stephanie Klick

Thresa "Terry" Meza

Victoria Neave

Candy Noble

Toni Rose

Matt Shaheen

### **INSURANCE**

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Jessica González

Lacey Hull

Celia Israel

Mayes Middleton

Dennis Paul

Ramon Romero

Scott Sanford

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Vice Chair: J. M. Lozano

Alma Allen

Steve Allison

Keith Bell

Diego Bernal

Brad Buckley

Mary E. González

Dan Huberty

Ken King

Thresa "Terry"

Meza

James Talarico

Gary VanDeaver

### **APPROPRIATIONS**

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Vice Chair: Mary E. González

Trent Ashby

Cecil Bell

Giovanni

Capriglione

Jay Dean

Alex Dominguez

Gary Gates

Justin Holland

Donna Howard

Ann Johnson

Jarvis D. Johnson

Julie Johnson

Ina Minjarez

Geanie W. Morrison

John Raney

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Matt Schaefer

Carl O. Sherman, Sr.

Lynn Stucky

Ed Thompson

Steve Toth

Gary VanDeaver

Armando Walle

Terry M. Wilson

Gene Wu

Erin Zwiener

The background of the entire graphic is a dark blue, semi-transparent image of the Texas State Capitol building in Austin, Texas. The building's iconic dome and classical architectural details are visible through the blue overlay.

# **TEXAS DEPARTMENT OF STATE HEALTH SERVICES MATERIALS**

**VISIT [TEXASNURSES.ORG/COVID19](https://www.texasnurses.org/covid19)  
FOR MORE INFORMATION**

# Three Steps to Help Inform the Public About Your COVID-19 Vaccine Supply

- 1. On your website, place a prominent message that provides regularly updated information regarding your current supply of vaccines, for example:**

“The COVID-19 vaccine is currently (available/unavailable) at our facility. We (are/aren’t) accepting applications (and/or) appointments for COVID-19 vaccinations at this time. Please check our website regularly for up-to-date information.”

“We will be offering the COVID-19 vaccine within the next few weeks. We will send you an email notification with vaccine registration information and available appointment times once we receive a supply of vaccines.”

“We expect to receive second doses of the (Pfizer/Moderna) vaccine within (time period). When we receive the second doses, we will contact you via (method of contact). Additionally, if you are registered for v-safe (a free smartphone app from the CDC), the app will notify you of your appointment for receiving the second dose of the vaccine.”

“Currently, only people meeting the requirements of Phase 1A or 1B are eligible to be vaccinated. To check your eligibility requirements, please visit <https://www.dshs.texas.gov/coronavirus/immunize/vaccine/>

- 2. Email your patients with up-to-date information about your current status and reassure them that you will continue to provide updates on vaccine availability and/or changes to the vaccine administration process.**
- 3. Share the following links with your patients via your preferred contact method:**

For the most up-to-date COVID-19 vaccine information:

<https://www.dshs.texas.gov/coronavirus/immunize/vaccine.aspx>

An interactive map of Texas with providers’ vaccine availability and contact information across the state:

<https://tdem.maps.arcgis.com/apps/webappviewer/index.html?id=3700a84845c5470cb0dc3ddace5c376b>



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<https://tdem.maps.arcgis.com/apps/webappviewer/index.html?id=3700a84845c5470cb0dc3ddace5c376b>



# COVID-19 2<sup>nd</sup> Dose Reminders

**Make an appointment to receive the second dose within the recommended waiting period (details below).**

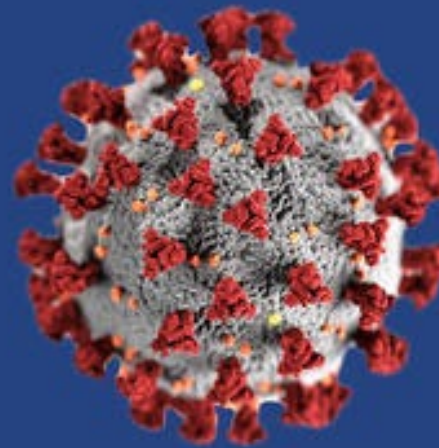
To make sure that you complete the COVID-19 immunization process, **remember to schedule an appointment with your provider** to receive the second dose of the vaccine within the recommended waiting period. The waiting period for the Pfizer vaccine is 21 days, and the waiting period for the Moderna vaccine is 28 days. **IMPORTANT:** Your second dose must be from the **same manufacturer** as your first dose.

**Register for v-safe using your smartphone.** To learn how to register as well as the available features and benefits of v-safe, including reporting side effects and receiving notifications about your second dose appointment, please visit: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/safety/vsafe.html>

**Continue using preventative actions for the safety of yourself and others.** Until more Texans get vaccinated, the spread of this life-threatening virus will continue. To protect your family, friends, and neighbors, you need to keep up what you were doing before being vaccinated:

- **Wash Up** – Keep washing your hands frequently with soap and warm water.
- **Mask Up** – Wearing a mask when out in public or around people outside of your home is still one of the best ways to prevent the spread of COVID-19.
- **Give yourself some space** – Social distancing is still socially acceptable—and necessary! Practice staying 6 feet away from others when outside of your home.
- **Remember to Get All of Your Recommended Vaccinations** – Many families are forgetting to schedule appointments for non-COVID-related vaccinations during the pandemic. Ask your healthcare provider when you and your loved ones can get immunized for all vaccine-preventable diseases.

# COVID-19 Vaccines: Safety, Efficacy, and Adverse Events



## Safety

The U.S. vaccine safety system ensures that all vaccines are as safe as possible. Safety is a top priority while federal partners work to make COVID-19 vaccines available. The COVID-19 vaccines on the market have been tested in large clinical trials to make sure they meet safety standards. Many people were recruited to participate in these trials to see how the vaccines offer protection to people of different ages, races, and ethnicities as well as those with different medical conditions. The data from the clinical trials for both the Moderna and Pfizer vaccines show that there were no cases of vaccine-associated enhanced disease or vaccine-related deaths.

For further information, please visit:

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/safety.html>.

## Efficacy

Clinical trials provided data on the efficacy of the Moderna and Pfizer vaccines in preventing COVID-19. The efficacy rate of the Moderna vaccine was 94.1%, while the efficacy rate of the Pfizer vaccine was marginally higher at 95%.

For more information on efficacy by vaccine, please visit:

Pfizer vaccine: <https://www.cdc.gov/vaccines/acip/recs/grade/covid-19-pfizer-biontech-vaccine.html>

Moderna vaccine: <https://www.cdc.gov/vaccines/acip/recs/grade/covid-19-moderna-vaccine.html>

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TEXAS  
Health and Human  
Services

Texas Department of State  
Health Services

[dshs.texas.gov](https://dshs.texas.gov)



# COVID-19 Vaccines: Safety, Efficacy, and Adverse Events

Continued from front page

## Adverse Events/Side Effects

Clinical trials also provided important data on adverse events (or side effects) caused by both vaccines. The most common side effects for each vaccine were pain at the injection site, fatigue, and headaches, respectively. For the Pfizer vaccine, 9% of vaccine recipients versus 2% of placebo recipients reported severe but non-life-threatening side effects. For the Moderna vaccine, 22% of vaccine recipients versus 4% of placebo recipients reported severe but non-life-threatening side effects following either dose 1 or dose 2. No life-threatening or fatal side effects have been reported for either vaccine.

For a full list of adverse events and rates of occurrence by vaccine, please visit:

- Pfizer vaccine: <https://www.cdc.gov/vaccines/covid-19/info-by-product/pfizer/reactogenicity.html>
- Moderna vaccine: <https://www.cdc.gov/vaccines/covid-19/info-by-product/moderna/reactogenicity.html>

The CDC has issued updated guidance on allergic reactions associated with COVID-19 vaccines. Please visit the following link for more details:  
<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/safety/allergic-reaction.html>.

## VAERS

VAERS is a national vaccine safety surveillance program run by the CDC and FDA. VAERS serves as an early warning system to detect possible safety issues with US vaccines by collecting information about adverse events (possible side effects or health problems) that occur after vaccination. There are 2 ways to submit a report to VAERS: online at <https://vaers.hhs.gov/esub/index.jsp> or download and complete a Writable PDF Form and then upload the form to the same website (<https://vaers.hhs.gov/esub/index.jsp>).

If you need further assistance, please email [info@VAERS.org](mailto:info@VAERS.org) or call 1-800-822-7967.



# COVID-19 Vaccine Safety: A Helpful FAQ

## Safety of the Vaccine

### **Question: “How do we know if COVID-19 vaccines are safe?”**

Answer : COVID-19 vaccines were tested in large clinical trials to make sure they meet safety standards. Many people were recruited to participate in these trials to see how the vaccines offer protection to people of different ages, races, and ethnicities as well as those with different medical conditions. Additionally, both the Food and Drug Administration (FDA) and Advisory Committee on Immunization Practices (ACIP) review all safety data before recommending any COVID-19 vaccine for use and determined that the expected benefits outweigh the potential risks.

### **Question: “Can it make my illness worse if I do end up getting COVID-19?”**

Answer: Both this disease and the vaccines are new. We don't know how long protection lasts for those who become infected or those who are vaccinated. What we do know is that COVID-19 has caused very serious illness and death for a lot of people. If you get COVID-19, you also risk giving it to loved ones who may get very sick. Getting a COVID-19 vaccine is a safer choice.

### **Question: “Can it make you sick?”**

Answer: Most people do not have serious problems after being vaccinated. However, the arm that's injected may be sore, red, or warm to the touch. These symptoms usually go away on their own within one week. Some people have reported getting a headache or fever when getting a vaccine. These side effects are a sign that your immune system is doing what it is supposed to do. It is working and building up protection to disease.

### **Question: “How do we know that these vaccines are safe when they are so new?”**

Answer: COVID-19 vaccines have been and continue to be tested in large clinical trials to assess their safety. However, it will take time and more people getting vaccinated before we learn about very rare or long-term side effects. That is why safety monitoring will continue. CDC has an independent group of experts that reviews all the safety data as it comes in and provides regular safety updates. If a safety issue is detected, immediate action will take place to determine if the issue is related to the COVID-19 vaccines as well as the best course of action.

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# COVID-19 Vaccine Safety: A Helpful FAQ

Continued from front page

## Common Myths

**Myth: You can get COVID-19 from the vaccine.**

Fact: None of the authorized and recommended COVID-19 vaccines or COVID-19 vaccines currently in development in the United States contain the live virus that causes COVID-19. This means that a COVID-19 vaccine **cannot** make you sick with COVID-19.

**Myth: The COVID-19 vaccine alters your DNA.**

Fact: The mRNA from a COVID-19 vaccine never enters the nucleus of the cell, which is where our DNA is kept. This means the mRNA cannot affect or interact with our DNA in any way. Instead, COVID-19 mRNA vaccines work with the body's natural defenses to safely develop immunity to disease.

**Myth: After getting a COVID-19 vaccine, I could test positive for COVID-19 on a viral test.**

Fact: Neither the recently authorized and recommended vaccines nor the other COVID-19 vaccines currently in clinical trials in the United States can cause you to test positive on viral tests, which are used to see if you have a current infection.

**Myth: If you have already had COVID-19, you don't need to get the vaccine.**

Fact: Those who have contracted and recovered from COVID-19 still need to get the vaccine. Due to the severe health risks associated with COVID-19 and the fact that re-infection with COVID-19 is possible, vaccine should be offered to you regardless of whether you already had COVID-19 infection. CDC is providing recommendations to federal, state, and local governments about who should be vaccinated first.

**Myth: Do not get the COVID-19 vaccine if you plan on having a baby.**

Fact: People who want to get pregnant in the future may receive the COVID-19 vaccine.

Source: Centers for Disease Control and Prevention



Texas Department of State  
Health Services

[dshs.texas.gov](https://dshs.texas.gov)

# Texas Department of State Health Services (DSHS) COVID-19 Resources

We Are Here



**The vaccine can save your life.** But vaccinated or not, everyone needs to keep wearing a mask and social distancing.

Vaccine supply is still limited as Texas receives more each week.



Wash hands with soap and water.



Wear a face covering.



Cover coughs and sneezes.



Avoid touching face.



Disinfect often touched surfaces.



Stay 6 feet apart.

## How to Sign Up for a COVID-19 Vaccine in Texas

People can sign up with a vaccination hub or a community vaccine provider.

★ **Sign up with a vaccination hub. Hubs are available across the state**

- Find a hub near you by checking [dshs.texas.gov/coronavirus](https://dshs.texas.gov/coronavirus). Sign up on the hub's website or by calling if a website isn't available.
- Hubs may have long waiting lists. Do not sign up on multiple waiting lists or vaccine could be wasted.
- You can get a vaccine at any hub, regardless of where you live.

★ **Sign up with a community vaccine provider**

- Local vaccine providers, like pharmacies, may have vaccine available.
- Use the Texas COVID-19 vaccine provider map to find a provider near you with vaccine available.
- Check the provider's website for how to best sign up for a vaccine. Call only if the provider's website doesn't answer your question.

**Who can get a vaccine:**

Front-line healthcare workers

People 65 and older

People 16+ with a health condition that increases risk of severe COVID-19 illness

**Reminders:**



**DON'T JUST SHOW UP**  
Do not show up at a vaccine provider without first signing up or checking the provider's instructions for vaccination.



**BE PATIENT - SUPPLY IS LIMITED**  
Vaccine supply is limited. Do not expect every provider to have vaccine available. Texas gets more vaccines each week.



**VISIT DSHS WEBSITE** Find vaccination hubs and the Texas COVID-19 vaccine provider map at [dshs.texas.gov/coronavirus](https://dshs.texas.gov/coronavirus).

## General COVID-19 Information

- Centers for Disease Control and Prevention (CDC) COVID-19 main website: [www.cdc.gov/coronavirus/2019-nCoV/](http://www.cdc.gov/coronavirus/2019-nCoV/)
- Case counts in the U.S. and by state (CDC): <https://covid.cdc.gov/covid-data-tracker/#cases>
- Information about COVID-19 in Texas, including [case counts and county-level information](https://dshs.texas.gov/coronavirus), FAQs, etc.: [dshs.texas.gov/coronavirus](https://dshs.texas.gov/coronavirus)
- Symptoms of COVID-19 (DSHS): [dshs.texas.gov/coronavirus/#symptoms](https://dshs.texas.gov/coronavirus/#symptoms)
- Self Checker on Texas Health Trace: <https://txctt.force.com/ct/s/assessment>
- People at an increased risk for severe illness (CDC): [www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/index.html](http://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/index.html)
- Mental health resources (DSHS/HHSC): [dshs.texas.gov/coronavirus/mental-health.aspx](https://dshs.texas.gov/coronavirus/mental-health.aspx)

## COVID-19 Vaccine Information

- Information about vaccine in Texas, including FAQs, who is eligible, map of vaccine providers, etc. (DSHS): [dshs.texas.gov/coronavirus/immunize/vaccine](https://dshs.texas.gov/coronavirus/immunize/vaccine)
- [Map of vaccination providers](https://dshs.texas.gov/coronavirus/immunize/vaccine) in Texas (TDEM/DSHS)
- Visit DSHS for list of [vaccination hubs](https://dshs.texas.gov/coronavirus/immunize/vaccine) in Texas (DSHS)
- [COVID-19 Vaccine in Texas Dashboard](https://dshs.texas.gov/coronavirus/immunize/vaccine) that shows how the vaccine has been distributed in Texas (DSHS)

## Answer the call, Texans!

If you're sick or were exposed to COVID-19, you may get a call from a contact tracer. The call will show on your phone as “Tx Health Dept” or 1-833-753-0909. They will never ask for your social security number or credit card information – never share financial info. Please answer the call to help stop the spread.

**For more information:**

**Email:** [coronavirus@dshs.texas.gov](mailto:coronavirus@dshs.texas.gov)

**Phone:** Dial 2-1-1, then choose Option 6