



Lago Vista Women's Club

Founded in 1978

www.lvwomensclub.com



March, 2019

LagoVistaWCnewsletter@gmail.com

Words from our President

Trisha Upchurch



Trisha Upchurch
President -2018-19

Maybe you're tired of talking about the gala, but please indulge me once more! What fun we had visiting Venice on January 26! I was so inspired to see so many LVWC members stand during the February luncheon in recognition for the tremendous involvement in making this event happen. Now the LVWC will begin receiving applications from community organizations and high school students interested in being a recipient of the well-earned funds. The grant application for community organizations can be found on the Lago Vista Women's Club website, lvwomensclub.com, and applications for students can be picked up from the Lago Vista High School counselor.

I'm sure you enjoyed the February luncheon. Licensed acupuncturist **Brooke Taylor** delivered a most informative program. Brooke graciously gave away a free treatment session; **Patti Nixa** was the lucky winner. Monthly surprises were donated by **Kay Schneider, Jessa Reid, Lori Rolie, Elyse Ernst** and **Sherri Roberts**, and **Pam Stephens**. Thank you, Ladies, for your generous donations, and thanks to those of you who purchased monthly surprise tickets.

The fun continues in March! On March 1, we observe National Read Across America Day (also known as Dr. Seuss Day), Fat Tuesday on March 5th, and Ash Wednesday on March 6th. International Women's Day is observed on March 8th, and we return to Daylight Savings on March 10th. The Girls Scouts enjoy their special day on March 12, and we will all be wearing green on March 17th, St. Patrick's Day. Finally, put away your coats as we head into spring on March 20.

Of course, the most special day in March is our next LVWC luncheon. We will be awed by an entertaining performance of the Plunettes. I look forward to having lunch with you on the 12th!

We belong to a special group of ladies. Consider this quote from William Arthur Ward: "Do more than belong: participate. Do more than care: help. Do more than believe: practice. Do more than be fair: be kind. Do more than forgive: forget. Do more than dream: work." Do more than belong: participate. Do more than care: help. Do more than believe: practice. Do more than be fair: be kind. Do more than forgive: forget. Do more than dream: work."



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Trisha Upchurch



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*Freth Carroll
1st Vice President
Programs-2018-19*

MARCH Program

The “Plungettes” perform for Lago Vista Women’s Club

On a lighter note; the Plungettes will be performing at the March luncheon instead of a Spring Style show. Don't be too disappointed, we are working on an alternative style show for April. Sometimes things just don't work out the way you plan them. Stay tuned for Plan “B” in April. The Plungettes were formed in 2001 as a marching drill team. They got their name from the bedazzled batons (toilet plungers) that they carry during parades. They are a group of fun loving ladies that love to perform. Their members are from towns all over the Texas Hill Country . Sit back and enjoy the entertainment as they perform on our stage. Their repertoire of performances includes many Texas parades: “Battle of the Flowers” in San Antonio, “Bluebonnet Parade” in Burnet, “Oatmeal Festival” in Bertram, “Blue Bell Parade” in Brenham, “Tyler Rose parade” in Tyler, and the “Texas Independence Day” parade in Austin, as well as Christmas parades in Austin, Marble Falls, Fredericksburg, and Lewisville. Out of state they have performed in the “Sweet Potato” parade in Jackson, Mississippi, the “4 th of July” parade in San Diego, California, and the “Helldorado Parade” in Las Vegas, Nevada. Everybody loves a parade!



Monthly Surprise

Each month at the luncheon, a drawing is held for the monthly surprises. These are items such as gift cards, or gift baskets donated by our members. This year, Judy Eagle is the coordinator for these drawings. If you would like to contribute an item for the monthly surprise, please contact Judy at judy eagle2001@yahoo.com, or 512-775-7672 to let her know the month you would like to make your contribution.



Don't forget to get your tickets! \$2 each or 3 for \$5



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Philanthropy

phi·lan·thro·py

/fəˈlanθrəpē/ the desire to promote the welfare of others, expressed especially by the generous donation of money to good causes.

One of the very first efforts the newly founded Lago Vista Women's Club undertook 41 years ago was to raise funds to invest in local philanthropy. One could describe the fund raiser as the precursor to our recently celebrated Gala. A newspaper clipping. (No record of which newspaper it was in) at the time reported on the production of *Lago Vista—Then and Now*

a special jump seat for the ambulance.

Our commitment to philanthropy is in our DNA. Our current Scholarship and Philanthropic Committees have started the long and arduous task of reviewing and selecting candidates to receive the benefit of our 2018-19 fund raising efforts. As the definition of philanthropy that opens this article establishes, it is through the generous donations of money to good causes that allow us to fulfill this all-important part of our existence. Yes, we gather together to break bread, to laugh, to play, to learn new skills and examine the blessings and abundances of life in Texas and the North Shore. But most importantly, we put our skills, talents and enthusiasm to work so that we can give back to our community.



stating "No tradition or fact was sacred when a delightful community production of was presented February 20 and 21 by the Lago Vista Women's Club."

This event helped raise the \$1,200 used to purchase life saving equipment needed by the Fire Department including a life-sized mannequin, ambulance blankets, breathing apparatus and



Recently, the Scholarship committee celebrated the Scholarship luncheon with junior and senior candidates at the Lago Vista High School. Forty seven aspirants joined the committee for delicious food, selflessly prepared by volunteers from the LVWC. The committee will now review the applications, perform



Committee members, L to R Paula Fisher / Donna Nash / Joy Modawell chair/Trisha Upchurch / Kay Ross/. Not pictured Kay Schneider .



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interviews and thoroughly vet all the very qualified young people vying for the scholarship funds. The members of the committee take this responsibility very seriously and dedicate much time and anguish to selecting the final candidates.

No less daunting is the task that the Philanthropic committee struggles with every year. Our community is blessed with many organizations that serve the North Shore in one capacity or another. The Philanthropic committee has posted the application form on our website (available by clicking the link on the Home Page). It can be filled in online and then emailed to the committee chair, Carol Watson. The instructions are on the application sheet. To be considered for a grant, the organization needs to serve the needs of the North Shore and be a non-profit. We traditionally support cultural, educational and service organizations as the list of last year's recipients attests.

As our club members work through the difficult task before them, let's all give them our support and appreciation!

Happy March Birthdays!



Patricia (Trisha)	WELLS	MAR	2
Sandra	YOUNG	MAR	2
Christy	ORDENER	MAR	3
Elizabeth	GOLDSBY	MAR	6
Diane	ZAYDEL	MAR	6
Jean Marie	LOEFFLER	MAR	8
Barbara	SALTER	MAR	10
Beverly	SELPH	MAR	10
Merilea	PANNELL	MAR	14
Christine	SNITKIN	MAR	14
Theresa	WEBER	MAR	14
Cherry	BARFOOT	MAR	15
Jill	TAYLOR	MAR	16
Patricia	WILKINSON	MAR	16
Sylvia	VALLS	MAR	20
Estela	DeLaFUENTE	MAR	21
Robyn	BURKHART	MAR	22
Ginger	HALSTED	MAR	23
Ruth	SWANSON	MAR	25
Elaine	HUGHES	MAR	27
Carolyn	BARANOWSKI-RISI	MAR	28
Jean	DUNHAM	MAR	29
Cynthia	OKROJ	MAR	29



"I've learned that you shouldn't go through life with a catcher's mitt on both hands; you need to be able to throw something back."

Maya Angelou

2017-2018 Community Grant Recipients

- ◆ Friends of Balcones Canyonlands
- ◆ Hill Country Busy Bees
- ◆ Hill Country Singers
- ◆ Jonestown Community Library
- ◆ Keep Lago Vista Beautiful
- ◆ Lago Vista Blue Santa
- ◆ Lago Vista ISD Education Foundation
- ◆ Lago Vista Players
- ◆ Lago Vista Public Library
- ◆ Lago Vista Sewing Connection
- ◆ Lago Vista Volunteers
- ◆ Lago Vista 4th of July Council
- ◆ Lake Travis Music Theatre
- ◆ Lifelong Friends
- ◆ Old Farm Food Pantry
- ◆ Turnback Canyon Trail Conservancy
- ◆ Twilight Concerts



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Mindy Hensen
2nd Vice President-Social -2018-19

If you have not made your reservation, **DO IT NOW!** Just **CLICK** on the yellow rose.



Did you know?

Boston hosts one of the biggest St. Patrick's Day parades in the U.S.

Boston is where many Irish immigrants settled once they arrived in America, and the [Irish spirit](#) is still alive and well in the city. It hosts one of the biggest celebrations in the U.S., drawing around a million people to the parade, which

is [usually about 3 miles](#). In contrast, Arkansas hosts one of the shortest St. Patrick's Day parades in Hot Springs National Park - it's [only 98 feet!](#)

Alfred has created another wonderful meal for us! We are so lucky to have him!

Mindy Hensen



March -- Luck of the Irish

Garden Salad-Mixed Greens with Seasonal Vegetables served with Green Goddess and Balsamic Dressings
Shepherd's Pie- Ground Beef and Vegetables Cooked in Guinness Gravy
Braised Cabbage and Carrots-Mashed Potatoes-Irish Soda Bread
Guinness Irish Cream Cake- Chocolate Sponge Cake with Guinness Syrup and Irish Cream Mousse



GOT WINE?



At each monthly luncheon, a small group of volunteers brings wine and serves it to luncheon attendees. Donations are taken for the wine and are generously given to the club for philanthropic endeavors. To continue this practice, volunteers are needed to help serve the wine at each luncheon. If you would like to be a part of this committee, please contact Janet Cason, 832-265-1470 or janet.carley@yahoo.com.



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For activities BY DATE see next page.

Artistic Divas-On March 29 Mindy Hensen will be back with her Mosaic Jewelry class. Register for these classes at the SIG table during the March luncheon. Call Bev Lee (512) 585-3587 for more information. This will be the last opportunity to sign up!

Bunco- **What:** A fast paced dice game that is easy and allows a chance to meet new people. **Why?** Prizes!. **When:** 2nd. Mondays of every month-May to Sept. 2pm \$2, **Where?**; Bluebonnet Room -Activity Center American Drive at Boggy Drive.

C.A.R.E. Group- CARE members provide cheer and encouragement to all club members. Contact Christy Ordener if you or a member you know is ill, in the hospital, facing an upcoming surgery, or going through a difficult time. They will make phone calls, home visits if desired, and provide a grocery help service for members who are ill or homebound. If someone needs a ride to the monthly luncheons let us know. **Something new:** Rachel Deaton, one of our CARE Group Members, works at the library. She would like to help members that are physically unable to visit the library. She will help you check out books, movies, etc. If you are interested in this service, please contact Rachel at 512.589.4212.

Cooking Pot First Monday of every month. Sign up at the March luncheon. NOTE: THERE IS ALWAYS A WAITING LIST!!!!See page 9 for pictures and report.

Hand and Foot Card Game-Come enjoy this fun, friendly card game similar to Canasta. The second Wednesday of each month in the Johnson Room at K-Oaks Club House, 1-4pm

Hi! Tech!-Computer classes continue in March-Beginners' Word and Publisher workshops will be by appointment only. Call the library (512-267-3868) to make arrangements. Anna Johndrow and Karen Parker are the instructors.

Literary Club-Bring a snack to share, visit with friends and listen to the review of interesting books. You don't have to have read the book, but you might want to afterwards! 3rd Tuesday of every month at 12:30-Bluebonnet Room, POA Activity Center, American Drive at Boggy Ford. March 19 Linda McCullogh will review **PURE GRIT**, by Mary Cronk Farrell, This book tells how American nurses survived battles and prison camp in the Pacific during World W II. Details on page 10.

Lunch and a Movie-Once a month this group meets to enjoy a movie and lunch. Join in and get to know some of your fellow LVWC members. Sign up once and receive information every month about a week prior to the outing with all the details of what, when and where. We can often get tickets at two for one in Cedar Park. The last week of the month is typically designated for the outing but may vary due to holidays. **Freth Carroll, 512-784-6043**

Mah Jongg— is an interesting and FUN ancient Chinese tile game played with 3 or 4 people per table that allows for both skill and luck. We use the National Mah Jongg League rules. Whether you are an experienced player or new to the game, please join us (Free Lessons)! 1st, 3rd and 5th Wednesdays, year-round from 1:00-4:00 at Tutta Italiana Coffee Shop on Lohman Ford.
Merilea P. 817-458-2312 merilea@aol.com

Party Bridge -\$2 per session on the 1st, 3rd and 5th Fridays of each month! 1:00 pm. Bluebonnet Room, Activity Center
Pat Storer. 512-267-3508 Susan Knox 512-267-0210

TED Talks-Third Tuesday of every month from noon to 1:50. Interesting subjects March will feature Brené Brown-See details on page 8.

Wine Tasting Around the World -Ellie Schriener-503-201-2708, Elyse Ernst 832-603-2051, Sheri Roberts 281-782-7817

HAVING AN EVENT?



If you are planning an event at K-Oaks and would like to rent the table settings, chair covers or our table cloths, contact 512-705-3683.



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SIG Activities March-April

Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
10	11	12 LVWC Luncheon K-Oaks Musical Notes 11:00 to 11:30 K-Oaks Johnson Room	13 Hand & Foot 1-4pm Johnson Room – K-Oaks	14	15 Learning Bridge 10am-Noon Bluebonnet Room Activity Center Party Bridge 1pm-4pm Bluebonnet Room	16
17 St. Patrick's Day!	18 Wine Tasting- Sign-up required	19 Birding Group 9-10am-Info at sign-up table Literary Club Bluebonnet Room 12:30 TED Talks LV Library 12-1:50	20 Mah Jongg 1- 4pm Tutta Italiana Coffee Shop	21	22 Learning Bridge 10:00 to 12:00 Bluebonnet Room	23
24	25	26 Lunch & a Movie Info at sign-up table	27	28	29 Learning Bridge 10:00 to 12:00 Bluebonnet Room Party Bridge 1:00 to 4:00 Bluebonnet Room Artistic Divas 12:30 Lago Vista Public Library-Mosaics with Mindy Hensen	30
31	1 Cooking Pot Sign-up required	2	3 Mah Jongg 1:00 to 4:00 Tutta Italiana Coffee Shop	4	5 Learning Bridge 10:00 to 12:00 Bluebonnet Room Party Bridge 1pm-4pm Bluebonnet Room Artistic Divas 2:00 to 4:00 Lago Vista Public Library	6
7	8 Bunco 2:00 to 4:00 Bluebonnet Room	9 Musical Notes 11:00 to 11:30 K-Oaks Johnson Room LVWC Luncheon K-Oaks				

For contact information see previous page. To print this page as a reference, choose "Print" on your computer. On the menu that appears set "Print current page". That way you will print only this page and not the entire newsletter. Of course, you may want the whole newsletter!





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Bits and Pieces

News and Views



Box Tops for Education Lago Vista Elementary School has participated in the BOX TOPS FOR EDUCATION program since 2002, earning over \$10,000. (Fund use is restricted.) Visit boxtops4education.com for a list of participating products and valuable coupons. Bring your BT4E to the Women's Club Luncheons and place them in the collections basket in the bar area.

The Nominating Committee is headed, this year, by Marilyn Hamblin. This committee is tasked with the important role of putting together a list of qualified ladies as nominees to assume positions on the Executive Committee; charged with all of the administrative duties and responsibilities of the Lago Vista Women's Club. If you have a nominee in mind, please do not put her name forward without first addressing your interest in nominating her with her. Contact Marilyn for additional information. Marilyn.Hamblin1@gmail.com.



TED Talks-We have a brand new SIG that got started last month. The coordinator for this interesting group is Irene Spindler, assisted by Anna Johndrow. Irene carefully curates the TED Talk videos to be presented which all participants watch together and then opens the floor to discussion. February's video was by Steven Pinker, is a Canadian-American cognitive

psychologist, linguist, and popular science author. He is Johnstone Family Professor in the Department of Psychology at Harvard University, and is known for his advocacy of evolutionary psychology and the computational theory of mind. He has authored eight books for the general public, among

them *The Better Angels of Our Nature* (2011), which makes the case that violence in human societies has, in general, steadily declined with time, and identifies six major causes of this decline.



His TED talk focused explicitly on this premise. The presentation can be viewed [HERE](#). However, only those who were present on February 19th at the Lago Vista Public Library enjoyed the depth and dimension of the conversation that his presentation sparked. The diversity of reactions was both exhilarating and thought provoking. Participants openly discussed individual experiences and beliefs that related to the TED Talk and to our shared reality as residents of our community.

The March TED Talk will again be held at the Lago Vista Public Library at noon on March 19 and will feature Brené Brown; who studies the human connection -- our ability to empathize, belong, love. In a poignant, funny talk, she shares a deep insight from her research, one that sent her on a personal quest to know herself as well as to understand humanity. She uncovers the common traits shared by those who live life connected to their community; family, children, colleagues and beyond with authenticity. Please join the group for an interesting and thought provoking presentation and a lively discussion. Bring along an open mind and some tasty snacks to share.

MEETINGS

LVWC is a 501 (c) (3) Non-Profit Organization. All meetings are open to everyone.

• **LVWC Executive Committee Meeting**

First Tuesday of the month
K-Oaks Club House-9:30 am
Sunflower Room

• **LVWC Luncheons**

2nd Tuesday of the month
K-Oaks Clubhouse-11:00 am



February Cooking Pot

A gang of 16 met at Robin Burkhardt's house to fix Breakfast for Lunch. In keeping with the theme, we

had a pajama party. Some even bought new Jammy's for the event. Zesty Sausage and Cheese Balls followed by a wonderful Frittata. Then we were treated to the Southern



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Bits and Pieces (cont)

News and Views



classic, Chicken and Waffles, Garlic Grits and Homemade Granola. We had a champagne fountain and various wines.

Just to complete the theme, we had a "pajama style

show". Melony Kempf was the winner, well just look at the picture. We were all laughing so hard that even the UPS driver wanted to know what was going on. After all the fun, food and frivolity we all rolled ourselves out to our cars and went home to take a nap.

The Artistic Divas were painting up a storm at the new Cordoban Art Studio! Everyone had a grand time creating their personal version of a floral still life with acrylic paints under the guidance of Mira Prince of Cordovan Art Studio in Lago Vista. And, back by popular



demand — **The Mosaic Jewelry Class!** This class has become an annual event. Mindy Hensen will be presenting her Mosaic Jewelry class on **Friday, March 29** from 12:30 to 2:30pm at the Lago Vista Public library

Here is your opportunity to make a handmade gift for someone special or for yourself. Select from a rainbow of colored glass for your Pendants and Wine stoppers. Cost for all supplies is \$25 (for 2 pendants or \$30 for 1 pendant and 1 wine stopper). **The March luncheon will be the last opportunity to register for this class.**



Spring cleaning is certainly on our minds and after that stirring presentation by Trish Aikman from *Ask Me Concierge* we are probably all passionate about decluttering our

closets, right? Here's another great opportunity to pass no longer used purses on to a better cause. We will again collecting gently used purses for Handbags for Hope, an organization which provides services to victims of domestic violence. All during the month of March handbags are collected and during the month of April small tags with emergency numbers are sewn into the linings. The purses are then distributed to the children of repeat victims of domestic violence for them to gift their mothers on Mothers' Day. Statistics show that when a woman flees a violent situation for her safety and that of her children, she generally takes only two things...her handbag and her children. The discreet presence of the emergency phone number helps her get to assistance quickly.. The Lago Vista Physical Therapy Clinic on Thunderbird Drive has once again volunteered to allow us to put a container by their side door where anyone can deposit their donations. Or, bring them to the March luncheon and give them to Anna Johndrow. Of interest are daytime use purses; not totes, backpacks or evening bags. If you are able to donate at the drop-off location, please be sure to locate the bin (a large red ACE refuse bin) on the side door. **PLEASE DO NOT** enter the clinic as they are actively providing care to their patients. For more information, please contact Anna Johndrow at 512-934-8835 or email: ajohndrow@gmail.com



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Bits and Pieces (cont)

News and Views

Literary Club



PURE GRIT, by Mary Cronk Farrell, will be the book to be reviewed on March 19th. This book tells how American nurses survived battles and prison camp in the Pacific during World W II.

Japanese bombing of the Philippines followed almost immediately after the attack of Pearl Harbor. Nurses became engaged in caring for wounded soldiers at Bataan. They were later evacuated to Corregidor just hours before it, too, fell to enemy forces, on May 6. Here they were imprisoned in harsh, horrific conditions and not released until late winter of 1945.

This book shines light on several nurses' recollections on their devastating experiences. Of particular interest is the disregard for their suffering, their health ruined, they faced upon release at the end of the war since they were not regarded as combatants.

Join us at the Bluebonnet Room at 12:30 for snacks and the review presented by Linda McCullough.

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- According to Irish legend, Saint Patrick used the shamrock as a metaphor for the Holy Trinity when he was first introducing Christianity to Ireland.
- Saint Patrick is credited for driving the snakes out of Ireland, but according to the fossil record, Ireland has never been home to snakes as it was too cold to host reptiles during the Ice Age. The surrounding seas have kept snakes out since.
- There isn't any corn in the traditional St. Patrick's Day meal of corned beef and cabbage. The name is a reference to the large grains of salt historically used to cure meats, which were also known as "corns."
- Saint Patrick was born "Maewyn Succat" but changed his name to "Patricius" after becoming a priest.
- Irish immigrants began observing St. Patrick's Day in [Boston](#) in 1737 and the first St. Patrick's Day parade in America was held in [New York City](#) in 1766.
- In [Chicago](#), the Plumbers Local 110 union dyes the river Kelly green. The dye lasts for around five hours.
- On or around St. Patrick's Day, the Irish taoiseach, or prime minister, presents the U.S. president with a crystal bowl of live shamrocks as a symbol of the close ties between the two countries.



Happy St. Patrick's Day!

Every March 17, countries around the world celebrate St. Patrick's Day in observance of the death of St. Patrick, the patron saint of [Ireland](#) credited for bringing Christianity to the country.

Initially a religious feast day in the

17th century, St. Patrick's Day has evolved into a day of celebrating Irish culture with parades, music, dancing, special foods, and of course, a lot of green.

In honor of St. Patrick's Day, here are a few interesting St. Patrick's Day facts!

- Saint Patrick didn't wear green. His color was "Saint Patrick's blue." The color green became associated with St. Patrick's Day after it was linked to the Irish independence movement in the late 18th century.
- Despite his Irish notoriety, Saint Patrick was British. He was born to Roman parents in Scotland or Wales in the late fourth century.

What are YOU doing for St. Patrick's Day? We highly recommend the St. Patrick's Day Austin celebrated at Pioneer Farms. They present live Irish music all day long and feature the Inishfree Irish Dancers who never fail to bring out the Irish in all of us. There is always food, crafts, Irish adult beverages and even a free lesson in Gaelic.

For more information visit their website [HERE](#).

