MARCH - APRIL 2020 ADAR-NISAN-IYAR 5780

Volume 13 • Number 2



What You'll Find Inside ...

How you could enjoy a top-flight entertainer.

An interview with performer Neshama Carlebach, who will take to the social hall stage on March 29. **See page 3.**

How much we love kitchen secrets.

Popular events in January and February brought crowds inside the shul kitchen to learn from fellow congregants about tasty soup-making and colorful *hamantachen* baking. **See pages 9 and 10.**

How we collectively updated the rules of play.

Congregants adopted some important changes to the synagogue's bylaws in January. Read about one major change on **page 4.**

How we ought to appreciate the artistic talent in our midst.

One congregant has added new beauty with her glass artwork in the lobby, and several others are major contributors to a Jewish-Muslim art show opening nearby in March. **See pages 2 and 11.**

How we can share a seder experience differently.

Our synagogue manages a home hospitality initiative on the first two nights (and hopes to stage a second-night seder with details forthcoming). Read how you can be involved on **page 7.**

Tickets, Sponsorships Available For Shul's March 29 Concert

Tickets are now available for the concert by Neshama Carlebach, a noted singer-songwriter, in the Tikvat Israel social hall at 7 p.m. on Sunday, March 29.

Individual tickets will be \$30 in advance and \$36 at the door. Tickets may be purchased at *tikvatisrael.org/neshama*.

Congregants are encouraged to become event sponsors at one of five levels of support, ranging from Diamond level (\$2,400, 10 reserved tickets and post-concert reception) to Silver level (\$180, 2 unreserved tickets).



The concert serves as the year's most important fundraiser for Tikvat Israel. It replaces the cancelled December concert featuring Cantor Rochelle and Robyn Helzner, which will be rescheduled.

WEEKLY RELIGIOUS SERVICES

Monday 7:30 p.m.

Tuesday 7:30 p.m.

Wednesday 7:30 p.m.

Thursday 6:45 a.m. 7:30 p.m.

Friday 8:00 a.m.

Kabbalat

Shabbat 6:00 p.m.

Shabbat 9:30 a.m.

Sunday 9:00 a.m. 7:30 p.m.

Services also held at Shiva houses as needed. Morning service times may change for Rosh Chodesh, minor fasts and national holidays.

Watch e-mail for notifications.

CANDLELIGHTING TIMES

March 6	5:49 p.m.
March 13	6:56 p.m.
March 20	7:03 p.m.
March 27	7:10 p.m.

April 3 7:17 p.m.
April 8 (Erev Pesach) 7:21 p.m.

April 9 (2nd night Pesach) 8:22 p.m.

April 10 7:23 p.m.

April 14 (7th day of Pesach) 7:27 p.m.

April 15 (8th day of Pesach) 8:28 p.m.

April 17 7:30 p.m. April 24 7:37 p.m.

(All times Eastern Standard)

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Glass Artist Brightens TI's Entrance Way

Tamah Graber created two stained-glass windows with the help of a cadre of congregants and with funding from Bruce Goldin. He sponsored the stained-glass windows in memory of his beloved wife Shelly, *z"l*.

The stained glass closest to the sanctuary, titled "Everlasting Light," was installed Jan. 23. The glasswork titled "Tree of Life" was installed in the lobby last October. The "Tree of Life" includes a small frog at the bottom as a salute to Shelly, who collected frog curios as a hobby.

Graber led the volunteers in their glass-cutting in her home studio. They include Bruce Goldin, Marilyn Greenwood, Debbie Yanoff, Elaine Weinstein, Paula Kasper, Edna Breit, Bobbi Cohen, Roni Silverstein, Michele Eisenberg, Sandra Schwartz, Amy Matathias, Rachel Loving, Susan Fullenbaum, Hilda Springer, Toby Altman, Anna Levy and Naomi Baer.

Said Graber: "I think there may be others. I apologize if anyone is left off this list. Please let me know."



Tamah Graber in the shul lobby alongside one of two installed glass works she designed and helped to craft. (*Photo by Amy Matathias*)

SHUL SHORTS

Spring Blood Drive

Save the date for the next annual Red Cross blood drive to be held on Sunday, June 21, 10 a.m.-2 p.m. in the shul's social hall. As the date approaches, check the TI listservs and *B'kesher* for details about registering for a time slot.

Shomrim Volunteers

Congregants are needed to serve as Shabbat *shomrim* to keep our shul safe and to open the lobby door to those entering to pray at TI. Two individuals share duties each Shabbat, one to cover the first 90 minutes (9:15-10:45 a.m.) and another to take the second 90 minutes (10:45 a.m.-12:15 p.m.). Contact the shul office or use the SignUp Genius at *www.tikvatisrael.org/greeters*.

Scholarship Aid

Families at Tikvat Israel in need of scholarship support to send a child or several children to an overnight Jewish camp this summer should contact Rabbi Israel about available funds.

Shabbat Sheet Sponsorships

The synagogue is seeking congregants to serve as sponsors of the Shabbat sheet distributed weekly to those attending religious services. The sponsorship can be done in honor or memory of a family member or friend. Contact Sam Freedenberg at sam@tikvatisrael.org.

Social Action Volunteers

Are you interested in social action with fellow members of our synagogue? Tikvat Israel needs you to commit to helping with social action projects. If you want to get involved in re-forming the Social Action Committee, contact Roma Sohn at romarvin@comcast.net.

Neshama Carlebach to Bring Spirit to TI's Concert Stage March 29

BY BETTY J. FISHMAN, CONTRIBUTING EDITOR, TIKVAT ISRAEL BULLETIN



Neshama Carlebach is the featured performer at TI on March 29.

Neshama Carlebach is a dynamo! Be prepared for a high-energy performance when the New York-born singer-songwriter comes to Tikvat Israel on Sunday, March 29, at 7 p.m., accompanied by a trio of musicians playing backup on piano, bass and guitar.

The show is likely to include a few classic songs that the audience will recognize, combined with pieces from her most

recent album, *Believe*, containing all new and original material. Although the songs in *Believe* were written by Carlebach in collaboration with her producer, Beth Styles, Carlebach says even those new songs will have a familiar feel. In an interview with VENTS magazine in 2019, she said: "No matter what I am singing about, my song is a prayer."

As the first then-Orthodox woman of her generation to perform for a mixed-gender audience, Carlebach is a strong advocate for religious pluralism and human rights. She has sparked many conversations about the place of women in Judaism and the modern world.

Asked how her song-writing is influenced by the news of the day, she responded that we live in a broken world. She is determined to bring light and hope into that world. "There is power in believing in yourself," she says, "so don't give up, even when your world feels broken."

She added: "Don't be afraid of the pain" because our purpose here is to comfort one another. "The gift of this moment is to seek connection and work through it.... Each member [of the community] is incredibly important. Each person has a mission. There is power when we come together."

Carlebach began studying singing and acting when she was 5. She grew up in Toronto and traveled often. She prayed that one day she would perform on Broadway, and she majored in theater in college. She performed with her father, Rabbi Shlomo Carlebach, during her teen years until his death in 1994.

She did reach her goal of singing on the Broadway stage. She has sold more than one million albums and was a six-time entrant in the Grammy Awards. "Soul Doctor," the musical she worked on that was inspired by her father's legacy, opened off-Broadway in 2013. She says she absorbed a lot from him, and in the pain of losing him, she found something precious — herself and her new voice.

In addition to songwriting and performing, Carlebach writes a blog for *The Times of Israel*, and she now aspires to publish a book based on her experiences. "I've got about 100 pages so far," she admits.

Based today in New York City, where she lives with husband Rabbi Menachem Creditor and their combined family of five children, Carlebach often collaborates with musicians of different faiths and partners with secular organizations as well as synagogues and churches. She has been featured in major Jewish music festivals across the U.S. and the globe. In 2012, she performed for thousands gathered at an interfaith peace summit in Mt. Fuji, Japan, and at the gates of Auschwitz on Yom Hashoah.

Last November, Carlebach announced her first perfomance tour in several years. In December, she appeared at several venues in the

New York-New Jersey-Pennsylvania region. In April, she is headed to Nevada, Illinois and Minnesota. Our concert will be her first foray into the Washington, D.C., area.

We are in for a treat on Sunday, March 29! Watch B'kesher and the synagogue listserves for details about tickets and sponsorships. (This concert replaces the show originally scheduled for last December



"Believe" jewelry, designed by Neshama Carlebach, will be available for purchase at the TI concert.

featuring sisters Cantor Rochelle and Robyn Helzner.)

RECORDINGS FOR SALE

CDs of Neshama Carlebach's music will be available for sale at the Tikvat Israel concert, as will jewelry from a line that she created based on the word "believe," which is reproduced in her own handwriting.

Five Members Elected to Tikvat Israel's Governing Body

Five Tikvat Israel members were elected to the synagogue's board of directors during a congregational meeting on Jan. 12. Each will serve a two-year term.

Elected were board returnees Kelcey Klass, Judy Stern and Jay P. Goldman and newcomers Roberta Helzner and Beth Smith. Four of the five have been members of the synagogue for two decades or longer.

Another incumbent, Sherrie Krauser, has agreed to move into the recording secretary post to fill the unexpired portion of a term.

Three trustees were elected to the Fund for the Future, the long-range synagogue endowment program: Carol Chelemer, Harold Diamond and Eugene Sheskin.

Melanie Grishman chaired the board elections process as immediate past president.

Congregation members will vote on all officer positions and several other board berths in the next election in June 2021.

A VOTE FOR MERCAZ TO ENDORSE ISRAELI'S CONSERVATIVE BRANCH

BY FRAN AND BOB TROPP, TIKVAT ISRAEL REPRESENTATIVES, WORLD ZIONIST CONGRESS ELECTION

The Conservative/Masorti Movement, the Tikvat Israel Board of Directors and Rabbi Israel join together to urge all congregants to vote for the Conservative movement's MERCAZ slate No. 6 in the World Zionist Congress election.

Vote through the *mercaz2020.org* website. The election began Jan. 21 and runs until March 11.

Every four years, Jews worldwide are able to vote in this election. Your vote helps to determine how over \$1 billion of Jewish donations will be distributed in Israel and around the world to Jewish causes. In addition, the values and issues important to each of the slates motivates actions taken in the state of Israel for the future.

In past elections, because Conservative Jews have not had a high turnout or have diluted their votes, issues important to us have been insufficiently supported. If Conservative Jews vote for MERCAZ, we will have a better chance to see more of our values recognized in Israel and more financial support for Conservative institutions there, just as Orthodox institutions receive now. We want our fair share.

In addition, we want rabbis ordained in the Conservative movement to be recognized and accepted as legitimate in Israel. They should be allowed to conduct weddings and have those marriages recognized in Israel.

We have a chance to make a real difference in creating a more egalitarian and pluralistic Israel. Let's not let another four years pass without doing what we can do now to make a strong and positive difference. When you vote, you will pay a small fee of \$7.50 (or \$5 for students) to help cover administrative costs. You have a vote — be sure to exercise it by March 11!

Congregants Adopt Changes to Synagogue Bylaws



A quorum of congregants approved updates in January to the rules that govern the affairs of Tikvat Israel. (*Photo by Felicia R. Black*)

About 60 members of Tikvat Israel – well beyond the needed quorum – ratified a streamlined set of rules governing how TI should operate, during a congregational meeting on Sun., Jan. 12.

In addition, the membership unanimously elected five individuals to the board of directors and three trustees to the TI Fund for the Future.

Following a full discussion of each proposed amended bylaw and acceptance of a few technical corrections, the congregation overwhelmingly adopted all the offered amendments. Those revised bylaws took effect on Jan. 27.

One of the most significant changes to the bylaws is this: All congregational business – involving annual adoption of the operating budget and the election of officers and the board of directors – will be consolidated into a single June meeting. Nominations, notices and agenda summaries will be distributed to the members in advance of the meeting, eliminating the need for separate nomination and election meetings.

In addition, all family members over 18, and non-Jewish family members who affiliate with the congregation, will now be able to vote in congregational elections.

Sherrie Krauser, recording secretary and bylaws committee chair, deftly responded to questions from the floor.

Krauser thanked everyone who worked on the committee during the past four years, under both her leadership and that of Sally Kram. She said the committee is gratified with the adoption of the "first half" of the revised bylaws. Her group will continue its work on the remaining articles and will consider a new bylaw item regarding rabbinic employment.



Sherrie Krauser led the synagogue's bylaws revisions, alongside co-president Warren Berger at the Jan. 12 meeting. (*Photo by Felicia R. Black*)

Krauser said that anyone wishing to join the committee or to offer suggestions should contact her by email at jdgslk@msn.com.

A New Director Brings Vitality to Tl's Education, Youth Programming

BY MELISSA APTER, TIKVAT ISRAEL BULLETIN CONTRIBUTING EDITOR



Elana Moss

After an extensive search, Tikvat Israel has hired Elana Moss as the new education and youth programs director. In that role, Moss will oversee TI's religious school, youth groups and family programming.

Moss takes over from longtime congregant Elissa Schwartz, who served as the interim director during the search period.

Moss will split her time between teaching in the ECC

and directing the religious school and youth programs. Moss previously held director of education positions at Beth Sholom Congregation in Memphis, Tenn., and Congregation Beth Am in Longwood, Fla. Her time in Memphis, where the religious school had 12 students, makes her particularly attuned to the needs of TI's small religious school. Moss sees the potential for TI's Shabbat school offerings and is eager to implement strategies to personalize education for each student.

Jewish education is literally in Moss' blood. Her father tutored b'nai mitzvah students, her mother was a Jewish educator, and her grandmother taught at the local Jewish day school in Albany, N.Y., not far from where Moss was born. The family moved to Florida and became members of Temple Beth Am in Tamarac. Moss was active in Kadima and USY, attended David Posnack Hebrew Day School through the 6th grade, continued her Jewish education at Judaica High School and participated in the March of the Living.

A decade later, Moss returned as an educator for the March of the Living during Israel's 60th anniversary. March of the Living is an education program that brings teens and educators to Poland and Israel to study the roots of the Holocaust.

Despite this full immersion in Jewish life, it wasn't until college that Moss discovered her passion for teaching. Thinking it would be an easy class to pass, Moss enrolled in an introduction to Judaics course. The professor was so inspiring that Moss signed up for all his classes and said she eventually realized "there's a reason that this stuff comes easy to me."

Moss has worked with children of all ages from preschool through high school seniors. "I can walk into a room of kids of any age and find a way to connect with them," she said.

Moss aspires to guide TI's youth to reach their full potential in similar ways to how her youth director helped motivate her as a teen. "I want to be *that* person for these kids. I want to see what they could be good at and help motivate them to find their place, find their voice," said Moss.

She is completing a master's degree in Jewish education from the Jewish Theological Seminary. She holds a B.A. in Holocaust and Judaic Studies from Florida Atlantic University. Moss's husband Daniel will join her in Maryland this April.

Rabbi Marc Israel said Moss's warm personality and breadth of experience made her a great match for TI. "We were especially impressed by her efforts in building up a smaller religious school in Memphis. She also has led a Shabbat school program, something with which we have been experimenting this year," he said.

The rabbi said he found the Shabbat school model particularly interesting because it ensures religious school families are integrated with day school families and the synagogue at large.

In her first communication with TI's young families, Moss wrote: "I am looking forward to exploring Rockville and getting to know the Jewish community here. After spending most of my life in Florida, I am truly looking forward to experiencing four seasons and, thanks to the warm welcome I've received from Tikvat Israel, this is already beginning to feel like home!"

Two *B'nai Mitzvah*On Spring Schedule

Two Tikvat Israel families will celebrate *b'nai mitzvah* in the coming months.

Daniel Joseph Malkin will become a *bar mitzvah* on March 28. He is the son of Yukiko and Joshua Malkin.

Daniel is a 7th-grade student at Julius West Middle School. His personal interests include building Legos, soccer, basketball and video games. For his service project, he will support food drives for residents of Montgomery County through the organization Small Things Matter.



Daniel was born in Japan, while his parents were stationed overseas with the Navy.

Liesl Rose Feinman will become a *bat mitzvah* on May 9. She is the daughter of Carla and Bruce Feinman.

Liesl is a 7th-grader at Earle B. Wood Middle School. Her personal interests include softball, Snapchat, Tik Tok, spending time with friends, crafts, baking and babysitting.



RABBI'S CORNER Purim versus Pesach

BY RABBI MARC D. ISRAEL



Purim is one of my favorite holidays. Growing up, I considered our synagogue's Purim carnival to always be a big deal. The high school youth group ran it, and they went all out to make it a fun and memorable experience that younger children looked forward to attending and teens looked forward to running.

As I look back on those carnivals, I don't remember much (if any) Jewish content, other than the name of the carnival and the fact young children wore costumes. However, it is one of my stronger Jewish memories.

In many ways, this is similar to the story of Purim itself. We often celebrate Purim's heroes as saviors of the Jewish people, especially noting Mordechai's refusal to bow down to Haman. Interestingly, this act is the only Jewish practice we see being observed here. Esther's very name means to hide – and, given that her original name is Hadassah, it seems clear that what she is hiding is her Jewish identity. Mordechai and Esther seem to have no qualms with her marrying a non-Jewish man, nor do we see any conflict in eating at the king's feasts (despite the lack of an O-U *heksher*). Not bowing down to Haman, while admirable, does not require a great Jewish education or indicate a high level of observance.

Like the carnival and the story itself, Purim is a holiday that can have a high impact even for people who have little Jewish education. Participation doesn't require much advanced planning. It is tactile – we hear the grogger, wear the masks and costumes, smell and taste the *hamentachen*, and see the people dressed up. We give gifts to our friends and provide for the poor. We are encouraged to be loud during the reading, not to sit back passively.

Silliness and fun is built into the very fabric of the holiday. At Tikvat Israel, our Purim carnival, family puppet show and *Megillah* reading all provide important opportunities to celebrate Purim and instill a sense of Jewish identity.

Pesach, on the other hand, often feels daunting. My family teases me that my Pesach preparations begin immediately following Tu BiSh'vat – fully two months ahead of time. While this is a slight exaggeration, it is true that around that time I do start monitoring the pasta and cereal we buy in bulk from Costco to make sure we don't overstock in the weeks leading up to the seder. Not long after, I also begin looking at *haggadot* and other materials to prepare for the seder. Then the cleaning and cooking begins. It would be accurate to say I spend more time preparing for Pesach than any holiday other than Rosh Hashanah and Yom Kippur.

For me, part of the magic of Pesach is that it is a home-based observance. The fact that we tell our people's "origin story" in our homes and around our tables is an important part of what makes it so memorable. We welcome in guests and look forward to seeing family. It allows each of us to celebrate in our own way, in a manner that fits each family's needs. Also, the message of freedom from oppression is one that resonates widely. It is not a

coincidence that the seder is the most widely observed ritual in both Israel and America.

Unlike the ease of Purim's observance, running a seder can be complex: will your seder be "standard"—going around the table reading straight out of the Haggadah—or something more creative, such as putting on a skit or posing discussion questions? How will you engage the wide range of ages who may be attending your seder? What *haggadah* will you use? Does everyone have the same one to ease the page calling or do you have a variety to bring in different ideas? How much Hebrew versus English? To what extent should you bring modern issues of oppression and freedom into your seder? Should you start early so the young children will be awake and alert or wait until after dark? Do you need to prepare special foods for people who have allergies?

For many people, these challenges have set the bar for participation at a level that feels too high at this time. This is the reason we are offering a communal seder on the second night of Pesach. Together with a dedicated group of volunteers, I will be leading the seder. It will be highly participatory and use both traditional and more modern theme-related texts. We will discuss, debate, sing and study.

This seder is geared mainly for an adult population and is open to all, including non-members. We will have appropriate activities for children to do, both at the table and, if warranted, on their own. The fee for the seder is set to cover the costs of the seder only. Those who need financial assistance should speak to me or to our executive director, Sam Freedenberg. When we say "let all who are hungry come eat," we mean it; no member will be turned away due to inability to pay.

While Purim and Pesach differ from each other in most aspects, they do share one trait in common. Both celebrations have the power to create long-lasting and deeply impactful memories, instilling a strong sense of Jewish identity that can last a lifetime.

Chag sameach!

Advisory Council Launched for Rabbi Israel

Four TI members have been selected to serve on the newly formed Rabbi's Advisory Council headed by Danny Bachman. They are Ellen Eisner, Cliff Fishman, Shira Lantner and Berhanie Weitz.

The council, created by TI's board of directors at the request of Rabbi Marc Israel shortly after he joined the congregation last summer, will be a sounding board to keep the rabbi informed about congregants' concerns and desires.

A description of the council's mission statement, as well as how it will work, will be described in the next issue of the *Bulletin*.

CANTOR'S CORNER Purim Festivities Straight Ahead

BY CANTOR ROCHELLE HELZNER



Purim Glee with Puppets

The Purim festivities for Tikvat Israel begin on Monday evening, March 9, with a family celebration.

with others.

The festivities commence with a Purim puppet production and costume parade from 6:15 to 7 p.m. in the social hall. *Maariv* and a full *Megillah* reading begins in the sanctuary at 7 p.m.

Purim services continue at 6:30 a.m. on Tuesday, March 10.

Wear costumes and bring tzedakah!

Kabbalat Shabbat with Instruments

This uplifting Shabbat evening service will be held on April 24 and June 5 commencing at 6:15 p.m. in the shul's Flax Library.

The service includes spirited melodies, both traditional and modern, accompanied by guitar, piano, bass, clarinet and percussion.

A pre-service sponsored reception begins at 5:45 p.m. The event is open to those of all ages.

The April 24 reception will be sponsored by the Chernoff/Kensky clan. The June 5 service is seeking a sponsor. Contact the cantor if you'd like more information.

Shabbat Davening Schedule

Cantor Helzner will daven on the *bima* on the following Shabbat mornings: March 14, 21 and 28; April 11 and 18; May 16 and 30; and June 13 and 20.

Lobby Celebration

Tikvat Israel plans to hold a lobby dedication on May 16.

Passover Home Hospitality 2020

The Passover seder is a feast that includes reading, drinking wine, telling stories, eating special foods, singing and other Passover traditions designed to tell the story of our liberation as if we went forth from the land of *Mitzrayim*. As per Biblical command, the seder is held after sundown on the first night of Passover (and a second night if you live outside of Israel). It is a mitzvah that is most joyful when it is shared

If you do not have a seder to go to or if you have room at your seder table for others, please fill out the form below and return it by **March 29** to the office or contact Hope Levy Kott at (301) 921-8268 or hkott@aol.com.

Alternatively, for second seder you may join the community seder at TI (details forthcoming).

Name
Phone number/e-mail
☐ Yes! I would like to host up to people on Wednesday, April 8, 2020
☐ Yes! I would like to host up to people on Thursday, April 9, 2020
☐ Yes! I would like to attend a Seder on ☐ Wednesday and/or ☐ Thursday
Indicate names (and ages of any children) of all who will attend:
Please indicate as well if your family:
☐ does ☐ does not observe the Sephardic custom of eating kitniyot or legumes on Passover.
☐ does ☐ does not keep kosher.
☐ does ☐ does not eat exclusively vegetarian meals.
☐ does ☐ does not observe traditional <i>Yom Tov</i> restrictions.
Conducts/prefers the seder mostly in English ☐ or mostly in Hebrew ☐.
Tell us anything else your host would need to know (allergies, etc.):
Thank you in advance for participating in our shared celebrations.

PRESIDENT'S CORNER

Two Ideas to Borrow From a Florida Congregation

BY JIM PERLMUTTER, TIKVAT ISRAEL CO-PRESIDENT



While I was visiting my brother Jeff in Florida, he received a phone call on a Friday afternoon. It was an hour or so before Shabbat and someone on the other end was wishing him a "Shabbat shalom". I asked him about the call and he said his temple had started a "We Care" group under the leadership of their former president, Fran Goldman. As many of you know, Jeff is

disabled, having been brain damaged at birth. He is an active member of Temple Anshe Shalom in Del Ray Beach, Fla., where he does some volunteer work for the temple. He is living independently in my parents' former home with visits once a week from a geriatric case manager and some modest assistance with meal preparation for dinner during the week.

The "We Care" committee is a group of volunteers that makes calls to shut ins—people with mobility issues, people who are ill or have other challenges that limit their ability to be physically present and fully engaged in the congregation. In addition to wishing congregants "Shabbat shalom," the "We Care" volunteers ask how else they can be of assistance. They offer rides and help with shopping, and provide other supportive assistance to this aging population. What I have discovered is that Jeff is now not

only receiving the calls, he is making the calls to others as well. I believe this process is worth emulating and I am reaching out to see if there are volunteers who may be interested in joining a "We Care" committee at TI. Please let Warren, me or the office know of your interest.

A second idea that I have been wrestling with comes from my experience in watching Jeff's other Friday ritual. He watches the live stream service from Central Synagogue in Manhattan every Friday night. It brings him such joy that I began to wonder whether we could do livestream here at TI. I have very limited knowledge of the cost or the technology that would be involved. I think, with the consent of the Rabbi and the Cantor and the religious practices committee, it would be worthwhile to form an exploratory task group to look into the cost and technology, and come up with some ground rules for when and how often it would be used. I am aware that this technology is being used in local Conservative congregations in our community so it must have passed their religious practice litmus tests in order to be implemented. We need to be thinking ahead to make sure we are serving all those in our community, including those who may have physical or other limitations that prevent them from being physically present. It is not enough to talk inclusion without putting in place policies and procedures that make inclusion a reality.

Congregational Condolences

Condolences to those Tikvat Israel members who lost loved ones in recent months (October 2019 through early February 2020).

Steve Kahn on the death of his father Maurice Kahn.

Harriet Armoza on the loss of her husband Jacob Armoza.

Amy Matathias on the death of her father David N. Shedroff.

Jules Bowen on the loss of his brother Arthur Bowen.

Julia and Martin Meyers on the death of their son Ron Meyers; and to Ron's sister Beth Meyers and his wife Alissa Neuhausen.

Cantor Rochelle Helzner on the loss of her husband Robert (Rob) Agus.

Sondra Levin on the death of her father Dr. Philip Warren.

Joel Kahn on the death of his sister Fredalynne (Freddi) Pleet; and to her son Ian Pleet.

Barry Lipsy on the loss of his wife **Karen Lipsy**; and to daughters Rachel and Shaina Lipsy.

David Meiselman on the death of his step-mother Carol Meiselman.

Shelly Kline on the death of his mother Davida Kline.

Melanie Grishman on the loss of her brother David Benjamin Grishman.

Shirley Nasoff on the loss of her husband Stanley Nasoff.

Enlightened Commentary Shared About Israeli Films

Lisa LeBourgeois, cultural affairs officer for the Embassy of Israel in Washington, D.C., shared context about Israeli society with members of Tikvat Israel before and after the showings of two recent Israel-produced films.

"Born in Israel and Still Alive" and "Shooting Life (HaSusita Shel Herzl)" were shown on consecutive Saturday evenings in January in the shul's sanctuary.

Israeli Embassy officer Lisa LeBourgeois, a Texan, with synagogue member Kate Jennes-Kahn following the showing of an Israeli film at TI. (*Photo by Felicia R. Black*)

LeBourgeois provided analysis following

both films, which drew enthusiastic audiences.

Sally Kram, chair of the Adult Education Committee, organized the annual film event.

WOMEN'S NETWORK Three Appealing Activities on March Slate

BY JANICE BALIN

The Women's Network continues to offer exciting programs, ranging from volunteer work in the community, to cooking sessions, to book discussions and craft projects. Participants in the varied programs are especially impressed with our own homegrown, talented presenters and workshop leaders.

Two appealing activities are set for March. On March 1, Shirley Waxman, a renowned fiber artist, will conduct a *Rosh Hodesh* program on Jewish symbols. Participants will not only study with Shirley, but they also will make their own *mizrach*, a form of Jewish folk art – an are art piece which is hung on a wall facing east toward Jerusalem.

The other March program will be the 2nd annual Shelly Goldin Women's Network Shabbat on March 14. Women from the congregation will conduct the Shabbat morning services, read from the *Torah* and chant the *haftorah*. Yolanda Savage-Narva, a Jewish woman of color, will speak about diversity issues and how the white Jewish community can be more welcoming and inclusive to those who are different. She will speak from the *bima* during services and again after the *kiddush* luncheon.

The luncheon will be sponsored by the Women's Network with contributions from members of the congregation. If you haven't already signed up to participate in the services, please contact Elyse Bernstein. She will be assigning parts of the service. And please make your generous contribution to the luncheon.

The final event during the month is a book discussion on March 18. The book that will be reviewed on that date is "Inheritance: A Memoir of Genealogy, Paternity, and Love" by Dani Shapiro. Sara Harris will serve as discussion leader.

Here's a recap of the past two months:

We ended 2019 by serving food to those in need at Shephard's Table. The recipients were appreciative of the time we committed to preparing and serving the food. (See p. 15.)

We started 2020 with a discussion on healthy eating attended by 30 women. The presenter, Debbie Amster, is a trained integrative nutritionist. Debbie demonstrated how to prepare two healthy soups, which we all tasted and then took home the recipes to cook on our own. (See p. 10.)

Also in January, the book group discussed "Wings Over Jerusalem." More than 12 women participated in the engaging discussion led by Bobbi Gorban.

On Feb. 2, another successful cooking demonstration was presented by Beth Smith to more than 20 women. Have you ever eaten rainbow *hamantachen*? Although the preparation is a somewhat labor-intensive process, the results were fun. Everyone had a chance to shape and fill *hamantachen* and then taste one.

Mark your calendars for more exciting programs coordinated by members of the Women's Network:

April 19: Wire *kippah* making May 17: Self-defense program

May 20: Book group discussion – "What You Did Not Tell"

by Mark Mazower

June (TBA): Craft program to benefit children at the NIH Children's

Inn

Don't forget to support the Women's Network Kabbalat Shabbat services on the second Friday night of each month at 6 p.m. in the chapel. Congregants mourning loved ones and those who have a *yahrzeit* are appreciative when we ensure a *minyan*.

All upcoming programs will be publicized in the newly created Women's Network weekly newsletter, so watch your e-mail for all the details.

Creating Hamantachen With Rainbows



Beth Smith (left) instructed two dozen inside the shul kitchen.

Synagogue member Beth Smith taught a group of 24 women and one pre-teen how to make rainbow *hamantachen*

at a Women's Network program inside the TI kitchen on Feb. 1.

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Shira Lantner (right) and her daughter Eleanor watched Beth Smith as she readied the dough for filling.

The participants applied colored dyes to the dough, then layered the colors like a rainbow. After chilling the dough, the bakers rolled out slices and cut them into circles before applying the usual fillings, then shaped and baked them. Everyone tasted the finished products and brought samples home — along with newfound knowledge.

(Photos by Sandy Levine)

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Women's Network Moves Beyond Chicken Soup

Thirty women met in the social hall and kitchen on Sunday, Jan. 12, for a Women's Network activity on healthy eating and cooking.

The gram, Beyond Chicken Soup, was conducted knowledgeably and warmly by Debbie Amster, an integrative nutritionist for more than 10 years. Amster, congregant from Olney, demonstrated how to cook Caribbean fish soup and Haleakala red lentil soup while sharing extensive knowledge



Debbie Amster, a nutritionist, prepared two soups in front of an audience, who later got to sample both. (*Photo by Felicia R. Black*)

about food. Everyone thoroughly enjoyed bowls of these two soups.

Amster fielded congregants' questions ranging from the benefits of organic vs. conventional food, wild-caught vs. farm-raised fish and bottled vs. fresh garlic.

The highly engaged audience decided to continue the conversation by sharing soup recipes and tips: Use the bones from a turkey to make soup similar to chicken soup; season soup gently as the soup simmers and the flavor of the vegetables develop; onions, garlic, shallots, etc., should not be refrigerated and their flavor changes if cut into coarse rather than fine pieces.

As a consultant, Amster runs healthy cooking demonstrations for groups to help them discover the tools needed for a lifetime of balance.

Join the Women's Network and its Beyond Chicken Soup conversation by submitting a favorite soup recipe and/or cooking tip to Paula Kasper (pkinc04@yahoo.com). Kasper will compile the recipes and share with those who are interested.



Women's Network members crowded around the kitchen table at TI for the Beyond Chicken Soup program in January. (Photo by Felicia R. Black)

Havurah Forming at TI for 50-plus Singles

BY AMY MATATHIAS

There seems to be a need in our synagogue for people over 50 to connect, and one way to do that is to form a *havurah* (circle of friends) of like-minded people. If you are over 50 and single, and would like to be in a *havurah*, we'd like to hear from you. If we have enough interest, we will form multiple *havurot*.

Joining a *havurah* is a great way to get to know other members of the congregation. *Havurot* have flourished at Tikvat Israel for many years, resulting in many lifelong friendships.

The original *havurah* idea was developed by Rabbi Mordecai Kaplan, founder of the Reconstructionist movement in Judaism. His concept was to get small Jewish groups to come together for study and observance of Jewish rituals and life-cycle events.

Here at Tikvat Israel, each *havurah* group is self-directed, planning its activities based on the interests of its members. Some groups are more social in nature, while others focus more on religious, family or study-related activities. Past activities of Tikvat Israel *havurot* have included Shabbat dinners, Havdalah services, participating in a Shabbat service and hosting the *kiddush*, holiday celebrations, potluck dinners, book discussions, sports activities (bowling, skating, hiking), travel, social action events, musical or theater events and movies. Each group decides what will be on their agenda.

At Tikvat Israel we believe that belonging to a *havurah* can be fun and enriching. Whether you are new to the synagogue, or have been a member for a while, it is a way to meet people with similar interests, get to know others and build friendships. Groups are usually formed on the basis of life stage, and we are currently looking to form a *havurah* (or *havurot*) for those who are single and 50 and older.

If this interests you, contact Amy at office@tikvatisrael.org or 301-762-7338 by March 18 and let her know if you will be able to join us on Sunday, March 22, at Tikvat Israel at 8 p.m. (after minyan) to learn more.

Mazel Tov

- to **Bonnie and Elliot Cowan** on the birth and *b'rit* of their first grandchild, **Aviv Eitan Cowan**, to **Marnina and Seth Cowan**.
- to **Rebecca Salon and Jay Goldman** on the birth of their granddaughter **Ruth Elisabeth Peretz**, born to **Abby Goldman and Eliad Peretz**. Ruth joins sister Shoshana.
- to **Sue and Howard Wilchins** on the birth of their eighth grandchild, Zebulon Wilchins, born on Dec. 4 in New York City to Daniel and Rebecca Wilchins.
- to **Wendy Morrison** upon attainment of bronze life master status in the American Contract Bridge League.

10

Inclusive Practices Visible Regularly in Our Classrooms

BY SHERI BROWN, ECC DIRECTOR

February is Jewish Inclusion month, and the ECC is proud of the many ways inclusion is "what we do." It's not a time when we focus on "one-offs." It is a great time to reflect on our ongoing efforts.

This is the inaugural year of our Grandfriends program. Two classes have

been assigned Grandfriends who visit every other week to interact with students. The Grandfriends underwent background screening and training and have been a welcome addition to our students' lives. Congregants Dan Matathias and Kelcey Klass are to be commended for their commitment to fostering intergenerational dialogue.

The ECC has a deaf staff member this year. Having her has provided our students with a glimpse into the non-hearing world. Our students and staff are learning to sign and find other ways to adapt to a different way of communicating.

Also, in January, three students with developmental disabilities from Rockville High School started helping in our preschool. They are accompanied by a support staffer, and our students are learning about people with different abilities. Everyone at the ECC benefits from the diversity of our staff and student body.

Our participation in the Maryland State Arts Council's "Interact Theater" program enables our children to have a variety of cultural experiences throughout the school year. There are four performances in the ECC each year. (This is funded by the EFN, the ECC Family Network.)

As mentioned in a previous *TI Bulletin* article, our students get visits from therapy dogs once a month and learn how animal friends help humans.

The ECC has begun registration for the 2020-21 school year. With our Hebrew immersion program, excellent staff and flexible hours, the ECC is the place for students 14 months of age through pre-kindergarten. If you know someone interested in the school, they are welcome to set up a tour at a convenient time. Application information is available on the Tikvat Israel website.



Activity during the ECC's PJ Havdalah event that took place in January at Tikvat Israel. (*Photo by Ellen Ungerleider*)

Congregant Works on Display in Jewish & Muslim Art Show

An art exhibit titled "An American Story: Jewish & Muslim Perspectives," running March 5 through May 31 in Sandy Spring, Md., will feature the artworks of three congregants -- Shirley Waxman, Larry Levine and Gale Pressman.

An opening exhibit reception is set for 1-3 p.m. on Sunday, March 8, at the Sandy Spring Museum, 17901 Bentley Road. The public may mingle with the exhibiting artists and enjoy traditional Muslim and Jewish foods and soft drinks, but registration is required at sandyspringmuseum.org.



This is one of Shirley Waxman's fiber artworks that will appear in the exhibit at the Sandy Spring Museum.

A presentation by clergy members representing Jewish, Muslim and Christian faiths will begin at 2 p.m.

The exhibit is the work of JAMMART (Jews and Muslims Making Art Together), an unaffiliated group of Muslim and Jewish artists, who convened in 2008 for the purpose of creating art, learning about each other's beliefs and values, and ultimately becoming friends.

Levine, for his part in the show, has created photographs that explore several relevant themes — freedom of religion, freedom of the (Yiddish) press and people of different faiths working together.

Pressman expects to display four pieces of her work: an all-porcelain, 14-inch doll who represents a Jewish girl coming from Poland; a shadow box made with silk and porcelain clay to represent Adam and Eve hiding in the garden after encountering the evil serpent; a high priest with a porcelain head and cloth body who advised the Jews during their wilderness travels; and a Judah Maccabee *hanukkiah* made of polymer clay.

Waxman, a fiber artist whose work appears in multiple places in our building, is a founder of the group and remains an active member. As the artists learned more about one another, they decided to create a work of art that focused on areas of deep intersection. The resulting work, composed of paint, fiber, metal, glass, ceramic, and wood, is a declaration of the beauty contained within the two religions and the intermingling of shared values and beliefs.

"An American Story" exhibits the original JAMMART artwork plus works by 16 individual artists who are members of JAMMART – all of whom are immigrants, children of immigrants or grandchildren of immigrants. JAMMART hopes that these works can be a reminder of the ideals that the United States was founded upon. JAMMART's members want their art to show the power of friendship, community, faith, hope and love.

German Teens Address Their Work at Jewish Agencies

Three recent graduates of high school in Germany addressed members of Tikvat Israel on Feb. 2 with observations of their homeland as year-long volunteers with Action Reconciliation for Peace (ARP).

The three are serving with D.C.-based organizations connected to Judaism or Israel during a gap year before resuming their formal studies. Each year in the fall, the new volunteers from ARP attend a Shabbat service at Tikvat Israel.

Anton, who is spending his gap year with the Jewish Community Center in the District of Columbia, spoke about growing up Jewish in 21st century Germany. Emma, who is assigned to the U.S. Holocaust Memorial Museum, discussed Holocaust remembrance culture, while Franka, who volunteers at the American Jewish Committee, talked about right-wing politics in Germany today.

The ARP program was launched in 1958 by a Lutheran minister, enabling high school graduates to spend time abroad in countries affected by the Holocaust. The U.S. was added because of the large community of Holocaust survivors living here.

The ARP connection to TI is managed by Ellen and Richard Lederman, and they have done this since 2006. The Ledermans first encountered ARP at their Philadelphia synagogue in 1995.



Three German teens involved in the Action Reconciliation for Peace program spoke in the TI sanctuary. (*Photo by Harvey Kaplan*)

CORRECTION NOTICE

The January-February issue of the *Tikvat Israel Bulletin* incorrectly identified ECC music teacher **Ellie Schuchman** as the niece of congregants Jerry and Ziva Schuchman. Ellie is actually the daughter-in-law of congregants Celia and Leonard Schuchman.



The Cantor's Appreciation

My family and I would like to thank all of you for your presence, your words of comfort, your prayers and your nourishment both during Rob's illness and after his death. We feel so blessed to have a community that cares and empathizes so deeply. Your love and concern continue to touch and sustain me.

Cantor Rochelle Helzner

Family Support

Words can hardly express our appreciation for the tremendous support that our family has received during the past several months from Rabbi Israel, Cantor Helzner, our *havurah* and the entire Tikvat Israel community prior to and following the passing of our beloved son Ron. Your many thoughts and prayers are genuinely appreciated.

Thank you for the Shabbat dinner provided to us during the *shiva* period. We feel so blessed to be part of such a caring and giving community.

Julia and Martin Meyers

The Census Is Coming!

The 2020 Census will begin on April 1, but every household will receive a postcard between March 12-20, suggesting that people respond online this year. There will be a personal code to enter, identifying your name and address, so the first question will be "How many people were living or staying in this house, apartment or mobile home on April 1, 2020?"

For those who prefer not to reply online, the postcard will list a phone number to call to request a paper questionnaire or to reply by phone.

Every person counts, including those new babies in our community! If you have any questions, you can access the county census website (www.montgomerycountymd.gov/census) or the federal website (www.census.gov), or you can call me. If I don't know the answer, I can find out.

Judy Davis, Co-Chair, Committee on the 2020 Census League of Women Voters of Montgomery County

Condolence Appreciations

Thank you to the entire congregation, our family at Tikvat Israel, for everything you did for us when my sister, Fredalynne Pleet, passed away. A special thanks to the Bereavement Committee for all you did, and everyone who made sure we had a minyan on Monday and Tuesday evenings.

Joel Kahn

The family of Barbara R. Cohen extends a heartfelt "thank you" to the TI clergy and all the TI members and staff who took time and energy on Erev Rosh Hashanah, as well as the following weeks, to be there for us during those difficult days following her unexpected passing.

Irv Cohen

Basketballers Nab a Thrilling Win in 2020 Season

Tikvat Israel's basketball team in the Montgomery County synagogue league scored its lone victory of the 2020 regular season by edging out Temple Beth El, 74-73, in overtime on Feb. 2.

Other synagogues in the league this year were B'nai Shalom of Olney, Shaare Tefila and Shomrai Emunah/Kemp Mill.

The TI team has included three members from Kehilat Pardes to make a full roster this winter. All others are either members of Tikvat Israel and/or parents of students in the religious school or early childhood center.

Warren Berger served as team captain.



Shown after the team's victory are, front row from left, Warren Berger and Drew Brody; middle row from left, Ross Apter, Brandon Ehrlich, Jonny Ragg, Jeff Kahn, Jorge Hernandez and Mike Micek; and back row from left, Leor Newman, Ben Charlton, David Charlton and Lance Brody.

Volunteers for Folks Living at Leisure World

Tikvat Israel occasionally fields calls from Leisure World residents, both members and non-members of TI, who would like to attend a program or prayer service at our synagogue but are in need of a ride.

To meet this need, the shul office is putting together a list of congregants living in Leisure World who would be amenable to providing rides to their fellow Leisure World residents on an occasional basis. These rides, of course, would be only to TI events that you're already planning to attend.

Contact Amy Matathias in the office (office@tikvatisrael.org or 301-762-7338) to be put on the contact list. Also let her know whether you are available during the daytime and/or the evening.

Providing rides is a good way to extend hospitality to our Leisure World neighbors, as well as possibly draw in new members at some point.

TI Volunteers Rise to Manna's Challenge

BY ART FABEL



Manna volunteers were (from left) Sandy Levine, Art Fabel, Pete Xydas, Marsha Fabel, Larry Levine, Dan Matathias, Rebecca Matathias and Hilda Springer.

Nine volunteers from Tikvat Israel spent time at the redesigned Manna Food Center warehouse in Gaithersburg on Jan. 14 to sort and stock shelf-stable food for client shopping.

"Shopping" is the operative word here. Previously, most Manna clients were handed a box of canned food products, packaged items and bottles containing a logical mix of factory-prepared foods. Now clients can go to the Manna supermarket and pick out brands and types of food that their family prefers.

To get donated foods ready for shelf stocking, we grouped them into categories such as canned corn, canned green beans, canned black beans, soft package beans, soft package rice and single-serving cans.

It was a challenge learning the new system, but all of us were eager to do it again the following month.

Come join us. I'll announce the date and time on the Tikvat Israel news listserv.

Sponsoring a Kiddush

Kitchen coordinator Liora Dahan has devised options for sponsored Shabbat *kiddushim* at costs ranging from \$250 to \$450. Menu sheets are available from Dahan at 301-762-7338 ext. 213 or liora@tikvatisrael.org.

Kitchen Helpers

In order for a *kiddush* to take place following Shabbat morning services each week, volunteers are needed for a modest setup and cleanup. To volunteer, contact kitchen coordinator Liora Dahan at liora@tikvatisrael.org or use the SignUp Genius at *tikvatisrael.org/kitchenvolunteers*.

Advertising Sales Support

The *Tikvat Israel Bulletin* would like to publish more advertising in future issues from area businesses and service providers. If you might be interested in placing an ad or helping in this effort, contact Amy Matathias (office@tikvatisrael.org.) or Audrey Hatfield (bookkeeper@tikvatisrael.org).

ISRAEL AFFAIRS COMMITTEE

HASBARA: Focus on Israeli Innovation

(#18 in a Series)

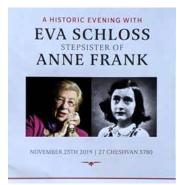
BY HARVEY T. KAPLAN

In the last issue of the *Bulletin*, I wrote about the lack of coverage of "good news" about Israel in the media. There is more than enough negativity about Israel around the world. Therefore, in this issue I'll return to my primary focus on *Hasbara's* main theme: sharing the favorable news about Israel.

Dealing with the subject of Jewish history and Israel is a continuing struggle. One of the themes that always arises is the Holocaust. We should not dwell on it continually, but we must use what we have learned from it to benefit Jewish society in Israel, the United States, and throughout the world.

Just a few months ago, I was privileged to hear Eva Geiringer Schloss, stepsister of Anne Frank, give a presentation at Magruder High School. Mrs. Schloss spent her youth in Vienna, survived

the horrors of the concentration camps, and made her way to England where she married Zvi Schloss (also a refugee, from Germany). Only much later in life did she realize that she had a strong personal need to share her amazing story as part of an effort to get people to learn from history, and she frequently speaks of her family's experiences at educational insti-



tutions. For her dedication to this work, Northumbria University in England awarded her an honorary doctorate in 2001.

On the scientific front, I recently learned that the Ben-Gurion University of the Negev (BGU) has conducted some timely and useful research on Internet applications in personal shopping. In general, the findings suggest that a buyer using a laptop/desktop gets a significantly larger amount of helpful information during the shopping experience than someone who makes a purchase on a smartphone of any type. I expect that we'll hear more details on that research soon!

Also, at BGU, there has been a major discovery related to cancer. Prof. Angel Porgador has identified a "protein in cellular membranes that allows cancer to spread by disabling 'natural killer' cells that would otherwise attack the disease." It is possible that future cancer care may depend significantly on targeting this protein. Prof. Porgador is hopeful that he will be able to identify additional "checkpoints" as targets for unleashing powerful cells to cut off the spread of cancers.

Another promising research effort at BGU is related to maintaining sustainability in the use of fuels. In brief, a car fueled by hydrogen (a carbon-neutral element, with no contribution to climate change) represents a dream for science. However, there exists very little pure hydrogen on the earth. Current methodologies to produce it are far less than efficient—and require too much

man-made energy to work. Scientists at BGU have developed a new process that utilizes clean solar energy (very abundant in the Negev of Israel) to make hydrogen.

In addition, also at BGU, Israel hopes to show the world how to grow crops in the desert using techniques that were successful with the ancient Nabataeans 2000 years ago. At the University's experimental farm at Wadi Mashash, wheat is being farmed among olive trees, maximizing land use and minimizing the use of water. Israel hopes to share this technology with countries suffering from the destruction of arable land.

Also, of interest is the Technion's Sustainable (i.e., Green) Campus Initiative in Haifa. It is led by Prof. Daniel Orenstein of the Faculty of Architecture and Town Planning. The mission: "Provide an exemplary model for national and global sustainability through...educational and research programs and [the Technion's] institutional behavior." There are more and more courses being offered by the faculties in all parts of the institution that relate to the main theme. By way of example, "new guidelines will rid the campus of single-use plastics, encouraging composting...." The Technion wants to be known as a "green leader." Prof. Orenstein emphasizes that "the knowledge is here [today]" and the school truly should be capitalizing on its position in the forefront of so many high-technology fields by turning its research findings into action.

Breaking News: New anti-viral masks from Israel may help stop the deadly coronavirus. In fact, two companies in Israel are speeding up work to develop a reusable facemask that could prove to be a key tool in the prevention of epidemics such as the Wuhan coronavirus. According to the website *Israel 21c*: "Disposable face-

masks cannot block all pathogens and do not kill them. A used or discarded mask can even become a vector for the disease as the pathogens multiply in its fibers. That's why washable, reusable masks with anti-pathogen properties could provide a potent prevention tool..." Israeli textile-processing



Sonovia Chief Technology Officer Liat Goldhammer-Steinberg in the company's facility in Ramat Gan, Israel

firm Sonovia is "actively reaching out to collaborative investors and partners from around the world because we believe there is high potential for our products to save lives," according to the firm's CTO Liat Goldhammer-Steinberg. Follow this link for additional details from Sonovia and Bar Ilan University: https://www.israel21c.org/new-antiviral-masks-from-israel-may-help-stop-deadly-virus/.

Women's Network Feeds Needy at Shepherd's Table

A dozen TI women participated in a Women's Network's night of service Dec. 30 at Shepherd's Table.

It turned out to be an unusually busy night. While the typical number of dinner guests coming through the Shepherd's Table serving line ranges between 130 and 150, TI volunteers found themselves serving food and beverages to 195 guests, a 25 percent increase over the normal numbers.

Besides serving food, the TI women were involved in setting up the dinner tables with utensils, condiments and water; preparing trays of bread and desserts; collecting entry tickets; washing and drying dishes, pots and trays; and cleaning up the dining room and prep areas after the guests departed. Volunteers were on their feet for a total of 2½ hours.

Here's what the women had to say about their experience:

- "I'm made aware of the reality of homelessness in this wealthy county and my contribution feels very small." (Marian Hallen)
- "I would do it again!" (Mona Ehrlich)
- "It was hard to witness so many people struggling during the holiday season. The number appeared to be up from the last time I volunteered." (Janice Balin)
- "The 'newbies' performed just like the seasoned volunteers; everybody worked together to serve the largest number of individuals we've had at the shelter." (Karen Cohen)
- "It was wonderful seeing the TI women pitching in and bonding together at the same time." (Ellen Eisner)

Several men came along to help with the heavy lifting tasks. They were Sherman Eisner, Harvey Kaplan and Jayme Sokolow.



Volunteers (from left) Janice Balin, Fortuna Scheige and Edna Breit sort utensils before serving dinner at Shepherd's Table in Silver Spring. (*Photo by Sherman Eisner*)



Shown (from left) at Shepherd's Table are Mona Ehrlich, Susan Apter, Marian Hallen, Anna Levy, Edna Breit, Wendy Bauman, Ellen Eisner, Karen Cohen, Fortuna Scheige, Janice Balin and Naomi Kaplan. (Missing at photo time: Leilani Lansing) (*Photo by Sherman Eisner*)

Shepherd's Table, located in downtown Silver Spring, is a soup kitchen and resource center for the homeless and needy. Besides providing three meals a day, the resource center offers a clothes closet and an eye clinic among its numerous social and medical services.

TI serves dinner at Shepherd's Table in any month that has a fifth Monday. For 2020, our scheduled dates are March 30, June 29, Aug. 31 and Nov. 30. If you are interested in participating in the future, contact Sherman Eisner, TI's Shepherd's Table coordinator, at 301-598-0635 or shermaneisner147@gmail.com.



A contingent of Tikvat Israel members, including Felicia and Dan Black, joined together on Jan. 5 with Jews and non-Jews at the Old Takoma Gazebo in Takoma Park, Md., for a vigil to combat growing antisemitism in America. Among the speakers were Takoma Park Mayor Kate Stewart, Rep. Jamie Raskin, Montgomery County Executive Marc Elrich, Councilmember Will Jawando and several clergy from different faiths. (*Photo by Anna Levy*)

Tikvat Israel Remembers With Respect Those Whose Yahrzeits Occur From 5 Adar through 6 Nisan – March 2020

March 1 5 Adar

Carl Boden
Friedrich Breit
Sigmund Brown
Erna Casper
Murray Grand
Abraham Kabot
Freda Kagan
Milton Moss
Gerda Reich
Isadore Schwartz
Harry Weinstein

March 2 6 Adar

Stephen Edwards Frances First Helen Gross Rebecca Kauffman Rose Ludwin Colin Melmed Susan Meyers Morris Polansky Jacob Sage Fannie Salzer Lena Sandler

March 3 7 Adar

Herman Hamburg Maurice Krause Gloria Levinrad Tillie Lieberman Joseph Salzer Dudley Schwartz

March 4 8 Adar

Marguerite Eldredge Abraham Isaac Levy William Raucher Benjamin Rosenthal Mae Shulman Marlene Shulman Rabbi Jerome Weistrop

March 5 9 Adar

Sarah Bass Tillie Beard Theresa Kabik Bernard Levine Phyllis Newman Mary Nussbaum Melvin Salzman Daniel Howard Steiner Anna Zipin

March 6 10 Adar

Sylvia Abramson Sylvia Eiserike Edna Eisner Clem Fishman Benjamin Lederman Paul Margolies Howard Paul Morrison Pauline Rosenblatt Nyusya Sapozhnikova Pearl Simon Ben Williamowsky

March 7

Linda Beaumont Isadore Chait Anita S. Herman Albert Katz Charlotte Zeidman

March 8 12 Adar

Lillie Becker Robert Davidson Ruth Davis Morris Freedman Miriam Green Henry J. Land Minnie Parzow Max Steinberg

March 9 13 Adar

Irving Ashery
David Ray Cheslock
Pearl Gottesman
David Lefkowitz
Sarah Robinson
Sophie Schwartz

March 10 14 Adar

Helen Cohen Samuel Dicker Annie Edlowitz Burnell Goodman Samuel Halperin Mark Kabik Jesse Kaiser Betty Mae Kramer Esther Lerner Donald Linden William Myers

March 11 15 Adar

Albert Bressler Shirley M. Caplan Richard Cohen Alexander Diamond Emil Lentchner Bella Dinter Lieberman Edward Turkanis

March 12 16 Adar

Carl Fishman
Beatrice Friedman
Irving Garfinkle
Thomas Gorban
Samuel Kaplan
Belle Kobrinetz
Marion Laken
David Sills
Selma Winson

March 13 17 Adar

Louis Auerbach Bernard N. Flax Edward Krick Meyer Kushner Donald Lewis Sidney Migdal Louis Newman Henry Oppenheim Sylvia Panitz Freda Shevitz

March 14 18 Adar

Leonard E. Cohen Judith Weinstein

March 15 19 Adar

Lea Chernoff
Samuel Holland
Simon Katz
Lena Levine
Mortimer Ratnoff
Edna Simai
Harriette Solowey
Ethel Toney
Judith Weinstein
Ida Weisbord

March 16 20 Adar

Maurice Gabes Ruth Gilston Lottie Greenwood Ernest Gruenfeld Emma Klein Mark Morrison Leroy Moses Rose Silverman

March 17 21 Adar

Tillie Grossman Eugene Katz Edward J. Raine Minnie Sakoff Esther Salit

March 18 22 Adar

Lillian Brecker
Pearl Bredt
Ronna Esther Butterworth
Leah Feinsilber
David Krauss
Edward Rabin
Harry Silverman
Beatrice "Binnie" West

March 19 23 Adar

Sara Berman Hyman Grand Alice Katz Abraham Moskowitz Isadore Romm Herman Schrier Pauline Seiler Rhoda Zuskin

March 20 24 Adar

Hannah Barrack Saul Ehrlich Matthew Kessler Anna Rom Bertha Seiler Reuven Shacham Helen Shulman Samuel Wagman

March 21 25 Adar

Daisy C. Jones Harriet Cohen Sylvia Copaken Elizabeth Grishman Martin Kronenberg Carolyn Wermiel Sophie Zaccagni

March 22 26 Adar

Ann Eisler Samuel Frank Salome Gardsbane Louis Goldstein Nathan Markovitz Isaac Silverman

March 23 27 Adar

Jacqueline Cohen Feliciano Cruz Gerhard Gruenfeld Anne R. Kaiser Herman Markovitz

March 24 28 Adar

Lina Hoffman Beatrice Klein Jacob Levi Molly Oppenheim

March 25 29 **A**dar

Ida Baroff Louis Bernstein Gerald Lempert Patricia Teller Sandra Tolpin Sonia Trachtenberg

March 26

1 NISAN

Rachel Brown Ann Engel Morris Pike Sam Prince Samuel Solsky

March 27 2 Nisan

Henry Goldberg Jacob Goldstein Dora Kishner Akhtar Saadian Michael Sanders Michael C. Shapiro

March 28 3 Nisan

Edward Lankin Tillie Pressman Harry Shooman Kalman Sokolow Sol Wachovsky

March 29

4 NISAN

Harry G. Blackstone
Joseph Burdoo
Samuel Grossman
Irving Kaplan
David Klein
Ida Licht
Irwin Lowenfeld

March 30 5 Nisan

Dayna Leslie Dubin Benjamin Fleitell Joseph Gordon Harriet Raine Dorothy Robinson Rose Stahler

March 31 6 Nisan

Edith Adler Irving Curchack Jennie Kornhauser Leonard Mitchel

Tikvat Israel Remembers With Respect Those Whose Yahrzeits Occur From 7 Nisan through 6 Iyar – April 2020

APRIL 1 7 NISAN

Aaron Feinmark Samuel Nathan Leavitt Rita Shetzich

APRIL 2 8 NISAN

Alfred Cowan
Ray Kramer Gesumaria
Dianna Hamburg
Jeanne Krause
Jacob (Jack) Matathias
Fannie Saltzman
Sol Schwartz
Helen Sharlot
Samuel Shull
Bernice Singer
Albert Stutz

APRIL 3 9 NISAN

Benjamin Bogage Stephen Gary Mary Ruth Glucksman Aaron Polansky

APRIL 4 10 NISAN

Lorraine Cohen Jenny Fierman Susana Nardea Gorelick Charles Haberman Helen Haberman Yaakov Havakuk Samuel Taylor

APRIL 5 11 NISAN

Irv Apatoff Nathan Bloom Norman Goldman Isaac Kaplan Nadia Schuchman Jackie Tievy Daniel Wexler

April 6 12 Nisan

Samuel Appel Diane Finkelstein Ruthanne Osheroff

April 7 13 Nisan

Lenore Kline Bain Maurice Levy

APRIL 8 14 NISAN

Dorothy Daffe Joseph Glucksman David Leise Faye Raff Nettie Waltzer Joseph Zalen

APRIL 9 15 NISAN

Ellis Goldman Julius Lifshutz Meyer Puner Stuart Schaffman Cora Weil Oscar Zaccagni

APRIL 10 16 NISAN

Allan Beck Sarah Cowan Tillie Grand Evelyn Spector Marcelle Tangy Anna Teitelbaum Gertrude S. Van Aalten

APRIL 11 17 NISAN

Esther Duker Pollack Sidney Polster

APRIL 12 18 NISAN

Esther Engelstein Evelyn B. Kaplan Ethel Melmed Irving Suskin Paul Waltzer Harry Yudkoff

April 13 19 Nisan

David Fischer Herbert Horowitz Theodore Perlman Raula Stern Joseph Wagman Gary Yudkoff

APRIL 14 20 NISAN

Sarah Bachman Isidore Cohen Louis Fainberg Harold Gorschman Morris Sirmai Hilda Klein Vinokur

APRIL 15 21 NISAN

Linda Bressler
Lily Rose Kerman
Frances Penenburgh
Stella Suskind
Ethel White

APRIL 16 22 NISAN

Reva Bloch Hannah Edelman Esther May Feinsilber Herman Flax Celia Linden Carol Miller Sylvia Prosnit Jacob Sweet

APRIL 17 23 NISAN

Celia Bressler Allan Danoff Sylvia Weinstein Levine Mona M. Martin William Mensh Gisela Reich Hilde Scheraga Bernard Stern

APRIL 18 24 NISAN

Herba DelMonte Nathan Kerson Harry Lifshutz Toba Ohr Harry Sneiderman

April 19 25 Nisan

Max Bloom
Marilyn Bloomberg
Nachman Burdett
Ilan Cohen
Ethel Freedenberg
Vincent Gesumaria
Ruth Goldman
Samuel Katz
Hyman Kram
Gela Marmor
Samuel Marmor
Libby Deutsch Rosen
Renel Silver
Philip Wilchins
Josephine Wottitzky

APRIL 20 26 NISAN

Dora Alper George Boroff Abraham Friedman Morris Gateman Louis Harrison Yaakov Lichter Nachama Williamowsky

APRIL 21 27 NISAN

Pauline Dunsmore Samuel Lebowitz Max Regensteiner

APRIL 22 28 NISAN

Sarah Benesch
Leonard Ehrlich
David Fein
Selma Goldstein
Robert Kopp
Benjamin Lerner
Lillian Miller Murphy
Arthur Peisner
Ridia Phillips
Louis Rothlin

APRIL 23 29 NISAN

Joe Cohen Frank Einbinder Joseph Engel Meshel Kirschbaum Sylvia Krauser Howard C. Penenburgh

APRIL 24 30 NISAN

David Fessler Lane Godley-Davis Edna Gorfine Helyn Mulitz Celia Shetzich Isadore Zeidman

APRIL 25 1 Iyar

Eva Fessler
George Fine
Esther Goldman
William Prince
Edward E. Rosner
Max Shetzich
Harry Shulman
Arnold Silverman
Paul Trachtenberg
Rose Weiss
Nathan Wermiel

APRIL 26 2 Iyar

Bertha Abramson Bertha Apt Edith Pressman Liba Scheige Bernard Yudkoff

APRIL 27 3 IYAR

Joseph Axelrod Sandra Baruch Belle Cooper Irving Goldman Hugh Hochberg Myrna Matheson

APRIL 28 4 IYAR

Sadie Bauman Philip Danoff Hannah Herscovitz Lillian Horowitz Joan Kaiser Robert Lerner Margaret Levine Louis Saltzman

APRIL 29 5 IYAR

Rae Danoff Harry Eisler Paul Grayson Anna Knopp Rebecca Podgor Eli Rubinstein

APRIL 30 6 Iyar

Louis Grossman Samuel Nathan Kaplan Reba Leavitt Alexander Levine Andrew A. Levinrad Irene Miller Martin Miller William Shapiro



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The congregation gratefully acknowledges the following donations to the various funds of Tikvat Israel. The donor lists that follow reflect gifts received at the synagogue in December 2019 and January 2020. If your donation during this time does not appear in the list, please contact the synagogue office at

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Continued on next page TIKVAT ISRAEL MARCH-APRIL 2020

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by Nancy and Rod Matheson

by Risa Sandler

by Fortuna and Steven Scheige by Ziva and Jerry Schuchman

by Nancy and Jonathan Solomon

by Hilda Springer by Mark Wilkins

Continued on next page

GENERAL FUND (cont.)

In memory of Rob Agus

by Debbie and Michael Amster

by Arlene and Warren Berger

by Elyse and Jeff Bernstein

by Brenda and Keith Brooks

by Louise and Chuck Chatlynne

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by Debbie and Michael Amster

by Debby Berlyne and Danny Bachman

by Arlene and Warren Berger

by Brenda and Keith Brooks

by Louise and Chuck Chatlynne

by Betty and Cliff Fishman

by Bruce Goldin

by Debbie and Jason Levine

by Amy and Dan Matathias

GENERAL FUND (cont.)

In memory of Ron Meyers (cont.)

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March 2020 5 Adar - 6 Nissan 5780

	11 Adar Shabbat Services (Shabbat Zachor/Parashat Tetzaveh) Tot Shabbat Study With Rabbi Alana Suskin & Rabbi Morris Faierstein	18 Adar Shabbat Services - Shelly Goldin Women's Network Shabbat (Shabbat Parah/Parashat Ki Tissa).	25 Adar Shabbat Services (Shabbat HaChodesh/Parashat Pekudei) – Simcha Kiddush Tot Shabbat	3 Nissan Shabbat Services (Parashat Vayikra) Bar Mitzvah: Daniel Malkin Study With Rabbi Alana Suskin & Rabbi Morris Faierstein	A
Saturday	7 9:30AM 11:00AM 12:45PM	14 9:30AM	21 9:30AM 11:00AM	28 9:30AM 9:30AM 12:45PM	
	10 Adar Minyan Study with Rabbi Israel Drop in Playgroup Candle-lighting Kabbalat Shabbat	17 Adar Minyan Study with Rabbi Israel Drop in Playgroup Kabbalat Shabbat Candle-lighting	24 Adar Minyan Study with Rabbi Israel Drop in Playgroup Kabbalat Shabbat Candle-lighting	2 Nissan Minyan Study with Rabbi Israel Drop in Playgroup Kabbalat Shabbat Candle-lighting	
Friday	6 8:00a 9:00AM 10:00AM 5:49p 6:00PM	13 8:00a 9:00AM 10:00AM 6:00PM 6:56p	20 8:00a 9:00AM 10:00AM 6:00PM 7:03p	27 8:00a 9:00AM 10:00AM 6:00PM 7:10p	
	9 Adar Minyan	16 Adar Minyan Minyan Toastmasters	23 Adar Minyan Minyan	1 Nissan Rosh Chodesh Minyan Minyan Toastmasters	
Thursday	5 6:45a 7:30p	12 6:45a 7:30p 8:00PM	19 6:45a 7:30p	26 6:45a 7:30p 8:00PM	
	8 Adar	15 Adar Sushan Purim n	22 Adar Minyan Women's Network Book Group	29 Adar	
Wednesday	Minyan	Minyan		Minyan	
Wedn	7:30p	7:30p	r 18 7:30p 7:45PM	7:30p	а
	7 Adar	14 Adar Purim prning	21 Adar	28 Adar	6 Nissan
	Minyan	Purim Morning Services Minyan	Minyan	Minyan	Minyan
Tuesday	3.7:30p	10 6:30AM 7:30p	17 7:30p	24 7:30p	31 7:30p
	6 Adar	13 Adar Fast of Esther ECC & Atid Family. Purim Celebration Dinner Purim Puppet Presentation Ma'ariv and Full Megillah Reading & Shtick	20 Adar Minyan	27 Adar Minyan Board Meeting	5 Nissan Minyan
Monday	7:30p	9 5:30PM 6:15PM 7:00PM	16 7:30p	23 7:30p 8:00PM	30 7:30p
	5 Adar Minyan Women's Network Rosh Chodesh Mizrach Workshop Puppet Show Rehearsal Minyan Focus Music	12 Adar Minyan Purim Carnival Puppet Show Rehearsal	19 Adar Minyan TI Day at Theatre J. "Wanderers" Minyan	26 Adar Minyan TI Cooks - Chocolate Seder Minyan 50+ Havurah Meeting	4 Nissan Minyan Minyan Annual Concert: Neshama Carlebach
Sunday	1 9:00a 11:30AM 4:00PM 7:30PM	8 9:00a 11:00AM 4:00PM	15 9:00a 2:00PM 7:30p	22 9:00a 10:00AM 7:30p 8:00PM	29 9:00a 6:30p 7:00PM

April 2020 7 Nissan - 6 Iyar 5780

	10 Nissan	ces Ishat Ubbi <u>k Rabbi</u>	ved Pesach (Omer 2) (Courses) (Oed	24 Nissan (Omer 9) (Omer 9) Shemini) idush it	1 tyar Rosh Chodesh (Omer 16) Services at Tazria-).) Jith Rabbi uskin & Rabbi Paierstein	
	10	oat Se	amoe t Serv a'mo	24 Nissaa (Omer 9 Shabbat Services (Parashat Shemini) – Simcha Kiddush Tot Shabbat	1 Iyar Rosh Chodesh (Omer 16) Shabbat Services (Parashat Tazria- Metzora) Study, With Rabbi Alana Suskin & Rabbi Morris Faierstein	
ay		. ,	2 3 A			
Saturday	4		9:30AM	9:30AM 11:00AM	9:30AM	
	9 Nissan	Minyan Study with 1 Israel Drop in Play Shabbat is S for Families Children Kabbalat Sh Candle-light	16 Nissan Pesach II (Omer 1) Yom Tov Services Mincha / Ma'ariv Candle-lighting	Minyan Studywith Israel Drop in Pl Kabbalat & Candle-lig	30 Nissan Rosh Chodesh (Omer 15) Minyan Study with Rabbi Esrae Drop in Playgroup Kabbalat Shabbat With Instruments and Pre-service Reception Candle-lighting	
Friday	3	5.30PM 5:30PM 6:00PM 6:00PM	10 9:30AM 6:00PM 7:23P	17 8:00a 9:00AM 10:00AM 6:00PM 7:30p	24 8:00a 9:00AM 10:00AM 5:45PM	
	8 Nissan	Minyan Minyan	15 Nissan Pesach I Yom Tov Services Candle-lighting	22 Nissan Yom Tov Pesach (Omer 7) Yom Tov Services Chametz can be eaten Minyan	29 Nissan (Omer 14) Minyan Minyan Toastmasters	6 Iyar (Omer 21) Minyan Minyan Israel Affairs: Don
Thursday	61	45a 30p	9 9:30AM } 8:22p (9:30AM 3:45PM 67:30PM 1	23 6:45a 7:30p 8:00PM 7	30 6:45a F 7:30p F 8:00PM
	7 Nissan		14 Nissan Erev Pesach Fast of First Born Minyan Candle-lighting	21 Nissan om Tov Pesach (Omer 6) w Services	28 Nissan (Omer 13)	5 Iyar Som HaAtzmaut (Omer 20) Minyan
Wednesday		:30p	45a 21p	15 Y. 9:30AM Yom Tc 7:30PM Minyan 8:28p Candle	22 7:30p Minyan	29 6:30a Min 7:30p Min
À			13 Nissan 8 Minyan Bedikat Chametz (Search for leaven) = 6: after 8:21 pm 7:		2 7 Nissan 2 Yom HaShoah (Omer 12) 7 Minyan	4 fyar (Omer 19) Minyan 6
Tuesday	41		7 7:30p	14 7:27p 7:30PM	21 7:30p	28 7:30p
			12 Nissan Minyan		26 Nissan (Omer 1.1) Minyan Yom Hashoah Program	3 Iyar (Omer 18) Minyan Board Meeting
Monday	A SA		9	13 7:30PM	20 7:30p 8:00PM	27 7:30p 8:00PM
	1	1,9	11 Nissan Minyan TI Cooks - Seder 101 Minyan	18 Nissan Hol Hamoed Pesach (Omer 3) Minyan	25 Nissan (Omer 10) Minyan Women's Network Wire Kippah Workshop Minyan	2 Iyar (Omer 17) USY King Dominion's Day Minyan Good Deade Day
Sunday			5 9:00a 10:00AM 7:30p	12 9:00AM 7:30PM	19 9:00a 10:00AM 7:30p	26 8:30AM 9:00a



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Group Outing Scheduled for Nationals Game in July

The late winter weather may not be conducive to sitting in the cold for three hours, yet synagogue members are already pining for a chance to jointly root for the Washington Nationals, the 2019 World Series champions.

They will do so during a group outing on Sunday, July 12, when the Nats play the Philadelphia Phillies in an afternoon contest on the final day of play before Major League Baseball's all-star break.

The TI Women's Network has purchased a small block of tickets in Section 112. These seats are in the lower level of Nationals Park, in an area between 3rd base and left field that's shaded from the sun for most of the afternoon.

Ticket ordering information will be announced by event chair Rebecca Salon in a few weeks.

Interest among congregants in supporting the Nats has been brewing ever since a baseball-themed program for



Congregants displayed their loyalty to their favorite professional baseball team during a program in the social hall on Dec. 25. (*Photo by Felicia R. Black*)

synagogue members at TI on Dec. 25. The event included swag from the baseball club that was used as giveaways and prizes during the well-attended event, organized by Sally Kram of the Adult Education Committee.