

Golden Elixir and White Elixir

Alchemy and spagyry can produce alchemical and spagyric medicines and remedies in the form of elixirs and panaceas. 'Aurum Potabile', also known as potable gold, is one of the most famous rejuvenators or Rasayana of those philosophical traditional systems.

With the advancement of modern technology, it was discovered that many of these traditional and ancient elixirs could enter a state of matter called monoatomic, hence the designation of monoatomic gold and monoatomic elements.

The use of gold in foods and drugs is well established and well recognized in the traditional health systems of India. Gold is said to be soothing and nutritive. It is said to increase memory, intelligence, and stimulate digestion. The elixirs use a nascent organic form of gold derivative in conjunction with a mixture of various herbal oils that relieves the mind from stress and provides protection against debilitating diseases.

It has a rejuvenating and anti-anorexic effect. It is also found to be soothing on the nervous system, has anti-cancerous properties, can prevent heart ailments, and reduces geriatric problems. When our potable golden elixir is administered, it is found to have a pervasive effect on the metabolism. This property of gold was used in the traditional Indian health systems to trigger the body functions when physical energies were at a very low level.

Each batch of this elixir takes several months to complete, during which time it is brought through an alchemical process which makes it useful to the human body. Golden Elixir and White Elixir is manufactured by Cinnabaris Spagyrics (Herbals) Pvt. Ltd., Pune, Maharashtra, India. Petri Murien is the Director of Cinnabaris Spagyrics.

“Petri Murien is one of the few genuine living practitioners of the ancient science of alchemy. I have found his Potable Gold elixir to have wonderful healing and balancing properties that benefit body, mind, and spirit. I can recommend this excellent product to those seeking greater harmony, mental clarity, and physical resilience and health.”

Dr. Robert E. Svoboda, Ayurvedic Physician

Author, The Hidden Secret of Ayurveda, Ayurveda for Women

❖ **What is so unique about this form of gold called Potable gold by ancient alchemist and philosophers?**

This form of gold (potable gold) is very different from colloidal or metallic gold. The metallic nature of gold has been completely transformed; the metal has been evolved and vegetabilised into an organic substance which cannot return to its metallic state unless it is solely processed through our spagyric techniques.

Researchers working in inorganic chemistry with the soluble salts of noble metals, until relatively recently, had assumed that metals were dissolved as free ions in an aqueous solution. But in the 1960's, with the advent of greater analytical capabilities, it was established that many elements and in particular the transition metals are present in aqueous solution as bonded metallic clusters of atoms. In this organic gold substance, the needed specific conditions are created in order to break the clusters of atoms down to their mono atomic form.

❖ **Mono atomic gold**

Typically, the atoms of metallic elements group themselves in a sort of a crystalline lattice network where each atom shares electrons with other atoms of the same element. This is a relatively stable arrangement where the nuclei are held in position by the forces of their neighboring nuclei.

All metals share this characteristic but with a variety of different crystalline configurations. It is difficult to disturb this structure, hence the physical rigidity of metals. It was discovered that mono atomic gold element exists naturally and is found in salts with alkali metals or alkaline earth metals, all of which are coupled with their waters of hydration. The electron rearrangement bestows upon the mono atomic gold unique electronic, chemical, magnetic and physical properties which can have commercial application. Classical science teaches us that the three states of matter are: solid, liquid and gas. Then follows the newer plasma state; the Bose-Einstein condensates and liquid crystals.

A Bose-Einstein condensate is a group of atoms which are all in the same quantum state. Such a group of atoms consequently behaves in some way as a single atom. Superconductors are a form of Bose-Einstein condensate and so are superfluids. These superfluids in which category the liquid crystals belong to have the singular property to be able to change from liquid state to gelatinous or semi-solid or solid state in an extremely short time. This property is called Thixotropy.

❖ **Micro-clusters**

In 1989, nuclear physicists discovered that the atoms of some elements exist in micro-clusters. These are tiny groups of between two and several hundred atoms. Most of the transition group precious metals exhibit a mono atomic state.

If you have more than a specific number of these atoms in a micro-cluster, the atoms will aggregate into a lattice structure with metallic properties. If you have fewer than that critical number of atoms, the micro-cluster will disaggregate into mono atomic atoms with ceramic properties. Mono atomic atoms are not held in position by electron sharing with their neighboring atoms as are atoms in a classical lattice structure.

Research has demonstrated that natural micro-clusters are super conducted and that they can disappear and avoid chemical detection by conventional means. Most, if not all, have catalytic properties. They are magnetic or can be inducted to have electromagnetic properties. Russian scientists in Kiev, at the institute of Mineralogy, Geochemistry and Crystal chemistry of rare earths, explicitly state in their literature that atoms in lattice structures are metallic in nature and these same atoms in micro atomic state are ceramic in nature.

About analysis

Laser spectro photometric analysis and neutron activation can measure mono atomic elements as defined by mainstream science. But this analysis does not measure high spin mono atomic elements. These are detected after a full 300 seconds spectroscopic analysis.

❖ **What does mono atomic potable gold do on the human body?**

When gold element is in its mono atomic form, it is actually in a high spin state and thereby acts as a super conductor. A super conductor is a substance which allows energy or consciousness to flow without resistance. Such a super conductor process is the basis for a biological, physiological and psychological transformation into higher vibrational levels. In mono atomic gold, two electrons can bond together by their mutual interaction. These pairs of electrons are spinning at very high speed with equal and opposite momentum: one spinning clockwise, the other counter clockwise. Mono atomic gold therefore creates a light vortex that is spinning at tremendous speed with zero momentum, a null particle wave. In fact, when the counter-spinning electrons pair, they are no longer truly a particle or wave in space-time.

These null waves exist in a state beyond your blockages, yet they intersect physical reality. They carry more and more light through your body.

Organic potable gold in its mono atomic form has a profound effect on the physical body and the immune system; it enters the cell and reacts directly with the DNA, it literally corrects it. It has been observed that it repairs damaged DNA strands in the body. It facilitates the flow of bio-electricity or energy through the nervous system with little or no resistance. It simply supercedes these resistances by allowing a continual flow of light that ultimately washes away and heals all the way down to the sub atomic level. This metamorphosis includes very specific biological and biochemical changes in the DNA.

❖ **Monoatomic potable gold and plants?**

Mono atomic elements are found abundantly in the soil of certain geographical areas of the earth. Soils created from ancient volcanic eruptions seem to be the richest in mono atomic elements. Plants growing in these soils will naturally absorb them into their root systems and transmute them to a higher resonance capable of helping and assisting humanity. We have found plant based mono atomic gold elements to be far superior to the mineral based ones in their transformational properties; and the reason for it is that they have acquired a vegetal soul and the virtues of a prolific seed while passing through that kingdom. Many plants are known to contain more or less mono atomic metal elements. For instance, if red wine is spagyrically reduced, it can produce some yellow gold, whereas white wine will produce some good silver or white gold. Mono atomic gold seems to speed up the metabolism of the body by about 40%. An increase in vibrational frequency implies an increase in potency.

❖ **Why should we take monoatomic potable gold?**

Mono atomic potable gold promotes health and mental harmony. Its effect on the human body is warming, therefore is much appreciated by elderly people who have a tendency to feel cool or cold. It generates good heat in the body, sometimes to the point of provoking profuse sweating by which toxins are expelled. It has anti-cancerous properties, it reactivates a sluggish liver and the gall bladder, and it can also prevent kidney stones. It is a good digestive and also helps in making the body supple. It increases the feeling of well-being and satisfaction, mentally and physically. It is calming on the mind and brings relief from mental depression, nervous breakdown and anorexia. With time it can improve memory and intellectual sharpness; therefore it is useful in geriatrics and degenerative diseases such as Parkinson and Alzheimer.

People who are spiritually inclined find it a good tool to improve their concentration as well as expansion of the mind. It thus enhances one's meditation or spiritual practice. It strengthens the immune system and is a good drainer. As it is directly linked to the central sun, it has by analogy a strong effect on the solar plexus. It helps the heart and protects it.

❖ Spagyry and Neutraceuticals

The word 'spagyric' comes from the old Greek language, and it means or rather implies the action of opening and closing or dissolving and congealing, also known as "solve and coagula". The term 'spagyry' was first coined in the 16th century by the Swiss-German alchemist Paracelsus who was a great practitioner of this art.

To practice this art, one must have a good knowledge of organic chemistry along with a good understanding of the operations of Nature in Her three kingdoms: mineral, vegetal and animal.

If one wants to make an herbal extract, there are several modes of extraction at one's disposal. An oil can be obtained with the help of high pressure water steam; this oil is usually light, clear, transparent and nature-like fragrant. It is recommended for the making of perfumes and oily scents. Another common method is by doing a maceration of the powdered plant with a good rectified grape alcohol and left to digest for three weeks at warm temperature. Then follows a distillation so that an oil is recovered which is superior for healing purposes. Another modern and recent technique using cold pressurized carbonic acid does a very good job as a total extraction and yields a very thick and rich resin like oil. This carbonic acid extraction allows some of the plant salts to pass into the solution, thus making it soluble in most liquids and coming one step closer to spagyrics.

Now, there are other processors who are called Spagyrists and who aim to go one step further and deeper in the study of nature. First the plant is brought to liquefaction, fermentation and distillation of its spirit; then an oil follows and finally remains at the bottom of the alembic a burnt residue which must be calcinated along with a previously saved portion of the dry plant. From the ashes, with water a salt is extracted; it must be triturated and exalted so that it becomes sharp, penetrating, fiery, partly volatile and fusible like wax; a salt which is capable of extracting everything from the plant in a short time. So the plant extracts itself with its own exalted salt. Then that total extract is later on processed, sublimated and separated into its three principals which must be purified separately and then rejoined again. Thus, by our natural spagyric method, the quintessence of a plant is obtained and we say it has been reduced to its own crystal. In this manner we can change a plant into a salted elixir which can be further reduced into a fusible oily salted stone which is its final destination and is called its 'Arcanum' and has healing properties and potencies.

When a plant is processed according to spagyric rules, the alkali salt which is extracted from its inside becomes a most powerful agent to 'awaken' and increase the healing and curative potential virtues present, but 'sleeping' in the said plant.

Our grandmothers and parents always told us to eat spinach and lentils as they are rich in iron, or honey because it has a high gold content, likewise some others say that red wine made from grapes contains a form of gold which is good for our heart, whereas white wine carries a form of silver, which is good for the brain. All plants, vegetables, herbs and fruits contain minerals and

metallic salts which can be 'awakened' and activated by the action of the alkali salts when they are prepared and sublimated according to the rules of Nature and spagyrics. Through the help of those well triturated alkalis, the living vegetabilised metals present in the plant can be actualized and then precipitated from their organic state into tangible pure metals as we know them; but when they precipitate and lock as a metal, they lose their healing virtues which they had as a salt.

Equipped with this knowledge and understanding, we at Cinnabaris Spagyrics aim at creating such 'living and awakened' elixirs. When one knows which salts, minerals and vegetabilised metals exist potentially in a particular plant or herb, and how to manifest them outwardly as pure metals, then it becomes easy to formulate an elixir which has a predominating particular metallic vibration, such as yellow gold vibration for the 'golden elixir' and silver or white gold vibration for the 'white elixir'.

According to ancient lore and tradition, great men and sages gifted with spiritual vision, knowledge and understanding could explain how the subtle polarized luminous rays of the stars and planet affect the three kingdoms of Nature by imparting them with these subtle energies and attributes, thus conferring them with different characters and individualities. Those wise men called 'Man' the microcosm because they could visualize that he was a small but complete abridged and condensed aspect of the great world or macrocosm. Whatever exists outside the big universe exists subtly reflected within the immortal 'sidereal subtle' body of Man. They explained us the universal law of attraction and repetitive correspondences in the three kingdoms of Nature: like attracts like.

In the metallic gender, the condensation of direct sunlight in its proper corresponding ground or soil with which it has got affinities, slowly and over a long period of time congeals into gold; therefore it is a solar metal hot or warm by nature. Amongst the gems, it is the ruby which represents the Sun.

In the animal kingdom He has his seat in the heart of all creatures as He rules the blood flow and in human beings, He operates from the solar plexus and its outlet: the eyes.

Therefore our golden elixir is excellent for supporting all the male and solar functions of the human body. On the other hand, the white elixir is of a feminine nature, being a polarization and an offspring, cool and with all the feminine qualities which comes along with it. It soothes and calms the mind and rejuvenates the brain, thus de-stressing it. Sun and moon, gold and silver, male and female, hot and cold, Golden Elixir and White Elixir.

❖ **Why are these elixirs useful for meditation?**

It is well known that the medical corporation, doctors and pharmacists use the logo or symbol of the caducea of mercury for representing their trade. It can be roughly described as a central rod or channel vertically flanked by two curling and interlaced snakes.

As a matter of fact, this symbol comes from the most ancient antiquity and is said to carry a hieroglyphic alchemical meaning or esoteric knowledge; but today in the collective consciousness it is interpreted as the sign of recovery, health and well being. Yet ancient philosophers had ascribed a much deeper understanding to this hieroglyphic symbol, when they said that it also represents the triune structure of creation as body, soul and spirit. Further, alchemists claimed that technically in the laboratory the central rod or channel was corresponding to the universal mercury principle, the right side snake to the sun or gold male seed and the left side one to the moon or silver female seed. Then sages and yoga adepts described the same instrument or caducea as the inner subtle spiritual organ of mankind, and called it 'Kundalini Shakti'. They explained how the macrocosm (universe) was perfectly but subtly reflected within the microcosm (man) and how the universal principles of nature were all corresponding with each other in the three kingdoms of nature.

For instance the sun corresponds to gold as a metal, to the ruby as a stone and to the solar plexus and heart in man. The moon corresponds to silver as a metal, to the pearl as a stone and to the brain in man. Venus corresponds to copper as a metal, to the diamond as a stone and to the kidney in man. Likewise with all other stars and planets where each one stands for a metal, a stone and a human organ. All these correspondences are well documented in the Indian Ayurvedic system as well as the anthroposophic system of Rudolf Steiner. Therefore it can be understood that if an alchemist can prepare a live essence from the universal sun and moon, these elixirs when absorbed will by the law of affinity join within, with the microcosmic sun and moon in the human being, then turning his soul within, in the direction of those subtle inner luminaries.

By a regular intake of the elixirs, the mind turns within with a better and stronger focus on those Kundalini centers called chakras. Thus contemplation, meditation and absorption stabilize, mature and deepen more easily along with a natural understanding of the unity of the world and the self.

❖ FAQ

Q. Can everyone take the elixirs irrespective of age and health problems?

A. Yes, everybody can take the elixirs irrespective of age and health problems.

Q. What time of the day is best to take the elixirs? Is it to be had on an empty stomach? After how much time can one eat and drink?

A. Early morning, before breakfast on an empty stomach is the ideal time. One can eat and drink immediately after. If it is not possible to take it early morning, then it can also be taken during the day.

Q. Would there be any side effects, if at all?

A. There are no known side effects. However, please note that if taken late in the evening, it can delay sleep due to release of energy. It is also possible that Golden Elixir can make you sweat due to its warming properties. However, this is normal.

Q. How long does it take for the elixirs to have an effect? And, how long are we supposed to continue taking the elixirs?

A. Some people feel the effect immediately after absorption; for others it may take more time. It all depends on one's sensitivity. It is also good to alternate the intakes. For example, you can take the elixir for 10, 15 or 20 days, then stop for one week or so, and then start again. However, during the periods you are taking the elixirs, you must be regular. The regularity is important so that the results are more pronounced.

Q. How do we know which one to take – Golden Elixir or White Elixir, or both? If we take both, then how are we supposed to take both?

A. Golden Elixir corresponds to gold: the masculine aspect, the sun, the heart and the venous circulation. Whereas, the White Elixir corresponds to silver, white gold, the feminine aspect, the moon, the brain and the nervous system. This understanding helps in deciding which one to take. It is also possible to take them together at the same time, for then we get a combination of sun and moon. This combination has proved tremendously beneficial as can be seen from the fact that our Italian partner and distributor has recently got it registered with the Italian health ministry.

Q. If I am taking both elixirs, can I alternate the intake – one day Golden Elixir and one day White Elixir?

A. Yes, you can alternate the intake, but it is also good to take them together.

Q. In one of the articles it is mentioned that the elixirs act on one's DNA. Would it be safe to assume they will be good for all ailments that have been termed 'hereditary'?

A. From the results obtained and the information received from customers and our distributors in Europe, we can assume that it helps for the ailments termed as hereditary. However, hereditary ailments being more deeply rooted within, might require a longer period of intake.

Q. Is Golden Elixir and White Elixir approved by the health bodies?

A. Golden Elixir and White Elixir are registered with the health ministry in Spain and Italy, and with the FDA in the USA. Cinnabaris Spagyrics has the manufacturing licence to produce the same in India.

Golden Elixir has a healing effect on the solar plexus, heart and circulatory system. White Elixir has a healing effect on the brain and nervous system. Golden Elixir is related to the sun as a star, to yellow gold as a metal and to the solar plexus in the human body. Therefore it is useful for the heart, the venous system and the circulation. White Elixir is related to the moon as a planet, to white gold and silver as metals and to the brain and nervous system in the human body. Therefore it is useful for these functions. Both these elixirs can be used together, as they complement each other.

❖ **GOLDEN ELIXIR:-**



Golden elixir Benefits :

- Provides protection against debilitating diseases
- Helps in preventing heart ailments
- Pervasive effect on the metabolism
- Reactivates a sluggish liver and the gall bladder

- Helps in preventing kidney stones
- Good digestive
- Makes the body supple
- Strengthens the immune system and is a good drainer
- As it is directly linked to the central sun, it has by analogy a strong effect on the solar plexus
- Helps the heart and protects it

Ingredients : Water, Fructose, Alcohol, Vegetable salt, Oils of: Bitter gourd, Anise, Turmeric, Ginger, Orange, Lemon, Cardamom, Black pepper, Red chilli

Does not contain fractionated oils

Dosage : 10 drops on empty stomach early morning

Mfgd By : Cinnabaris Spagyrics (Herbals) Pvt. Ltd.

Pune, Maharashtra, India.

WHITE ELIXIR:-



White elixir Benefits :

- Relieves the mind from stress
- Rejuvenating and anti-anorexic effect
- Soothing on the nervous system
- Anti-cancerous properties
- Reduces geriatric problems
- Promotes health and mental harmony
- Increases the feeling of well-being and satisfaction, mentally and physically
- With time it can improve memory and intellectual sharpness; therefore it is useful in geriatrics
and degenerative diseases
- Those spiritually inclined find it a good tool to improve their concentration as well as expansion
of the mind.
- Enhances one's meditation or spiritual practice.

Ingredients : Water, Fructose, Alcohol, Vegetable salt, Oils of: Gotu kola, Sage, Cordiceps, Agaricus, Anise, Mandarin, Cardamon, Fennel, Cummin, Lemon grass.

Does not contain fractionated oils

Dosage : 10 drops on empty stomach early morning

Mfgd By : Cinnabaris Spagyrics (Herbals) Pvt. Ltd.

Pune, Maharashtra, India