

For News From Our Members Click Here



Win A Car! Win A Hot Tub! Silent Auction!





Rutland County's Premiere Tournament!



The Rutland Region
Chamber of Commerce
30th Annual Golf Classic is
scheduled for Friday, May
29, 2015 at Green
Mountain National Golf
Course in Killington.

The day will include a shot



Invites you to the April Chamber Mixer

Tuesday, April 14th, 5-7pm

Location: 7 Woodward Rd., Mendon

Great hors d'oeuvres! Great Networking! 50/50 Cash Raffle! Great Door Prizes!

Door Prizes include:

Overnight stay for two at Best Western Plus Inn & Suites

gun start at 1:30pm with a fun day of golf, great goody bags, designated hole in one opportunities for a car from Shearer Honda and a Hot Tub from Allen Pools & Spas, awards dinner featuring special guest Master of Ceremonies Jack Healey



from NSN and WSYB Morning Show and much more.

Rutland Regio:

The tournament format is
Captain and Crew with teams of
four players. The cost is only
\$99 per person and includes
greens fees, cart rental, awards
dinner, goody bags, a chance to
win great door prizes, team

prizes, trophies and a silent auction including a gorgeous recliner from LaFlammes, airline tickets from Cape Air and so much more to be announced! This is a great networking opportunity and an important Chamber fundraiser.

Sign up your team now by registering online, emailing us, or you can call the Chamber (802-773-2747).

There are sponsorship opportunities still available by calling Joan Hill at 802-773-2747 ext. 203 or email her.



Designated Hole In One Sponsors:





Peter Huntoon Watercolor Print

Paramount Theatre Tickets

Gift from Park Place Florist and more!

March Chamber Meetings

4/7 Special Events Committee, 8:30am

4/14 Chamber Mixer at Red Clover Inn, Woodward Rd., Mendon, 5-7pm.

4/22 Chamber Board of Directors, 12:15pm

Member Testimonials

"Awesome Graphics has been a Chamber member since we opened 20 years ago and it's been nothing but great for our business. Tom and the staff has helped us build and grow our business. I encourage

Great Advertising Opportunity! Seen By Thousands!



Don't Miss This Great Opportunity For Your Business!

Have you checked out the Chamber Membership Directory lately?

As a benefit of Membership all members are listed in our online and printed Membership Directory.

Where is the Chamber Membership Directory distributed?

The Membership Directory is distributed through Chamber Welcome Centers, through Realtors, Relocation Packets and more!

Where can I find my listing?

The annual printed Membership Directory features your business in an alphabetical listing and category listing. We are currently working on the annual printed directory. We encourage you to check out your listing in the online Membership Directory on RutlandVermont.com to make sure all information is up to date. If you have any changes, please submit them to us by emailing us.

everyone to be a member." Mike Napolitano, Owner, Awesome Graphics "We are thankful to be a member part of the

"We are thankful to be a member part of the Chamber. We hardly ever miss an event. Take the opportunity to join the Chamber, network and meet these great people." Krista Scarborough, Account Executive, Holden Insurance



Want More Information?

If you are interested in advertising in the 2015-2016 Chamber Area Profile and Membership Directory contact Joan Hill, Joan@RutlandVermont.com or call 802-773-2747 ext. 203

Great Member Benefit!

Market Your Event or Fundraiser on the Rutland Region Chamber of Commerce Calendar of Events!



The Rutland Region Chamber of Commerce <u>Calendar of Events</u> on the new front door to the region <u>RutlandVermont.com</u> is a great place to market your event or fundraiser. In the last year the Calendar of Events has been viewed over 40,000 times.

Posting your event on the Chamber's Calendar of Events is free. The new RutlandVermont.com offers you the opportunity to post your event/fundraiser yourself, you can enter your own text, post your logo or pictures, keywords for search engines and even includes a Google Map to the location. Simply enter your information here and hit submit. Your submitted item will then be reviewed by a member of the Chamber Staff and approved for posting. The Chamber will also accept your events and fundraisers via email (Chamber@RutlandVermont.com) and we will post your event for you.

Perk Card: 334
Shopping: 327
Recreation: 176

Chamber Perk Card
Member to Member
Discount Program

Publication

Chamber Discount Program

Publication

2015 Perk Card

Member to Member Discount Program



Visit the Chamber <u>Calendar of Events</u> TODAY! If you have any questions call us (802-773-2747) or <u>email us</u>.



Red Clover Inn to host April Chamber Mixer

The Chamber's April Mixer will be held on Tuesday, April 14th, 5-7pm at Red Clover Inn, 7 Woodward Rd. in Mendon.

There will be great hors d'oeuvres, great networking and great door prizes including an overnight stay for two at Best Western Inn & Suites, Peter Huntoon Watercolor Print,

Paramount Theatre Tickets and a gift from Park Place Florist.



A great crowd was on hand for the

March Chamber Mixer held at <u>BROC-Community</u> Action in Southwestern Vermont on March 17th.



Castleton Downtown Releases Skills & Training Needs Survey Click Here To Take The Brief Survey



The Rutland
Region Chamber
of Commerce is
supporting
Castleton
College,
specifically the
Castleton
Downtown
Office, by
encouraging our

business partners to take part in an e-survey. Castleton College intends to support the economic development activities that are underway in the Rutland Region. Castleton, through the Castleton Downtown Office and services provided by the Castleton Polling Institute, has developed a survey that aims to help determine employee skill gaps and training needs in our Region. The survey will also gauge the interest of local businesses for participating in training opportunities developed from the results. The Rutland Region Chamber of Commerce encourages you to complete the survey, which will take approximately five minutes of your time.

"Click Here" to take the survey.

If you have any questions, feel free to contact Lyle Jepson at Castleton Downtown by calling 802-770-7061 or email at Lyle.Jepson@Castleton.edu. Thank you in advance for taking part in the survey.

Vibe Portrait Art Presents.... The Paramount Incognito Project



What is it? Who is it?
Well, it's simply a fun
photographic endeavor in
which, from now until
December, Vibe photographer
Chris Booth will be capturing
twelve well known Rutland
personalities 'incognito'... where
you can't *quite* tell who it is

in the photograph due to

costumi ng.

special lighting, makeup and of course, a little Vibe Magic.

Big thanks to RHS Principal, Bill Olsen, for his participation in the Paramount Incognito



Project! We couldn't have asked for a better "Mad Scientist". You are invited to make your best guess! We will draw one winner from all the correct guesses. CONGRATULATIONS Sarah Swett Quint! Sarah is the winner of the \$50 certificate to Fruition Fineries/ Raw Honey Apparel from this month's Paramount Incognito Project!

Keep watch for the next "mystery Rutlander" in disguise for another chance to win an awesome prize from one of the many amazing downtown businesses. The winner will be contacted via email. Of course, the mystery person is sworn to secrecy, so asking them is futile! (Plus, that would be cheating, wouldn't it?)

Stay tuned to your social media: Your next opportunity to enter to win is coming soon. For more information click here.





**Special thanks to the Paramount Theater, the Chaffee Art Center, the Rutland Region Chamber of Commerce and the Downtown Rutland Partnership for their help in promoting the project. Thanks as well go out to Make It Sew tailoring and Camille's - Vermont Costume, Awesome Graphics and Vermont Truffle Company. Lastly, special thanks to our mystery Rutlander - you know who you are - for your great spirit of fun and for posing in such an outrageous portrait!

Workers' Comp Corner Sponsored by Poulos Insurance

Dispute Resolution

Disputes may include, but are not limited to:

- Compensability of a claim, in whole or in part;
- Calculation of the compensation rate;
- Correct impairment;
- Reasonableness and necessity of medical treatment; and
- Vocational rehabilitation.

The dispute resolution process begins upon receipt of a Notice and Application for Hearing (also called Form 6), or comparable written notice, from the injured worker or the insurance adjuster, or their legal representatives, and in some instances, a medical provider.

Part 1: May Courier E-Nesletter; Purpose of the Informal Resolution

Part 2: June Courier E-Newletter; Role of the Specialist Part 3: July Courier E-Newsletter; Representation / Difference between the Informal and Formal Process

Workers Comp Corner is sponsored by Poulos Insurance. For more information or rates on Worker's Compensation or any other business insurance call Chuck Rose at Poulos Insurance, 802-775-4443 or email crose@poulosinsurance.com



Membership Director's Update Joan Hill

Hi Everyone,

Thank you to the Rutland Regional Medical Center for sponsoring our very successful "Business Show 2015" at the Holiday Inn on March 10th and to all the exhibitors who

participated. The staff at the Holiday Inn did an outstanding job and were very accommodating.

Thank you also to BROC – Community Action in Southwestern Vermont for hosting the March mixer. The food, presentation and door prizes were wonderful. This is a great new location for BROC.

New Perk Card Addition: Slightly Off Center is offering \$5.00 off a \$30.00 purchase.

Last chance to advertise in the 2015-2016 Area Profile and Membership Guide. This Guide is a useful tool for all our members and is sent to individuals and businesses requesting relocation information and is also displayed at our Visitors Center at Sandri Sunoco on South Main Street,, The Diamond Run Mall, Amtrak Station and Rutland Sothern Vermont Regional Airport and our Chamber Office. Please call me for details (802-773-2747).

The Rutland Region Chamber of Commerce Golf Classic Fundraiser will be held at Green Mountain National Golf Course on Friday, May 29th. There are still sponsorship opportunities available.

Spring is finally here and I am selling sponsorships for our 4th of July "Fireworks Extravaganza" at the Vermont State Fairgrounds in Rutland. This show is a break even proposition for the Chamber and we are only able to provide the fireworks to the community with the financial support of sponsors. If you would like to sponsor this event please call me (802-773-2747).

Join a committee, offer Perk Card discounts and get involved to receive the most benefits from your Chamber. I look forward to seeing you all at the next mixer on April 14th at the Red Clover Inn.

Welcome New Members

B & F Financial Analytics Inc.

Thomas G. Boswell, CFP, ChFC, CLU 60 North Main St., Rutland, VT 05701

Ph: (802)747-9010 www.b-ffinancial.com

B & F Financial Analytics offers Life Planning, Business Succession, Risk Planning and Wealth Management.

Catamount Tours

Linda Benway & Diane Pouliot 5927 Main St., Manchester Center, VT 05255

Ph: 802-362-1009

www.catamounttours.com

Catamount Tours provides affordable, planned and custom motor coach travel with YOU in mind. Serving all of Vermont with pickups in Rutland. Planned trips to casinos, sporting venues, Theaters and more.

Destinations Found Travel

Jessica Fuster

PO Box 263, Killington, VT 05751

Ph: 802-345-2334

www.destinationsfound.com

We are the leader in booking your romantic travel getaways, honeymoons, destinations weddings, cruises

and all-inclusive resorts. We can help you plan the most memorable and romantic trip of a lifetime!!!

Green Mountain Language Services

Michael Hundt

30 West Road, Fair Haven, VT 05743

Ph: 802-273-2205

www.gm-language.com

With access to over 5,000 translators worldwide, Green Mountain Language Services is a full service translation company that can cover any language combination you need.

Physical Rehabilitation & Health Center

Dr. Maurice Cyr

245 Stratton Rd., Rutland, VT 05701

Ph: 802-775-6961

www.rutlandchiropractor.com

Chiropractic and physical therapy clinic that treats all of your muscle, joint and nerve pain. You can experience relief with their treatments.

Rutland Ideal Protein Weight Loss Center

Dr. Maurice Cyr

245 Stratton Rd., Rutland, VT 05701

Ph: 802-772-7787

www.RutlandWeightLoss.com

Developed & endorsed by medical doctors. Supported by comprehensive guidelines & tools. Personalized ongoing support. Easy 4 phase protocol. Maintain muscle mass & vitality while burning fat. Supports cellulite reduction.

FREE Business Presentation! "How to Build Wealth & Equity in Your Business via Your Sellability Score!

Wednesday, April 8, 2015 - 8:30 AM to 10:00 AM



Hannah Abrams, Business Coach with AdviCoach will hold a free business presentation, "How to Build Wealth & Equity in Your Business via Your Sellability Score." The presentation will be Wednesday, April 8th, 8:30am-10am at the Rutland Region

Chamber of Commerce Conference Room, 50 Merchants Row, Rutland, VT.

Perhaps you want to: work less, retire, get out of your current business or start another business.

Or maybe you just want to sleep better at night knowing that you COULD sell your business if you wanted/needed to. Then this is a presentation you want to attend. Whether you want to sell next year, a decade from now, or pass your business on to a family member, you need to build a valuable business asset starting now.

The ultimate test of value for your business can be found in this simple question: Would someone want to buy my company right now?

This presentation will provide you everything you need to know about increasing the VALUE of your company so that you have options now and in the near future.

Registration is required for this free event by <u>clicking</u> <u>here</u>. For more information call 802-776-8922



Thank You For Renewing Your Membership A.M. Peisch & Company

27 Center St., Rutland, VT 05701

Ph: (802)773-2721 www.ampeisch.com

At Home Senior Care

14 South Main St., Rutland, VT 05701

Ph: (802)747-3426

www.athomeseniors.net

Ault Commercial Realty, Inc.

PO Box 6306, Rutland, VT 05701

Ph: (802)773-0600

www.aultcommercial.com

Barnard Funeral Home Inc.

3186 US Route 7, Pittsford, VT 05763

Ph: (802)483-2811

www.barnardfuneralhome.com

Casella Waste Systems

25 Greens Hill Lane, Rutland, VT 05701

Ph: (802)775-0325 www.casella.com

Craig Pelkey Disaster Recovery, Inc.

3162 US Route 7, Pittsford, VT 05763

Ph: (802)483-9552

www.cpdisasterrecovery.com

Comfort Inn at Trolley Square

19 Allen St., Rutland, VT 05701

Ph: (802)775-2200

www.comfortinn.com/hotel-rutland-vermont-VT400

Douglas M. Wilson, O.D., P.C.

71 Allen Street, Suite 201, Rutland, VT 05701

Ph: (802)775-9355 www.dwilsonod.net

East Creek Catering

80 Belden Rd. #6, Rutland, VT 05701

Ph: (802)775-0133

www.eastcreekcatering.com/

Foley Distributing

280 Seward Rd, Rutland, VT 05701

Ph: (802)773-3367

www.foleydistributing.com

Foley Services

PO Box 99, Rutland, VT 05702

Ph: (802)773-3367 www.foleylinen.com

Gilmore Home Center

427 Route 4A West Bomoseen, VT 05732 Ph: (802)468-5676

gilmorehomecenter.com

Green Mountain Oral Surgery

66 North Main St., Rutland, VT 05701

Ph: (802)775-9700 www.gmosvt.com

LaFlammes Inc.

230 N. Main St., Rutland, VT 05701

Ph: (802)772-7893 www.laflammes.com

Morey Motors

One Scale Ave., Unit 53 Bldg 9

Rutland, VT 05701 Ph: (802)747-3283

Rob Stubbins Electrical & General Contractor

395 US Route 4 East Rutland, VT 05701 Ph: (802)775-1484

www.robstubbinselectrical.com

Rutland County Agricultural Society, Inc.

175 South Main St., Rutland, VT 05701

Ph: (802)775-5200

www.vermontstatefair.net

Siliski & Buzzell, PC

49 North Main St., Rutland, VT 05701

Ph: (802)775-7132 www.vermontcpa.pro/

The Local

24 Merchants Row, Rutland, VT 05701

Ph: (802)772-7345

www.facebok.com/thelocalvt

Valvoline Instant Oil Change

60 Route 7 South, Rutland, VT 05701

Ph: (802)773-0677 store.vioc.com/GH3204

Vermont Business Magazine

365 Dorset St., Burlington, VT 05403

Ph: (802)863-8038 www.vermontbiz.com

Chamber Business Show A Success!

The Rutland Region Chamber of Commerce 22nd Annual Business Show

on March 10th was a huge success.

We would like to thank our sponsor, Rutland Regional Medical Center, all the



businesses that participated this year, the volunteers who helped us put on the event, Civil Air Patrol for directing traffic, the Rutland Herald for helping with promotion, Catamount Radio, for the live broadcast and the Holiday Inn for hosting the show and the businesses who donated raffle and door prizes.

The 2016 Chamber Business Show is already over 70% sold. To guarantee your space you can sign up now for the Chamber's 2016 Business Show



being held on March 8, 2016 at the Holiday Inn by calling the Chamber at 802-773-2747 or emailing Chamber@RutlandVermont.com

News From Our Members

American Red Cross

Red Cross American Red Cross will be holding Blood Drives in April as follows: April 1st – 9:30am-3:30pm at Green Mountain Power, 2152 Post Rd in Rutland. April 3rd – 2pm-7pm at Diamond Run Mall, 46 Diamond Rn Mall Place in Rutland. April 14th – 12:00 pm – 6:00 pm at College of St. Joseph, 71 Clement Rd in Rutland. April 20th – 12pm-5pm at St. Dominic's Church, 45 South St in Proctor and April 21st – 10:30am-4pm at Castleton College, 62 Alumni Dr. in Castleton.



Boys & Girls Club of Rutland County

is opening a site at 15 Juneberry St. in Rutland called the Hickory Street Site, the Grand Opening will be April 13th. Prior to the Grand Opening they will be holding Community Informational Dinners on April 3rd & 10th (4-6:30pm) to provide information, applications, dates and meet the staff. The Boys & Girls Club, Hickory St. Programs will be available for children 6-12 years old. For more information call 802-747-4944 or go to www.rutlandbgclub.org.



<u>Chaffee Art Center</u> is pleased to announce its first annual Kentucky Derby Fundraiser. The celebration will be held at Southside Steakhouse located at 170 South Main Street in Rutland, VT and will feature LIVE streaming of the Kentucky Derby Races, Signature Cocktails, Hors D'oeuvres, great auction items and door prizes. Tickets are \$50.00 per person. All proceeds go to support the Chaffee Art

Center, a 501(C)3 nonprofit that has been an important element of the Rutland's Cultural Community for fifty-four years. We hope you will join us for this fun event and show your support for the arts! Tickets may be purchased at either Chaffee location, by phone at (802) 775-0062 and online HERE!

March of Dimes March for Babies Walk will take place on May 2nd, 9am-1pm at Mill River Union High School. Join family teams, company teams and people walking with friends for a great cause: making a difference for real families right here in our community. Sign up and raise money to help more moms have full-term pregnancies and healthy babies. The 3 mile walk starts at 10am and benefits programs in our community that help moms have healthy, full-term pregnancies as well as research to find answers to the problems that threaten our babies. In addition, there will be a Kids Zone this year, with fun activities for the whole family! You can register the day of the event or go to marchforbabies.org to pre-register.

Tritility Name Association & Hoppic RAVNAH will hold Blood Pressure and Foot Care Clinics throughout the month of April. For a complete list or more information go to www.ravnah.org or call 802-775-0568.

Rutland Free Library presents: The Argentine Pope on April 22nd, 7pm-8:30pm. Pope Francis's emphasis on the poor and marginalized has energized social justice in the Catholic Church. Author Martin Weinstein, professor emeritus at William Paterson University, examines the foundations of the Pope's philosophy, the history of the church in Latin America, and the rise of liberation theology. For more information go to www.rutlandfree.org or call 802-773-1860.

Rutland Regional Medical Center An Affiliate of Rutland Regional Health Services Rutland Regional

Medical Center is offering Healthier Living Workshops that are free six-week sessions starting Monday, May 4, 2015 at Village Manor on Arch Street in Pittsford, that provide practical ways to handle chronic conditions. Additional classes will be held on May 11, 18 and 25 and June 1 and 8. Classes are held 1:30 to 4:00pm and pre-registration is required. To register for this program or for more information, please visit RRMC.org or call 802.773.9888 ext. 22.

Rutland Regional Medical Center

An Affiliate of Rutland Regional Health Services Rutland Regional

Medical Center is offering a four-week series, Tai Chi for Beginners, starting on Wednesday, May 6 from 5:30 to 6:30pm at Rutland Regional Medical Center in the CVPS/Leahy Community Health Education Center on 160 Allen Street. Additional classes will be held May 13, 20 and 27. The classes, presented by Laurie Knauer, certified in Dr. Lam Tai Chi, are beginner level classes, ideal for anyone looking for a gentle form of exercise and recommended for people with arthritis, diabetes, stress and a variety of other health conditions. Classes are FREE but pre-registration is required. To register for this program or for more information, please visit www.RRMC.org or call 802.772.2400.

Rutland Regional Medical Center

An Affiliate of Rutland Regional Health Services Rutland Regional

Medical Center announces DAISY Award recipients:

Sharon Decato, a registered nurse and Case Manager for the Community Health Team, was honored for excellent care by the DAISY Award for Extraordinary Nurses, a peer-elected awards program. Decato was honored for her patient-centered approach to care and the empathy and compassion she demonstrates daily.

Kimberly S. Balch, a registered nurse in the Endoscopy Unit, was honored for excellent care by the DAISY Award for Extraordinary Nurses, a peer-elected awards program. Balch received one of her heartfelt nominations from a patient who had fallen on Allen Street. Balch happened to be driving by and assisted the woman in getting her back on her feet and

offered her a ride home. After introducing herself as a nurse in the endoscopy unit, the woman indicated that she soon had an appointment in the unit. Balch after realizing the patient had not yet been scheduled made the appointment, arranged for transportation and delivery of her pre-procedural prescriptions. "I really appreciate all she did," wrote the patient. "I can't say it enough. There should be an award for being such a good human being."

Andrea Borchlewicz, an RN with Rutland Women's Healthcare, was honored for excellent care by the DAISY Award for Extraordinary Nurses, a peer-elected awards program. Borchlewicz, a registered nurse at Rutland Regional since 2013 was nominated for the care and compassion she shows towards her patients and her dedication to educating new mothers on the benefits of breastfeeding.

About the DAISY Award: The DAISY (an acronym for Diseases Attacking the Immune System) Foundation was started in Glen Allen, CA by family members of J. Patrick Barnes, who died from complications of Idiopathic Thrombocytopenic Purpura (ITP), a little-known but not uncommon autoimmune disease. As a way of thanking Barnes's nurses, his family established the award program to recognize the super-human efforts nurses everywhere perform every day. Additionally, DAISY offers J. Patrick Barnes Grants for Nursing Research and Evidence-Based Practice Projects and provides assistance to ITP support groups. More information is available on their website www.DAISYfoundation.org, or contact Bonnie Barnes, President/Co-Founder of The DAISY Foundation, at (707) 996-7936 or at bonniebarnes@DAISYfoundation.org.

Rutland Regional Medical Center

An Affiliate of Rutland Regional Health Services Rutland Regional

Medical Center announces today a new online tool designed to introduce the community to two of the hospital's specialty service areas. Virtual tours are now available online of the Foley Cancer Center and the Rutland Heart Center. Rutland Regional's online tours provide a stunning 360 degree visual presentation with

informative descriptions of the surroundings, services and tests provided at the Foley Cancer Center and Rutland Heart Center. The self-guided tours enable visitors to explore specialty testing areas and learn about procedures, visit patient exam rooms and familiarize themselves with the services provided. The virtual tours have been added to Rutland Regional's website in the About Us section and can be found at www.rrmc.org/about/virtual-tours/

Rutland Regional Medical Center

An Affiliate of Rutland Regional Health Services Rutland Regional

Medical Center offers Safe Sitter ® Classes. More
than 30% of children in middle school are home alone
after school, and many are responsible for watching
their younger siblings until their parents are home from
work. Safe Sitter® classes at Rutland Regional
Medical Center can give your child the skills they need
to be safe, and give parents peace of mind that they are
prepared. The next session will be held Saturday, April
11 & Sunday, April 12. Additional sessions will be
held May 16 and 17; June 27 and 28; July 18 and 19
and throughout the year. Classes are held 9am to 4pm
at 254 Stratton Road in Rutland and pre-registration is
required. The fee for the class is \$60.00 with
scholarships available based on need. To register for

this program or for more information, please visit

RRMC.org or call 802.772.2400.

Rutland Regional Medical Center

An Affiliate of Rutland Regional Health Services Rutland Regional **Medical Center** will host The AARP Smart Driver CourseTM is the nation's first and largest refresher course for drivers age 50 and older. It has given millions of drivers the skills and tools they need to drive safely on today's roads, allowing them to remain independent for many years to come. And the best part? There are no tests to pass – just useful information to keep you safe on the road! The program will be held on Thursday, April 30 from 5-9:30pm in the CVPS/Leahy Community Health Education Center at Rutland Regional Medical Center. The fee for non-AARP members is \$20 or \$15.00 for members. To qualify for the member rate, please put your AAPR member number in the memo section of your check. Checks should be made out to AARP, write AARP

Class on the check, and mail it directly to Baird Morgan, 799 Elm Street, Florence, VT 05744 by April 20, 2015. Registration is required. Register online at www.RRMC.org or call 802.772.2400.

Rutland Regional Medical Center

An Affiliate of Rutland Regional Health Services Rutland Regional

Medical Center announced that Henry R. (Hank) Dimuzio, Jr., MD has been named Rutland Regional Medical Center's 2015 Physician of the Year. The annual announcement is one of the community's most prestigious honors bestowed upon a physician because of its acknowledgment from colleagues and medical peers. Dr. Dimuzio, an Emergency Department physician for more than 31 years, was selected as the medical staff member who best personifies the hospital's core values and patient-centered model of care. Dr. Dimuzio joined Rutland Regional Medical in 1984 and served as medical director from 1989-1993. Dr. Dimuzio received his medical degree at the Autonomous University of Guadalajara, Mexico and completed his residency State University of New York at Buffalo. Dr. Dimuzio is certified by American Board of Emergency Medicine and the American Board of Family Practice.

Rutland Regional Medical Center

An Affiliate of Rutland Regional Health Services Rutland Regional

Medical Center and Wonderfeet Kids' Museum are hosting a four-week Healthy Living Camp series created to help parents/caregivers and their children

Winderfeet Kids' Museum

five and under learn about healthy lifestyles, nutrition and fitness. The Healthy Living Camps are designed around the principle of purposeful play and are a part of Rutland Regional's commitment to helping families raise healthy children. Healthy Living Camp sessions will begin on Wednesday, April 22 from 10-11:30 am at Wonderfeet Kids' Museum on 11 Center Street, Rutland, VT. Additional sessions will take place on April 29, May 6 and May 13 at Wonderfeet Kids' Museum. Each session features activities that provide learning opportunities and benefits to children and their families in a fun and

supportive environment. A light snack will be served and there will be ample time to explore Wonderfeet Kids' Museum exhibits. Through a generous gift from Rutland Regional Medical Center, classes are free for parents/caregivers and their children. Class size is limited to 16 families per session and pre-registration is required. For more information or to register, please call 802.282.2678 or visit wonderfeetkidsmuseum.org

Shear Heaven Salon & Day Spa invites you to a Spaghetti Dinner Fundraiser for Matthew Lorman. Matthew Lorman was asked to represent Vermont at the 18th Annual Down Under International Games in Australia. This meet is like a "mini Olympics". Matthew will be on the East Conference Cross Country Team and will represent Vermont and the Rutland Region. The Spaghetti Dinner Fundraiser will take place on April 26th, 5-8pm at the Loyal Order of the Moose. Tickets are available through Keith & Jackie Lorman and at Shear Heaven Salon & Day Spa. If you cannot attend and would like to donate you can go to Matthew Lorman's Go Fund Me page.

www.gofundme.com/kd49c8

Remodeles Association The Home Builders & Remodelers Association of Southern Vermont proudly announces its 18th Annual Home & Recreation Show. The show will be held on Saturday, April 4th from 9:00am to 3:00pm at Spartan Arena which is located behind Diamond Run Mall on Route 7 South, Rutland, Vermont. Admission is FREE to attendees. Door prizes will be given away throughout the day. Plus, lots for the Kids. The first 50 kids will get a wooden birdhouse kit thanks to LaValley Building Supply. There will also be free kids activities throughout the day: 9am to 11am Mentor Connector; 11am to 1pm Home Depot, and Rutland Town Fire Department. New this year: The Grand Raffle Drawing winners will be drawn: 1st Place \$500; 2nd place \$250. Tickets will be on sale during the Home Show, with winner

announced at 2:30pm. There will be free 30 minute workshops starting at 10am including workshops on Wood Pellet Boilers, pre-planning kitchen remodels, replacing a toilet, science and nutrition, gardening and more. For more information call 802-773-0672 or to www.cvthomebuilders.com.

CARVINGSTUDIO& SCULPTURECENTER The Carving Studio and Sculpture

<u>Center</u> will host "Lost Treasure," an exhibition of paintings by local artist Rita Fuchsberg beginning April 3, 2015. The works will be on display at 636 Marble Street, West Rutland, Vt. through May 3. There will be a reception for the artist, free and open to the public, from 5-7 pm on Saturday, April 18. Gallery hours are Monday-Friday, 10 am-1 pm, or by appointment. For more information, please contact the Carving Studio and Sculpture Center at (802) 438-2097 or info@carvingstudio.org.

The Vermont Marble Museum The Vermont Marble Museum

is excited to announce the Grand Opening of the Museum under the new ownership of the Vermont Preservation Trust on Saturday, May 23rd, 9am-6pm. There will be 3 passenger trains coming from the Rutland Depot to the Museum that day. (Each train can hold up to 200 people.) The leaving times from Rutland to the Museum will be 9am, 12 noon, 3pm, and the last train back to Rutland will be at 5:30pm. The PHS Jazz Band will be performing from 1pm to 3pm. We will have a brand new Student's Exhibit at the Museum which focuses on The Vermont Marble Company and Immigration. It is also going to be a "Ben & Jerry's Day in the Courtyard outside the Museum. There will be a book sale at the Proctor Free Library, Franklins and West Street Market will have food and beverages for sale on the Village Green (next door to the Exhibit). There will be activities going on throughout the day on the Green with the following participating: Proctor Gas, The Proctor Volunteer Fire Department, Churches in town, College of Saint Joseph, The Town Clerk's Office, and Carris Reels. For more information go to www.vermont-marble.com

vermont Achievement Center is pleased to announce that the Mitchell Therapy Pool will reopen for swimming on Monday, April 13th. Time slots are available for open swim times, including a weekend choice. Visit www.vacvt.org for a complete schedule or call Ann Hunt, Pool Director, 802-773-7187 for more information.



Vermont Sports Medicine Center's

23rd Annual 5k Run/Walk will be held on Saturday, April 25th. The race starts and ends at Vermont Sports Medicine Center, 5 Albert Cree Dr. in Rutland. The 5K Run/Walk benefits Kids on the Move, RAVNAH's Pediatric Rehabilitation program and Vermont Adaptive Ski & Sports. Registration on the day of the race is 8am-9:30am. Participants are encouraged to pre-register. Refreshments will be provided for all runners and walkers. Prizes will be awarded for 1st place in all runner age groups. The Kids Fun Run will start at 10am, immediately followed by the 5K Run/Walk. Pre-registration entry fees are \$5 for kids under 10 years old. \$10 for kids 10 to 17 and \$15 for adults. For more information, or to register, please contact Christine Hoard at christineh@ravnah.org, Marc Miele at marc@ravhnah.org or visit www.ravnah.org/kids-5k-road-race.html