

Family Book Talk

May 8, 2014



Who Moved My Cheese?



“Cheese” Breakers

I could live on cheese.

Who Moved My Cheese?

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Everybody needs to
know how to cook.

Who Moved My Cheese?

“Cheese” Breakers

You cannot succeed if
you don't first fail.

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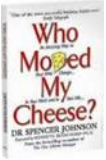
Homework is essential
to learning.

Who Moved My Cheese?

“Cheese” Breakers

I’m pretty much the
same as most other
people.

Who Moved My Cheese?



Question #1:

What's the cheese in your life?



Question #2:

What's the maze?



Question #3:

When Haw gets ready to leave Cheese Station C, "He started to feel more alive, knowing that he was finally able to laugh at himself, let go and move on." (45) It takes humility to overcome our fears right? What kinds of things are you able to laugh at yourself about?



Question #4:

"Haw knew sometimes some fear can be good. When you are afraid things are going to get worse if you don't do something, it can prompt you into action. But it is not good when you are so afraid that keeps you from doing anything." (49) Do you have things in your life that like this? Are there things that you are afraid to do? Are there things that you **SHOULD** be afraid to do?



Question #5:

"Whenever he started to get discouraged, he reminded himself that what he was doing, as uncomfortable as it was at the moment, was in reality much better than staying in the cheese-less situation. He was taking control, rather than simply letting things happen to him." (p.50) What kinds of things do you have control over? What kinds of challenges do you face about which you have little control?



Question #6:

When Haw returned to Hem and offered him some of the new cheese, Hem says, "I don't think I would like new Cheese, it's not what I'm used to. I want my own Cheese back and I'm not going to change until I get what I want." (61) Who is more comfortable with new cheese, children, or adults?



Question #7:

When Haw finds Cheese at Cheese Station N, "He pulled off his shoes, tied his laces together, and hung them around his neck in case he needed them again." (70) Why is this significant? What did he do the last time he found cheese?



Question #8:

"He realized the fastest way to change is to laugh at your own folly-then you can let go and quickly move on." (p. 70) Tell a story about your own "folly", a time you made a mistake and moved on? How did it feel? What did you learn from it?



Question #9:

What's the purpose of putting the mice in the story, Sniff and Scurry? What can we learn from them? Is it better to be Haw, or Sniff and Scurry? (Look at page 71)



Question #10:

"Perhaps most importantly, he realized that there is always New Cheese out there whether you recognize it at the time, or not. And that you are rewarded with it when you go past your fear and enjoy the adventure." (p. 72) Is this true? Is it true for everybody? Are there people who can never find Cheese; the maze is too complicated or long?



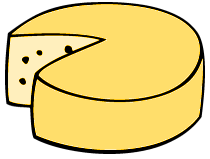
Question #11:

Do you think that Hem left Cheese Station C and joined Haw? Why wouldn't he change? Can you make another person change? How can you help people around you accept and embrace change?



Question #12:

What changes have you already experienced in your life? How did you react to the changes?



Question #13:

Why is it so hard for most of us (all of us?) to accept change?



Question #14:

Sniff uses his superior smelling ability to find Cheese, Scurry uses his speed to run and find it. What abilities do you use to find your cheese?



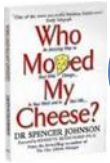
Question #15:

What would you do if you weren't afraid of change?



Question #16:

Sniff and Scurry did not spending lengthy time on planning; they prefer to apply the simple trial and error method. Hem and Haw tend to analyze situations. What do you do when faced with an obstacle, challenge or problem?



Question #17:

Sniff and Scurry have talents that complement each other. Is there anyone in your life whose talents complement yours?



Question #18:

When they couldn't find cheese, Hem and Haw used a hammer and chisel to make a hole in the wall of Cheese Station C., “The next day they started earlier, stayed longer, and work harder. But after a while, all they had was a large hole in the wall. Haw was beginning to realize the difference between activity and productivity.” (p.42) Are there times when you are active but not productive?



Question #19:

Hem and Haw used their superior brains to find cheese, but sometimes, “their powerful human emotions took over and clouded the way they looked at things. It made life in the maze more complicated and challenging.” (p.27) What does this mean? Does this ever happen to you?



Question #20:

The book shows that although we use our brain to overcome obstacles, it can also work against us. What are some ways that our thinking can work against us when facing change?



Question #21:

Which character do you represent?



Question #22:

Why does the cheese that Hem and Haw look for have a capital "C"? Does your cheese have a capital "C"?



Question #23:

"The maze was a labyrinth of corridors and chambers, some containing delicious cheese. But there were also door corners and blind alleys leading nowhere. It was an easy place for anyone to get lost." (p. 26) What are the dark corners and blind alleys in our lives?



Question #24:

After they find cheese at cheese Station C, Hem says, "We deserve this cheese, we certainly had to work long and hard enough to find it" (p.31). Hem and Haw bring their friends to see their pile of cheese. Sometimes they share it with them, sometimes they don't. Do you know people who act this way? What should people do when they find their cheese?



Question #25:

When Hem discovers that there's no more cheese, he puts his hands on his hips, his face turns red, and he screams at the top of his voice, "It's not fair!" (p. 33) What's not fair in your life?



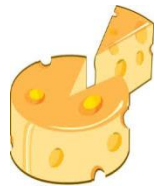
Question #26:

"For some, finding Cheese was having material things. For others it was enjoying good health with developing a spiritual sense of well-being."
(p.35) Talk about this, what kind of cheese are you looking for?



Question #27:

Haw writes on the wall, "The more important your cheese is to you the more you want to hold onto it." (p. 37) Talk about this. Is there Cheese in your life that you really want to hold on to?



Question #28:

Hem believes that because they are *Littlepeople*, and not mice, that they are special. The loss of cheese shouldn't happen to them and if it does, they should get some benefits. When pressed by Haw, he says, "We're entitled to our cheese, because we didn't cause this problem. Somebody else did this and we should get something out of it." (p.38). What caused the problem? Why did the cheese disappear? Do you know people like this?