



FREE
Programs,
Classes,
& Events

ORANGE COUNTY

Winter 2019 Session

Transforming LIVES

NEW CENTER OPENING!



Incluye información en español

LIVE WELL WITH LOW VISION

Braille Institute provides FREE programs and services for people who are visually impaired or blind

MAXIMIZE YOUR VISION

FREE LOW VISION SERVICES

Our Braille Institute Low Vision Rehabilitation Specialist provides free low vision rehabilitation services at our centers, in your home, or in your community.

- Learn strategies to cope with sight loss
- Benefit from one-on-one assistance with independent living skills
- Sign up to receive an easy to use, talking book machine and electronic downloads of audio books, magazines, and newspapers
- Learn about adaptive and mainstream technology (i.e. computers, iPhones, Androids, iPads, Kindles, and other devices)
- Sample adaptive products (i.e. hand-held magnifiers, talking watches, printing guides, and large print materials)



For more information or to schedule an appointment, call 714-821-5000 or visit BrailleInstitute.org

Nuestro centro cuenta con programas gratuitos y servicios ofrecidos en español, gracias a nuestros empleados bilingües. ¡Llámanos!

LEARNING RESOURCE LAB



connection
POINTESM

A Technology Center at Braille Institute

FREE HANDS-ON DEMONSTRATIONS & TECHNOLOGY TRAINING CLASSES FOR YOUTH AND ADULTS

The following are devices available:

- iPhones and iPads
- Android devices and tablets
- Magnifying Devices



**For an Appointment call (714) 821-5000
CLASSES OR INDIVIDUAL INSTRUCTION!**

LIBRARY SERVICES

Braille Institute Library Services can bring the joy of reading back to those who have low or no vision, all free through the Library of Congress' National Library Service.



Register to receive:

- A free, easy-to-use talking book machine
- Access to thousands of free book titles from bests to classics

We also offer instruction on our BARD (Braille and Audio Reading Download) service that allows access to almost 50,000 audio books and magazines from your home computer, smart phone, tablet, or e-reader.

FREE IN-HOME SERVICES

By focusing on each person's specific goals, degree of sight loss & home environment, consultants address:

- Quality of life changes resulting from vision loss
- Kitchen confidence and safety
- Marking/labeling
- Using technology
- Orientation and mobility (getting around the community)
- Low vision services (selecting the right magnification device)




Caregivers and family members are a welcome part of this program. Many techniques are designed to help family and friends understand the continued capability of their loved ones. With simple solutions, people of all ages with vision loss can continue to live safely and independently in their homes and communities.

ROLLOVER YOUR IRA

YOU CAN
DIRECT UP TO
\$100,000

70½
OR OLDER

- 
- Pay no income tax on your gift
 - Help support people with vision loss
 - Build your charitable legacy

By **rolling over all or part** of your IRA's "required minimum distribution" ("RMD") to Braille Institute, you can help **reduce your tax bill** while helping us serve thousands of folks in need!

If you are **70½ or older**, you can make a gift of up to **\$100,000** from your IRA to help further our mission. Contact your IRA administrator to get started with your gift. While you will not receive an income tax deduction, you will not pay taxes on any distributions made to us, **reducing your tax burden even if you do not itemize!**

As always, you may designate your contribution to the location or program of your choice!

***Call our Philanthropy Department today to learn more:
at 1-800-BRAILLE (272-4553), Ext. 1256***

ANAHEIM SCHEDULE *of* CLASSES

MONDAY

9:30AM – 11:00AM

Braille Reading/Writing
iPhone Voice Over
Daily Living Skills
Exercise for Health 9:30-11:30
Bowling
Women Sharing Support Group
Art (fee)

11:15AM – 12:45PM

Braille Lab
Android TalkBack
Art (fee)

1:00 PM – 2:30PM

Braille Reading/Writing
Keyboarding
Home Management
Great Debate
Young Adult Support Group

TUESDAY

9:30AM – 11:00AM

Braille Reading/Writing
ZoomText Fusion
Sensory Awareness
Salsa
Cooking with Style (fee)
Art (fee)
Laughing Yoga

11:15AM – 12:45PM

Keyboarding Lab
Current Events
Daily Living Skills with Technology

1:00PM – 2:30PM

Victor Reader
Keyboarding
Profiles of Famous People
Guitar
Basic Cooking (fee)
Art (fee)

2:45 PM – 3:45PM

Braille Lab
Keyboarding Lab
Art (fee)



527 N. Dale Ave, Anaheim, 92801
Sign up with Students Services or call 714-821-5000.

WEDNESDAY

9:30AM – 11:00AM

Braille Reading/Writing
GPS with iPhone
Scrabble
Exercise for Health 9:30-11:30 Art
(fee)
Daily Living Skills
Herbs & Spices
Sensory Awareness

**FREE
CLASSES***
*unless specified

11:15AM – 12:45PM

Braille Lab
Keyboarding Lab
Board Games
The Joy of Aging
Basic Cooking *(fee)*

1:00 PM – 2:30PM

Braille Reading/Writing
Jaws Essentials
Book Club
Zumba/Line Dancing
Art *(fee)*
Cooking With Style *(fee)*
Walk for Health

2:45 PM – 3:45PM

Braille Lab
Jaws & Gmail
Art *(fee)*
Daily Living Skills
with Technology



THURSDAY

9:30AM – 11:00AM

Braille Reading/Writing

Jaws

Making Sense of Science

Exercise for Health 9:30-11:30

Art *(fee)*

Sensory Awareness

Basic Cooking *(fee)*

11:15AM – 12:45PM

Braille Lab

Keyboarding Lab

Living with Vision Loss

Art *(fee)*

Home Management

1:00 PM – 2:30PM

Braille Reading/Writing

Keyboarding in Spanish

Conversational Spanish

Music Appreciation

Cooking With Style *(fee)*

Walk for Health

2:45 PM – 3:45PM

Braille Lab

Keyboarding in Spanish

Daily Living Skills With Technology

Young Adult Support Group

Art *(fee)*

Class availability, times and days may be changed throughout the term.

FRIDAY

9:30AM – 11:00AM

iPhone VoiceOver in Spanish

Men's Group

Self Defense 10:00 - 11:00

Daily Living Skills with Technology
- Spanish

Art *(fee)*

Living with Vision Loss

11:15AM – 12:45PM

Braille for Spanish Speakers

iPhone VoiceOver - English

Art *(fee)*

1:00 PM – 2:30PM

Braille Reading/Writing

Keyboarding Lab

Active Adults

Yoga

Basic Cooking *(fee)* Bilingual

English as a Second Language

2:45 PM – 3:45PM

Braille Lab

Keyboarding Lab

Rights & Resources (3/4 - 4/8, 6 wks)

VOLUNTEERS
Make a Difference!



ANAHEIM SEMINARS & WORKSHOPS

Understanding Vision Loss Seminar

Fridays | January 25, February 22, March 29 | 1:00PM – 2:30PM

Let Your Smart Phone Be Your Reader

Tuesday | January 29 | 11:15AM – 12:45PM

What Is The Amazon Echo Voice Assistant?

Wednesday | January 30 | 1:00PM – 2:30PM

Dementia/Alzheimer's: Recognizing The Signs

Friday | February 1 | 1:00PM – 2:30PM

Apps For The iPhone & iPad

Tuesday | February 5 | 1:00PM – 2:30PM

¿Qué es CTAP? ¿Cómo puede ayudarte?

Viernes | Febrero 8 | 11:15AM – 12:45PM

Is There An Android App For That?

Wednesday | February 13 | 1:00PM – 2:30PM

What Is CTAP? How Can It Help You?

Tuesday | March 5 | 11:15AM – 12:45PM

Brighter & Bigger: A Magnifying App For iOS And Android

Tuesday | March 12 | 1:00PM – 2:30PM

Experience The Wearable Magnifier, IrisVision

Thursday | March 14 | 11:15AM – 12:45PM

Experience The Wearable Artificial Vision Device, OrCam

Friday | March 29 | 11:15AM – 12:45PM

IN-DEPTH WORKSHOPS

No Computer, No Problem! Use VoiceOver

Tuesdays | February 5, 12, 19 | 2:45PM – 3:45PM

Amazon Alexa, Google Home Or Apple Home Pod

Wednesdays | February 6, 13, 20 | 2:45PM – 3:45PM

Phone Applications To Identify Your Surroundings

Wednesdays | February 13, 20, 27 | 2:45PM – 3:45PM

Shopping Without Leaving Your Home

Wednesdays | March 6, 13 | 2:45PM – 3:45PM

How To Use Uber & Lyft

Tuesdays | March 19, 26 & April 2 | 2:45PM – 3:45PM



In 2018, volunteers donated more than 94,000 hours of service to help keep our programs free. To volunteer, please call: Donna Wager (714) 503-2113

LAGUNA HILLS SCHEDULE *of* CLASSES

24411 Ridge Rte Dr #110, Laguna Hills, CA 92653
Sign up with Students Services or call 949-330-5062.

MONDAY

10.00AM – 11:30AM

Sensory Awareness

1:00 PM – 2:30PM

Wisdom of the Perennials - *(Discussion Group)*

TUESDAY

10.00AM – 11:30AM

Gizmos & Gadgets for Organized Living

Rights & Resources *(6 weeks)*

1:00PM – 2:30PM

Weekly Support Group

Cooking without Looking - *(\$10 Fee)*

WEDNESDAY

9:30AM – 11:30AM

Knitting & Crocheting

THURSDAY

10.00AM – 11:30AM

Braille Reading & Writing

1:00 PM – 2:30PM

Technology/Library Workshops - *(Reference Workshop List)*

FRIDAY

10.00AM – 11:30AM

Better Living Series-Workshop - *(Reference Workshop List)*

1:00 PM – 2:30PM

Braille Reading & Writing

LAGUNA HILLS WORKSHOPS

BETTER LIVING WORKSHOPS

FRIDAYS | 10:00AM

- Jan. 4 - Introduction To UCI Mind
- Jan. 11 - Dementia/Alzheimer's Recognizing The Signs
- Jan. 18 - How To Get The Most From Your MD Visit
- Jan. 25 - Ocapica Presents "Gratitude"
- Feb. 1 - Balance Loss & Fall Prevention
- Feb. 8 - 211 Resources & How To Access Them
- Feb. 15 - Most Popular Apps For Low Vision
- Feb. 22 - Ocapica Presents "Mindfulness"
- Mar. 1 - Introduction To Access and Same Day Taxi
- Mar. 8 - How Can Bandia Non-24 Help
- Mar. 15 - Come And Learn About The VA
- Mar. 22 - Ocapica Presents "Stress & Coping"
- Mar. 29 - Systems For Organizing Life And Home
- Apr. 5 - Council on Aging Presents on HICAP
- Apr. 12 - Spring Into Arts & Crafts

TECHNOLOGY/LIBRARY WORKSHOPS

THURSDAYS | 1:00PM

- Jan. 10 - Discover Other Library Services
- Jan. 24 - Is There An App For That?
- Feb. 7 - Downloading Free Audio Books And Magazines
- Feb. 21 - Amazon Echo Workshop
- Mar. 7 - Basic Introduction To The World Of Technology
- Mar. 21 - Fun Products That Can Convert Text To Speech
- Apr. 11 - BARD For Smart Devices

Information about these, or other valuable workshops, seminars and special activities may be found in the weekly announcements, or by visiting our website www.brailleinstitute.org.

SAVE THE DATES!



Winter Sessions

Anaheim | February 4- April 12
Laguna Hills | January 2 – April 12

Braille Institute of America, Inc.

527 North Dale Avenue
Anaheim, A 92801

Ribbon Cutting, Anaheim

February 28

24411 Ridge Route Drive, Ste. 110
Laguna Hills, CA 92653

Holidays (no classes)

January 21

February 7

February 18

ADDRESS SERVICE REQUESTED

For more information about Braille Institute classes and services in Orange County, visit BrailleInstitute.org or call (714) 821-5000

JOIN OUR CONVERSATION!



/BrailleInstitute



#BrailleInstitute



@BrailleInstitute

