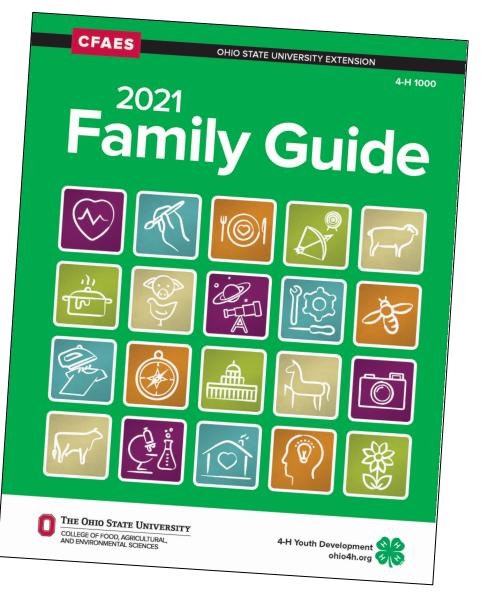
2021 Ohio 4-H Publications

What's New?





OHIO STATE UNIVERSITY EXTENSION 4-H YOUTH DEVELOPMENT

Animal Sciences

179R Uniform Rules for 4-H Horse Shows

- Stay informed and involved!
- Contains updated rules and regulations for participation in all 4-H horse shows and events.
- All levels.





Clothing and Textile Science

412 Sew for Others

- Construct one complete outfit for the person of your choice OR adapt three different garments for someone with a disability.
- Intermediate level. State fair eligible.

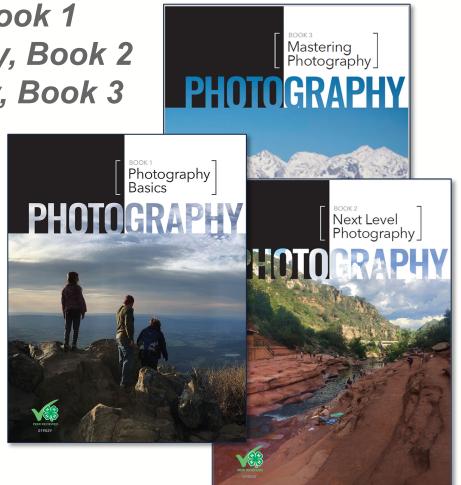




Creative Arts

584 Photography Basics, Book 1585 Next Level Photography, Book 2586 Mastering Photography, Book 3

- At each level, choose at least two activities each year in these areas: equipment, lighting, composition, and skill building.
- Topics include taking selfies, the rule of thirds, smartphone exposure tips, and much, much more.
- Use each book 1-3 years.
- Access to a camera (phone or DSLR) is essential.
- Beginning, intermediate, and advanced levels. State fair eligible.







Healthy Living

354 Medicine Science and Safety

- Youth become good examples to others with five activities that teach who should help make decisions about medicine and how to stay safe around it.
- Focuses on careers in pharmacy too!
- Beginning level. State fair eligible.

355 *Tracking Your Health and Fitness*

- Learning about health and fitness is interesting and fun if you know about your vital measures. Take them by hand or with a fitness tracking device.
- If you want, build your own device with a Physbot kit available from <u>extensionpubs.osu.edu</u>.
- Intermediate level. State fair eligible.





Natural Resources: Gardening

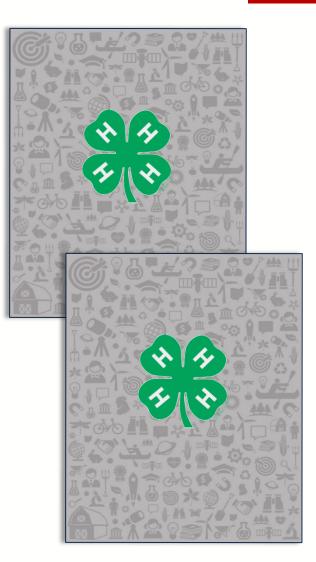
673 Edible Landscapes

- Evaluate your site, select which edible plants to use, plant and nurture them, and then enjoy the fruits and vegetables as they ripen.
- Intermediate level. State fair eligible.

Natural Resources: The Natural World

613 Exploring Polar Science

- Take a close look at the Arctic and Antarctica by learning more about their geography, glaciers and sea ice, and plants and animals.
- Hands-on activities, careers, and your role as a steward of the environment are included.
- Intermediate level. State fair eligible.



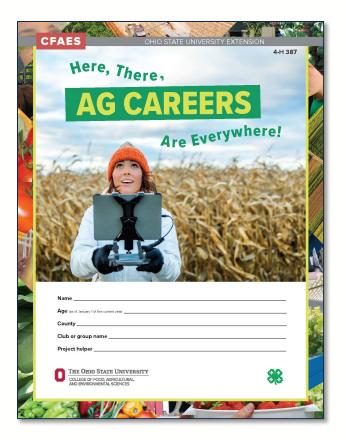




Workforce Preparation

387 Here, There, Ag Careers Are Everywhere!

- Career opportunities in agriculture are everywhere, including places you may not know about.
- Explore interests and talents to find your best fit in the working world outside of traditional production farming.
- Advanced level. State fair eligible.







752 Shotgun Member Record Book 755 Muzzleloader Member Record Book

- Members must be part of Ohio 4-H Shooting Sports program and must be working with a certified 4-H shooting sports instructor.
- In addition to record-keeping pages, these projects require a commitment to safety and completion of activities about goals, equipment, range rules, and more.
- Ohio 4-H strongly recommends youth complete a rifle, pistol, or shotgun project *before* taking muzzleloader.
- All levels, although participants must be age 9 as of January 1 of the current year. State fair eligible.



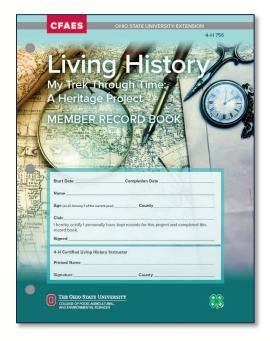
CFAES



Group Programs: Shooting Sports

756 Living History Member Record Book

- Living history encourages exploration of new "personas" from any historical place and time.
- Members must be part of Ohio 4-H Shooting Sports program and must be working with a certified 4-H shooting sports instructor.
- All levels, although participants must be age 9 as of January 1 of the current year. State fair eligible.







Self-Determined Projects and Idea Starters

365.00 General 365.01 Companion Animal 365.02 Creative Arts 365.03 Family Life 365.04 Natural Resources 365.05 Quilt 365.06 Workforce Prep

New idea starters this year include these titles:

- Amateur Radio
- Get Started with Composting
- Paddle Water Sports

- Now built around topic areas that have their own state fair classes, self-determined projects are a way for members to explore topics that interest THEM.
- Must be used with the Self-Determined Project Guide, available at <u>ohio4h.org/selfdetermined</u>.
- Idea starters are a great way to begin designing a custom project.
- All levels, state fair eligible.



Project Central

Search

Find new projects and resources by searching keyword, skill level, or topic.

Find

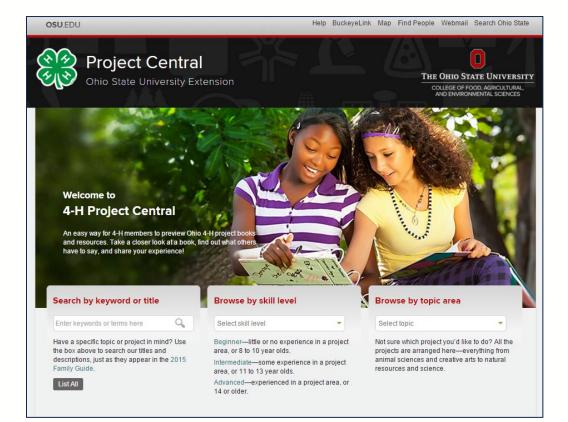
Results are easy to sort!

Learn

Preview sample pages, read other members' and volunteers' feedback.

Rate and Share

Help others choose projects and resources by rating and sharing on social media!



projectcentral.ohio4h.org







These and other Ohio State University Extension, 4-H Youth Development publications are available through local OSU Extension offices and online at <u>extensionpubs.osu.edu</u>. Ohio residents get the best price when they order and pick up their purchases through local Extension offices.

Want to have books delivered directly to your home? For the 2021 program year, Ohio residents who order online earn free shipping on orders of \$20 or more.



The Ohio State University

