

VANIER

CÉGEP / COLLEGE

WINTER / SPRING 2015 CONTINUING EDUCATION

Professional Development
Credit & Non-Credit Courses
Business & Industry Training Services
General Interest
Language School
Aquatics



VISIT US ONLINE
www.vaniercollege.qc.ca/conted/ppd

Consult the Vanier website regularly for important updates and for dates and courses that were not available at the time of publication.

Credit courses and AEC (ACS) programs

www.vaniercollege.qc.ca/conted

Non-credit courses and programs

www.vaniercollege.qc.ca/conted/ppd

Business and Industry Training Services

www.vaniercollege.qc.ca/business-industry-training

Language School

www.vaniercollege.qc.ca/lis

Aquatics

[www.vaniercollege.qc.ca/health-fitness-recreation-courses/ aquatics-swimming/](http://www.vaniercollege.qc.ca/health-fitness-recreation-courses/aquatics-swimming/)

Choose from a wide selection of non-credit courses

NB: Tuition fees shown include GST and QST, except where noted.

The information contained in this catalogue was as accurate and complete as possible at the time of publication. Vanier College reserves the right to make changes to fee schedules, courses, programs and College policies without prior notice, and to cancel or reschedule courses where minimum enrollments are not met.



Vanier Continuing Education – Lifelong Learning

Today's Education - Tomorrow's Opportunity

- *Courses that address career development needs*
- *Business and Industry training services*
- *Credit and non-credit courses covering a variety of topics and disciplines*
- *Student-centered teaching*
- *Relaxed learning environment*
- *Beautiful campus conveniently located in Saint-Laurent*

Study at your leisure

Our diverse offering of more than 100 personal interest, professional development, certification and career enhancement courses will give you the opportunity to explore new ideas and new activities.

Whatever your interest or your need, whether you are an individual or a company, **VANIER HAS SOMETHING FOR YOU!**

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Professional Development

In the constantly evolving world of business and industry, lifelong learning is the key to career development and advancement, and to enhanced productivity. Whether you are a professional wanting to upgrade your skills or learn new ones, an unemployed worker seeking to add to your job qualifications, or a business aiming to improve the skills and efficiency of your employees, we have a selection of courses and training activities for individuals and businesses that will benefit you and your organization.

HEALTH AND SAFETY ON CONSTRUCTION SITES



The Health and Safety on Construction Sites course is a requirement for obtaining a certificate of competence, authorizing the holder to work on a construction site. The course is also obligatory for management and control staff working mainly and usually on a construction site. The objective of the course is to develop a general understanding of everything affecting health and safety on construction sites. Students successfully completing this course will be awarded a certificate of competency from the ASP Construction association. Attendance requirement: Participants must attend all 20 units, 30 hours of class in total. This course is taught in English by bilingual teachers and the course literature is offered in English or French.

Instructor: Anthony Belleau and/or Ilya Meldrum

30 hour course
Saturday and Sunday 7:30am-3:30pm **\$269**
Course lasts two consecutive weekends and runs once every month

101: Leadership and Strategy Essentials: Provide Leadership to the Entire Organization

15 hour course
March 10-14, 2015
Tuesday and Thursday 6:30pm-10pm;
Saturday 9am-5:30pm **\$675**

102: Project Management: Manage and Oversee Projects

15 hour course
April 14-18, 2015
Tuesday and Thursday 6:30pm-10pm;
Saturday 9am-5:30pm **\$675**

103: Operations and Maintenance: Measure Operations and Maintenance Performance

15 hour course
May 16-17, 2015,
Saturday and Sunday 9am-5:30pm **\$675**

104: Finance and Business Essentials: Financial Management of the Facility Organization

15 hour course
June 13-14, 2015
Saturday and Sunday 9am-5:30pm **\$675**

Instructors: Vincenzo Di Domenico and Luc Roy.

Get a discount by registering for all four IFMA courses (\$2500 for all four), and receive a certificate upon completion. Call or write us to register for the whole series.

IFMA CREDENTIAL COURSES



IFMA's Facility Management Professional (FMP) is the must-have credential for facility management professionals and industry suppliers. Earning an FMP credential proves you understand the foundations of facility management. Developed by the International Facility Management Association and offered by Vanier College, this career-enhancing program is recognized across North America and beyond by employers and professionals in the field. We are also offering the new SFP credential (see below).



SUSTAINABILITY FACILITY PROFESSIONAL



NEW* Become a leader in developing and managing sustainable facilities. IFMA's SFP is a specialty credential in sustainability. By earning your SFP credential, you will develop and gain recognition for your expertise in sustainable facility management practices while improving your organization's economic, environmental and social bottom lines.

The course encompasses the following modules:

- **Module 1:** Strategy and Alignment for Sustainable Facility Management
March 28-29, 2015
- **Module 2:** Managing Sustainable Facilities
April 11-12, 2015
- **Module 3:** Operating Sustainable Facilities
April 25-26, 2015

Instructor: Saul Aronovitch

3 x 16-hour modules (48 hours total)

Each module: **\$950** per module or **\$2700** for all 3

Saturday and Sunday 9am-5:30pm

RESIDENTIAL BUILDING INSPECTION COURSE

This nationally recognized course covers all aspects of building inspection. At the end of this program you will understand house inspections, a house as a system and be fully knowledgeable about setting up your own home inspection business. The full 200-hour program covers the basics of residential building inspection, types of buildings, what to expect in houses of different ages, and demonstrates the skills to become a good home inspector. The program will use the Carson and Dunlop Home Reference Book (copy included in Part I) and many other references. Students should purchase the Wood Frame Construction manual from the Canadian Mortgage and Housing Corporation CMHC (SCHL). Upon completion of the entire course a certificate will be issued to the participant.

Instructor: Rick Cartmel and other experienced instructors.

Course runs Thursday 6:30-9:30pm and Sunday 8:30am-5:30pm

Part 1

- 1- Contracts, incorporating and liability
- 2- Job description, risks, claims
- 3- Pre-inspection procedures
- 4- Introducing the concept of a house as a system
- 5- Standards used in the industry: NBIQ, AIBQ, ASHI
- 6- General Residential Building types
- 7- Determining the age of a building with the year of construction
- 8- Tight housing design and problems
- 9- Types of materials used for foundations and installation problems
- 10- Installation practices foundation
- 11- Structural forces on natural and pre-engineer's work
- 12- Concrete foundation, piers walls, etc.
- 13- How an inspector inspects foundations

36 Hour course
Autumn 2015

\$469

Part 3

- 1- Exterior finishes
- 2- Exterior areas, trees, decks retaining walls
- 3- Insulation and vapour barriers
- 4- Basement water proofing solutions
- 5- Fire protection and fire proofing
- 6- Legal concerns in your own business
- 7- Insulation sound proofing problems & solutions
- 8- How an inspector inspects exterior and insulation installations

44 Hour course
Autumn 2015

\$469

Part 2

- 1- Drainage problems and solutions
- 2- Soil types and effects
- 3- Ad freezing and freezing problems
- 4- S.A.R. in regards to home inspection
- 5- Wood frame construction practices framing and loading
- 6- Structural summary case studies
- 7- Interior finishes: what they tell a H.I.
- 8- Roof and attic design, trusses & rafters
- 9- Roofing membranes: installation and inspection
- 10- Flashings design and problems
- 11- Test # 1 on part one and two

39 hour course
Autumn 2015

\$469

Part 4

- 1- Environmental
- 2- Health concerns (Healthy House)
- 3- Chimney design, foundations
- 4- Liners, flues, pre-fab chimneys
- 5- What an inspector looks for in regards to chimney installations
- 6- Fireplaces pre-fab and masonry
- 7- Wood stove / inserts installation consideration
- 8- Electrical entrances
- 9- Electrical circuits, bonding / grounding
- 10- Distribution panels, AFCIS GFCI
- 11- How an inspector verifies electrical systems
- 12- Test on Parts III and IV

36 hour course
January 29-March 5, 2015

\$469

Part 5

- 1- Plumbing water supply pumps and municipal
- 2- Drainage systems: private waste systems and French drain
- 3- Main entrance water supply piping
- 4- Waste drainage piping
- 5- Fixtures correct hook ups
- 6- Sumps and pumps
- 7- Water heater tanks and other system
- 8- Gas piping installations
- 9- Heating systems principles
- 10- Fuel types and consideration
- 11- Electric heating systems

36 hour course

March 12-April 9, 2015

\$469

Part 6

- 1- Furnaces: design and operation
- 2- Oil tanks, air filters and humidifiers
- 3- Hot water systems
- 4- Heat pumps types and sizing
- 5- Air conditioners considerations
- 6- Air exchanges
- 7- Written reports
- 8- Business practices with clients
- 9- Small business start up

36 hour course

April 16-May 14, 2015

\$469

COMMERCIAL BUILDING INSPECTION COURSE

This course is for professional architects, engineers and technologists. The course is also for Residential Building Inspectors who have years of inspection experience. This course is recognized throughout North America and was started by the engineering firm of Carson Dunlop Weldon and Associates (CDW Engineering). The course uses the ASTM Standard. E2018 - 08 (American Society for testing Materials). This standard is the recognized Property Condition Assessment (PCA) for North America, as Canada (CSA) does not have a comparable standard, this is the standard most utilized. This 40-hour course is being offered for the first time in Quebec by Vanier College and G.T. Inspections (a company that has been doing Commercial Industrial Inspections for over 17 years). Upon completion of this course a certificate will be issued to the participant.

Instructor: Rick Cartmel and other experienced instructors.

40 hour course

For more information, contact our Business and Industry Services group, 514-744-7500 x.6066

FOR ASPIRING INNKEEPERS:

This course gives the basics for what's necessary to open and run a Bed & Breakfast or other types of tourist lodgings. Getting through the certification process, branding your establishment, what to charge for your rooms; these are some of the issues we'll be examining.

Instructor: Monique Martel

15 hour course

March 24-April 21

Tuesday 6:30-9:30pm

\$195

TOOLS FOR THE SUCCESSFUL INNKEEPER:

This course helps the owners of tourist accommodations find ways to get more income from their business. Topics covered will include bookings, how to keep repeat customers, what to serve and how to present it, improving revenue, time management, survival tactics for dicey situations and private/public spaces. These are but a few of the problems owner/ managers of tourist accommodation face. This course will give you ways to deal with these and provide the owner/managers with tips to improve the all-important bottom line.

Instructor: Monique Martel

15 hour course

February 6-March 6

Friday 1-4pm

\$195

**BUSINESS TOOLKIT FOR
THE SMALL BUSINESS:
(IN PARTNERSHIP WITH AVASTCO)**


Whether you are thinking of starting your own business, or you have already taken the initiative, you are or will be discovering that the administrative side of things requires a business skillset. You don't need to become a specialist in each business subject, but you do need to know the basic principles to help you manage the day-to-day affairs of your company. This set of two half-day seminars outlines the essentials of accounting and marketing for the small business, as well as tax matters particular to the small business. Legal forms of setting up the business are also discussed.

Instructor: Avastco

8 hour course

April 18-25, 2015

Saturday 8:30am-12:30pm

\$109

CHILD DEVELOPMENT (12 HOUR TRAINING FOR HOME DAYCARE ASSISTANTS)

This course meets the government's requirement for 12 hours of training in child development for home childcare assistants. Students will focus on the different aspects of child development – physical, intellectual, emotional and social – and how to enhance development by providing quality care. Other topics include age appropriate guidance strategies, health and hygiene and interactions with parents. Anyone who is interested in child development is welcome to join us.

Instructor: Nancy Spector

12 hour course
February 17-March 10, 2015
Tuesday 6:30pm-9:30pm

\$159

FIRST AID & CPR FOR DAYCARES, PARENTS AND CAREGIVERS

A one-day training program including video, lecture and hands-on practice of basic lifesaving and first aid techniques. Topics include accident scene management, CPR, choking, defibrillation, bleeding, fractures, burns, severe allergies, and a variety of medical conditions.

Instructor: Bob Green

8 hour course
February 14, 2015 (additional date to be added in spring)
Saturday 8am-5pm

\$85

SPECIAL EVENT PLANNING ESSENTIALS – LEVEL 1

Learn the essentials of thorough event planning. In this course, you will acquire the basic knowledge of all aspects of researching, designing, planning, coordinating and evaluating events. Topics include everything from budgeting and timeline development to event customs and industry trends. An additional fee to cover mandatory course textbook and materials: \$50.00 (Cash payment to the instructor must be made at first class.)

Instructor: Sherlyn Figueira

18 hour course
Saturday 9am-12pm
February 7-March 14, 2015

\$195

SPECIAL EVENT PLANNING ESSENTIALS – LEVEL 2

In the first course, you learned the essentials to event planning. Now use these competencies to manage the details involved in event planning; to recognize and plan for possible risks; and to produce an event evaluation plan. This case work-based course focuses on the event industry and the fundamental components of planning and executing events. You will explore the planning, designing, producing and managing of specific types of events from family social functions to corporate ones. You will also learn how to set your fees and estimate costs. An additional fee to cover mandatory course textbook and materials: \$75.00 (Cash payment to the instructor must be made at first class.)

Instructor: Sherlyn Figueira

18 hour course
Saturday 9am-12pm
April 11-May 16, 2015

\$195

HOW TO BE A WEDDING PLANNER

Wedding planning is a growing industry and seeing the joy and happiness on a client's face can make for a satisfying and fulfilling career. Planners need to be detail-oriented, creative, and have excellent interpersonal and communication skills. Come and learn the finer techniques of this fascinating industry. An additional fee to cover mandatory course textbook and materials: \$50.00 (Cash payment to the instructor must be made at first class.)

Instructor: Sherlyn Figueira

18 hour course
Saturday 1-4pm
April 11-May 16, 2015

\$195

INSURANCE I: PART OF RISK MANAGEMENT

The goal of this module is for participants to understand the basics of insurance: when to use it, how to use it in a financial plan or to protect oneself and their family, as well as how to spend their money wisely on insurance.

Instructor: Carol Adamakos

3 hour course
Wednesday 6:30-9:30pm
April 15, 2015

\$49

INVESTING I

The goal of this module is for participants to understand fundamental investing concepts, and to use this framework to make informed decisions about their investments.

Instructor: Carol Adamakos

3 hour course

Wednesday 6:30-9:30pm

February 18, 2015

\$39

INVESTING II

The goal of this module is for participants to articulate their lifestyle goals, understand how risk and volatility in markets can impact personal investment objectives, and learn how to match their profile with suitable investment products.

Instructor: Carol Adamakos

3 hour course

Wednesday 6:30-9:30pm

February 25, 2015

\$39

REAL ESTATE I: RENTAL HOUSING - THE QUEBEC RENTAL BOARD AND YOUR LEGAL RIGHTS

This course will include an introduction to rentals in Quebec, the rights and obligations of tenants and landlords, an overview of the applicable laws and regulations, forms and methods used for various purposes, where to find the information you need, and how to prepare for a hearing before the Quebec Rental Board (Régie du logement). Instructor Daniel Normandin teaches administration and law at the college level and practices through his own firm, Consultants Associés SST Inc.

Instructor: Daniel Normandin, LL.B., B.A.

10 hour course

Tuesday and Wednesday 7-9pm

Saturday 9am-4pm

March 17-18 and 21, 2015

\$99

REAL ESTATE 2: INVESTMENT, FINANCE, AND VALUATION

This course will introduce you to the world of investing in residential and commercial real estate. Topics will include real estate past and present, different categories of property, financing options, valuation and property inspection. Time will be spent understanding how to analyze your investments, including concepts of ROI, NOI, plus-value vs. value-added, and novel financing options. The course includes a number of practical case studies from different sectors. Instructor Daniel Normandin teaches administration and law at the college level and practices through his own firm, Consultants Associés SST Inc.

Instructor: Daniel Normandin, LL.B., B.A.

18 hour course

Tuesday-Wednesday-Thursday 7-9pm

Saturday 9am-4pm

April 7-8-9, 11 and 18, 2015

\$179

LECTURE SERIES FOR PRIVATE- AND PUBLIC-SECTOR ORGANIZATIONS

Vanier also offers lecture series for all types of small- and medium-size organizations in the public and private sectors on:

Health and Security in the Workplace

New Legal Issues and the Canadian Charter of Rights and Freedoms

Call our Business and Industry Services group at 514-744-7500 x.6066 for more information.

PERSONAL SUPPORT WORKER (PSW)

Specialization in Dementia

****NEW**** Health care systems around the world are undergoing rapid and often radical changes due to the aging population and increasing life expectancy. Statistics predict that more than one in three seniors will develop some kind of incapacity during the last years of their life, and there is currently a shortage of caregivers trained to respond to the problems of aging.

Vanier's leading-edge PSW training program has been developed by a panel of industry experts and college teachers working in specialized care within the Quebec health system. Based on national standards and state-of-the-art practice, The Personal Support Worker Training Program offered at Vanier College teaches individuals how to provide older adults who have cognitive disabilities, and their families, with the support, care and assistance needed to live fulfilling lives in the community and in long-term care facilities.

If you are 18 years old or more, are in good health, have a high school diploma, a sense of responsibility and a sincere interest in helping older adults and their families, this could be the beginning of a new and successful career for you. On the other hand, if you yourself are caring for a senior family member with difficulties in daily living, this program could radically improve your ability to help and cope.

The program consists of four inter-related levels of training: fundamental, intermediate, advanced/certification and internship/employment. Each level includes modules designed to help learners acquire and build on the essential knowledge and skills to be effective support workers.

4 STEPS TOWARDS YOUR NEW CAREER

- *Level 1: Fundamental Knowledge and Skills:*
Working with Older Adults (81 hours)
- *Level 2: Intermediate Knowledge and Skills:*
Working with Older Adults (49 hours)
- *Level 3: Advanced / Certification of Knowledge & Skills:*
Working with Older Adults (52 hours)
- *Level 4: Internship and Employment Skills:*
Working with Older Adults (120 hours including an 84-hour internship)

Admission to this program is by application form and interview. Information sessions will be held regularly. To register for an information session or to apply, please email us at:

- *ppd@vaniercollege.qc.ca or*
- *contact Mrs. Betty Ann Woods at 514-744-7500 x.6066, or*
- *check our website for application details, course description and information session dates.*

TECHNOLOGIES

Whether you're a professional in need of certification or just interested in the diverse domain of Technology, Vanier College offers courses that are tailored to your needs. You'll find everything from beginners' Microsoft Office courses to in depth Software Quality Assurance certifications. Web and graphic design seminars, social media training, and introductions to various applications and operating systems are right at your fingertips!

SOCIAL MEDIA BOOTCAMP: MAXIMIZE YOUR ONLINE BRANDING POTENTIAL: LINKEDIN, FACEBOOK AND TWITTER

Today, most professionals need to use social media in some way, but many are still not benefitting 100% from the social media experience. Instead, they are learning the basic principles, strategies and tactics on their own through frustrating, time-consuming trial and error. Over the course of this 18 hour intensive course, we will walk you through the steps you need to take to not only get started on Twitter, LinkedIn and Facebook, but to use these three top social media sites with comfort and ease. Be prepared to spruce up you, or your company's, online presence.

Instructor: Shelly Elsliger

18 hour course
Wednesday 6:30-9:30pm
February 4-March 11, 2015

\$229

SOCIAL MEDIA MANAGEMENT – INTRODUCTION TO WORDPRESS

This course is devoted to mastering WordPress, a Web-based software program that anyone can use to build and maintain a website or blog. A Wordpress blog is also useful as it can be used to talk about your company or profession, what you do and how you do it. It can also serve as your online store and a customer service hub for product information and inquiry.

Instructor: Rosanna Montoute

4 hour seminar
Saturday 1-5pm
March 21, 2015

\$55

LEVERAGING LINKEDIN TO FIND A JOB

LinkedIn, considered to be the only professional social media tool, is one of the most important and valuable tools in any job search today. Recruiters and hiring managers use LinkedIn daily to find candidates for their open positions. In fact, 94% of employers are using LinkedIn to find talent. Some are asking to see your LinkedIn profile first. If you have ever wondered how to take advantage of LinkedIn to network, brand and showcase your skills, this workshop is for you. Times are changing, and effectively and proactively searching for a job means being linked in not simply on LinkedIn!

Instructor: Shelly Elsliger

3 hour course
Wednesday 6:30-9:30pm
March 25, 2015

\$59

INTERNET FOR SEASONED CITIZENS

This course aims at the senior audience introducing many important tasks and fun sites to visit on the internet. Activities covered include searching the internet, solving puzzles and quizzes online, TV & Radio on the internet, accessing online newspapers, how to find activities to do in the city via online websites, planning vacations, exploring and researching your family tree, sharing photos with your friends and family, publishing websites and blogs, using social media such as Facebook & Twitter, keeping in touch with friends and family, as well as the important aspects of internet security.

Instructor: Zsafia Orszagh

16 hour course
Saturday 10am-12pm
February 28-April 25, 2015

\$159

LINKEDIN WORKSHOP: LEARN HOW TO USE & OPTIMIZE LINKEDIN FOR BUSINESS

Do you have a LinkedIn account, but never use it? Do you just accept a connection request and do nothing else? Stop forgetting and start following through. Learn why to be LinkedIn and how to be LinkedIn effectively! Stop collecting connections and be a connection! Time to start your BRAND practice!

Instructor: Shelly Elsliger

3 hour course
Wednesday 6:30-9:30pm
April 1, 2015

\$59

SOCIAL MEDIA MANAGEMENT – INTRODUCTION TO FACEBOOK

This course is devoted to mastering Facebook, a social media platform for sharing photos and events with friends and family. Facebook can also serve as your customer service hub for social listening and engaging with your customers; responding to both positive and negative comments and/or monitor what is being said about your company or profession; as well as the product(s) and service(s) you provide.

Instructor: Rosanna Montoute

4 hour seminar
Saturday 1-5pm
January 31, 2015

\$55



SEO FOR WEBSITES 1 - MAKE YOUR SITE STAND OUT

Tailored for website owners or for enthusiasts with basic HTML programming skills, this workshop course is for those interested in learning the basics of SEO and website optimization. The first session will include an introduction to SEO (What is SEO, keyword research, competitive analysis, tools & resources). The second session will focus on practical SEO techniques for your website (on-page optimization, website configuration, live SEO analysis). Covered in this course: SEO introduction, Keyword research, Competitive analysis, Tools & resources, "On-page" optimization, Website configuration, Live SEO analysis. This is a great course at a great price, taught by an SEO specialist with unmatched experience.

Objectives

- Understand the main SEO ranking factors, the SEO landscape and what it's all about
- Know what basic tools & resources exist, and how to use them
- Apply concrete SEO actions to your website or understand the required efforts

Instructor: Remi Turcotte

For more information on this course or the instructor, consult the course description on our website.

8 hour course

Saturdays 10am-3pm (one hour for lunch)

March 7-14, 2015

\$240

SOCIAL MEDIA MANAGEMENT – INTRODUCTION TO GOOGLE+

This course is devoted to mastering Google+, a social media platform powered by the search engine Google. It allows people to create business and professional pages in order to interact and develop relationships with new and existing customers. Google+ is also recommended for grouping different associates, employees, departments, customers etc. into circles and communities based on subject, interest and conversation.

Instructor: Rosanna Montoute

4 hour seminar

Saturday 1-5pm

February 21, 2015

\$55

SOCIAL MEDIA MANAGEMENT – INTRODUCTION TO LINKEDIN

This course is devoted to mastering LinkedIn, a social media platform for developing your professional network. LinkedIn is an excellent platform for networking, advising, and sharing industry related information with other professionals and businesses in your area of specialization.

Instructor: Rosanna Montoute

4 hour seminar

Saturday 1-5pm

February 7, 2015

\$55

SOCIAL MEDIA MANAGEMENT – INTRODUCTION TO PINTEREST

This course is devoted to mastering Pinterest, a social media platform for organizing and sharing images online. The images that are shared on Pinterest are known as Pins, which can be organized in themed Boards. Boards can be created for any topic of interest. Pinterest can be a very valuable tool for many people, including wedding planners, interior decorators, graphic designers, vacationers, travel agents, real estate agents, researchers, artists, educators, architects, builders, cooks, craftsmen and craftswomen, curators etc.

Instructor: Rosanna Montoute

4 hour seminar

Saturday 1-5pm

February 28, 2015

\$55

SOCIAL MEDIA MANAGEMENT – INTRODUCTION TO TWITTER

This course is devoted to mastering Twitter, a social media platform for friends, family, professionals and businesses to communicate and stay connected through brief messages of 140 characters or less, called "Tweets". Twitter is useful for tweeting directions, event updates, moment-by-moment announcements, tips, recipes, happenings, the unfolding of an event, etc.

Instructor: Rosanna Montoute

4 hour seminar

Saturday 1-5pm

March 14, 2015

\$55

COMPUTERS FOR BEGINNERS

Are you new to computers? Do you wonder what they do and why you would want to use one? This class will introduce you to computers and Microsoft Windows. You'll learn how to install programs, create folders, copy files, surf the Internet, read your emails, and much more. If you wanted to learn the basics but never had the chance, then this class is definitely for you!

Instructor: Steven Rich

24 hour course
Monday 6:30-9:30pm
February 2-March 30, 2015

\$255

MICROSOFT WORD FOR BEGINNERS

This course covers the new interface and features of Microsoft Word 2013. Learn all the basic concepts and how to properly format characters, paragraphs and pages in your Word documents. Learn keyboard shortcuts that will make it easier for you to create and edit your documents. You will also learn how to use tables as well as how to incorporate shapes and graphics to give your documents a little more personality. Practical exercises will be used at the end of every class to help you review and learn the various features covered in the course.

Instructor: Laila Ali

15 hour course
Tuesday 6:30-9:30pm
February 10-March 10, 2015

\$195

IPAD® FOR BEGINNERS

Discover why so many people of all ages are turning to the Apple® iPad® for everything from email and photos to business presentations. Get the most out of your iPad® in a few short weeks. Bring your own, or use one of ours!

The course will cover:

- Introduction to the iPad® and tablets
- How everything works (email, web browser, calendar, contacts, multi-tasking, printing),
- Photos, videos and multimedia (editing, Air Drop, etc.)
- Working with applications (App Store, Skype, other selected apps)
- iBooks, iTunes, and other purchases

Instructor: Steven Rich

15 hour course
Thursday 6:30-9:30pm
March 26-April 23, 2015

\$195

PC MAINTENANCE AND TROUBLESHOOTING

Are you tired of dishing out hundreds of dollars to have your computer fixed? Frustrated by the annoying boxes that pop up on your screen or worried that viruses may destroy your computer or data? This course will teach you the tips and tricks to quickly locate and resolve computer problems. You will learn all about the hardware components inside of a computer; how to prevent, detect and remove viruses, spyware and malware; how to easily backup and restore all of your computer's data; and more. Very soon, your friends, relatives, neighbors and colleagues will be calling YOU for help!

Instructor: Steven Rich

24 hour course
Tuesday 6:30-9:30pm
March 24-May 12

\$255

MICROSOFT EXCEL FOR BEGINNERS

This course is recommended for individuals who are new to Microsoft Excel, and spreadsheets. This course will provide an introduction to spreadsheets, their practical uses, timesaving features and tips for using Excel effectively. Students will learn how to use all the formatting tools to design, create and enhance spreadsheets. There will be hands-on exercises to practice at the end of each class.

Instructor: Steven Rich

15 hour course
Thursday 6:30-9:30pm
February 5-March 5, 2015

\$195

MICROSOFT EXCEL INTERMEDIATE

The Intermediate Excel course is aimed at people who have taken our Introduction course or already work with Excel and have basic spreadsheet skills. Among the topics covered will be functions and advanced calculations, charts and graphs, macros, importing and exporting data, conditional formatting, sorting and filtering data.

Instructor: George Mack

15 hour course
Tuesdays 6:30-9:30pm
March 24-April 21, 2015

\$195

MICROSOFT PROJECT ESSENTIALS

This course will teach the basics of using MS Project 2010. We'll start with the user interface and background concepts of tasks, resources and project scheduling. Topics will include creating and updating project files, project properties and constraints, creating tasks and relationships, task float, assigning, re-allocating and removing resources, resource levelling, using calendars, milestones, views, the entry bar and timeline, and project costs.

Instructor: George Mack

15 hour course
Tuesday 6:30-9:30pm
February 3-March 3, 2015

\$195

MICROSOFT ACCESS FOR BEGINNERS

If you are working with a lot of data, chances are you would need to organize that well to be able to add or extract the information you need from it in different ways. Microsoft Access is a relational database that works in the Windows environment, helping you exactly with this in mind. This course will introduce you to topics such as what is involved in designing a database; how to create a database; how to create tables, queries, forms and reports; how to import and export data from/into other Office Applications; how to create an application interface that is user friendly and easy to use by others without programming skills; and how to make sure your database is secure.

Instructor: Zsafia Orszagh

15 hour course
Wednesday 6:30-9:30pm
February 11-March 11

\$195

WEB ANALYTICS

Have you ever wondered where your site traffic comes from, what visitors do at your site, and how you could reduce shopping cart abandonment and boost your site's profitability? This course will explain the importance of web metrics and how you can manage to do that using some free tools. Note: This course is open to all. You don't need a programming or web design background to take this course.

Instructor: Zsafia Orszagh

3 hour course
Wednesday 6:30-9:30pm
April 8, 2015

\$49

UNDERSTANDING WEB USABILITY: WHAT MAKES USERS CLICK?

If people can't find their way around your website, they won't use it. So what is it that will keep them on your site, get them to the pages that you would like them to reach? The design, structure and organization of your pages and site have a lot to do with this. Learn about how you could keep your visitors on your site and make it easy for them to find the information they need. Note: This course is open to all. You don't need a programming or web design background to take this course.

Instructor: Zsafia Orszagh

6 hour course
Wednesday 6:30-9:30pm
March 25-April 1, 2015

\$79

DO YOU WANT TO BE A GRAPHIC DESIGNER?

We will take the journey into the colorful world of design. You will get a true glimpse of what a graphic designer does and determine if this is the right career path for you. What graphics programs and computers are on the market today, what are they used for, and where can you purchase them? We will discuss the challenges a graphic designer faces at work. What salary can you expect? What is freelancing? What schools offer graphic design courses and programs? All your questions will be answered and your decision will be made crystal clear.

Instructor: Voula Kalafatidis

2.5 hour course
Saturday 10am-12:30pm
February 21, 2015

\$33

ADOBE DREAMWEAVER FOR BEGINNERS

Adobe Dreamweaver is a leading web development and site management application. The objective of this course is to introduce users to the core features of Dreamweaver and to enable them to plan, create, edit, and publish professional looking web pages. Dreamweaver integrates perfectly with other Adobe products and therefore makes the creation of web sites even easier.

Instructor: Zsafia Orszagh

18 hour course
Wednesday 6:30-9:30pm
April 15-May 20, 2015

\$239

ADOBE INDESIGN FOR BEGINNERS

Do you know Adobe InDesign? This is now the market-leading page layout tool for digital publishing and design. This course will introduce you to the InDesign software, and you will get your Edge! What do you want to produce—a business card, flyer, pamphlet, magazine ad, book or e-book? You don't need to be a graphic designer. We will start by importing text documents and choosing our fonts following the typographic rules. We will then download photos from a camera, modify them in Photoshop and import them into InDesign. We will encounter tables, styles and the use of colours. We will save the final document as a high quality PDF ready to print or upload as an ePub.

Instructor: Voula Kalafatidis

6 hour course
Saturday 10am-1pm
April 18-25, 2015

\$79

ADOBE PHOTOSHOP ESSENTIALS

In this course, students will learn the fundamentals of Adobe's most popular digital imaging software. Topics covered in the program will include:

- Basic tools and panel functions
- Understanding layers
- Preparing digital files for print and web
- Masking and image extraction techniques
- Understanding colour in the digital environment
- General workflow practices and management of digital assets through Adobe Bridge
- Photographic RAW workflow via Adobe Camera Raw

Instructor: Barry Muise

21 hour course
Monday 6:30-9:30pm
February 9-March 30

\$195

VIDEO PRODUCTION WORKSHOP FOR BEGINNERS USING ADOBE PREMIERE

This is a workshop course for video neophytes who would like to learn the basics of videography and video editing. The first session will include an introduction to cinematography (composition, framing, movements, and image stability), basic DSLR and HD camera functionality, lighting and sound considerations. The second session will focus on digital video editing techniques (match cuts, jump cuts, etc.), using the Premiere Pro software, and tips and examples of editing styles to give your videos that pro look.

Instructor: Melodie Le Siege

8 hour course
Saturday 10am-3pm (1 hour for lunch)
March 7-14, 2015

\$105

SOFTWARE QUALITY ASSURANCE - LEVEL 1A FOUNDATION KNOWLEDGE (CODE: MPQA_C01)

This training is aimed at anyone who wants to get involved in software testing, or change careers from other industrial domains to SQA. This level's certification can help graduates demonstrate proper communication and technical skills. This level knowledge is also appropriate for people who want to understand software quality engineering and testing techniques, such as project, quality, or software development managers; business analysts; IT directors; and management consultants. Holders of the Foundation level knowledge will be able to go on to a higher level of software QA qualification.

Instructor: Peidong Hu

15 hour course

Tuesday and Thursday 6:30-9:30pm
February 3-February 17, 2015

\$289

SOFTWARE QUALITY ASSURANCE – LEVEL 1B COMPLEMENTARY KNOWLEDGE, WEB APPLICATION (CODE: MPQA_C02)

This training aims to help students obtain the essential knowledge of web application for QA testing purpose. The majority of IT jobs are created with the required qualifications of web application knowledge. This module addresses the mainstream technologies being acquired by modern web applications on the market.

Instructor: Peidong Hu

9 hour course
Wednesday 6:30-9:30pm
February 4-18, 2015

\$169

SOFTWARE QUALITY ASSURANCE – LEVEL 2A INTERMEDIATE KNOWLEDGE AND SKILLS (CODE: MPQA_C03)

This training is aimed at people who want to gain practical experience working in a software verification team. This level indicates a professional level of competence not only in the principles, but also the practices of quality control in the IT profession. Knowledge and skills can give potentially more rapid career advancement and greater acceptance in the role as senior Software QA analyst. Holders of intermediate knowledge and skills will be capable of applying the best QA practice in a small or medium quality control team.

Instructor: Peidong Hu

42 hour course
Tuesday, Wednesday and Thursday 6:30-9:30pm
February 19-March 31, 2015

\$795

SOFTWARE QUALITY ASSURANCE – LEVEL 2B COMPLEMENTARY SKILL, AUTOMATION TEST (CODE: MPQA_C04)

Test automation is a significant area of investment in recent years by software entrepreneurs. The majority believe that suitable technology exists today and that high levels of test automation can realistically be achieved. Rapid adoption of this technology is happening in the quality assurance industry, and survey results clearly indicate that companies are increasingly realizing the substantial benefits of test automation. Test automation is becoming a must-have competency in the job market. The proper audience for this training are the learners who already have both basic software programming skills and software QA knowledge, and are interested in pursuing automation test or performance test careers. Either level 1 knowledge or a software programming training course is mandatory if the learner's background doesn't fulfill prerequisite knowledge requirements.

Instructor: Peidong Hu

24 hour course
Tuesday and Thursday 6:30-9:30pm
April 2-April 28, 2015

\$449

SOFTWARE QUALITY ASSURANCE – LEVEL 3 ADVANCED SKILLS, TECHNOLOGIES, AND CERTIFICATIONS (CODE: MPQA_C05)

Advanced Level of QA qualification requires a person with the special skills and knowledge representing mastery of a particular QA subject. Being an advanced QA analyst means possessing and displaying special skills and knowledge derived from specialized training. Students who obtain an advanced level qualification have a broad understanding of testing in general, and an in-depth understanding of a specific QA area, meaning sufficient knowledge of QA theory and practice to be able to influence the direction that an organization and/or project takes when creating, implementing and executing QA activities related to the specific area. It is important that this level of analyst must embody both knowledge and the necessary skills to apply QA knowledge in real-life situations.

Note: Learner needs to choose at least two selective modules that can add up to minimum 30 hours course time.

Instructor: Peidong Hu

33 hour course
Tuesday, Wednesday, and Thursday 6:30-9:30pm
April 30-May 26, 2015

\$619

INTRODUCTION TO BITCOIN TECHNOLOGY, BUSINESS AND INVESTMENT (MPQA_C50)

Bitcoin has the potential to not just be a digital currency, but possibly even the future of money. While it is still in the early stages, people see Bitcoin as a protocol or platform on which financial and non-financial transactions can be conducted and verified as part of a global public ledger. Bitcoin lies at the intersection of several important academic research areas, including cryptography, distributed computing, graph theory, finance, and economics. This course provides systematic information of Bitcoin-related topics, including technology, business use cases, security, alternatives and investments that can help you quickly become a Bitcoiner to seize the future.

Instructor: Peidong Hu

10.5 hour course

Tuesday, Wednesday, and Thursday 6:30-10pm
June 2-4, 2015

\$199

VIDEO GAME PRODUCTION

The main objective of this course is to allow students to play an active role in a video game development team. They will learn about the different aspects of the video game development cycles and deliver an original game, which includes animation, audio and interactive gameplay. The course is project based, with teams of students between 2 to 4 members. After learning basic programming skills, a student may contribute to his project with a more artistic (artist/game designer) or technical role (programmer/game designer) depending on his skills and interests.

Instructor: Nicolas Bergeron

45 hour course
Monday 6:30-9:30pm
February 2-May 25, 2015

\$399

**Need more Adobe or Microsoft training?
Call our Business & Industry services at
514-744-7500 ext.6066**

Vanier College Business and Industry Training Services

Whether you're looking for a half-day workshop or a multi-year employee development program, Vanier College's Business and Industry Training Services can meet your needs. Our staff has worked with different public and private organizations so we understand the business environment as well as training and education.

Do you need more accessible, flexible solutions? Affordable, top-quality training? Traditional face-to-face or webcast sessions? Autonomous or hybrid e-learning solutions? We have done all of this, and each solution begins by building key relationships and understanding your industry, priorities and needs.

OUR BUSINESS & INDUSTRY ADVISORS WILL:

- Analyze your situation and requirements to identify your employees' competency requirements and plan training to meet your needs;
- Develop a proposed training plan and training schedule adapted to your operational needs;
- Develop and deliver training and documentation, remaining involved throughout the process to support and monitor the implementation;
- Evaluate the training and review the results during a customer visit.
- Whether it is for your administrative, technical, and professional or management staff, our training team is committed to offering you competitive training solutions precisely tailored to the needs of your business.
- We also offer a range of complementary services such as TOWES (Tests of Workplace Essential Skills) testing in English, IELTS language testing, and RAC (Recognition of Acquired Competencies), also known as PLAR services.

Get on board the TGV (Training, Growth, Vanguard) today with Vanier College Business & Industry Training Services!

We offer a full range of bilingual, customized training, certification, research & organizational development services for business & industry. Some of our past projects and areas of expertise include:

HEALTH SERVICES SECTOR AND EDUCATION:

- Professional development courses for existing health care employee upgrading;
- Custom training programs in early childhood education, senior care and more

INFORMATION & COMMUNICATION TECHNOLOGIES (ICT):

- Web systems development, operations and social media management;
- E-learning development and implementation;
- Adobe product training; Microsoft training and certification including Office, Servers, Exchange, .NET programming and system administration;
- Software Quality Assurance, Network Security

PHARMACEUTICAL INDUSTRY:

- Specialized training for new and existing employees in pharmaceutical and natural products industries including GMP

BUSINESS AND FINANCIAL MANAGEMENT:

- Best Manufacturing Practices for the Pharmaceutical Industry;
- Facilities Management Training;
- Small Business Seminars, Canadian Securities Course, and a wide range of specialized management workshops

LANGUAGE

- English, French, other languages
- Courses customized to your needs

CONSTRUCTION, ARCHITECTURAL & BUILDING SYSTEMS ENGINEERING TECHNOLOGIES:

- Health & Safety on Construction Sites (ASP Certification);
- Building Systems including LEED technologies & Eco-Home Construction;
- Building Information Modelling (BIM) using the Autodesk Revit software;
- Complete training programs in Residential and Commercial Building Inspection.

MANUFACTURING AND INDUSTRIAL ENGINEERING TECHNOLOGIES:

- High-tech manufacturing technologies of all kinds including electronics, software and hybrid control systems (pneumatics, water, vacuum, piping, valves, controls);
- Cross-functional team training, manufacturing R & D, and organizational development.

SOME OF OUR PARTNERS AND CERTIFICATIONS WE OFFER:

ASP Construction (Site Health and Safety); Carrier (HVAC technologies); International Facility Management Association (IFMA) FMP, CFP & SFP Certifications; Supply Chain Management Association (SCMA); Moody's Analytics/Canadian Securities Institute (CSI) courses; Certiport.

TOWES TESTING THROUGH VANIER COLLEGE

The TOWES Essential Skills assessment provides employers and trainers with data to make better informed hiring and training decisions. According to Statistics Canada, 47% of Canadian workers do not possess adequate skills in three areas that are essential for workplace safety and productivity: reading text, document use and numeracy.

By using TOWES:

- Employers can identify and develop the Essential Skills of workers and prepare them for a wide range of jobs
- Employees, students, and job seekers can identify and develop their Essential Skills, enabling them to make better informed career and education decisions and to access higher paying jobs
- Educators and trainers can pinpoint areas of strength and weakness and develop focused intervention strategies

At Vanier College, we are proud to be the first Anglophone College designated as a TOWES provider for Essential Skills Testing in Québec.

We offer the latest editions of the TOWES exam.

Tests can be administered at your workplace, agency office or other convenient sites. We can also provide key support services to help you administer and evaluate the test to help you make the right training and upgrading decisions for your employees. Our materials and services include:

- TOWES test booklets
- TOWES test-administration workshops
- TOWES debriefing and evaluation support
- Essential skills training programs made-to-measure

For more information about TOWES exams through Vanier College, call 514-744-7500 x.6066 or email bis@vaniercollege.qc.ca

To build your training plan or for more information, contact:

Business & Industry Training Services
bis@vaniercollege.qc.ca
 514 744-7500, ext. 6066

To learn more about what Vanier College Business & Industry Training Services can offer you:

<http://www.vaniercollege.qc.ca/business-industry-training>

Part-time non-credit courses subsidized by La Direction régionale de l'Ile-de-Montréal of Emploi-Québec

INTERMEDIATE REVIT FOR ARCHITECTURE (EMPLOI-QUÉBEC)

Prerequisite: Beginners Revit for Architecture (V.2013)

The main objective of this course is to give participants an in-depth understanding of the techniques and tools required to complete complex designs and renderings using Autodesk Revit Architecture. This course builds on the principles introduced in the Revit Architecture for Beginners course, covering a broad range of advanced topics. Trainees are given the opportunity to complete a series of hands-on exercises, learning about site design, phasing and design options, advanced rendering techniques and creating custom Revit families of objects and components.

The training also covers the features of the software that allow users to collaborate on a design.

To register for this course, please contact Mrs. Betty Ann Woods at 514-744-7500 ext. 6066 or email ppd@vaniercollege.qc.ca

Instructor: Saul Aronovitch

45 hour course
Tuesday 6-9pm
February 3-May 19

\$90

About part-time non-credit Emploi-Québec subsidized courses

Residents of the Island of Montreal and employees for businesses located in Montreal have priority registration for these part-time training courses. Students will have to complete both the Vanier Registration Form as well as the Emploi-Québec Registration Form with original signature. **Students must be working and must fulfill other Emploi-Québec eligibility conditions.** See online: <http://www.vaniercollege.qc.ca/conted/ppd/emploi-quebec>

GENERAL ADMISSION CRITERIA *

To be eligible for these Emploi-Québec subsidized courses, you must meet one of the following criteria:

1. Employees currently working for a company, or
2. Individuals who are self-employed, or
3. Seasonal workers (not presently working but with a future contract extension), or
4. Under-qualified workers needing to upgrade their job qualifications.

Individuals must also meet the specific course prerequisites listed and complete the two required Registration Forms. The following individuals are NOT eligible for these Emploi-Québec subsidized courses:

1. Workers in the public or parapublic sectors;
2. Municipal workers;
3. Students, even if they are working part-time;
4. Individuals who are unemployed (whether receiving employment insurance, social assistance or no public support);
5. Individuals receiving benefits from La Commission de la santé et de la sécurité du travail (CSST) or La Société de l'assurance automobile du Québec (SAAQ).

WELLBEING

A healthy body and mind go a long way in keeping us energized and efficient. If you need to find ways to deal with stress and anxiety, make big decisions, or simply relax, Vanier offers several courses designed to help you do just that. From Yoga and Reiki, to Mindfulness and Positive Thinking, we have something for every aspect of your wellbeing. We dare you to leave our campus without giving a huge sigh of relief!

Tuesday Night Lecture Series

After the excitement of Christmas and a great party wears off, the New Year can bring with it a whole set of fears, anxieties and questions. Am I where I want to be? How do I affect the people closest to me? How can I be sure I'm with the right person? What do I need to accomplish before next year? These questions are all perfectly natural, but it can still be overwhelming to wrap your head around. Starting in February, Vanier will be offering a Tuesday night lecture series aimed at guiding you in answering the bigger questions. You can attend them all at a discount, or pick and choose as you please:

March 3: "Get a Life!": Start the New Year off by learning to manage your life and steer it in the direction you want instead of wandering aimlessly.

March 10: "What Planet is your Mate Really From?":
Learn how to build a better connection with your partner.

March 24: "Is Perfection Driving You (and Others Around You) Crazy?":
When the obsessive need to control everything starts draining your energy, it is time to explore some hidden factors.

March 31: "Enough Already! Free Yourself from Guilt & Fears":
Understand the dynamics of guilt and fear and how to recognize the difference between good and toxic feelings.

Instructor: Antoinette Giacobbe

2 hour seminars
Tuesday 7-9pm

\$29 each or \$99 for all

APPLYING MINDFULNESS TO EVERYDAY LIFE

By harnessing the power of your mind, we can build a strong foundation and learn how to adapt to the stresses and strains of our hectic lifestyle, shifting from reacting automatically to life's pressures to responding with awareness and conscious choice. At the end of the day, we find serenity, peace of mind and balance. The heart of mindfulness practice is meditation. In this eight week workshop, learn the basics and how to extend them to the many areas of our lives; emotions, thoughts, body, breathing, sleeping, eating, walking, moving, stretching, relationships, communication, working.

Instructor: Antoinette Giacobbe

12 hour course
Wednesday 7-8:30pm
February 4-April 8, 2015

\$129

BEYOND POSITIVE THINKING

Turn your life around by tapping into the power of your subconscious mind. Learn simple, yet powerful techniques to help you get rid of negative thought patterns and self-defeating behaviors. You will learn self-management skills that will help you transform the negatives in your life into positives.

Instructor: Antoinette Giacobbe

8 hour course
Tuesday 7-9pm
February 3-24, 2015

\$89

YOGA FOR EVERY BODY

Come and experience Yoga. Learn the basics: centering, gentle stretching, asanas (postures), pranayama (breathing exercises) sequences, meditation and relaxation. Suitable for all ages and bodies.

Instructor: Antoinette Giacobbe

15 hour course
Monday 6:30-8pm
February 2-April 27

\$139

UNLEASH YOUR INNER POWER

Are you ready to experience miracles in your life? Are you ready to create the paradigm shift? Are you ready to take a leap of Faith? In this course you will discover your true purpose; you will experience inner peace; you will connect deeper to your inner wisdom; you will discover how to begin creating the life of your choosing. Live life with more joy!

Instructor: Nicoletta Proce

****NOW**** 8 hour course
Wednesday 6:30-8:30pm
March 25-April 15, 2015

\$195

IGNITE YOUR INNER POTENTIAL

Are you ready to see the light at the end of the tunnel? Are you ready to discover what is holding you back? Are you willing to take the necessary steps to ignite your inner potential and experience true fulfillment? In this course you will understand what patterns are keeping you stuck, feeling empty, overwhelmed and unhappy. Stop sleep-walking through life. Awaken to your innate inner wisdom and live life from a place of inner peace and self-empowerment!

Instructor: Nicoletta Proce

****NOW**** 8 hour course
Wednesday 6:30-8:30pm
February 18-March 11, 2015

\$195

REIKI, NATURAL HEALING

Discover Reiki, the all-purpose energy healer. Increase and improve your physical health as you learn the basics of hands-on healing for yourself and others. Decrease your stress; support your personal and spiritual enfoldment with Dr. Usui's easy-to-do Method of Natural Healing. Students will receive four Reiki attunements, share and receive Reiki treatments, and learn the principles for harmony and wellness. Accredited by the Association de Naturothérapeutes du Québec. Wear comfortable clothing and bring a mat or towel to lie on, as well as a small pillow and light blanket.

Instructor: Kyra Lober, www.bodybeingheart.com

13 hour course
Saturday and Sunday 9:30am-5pm
March 7-8, 2015

\$159

A TASTE OF CHI (ENERGY BALANCING)

Energy – you want it, you need it, so feel it! Learn to access the Chi/energy that is all around you and through you any time, any place, anywhere. In Chinese medicine stagnant Chi is the cause of all disease. Experience the flow of Chi energy through your body, meridians, chakras. Rebalance your life force. This day long course puts you in touch with a felt experience of your aliveness and gives you a way to enhance your energy every day!

Wear comfortable clothing, bring a small pillow and a yoga mat or blanket..

Instructor: Kyra Lober, www.bodybeingheart.com

6.5 hour course

Saturday 9:30am-5pm

April 11, 2015

\$89

L.E.A.N. WELLNESS: THE LIFESTYLE, EXERCISE, ATTITUDE, NUTRITION SERIES

HEALTHY LIVING, YES! Adopting a healthy lifestyle can be easy and lots of fun! Dr. William Sears, MD has developed this solutions based program to help you sort through those difficult and sometimes confusing nutritional and lifestyle guidelines. Using a collaborative process, your instructor will work with you to develop food options to reach and sustain your health goals, for you and your family. You will learn quick, easy and delicious recipes, practical ideas and tips that you can implement right away.

This 12 hour program is comprised of 4 Modules: (1) Your Internal Pharmacy, (2) Health as a Hobby, (3) Move Waste from Your Waist, and (4) Live Without Pain and Inflammation

Instructor: Susan Campbell-Fournel

Four 3-hour courses

\$49 each module

\$179 for all 4 modules

Module 1 – Saturday May 2, 9am to 12pm

Module 2 – Saturday May 2, 1-4pm

Module 3 – Saturday May 9, 9am to 12pm

Module 4 – Saturday May 9, 1-4pm

For more details, visit our website at www.vaniercollege.qc.ca/ppd and select Wellbeing courses

ZUMBA BASIC **IT'S BACK**

Zumba is a cardio exercise class in disguise! A dance party for anyone! Easy to follow dance steps to Latin and international rhythms guaranteed to make you sweat and have fun. No previous dance experience required. Bring your running shoes.

Instructor: Sandra Benjamin

12 week course

Wednesdays 6:30-7:30 pm

February 4-April 29, 2015

Other dates may be available; check our website

\$99

ZUMBA FOR AQUATICS PARENTS **NEW**

In collaboration with our Aquatics department, PPD will offer Zumba classes concurrently with some swim classes. Parents can drop their kids at their swim lessons and take a fun class themselves while waiting. Zumba combines cardio exercise with fun Latin dance steps and world music, for guaranteed fun. No previous dance experience required. Open to all. Bring your running shoes.

Instructor: Maria Agostino, Jessica Brault, Laurie Hebert, Aline Saba

Tuesday, January 13-March 10 7:30-8:30pm

Wednesdays, January 4-March 11 7:30-8:30pm

Saturdays, January 10-March 7 8:30-9:30am

Saturdays, January 10-March 11 12:45-1:45pm

Sundays, January 11-March 12 8:30-9:30am

Sundays, January 11-March 12 12:45-1:45pm

8 weeks

\$49

BELLY DANCING **BACK FOR 2015**

Learn the art of Belly Dancing! It is about elegance, sensuality and grace as you learn to isolate and move every part of your body. Emphasis is placed on technique, stretching and proper postural alignment to achieve this beautiful form of dance. Students should bring a hip-scarf.

Instructor: Sandra Benjamin

12 hour course

Wednesdays 7:30-8:30 pm

February 4-April 29, 2015

\$119

MUSIC, HOBBIES AND OTHER INTERESTS

We don't give ourselves enough credit for the amount of creativity that flows through us. Here at Vanier, we believe that everyone has the potential to master a hobby or creative endeavour, and we'd like to help you get there. If you have a great idea for a story but lack the polish to get it down on paper, we have writing courses. If there's an image in your mind itching to get out and onto a canvas, we have art courses. If there's a melody in your head and you want to hone your singing skills, we've got that too. The possibilities are endless!

SING!

Whether you've always wanted to sing and are just now taking the opportunity, or you already know you love to sing, this is the course for you! This course fosters the joy of singing, builds your confidence to sing by developing basic musical skills (rhythm, melodic memory), teaches basic vocal technique and choral skills (breathing, pitch matching, two- and three part harmony), and develops a repertoire of songs. Repertoire ranges from world music and choral traditions to Beatles hits and songs from musicals. Formal training and the ability to read music not required. We are all singers, so come ready to sing!

Instructor: Louise Campbell

16 hour course
Saturday 10am-12pm
January 31-March 21, 2015

\$165

SING ENCORE! – SPRING SESSION

Whether you've always wanted to sing and are just now taking the opportunity, or you already know you love to sing, this is the course for you! This course fosters the joy of singing, builds your confidence to sing by developing basic musical skills (rhythm, melodic memory), teaches basic vocal technique and choral skills (breathing, pitch matching, two- and three part harmony), and develops a repertoire of songs. Repertoire ranges from world music and choral traditions to Beatles hits and songs from musicals. Formal training and the ability to read music not required. We are all singers, so come ready to sing!

Instructor: Louise Campbell

16 hour course
Saturday 10am-12pm
Dates to be determined (Spring)

\$165

MUSIC READING

Have you sung in a choir for years, and want to learn to read music? Have you been in a rehearsal or session where everyone else has been reading off charts except for you? Do you find that you have too many songs in your repertoire to practice, and want to write them down to help you remember them? This is a course that teaches music reading skills to musicians who play or sing by ear. In this course, students will learn by doing through singing, listening, clapping and drawing on the strong skills they already have as musicians. No prerequisites in music reading or theory necessary.

Instructor: Louise Campbell

16 hour course
Saturday 1-3pm
January 31-March 21, 2015

\$149

WATERCOLOUR PAINTING ON THE RUN

Everyone has a digital camera these days, but how many people can come back from a trip with small, colourful, ready-to-frame paintings of the places they've visited? This course is all about being an on-the-spot watercolourist for day trips or vacations. We begin by learning basic drawing techniques and move along to materials, mixing colours, and tricks and techniques for quick, impressionistic outdoor painting.

Instructor: George Toufexis,
www.georgetoufexisartist.com

10 hour course
Tuesday 7-9pm
March 24-April 21, 2015

\$90

PAINTING WITH PASTELS

Learn to see like an artist. Understand and work with composition, values, textures, edges, movement and of course COLOUR! This workshop in drawing and painting with pastels will allow participants to learn and practice under the tutelage of award-winning artist Harvey Segal, a hands on teacher who does demos and works one-on-one with all students. Start with black and white (charcoal) and then move into colour (pastels). Work from still life, live models and photos.

Instructor: Harvey Segal, www.harveysegal.com

15 hour course

Wednesday 6:30-9:30pm

February 4-March 4

\$139

WRITING CREATIVELY

Writing creatively opens a door to oneself; what stories live inside you? Through inspirational writing exercises, workshops and lively discussions, this course will help you explore and discover your creative writing talents, whether it be in poetry, short fiction, or memoirs.

Instructor: Kim Muncey

16 hour course

Thursday 7-9pm

March 26-May 14, 2015

\$139

POETRY'S LANGUAGE

There is poetry all around us! If you have ever wondered what your own poetry – how to write it or what poems live inside you – you will find your answer here. This course will explore the art of poetry and discuss the craft and techniques of writing poetry. Discussions, in-class workshops and creative assignments will have you creating your own poems in no time.

Instructor: Kim Muncey

12 hour course

Monday 7-9pm

March 23-May 4, 2015

\$109

****NEW** WRITING FOR PERFORMANCE**

Writing with an audience in mind can dramatically affect the dynamics of the way you write. This course will guide you through the basics and beyond of creating compelling drama which will hold an audience's attention. As well as exploring writing for the stage, radio and television, the course will also look at such forms as live poetry and comedic monologues.

Course tutor Jim Burke is an award-winning playwright and arts journalist who has written scripts for BBC radio and television.

Instructor: Jim Burke,

<http://roverarts.com/author/jim-burke/>

18 hour course

Monday 6:30-9:30pm

February 2-March 9, 2015

\$159

****NEW** THE ART OF CRITICISM**

There is, increasingly, a mass of on-line opinion about everything from movies to music, from restaurants to gallery exhibitions. Yet the art and the craft of criticism remains something that needs to be learned if yours is to stand out from the crowd. Whether it's for the pure satisfaction of writing effective copy for your blog, or pitching reviews and features in the media marketplace, this course, led by playwright and Rover Arts editor Jim Burke, will help you shape your opinions about art into works of art themselves.

Instructor: Jim Burke,

<http://roverarts.com/author/jim-burke/>

18 hour course

Monday 6:30-9:30pm

March 23-May 4, 2015 (no class April 6)

\$159

BASIC HOME REPAIR

This course will help individuals understand basic home repairs. Participants will learn how homes are built, construction terminology, which tools are essential, how to use them, and some tips on how to deal with plumbers and electricians. Basic carpentry, plastering, painting, flooring, doors and windows will all be covered.

Instructor: Wilder Wall

15 hour course

Saturday 9:30am-12:30pm

April 18-May 16, 2015

\$139

TAROT TALES

You know what the cards mean but making a coherent story is a challenge. We will work on making the spreads reveal the story that the cards are showing us. Prerequisite: Must be able to interpret the cards at a basic level without help.

Instructor: Toutarot

12 hour course
Wednesday 6-9pm
March 4-April 1, 2015

\$109

TAROT TOPICS

You can comfortably read for yourself and for friends but there are areas that you would like to explore further. These classes are driven by your questions and what YOU bring to the table. Do you want to learn more about: symbolism, history of the tarot, personal development, creativity boosting, timing, reversals, timing? The floor is yours. Prerequisite: Must be able to interpret the cards at a basic level without help.

Instructor: Toutarot

12 hour course
Wednesday 6-9pm
April 8-29, 2015

\$109

TWEAKING THE TAROT

You have a general idea of the card meanings. Yet the pictures seem to be richer and you would like to have a better understanding of the language they are using. Come, dive deeper into the World of Tarot. Prerequisite: Must be able to interpret the cards at a basic level without help.

Instructor: Toutarot

12 hour course
Wednesday 6-9pm
February 4-25, 2015

\$109

CAKE DECORATING FROM A TO Z

The ultimate course for those of you interested in baking and decorating your cakes from A to Z. The course begins with baking your own cake, then preparing buttercream (including Italian Meringue and Old-Fashioned buttercreams), followed by segments on different decorating techniques, including buttercream decorations and royal icing flowers. Advanced tools will be available for sale if you would like to evolve as a cake decorator at home.

Instructor: Rita Djerrahian, La Gâtérie J.R. Inc.

21 hour course
Tuesday 6:30-9:30pm
February 3-March 24, 2015

\$189

CAKE DECORATING WITH FONDANT

An introduction to rolled fondant for the beginner. You will be using high quality Satin Ice fondant to cover and decorate your very own cake. A dummy cake will be provided that you will be able to take home once the decorating is complete. Learn the professional techniques to create dramatic draping, crimping, marbling, embossing, brush-embroidery and "broderie anglaise" on your fondant cakes. Bows and ribbons complete the cherries on top of your master creation. Limited tools will be available to use, but there will also be tools available for sale if you would like to continue your own projects at home.

Instructor: Rita Djerrahian, La Gâtérie J.R. Inc.

24 hour course
Wednesday 6:30-9:30pm
February 4-April 1, 2015

\$219

COOK ITALIAN

This sensational cooking course will help you learn the fundamentals of Italian cooking. Learn how simple it is to transform nutritious fresh foods and produce into succulent and authentic Italian dishes worthy of being classified as "made in Italy." Delight your family and friends to real home-made Bolognese sauce with tagliatelle; oven cannelloni; pizza topped with their favourite Italian sausage, cheese or grilled vegetables; genuine onion and cheese frittata; or delight them with a variety of biscotti or fruit 'crostate'. Student participation and plenty of food to taste at no extra cost!

Instructor: Martha Marrone,
www.comecookinitaly.com

Vanier wishes to thank EUROMARCHÉ grocers for their support and assistance. Visit Euromarche.ca for a list of their locations.

15 hour course
Thursdays, 6:30-9:30pm
February 5-March 5, 2015

\$199

Credit Programs

Full-Time, Day-Time Attestation (AEC) Programs

Prepare yourself for the job market with affordable, fully credited studies in AEC (Attestation d'études collégiales) programs. In attestation programs, students train for entry-level positions in companies and organizations, or upgrade their skills when already working in these fields. After completing the required courses, a student receives an Attestation of Collegial Studies (AEC) from Vanier College. Most of these programs are funded by the Ministry of Education.

Mandatory Information Sessions

Candidates **MUST** attend an Information Session in order to be considered as a student in an AEC program. Reserve online.

FULL-TIME AEC PROGRAMS

Check the Continuing Education website for application details, information session dates and course descriptions.

- *Audio Recording Technology*
- *Computer Assisted Drafting*
- *Computerized Financial Management*
- *Damage Insurance*
- *Early Childhood Education*
- *Early Childhood Education (RAC)*
- *Immigration Consulting*
- *Insurance of Persons*
- *Skills for the Administrative Assistant*
- *Software Applications Specialist*
- *Special Care Counselling (RAC)*
- *Web and Database Programming*

PART-TIME AEC PROGRAMS

Check the Continuing Education website for application details, information session dates and course descriptions.

- *Accounting*
- *Early Childhood Education*
- *Management*

AUDIO RECORDING TECHNOLOGY

NNC.OC - 630 hours – 24 weeks

Program dates: February 2015

Audio Recording is a 6-month intensive daytime program that will prepare you for an exciting career as an audio professional. Students will receive instruction in three main areas: audio technical skills, music business knowledge, and creative artistic talent. Our price of \$ 8,000 is by far the most competitive of similar programs offered in the Montreal area.

Go to the Audio Recording Technology website www.vaniercollege.qc.ca/audio/ for program and course descriptions.

Information Sessions

Thursday at 7:00pm in Room A-130

- January 29 2015
- February 19 2015
- March 19 2015
- April 16 2015
- May 21 2015
- June 18 2015
- July 16 2015

Career Opportunities

What Although Audio Recording Technology adopts music as its focal point, it offers comprehensive training so as to ensure that students will be prepared to work in a variety of audio careers such as:

- Studio, television and radio engineers
- Live theatre and concert technicians
- Production and sound directors and technicians
- Technicians and directors for advertising and commercial projects
- Post-synchronization and audio dubbing technicians
- Internet audio specialists
- Sound effects technicians and video game developers



Recognition of Acquired Competencies (RAC)

Have you acquired skills and knowledge without having completed an Attestation (ACS/AEC) in your field? RAC allows a person to avoid having to train for competencies they already have attained and to obtain recognition for those competencies. A competency is a set of skills, knowledge, and behaviour that enables a person to perform a specific role or function.

RAC IN EARLY CHILDHOOD EDUCATION

Are you an adult who has acquired skills and knowledge in the field of Early Childhood Education without having completed an Attestation of College Studies ACS/AEC in the discipline? Through the RAC evaluation process, you would have the opportunity to demonstrate the knowledge gained in the field of ECE through formal, informal, and non-formal workplace and life experiences. Persons must be available to meet with our RAC advisors and content experts on evenings and/or weekends over several months, and can continue to work full-time throughout the process.

Mandatory Information Session

All candidates must attend an Information Session. See details online. Select an open session for RAC – ECE.

NEW RAC IN SPECIAL CARE COUNSELLING DCS/DEC PROGRAM 351.A0

Are you an adult who has acquired skills and knowledge in the Special Care Counselling field and who has a Diploma of College Studies (DCS/DEC) in another field but not in Special Care Counselling? You can earn a Diploma of College Studies (DCS/DEC) in Special Care Counselling through the RAC evaluation process, which provides the opportunity to demonstrate your competencies in the field of SCC through formal, informal, and non-formal workplace and life experiences. You can add a Diploma of Collegial Studies (DCS/DEC) in SCC in recognition for knowledge and skills you have attained already without having to re-train. You must be available to meet with our RAC advisors and content experts on evenings and/or weekends over several months, and can continue to work full-time throughout the process.

Mandatory Information Session

All candidates must attend an Information Session. See details online. Select an open session for RAC – SCC.

Evening and Weekend Credit Courses

**Choose from more than 100 Evening and
Weekend Credit Courses
Register Early – Limited Spaces –
First Come, First Served.**

Some reasons for taking a credit course:

- Complete a DCS/DEC or ACS/AEC program
- Get back into Day School
- Upgrade for Cegep or University Admission
- Acquire a university prerequisite

Check online for all the credit courses available in the following disciplines:

- Anthropology
- Biology
- Business Administration
- Personal Investment
- Chemistry
- Communications
- Computer Science
- Computer Science -
Web and Data base
Programming
- Early Childhood
Education
- Home Daycare
- Economics
- English
- French
- Geography
- History
- Humanities
- Mathematics
- Methodology
- Office Systems
Technology
- Physical Education
- Physics
- Psychology
- Science
- Sociology
- Spanish

The Language School

at Vanier College



The Vanier College Language School offers the skills to meet your second-language needs. For personal and professional needs, choose among English, French, Mandarin, Spanish and Italian to improve your oral and written communication. For your English or French academic needs as preparing for admissions tests, IELTS, TOEFL and general study skills, consult our day, evening and weekend course lists at www.vaniercollege.qc.ca/ls, and put your needs first.

Full-time Intensive Program

English for Academic Purposes

Part-time, non-credit courses

English Oral Communication
 English Written Communication and Grammar
 English Pronunciation Workshop
 Business English
 French Oral Communication
 French Written Communication and Grammar
 Business French
 Preparation for IELTS and TOEFL
 English Academic Writing for Teens (Sec. III, IV and V)
 French Academic Writing for Teens (Sec. III, IV and V)
 Academic Writing Skills
 Mandarin, Spanish, Japanese and Italian courses

Custom second language and soft skills communication courses for your employees

The following pages contain descriptions of all our current programs and courses. If you have questions about our courses, or would like advice on the more appropriate course to take, please contact the Language School, or drop in:

Online: www.vaniercollege.qc.ca/ls

Room: B-228, Monday to Thursday, 9am-6pm and Friday, 9am-5pm

Telephone: 514.744.7897

**Please note that full payment must accompany all registrations.
 We do not accept cash or personal cheques.**

English Part-time Courses

ENGLISH COMMUNICATION

WRITTEN COMMUNICATION AND GRAMMAR

Students will focus on improving their English writing and Grammar and will practice by writing a variety of documents. These include emails, letters, personal journals and opinion articles. The overall goal is to improve the students' confidence in their own writing by practicing, learning self-correction techniques, and developing a stronger foundation of well written English. Written Communication and Grammar is not for beginners.

Levels 2, 3 and 4

Monday and Wednesday, 6 pm – 8:30 pm

January 26 – March 18

April 20 – June 15 (no class May 18)

40 hour course / **\$245** / ages 16+

ORAL COMMUNICATION

Students will focus on speaking (vocabulary development and pronunciation) and listening skills. Some writing and grammar will be included. An interactive approach will be used to involve students in conversations, and the small class size (approximately 12-15 students) and supportive environment will ensure that everyone has the opportunity to develop their communication skills.

Levels 1 to 5

Tuesday and Thursday, 6 pm – 8:30 pm

January 27 – March 19

April 21 – June 11

40 hour course / **\$245** / ages 16+

Course Combination

Register for any 2 or more of the above courses and receive a 15% discount.

ENGLISH PRONUNCIATION WORKSHOP

This course provides intensive pronunciation practice for anyone who wants to improve the clarity of their English speech. The primary focus of the course is improvement in word stress and phrase stress, intonation, and the rhythm of English speech. In addition, there will be individual and class work on vowel and consonant sounds throughout the course. Strategies for practicing and improving your pronunciation outside of class will also be introduced. Pronunciation practice will include individual, large group, and small group work during class, recorded and written homework assignments, individual tutorials arranged as desired with the teacher.

Saturday, 12 pm to 4 pm

January 31 – March 21

April 25 – June 20 (no class May 16)

30 hour course / **\$185** / ages 16+

BUSINESS ENGLISH

In this practical and dynamic workshop, participants will practice and improve their English workplace and professional communication skills. Speaking, reading, listening, and writing tasks will simulate those tasks that participants may encounter in an English workplace, for example:

Answering and placing phone calls

Writing and responding to emails

- Answering and placing phone calls

- Writing and responding to emails

- Giving presentations

- Participating in business meetings

- Talking about education and career

- Making small talk in the workplace

- Mastering key vocabulary for the workplace

Participants will leave the course with a greater sense of their ability to use English in a general professional environment. Course materials will be provided by the teacher, and students should come prepared with a pen and notebook. Please note that this course assumes an intermediate level or higher proficiency and is not for beginners.

Monday and Wednesday, 6 pm – 9 pm

February 4 – March 25

April 27 – June 17 (no class May 18)

45 hour course / **\$260** / ages 16+

Full-time English Courses

ENGLISH FOR ACADEMIC PURPOSES

This intensive program is designed for people who wish to improve their speaking, listening, reading and writing skills. Five levels are offered (Beginner, Low-Intermediate, Intermediate, High-Intermediate and Advanced). Students follow textbooks from the “North Star” series, depending on their level. There is regular testing of the material, and students are expected to complete homework assignments, write book reports, and prepare oral presentations.

Pre-requisite: The placement test will be on the first day of class. Students must be 16 or over.

Monday to Friday, 9 am – 1 pm or 1 pm– 5 pm, depending on the result of your placement test

25 hours per week / ages 16 +

5 levels offered: Beginner to Advanced

Conversation Partners: 12 – 1 pm or 5 – 6 pm

SCHEDULE

January 5 – February 6	5 weeks	\$900.00
January 5 – March 13	10 weeks	\$1800.00

Late Start Dates: (Not for beginners)

January 19 – March 13	8 weeks	\$1400.00
February 9 – March 13	5 weeks	\$ 900.00

March 18 – April 24	5 weeks	\$900.00
March 18 – May 29	10 weeks	\$1800.00

Late Start Dates: (Not for beginners)

April 1 – May 29	8 weeks	\$1400.00
April 27 – May 29	5 weeks	\$900.00

English Test Preparation Courses

PREPARATION FOR IELTS

This course is designed to introduce and familiarize students with IELTS exam type questions. Students will enhance their listening, speaking, reading and writing skills related to the type of questions asked during the exam. Throughout the course, students will be given exam tips and strategies and will also become familiar with and understand the interview portion of the exam. Activities in class will be centered on questions similar to those students will encounter during the exam. In addition, students will have access to an online document library (Moodle) to access practice materials.

January 7 – January 24

February 18 – March 7

April 8 – April 25

May 11 – May 30 (no class May 18)

Monday and Wednesday, 6 pm to 9 pm

Saturday, 9 am to 2 pm

30 hour course / **\$275** / ages 16+

PREPARATION FOR TOEFL

This 45 hour course is designed for high-intermediate and advanced students of English who want to prepare for the TOEFL. In this course, you will learn test-taking strategies, become familiar with the test set-up and understand directions, receive extensive practice in all sections of the exam, review essential grammar, learn idiomatic expressions, develop tools to increase your vocabulary and focus on skills of inference and drawing conclusions.

Tuesday and Thursday, 6 – 9 pm and

Saturday, 9 am – 2 pm

January 20 – February 21

May 5 – June 6

45 hours / **\$360** / ages 16+

The book and practice CD are included

French Part-time Courses

FRENCH COMMUNICATION

WRITTEN COMMUNICATION AND GRAMMAR

Communication program. The students will be required to write in situations in which they use of French is necessary or useful. Learning in this practical way will ensure that students remain motivated while achieving their learning objectives. Written Communication and Grammar is not for beginners.

Levels 2 to 4

Tuesday and Thursday, 6 pm – 8:30 pm

January 27 – March 19

April 21 – June 11 (no class May 18)

40 hour course / **\$245** / ages 16+

ORAL COMMUNICATION

The French Oral Communication course is divided into four levels. The students will be required to communicate in situations in which the use of French is necessary or useful. Learning in this practical way will ensure that students remain motivated while reaching their learning objectives. Grammar will be integrated during the exchanges in class.

Levels 1 to 4

Monday and Wednesday, 6 pm – 8:30 pm

January 26 – March 18

April 20 – June 15 (no class May 18)

40 hour course / **\$245** / ages 16+

BUSINESS FRENCH

In this practical and dynamic workshop, participants will practice and improve their French workplace and professional communication skills. Speaking, reading, listening, and writing tasks will simulate those tasks that participants may encounter in a French workplace, for example:

- Answering and placing phone calls
- Writing and responding to emails
- Giving presentations
- Business meetings
- Talking about your education and career
- Making small talk in the workplace
- Key vocabulary for the workplace

Participants will leave the course with a greater sense of their ability to use French in a general professional environment. Course materials will be provided by the teacher, and students should come prepared with a pen and notebook.

Please note that this course assumes an intermediate level proficiency and is not for beginners.

Tuesday and Thursday, 6 pm – 9 pm

February 5 – March 26

April 30 – June 18

45 hours / **\$260** / ages 16+

Course Combination

Register for any 2 or more of the above courses to receive a 15% discount (approx.)

Academic Success

ACADEMIC WRITING SKILLS

Academic Writing Skills prepares prospective students for admissions tests and to write well-structured grammatical essays. This course uses Standard English materials, such as articles, which include both formal and informal English communication. Academic Writing Skills will help learners become proficient enough to write a 400-word essay on a social topic, a summary and an opinion within an allotted time.

- Producing grammatical sentences
- Analyzing passages for theme, main idea and supporting points
- Outlining ideas and arguments
- Writing five-paragraph essays
- Developing the elements of paragraphs
- Evaluating work

Monday and Wednesday, 6 pm – 9 pm
January 21 – March 11
April 13 – June 3

Monday to Friday, 2 pm - 4:15 pm
February 16 – March 13
May 4 – June 1
45 hours / **\$260** / ages 16+

English and French Courses for Teenagers

ENGLISH ACADEMIC WRITING FOR TEENS

This course is designed for students in Secondary III, IV and V from French high schools who are thinking of applying to an English CEGEP in the future. The emphasis will mainly be on reading and writing, with many activities to improve spelling, grammar, and sentence structure. Students will be expected to write book reports and keep a journal. They will be introduced to the Vanier College English Admission Test, which they may be asked to write as part of the CEGEP application process.

This course is not a beginner English course.
Saturday, 9 am – 1 pm
January 24 – March 28
45 hours / **\$260** / ages 14 to 17

FRENCH ACADEMIC WRITING FOR TEENS

This course is designed for students in Secondary III, IV and V from who wish to improve their French writing abilities in order to obtain better grades in their high school courses and to prepare themselves for CEGEP. The emphasis will mainly be on reading and writing, with many activities to improve spelling, grammar, and sentence structure. Students will be expected to write book reports and keep a journal.

This is not a beginner level French course.
Saturday, 9 am – 1 pm
January 24 – March 28
45 hours / **\$260** / ages 14 to 17

Mandarin, Spanish, Japanese and Italian Courses

SPANISH ORAL COMMUNICATION

LEVELS 1 AND 2

This interactive course is designed to build students' oral communication skills in Spanish. Speaking will take priority in class; however some grammar and listening activities will be included. At the beginner level, students will also learn travel vocabulary. Spanish Oral 1 (Beginner) and Spanish Oral 2 (Low-Intermediate) are offered. Students who complete level 1 may take level 2. Students who have already taken a Spanish course elsewhere may contact us.

Level 1

Tuesday and Thursday, 6:30 pm – 9 pm

January 27 – March 5

April 21 – May 28

30 hours / **\$185** / ages 16+

Level 2

January 27 – March 5

March 10 – April 16

30 hours / **\$185** / ages 16+

INTRODUCTORY ITALIAN

This introductory course in Italian language and culture is designed for students who have no knowledge of the language. Activities in class will center towards speaking and reading. Some writing and grammar activities will also be introduced.

Tuesday and Thursday, 6:30 pm – 9 pm

January 27 – March 5

April 21 – May 28

30 hours / **\$185** / ages 16+

INTRODUCTORY MANDARIN

This course has been developed in cooperation with the Montreal Chinese (Mandarin) School. At the beginner level, the instructor will emphasize practical conversation. Basic Language and grammar will be introduced. At the end of this course, students will have acquired basic skills necessary for them to hold simple conversations.

Monday and Wednesday, 6:30 pm – 9 pm

January 26 – March 4

April 22 – June 3 (no class May 18)

30 hours / **\$185** / ages 16+

INTRODUCTORY JAPANESE

Why not sign up for a language course with a fascinating history which dates back centuries. This introductory course in Japanese language and culture is designed for students who have no knowledge of the language. Throughout the course, students will be exposed to the fundamental and cultural aspects of the language. By the end of the course, learners will be able to hold a basic conversation. This course is also ideal for those who wish to gain knowledge into the culture for business practices.

Monday and Wednesday, 6:30 pm – 9 pm

January 26 – March 4

April 22 – June 3 (no class May 18)

30 hours / **\$185** / ages 16+

Course Combination:

Register for both of the above courses to receive a 15% discount.

Vanier College Aquatics Program

821 Sainte-Croix, St-Laurent, QC, H4L-3X9

Canadian Red Cross Affiliation & Lifesaving Society Affiliation

Our courses are offered on: Tuesday 4:00-9:00pm, Wednesday 6:00pm-9:00pm, Friday 2:00-9:00pm, Saturday and Sunday from 8:30am-4:00pm

You would like your child to learn how to swim, improve his technique or improve his swimming cardio skills; you may sign him or her in one of our group lessons. (4 months to 13 years old). We also offer private and semi-private swimming lessons.



You have a teenager interested in becoming a lifeguard; he or she may do so by registering to our Lifesaving Society program: Bronze Star (11years old), Bronze Medallion (13 years old), Bronze Cross (13 years old), General First Aid (14 years old) and Nationals (16 years old).



We also offer a big variety of swimming lessons for adults: Adult Stroke Improvement (Beginner, Intermediate and Expert), Aqua Zumba, Aqua Fitness, Aqua Jogging, Pre-Natal Aqua Fitness and Post-Natal Aqua Fitness. Adults may also register for private and semi-private swimming lessons

Children, teenagers, young adults and adults can celebrate their birthday party at our location on weekends by reserving our pool.

FOR MORE INFORMATION please send an email to: braulj@vaniercollege.qc.ca or call 514-744-7500 (8237)

Vanier College Aquatics Program

821 Sainte-Croix, St-Laurent, QC, H4L-3X9

Canadian Red Cross Affiliation & Lifesaving Society Affiliation

Registration Period and Aquatics Semester Dates:

WINTER 2015

Online Registration Period:

Monday, december 8th to Sunday january 4th 2015

Aquatic Semester Dates:

Friday, January 9th to Wednesday, March 11th, 2015 (8 weeks session)

SPRING 2015

Online Registration Period:

Saturday, February 28th to sUNDAY, march 22nd 2015

Aquatic Semester Dates:

Friday, March 27th to Sunday, June 14th 2015 (10 weeks session)

How to register:

REGISTRATION FOR GROUP SWIMMING LESSONS

(Red Cross, Lifesaving Society and Adult Courses) is done online by following these steps:

- 1) Go to www.vaniercollege.qc.ca
- 2) Search for "Aquatics & Swimming"
- 3) Click on the first link you will find and choose your course

REGISTRATION FOR PRIVATE, SEMI-PRIVATE SWIMMING LESSONS AND SPLASH PARTIES:

Please write an email to Jessica Brault at braulj@vaniercollege.qc.ca or call 514-744-7500 (8237)

FOR MORE INFORMATION please send an email to:

braulj@vaniercollege.qc.ca or call 514-744-7500 (8237)

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LEARNING
to think for yourself
IS the key to
THE FUTURE.

「CÉGEP」

Reach
HIGHER
with an
EDUCATION

「CÉGEP」

Dropping out won't help you
GET a good job.
Many employers require
A DEC.

「CÉGEP」

VANIER

CÉGEP/COLLEGE

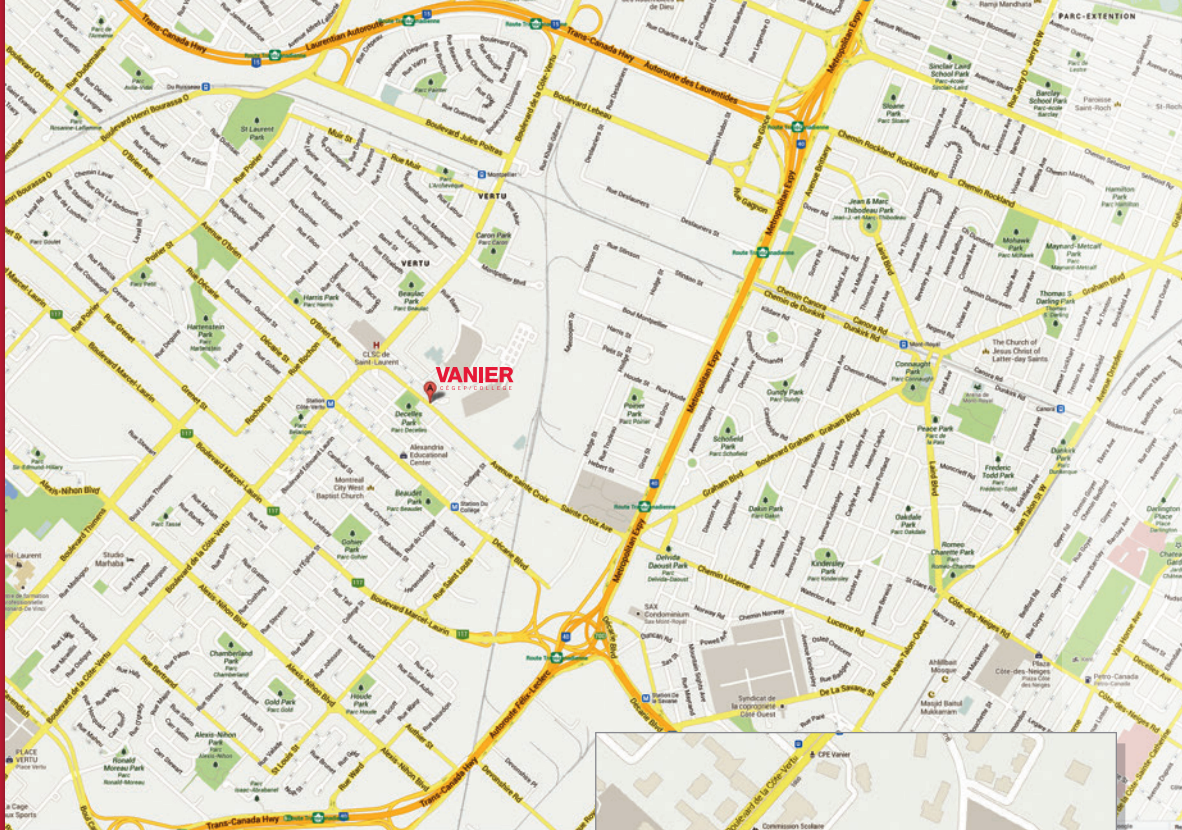
821, avenue Sainte-Croix
Montréal, Québec
Canada H4L 3X9

T 514.744.7500
F 514.744.7505
www.vaniercollege.qc.ca

INFORMATION EVENING

Sunday, February 3, 2015,
5pm to 8pm

www.vaniercollege.qc.ca/visiting-vanier



Getting to Vanier by car

FROM DOWNTOWN

North on Décarie Expressway (route 15); at the Metropolitan intersection take Décarie Blvd north, continue to de l'Église, turn right on de l'Église and left on Sainte-Croix.

FROM SOUTH SHORE

Pont Champlain to Décarie Expressway north, exit on Décarie Blvd. north, turn right on de l'Église and left on Sainte-Croix.

FROM EAST END

Take Métropolitain east to Exit 70 (Deslauriers/Ch. Rockland) and merge onto Côte-de-Liesse (Service Road). Turn right at avenue Sainte-Croix.

FROM WEST ISLAND

Highway 40 to Côte Vertu to Sainte-Croix or Decarie Blvd north to de l'Église and then Sainte Croix; or Highway 20 to Côte de Liesse (Highway 520) Decarie Blvd north to de l'Église right and then left on Sainte-Croix.

FROM LAVAL

Pont Lachapelle (Cartierville Bridge) Lachapelle to de Salaberry, east on de Salaberry to O'Brien to Côte-Vertu to left on Sainte-Croix to Vanier.

Getting to Vanier from nearby Metro stations

Access to Vanier College is easy from Côte-Vertu and Du Collège Orange Line Metro stations that are also the terminals for several bus routes. Both stations are within walking distance of Vanier College.

From Côte-Vertu station walk east on Côte-Vertu then south on avenue Sainte-Croix to Vanier College (821, avenue Sainte-Croix).

From Du Collège station walk north on Décarie then east on De l'Église to Vanier College (821, avenue Sainte-Croix).

FROM DOWNTOWN

Take the Metro to Côte-Vertu or Du Collège Metro station then walk to Vanier Collège. Also the 16, 17, 121, and 171 bus routes that service Ahuntsic-Cartierville, Mont-Royal, and Hampstead provide direct access to Vanier College.

FROM THE WEST ISLAND

Most bus routes from the Fairview terminal have the Côte-Vertu or Du Collège Metro stations as the final terminal. These are the 202, 215, 225 regular buses and the 214, 216, and 470 express bus routes.

FROM LAVAL AND THE NORTHERN FRINGE

From the Deux-Montagnes commuter train line, get off at Montpeller and take the 121 or 171 bus to avenue Sainte-Croix and Côte-Vertu. Get off at avenue Sainte-Croix then walk south to Vanier College.

From the Saint-Jérôme commuter train line, get off at Bois-de-Boulogne and take the 171 bus route on Henri-Bourassa, which goes to avenue Sainte-Croix and Côte-Vertu. Get off at avenue Sainte-Croix then walk south to Vanier College.

Laval residents can take the Express 902 bus to the Côte-Vertu terminal then walk to Vanier College, or take either the 144 bus route from Sainte-Dorothée to the Côte-Vertu terminal or the 151 bus route from Sainte-Rose to the Côte-Vertu terminal then walk to Vanier College. They can also take the Metro from Laval and travel either to the Sauvé Metro station then take the 121 bus route or to the Henri-Bourassa Metro then take the 171 bus route to avenue Sainte-Croix and Côte-Vertu. Get off at avenue Sainte-Croix then walk south to Vanier College.



FROM LONGUEUIL AND THE SOUTHERN FRINGE

Take the Metro from Longueuil to Berri-UQAM then change to the Orange Metro line (direction Côte-Vertu) and get off at Du Collège or Côte-Vertu station and walk to Vanier College. **For bus lines and commuter trains** that have terminals at the **Bonaventure or Vendôme Metro stations**, take the Orange Metro line (direction Côte-Vertu) to Du Collège or Côte-Vertu station then walk to Vanier College. **From Vaudreuil** take the Express Vaudreuil 40 bus route to the Côte-Vertu terminal then walk to Vanier College.

FROM THE EAST

For residents of the eastern area of the Island of Montreal, take the Metro to Côte-Vertu station then walk to Vanier College. **For residents close to boulevard Crémazie** take the 460 bus to the Du Collège terminal then walk to Vanier College. **For residents of Montreal-North & RDP**, take the 48, 49, 69, 89 or the 159 bus to the Henri-Bourassa metro. Then transfer to the 171 bus which will go to Côte-Vertu and avenue Sainte-Croix. Then walk to Vanier College.

FIND OUT
MORE
ABOUT
VANIER

