

#### www.nwleics.gov.uk

What's On Where

This Christmas at Leisure Centres and around the district from 1 December 2012 - 3 January 2013



All information correct at time of going to print.

### Christmas Events around the district

#### **Christmas Fair**

Saturday 1 December, Market Street, Ashby, 10am to 4pm. Including meet Santa, Community stalls, Carol singing, Festive food and drink and Craft Market at Leighton House. For more information please call Ashby Town Council on 01530 416961.

#### **Christmas in Coalville**

Saturday 1 December, Market Hall Car Park, 1pm until 5pm. Live entertainment compered by Hermitage FM. Including Santa with real reindeer, Face painting, Fun fair, Arts and crafts workshop, Craft fair in Market Hall. Festive entertainment at Coalville Library. For more information please call 01530 454603.

#### Lights of Love Service

Sunday 2nd December, at the Ferrers Centre, Staunton Harold at 4pm. A Celebration and Memorial Service with Music from Oddfellows Band and Concordia Choir. Dedicate a light on the Christmas tree for someone special and do something special for hospice care in our area. For further details on how to support Hospice Hope telephone 01530 411896 or 01530 415129.

#### **Charity Winter Splash**

Sunday 2nd December, at Hood Park Open Air Pool, Ashby 9am to 12noon. Ashby and Coalville Lions present the Winter splash. We can help you raise funds for your organisation with a sponsored swim. Wet suits are allowed and the pool will not be heated. For more details contact susanconstable@hotmail. com or kengarnerashby@hotmail.com or telephone 07535 006602.

#### **Christmas Lunch Menu**

Enjoy a festive lunch at Hermitage and Hood Park Leisure Centres available from Monday 3 to Friday 7 & Monday 10 to Friday 14 December from 12 - 2pm. All for just £8.99. To book please call 01530 811215 or 01530 412181.

### **Ibstock Christmas Festival**

Friday 7th December, Santa will be in residence from 3.30pm - 4.30pm and then from 7pm - 9pm in his Grotto at The Palace Community Centre. Street entertainment outside the Palace from 7pm - 9pm. Music from Ibstock Brick Brass Band and Ibstock Community Choir inside and Childrens Rides, Fairground Attractions and Stalls outside .

#### Santa Specials

Sunday 2nd and Sunday 9th December, from 11.00am - 3.30pm at Hermitage Recreation Ground. Cost £3.50 and includes 3 free train ride and a present. Hot and cold refreshment available. For more information, please contact 01530 273270

### Christmas Events around the district

#### 12Ks of Christmas

Sunday 9 December North West Leicestershire District Council's Active Together Team will be supporting the LWA (Living Without Abuse) charity at Snibston Country Park. There's something for everyone from a run to a plod! For more information please visit www.12kofcoalville.co.uk or contact Michele at michele@lwa.org.uk For more information on the Pudding Plod please contact Zara Barnes, North West Leicestershire District Council, 01530 454606 or emailing zara.barnes@ nwleicestershire.gov.uk

#### 80's and 90's reloaded Xmas Party

Friday 14 December 7.30pm until 1am at Hermitage Leisure Centre. Come along and join in all the festive fun with Europes finest 80's and 90's Tribute Acts and DJ from the day. An absolute must for singles, couples, friends and work parties. Tickets available now from Hermitage Leisure Centre on 01530 811215. Cost £10

#### **Civic Carol Service**

On the Friday 14 December at 6.15pm the North West Leicestershire District Council's Civic Carol Service will be held at Mount St Bernard Abbey. To register your interest and number of places required, please contact Angela Bexton on: 01530 454603 or email: angela.bexton@nwleicestershire.gov.uk

#### **Annual Christmas Carols - Conkers**

Friday 21st December, 7.30pm – 10pm. An exquisite concert of beautiful carols and seasonal music with Ibstock Brick Brass Band. An elegant way to experience the true meaning of Christmas! All of our guests receive a FREE Hot Chocolate and a Mince pie. Remember this is an outdoor event so please wrap up warm and bring your blankets! Adults £5 Children £4. You can book your tickets online or call 01283 213366.

#### Farmers' Market

Saturday 15 December, South Street, Ashby from 9am to 2pm. Including Hog Roast, Mulled Wine, Festive Music and Santa will be visting from 11am - 1pm.

For information about any of the events listed in this booklet, please contact the Tourist Information Centre on 01530 411767 or visit www.nwleics.gov.uk/whats\_on

## Christmas and New Year opening times

Day	Date	Hermitage	Hood Park	Measham	Tourist Information Centre
Sunday	16 December	7.30am - 9pm	7.30am - 11pm	9am - 5.30pm	Closed
Monday	17 December	7am - 11pm	7am - 11pm	9am - 10.30pm	9.30am - 5pm
Tuesday	18 December	7am - 11pm	7am - 11pm	9am - 10.30pm	9.30am - 5pm
Wednesday	19 December	7am - 11pm	7am - 11pm	9am - 10.30pm	Closed
Thursday	20 December	7am - 11pm	7am - 11pm	9am - 10.30pm	9.30am - 5pm
Friday	riday 21 December		7am - 11pm	9am - 10.30pm	9.30am - 5pm
Saturday	22 December	7.30am - 11pm	7.30am - 8.30pm	9am - 5.30pm	9.30am - 4pm
Sunday	23 December	7.30am - 9pm	7.30am - 11pm	9am - 5.30pm	Closed
Monday	24 December	7am - 4pm	7am - 4pm	Closed	Closed
	Tuesday 25 u	ntil Thursday 27 De	ecember all facilitie	s will be closed.	
Friday	28 December	7am - 4pm	7am - 4pm	Closed	Closed
Saturday	29 December	7.30am - 4pm	7.30am - 4pm	9am - 5.30pm	Closed
Sunday	30 December	7.30am - 4pm	7.30am - 4pm	9am - 5.30pm	Closed
Monday	31 December	7am - 4pm	7am - 4pm	Closed	Closed
Tuesday	1 January	Closed	Closed	Closed	Closed
Wednesday	2 January	7am - 11pm	7am - 11pm	9am - 10.30pm	Closed
Thursday	3 January	7am-11pm	7am-11pm	9am - 10.30pm	9.30am - 5pm

Last admission will be one hour prior to closing time stated above

Please note that at Hood Park Leisure Centre, the swiming pools will be closed from 1.30-3.30pm on the 28 December due to a time change for Coalville Swimming Club training session.

#### Facility / activity clsoure information

	Hermitage	Hood Park
Learn to Swim Scheme	Last Lesson: 21 December Re-starts: 5 January	Last Lesson: 21 December Re-starts: 7 January
Cafe	Last Day: 20 December Re-open: 2 January	Last Day: 19 December Re-open: 8 January
Bar	Last Day: 20 December Re-open: 2 January	Last Day: 20 December Re-open: 3 January

#### Advance Booking Arrangements at Hermitage and Hood Park Leisure Centres

Please note that from Monday 17th December you will be able to book up to and including Monday 7 January 2013. To make a booking, please contact Hermitage Leisure Centre on 01530 811215 or Hood Park Leisure Centre on 01530 412181

Alternatively don't forget that you can now book online. To obtain a username and password, please log onto www.nwleics.gov.uk/pages/leisurebookings

Christmas and New Year Workout Programme

W/c 10 Dec W/c 17 Dec

Monday

Dec	Dec	Dec	Dec	Hermitage Le	eisure Centre	
W/c 10 E	W/c 17 [	W/c 24 [	W/c 31 [	Time	Class	

4 Dec 1 Dec	Hood Park Leisure Centre				
/c 24 D	/c 31 D	Time	Class		
Š	≥				

#### Monday

~	~	~	×	9.30-10.30	Body Pump
~	~	~	×	10.00 - 11.00	50 +
~	~	~	×	10.30-11.30	Legs, Bums and Tums
~	~	~	×	12.30-13.30	Pilates
~	~	×	×	18.00-19.00	Step 'n' Tone
~	~	×	×	18.00-19.00	Fitness Yoga
~	~	×	×	19.00-20.00	Body Balance
~	~	×	×	19.30-20.30	Aerobics combat
~	~	×	×	19.30-20.30	Body Pump

~	~	×	×	9.30-10.30	Step
~	~	×	×	10.30-11.30	Body Pump
~	~	×	×	11.30-12.30	50+ Aerobics
~	~	×	×	17.45-18.30	Studio Spin
~	~	×	×	18.30-19.30	Cardio Blast and Core
×	×	×	×	18.30-19.15	Zumbatomic
~	~	×	×	19.30-20.30	Studio Spin
~	~	×	×	19.30-20.30	Zumba
~	~	×	×	20.30-21.30	Body Pump

#### Tuesday

~	~	×	×	9.30-10.30	Aqua
~	~	×	×	9.30-10.30	Top 2 Toe
~	~	×	×	10.30-11.30	Body Pump
~	×	×	×	14.30-15.30	Next Step Aqua
~	~	×	×	18.00-19.00	Retro
~	~	×	×	18.00-19.00	Body Balance
~	~	×	×	19.00-20.00	Body Pump
~	~	×	×	19.00-20.00	Aqua
~	~	×	×	7.30-8.30	Circuits

#### Tuesday

<ul> <li>Image: A start of the start of</li></ul>	~	×	×	9.05-10.05	Aqua Zumba
~	~	×	×	9.30-10.30	Body Pump
~	~	×	×	10.30-11.30	Body Balance
~	~	×	×	18.30-19.30	Body Balance
~	~	×	×	19.30-20.30	Body Pump
~	~	×	×	20.00-21.00	Studio Spin
~	~	×	×	20.30-21.30	Boxercise

#### Wednesday

			-		
~	~	×	~	9.30-10.30	Aerotone
×	×	×	×	10.30-11.00	Tab Express
×	×	×	×	11.00-11.30	ABSolute
~	~	×	~	13.00-14.00	Pilates
~	×	×	×	14.30-15.30	Next Step Aqua
~	×	×	×	16.30-17.30	Cheerleading
~	~	×	~	17.00-18.00	Body Max
~	~	×	~	18.00-19.00	Pilates
~	~	×	~	18.30-19.30	Aqua

	We	dne	sday	/		()
	~	×	×	×	9.10-10.10	Next Step Aqua
	~	~	×	~	9.30-10.30	Body Sculpture
	~	~	×	~	10.30-11.30	Pilates
	~	~	×	~	11.30-12.30	50+ Aerobics
	~	~	×	~	17.00-17.30	Studio Spin
	~	~	×	~	17.30-18.30	Body Pump
-	5	~	×	~	18.30-19.30	Step
1	$\checkmark$	~	×	~	19.30-20.30	Yoga Strength

### **GP** Referral classes

Please note that GP Referral classes will be cancelled from 14 December until 7 January at Hermitage and Hood Park Leisure Centres.

# Christmas and New Year Workout Programme

Dec	)ec	)ec	c 24 Dec c 31 Dec	Hermitage Le	isure Centre
W/c 10 E	W/c 17 E	W/c 24 [	W/c31 [	Time	Class

#### Wednesday

~	~	×	~	19.00-20.00	Total HIIT
~	~	×	~	19.00-20.00	Body Balance
~	~	×	~	19.30-20.30	Zumba

#### Thursday

•	1	~	×	~	10.00-11.00	50+ Aqua
•	1	~	×	~	12.30-13.30	Pilates
•	1	~	×	~	17.30-18.30	Yoga Fitness
,	¢	×	×	×	17.30-18.30	Bokwa
•	1	~	×	~	18.30-19.30	Boxercise
•	1	×	×	~	19.00-20.00	Pilates
	/	~	×	~	19.30-20.30	Body Balance

Dec	)ec	Jec	Jec	Hood Park Lei	isure Centre
W/c 10 E	W/c17 D	W/c 24 D	W/c31 D	Time	Class

#### Thursday

~	~	×	~	9.10-9.50	Studio Spin
~	~	×	~	9.30-10.15	Aqua Aerobics
~	~	×	~	9.50-10.30	Studio Spin
~	~	×	~	10.30-11.30	Zumba
~	×	×	×	16.30-17.30	Cheerleading
~	~	×	~	17.50-18.20	Studio Spin
~	~	×	~	18.30-19.30	Cardio Choreography
~	~	×	~	18.30-19.30	Circuits
~	~	×	~	19.30-20.30	Studio Spin and Core
~	~	×	~	20.00-21.00	Aqua Aerobics
~	~	×	~	20.30-21.30	Pilates

#### Friday

~	~	×	~	9.30-10.30	Body Sculpture
~	~	×	~	10.30-11.30	Aqua
~	~	×	~	17.30-18.30	Body pump
~	×	×	~	18.30-19.30	Zumba
~	~	×	~	18.45-19.15	Aqua Jog
~	×	×	×	19.15-19.45	Aqua Jog

Friday

~	~	×	~	9.00-9.30	Studio Spin
~	~	~	~	9.30-10.30	Step n Pump
~	~	~	~	10.30-11.30	Yoga Strength
~	×	×	×	16.00-16.45	Street Dance 7-16 yrs

#### Saturday

~	~	×	~	8.30-9.30	Body Pump
~	~	×	~	9.30-10.30	Body Max
~	×	×	×	9.30-10.30	Boot Camp
~	~	×	~	10.30-11.30	Abs on the ball

### Saturday

~	~	~	~	8.30-9.30	Body Balance
~	~	~	~	9.30-10.30	Body Pump

#### Sunday

~	~	~	~	9.30-10.30	Body Blitz
~	~	×	~	19.00-20.00	Total Immersion Aqua

#### Sunday

~	~	~	9.00-10.00	Kettlebell
~	~	~	10.00-10.30	Studio Spin
~	~	~	10.30-11.30	Step n Pump
~	~	~	11.30-12.30	Yoga Strength
~	×	~	16.30-17.00	Studio Spin
~	×	~	17.00-18.00	Cardio Blast
~	×	~	18.00-19.00	Pilates
	✓ ✓ ✓ ✓ ✓	✓         ✓           ✓         ✓           ✓         ✓           ✓         ✓           ✓         ✓           ✓         ×           ✓         ×           ✓         ×	Image: Constraint of the second sec	*     *     *     9.00-10.00       *     *     *     10.00-10.30       *     *     *     10.30-11.30       *     *     *     11.30-12.30       *     *     *     16.30-17.00       *     *     *     17.00-18.00

# Does your child need to Learn To Swim?

Fully qualified and friendly staff

One to one and group lessons

Fantastic Aqua Tots sessions for children from birth to school age

### Learn To Swim it could be a real life saver!



For more information, just ask a member of staff or contact Hermitage Leisure Centre on 01530 811215 Hood Park Leisure Centre on 01530 412181

# Shapeup for Santal



Take out a £30 for 30 day pass and save up to £61 when taking out a membership package<sup>\*</sup>!



### Don't delay, sign up TODAY You don't want to get stuck in any chimneys!!



For more information, just ask a member of staff or contact Hermitage Leisure Centre on 01530 811215 Hood Park Leisure Centre on 01530 412181

\*This offer is only available at Hermitage and Hood Park Leisure Centres, ends on 31st December and is subject to programming. Terms and conditions apply