Word Stress Summary

Every word in English has at least one syllable.

Every word in English also has one syllable that is stressed or emphasized.

Every language has it's own unique rhythm or beat. When you learn a second language, such as English, you naturally apply the sounds & rhythm of your first language to your second language (English). This will make you sound "accented".

It's when you use the correct rhythm of English, then native speakers will understand you the best.

The combination of stressed & unstressed syllables creates the rhythm of English.

Syllables are the way we break apart words into pieces. Every word in English can be broken into 1 or more syllables. A syllable is a part of a word that always has 1 vowel sound and sometimes 1 or more consonant around it.

1 syllable words: work, day, go, night.

2 syllable words: a-gain, en-ter, dan-ger, to-day

3 syllable words: com-pu-ter, es-ti-mate, pho-to-graph

4 syllable words: bi-o-lo-gist, he-li-co-pter, e-con-no-my

5 syllable words: con-gra-tu-la-tions, in-sig-ni-fi-cant, sa-tis-fa-cto-ry

Stress is saying a word or part of a word <u>longer</u>, <u>louder</u>, with a <u>higher pitch</u>, and <u>full</u> <u>pronunciation</u>.

Every word has at least one syllable & every word also has one syllable that is stressed.

Many misunderstandings occur when you either do not stress a syllable in a word or you stress the wrong syllable in a word. You might be pronouncing the sounds correctly but if you do not stress the correct syllable, you will be misunderstood.

How do you know which syllable to stress?

- Review the basic rules of word stress on this summary & the Word Stress Rules worksheet
- Listen closely to native speakers & see if you can copy their stress pattern



Word Stress Worksheet

The combination of stressed & unstressed syllables creates the rhythm of English.

Syllables:

How many syllables do you hear in these words?

- 1. Eraser
- 2. Fascination
- 3. command
- 4. Tomorrow
- 5. Pajamas
- 6. chair
- 7. arrive
- 8. dictionary
- 9. begin
- 10. beautiful

Which syllable am I saying longer, louder, and with a slightly higher pitch? (circle it)

- 1. pro-ject
- 2. a-rrive
- 3. ho-li-day
- 4. dis-co-ver
- 5. e-co-no-mic
- 6. Pho-to-gra-phy
- 7. lip-stick
- 8. To-day
- 9. gra-du-a-tion
- 10. rain-bow

Practice Words:

- 1. comMAND
- ${\bf 2.\ dem O} cracy$
- 3. **YES**terday
- 4. indiVIdual
- 5. PIllow
- 6. **SUIT**case
- 7. him**SELF**
- 8. eVENT
- 9. Access
- 10. aMERican



Basic Rules of Word Stress

1. 2 syllable words:

• Noun: stress falls on the first syllable.

• Verb: stress falls on the second syllable.

Examples: **Nouns: TEA**cher, **PEN**cil, **LAN**guage

Verbs: beGIN, aRRIVE, seLECT

2. **Heteronym words**: words spelled exactly the same but have two different meanings depending on the way you stress it.

• Noun: stress falls on the first syllable.

• Verb: stress falls on the second syllable.

Noun	<u>Verb</u>
address	address
conflict	conflict
contest	contest
contrast	con trast
de sert	de sert (which has the same pronunciation as 'dessert')
in cline	in cline

3. Stress in **Compound Nouns**: always stress the **first** word.

Compound noun = 2 or more nouns combined to form a single noun.

Ex: MAILbox, BLACKbird, TREEhouse, MOTHER-in-law

4. Stress in **Proper Nouns**: if it's a two word name, stress the **second** word. Proper Noun = one-of-a-kind item and is always spelled with a capital letter. Ex: New **YORK**, San FRANCISCO, Mickey **MOUSE**

5. **Acronyms**: stress the **last letter**.

Acronym = a letter is used to represent a longer name.

Ex: FBI, IRS, CPA, UN

(See worksheet for more practice)



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Basic Word Stress Rules Practice

2 syllable words

- noun 1st styllable stress
- verbs 2nd syllable stress

Practice Words:

- 1. **TEA**cher
- 2. PENcil
- 3. beGIN
- 4. LANguage
- 5. aRRIVE
- 6. seLECT
- 7. ENGlish
- 8. CAMera
- 9. deCIDE
- 10. reLAX

Heteronym Words: (practice saying these words with the correct stress)

Noun	Ruden Phonetics	Verb	Ruden Phonetics
Address	/a dress/	aDDRESS	/u dress/
CONflict	/con flikt/	conFLICT	/cun flikt /
CONtest	/con test/	conTEST	/cun test /
CONtrast	/con trast/	conTRAST	/cun trast /
DE sert	/de zert/	de SERT	/dE zert/
INcline	/in klIn/	inCLINE	/in klIn/
IN crease	/in krees/	inCREASE	/in krees/
IN sult	/in sult/	inSULT	/in sult/
OB ject	/ob dgekt/	obJECT	/ub jekt /
PERmit	/per mit/	perMIT	/per mit/
PREsent	/pre zint/	pre SENT	/prE zent/
PROgress	/pro gres/	proGRESS	/pru gres /
PRO test	/prO test/	pro TEST	/pru test /
	r ditte	Latina h	

Noun	Ruden Phonetics	Verb	Ruden Phonetics
REbel	/re bul/	re BEL	/rE beul/
REcord	/re kerd/	reCORD	/rE kOrd/
SUBject	/sub dgekt/	sub JECT	/sub jekt /
SURvey	/ser vA/	sur VEY	/ser vA/
SUSpect	/sus pekt/	susPECT	/sus pekt /

Heteronym Words Practice Paragraph:

The professor refused to speak on the **CON**flict in the Saudi Arabian **DE**sert and the **PRO**gress the **RE**bels were making there. It would be in violation of her **CON**tract with the University's head administrators who did not want any more students to pro**TEST** our country's involvement in the foreign **CON**flict. Especially not on campus. **PRO**tests on campus would pro**JECT** an image in **CON**trast to what the administrative and public relations department would like for the small, private university.

Ruden Phonetics: stressed syllable bolded

professor: /prufeser/

Saudi Arabian: /sodee arAbeein/ or "sodee a ray be in"

violation: /viulAshun/ or "viulayshun"

University: /Universidee/ or "you niver city"

Administrator: /administrAder/ or "admini stray der"

foreign: /forin/

especially: /uspeshulee/

administrative: /administrAdiv/

public relations: /publik reelAshunz/ or "publik reelayshunz"

department: /deepartmint/

Compound Nouns: stress the first word or part of the word

- 1. Blackbird
- 2. Treehouse
- 3. Mailbox
- 4. Doghouse
- 5. **drive**way
- 6. **freeze**-dry
- 7. **over-**ripe
- 8. **2**-year-old
- 9. wallpaper
- 10. grasshopper

Compound Noun Practice Paragraph:

My neighbor Tina's house is perfect! It has everything you could ever dream of! Her house has a huge **living** room, **family** room, **dining** room, and even a **recreation** room in the basement with a **pool** table, **foos**ball, and **air** hockey. She also has an **exercise** room with great **exercise** equipment, a **tanning** bed, and an **in**door heated **swimming** pool. The best part is her beautiful **rose** garden and **apple** orchard. I'm really glad we are friends.

Proper Nouns: if it's a two or three word name, stress the last part of the name

- 1. New **York** or New York **City**
- 2. San Francisco
- 3. Mickey **Mouse**
- 4. University of **Oregon**
- 5. Mrs. **Smith**
- 6. Statue of **Liberty**
- 7. Civil War
- 8. Queen of **England**
- 9. Mt. Everest
- 10.Taj **Mahal**

Proper Noun Practice Paragraph:

Larry and Anna **Proust** live in New York **City** with their children Jeff, Lucy, and Emma. Larry's grandparents, Nina and Marcus **Proust**, immigrated from Europe to America. After a long voyage on the Atlantic **Ocean**, their first sight of America was the Statue of **Liberty**. After landing at Ellis **Island**, they settled in New York **City**. To this day the Proust family continues to live in New York **City** also known as the Big **Apple**.



Acronyms: *stress the last letter*

- 1. FBI
- 2. IR**S**
- 3.CPA
- 4.TGIF
- 5. UP**S**
- 6.AB**C**
- 7. U**S**
- 8.PTA
- 9.SAT
- 10. UN

Acronym Practice Paragraph:

The UPS or United Postal Service uses a lot of abbreviations in their work. For example words like street, avenue, road, and boulevard are usually abbreviated as St., Ave., Rd., and Blvd. in addresses. Because most state names are long, they are also abbreviated. Most states have very easy abbreviations, for example Texas is TX and Tennessee is TN. However Connecticut's abbreviated name is CT and the abbreviation for Maine is ME.

Advanced Word Stress Rules: Prefix & Suffix

The syllable that gets stressed in a word depends mostly on the prefix and suffix of the root word.

Here are the rules that tell you which syllable to stress.

Prefix: word beginning

When a word has a prefix, generally the stress will fall on the 1st syllable of the base word.

a WARD	sur PRISE	un HEALTH y
pro POSAL	aSLEEP	in CRED ible
obTAIN	de CLARE	for GET

***Exception: When a word with a prefix acts as a noun, then it is treated like a noun compound and the stress is the same as a noun compound (1st word stress).

Fore-	Out-	<u>UP-</u>
FORE arm	OUT look	UP shot
FORE cast	OUT line	UP keep
FORE thought	OUT rage	UP roar
FORE sight	OUT put	UP start

Suffix: word ending

DO NOT change the stress of the root word with these word endings:

Suffix	Example
-er	TEACHer
-en	LENGTHen
-ful	GRATEful
-hood	PARENThood
-ish	TICKELish
-less	ENDless
-ly	LOVEly
-ship	FRIENDship
-able	LIKEable
-dom	KINGdom
-ess	WAItress
-ling	DUCKling
-some	HANDsome
-wise	LIKEwise
-у	STICKy
-or	CONtractor
-ing	COMing

Stress falls <u>1 syllable</u> before these word endings:

Suffix	Example	Ruden Phonetics
-ic	geoGRAPHic	/jeeu graf ik/
-ical	eco LO gical	/eku lo jikul/
-ify	SPECify	/spesifI/
-omy	eCONomy	/ee kon umee/
-ogy	bi O Logy	/bI ol ujee/
-edy	REMedy	/remudee/
-istry	CHEMistry	/kemustree/
-metry	geOmetry	/jeeomutree/
-ive	re SPON sive	/re spon siv/
-ity	comMUNity	/ku myoo nidee/
-tion	creAtion	/kree A shun/
-ion	tuItion	/tooishun/
-ious	conTAGious	/kun tA jus/
-ily	HAPPily	/hapulee/
-eous	couRAGeous	/ke rA jus/
-able	de PEND able	/dee pen dubul/
-ible	for MID able	/fOr mid ubul/
-ophy	ATrophy	/atrufee/
-graphy	geOgraphy	/jeeogrufee/
-ogist	bi O Logist	/bIolujist/
-cian	phySIcian	/fi zi shun/
-meter	spee DO meter	/spu do mider/
-ogist	psyCHOLogist	/sI ko lujist/
-man	SALESman	/sAlzmin/

***Exceptions: COMfortable, VEGetable, IRritable, comPETitive, conSEcutive, maNIpulative.

Stress falls <u>1 syllable</u> before word endings of a medical procedure:

Examples: colonOscopy, tracheOtomy, BIopsy

Stress falls <u>2</u> syllables before these word endings:

Suffix	Example
-ate (for 3 or 4 syll words)	ED ucate
-ary (for 3 or 4 syll words)	VOLuntary
-ist	THER apist

^{***}Exception: 4 or more syllable words - stress 1 syllable before the suffix -ary. Ex: eleMENtary

Stress pattern **changes** with these word endings:

Suffix	Root Word	Root Word + Suffix
-eous	ad VAN tage	advan TA geous
-graphy	PHOto	pho TO graphy
-ial	PRO verb	pro VER bial
-ian	PARis	pa RI sian
-ic	CLImate	cliMAtic
-ical	bi Ol ogy	bio LO gical
-ious	IN jure	in JUR ious
-ity	TRANquil	tranQUILity
-ion	GRAduate	Gradu A tion

French suffixes: stress falls on these word endings

Suffix	Example	Ruden Phonetics
-aire	millionAIRE	/milyun Ar /
-ee	employEE	/employ yee /
-eer	engin EER	/enjin eer /
-ese	chin ESE	/chI neez /
-esque	grotESQUE	/grOt esk /
-ique	technIQUE	/tekn eek /
-eur	chauff EUR	/shO fer / or 'show fer '
-oon	ball OON	/buloon/
-ette	etiqu ETTE	/eduh kit /
-et	fillET	/ful A /

BONUS: Word Stress Rule

Numbers

Stress changes when counting vs. stating quantities, such as time, money, and measurements.

A. Counting:

- stress the 1st syllable in "teen" numbers: \mathbf{THIR} teen, \mathbf{FOUR} teen, \mathbf{EIGH} teen
- stress the 2nd syllable when above twenty: twenty- \mathbf{ONE} , twenty- \mathbf{TWO} , fourty- \mathbf{SIX}
- B. Stating Numbers (time, money, amounts)
 - stress the last part of "teen" numbers: thir $\pmb{\mathsf{TEEN}}$, four $\pmb{\mathsf{TEEN}}$, eigh $\pmb{\mathsf{TEEN}}$



Word Stress Practice - Multi-syllabic Words

- Every word in English has one syllable that is stressed.
- A stressed syllable is said <u>longer</u>, <u>louder</u>, with a <u>higher pitch</u>, and <u>full</u> <u>vowel pronunciation</u>.

2 syllable words with the stress on the 1st syllable:

termite, minute, rotate, concrete, migrate, produce, reptile, inflate, inside, decade, compile, confine, outrage, into, only, other, over, also, any, very after, even, ever, little number, local, during, something, always, social, second, public, often, business, money, power, country, service, able, major, open, problem, level, question, body, person, office, likely, process, father, city, study, future, present, action, woman, women, order, special, moment, training, meeting, rather, human, matter, language, central, section, building, common, subject, nature, single, reason, member, table, value.

2 syllable words with the stress on the 2nd syllable:

about, between, because, again, within, without, around, although, away, support, himself, control, report, police, itself, across, effect, upon, themselves, provide, today, behind, believe, ago, indeed, herself, return, concerned, account, award, include, amount, despite, instead, success, design, alone, throughout, produce, direct, myself, defense, beyond, allow, hotel, appeal, appear, demand, aware, concern, advice, event, extent, degree, expect, response, yourself, accept, review, unless, supply, disease, remain, attack, campaign, suggest, exchange, machine, apply, create, avoid, agree, polite, parade, insane, confuse, complete, debate, remote, obscure, intrude, conclude, refuse, excuse, invite, ignite, excite, expire, inflate, inside, include, subside, reside, impede, entire, dislike, compose, commute, divide, confine, divine, dilute, dilate, partake, perfume, persuade, decide, define, degrade, device, decay, desire, compile, confine, combine, revive, survive, contrive, engage, embrace, unlace, reduce, recline.

3 syllable words: mixed stress

alternate, indicate, imitate, advertise, crocodile, estimate, envelope, exercise, intervene, delegate, correlate, turpentine, interfere, generalize, destitute, substitute, concentrate, distribute, stethoscope, microscope, telescope, hibernate, operate, terminate, interfere, indicate, juvenile, satellite, execute, contribute, persecute, delegate, demonstrate, decorate, reunite, regulate, reproduce, recognize, integrate, telephone, confiscate, butterfly, computer, umbrella, hamburger, dinosaur, bicycle, area, arena, benefit, consultant, difficult, document, gigantic, magnetic, piano, plentiful, raspberry, typical, uneven, vitamin, victory, expression

4 syllable words:

alligator, helicopter, watermelon, macaroni, anatomy, bacteria, biologist, difficulty, intelligent, librarian, significant, solidify, territory, demonstration, entertainment, congratulate, impossible, elevator, convertible, calculator, harmonica, operation, discovery, invitation, kindergarten, information, fertilizer, electrician, emergency, delivery, accelerate, January, invisible, February, binoculars, American, celebration, cemetery

5 syllable words:

antibiotic, bicentennial, fusibility, insignificant, respectable, satisfactory, unrealistic, congratulations, capitalism, puritanism, figuratively, inevitable, catholicism, inadequacy, communicative, accelerator, refrigerator, incinerator, sophisticated, curiosity, aristocracy, archaeology, university, differentiate, underestimate, rehabilitate, decontaminate, classification, characteristic, Mediterranean, qualification, continuation, consideration, appreciation, enthusiastic, predisposition, preoccupation, self-preservation

Word Stress Practice - Heteronym Words/Pairs

Words that are spelled the same but have different meanings depending on the stress.

noun: 1st syllable stressverb: 2nd syllable stress

Noun	Verb
ABstract	abstRACT
Accent	aCCENT
Addict	aDDICT
Address	aDDRESS
Annex	aNNEX
Ally	aLLY
Attribute	a TTRI bute
COMbat	comBAT
COMmune	comMUNE
COMpact	comPACT
COMpound	comPOUND
COMpress	comPRESS
CONduct	con DUCT
CONfines	conFINES
CONverse	conVERSE
CONvert	conVERT
CONvict	conVICT
DE crease	deCREASE
DIgest	di GEST
DIScard	disCARD

Noun	Verb
DIScharge	disCHARGE
EN velope	en VEL ope
EScort	esCORT
EXport	exPORT
FInance	fiNANCE
GRA duate	graduATE
INcrease	inCREASE
OB ject	ob JECT
PERmit	perMIT
PERvert	perVERT
PREfix	preFIX
PROceeds	proCEEDS
PROduce	proDUCE
PROgress	proGRESS
PROject	pro JECT
PROtest	proTEST
REcap	reCAP
REfill	reFILL
REfund	reFUND
REfuse	reFUSE
SURvey	surVEY
TRANS plant	trans PLANT
UPset	up SET

Adjective	Verb
AB sent	ab SENT
FREquent	freQUENT
PERfect	perFECT

Adjective	Noun
in VAL id	INvalid
miNUTE	MInute
comPLEX	COM plex

Word Stress Practice - Compound Nouns

Stress the first word.

Compound Words:

dishwasher, heartbeat, saltwater, aftermath, doorbell, highway, saucepan, aircraft, downfall, homework, sawdust, airfield, downpour, honeymoon, screenplay, airmail, drawback, horsepower, screwdriver, armchair, dressmaker, housework, seashell, driveway, jellyfish, seaweed, background, drugstore, jigsaw, shellfish, backlash, drumstick, keyboard, shoplifter, backlog, eardrum, kneecap, shorthand, backside, earphone, ladybug, shotgun, bandwagon, earring, leftovers, sickbed, bankbook, earthworm, letterhead, sideburns, banknote, lighthouse, sidekick, barman, egghead, lipstick, sidewalk, baseball, evelid, loophole, silkworm, bathroom, evewitness, lovebird, skullcap, bedspread, farmhouse, mailbox, skyscraper, bedtime, fatherhood, manhunt, slaughterhouse, billboard, feedback, mastermind, sleepwalking, blackbird, fingernail, middleman, snowball, blacklist, fingerprint, neighborhood, snowfall, bulldog, firearm, network, softball, bullfight, firefly, newsletter, songbird, catfish, firewood, newspaper, soundtrack, chairman, fishbowl, newspaper, soundtrack, chairman, fishbowl, nightclub, spaceship, cheapskate, floodlight, nightmare, sportsman, checkup, footnote, notebook, spotlight, chopstick, footprint, outlook, stalemate, clockwork, freeway, overcoat, stepchild, clotheshorse, foretaste, overseas, stopwatch, clothesline, fruitcake, overtime, strongbox, copycat, gatecrasher, painkiller, suitcase, copyright, ghostwriter, pancake, summertime, cornerstone, godfather, paperback, sunspot, countdown, goldfish, passport, sweetheart, countryside, greenhouse, password, swordfish, courthouse, guidebook, penknife, tablespoon, courtyard, guideline, pickpocket, teardrop, cowboy, gunfire, pigtail, teaspoon, crackdown, gunpowder, pocketknife, toadstool, crossroad, hairdresser, quicksand, toothpick, cutback, handbag, racehorse, tugboat, daybreak, handshake, rainbow, watchdog, daytime, handwriting, rattlesnake wheelchair, deadline, headlight, roadrunner, windpipe, deadlock, headquarters, runway, wiretap.