

# Crusader Chronicle

John F. Kennedy Catholic School Student Publication

2015-16 Quarter 3 Issue

#### What is Catholic Schools Week

By: Dawsen D., Halli W., Nadia P., Justin S., and Sam L.

Have you wondered what Catholic Schools Week is? Catholic Schools Week is when all the Catholic schools get together and celebrate God and being Catholic. National Catholic Schools Week is the annual celebration of Catholic education in the United States. To get an idea about what Catholic Schools Week is, several people were interviewed.

During an interview with Ava S., a fifth grader, she said that her favorite thing about Catholic Schools Week was the talent shows. She had a fun and exciting idea to celebrate Catholic Schools Week and to have fun. She said we should get a petting zoo next year. Her idea about the petting zoo is so we can raise money for the school and let kids have fun at the same time.

Hunter K, an eighth grader, said that he likes going to church and celebrating being Catholic. Hunter's favorite thing about Catholic Schools Week is the eighth grade vs. staff volleyball games. Hunter likes to celebrate with friends and family. He said that we celebrate at church, school, and home.

JFK's principal, Mr. Steimle, said his favorite part about Catholic Schools Week is the Assumption Mass. He said the reason why we celebrate Catholic Schools Week is to remember the traditions, honor God, and celebrate at mass.

Catholic Schools Week in 2016 was a big success. Everyone had a great time celebrating with one another and going to the Masses. It was really fun celebrating with everyone and doing all the activities. Next year will be a year filled with fun and exciting new things and hopefully new people too. We are also looking forward to see if there will be any new activities. See you next year!

# Bring a Friend to Lunch

By Noah C, Anna P, Kadren H, Owen S.

Bring a Friend to Lunch is when students are able to bring in a parent, relative, or a friend for lunch during Catholic Schools Week.

After lunch, some of the parents and friends went to the book fair. Also the kids have fun being with their parents and being at Bring a Friend to



Lunch. All students have the opportunity to bring our friends to JFK because we don't get to do it often. They get to sit wherever they want with their family and friends. Your family doesn't have to bring their own lunches, they can just buy the school lunch.

While talking to Mrs. Ash, JFK's head cook, she said that the kitchen feels like 1,000 degrees on this special day. The cool air doesn't help when you are running around and are continuously moving. To make Bring a Friend to Lunch possible, Mrs. Ash gets the food from Martin Brothers and it takes three hours to prepare. This year for lunch it was a bacon chicken wrap. Many students and friends decided to purchase lunch on this day. Mrs. Ash says, "It is also hard work in there to feed about four hundred children everyday". Because of the amount of people there were tables set up in the gym, too.

When it comes to Bring a Friend to Lunch day, students at JFK have different points of view. While interviewing the many students who brought a friend, here are some comments which were made: Camden B. said she brought her dad and her brother and enjoyed her time with them; Adlin C. brought her dad because she doesn't like to eat with strangers and Sam L. brought his mom because she had never attended Bring a Friend to Lunch before.

Bring a Friend to Lunch is a great way to have lunch during a special week. From all the talking in the cafeteria and gym to the packed Book Fair, this year's Bring a Friend to Lunch looked like it was a success.

#### JFK's Got Talent

By: Jacob A., Grace M., Jacob M., Patrick D., Anna S.

This year's talent show was full of many amazing acts and talents! There were many different varieties of acts including dancing, singing, jokes, artists, musicians, and so much more. Some people could say JFK has talent but we all GOT talent. Kids who weren't participating in the talent show seemed to be interested in all of the acts.

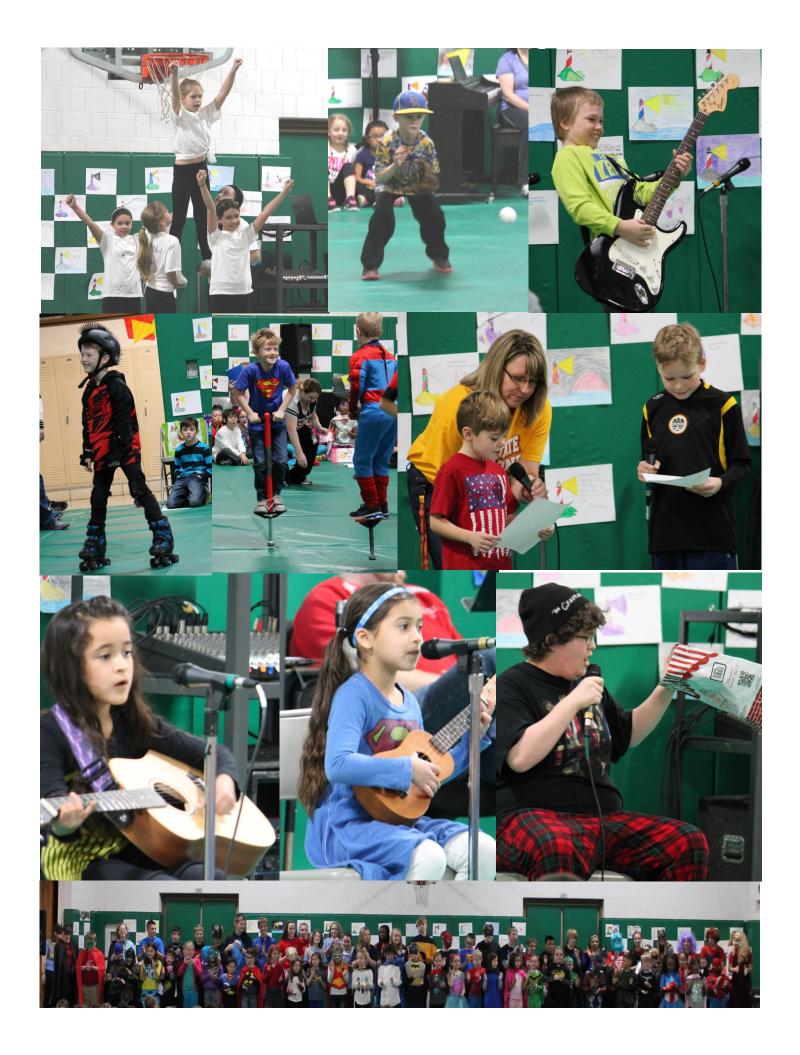
Millie and Wrigley from 2P and KP are two sisters who enjoy singing and playing the guitar and ukulele. They prepared for weeks to come out with a beautiful, heart-warming act. They performed their own version of Bob Marley's *Three Little Birds*. Their hard work paid off in the end and they sounded great!

Cole W. from 1Y, and Ayden W., from 6W, had a great time throwing and catching pop flies. The audience was very fascinated by their baseball skills! Ayden threw pop flies to Cole. Both Ayden and Cole had a fun time practicing together and they looked great!

At JFK, many students play amazing instruments, including our voices! This year's fifth through eighth grade Honor Choirs were amazing! The fifth and sixth grade Honor Choir included Sophia M., Gabe W., Adie C., Brenden K., from fifth grade. Sixth grade included Anna. S., Margaret V., Joshua R., Kimberly W., and Kadren H. They performed a song called, *Pretty Saro*, which is about a girl named Saro, who a peasant is in love, but isn't good enough for what she wants. The song was amazing and, most of all, it was beautiful. Seventh and eighth graders included Matthew V., Jessica H., Annette B., and Joey B. from seventh grade and eighth grade included Stephanie G., Aliya P., Dustin R., and Drew D. They performed a song called, *Send Down the Rain* and *Endless Nights*, which were unique and wonderful songs. Altogether, this year's Honor Choirs were successful!

The talent show would have never happened without our loving music teacher, Mrs. Hinchman! She is very proud of all of the students who participated in the talent show, because it takes lots of courage to perform in front of your peers. If she could choose any place to hold the talent show in the world, she chose Disney World because it's appropriate for all ages and it would be fun! Mrs. Hinchman loved all the different varieties of acts this year. If she were still a kid she would play the piano because she loved to play it and is very good at it. Mrs. Hinchman loved this year's talent show, and can't wait for next year!

All students who participated did a great job! All of the teachers were very proud of all students who performed to show a little bit of who they are, and to let their lights shine! One of Tory Burch's famous quotes is, "One of my greatest talents is recognizing in others and giving them the forum to shine." At JFK, all of us has many different talents, and we let that talent shine.



# Dodgeball 4 Diapers

By: Payton C., Peter P., Josh R., and Colin Y.

Dodgeball 4 Diapers is a tournament which helps raise money for purchasing diapers for people who cannot afford them. The tournament is during Catholic Schools Week. Many students take pride in participating in the Dodgeball 4 Diapers tournament. Each student is willing to pay because it helps people in need. Kids who are born will need diapers when they are

young and don't necessarily have to be potty-trained, but when they get older they notice

they have used a lot of diapers as a child. When many other kids are born in a family, that child is going have to use newspaper because they won't have diapers. That is what Dodgeball 4 Diapers is for. The donated diapers from the earnings go to families that have to use newspapers and other diaper substitutes.

This year, Catholic elementary and middle schools in the Davenport area

were able to purchase 18,330 diapers and 37,600 baby wipes with the money raised. The diapers were donated to Bethany for Children & Families, Humility of Mary Housing, Inc., and Women's

Choice Center of the Quad Cities. JFK ranked second in donations. Mike Frieden, Director of Student Success at AHS, said Assumption was delighted with the results.

JFK has been doing Dodgeball 4 Diapers for many years. This has helped many children in the Quad Cities area. This is also a great way to raise



money while having fun. With such an inexpensive entry fee, more people were able to participate in Dodgeball 4 Diapers. The number of students that participated was over 150 this year.

Mrs. Tilkens said that JFK normally makes around \$500 dollars per year on this project. Mrs. Tilkens said that Mr. Ryan also helps with Dodgeball 4 Diapers and it helps to have him there. A lot of kids have good sportsmanship, and everyone here at JFK has what it takes. Way to go JFK on another great year for Dodgeball 4 Diapers!



# Mass at Assumption

By: Ayden W., Sydney R., Margaret V., and Owen E.

JFK's second through eighth graders had a lot of fun at the All School Mass at Assumption this year. They said that they loved it! It was the second graders' first and Monsignor Parizek's last Mass at Assumption due to his retirement in this coming June. All School Mass at Assumption is a great opportunity for all of the Catholic schools in Davenport and Bettendorf to come and share our faith together.



Mr. Steimle said that there has been Mass at Assumption for at least 25 years. Natalie Imborek in Assumption's campus ministry, the principal of Assumption, Bridget Murphy, and the church planned everything out for the Mass. It is always held at Assumption High School because Assumption is large enough for all of the Catholic schools to come. There are five schools in attendance: JFK, All Saints, Lourdes, St. Paul's, and Assumption High School. For determining who has parts for it, Assumption has a rotation they use every year. They get the students to Assumption by buses which are scheduled weeks in advance.

Monsignor Parizek has been going to Assumption Mass for six to eight years. He concelebrated the Mass at Assumption this year. Monsignor says that the Mass is one place where we can all come together and just be one Catholic school. Since this is also Monsignor's last All School Mass at Assumption, he said he was glad to be there and get to be a part of all of it, but he is also sad that he will not get to be there anymore. He also enjoys just everyone being there and sharing our Catholic education together.

Second graders Tucker M. and Kathleen Y. from 2P said that they were very excited to go to Mass to Assumption. Sophia H. and Abraham P. from 2P liked the Assumption's band, how they showed the lyrics to the songs, and all of the other priests who helped out Monsignor with the Mass. Sophia H. and Abraham P. also liked being blessed and singing.

Eighth graders Hunter K. and Bella M. from 8B loved seeing all the people from the other

schools at the Mass. They said they learned a lot about God. Their favorite part is getting to pray to God with everyone that was there. They were happy to go to Mass and build their faith in God.

The staff and students at JFK all loved going to the Assumption Mass. Mr. Steimle is hoping to expand the grades so that we can bring kindergarten and first grade to the Mass. JFK is glad to be a part of the All School Mass at Assumption!

### Staff vs. 8th Grade Volleyball Games

By: Nick B., Ethan F. Hannah F., and Madalynn M.

BUMP, SET, SPIKE! Teachers take the first point. Every year the staff and eighth grade go head to head in a friendly volleyball game during Catholic Schools Week. The eighth grade teams were chosen by sticks. The staff gets in a line and the first six go out and play, they rotate every time you get the volleyball back off the other team serve.



According to Mrs. Whelchel the best part of playing is seeing how much trash talk and the goofy clothes that the eighth graders were wearing. Teachers and eighth graders had the same game plan which was "to win" the game and to get the volleyball to Mrs. Tilkens and Mrs. Ash. The teachers that played were Mrs. Tilkens, Mr. Ryan, Ms. Burken, Mrs. Ash, Mr. Connors, Mr. Steimle, Mrs. Nicoletto, Mrs. Woerdehoff, Mrs. Geurink, and Mrs. Bauer,



Eighth grades' favorite part of playing was scoring points and celebrating for no apparent reason. Their game plan was the same as the teachers', which was "to win". While playing the game the eighth graders felt that they had way too much confidence in themselves, they also tried very hard. They thought that they were going to win, but they knew the teachers were going to win.

According to Mrs. Tilkens, the best part of playing was winning and having fun. She also thought it was fun to play, because it was fun being able to see what the eighth graders have learned over the years. Mrs. Tilkens wasn't nervous to play but she was eager to win. She thought that the teachers were going to win and she was right.

Mrs. Bauer thought that it was fun playing because of the camaraderie. She said, "We teach-

ers really don't have many opportunities to gather in such large numbers, and have fun together." She thought it was fun to play, even though there was so much pressure because though she isn't athletic, it is her one time of year to play a team sport. Her personal game plan was to focus on her serve. She did feel

very nervous, but she wanted to ace a serve.

The students thought that the game was fun to watch. Most were cheering for eighth grade and the others were cheering for the staff. A seventh grader made a sign to hold up when eighth grade scored for cheering purposes. It was a great time had by all.



#### **ECLC**

By: Reese H., Regan S., Malachi F., and Maxwell R.

Early Childhood Learning Center or ECLC is for children three and four getting ready for preschool and kindergarten. JFK's program has several teachers and aides to help with the children. The teachers and aides



are Mrs. Fox, Mrs. Lystiuk, Mrs. Weiser, and Mrs. Guinn. ECLC is open every weekday from 7:00 a.m. to 5:00 p.m. Teachers in the program are great with the kids. They teach all kinds of subjects such as numbers, the alphabet, coloring, arts and crafts. They also take them outside in the warm weather so they can get some exercise along with nap time to rest and restore their energy.

Everyday students are able to be involved with arts and crafts along with learning. Students learn about many different letters of the alphabet among other fun educational topics. For example in the third quarter they learned about the letter L. Students have snack



time and nap time and can bring snuggle friends to sleep with. Some of the students favorite snacks are Cheez-Its, apples, and chocolate chip granola bars.



ECLC students Eve, Carly, and Luke said they like to play house and color. Arts and crafts are one thing that all students get to do. During the day some of them go off to preschool class and come back until their parents come to get them. ECLC is a great place for younger children to go to get ready for preschool

and kindergarten here at JFK. If you want to know what a fun educational experience is like for younger students, come on down to JFK's ECLC.

#### First Grade

By: Kayla O., Dylan R., Dylan M., Tori T., and Jonathan O.

The first graders are very fantastic from everyone's opinion. Most of the first graders love science, but math and reading are right behind. In math the first graders learned how to add double-digit numbers. Math is very important for the first graders to know, it is in your daily life. It is hard to read without knowing the main idea, and it is a lot better to learn it earlier than later. Ms. Epping said that reading is the most important thing for first grade. She said that, "You need to know how to read because it helps you in every subject."

The first graders went to a play called Junie B. Jones at St. Ambrose and said they had

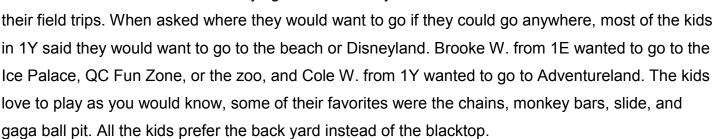
a awesome time. In 1Y, each student had many different favorite parts of the play. Lucas M. said his favorite part was when Junie B. Jones was jumping on the bed. A lot of the kids thought that the bus ride was their favorite part of the whole trip.

Mrs. Youngerman loves teaching. She says the kids are super fun and intelligent. Her favorite subject is reading. Her thoughts about reading were that if you don't know how to read, you can't really do anything. She

thinks math is the hardest subject to teach because everyone is on different levels. Ms. Epping's favorite subject to teach is math; she likes math because there are different things to use. To her the hardest subject to teach is reading because everyone has different takes upon how to say and

understand words. What a coincidence, that the teachers like the opposite subjects! The tip that both the teachers would give to the kindergartners is to try to learn how to read now before you come into first grade because it's one of the most important things you need to know!

The students were saying how much they loved

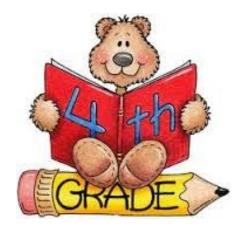


As you see the first graders are fantastic; they are always ready to learn. They always have fun and they are a great group of kids. They are the best first graders ever! They are definitely ready for second grade!

#### Fourth Grade

By: Alyanne B., Conner W., David N., Karis W., and Zach O.

Fourth grade's year has been amazing! They worked on their organ and state projects; all of fourth grade got different states and organs to do. Sam S. got the stomach and explained that people can actually live without a stomach. Olivia R. got the blood, and said you can transport blood. Max S. got the heart and he said it was interesting because it was the size of a pear. Maddy A. got the heart



and she learned that five people have lived without real hearts. Mrs. Furlong and Mrs. Logan really loved seeing the projects.

Fourth grade has gone on a lot of field trips year. They went to the symphony and then went to Happy Joe's afterwards for lunch. They also went to Ridgecrest to celebrate Mass with the



residents and to McDonald's afterwards. Fourth grade has also gone to Mass at Assumption High School along with second through eighth grade during Catholic Schools Week. Soon, they will go back to Assumption High School for a tour of the school. It has been a fun year for fourth grade so far.

Mrs. Logan and Mrs. Furlong love working with kids. Each year, They like getting to know each kid individually. Mrs. Logan said that she became a teacher because she wanted to be like her second grade teacher. Mrs. Furlong became a teacher because she wanted to help

kids learn. Mrs. Furlong likes teaching math and science. She also loves listening to the organ reports. Mrs. Logan loves listening to state reports. It is a very exciting time for them. Due to the new lighting, the classrooms are much brighter! Mrs. Logan and Mrs. Furlong both agree that the new lighting is wonderful. The lighting is way better and a lot better to work in. Mrs. Logan said she loved



the new lighting! With the new lighting, we are letting it shine!

Fourth grade has had an exciting year so far. With Mrs. Logan, Mrs. Furlong, and the students are letting their light shine. Fourth grade is being good examples in our school. Therefore, fourth grade is looking forward to a great finish!

# Super Seventh Grade

By: Ethan J., Brett H., Hope L., Emma A., and Wiley G.

Seventh grade started off the school year with welcoming back Mrs. Whelchel to JFK; an article was written about her during the first quarter. The homeroom teachers for seventh grade this year are Mrs. Whelchel and Ms. Burken. Mrs. Whelchel teaches math and social studies to both seventh grade classes along with math to eighth grade. Ms. Burken loves to teach religion to both 7B and 7W. When Ms. Burken was a kid she loved history. She has been teaching the different Gospels, vocabulary, and helping with Civic Oration.



Mrs. Whelchel loves to teach math the most. Her favorite thing about JFK is the community and small classes. She says that the seventh graders are learning about inequalities, alternative energy sources and equations. Her seventh graders love their computers because they can keep up with their grades. We asked her if they had any field trips planned, she answered with, "We are going to the Herbert Hoover Memorial at the end of the year."

Ms. Burken enjoys teaching religion and when she was a child her favorite subject to learn was history. Seventh grade learned about God's plan and continued their faithful journey in the church in religion class, and were busy working on their civic oration speeches in literature and language classes. The topic for this year's speech contest was Hunger in America. Ms. Burken's favorite thing about JFK is that all the students are kind and caring towards others. When Ms. Burken isn't teaching she likes to spend time with her family, friends and meet new people.

In seventh grade there is always fun and excitement. James W. and Anthony P. said when it comes to favorite subjects they both like math and Anthony especially likes geometry. James says he loves omelet for lunch, and Anthony likes taco and a bag! Also, they both love gym. If they are not at school they both like sports. Anthony says his favorite field trip this year was marching at Assumption High School for band. They both performed a service project, James helped with Parishioners helping Parishioners, and Anthony volunteered at the Pumpkin Run.

Rileigh A. says her favorite school lunch is chicken nuggets. She loves to learn social studies where they are learning about geography. When she isn't at school, she likes to play softball and volleyball. Her favorite thing about JFK is all the nice teachers and friends. Rileigh says she likes having the computers to take around with them. Her service project was helping parishioners at the church.

The seventh graders' service project this year for Lent was participating in the Stations of the Cross at Good Samaritan Nursing Home. This year the seventh grade field trips will include going to the Herbert Hoover Museum towards the end of the year. The only field trip the whole class has gone on is to the Assumption Mass during Catholic Schools Week, however seventh grade band students went to Assumption to march with the Assumption band in the fall. In the last quarter of this year, the band students will go to Adventureland for a day and perform a concert there.

Overall the seventh graders have had a great year. There has been lots of exciting times along with more to come in the school year. Seventh grade is a great grade for fun and learning with two great teachers.

#### Student Council

By: Erica S., Gisella F., Emma D., Ethan B., and JJ S.,

What is your favorite theme day? JFK's Student Council helps to coordinate most the theme days. Mr. Connors helps to run student council and helps to decide what items are at the supply store. In his time at JFK, Mr. Connors says that the twisty eraser is the most popular item at the supply store. Student Council get the supplies for supply store from either online or at some local stores. When student council earns money from supply store they use it to buy supplies for



the next supply store, donate money to Red Cross, the Gala, and to JFK. The supply store usually makes \$150 a month so student council makes an estimated \$1,300.00 every 9 months or one school year. When asked how long he had worked with supply store, Mr. Connors answered he had worked with it for two years.

Elizabeth V. is the student council secretary. She tells us that all of the student council meetings are held on the first Friday of each month. The big event during the month of February was the penny war. The winner for grades K-2 was kindergarten, grades 3-5 was third grade and grades 6-8 was eighth grade. Student council wants to thank everyone for participating in the penny war.

Vince T. is the student council president. He tells us that the next supply store was in the second week of April and the next theme day will also be in April. When we asked him about how he enjoyed being president he answered that it was exciting and fun.

Student Council helps to do a lot around the school. They donate to Toys for Tots, the Gala, and Red Cross among other charities in the local area. It takes the school's opinion on what we do, so whenever you see one of the student council members in the hallway don't forget to thank them for what they do for our school.

#### Pass, Shoot, Score!

By: Braden A., Brandon S., Aimee W., Sydney G., and Kimberly W.

GO, GO, GO, it was a great basketball season! Basketball is a widely popular sport at John F. Kennedy Catholic School. Most of the boys from sixth, seventh and eighth grades have participated in JFK boys basketball this year. At JFK, students play basketball to learn, have fun, and work together.



Most of the sixth and seventh grade boys' basketball games were on weekday evenings. Eighth grade games were usually on weekends held at Assumption. At the end of the season each grade played in a tournament.

Both sixth grade teams started out with a great season. With 22 players in the entire sixth grade, there were 11players on the green team and 11 players on the white team. The coach of the white team was Mr. Arguello, while the coach of the green team was Mr. Harris. Both teams had a total of eight games. The green team won three and lost the other five. While the white team won seven games and lost one, by only one point. Both teams had a great season and hope to play again next year.

Seventh grade also had a great season. They had nine players in all. The seventh grade team was coached by Mr. Terveer, a volunteer student from St. Ambrose.. They won two games and lost the other eight games. Seventh grade played a total of ten games. Jacob D. from seventh grade said his favorite thing about basketball was the "competition."

Eighth grade also had a great season this year. They won two and lost nine games through the season. They had one team this year. They started with eleven players and ended up with eight. They were coached by Mrs. Flynn and Mr. Gillum. The eighth grade had a great season in all and we wish them a great basketball career in the future. Adam E. from eighth grade said his inspiration for basketball was "Just the love for basketball."

JFK students would like to thank Mrs. Tilkens, the coaches, and the parents from all the schools for making it all possible for students to participate in sports. Sixth and seventh grade



students say they can't wait for next year. While with the eighth grade, we hope they can continue this sport in the future and we give them all our hope and luck for the times to come. Every player is very grateful for this wonderful opportunity to play basketball for JFK.

# **Internet Safety**

By: Anastasha M.

Did you know that out of the 56 seventh through eighth grade students surveyed at JFK 1.8% say they don't know what cyberbullying is? Cyberbullying is when bullying occurs online, not to a person's face. Cyberbullying is important and everyone should know about it, especially those using social media where they are able to see and post



mean things online. Of the students who were surveyed about cyberbullying, 67.9% say that cyberbullying is the same as bullying in general. The truth is, it is not. There are many differences to cyberbullying versus bullying like the fact that when cyberbullying occurs the bully is unable to see the reaction of the victim whereas in bullying face to face you can see the hurt in someone's eyes or body language. Also another difference is cyberbullying can happen anytime of the day, but bullying only can happen when the bully and the victim are in contact of each other.

At JFK we are working to reduce cyberbullying and bullying behaviors. In classroom guidance lessons with Mrs. Schott, students learn about internet safety and etiquette. Also at parent nights, presenters share important information about internet safety for moms and dads. When asked if there are or have been problems with cyberbullying at JFK Mrs. Schott responded, "Sometimes, JFK is no different than any other place in the world." Mrs. Schott's advice regarding internet safety is to stay away from anonymous people and websites and to be open and honest with your parents about what you do online so they can help you make good choices. Also Mrs. Schott suggested a few resources for students and parents regarding internet safety such as <a href="https://www.commonsensemedia.org/">https://www.netsmartz.org/Parents</a>, and <a href="https://kidshealth.org/">https://www.netsmartz.org/Parents</a>, and <a href="https://kidshealth.org/">https://www.netsmartz.org/Parents</a>, and <a href="https://kidshealth.org/">https://kidshealth.org/</a>. Furthermore, Mrs. Bauer's advice is to pause and review what is written or photographed before clicking the post, send, and submit buttons.

Thinking twice about posting words and pictures is an important step when online. Keeping that in mind is what can help stop cyberbullying from happening. When asked if should you always think twice about posting words and pictures online, 91.1% of seventh and eighth graders said yes, whereas 8.9% said no. Jessica S. in 8B said "You should always think twice about posting words and pictures online because it can come back to get you." Also in case you didn't know during a job interview the employer may look through your past online profiles and see what you have posted or said. What would your social media say about you?



To keep students safe at JFK the Internet has a web-filter. This web-filtering is done by the Area Education Agency or the AEA. Also Ms. Siefers goes back into the web-filtering and edits it, by adding more websites to it because the AEA doesn't always catch

everything. To help prevent cyberbullying Mrs. Schott tries to understand what happened and why it happened, and helps students repair any damage to their friends. Mr. Steimle and Mrs. Temming determine if disciplinary action is needed and the students who bullied must understand the consequences of their actions.

When you're on the internet and inappropriate things pop up some people don't know what to

do. Tyler G. in 8K said when he was online and saw something disturbing or inappropriate that he just clicked off and blocked the page. When you're online and an anonymous person asks you a question do not respond and tell an adult. Report or block the person and never give out personal information such as your phone number, email, address, school, name, parent's name, age, and social security number. Never meet in person with a stranger you met online unless you have your parents permission and they come with you, for the reason that you might not know them and



they could be different from who they say they are. Also never invite a stranger to come to your house or call you. In addition, use an online name that doesn't reveal your full identity.

Given these facts you should always be safe and cautious online and never interact with a stranger or someone you don't know. Remember that on social media once you post something it's there forever and can be retrieved. Be safe when posting things and never post something that gives away personal information to other people. Keep in mind that cyberbullying is hurtful and can lead to dangerous doings, so be kind online and think about what you say and post on the internet before officially posting it. Last but not least remember God loves you and wants you to be safe wherever you are, not only online, but anywhere. He trusts you'll make good choices not only online but in everyday activities.

#### Advice from JFK Seventh and Eighth graders regarding Cyberbullying

Tell an adult or block the person on social media.

Seek help. Also, try not to fight back, over the internet is a lot more mean than real life (word wise). Screen shot the texts for proof to show someone to get help.

Stay strong and get through whatever their dealing with. Ask for help and support.

I would tell them go to an adult and tell them about what is happening, and I would tell them that they shouldn't take everyone's opinion about them to heart.

Delete the app.

Do not give out ANY private or personal information.

It doesn't matter. Be yourself. They are doing it to get to you, so if you don't show that you care, no matter how hard it is or how long it'll take, it will stop.

Just block and report the person who is doing it. Almost all social media apps have the options to do that. If you don't know the person doing it, just remember that person doesn't know the real you. They only know you by the things you post about yourself. That's not much to go by if it's someone you do know. Tell someone you trust and confront the person doing it.

Whoever is bullying you doesn't know who you really are so don't believe them because the ones who care about you know you're amazing.

Do not pay attention to the bad, you should always look at the good. Always look at the glass half full and not half empty. It is all about what you think of yourself so then you can prove them wrong and show them how awesome you really are!

I would say that it's probably best if you ignore/block the source of the cyberbullying. Also, never bully the other person back. It is 100 percent okay to defend yourself, but just make sure that you are aware of the difference between defending yourself and bullying. I would save the evidence of the cyberbullying (just in case) and also report the bully. Remember that the hurtful things they are saying about you aren't true. Know that you are an amazing child of God and the bully is not worth your time whatsoever.







#### **Am I Safe? Questionnaire**

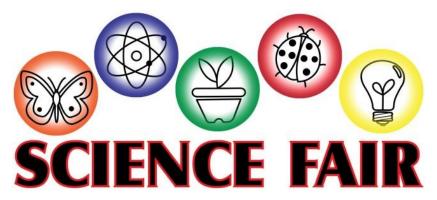
Do you want to know if you are safe while being online? Take this questionnaire to see how your online practices are. Check the box if the question applies to you.

Ц	friends to access my page and I don't allow anyone else to see it
	2. I never divulge my last name to online acquaintances.
	3. I never reveal my address to online acquaintances.
	4. I never disclose my phone number to online acquaintances.
	5. I never tell my usernames or passwords to online acquaintances
	6. My screen name(s) don't offer any clues to my identity.
	7. I've never sent my picture to an online acquaintance, and I don't plan to.
	8. I've never met an online acquaintance in person, and don't plan to

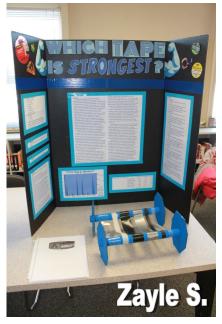
If you checked:

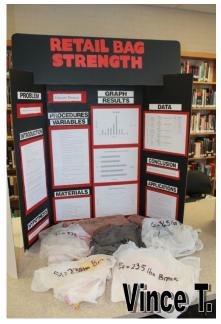
7+ boxes = You are safe

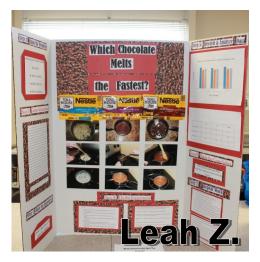
5-6 boxes = You may be placing yourself in danger >5 boxes = You should consider changing your online practices.



Students in grades seventh and eighth demonstrated their science projects at JFK's annual Science Fair. Three students from seventh and three students from eighth grades were chosen to move onto the Assumption High round.



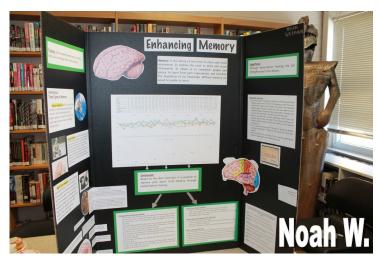












# Photos Around JFK



Rileigh A. is super excited about JFK!



Whose that gir....?! Oh wait it's just Cayden Mc., Evan L., and Logan S.!



Mrs. Gooder making the call for a point for the teachers during the staff vs. eighth grade volleyball game.



During the staff vs. eighth grade volleyball game there was a lot of falling going on!