



THE BULLETIN

CHRIST CHURCH CATHEDRAL
An Episcopal Community in the Heart of Houston, Texas

AUGUST 2019
CHRISTCHURCHCATHEDRAL.ORG

AFTER-HOURS EMERGENCY CARE LINE | 713-826-5332

Feeding the 100,000

In the ninth chapter of Luke's Gospel, Jesus and the disciples find themselves in a desolate place. As happens so often to them, a crowd hears of their proximity and gathers around Jesus. On this occasion, the crowd consists of five thousand people, a huge congregation of people in first century Galilee. The people are famished, both physically and spiritually. In their hunger, they begin to be restless, and then just as now, a restless crowd can easily become a mob. Jesus' disciples get nervous, and they say to Jesus, "Send the crowd away, so that they may go into the surrounding villages and countryside to find food." To their surprise and dismay, Jesus rounds on the disciples and replies, "You give them something to eat."



THE VERY REV.
BARKLEY
THOMPSON

Jesus' one-sentence lecture and lesson is at the heart of discipleship: those of us who follow Jesus are to be, first and foremost, those who feed God's hungry people. This includes spiritual nourishment, of course, but Abraham Maslow long ago taught us that we cannot focus on our spiritual hunger if our actual stomachs are empty. Gnawing hunger pangs crowd out all other stimuli. Jesus knew that the crowd could not hear his words of grace until they were physically fed, which is why he commanded his disciples to feed them.

And — wonder of wonders — the disciples discover that, with Jesus, they are also able to provide abundant actual food to feed the crowd. In one of the Gospels' greatest miracles, all five thousand are fed from two fish and five loaves, with twelve baskets of food left over.

How do we respond to Jesus' command to feed the hungry crowd? This year on **Feeding 100,000**, page 8



Chapter Founder and Program Coordinator Melissa Peter with several students who receive meals as part of Bayou City Blessings in a Backpack, the nonprofit that will distribute the 100,000 packed meals from Rally Against Hunger to children and families in food deserts throughout Houston.

Why we Rally Against Hunger

BY MELISSA PETER,
CHAPTER FOUNDER/PROGRAM COORDINATOR,
BAYOU CITY BLESSINGS IN A BACKPACK

Houston is a city filled with beautiful, diverse, and vibrant people, with culture, the arts, sports, industry, and a world-class medical center that make Houstonians proud. But, did you know that Houston ranks third in our country, behind Los Angeles and New York, for the number of children living with food insecurity?

Food insecurity, as defined by the United States Department of Agriculture, refers to inconsistent access to healthy food options. According to Feeding America's Map the Meal Gap report for 2019, 23.2% of the 284,790 children living in Harris county do not have a reliable food source or know where their next meal will come from.

Food deserts

By census, the U.S.D.A. identifies an estimated 13 "food desert" tracts inside Loop 610, and 70 "food deserts" between 610 and Beltway 8. These urban "food deserts" are generally defined as neighborhoods with no

RALLY

AGAINST  HUNGER

Sunday, August 25

8:30–10:30 a.m.
Registration and check-in
in the Cloister

9 a.m. Community
brunch in the Bishop's
Courtyard

10 a.m. Eucharist in the
Cathedral in English

11 a.m. to 1 p.m.
Meal packing project
in both

Reynolds Hall and
Sanders Hall

1 p.m. Eucharist
in Spanish in the
Cathedral

As with every Sunday, there will also be an 8 a.m. Eucharist in the Cathedral, a 3 p.m. reception for the Latino/Hispanic congregation (in Sanders Hall instead of Reynolds Hall), and the 5 p.m. Celtic contemplative Eucharist, The Well.

or limited access to grocery stores, combined with limited financial and transportation resources. Families who are food insecure, **WHY RALLY**, page 6

OUR CATHEDRAL FAMILY

We celebrate with

- new member **Margaret “Meg” Long**.
- Hayden Foutch** and **Danny Ostendorf**, who were married in the Cathedral June 22, 2019.
- Laura Atkins** and **Joseph Lauder**, who were married in the Cathedral June 29, 2019.
- Sarah Swift** and **Alex Miller**, who were married in the Cathedral July 6, 2019.

We extend heartfelt sympathy to

- the family of member **David Summerlin**, who passed away May 7, 2019. David is grandfather to member **Haley Stage**.
- the family of **Dr. David Howard Miller**, who passed away June 1, 2019. David is husband to member **Sally Miller** and father to members **Breisen** and **Salisha Miller**.
- the family of member **Patty Hurt**, who passed away June 6, 2019. **Patty** is wife to member **Jack Hurt** and mother to **Jay Hurt** and **Katherine Galloway**.
- the family of **Thelma Edwards**, who passed away June 9, 2019. Thelma is mother to Cathedral staff member **Shadrick Griffin**.
- the family of member **Chertie Razim**, who died June 26, 2019, in Houston, Texas. Chertie is mother to member **Ed Razim** and mother-in-law to the **Rev. Genevieve Razim**. She is grandmother to members **Thomas** and **Alex Razim**.
- to the family of **Alfonso Lee**, who died June 27, 2019. Alfonso is father to member **James Lee**.

The flowers on the Cathedral Altar

- On Sunday, July 14, were given to the glory of God in loving memory of **Polly Herring** by **Lucy, Sam, Alice, and Sallie Chambers**.
- on Sunday, July 21, were given to the glory of God in loving memory of their parents, **Sarah Ann Stowe** and **Gerhardt (Gary) Hoffius**, by **Susan Hoffius** and **Keith Ritchey**; **Cecily Hoffius** and **Judith Bellos**; and **Stowe** and **Mary Martha Hoffius**.
- on Sunday, August 4, are given to the glory of God in thanksgiving for the ministry of **Canon John Logan** on the occasion of his birthday by **Evelyn** and **Roy Nolen**.
- on Sunday, August 11, are given to the glory of God in loving memory of **Paul Bayless Harrison** by his wife **Blanche Harrison**.
- on Sunday, August 18, are given to the glory of God in loving memory of **John’s** mother, **Martha Unger**.
- On Sunday, August 25, are given to the glory of God in honor of **Robert** and **Jean Erskine** by **Beth** and **Ariel Martinez**.

The flowers at the World War I Memorial

- on Sunday, June 30, were given to the glory of God in loving memory of **Patty Hurt** by her family.

“Newtown” screening August 21

This summer, the Justice and Peace Council has been screening documentaries that focus on social justice for children. The final screening will be Wednesday, August 21, at 6 p.m. in Reynolds Hall. There will be a light dinner, the screening, and a discussion of the film.

DOCUMENTARY NIGHT

August 21, 6 p.m.

The film “Newtown” tells the story of the mass shooting at Sandy Hook Elementary School in Connecticut, where 20 children and six staff members died on December 14, 2012. It documents the lives of those who remain in the town and how each of them has changed as a result of the shooting. Everyone is welcome to the event, which is free.



Enjoy a light dinner, screening of “Newtown,” and discussion in Reynolds Hall.

Refracting experience through parables

BY THE REV. BECKY ZARTMAN

Parables are full of surprises. Parables indict as often as they delight, even within the same parable. Parables can be turned, like a crystal, to reveal different refractions of light and meaning. Parables you thought you knew are thrown into new perspective by your own life experience, and parables you never understood sometimes come into sharp focus. To borrow a certain phrase, a careful reading of the parables will reap a hundredfold.

But how are we to read parables today? And what really counts as a parable, anyway? Why do they matter? More importantly, what do they mean as we live our lives?

This fall, a women’s evening bible study is coming together to read and interrogate the parables. We’ll talk about what a parable is, the context of the parables, how they were transmitted down to us, and how these parables have been interpreted over the centuries. But more than that, we’ll connect the parables to our lives as they are lived. We’ll build relationships with each other and with these sacred, enigmatic texts. The Women’s Evening Bible Study: Parables of Jesus will start September 11 and run through December 18. We’ll gather from 6:30–7:30 p.m. in the Mellinger Room.

In the intrepid spirit of the parable, this women’s bible study will also try something else new. The first Wednesday of each month we won’t meet at the Cathedral, but in nearby downtown Houston. We’ll join in fellowship with other women and examine the life of an amazing woman of faith, ancient or modern, soft-spoken or firebrand. We’ll talk about her struggles, her triumphs, how to connect her life of faith to our lives today. The dates for Amazing Women of Faith are October 2, November 6, and December 4. These events will be 6:30–8:00 p.m.

To be added to the mailing list for Parables of Jesus or Amazing Women of Faith, please contact **Canon Zartman** at bzartman@christchurch-cathedral.org. Childcare will be provided every Wednesday.



There will be activities available for children of all ages during Rally Against Hunger on August 25.

How children can participate in Rally Against Hunger

BY KARIANN LESSNER

This Rally Day, we will be coming together as church family to pack 100,000 meals for those in Houston’s 3rd Ward. The day will be full of opportunities for all ages to participate in age-appropriate ways.

Children birth–3 years old will be invited into childcare during the service portion of the day and engage by coloring cards for meal recipients and reading the book *Maddie’s Fridge*.

Our little learners ages 3 years–2nd grade will be invited to color cards, experience packing a meal, take a bird’s eye view of the activity of the 250 volunteers meal packing in Reynolds Hall, and learn more about Bayou City Blessings in a Backpack, the ministry that will distribute our gift to families within its program.

Students 3rd grade and above are invited to sign up to serve alongside their parents and the rest of the parish.

We are a church family that sees a need and reaches to lend a hand up. I can’t wait to serve alongside each of you on August 25 because together, we can all help Rally Against Hunger.

RALLY DAY

Sunday, August 25

There will not be a test on *To Kill a Mockingbird* [but let’s pretend there is]

BY LUCY CHAMBERS

The most I ever learned in college was not from a professor. I’m not referring to life lessons, or extra-curricular information, but specifically to one U.S. Intellectual History class. The professor, well-respected and well-published, provided the spark, the facts, and the direction, but the actual learning came from a motley study group made up of a very-Republican lacrosse player, a brilliant Southern belle, an angsty body-building Yankee libertarian, and me. How we came together I don’t remember, but I am forever grateful for their diverse perspectives and thoughtful intelligence.

Lectures happened M/W/F at 9 a.m., an early hour at a university noted for its night-life. We set multiple alarms to ensure that we didn’t miss a bit of our crazy-haired professor’s insight. When exam time came, we picked up pizza and hunkered down in one

of our crusty apartments, ready to cram. We didn’t review facts; we just tried to figure out what questions he would ask us.

We didn’t obsess about the details, because our professor didn’t. He wanted us to understand the big picture. We didn’t have study guides or practice tests: we just were supposed to make sense of the thought movements that had influenced the United States, and there were endless ways to consider the topic. As we tried to determine what mattered, we bickered, disagreeing about what we might face on the test. We couldn’t discount anyone’s opinion, because we just didn’t know. We stayed up late, covering the waterfront. In the early hours we parted, to meet again

after we had closed our bluebooks and signed the honor pledge, rushing out of the creaky

lecture hall to high-five each other if we had guessed the questions correctly or, even better, if we thought we had known the answers. We were excited about the material. We wanted each other to succeed. And, as we attempted to understand our complicated country in one short undergraduate semester, we didn’t realize what a gift our different perspectives gave us.

On August 4th, the Cathedral congregation will gather to discuss **Harper Lee’s** Pulitzer Prize-winning novel, *To Kill a Mockingbird*. **Dean Thompson** will provide us with three questions to explore in groups. It will be a **MOCKINGBIRD**, page 5



The discussion will be available in Spanish and English on August 4.

Revelation, Christ, joy, and human flourishing: next at Theology Roundtable

BY THE REV. BETTY ADAM

Participants in the Cathedral’s Theological Roundtable read and discuss excerpts or short books by leading theologians to deepen faith and discover what theologians are saying about today’s issues. Attendees bring responses to each meeting and are moved and enriched by each other’s thoughts. **Canon Art Callahan** and the **Rev. Betty Adam** offer facilitations and commentary.

The next session begins Sunday, October 13, in the Mellinger Room at 6:30 p.m., and the Roundtable continues meeting on the second Sunday of each month through February. Readings and discussions will focus mainly on contemporary theologians that consider revelation, Christ, joy, and human flourishing.

Consider the summary outline below and find books in the Cathedral Bookstore. All are welcome to join. The more we read theology, the more engaged we become. Email bettyadam@comcast.net for more information and introductory notes for the readings.

October 13: On the former Archbishop of Canterbury **Rowan Williams’s** short book *The Sign and the Sacrifice: The Meaning of the Cross and Resurrection*. Williams tracks interconnected imagery and metaphors found in the Old/New Testament that indicate what the cross and resurrection meant to the people of the first century and what they can mean to us today.

November 10: On the first three parts of *Creation and the Cross: The Mercy of God for a Planet in Peril*, Orvis **ROUNDTABLE**, page 6

Vacation Bible School, Costa Rica Mission Trip, and more
IN PICTURES



Above, below: Vacation Bible School's theme this year was "Be the Salt and the Light." It started and finished with songs with Jeremy Bradley and KariAnn Lessner (above) in the Cathedral.



Above: Children make toiletry kits to give to children and people at the southern border as part of Vacation Bible School (VBS).



Above: Christ Church Cathedral's youth alongside others from St. Thomas College Station at a church in Limon at the start of the Costa Rica Mission Trip.

Below right: Cathedral youth in Costa Rica remove debris from the demolition of a church kitchen, with plans to rebuild a diocesan center nearby.



MOCKINGBIRD, from page 3 conversation, most certainly not a test. But what if we prepared as if it were? What if we thought about this book from the perspective of those most different from us: what questions would they ask? When we meet to discuss this novel, we will gather across generations. We will gather across political affiliations. Across gender lines, economic lines, and most pertinent to this book, racial lines. But we will gather with the intent of each of us coming away with the deepest understanding possible.

There is a world of intellectual, social, and political history packed in this novel. There is a reason that we are discussing it 59 years after its publication, a reason that it won the Pulitzer Prize, that the movie won multiple Academy Awards, that **Aaron Sorkin's** adaptation

for the theater is the top-grossing Broadway play to date,* and that over a dozen books have been published about Harper Lee and her one story.

TO KILL A MOCKINGBIRD DISCUSSION
Sunday, August 4

We don't know what questions the Dean will ask us. But more important than those questions is the preparation we bring to the discussion.

Consider the story from your experience. Consider it from the point of view of a Republican lacrosse player, a brilliant Southern belle, or a New England libertarian. As Atticus says, climb into someone else's skin and consider things from that point of view. Because even though there isn't a test, helping each other to understand the material makes all the difference.

**hollywoodreporter.com/news/kill-a-mockingbird-becomes-top-grossing-us-play-broadway-history-1208931*



Above, right: Several Cathedral members showed their spirit at the filming of "Good Morning America" at Discovery Green.



WHY RALLY, from cover

living in “food desert” neighborhoods, are often forced to make trade-offs between important basic needs — such as housing, transportation, or health care — and purchasing nutritionally sound foods.

The national safety net of support for school-aged children comes from public school breakfast and lunch programs. But what do kids do for food on the weekends while away from these programs? How do children return to school on Monday ready to listen, learn, attend, and play, when food access is uncertain and inconsistent on Saturday and Sunday? How can children find academic success without proper nutritional readiness to do so? Providing a basic need, such as food, helps to eliminate non-academic barriers to education and is a critical piece of helping these children become productive, successful students and community members.

Bayou City Blessings in a Backpack

In 2011, a group of women from Holy Spirit Episcopal Church, led by **KariAnn Lessner**, who is now the minister for children and families at Christ Church Cathedral, learned of urban food deserts in Houston. From that awareness came a call to ministry to feed kids who were hungry, especially when away from school meal programming. After much prayer and research, the national organization Blessings in a Backpack was discovered. Launched from the Holy Spirit Episcopal community in August of 2012, Bayou City Blessings in a Backpack (BCB) became a local, Houston implementation of the national program with the vision to work collaboratively with partner schools to remove childhood hunger as a non-academic barrier to learning, so that all children have the opportunity to experience academic success.

BCB mobilizes our local community, individuals, and resources to provide food on

the weekends and during school breaks for Houston children who might otherwise go hungry. Our mission serves to raise awareness of childhood hunger by building community and establishing relationships with our educational partners to improve the lives of Houston children. BCB finds its purpose in John 21:15 “Feed my lambs.”

The BCB program began with 60 children attending Blackshear Elementary (in Houston’s Third Ward, fewer than three miles from the Cathedral) and has grown to serve 1,465 children across five elementary schools during the 2018–2019 school year. In addition to Blackshear Elementary, children attending Grissom, Foerster and Montgomery Elementary schools (Southwest Houston) as well as children at Spring Shadows Elementary (North Spring Branch) receive a weekend food bag every Friday during the 38 weeks of school. Children receiving our backpacks qualify for federal free and reduced-price meal programs and are identified confidentially by school staff.

Food bags are delivered directly to each school and contain a variety of easy-to-prepare, healthy food options. Examples of items packed in our bags include: cans of tuna, cans of ravioli, pasta, beans and rice, macaroni and cheese, raisins, fruit cups, applesauce, cereal bowls, shelf-stable milk, granola bars,

ROUNDTABLE, from page 3

Books, 2018, by **Elizabeth Johnson**, Professor of Theology Emerita at Fordham University. At a time of ecological devastation, Johnson challenges a prevailing interpretation of the cross and reclaims the overpowering love and mercy of God for the salvation of all creation.

December 8: Continues Johnson’s last chapters and includes introductory lectures on the first chapter of *The*



THE REV. BETTY ADAM

Meaning of Revelation by **H. Richard Niebuhr**, who likens revelation to an illuminating moment that makes the whole of life clear.

January 12: Completes Niebuhr’s *The Meaning of Revelation*.

February 9: *On Joy and Human Flourishing: Essays on Theology, Culture, and the Good Life*, edited by **Miroslav Volf**. In searching the scriptures, these essays move toward a theology of joy that is breathtaking to read.

Thank you letters

These excerpts from children’s letters of gratitude to Bayou City Blessings in a Backpack show the tremendous impact weekend meals have on these children’s lives:

“It makes me very happy to get blessings in a backpack. One time my mom cried because she was happy that we had some food now. Blessings in a Backpack always saves our lives.”
— Second grade student

“I am blessed to get a blessing in a backpack. It helps out my mama every weekend when we don’t have enough to eat.”
— Second grade student

“I like to get the food so I can share it with my baby sister.”
— Kindergarten student

“Yay for our bags on Fridays, I can have food while my mom is at work.”
— Fifth grade student

“I love you. The food helps me from being hungry. You guys are really nice to give food to my family. We all love you so much.”
— Third grade student

these bags go home from school with children on a Friday, they will likely feed the entire family. These bags will be targeted for distribution over long weekends and holidays, where food insecurity may rise due to time away from the consistency of school meal programming.

You can be part of Rally Against Hunger on August 25 in a wide variety of ways, no matter your age, strength, or mobility.

You can volunteer to make meals from 11 a.m. to 1 p.m. on Sunday, August 25. There are also many other ways to help before, during, and after the event. Go to the cloister on Sundays or visit the Cathedral website to sign up.

Children also have many options at Rally Against Hunger. Those ages six months to three years may go to child care; older children ages three to second grade will have activities and service projects from 11 a.m. to 1 p.m. And finally, those third grade and older may volunteer to pack meals or in any of the other available ways. See page 3 for more.

You can also support Rally Against Hunger by making a financial gift. The Cathedral is in the process of raising \$40,000 to make 100,000 meals — that’s 40 cents per meal. Every donation counts. You can donate on the Cathedral website or by putting coins in the Wishing Well on campus. Contact Minister for Stewardship **Karen Kraycirik** at 713-590-3338 to learn more.

While the full benefits of making and distributing these meals are unknown to us, we work in faith that it “Feeds Lambs” not only in body, but also in mind and spirit.

crackers, and a fresh fruit option. BCB is an almost entirely volunteer-run organization, allowing it to spend a greater portion of its fundraising dollars on actual food products.

Rally Against Hunger

On Sunday, August 25, Christ Church Cathedral will “Rally Against Hunger” from 11 a.m. to 1 p.m. in Reynolds Hall to assemble 100,000 meals for distribution to children right here in Houston, via Bayou City Blessings in a Backpack. Each meal bag will contain six servings, which means that when

CALENDAR OF EVENTS

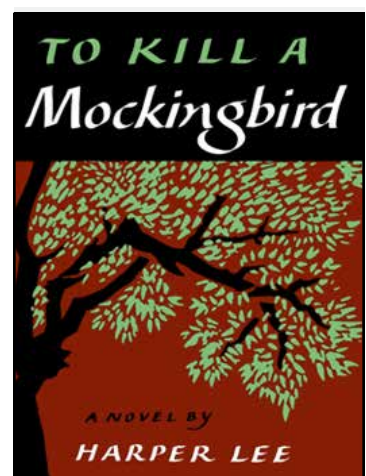
Visit christchurchcathedral.org or call **713-222-2593** to learn more about these and other events at the Cathedral.

● Registration recommended ▲ Registration required ✕ Registration closed ★ Childcare available (3 mo. to 12 yrs.) 🧑👤 Bring a friend!

AUGUST

AUG 2 FRI

Bridge and Rummikub Night 🧑👤
6:30–9:30 p.m., McGehee Conference Room. Enjoy a few hands of bridge or rounds of Rummikub with Cathedral friends. Bring a dish to share.



AUGUST 4 SUN
Cathedral Reads Discussion of *To Kill a Mockingbird* ★
10 a.m., Reynolds Hall. All-Cathedral, all ages discussion of our Cathedral Reads book.

AUGUST 13 TUE

Kids Hope Meeting and Dinner Out 🧑👤
5 p.m., Jeffers Conference Room. Monthly gathering of Kids Hope mentors, readers, prayer partners, friends, and program volunteers, followed by a casual social gathering out at 7 p.m.



AUGUST 16 FRI

Popcorn Theology: screening of “*To Kill a Mockingbird*” ★ 🧑👤
6:30 p.m., Reynolds Hall. Screening and discussion of this classic film, as part of the Cathedral Reads program.

AUGUST 18 SUN

Back-to-School Sunday ★ 🧑👤
9 a.m., Cathedral. Our annual back-to-school blessing of students, educators, and administrators.



AUGUST 21 WED
Children’s Social Justice Film Series ★ 🧑👤
6–8 p.m., Reynolds Hall. Justice and Peace will focus on social justice films for their annual film series. Free dinner, screening, and discussion of “Newtown,” a documentary about the horrific mass shooting in Newtown, Connecticut.

AUGUST 24 SAT

Rally Against Hunger Work Day ●
10 a.m.–3 p.m., Reynolds Hall. Help prepare the way for Rally Against Hunger.



AUGUST 25 SUN

Rally Against Hunger ★ 🧑👤 ●
11 a.m., Reynolds Hall. The Cathedral Rally Day is a Rally Against Hunger, where we come together to pack 100,000 meals for Houston. Donate, volunteer to pack meals, or help in many other ways. See our website to learn more.

AUGUST 29 THU

Cloister Gallery Opening Reception 🧑👤
5:30–7:30 p.m., Reynolds Hall. Opening for the current exhibition.

WEEKLY

SUNDAYS

Summer Place ★ 🧑👤
10–11 a.m., Reynolds Hall. Snacks, drinks, and fellowship sponsored by a difference ministry each week: Welcome and Evangelism (8/4), Jerusalem Peace-builders/CUSE (8/11), Hispanic/Latino Ministry (8/18).

This is My Story, This is My Song
10–11 a.m., Narthex of the Chapel of the Christ Child. Hear Cathedral staff and friends read their favorite stories and sing their favorite songs.

Celtic Eucharist, “The Well” ★ 🧑👤
5 p.m., Cathedral. Drawing inspiration and music from the Celtic tradition, this service focuses on prayer, silence, meditation, and grace.

MONDAYS

Centering Prayer ●
11:15–11:45 a.m., Hines Center.

Healing Service
12:05 p.m., Golding Chapel.

Bible “By the Glass” 🧑👤
6:30–8 p.m., OKRA, 924 Congress. Fellowship at 6:30 p.m. and Bible study at 7 p.m.

WEDNESDAYS

Women’s Morning Bible Study
9:30–11 a.m., Jeffers Conference Room.

Bilingual Eucharist
6–6:30 p.m., Golding Chapel.

Buscando la Luz ▲
(Second, third, and fourth Wednesdays)
6:30–8 p.m., Bride’s Room. Spanish-language discussion group.

THURSDAYS



Youth Summer Shade 🧑👤
Fun activities for youth every Thursday, all summer long. Each event involves a meal and an activity. Friends are always welcome!

1st — Houston Food Bank, 5:30–9:15 p.m., drop off/pick up in the Treehouse.

8th — Pleasure Pier, 5–11 p.m., \$30, drop off/pick up in the Treehouse.

FRIDAYS

Song + Story Concert Series ▲ 🧑👤
7 p.m., Hines Center. Free concert series sponsored by St. Arnold’s Brewery.

UPCOMING



SEPTEMBER 1 SUN

Popsicles + Paletas ★ 🧑👤
10 a.m., Reynolds Hall. Cool down and chill out with your parish family on the Sunday of Labor Day weekend.

SEPTEMBER 2 MON

Labor Day Holiday
Cathedral and offices are closed.

SEPTEMBER 6–8 FRI–SUN

Happening ▲
Camp Allen. Diocesan spiritual retreat for 9–12th graders. (\$)



SEPTEMBER 7 SAT

Mendeliz Group Concert and CD launch 🧑👤
7 p.m., Reynolds Hall. This concert marks the launching of a CD produced by Mendeliz Group, the group that makes the music for the one o’clock service.

SEPTEMBER 8 SUN

Sunday School starts ★ 🧑👤
Various times and locations. Sunday School for adults, youth, and children starts today.



CHRIST CHURCH CATHEDRAL

ESTABLISHED MARCH 16, 1839

1117 Texas Avenue
Houston, Texas 77002-3183

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Did you know you can read **The Bulletin** on our website? If you'd like to go "online-only," contact Ramona Sikes at rsikes@christchurchcathedral.org or call her at 713-217-1347.

FEEDING 100,000, from cover

Rally Day, Sunday, August 25, we will, with God's help, actually improve on the Feeding of the Five Thousand. We, the disciples of Christ Church Cathedral, will feed 100,000 people! We will gather for worship at a special 10 a.m. Eucharist, followed by a fun and frenetic Rally Against Hunger meal pack in Reynolds Hall, where we will prepare and pack one hundred thousand meals. The meals will go to those in Houston who live every day in desolate places, where poverty and food deserts impede nourishment. Once stomachs are filled and hunger pangs are dispelled, then words of grace can take root and hope can grow.

Rally Against Hunger will include roles for people of all ages, whether eight or eighty. It will be fun, as ministry should always be. And at the end of the two-hour meal pack, we will have a mound of prepared meals, a tangible and sacramental sign of our fidelity to the Gospel.

Read more about the schedule of the day in this issue of the Bulletin, and mark your calendars for August 25, a Rally Day like no other.



RALLY

AGAINST  HUNGER

100,000 Meals for Houston

Meatless Monday Recipe of the Month

As part of our preparation for Rally Against Hunger, our Rally Day outreach event on August 25 where we build 100,000 meals for Houston, we are showcasing favorite meatless recipes from parishioners and friends. Consider making a meatless meal and donating the money you would have spent on meat to Rally Against Hunger. You can donate online on our website or by using the Wishing Well, and you can volunteer on our website or in the cloister to help with the event. Here is one of Alan Jackson's favorite meatless meals. Says Alan, "I learned this one in Toledo, Spain. It is easy, delicious, and filling."

Spanish Spinach and Chickpeas (serves 4)

Ingredients:

- 1 lb. (16 oz) frozen spinach
- 1 can (15 oz) chickpeas, drained and rinsed
- 1/3 cup olive oil
- 1 TBSP smoked paprika
- 2 TBSP tomato paste
- 8-10 slices of French bread, about 1/2 inch thick
- 3 garlic cloves, thinly sliced into chips
- 1/2 tsp cumin
- 1 TBSP sherry wine vinegar
- salt & pepper

Directions:

1. Boil and drain spinach according to package directions.
2. Heat olive oil in a large frying pan over medium heat. Add garlic until the chips become golden brown. Watch closely as it can burn in seconds. Remove garlic from pan and set aside.
3. Set bread slices in oil and fry on both sides until toasty and golden. Remove from pan and reserve.
4. Mash together cumin, one slice of fried bread, 1/3 of the fried garlic, tomato paste and vinegar. Add enough water to make a loose paste, almost soupy.
5. Reheat oil on medium, add paprika and stir until the kitchen fills with the wonderful odor, about 10 seconds. Add the mash and stir. Add spinach and turn heat to low. Heat for 5 minutes.
6. Add chickpeas, salt, and pepper to taste (usually about 1/2 tsp salt). Simmer over low heat for 15 minutes, adding water if necessary.
7. Serve on a platter, topped with fried garlic chips, and surrounded by fried bread.