Workbook

on

Science 6



Produced by 57-75

in partnership with the Ateneo Center for Educational Development and the Department of Education Divisions of Bayombong (Nueva Vizcaya), Guimaras, Iligan City (Lanao del Norte), Iloilo City (Iloilo), Pampanga, San Isidro (Nueva Ecija), Pagbilao (Quezon) and Sual (Pangasinan)

Workbook on Science (Grade 6)

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PREFACE

In April 2008 the **57-75** Movement organized a workbooks development write-shop in order to come up with an immediate and effective response to the problem of lacking textbooks and instructional materials in public schools. For two weeks, master teachers from each of the **57-75** pilot sites compiled a series of workbooks on Science, English, and Mathematics designed for their elementary and high school students.

The write-shop aimed to: (1) identify least mastered skills in a subject area; (2) produce lesson guides that will help increase the ability of classroom instructors in developing the mastery level of students particularly in problematic subject areas; and (3) help teachers be creative in developing their own instructional materials based on resources available to them in their respective schools.

Both the faculty and students of the public school system are expected to gain from this project. Teachers will not only be aided by the problem-solving and explanations given in the workbooks but will also be helped in terms of gearing their students towards a unified understanding of the subject matter. This workbook will also serve as an alternative medium of instruction in the absence of textbooks and other necessary teaching materials that the less fortunate may not be able to afford.

The workbooks development write-shop is also 57-75's contribution to enhancing the reading proficiencies in its pilot sites.

57-75, a private sector-led movement created to help address the many problems of Philippine education, was inspired by one of the many disturbing indicators of the state of Philippine education – the results of the National Achievement Test, in which grade school pupils scored close to 57.

The reversal of numbers in the campaign name – from 57 to 75 – symbolizes what the movement is trying to do: *turn things around*, about radically rethinking the way we look at our education system and the way we support it. We believe that this kind of rethinking will help turn around the dismal trends in Philippine education, and eventually change statistics from 57 to 75.

57-75 advocates *Focusing* on helping students stay in school, enhancing reading proficiencies, and improving achievement rates in math, science, and English; student and school *Performance*; and *Community Empowerment and Engagement*.

57-75 wishes to acknowledge the Ateneo Center for Educational Development for supervising the workshop. Much gratitude is also given to the League of Corporate Foundations' Committee on Education which funded the workshop through a grant provided by TeaM Energy Foundation, as well as to Jollibee Foundation for additional logistical support.

57-75 would also like to especially acknowledge the master teachers from the pilot sites – without their commitment, this workbook would not have been possible. We also extend our appreciation to the reviewers, editors and encoders of ACED who accommodated this project into their existing workload.

57-75 is also very grateful to the initial pool of corporate donors who have pledged to help in the reproduction of this workbook: TeaM Energy Foundation, Petron Foundation, Pilmico Corporation, BPI Foundation, Metrobank Foundation and Insular Life Foundation. Thank you for helping to reverse the education crisis!

In behalf of the National Task Force –

MARIO A. DERIQUITO

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Lesson 1: Describe the circulatory system and its major parts.

Exercise A

Directions: Des	scribe the circ	ulatory system	and the major	or parts by f	illing in the	boxes witl	h the
letters of the co	orrect answer.		J		_		

1. The is about the siz	The is about the size of our fist found at the middle chest cavity pointing left.					
. The the pathways/passages of blood in the body.						
3. The is the "red rive	er" of life.					
Directions: Match the part of the heart the correct answer.	t in column A with the description in column B. Write the letter of					
Α	В					
4. Ventricles	A. The upper chambers of the heart					
5. Atria	B. The tiniest blood vessels					
6. Capillaries	C. The lower chamber of the heart					
7. ARTREIESthe thick walled and 8. EIVNSblood vessels with the 9. EULKOCYSET	elastic blood vessels inner walls and have bigger diameter BC often referred to as the soldiers of the body					
Directions: Answer the question hone	stly.					
10. What have you learned about the o	circulatory system?					

Lesson 1: Describe the circulatory system and its major parts.

Exercise B

Directions: De		y system and its major parts by f th the correct answer inside the l		
	Heart	Blood	Blood Vessels	
1. Thecavity pointing		lar organ about the size of your	fist found at the middle of	the chest
2. The(WBC) and pla		the body composed of plasma, re	ed blood cells (RBC), white	te blood cells
3. The	are the pathways	of blood in going to the different	parts/cells of the body.	
Directions: Mathe correct ans		eart in column A with the descri	ption in column B. Write t	he letter of
4. Vei	A ntricles	A. They are heart.	B the thin walled upper chan	nber of the
5. Atr 6. Cap	ia pillaries	B. They are	the tiniest blood vessels. the two thick-walled lower	r chamber of
	scramble the letters lues.	to name the circulatory ailment	being described by the giv	en
7. ARTREIES 8. VENSI 9. LEUKOTY "soldiers" of th	CES	the thick walled and elastic blod vessels with thin walls and ha another term for white blood	ave bigger diameter.	as the
Directions: En	circle the letter of th	e correct answer to the question.		
10. What have	you learned about the	ne circulatory system?		
	B. It is the body's C. It is the body's	s "pick-up and delivery system". s "delivery system". s "pick-up system". s important system		

Lesson 2: Explain the function of the circulatory system

Exercise A

Direction: Explain the function of the circuithe boxes.	latory system. Write the letters of the answers inside
1. pumps blood to the different	ent parts of the body.
2. — — — — — — — — carries digested food, oxy body.	gen and other substances to the different cells of the
3	nsports blood to all parts of the body.
Directions: Choose the letter of the best answe	r.
4 fight infections in our body	
A. white blood cells B. red blood cells	C. blood platelets D. plasma
5 clots the blood to prevent bleeding	
A. white blood cells B. red blood cells	C. blood platelets D. hemoglobin
6 carries blood away from the heart	
A. white blood cells B. red blood cells	C. blood platelets D. arteries
	the description in column B. Write the letter of the correct
A7. Circulation8. Red9. Blue	B A. The color of blood coming from the heart B. Color of the veins that are closer to the surface of the body C. The complete trip of the blood from the heart to all parts of the body and back to the heart.
Directions: Encircle the letter of the correct and	swer to the question.
10. Why is the right ventricle called the lung position. A. It pumps blood to all parts of B. It pumps blood towards the C. It pumps blood towards the D. It pumps blood towards the	of the body. lung. pulmonary vein.

Lesson 2: Explain the function of the circulatory system

Exercise B

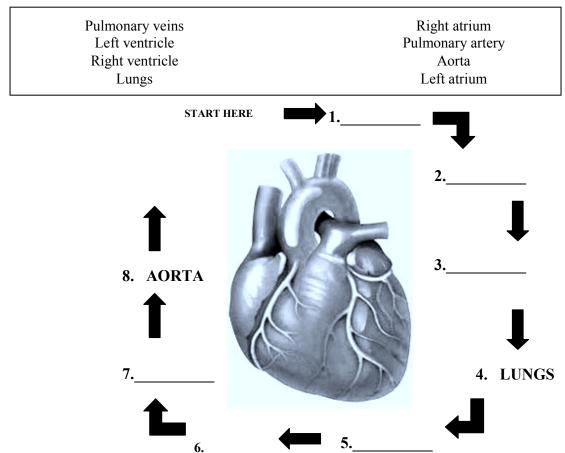
Directions: Explain the function of the circulatory system by matching column A with B. Write the letter of the correct answer on the blank before each number.

A1. Circulatory System	B A. Pumps blood to the different parts of the
	body.
2. Heart	B. Transports blood to all parts of the body
3. Blood	C. Carries digested food, oxygen and other
	substances to the different cells of the body
4. Blood Vessels	D. Carry blood away from the heart
5. Red Blood Cells	E. Carry blood with oxygen from the lungs to the
	heart
6. White Blood Cells	F. Blood cells that carry oxygen and carbon dioxide
7. Blood Platelets	G. They fight infections in your body
8.Arteries	H. The very small blood vessels through which
	nutrients, oxygen and waste materials pass
9. Veins	I. Helps in the circulation and assimilation of
	digested food in the body
10.Capillaries	J. Helps stop bleeding and make the blood clot
	whenever body is injured

Lesson 3: Illustrates/ demonstrates the movement of blood throughout the body.

Exercise A

Directions: Complete the diagram of blood flow below. Refer to the parts in the box.



Directions: Encircle the letter of the correct answer.

- 9. What might happen if the heart valves would not close?
 - A. Blood will continue to flow.
 - B. Blood will undergo a back flow.
 - C. Blood will stay flowing.
 - D. Blood will clot due to the presence of platelets.
- 10. How is blood circulation affected by tight clothing?
 - A. Blood circulation is disturbed.
 - B. Blood circulation is never disturbed.
 - C. Blood circulation stops for a while.
 - D. Blood circulation becomes fast.

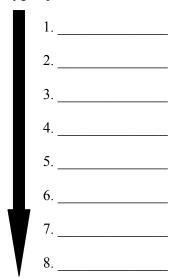
Lesson 3: Illustrates/ demonstrates the movement of blood throughout the body.

Exercise B

Direction: Trace the flow of blood by filling in the given list. Use the words in the

Right ventricle Aorta	Pulmonary artery Right atrium
Left atrium	Lungs
Pulmonary veins	Left ventricle

Oxygen-poor blood...



... Oxygenated blood to the different parts of the body.

Directions: Answer the following questions.

9. What might happen if the heart valves would not close?

10. How is blood circulation affected by tight clothing?

Lesson 4: Describes the common ailments of the circulatory system.

Exercise A

Direction: Describe the common	ailments of the	circulatory system.	Encircle the	letter of
the correct ar	nswer.			

	the come	ect answer.				
1. Which is describe	ed as an iro	n deficiency dise	ease?			
a. A	nemia	b. Leukemia	c. Stroke	d. Hem	nophil	ia
2. This disease is so	metimes ca	ılled the blue bab	oy.			
	Ieart attack Congenital	Heart Disease		ypertension rteriosclero		
3. It is known as the	cancer of	the blood.				
a. A	nemia	b. Heart Attack	c. Le	eukemia	d. H	emophilia
Directions: Identify	the name of	of ailment that is	described belo	w. Write y	our a	nswer on the blanks.
	Hemo Heart	philia attack		ertension riosclerosi	S	
coagulation of the b	. A heredit lood.	ease common am ary disease which	h is characteriz	•	tinuou	us bleeding due to the non-
Directions: Unscr given clues.	amble the	letters of the ai	lment of the	circulator	y syst	tem described by the
7. ROKEST 8. CLESISROART 9. TENPERNOSIF	ΓERIOS HY	- Abnormally hi -T Abno	gh blood press hickening and ormally high b	sure. hardening lood press	of the	e arteries due to cholesterol
Directions: Answe	r the ques	tion below.				
10. Why is there a n	need to kno	w the ailments o	f the circulator	y system?		

Lesson 4: Describes the common ailments of the circulatory system.

Exercise B

Directions:	Describe the common ailments of the circulatory system by encircling the
	correct word inside the parenthesis.

1. It is known as the cancer of the blood.

(leukemia, anemia, hemophilia, stroke)

2. It is called congenital heart disorders.

(hypertension, heart attack, arteriosclerosis, congenital heart disease)

3. Decrease in the number of hemoglobin in the red blood cells.

(stroke, hemophilia, anemia, leukemia)

Directions: Identify the name of the ailment that is described below.

	Hypertension Arteriosclerosis	Heart Attack Hemophilia
4. A sudden	rise in blood pressure	
5. This condi	ition is due to iron defi	iciency.
6. One of the	arteries becomes bloc	eked by a blood clot.

Directions: Unscramble the letters of the ailment of the circulatory system described by the given clue.

- 7. ARRIOSSTEISORCLE ______; due to the presence of calcium or lime.
- 8. EROKEST _____; happens when there is damage in some parts of the brain.
- 9. NOISENTREPHY ______; It causes damage to various organs in the body resulting to other diseases.

Directions: Encircle the letter of the correct answer to the question.

- 10. Why is there a need to know the ailments of the circulatory system?
 - A. To avoid sickness of the circulatory system.
 - B. To become unhealthy.
 - C. To experience ailments of the circulatory system.
 - D. To have a chance to visit the doctor often.

Lesson 5: Identify health habits to keep the heart, blood and blood vessels healthy.

Exercise A	Exercise B		
Direction: Put a Check on the statements that show desirable habits that prevent/control common ailments of the circulatory system.	Directions: Put a check on the practices that are good for your circulatory system. 1. Eat moderately.		
1. Refrain from smoking.			
2. Sleep more than 10 hours a day.	2. Always feel relaxed.		
3. Lead a sedentary life.	3. Avoid smoking.		
4. Increase intake of polyunsaturated fat.	4. Drink alcoholic beverages.		
5. Refrain from eating food with plenty fiber.	5. Avoid anxieties and worries.		
6. Reduce intake of saturated fat.	6. Exercise regularly.		
7. Take unprescribed medicine.	7. Eat a lot of fruits and vegetables.		
8. Reduce high blood pressure.	8. Smoke cigarettes three times a day.		
9. Increase physical activity / exercise.	9. Have regular blood pressure check-up		
10. Maintain weight within normal limits.	10. Eat too much fats and salty foods.		

Lesson 6: Demonstrate ways of caring for the circulatory system.

Exercise A

Direction: Identify the illustrations that show ways of caring for the circulatory system. On the blanks below each picture, put a check $(\sqrt{\ })$ on those that are good habits. Cross out (X) the bad habits.





1.







3.

4.

Directions: Put a Check ($\sqrt{ }$) on the box beside the statements that show good health habits. Put an X beside the ones that do not show good health habits.

- 5. ______ Eat proper food in the right amount.
- 6. Stress and tension cause heart to be in good tone.
- 7. Eating fatty foods makes the heart strong and healthy.
- 8. ______ Be happy. Look at the bright side and positive of life.
- 9. _____ Avoid exercise, this will tire the heart.

Lesson 6: Demonstrate ways of caring for the circulatory system.

Exercise B

Direction: Identify the illustrations that show ways of caring for the circulatory system. On the blanks below each picture, put a star on those that are good habits. Cross out (X) the bad habits.











Directions: Write G on the box beside the statements that show good health habits. Write B beside the ones that do show bad health habits.

5. Eat a balanced diet.

6. Avoid fatty food. Fatty foods contain bad cholesterol.

7. Avoid extreme anger, too much joy, too much excitement and unnecessary fears.

8. Get enough rest, sleep and proper exercise.

9. Avoid harmful drugs, cigarettes and alcohol.

Directions: Encircle the letter of the correct answer to the question.

10. Why should we consult a doctor when we are sick?

A. To prevent it from getting worse.

B. To give immediate treatment.

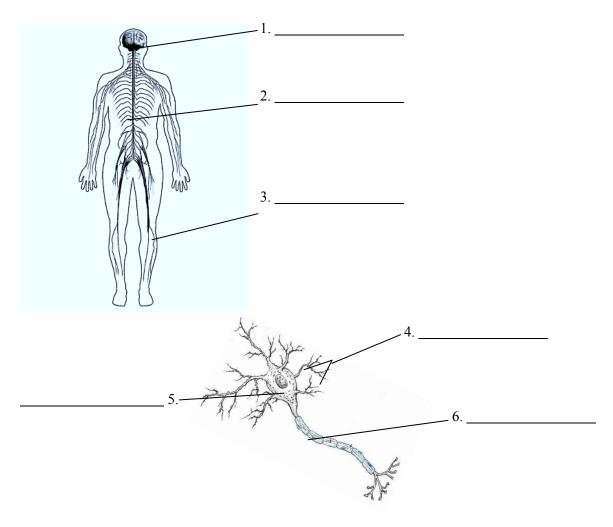
C. To enable the system to function well.

D. All of these.

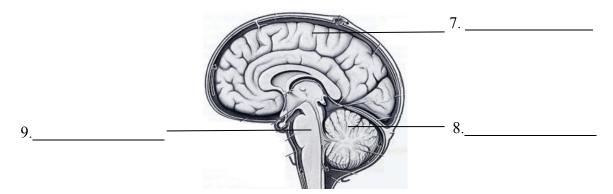
Lesson 7: Identifies the nervous system and its major parts.

Exercise A

Directions: Identify the main parts of the nervous system by writing the correct answer on the blank.

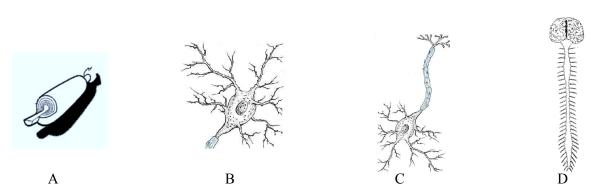


Directions: Identify the parts of the brain.



10. Which of the following shows an illustration of a spinal chord? Write the letter of the correct answer on the blank.

ANSWER:

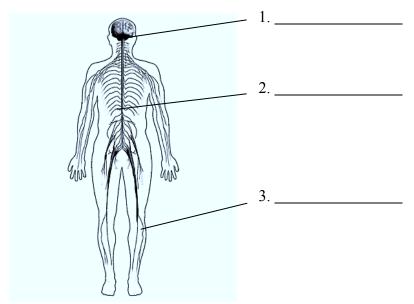


Lesson 7: Identifies the nervous system and its major parts.

Exercise B

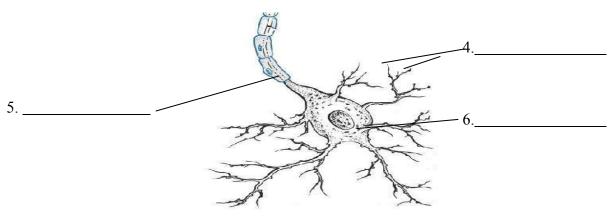
Direction: Identify the main parts of the nervous system by choosing the correct answer from the box.

Nerves	Spinal cord
Brain	Axon



Directions: Identify the main parts of the nerve cell by choosing the letter of the correct answer inside the box.

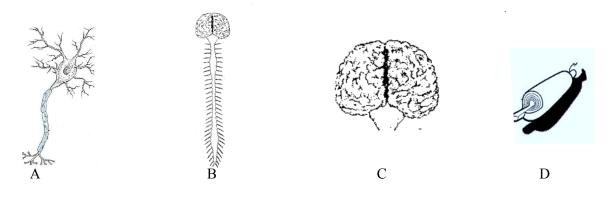
A. Cell body C. Nucleus B. Axon D. Dendrites



Directions: Identify the division of the brain by choosing the answer inside the parenthesis.



- 7. (cerebellum, cerebrum, brain stem)
- 8. (cerebrum, brain stem, cerebellum)
- 10. Which of the following shows an illustration of a spinal chord? Write the letter of the correct answer on the blank.



ANSWER:

Lesson 8: Describe how the nervous system works.

Exercise A	Exercise B	
Directions: Arrange the statements below in order to show how the nervous system works. A is the first statement and E is the last statement. Write your answers on the blanks.	Directions: Arrange the statements below in order to show how the nervous system works with 1 as the first statement. Write your answers on the blanks.	
1. is carried by the nerves to the	1. then to the brain	
spinal cord	2. message from sense organ	
2. Message is carried by nerves	3. is carried to the spinal	
back to the body organ which will	cord	
do the desired action.	4. back to the spinal cord5. back to the body organ	
3. message from the sense organ	which will do the desired	
4. then message is sent to the brain	action.	
where it is interpreted	Directions: Arrange the parts of the brain to	
5. message is sent back to the	show how the reflex action works with 1 as the first brain part. Write your answer on the blanks.	
spinal cord	6. sense organ	
	7. nerves	
Directions: Arrange the phrases to describe how the reflex action works with 1 as the first	8. spinal cord	
statement. Write your answer on the blanks.	9. sense organ	
6. Message is sent back to the		
affected organ of the sense organ.	Directions: Encircle the letter of the correct answer to the question below.	
7. Message is received by the	10. Why is the nervous system important?	
sensory nerve endings.	 a. It enables the body to coordinate bodily activities. 	
8. Message is sent to the spinal	b. It acts as a storehouse of information.	
1	c. Information outside and inside the	

body are processed, and interjected

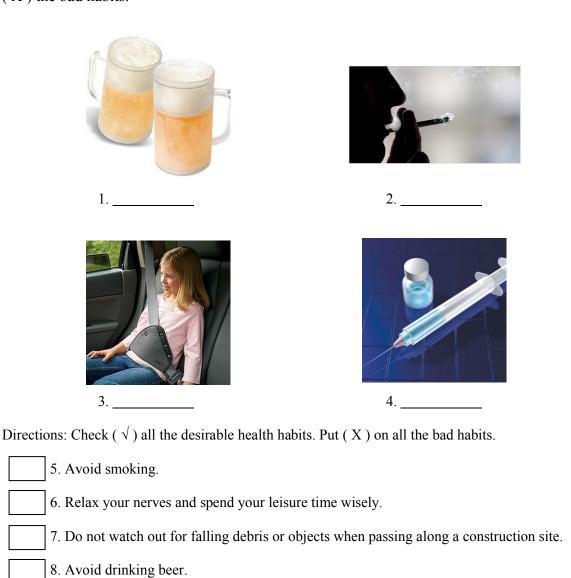
by the nervous system. d. All of the above

cord.

Lesson 9: Practices desirable habits that help prevent and control common ailments of the nervous system.

Exercise A

Direction: Identify the illustrations which show desirable habits that help prevent and control common ailment for the nervous system? Put a check ($\sqrt{}$) on the desirable habits and cross out (X) the bad habits.



9. Eat too much junk food.

Lesson 9: Practices desirable habits that help prevent and control common ailments of the nervous system.

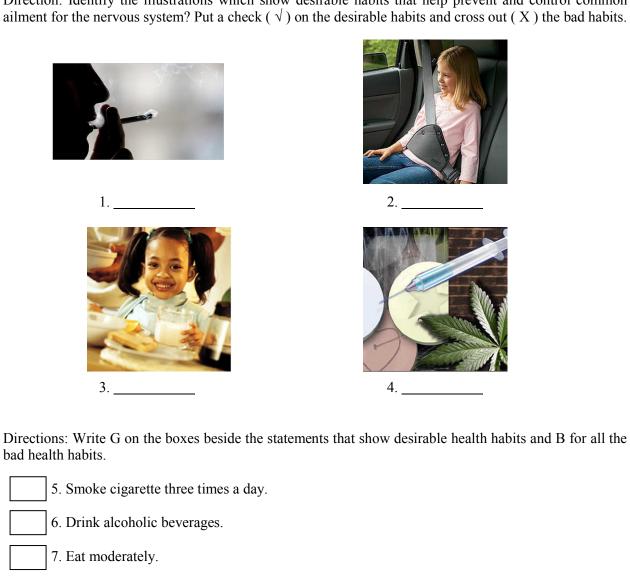
Exercise B

8. Exercise regularly.

9. Always feel relaxed.

10. Stay away from drugs.

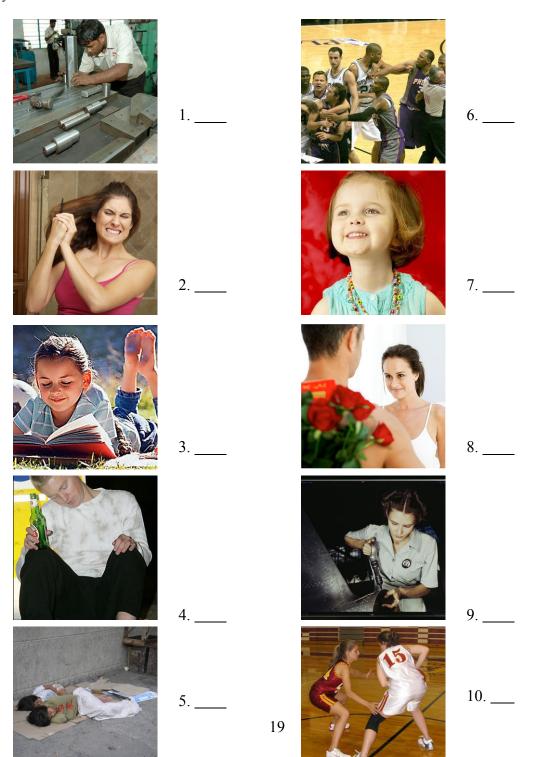
Direction: Identify the illustrations which show desirable habits that help prevent and control common ailment for the nervous system? Put a check ($\sqrt{}$) on the desirable habits and cross out (X) the bad habits.



Lesson 10: Identifies the physical, mental, emotional and social needs of a person.

Exercise A

Directions: Identify if the following pictures show physical, mental, emotional and social activities. Write P if the picture shows physical activity, M if mental activity, E if emotional activity, and S if it is a social activity.



Lesson 10: Identifies the physical, mental, emotional and social needs of a person.

Exercise B

Direction: Read the statements below. On the blanks, write C if the statement is correct and IC if it incorrect.	t is
1. Nobody needs love.	
2. We need somebody to share our feelings.	
3. An emotionally healthy person can easily relate with others.	
4. Sleep is important to be emotionally and mentally healthy.	
5. Our family and friends are there to help us when we have problem.	
6. When we have a problem, we should find someone to blame for our problem	

Lesson 11: Describe the effect of physical, mental and emotional state on one's health.

Exercise A

I. Helping fire and flood victims.

J. Fighting infection so that body parts work well.

Direction: Describe the effects of physical, mental and emotional states by writing the letter of each statement in their proper column.

Physical	Mental	Emotional

A.	Reading good books and newsp	papers.	
B.	Having positive and happy thou	ughts.	
C.	Spending time with your family	y.	
D.	Playing basketball and jogging		
E.	Sleeping for 8-10 hours.		
F.	Interacting with other people.		
G.	Solving the problem on low gra	ades by studying very hard.	
H.	Eating a proper diet.		

Lesson 11: Describe the effect of physical, mental and emotional state on one's health.

Exercise B

Directions: Honestly accomplish the activity checklist below.

ACTIVITY	Always	Sometimes	Never
1. Reading good books and newspapers.			
2. Having positive and happy thoughts.			
3. Spending time with your family.			
4. Playing basketball and jogging.			
5. Sleeping for 8-10 hours.			
6. Interacting with other people.			
7. Solving the problem on low grades by			
studying very hard			
8. Eating a proper diet.			
9. Helping fire and flood victims.			
10. Fighting infection so that body parts work well.			

Lesson 12: Describe the effects of relationships with family, friends and society on mental, emotional and physical well-being.

Exercise A

Dir	rection: Observe if	you do or feel the following.	Honestly accomplish th	ne activity below.
		5- almost always4- very often3- sometimes	2. almost never 1- never	
1.	Experience tension	and anxieties.		
2.	Perform my duties.			
3.	Get along well with	others.		
4.	Fell jealous of my b	rothers or sisters.		
5.	Blame others for my	y mistakes.		
6.	Recognize my mista	akes.		
7.	Put my best effort to	o solve my problem.		
8.	Afraid of the future.			
9.	Feel angry or worrie	ed.		
10.	Feel happy and satis	sfied.		

Analyze your answers. If your answers to items 1-6 and 9-10 are 1-never and 4-very often, and to items 6-9, your answers are 3-sometimes and 7 are 5-almost always, you are a emotionally, socially and mentally healthy person.

Lesson 12: Describe the effects of relationships with family, friends and society on mental, emotional and physical well-being.

Exercise B

Directions: Copy the table in your notebook. Answer the questions honestly by checking the appropriate column.

	Always	Sometimes	Never
With Family			
1. Do you respect the members of your family?			
2. Do you help in household chores?			
3. Do you share problems with family members?			
With Friends			
4. Do you apologize for a wrong doing?			
5. Do you quarrel with your friends?			
6. Do you cooperate with others in one's project?			
With Others in the Community			
7. Are you shy and withdrawn?			
8. Do you listen well with others?			
9. Do you handle difficult people so well?			
10. Do you inspire/encourage people to do well?			

Lesson 13: Ways of maintaining one's health such as: preventing common ailments, knowing where to seek help, demonstrating positive attitude to stay healthy.

Exercise A

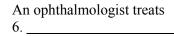
Directions: Read each sentence carefully. On the blank, if you think the sentence is correct, Write TRUE. If not, write FALSE.

- 1. Some diseases/illnesses are inherited.
- 2. Communicable diseases can be caused by germs.
- 3. Cancer is the number one killer disease today.
 - 4. The body has some natural defenses against diseases.
 - 5. Some diseases are caused by a person's health habits.

Directions: Identify what each doctor performs. Complete the statements below.



A surgeon performs 7.





A	cardiologist treats
_	



An obstetrician treats women during 9.

Lesson 13: Ways of maintaining one's health such as: preventing common ailments, knowing where to seek help, demonstrating positive attitude to stay healthy.

Exercise B

Directions: Put a check ($\sqrt{\ }$) if the following statement shows a positive attitude to stay healthy and cross (X) if not.							
	1.	Get enough sleep, rest and exercise.					
	2.	Take harmful substances such as drugs or carbonated drinks.					
	3.	Eat two times a day.					
	4.	Drink 5 to 7 glasses of water.					
	5.	Be mentally and emotionally healthy.					
	6.	Do not use a clean handkerchief to cover your mouth.					
	7.	Stay in crowded places.					
	8.	Do not go to bed hungry or too full.					
	9.	Make sure that your bedroom is comfortable.					
	10.	Get regular physical and dental check-ups.					

Lesson 14: Illustrates feeding relationships between organisms through a food web.

Exercise A

Directions: Illustrate five food chains using the organisms below.



1.

2.

3.

4.

5.

Lesson 14: Illustrates feeding relationships between organisms through a food web.

Exercise B

Directions: Illustrate five food chains using the organisms below.



- 1.
- 2.
- 3.
- 4.
- 5.

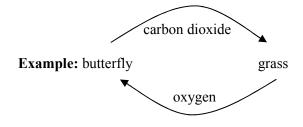
Lesson 15: Constructs the diagram of the oxygen-carbon dioxide cycle.

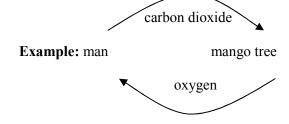
Exercise A

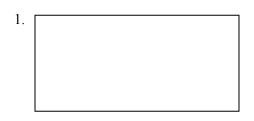
Directions: Construct three simple diagrams of the oxygen-carbon dioxide cycle by using arrows.

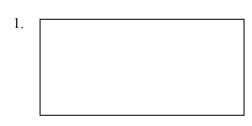
Exercise B

Directions: Construct three simple diagrams of the oxygen-carbon dioxide cycle by using arrows.

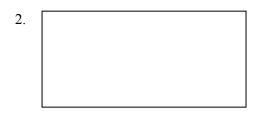




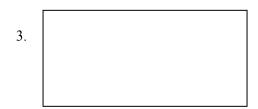








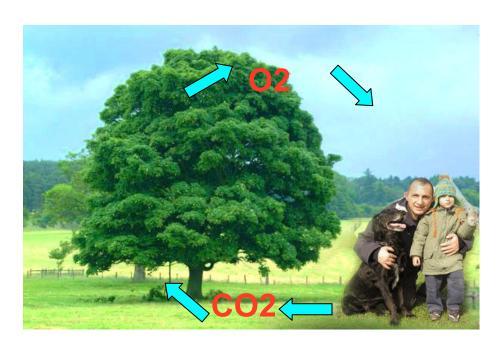
3.			
٠.			



Lesson 16: Interprets the diagram of the oxygen-carbon dioxide cycle.

Exercise A

Directions: Study the diagram below. Arrange the events to interpret the diagram of the oxygen-carbon dioxide cycle. Write the numbers on the blank with 1 as the first sequence.



_ Animals give off carbon dioxide (CO2) into the air.
_ Animals take oxygen (O2) from the air needed for respiration or breathing.
_ During the day plants perform photosynthesis.
_ In this process there is a continuous exchange of oxygen and carbon dioxide
between animals and plants in an ecosystem.
 Plants take carbon dioxide from the air needed for photosynthesis.
_ In the process of photosynthesis plants give off oxygen into the air.

Lesson 16: Interprets the diagram of the oxygen-carbon dioxide cycle.

Exercise B

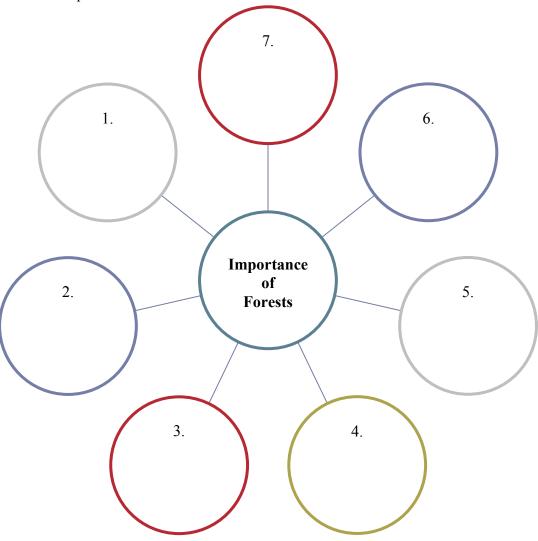
Directions: Read the statements below. Write True or False on the blank.			
1. Oxygen is taken in by plants at daytime.			
2. Carbon dioxide is given off by animals.			
3. There are nutrients in the food we eat.			
4. All plants can make their own food.			
5. Plants need oxygen.			
6. Plants and animals are dependent on each other.			
7. Oxygen-carbon dioxide cycle is a continuous exchange of oxygen and carbon			
dioxide by plants and animals.			
8. Oxygen is taken by animals at daytime.			
9. All Animals need carbon dioxide.			
10. All living things give off carbon dioxide.			

Lesson 17: Explains the importance of forests.

Exercise A

Why are forests important?

Directions: List some things you get and use from the forest. Write them in the mind map below then answer the question that follows.



Lesson 17: Explains the importance of forests.

Exercise B

Directions: Encircle the number of the sentence that shows the importance of forests.

- 1. Serves as the habitat of wildlife.
- 2. Contains plants that are sources of different medicines.
- 3. Helps decrease the level of underground water.
- 4. Serves as watersheds or sources of water for rivers and streams.
- 5. Called the lungs of the earth because it provides us with oxygen.
- 6. It helps in the increase of global temperature and changes in climate.
- 7. Provides us with water, paper, photographic film and important chemicals.
- 8. Provides lumber for building houses and making of furniture.
- 9. Serves as a place of security and economic opportunity.
- 10. Protects the topsoil of mountains and hills from erosion.

Lesson 18: Describes the effect of deforestation.

_____ 15. Loss of soil fertility

Exercise A **Exercise B** Directions: Describe the effect ofDirections: Encircle the letters of the deforestation by checking all the effects and statements that describe the effects of crossing out those that are not. deforestation. 1. Reduction of the supply of food A. Reduced supply of food 2. Loss of water sheds B. Washing away of topsoil C. Increase in soil fertility _____ 3. Change in climate 4. Floods D. Greenhouse effect 5. Growing of new trees E. Loss of useful plants 6. Soil erosion F. Growing of new trees 7. Increase in food production G. Displacement of wildlife and extinction of 8. Loss of biodiversity species. 9. Decrease in water supply H. Increase in food production _____ 10. Increase in soil fertility Change in climate 11. Displacement or loss of wildlife Provides us with oxygen 12. Increase supply in building K. Decrease in water supply materials L. Increase the level of underground water 13. Sedimentation in water reservoirs M. Loss of water sheds 14. Increase the income of the N. Flash floods community

O. Drought

Lesson 19: Identify some human activities that disrupt the cycle in an ecosystem (e.g. deforestation, intensive farming, fish culture, inefficient garbage disposal).

Exercise A	Exercise B
Directions: Encircle the number of human activities that disrupt the cycles of an ecosystem.	Directions: Put an X on the activities of human beings that disrupt our ecosystem and put a check on those that do not.
1. conserving water	1. Pollute the air
2. burning garbage	2. Recycling
3. smoke-belching vehicles	3. Kill insects and birds
4. killing insects and birds	4. Clean your surroundings
5. using pesticides	5. Segregating solid waste
6. dynamite fishing	6. Throw garbage anywhere
7. hunting	7. Destroy plants
8. planting trees	8. Dumping of garbage in rivers
9. throwing plastic in canals	9. Using pesticides
10. cleaning surroundings	10. Throw plastics in canals, rivers
	or any water ways.

Lesson 20: Infers the harmful effects of certain activities on a bigger or a more complex ecosystem e.g. pond ecosystem.

Exercise A

Directions: Study the pictures below. Answer the questions that follow.













- 1. How do kaingin activities disrupt the cycle of an ecosystem?
- 2. What are the harmful effects of dynamite and cyanide fishing on the cycle of our ecosystem?
- 3. How does illegal logging affect the cycles of our ecosystem?
- 4. What is/are the effect/s of global warming on our environment?
- 5. What are man's activities that cause global warming?

Lesson 20: Infers the harmful effects of certain activities on a bigger or more complex ecosystem e.g. pond ecosystem.

Exercise B

Directions: Put an X on the state check ($$) on those that are not	ements that show harmful effects of complex ecosystem and put .
1. killing insects and birds	5
2. burning garbage	
3. hunting	
4. planting trees	
5. using pesticides	
6. cleaning surroundings	
7. dynamite fishing	
8. smoke belching vehicle	es es
9. conserving water	
10 throwing garbage in a	anala rivers or any water tran

Lesson 21: Infer that shortage of food, water and space may occur due to a growing population.

Exercise A

Directions: Infer the things that may occur to a growing population by matching items in column A with B. Write the letter correct answer in the blanks.

В
A. food shortages
B. spread of disease
C. malnutrition
D. pollution
E. space shortage
F. population

Directions: Read the phrases below then write them in their proper/appropriate columns.

FOOD SHORTAGE	WATER SHORTAGE	SPACE SHORTAGE

- build houses along river banks, railroad tracks and even under bridges
- more people; more water is needed
- poor distribution of water supply
- more members to feed; the smaller the amount of food each family member gets
- people throw garbage in rivers and seas.
- building of houses are very close to each other

Lesson 21: Infer that shortage of food, water and space may occur due to a growing population.

Exercise B

Directions: Read each situation carefully then write the type of problem that is connected to over-population. Refer to the box below.

	Shortage of Food Shortage of Water Shortage of Space
1.	. More people line up waiting for their turn to get water.
2	People line up to buy rice.
3	. Rice prices increase.
4	. Big families build shanties on side walks.
5,	People dump industrial wastes into bodies of water.
6.	People build houses even under bridges.
7	. Some people squat on private or vacant government lots.
8	. When there is a great demand for food but the supply is low.
9	Rising prices of food causes malnourished and undernourished
	citizenry.
1	0. Poor distribution of water supply.

Lesson 22: Infer that land, water and air may become limited and eventually polluted due to over population

Exercise B

Exercise A

problem in big cities.

Directions: Write **T** if the statement is true Directions: Put a check beside the correct and F if the statement is false. statements and X for the wrong ones. _____ 1. Lesser living space is available as 1. Garbage disposal becomes a problem in population increases. crowded places. _____2. Contamination of land, water and air 2. There is less garbage in over crowded occur as inhabitants increase in number. places. 3. In over crowded places we can't see 3. Diseases like tuberculosis, measles and squatters living in waiting sheds and trees. sore eyes easily spread in over crowded places. 4. More people produce more wastes ____ 4. People are healthy in over crowded which may not be disposed off properly. places. 5. People are not affected with the bulk 5. Garbage is easy to manage in crowded of garbage around them. places. ______6. Garbage accumulates on land and in ____ 6. People can never be affected by the heap water systems. of garbage around them. _____7. Overpopulated places are conducive 7. Garbage is very hard to manage in to bacterial diseases like measles and dysentery crowded places. etc. 8. People are forced to build houses along ______ 8. Landfills contaminate groundwater riverbanks just to get close to their work. resources. ____ 9. Children are seen playing on the streets 9. Overcrowded places like in big cities, for there are no more playgrounds. people build their houses very close to each 10. People still can enjoy fresh air even in other. the area (place) is crowded. 10. Too much garbage is never a

Lesson 23: Infers that over population affects one's health and that of the community.

Exercise A

Directions: Draw a not the blank beside the correct statements and of the wrong ones.
1. Polluted air is never safe for people's
consumption.
2. Smoke emitted by vehicles is
harmful to our health.
3. Most health problems are usually the
result of over population.
4. Health problems occur due to a rapid
growing population.
5. Contagious diseases are usually
caused by dirty surroundings.
6. Poor nutrition can lead to poor health
conditions.
7. Poor water supply may result in poor
hygiene.
8. More people mean more garbage.
9. Over population affects the health of
the people.
10. An over populated country is a
progressive country.

Exercise B

Directions: Read the following statements. Encircle the letters of the correct statements that pertain to the effects of overpopulation.

- A. Some people die because of disease outbreaks.
- B. Health problems are usually the result of over population.
- C. More people mean more vehicles emitting smoke and being inhaled by people.
- D. Polluted water is safe for people's consumption.
- E. Air pollution causes respiratory diseases and other ailments.
- F. Garbage pollutes the bodies of water.
- G. Poor water supply may result in poor hygiene
- H. Poor nutrition can lead to good health conditions.
- I. Epidemics are usually caused by dirty surroundings and health problems.
- J. Air and water pollution and health problems occur due to a rapid growing population.

Lesson 24: Infers that rapid population growth upsets the ecological balance.

Exercise A

Directions: On the space below, draw three ill effects of rapid population growth to the ecology.

Exercise B

Directions: Copy the correct title of each situation on the blanks provided. Refer your answer on the box below.

malnourished child
shortage of water supply
throwing of garbage in rivers and seas
limited space
burning of rubber tires and plastics
deforestation
smoke belching vehicles
over-sized family
disposal of chemical wastes in bodies of water
unmanaged garbage





2.



3.



4.



5.

Lesson 25: Describes strategies for coping with rapid increase in population.

Exercise A	Exercise B
Directions: Put a check ($$) on the statements that show ways of coping with population increase and put a (X) if it is not.	Directions: Read the following statements on good strategies for coping with rapid increase in population. Write T if the statement is true and F if it is false.
1. Encourage families to practice	
family planning.	1. Recycle
2. Population education	2. Improve health services
3. Recycling	3. Make the environment sanitary
4. Practice self medication	4. Improve water supply
5. Observe "two-meals-a-day"	5. Educate the people about
principle.	
6. Facilitating housing projects.	population control
7. Improving food supply through	6. Maintain the dirty surrounding
crop rotation.	7. Have proper waste disposal
8. Encourage out of school youth to	8. Improve food supply and
settle down.	production
9. Digging deep wells to supply	
water.	9. Make a compost pit
10. Improving health services.	10. Spread contagious disease

Enumerates ways of controlling and preventing harmful effects of human activities to the environment. Lesson 26:

ŁX	tercise A	Exercise B
tha	rections: Encircle the letters of the statements at describe ways of controlling effects of man activities to the environment.	Directions: On the blanks, draw a star \bigstar if the practice/activity helps restore the balance of nature. Put an X if it doesn't.
A.	proper waste disposal	1. Dumping waste in a nearby river
В.	choose large containers rather than several	2. Planting new trees
	small ones	3. Joining environmental
C.	throw garbage anywhere	campaigns
D.	taking shower baths	4. Throwing candy wrappers and
E.	saving electricity	fruit peelings anywhere
F.	burn non-biodegradable materials like	5. Saving electricity
	plastic	6. Recycling old materials
G.	protect wildlife	7. Destroying coral reefs
Η.	conserving fuel	8. Turning-off the appliances that
I.	throw garbage in canals	are not in use
J.	keep the water way clean	9. Closing leaking faucets
		10. Separate biodegradable from
		non-hiodegradable materials

Lesson 27: Participates in campaigns and activities for improving managing one's environment.

Exercise A

Direction: Match the following situations in column A with their correct titles in column B.

1



A

_____2.



_____3







CLEAN AIR

4



_____5.



- A. VaccinationB. Reforestation
- C. Supporting environmental conservation programs of the government

В

- D. Participating in anti-air pollution campaigns
- E. Use disinfectants and antiseptics
- F. Participating in habitat restoration or rehabilitation activities.
- G. Organizing a solid waste disposal campaign in school and in the community
- H. Proper sanitation
- I. Conserving wildlife
- J. Use of anti-bodies.

Lesson 27: Participates in campaigns and activities for improving managing one's environment.

Direction: Enumerate ten activities that people can participate in to improve the environment.

Exercise B

1			
4			
5			
6			
7			
8			
	_		
9			

Lesson 28: Infers that a sustained ecological balance ensures the survival of future generations.

Exercise A

Directions: Match the pictures in column A with the different factors that ensures the survival of future generations in column B. Write the letter of the correct answer on the blanks.

A









____ 5.



- A. Healthy people B. Clean surrounding
- C. Balanced/undisturbed sea ecosystem
- D. Balanced/undisturbed forest ecosystem

В

- E. Clean bodies of water
- F. Managed garbage disposal
- G. Enough supply of food
- H. Enough water supply
- I. Responsible parenthood
- J. Community health services

Lesson 28: Infers that a sustained ecological balance ensures the survival of future generations.

Exercise B

Direction: Label the different illustrations below. Choose your answer from the box.

Managed garbage disposal
Educate people
Enough supply of food
Community services
Clean bodies of water
Balanced/undisturbed forest ecosystem
Responsible parenthood
Healthy people
Enough supply of water
Clean surrounding







3.

1.







4. _____





7.

8. _____

Lesson 29: Identifies common household materials e.g. pesticides, soap, paint, solvent, synthetic, plastic.

Exercise A

Direction: Read the words in the word bank. Find and circle each word hidden in the puzzle. The first word is done for you.

chairs	Triton	acetone	Boysen
paint	plastics	nylon	Surf
Safeguard	Tide	Baygon	bleach
jewelry	Dutchboy	Palmolive	Raid
Champion	plates	solvent	Dove

P	В	J	С	D	Е	F	G	Н	I	J	K	L	S	M	N	О	P
A	A	E	В	C	D	В	A	Y	G	Ο	N	E	O	F	G	Н	Ι
I	S	W	J	K	L	M	N	Ο	P	Q	R	S	L	R	A	I	D
N	A	E	T	N	Y	L	Ο	N	Y	Z	W	P	V	X	Y	X	О
T	F	L	L	M	N	Ο	P	Q	R	S	T	A	E	В	U	V	V
W	E	R	T	X	I	Z	U	V	W	X	Y	L	N	Ο	Z	T	Е
X	G	Y	C	Н	A	M	P	I	Ο	N	Q	M	T	Y	N	Ο	P
X	U	S	T	T	Ο	Ο	F	D	D	Y	R	O	M	S	U	R	F
T	A	S	U	T	W	R	X	Y	Z	Ο	R	L	M	E	Q	W	S
C	R	P	P	T	R	I	T	Ο	N	R	R	I	L	N	M	N	В
Н	D	Q	P	L	A	S	T	I	C	S	R	V	S	T	W	В	L
A	M	N	T	I	D	E	Ο	P	Q	R	S	E	T	U	V	W	E
I	T	T	W	W	D	D	Ο	Ο	P	P	R	R	V	V	W	W	A
R	D	U	T	C	Н	В	Ο	Y	W	P	L	A	T	E	S	W	C
S	C	C	Н	D	Y	W	U	D	A	C	E	T	O	N	E	X	Н

Lesson 29: Identifies common household materials e.g. pesticides, soap, paint, solvent, synthetic, plastic.

Exercise B

Direction: Identify the following household materials. Write them in their proper/appropriate columns.

PESTICIDES	SOAP	PAINT	SOLVENT	OTHER MATERIALS

acetone	Dove	plates	Champion
nylon	Raid	Dutchboy	jewelry
Baygon	bleach	Tide	Safeguard
Palmolive	Surf	plastics	paint
solvent	Boysen	C	chairs

Lesson 30: Describes how the materials are used.

Exercise A

Direction: Describe how the following materials are used by matching column A with B. Write the letters of the correct answers in the blank.

A	В
1. cornstarch	A. for wrapping food
2. vinegar	B. as cleaning agent for bathroom
3. table sugar	tiles and fixtures
4. vitamins and minerals	C. for cleaning wounds and
5. analgesics (e.g. aspirin, biogesic)	bleaching
6. insecticide	D. for disinfecting and massaging
7. rubbing alcohol	
8. hydrogen peroxide	E. for killing and repelling insects
9. muriatic acid	F. for cooking and baking
10. aluminum foil	G. for enhancing food flavor, used
	as a preservative
	H. for preserving, sweetening food
	I. as dietary supplements
	J. for relieving fever, headache and
	toothache

Lesson 30: Describes how the materials are used.

Exercise B

Direction: Match the following home materials to their uses. Write the letter of your answer on the space provided for.

\mathbf{A}	В
1. Pesticides	A. used to prevent food from
2. Solvents	decaying
3. Plastics	B. used to kill harmful organisms
4. Paint	C. used for storing foods
5. Soap and detergent	D. used as cleaning agents in our
6. Synthetic materials	bathroom
7. Disinfectants	E. used to kill pests
8. Preservatives	F. used to enhance the flavor of food
9. Additives	G. used or applied on wounds to
10. Antiseptics	prevent infections
	H. used to dissolve
	I. used for protection and aesthetic
	purposes
	J. used for cleaning and washing
	clothes, dishes and utensils

Lesson 31: Identifies materials improved by technology.

Exercise A

Directions: On the box below, draw materials that have been improved by technology (like the computer shown in the box)



Exercise B

Directions: Read the statements below. Write A if you agree and D if you do not agree.

1. Technology can make life easier
2. Technology improves materials.
3. Computers used to be very big.
4. Computers can help us in our
daily chores.
5. We record information through
the use of pen and paper.
6. It is now possible to send letters
through electronic mailing system.
7. Letters can be sent in a matter of
minutes through the use of fax machine.
8. Fiber optics is used in medical
instruments.
9. The microchips are made of
silicon, oxide and aluminum.
10. Communication has not gained
much improvement even with the
use of fiber optics technology.

Lesson 32: Describes the improvement done by technology on the materials.

Exercise A

Directions: Find out how technology has improved these materials. Write them in the table below.

Pomade	Swatters
Fluorescent lamp	Candle
Coffee maker	Preserving foods
Microwave oven	Styling the hair
Lighting	Refrigerators
Making coffee	Aerosol sprays
Cooler	Gel, hairspray, aerosol spray
Gas range	Heating and cooking
Boiling water	Gas range
Eliminating flies and cockroaches	-
_	

HOUSEHOLD TASKS	OLD TECHNOLOGY	NEW/IMPROVED TECHNOLOGY
1.		
2		
2.		
3.		
4.		
1.		
5.		
6.		
o.		

Lesson 32: Describes the improvement done by technology on the materials.

Exercise B

Dir	rections: Describe the improvement done on by these materials.	
1.	food	
2.	laser	
3.	microchips	
4.	cars	
5.	fiber optics	
6.	packaging	
7.	paint	
8.	insecticides	
9.	detergent	
10	nreservatives	

Lesson 33: Identifies conditions when the effects of the materials are beneficial.

	Exercise B			
terials each that ng situations.	Directions: Write how the following materials can be beneficial to us.			
CLEANING THE HOUSE	1. shampoo			
	2. insecticides			
	3. vinegar			
	4. cellphone			
	5. paint thinner			
CALLING FRIENDS	6. water			
	7. gasoline			
	8. computer			
	9. washing machine			
	10. aircon			
G CLOTHES				
	CLEANING THE HOUSE CALLING FRIENDS			

Lesson 34: Identifies the conditions when the effects of the materials are harmful.

Exercise A

Direction: Using a line, identify the harmful effects of materials by matching the materials with the harmful effect

the harmful effect.	, c
A	В
1. Insecticides	A. Can cause skin irritations, inflict serious harm
2. Fertilizers	when inhaled, ingested or when in contact with
3. Burned fossil fuels	the eyes
4. CFC's in refrigerants of	B. Destroy the ozone layer
air conditioners and	C. Cause acid rain
refrigerators	D. Can retard memory and induce liver disease
5. Aerosols	E. Can induce kidney ailment
6. Products from industrial plants	F. Global warming/Acid rain
7. Drugs	G. Rapid growth of algal blooms
8. Alcohol	H. Harmful to health when taken in great amount
9. Preservatives	
10. Additives	

Lesson 34: Identifies the conditions when the effects of the materials are harmful.

Exercise B

Direction: Underline the correct answer from the parenthesis to make each statement correct.

- 1. (Aerosol, Drugs, Alcohol) destroy the ozone layer.
- 2. (Products from Industrial Plants, Fertilizers, Additives) have caused acid rain and global warming.
- 3. (Drugs, Alcohol, Aerosols) can induce kidney ailment.
- 4. (Drugs, Alcohol, Aerosols) can retard memory and induce liver disease.
- 5. (Additives, Fertilizers, Pesticides) are harmful to health when taken in great amount.
- 6. (Fertilizers, Burned Fossil Fuels, Insecticides) have caused global warming and acid rain.
- (Fertilizers, Burned Fossil Fuels, Insecticides) can cause skin irritants and inflict serious harm when inhaled.
- 8. (Pesticides, Fertilizers, Alcohol) have caused the rapid growth of algal bloom.
- 9. (Drugs, Alcohol, Aerosols) can retard memory and induce liver disease.
- 10. (Vitamin A, Citric Acid, Sodium Benzoate) is harmful to one's health when taken often.

Lesson 35: Observes healthy precautions in handling, storing and dispensing certain Materials.

Exercise A	Exercise B
Directions: Put a $\sqrt{\ }$ on the safety precautions in handling or storing materials. Put an X if it is NOT a safety precaution.	Directions: Draw © on the safety precautions in handling, storing materials. Put a \odot if it is NOT a safety precaution.
1. Leave the LPG gas tank open when	1. Handle glassware with care.
not in use.	2. Wash and change clothes after
2. Read any product label carefully.	handling toxic and harmful substances.
Take note of safety precautions.	3. Return poisonous and flammable
3. Keep materials out of children's	materials to their proper place after use.
reach.	4. Carefully read labels of chemicals
4. Store materials in covered	like medicines, insecticides and pesticides
containers and label them properly.	before using them.
5. Place pesticide and other chemical	5. Turn off the stove and gas tank after
products near food.	use.
6. Leave paints and lacquer near fire.	6. Leave gasoline and kerosene near
7. Taste unfamiliar substances.	fire.
8. Have children play with matches	7. Taste unfamiliar substances.
and flammable materials.	8. Leave cabinets with harmful
9. Dispose expired materials properly.	chemicals open.
10. Store/keep expired materials.	9. Do not keep expired materials.
	10. Any petroleum product should be
	stored away from the stove.

Lesson 36: Cites evidences that matter is made up of particles.

Exercise A	Exercise B
Directions: Draw a if the object is solid, if it is liquid, if it is gas.	Directions: On the blank, write whether the following objects are SOLID, LIQUID or GAS.
1. particle of sugar	1. particle of milk
2. smallest drop of water	2. particle of pepper
3. grains of salt	3. smallest grain of sugar
4. a bottle of vinegar	4. takes the shape of its container,
	can flow
5. a drop of say sauce	5. molecules are arranged farthest
6. half a biscuit	apart
7. a piece of bread	6. water
8. oxygen in the air	7. molecules of gas
9. particle of stone	8. molecules of salt
	9. a grain of rice
10. perfume	10. a piece of chalk

Lesson 37: Constructs a model of solid, liquid and gas to show the structure of matter.

Exercise A

Directions: Construct your own models of solid, liquid and gas particles using materials

such as the following:

illustration board scissors different colored papers white glue a ten centavo coin (molecules of matter)

Procedure:

- 1. Cut the illustration board into three pieces of the same size of 15"x15".
- 2. Make a 1 cm margin all around.
- 3. Make circles by tracing/using the tencentavo coin.
- 4. Cut the circles then paste them on the board for solid, liquid and gas.
- 5. Label your work at the bottom.

Exercise B

Directions: Construct your own model of a solid, liquid and gas particles using materials

such as the following:

3 boxes of the same size marbles or ping pong balls white glue clean cellophane

Remember the following:

- 1. Molecules of solid are closely packed together. A strong force holds these materials together. This is why they keep their shapes.
- 2. Molecules of liquid such as water move freely. They slide past one another. They are not as close to each other like solids. The force that holds them together is weak. This enables liquids to flow. They take the shape of their containers.
- 3. Molecules of gases move freely. They move all over. A weak force holds the atoms together. They fill the available space of their containers. They do not have definite shapes.

Lesson 38: Identifies the forms of energy

Exercise A	Exercise B
Directions: Rearrange the letters of the given words to form the names of the different forms of energy. 1. SLUFE: F S	Directions: Identify the forms of energy present in the following. Write chemical energy, electrical energy, mechanical energy, radiant
have energy because they can be burned	energy or heat energy on the blanks.
2. DASCI: A S have energy to dissolve metals and other substances	1. gasoline
3. DOFO: FO has energy to build and repair our body tissues	2. washing machine
4. STAMEL: M S have energy to support large masses or cut other substances	3. running boy
5. MACHINELAC:	4. sunlight
M L The energy of a moving body or a body capable of producing motion	5. vibrating object
6. GLITH: L T The visible form of radiant energy	6. burning pinewood
7. DUSNO: S D D The energy produced by vibrating objects.	7. windmill
8. CRITECALLE: E The energy that comes from the transfer of flow of	8. boiling water
electrons from one material to another	9. water flowing in a river
9. HOMETAGLER: G L Energy formed by harnessing steam from underground.	10. flat iron
10. CULRANE: R Energy produced when the nucleus splits or when two nuclei combine.	

Lesson 39: Cites examples of the different forms of energy.

Exercise A

Directions: Give three examples of the different forms of energy.

Mechanical Energy		1. 2. 3.
Chemical Energy		1. 2. 3.
Radiant Energy		1. 2. 3.
Sound Energy		1. 2. 3.
Nuclear Energy		1. 2. 3.
Electrical Energy		1. 2. 3.

Lesson 39: Cites examples of the different forms of energy.

Exercise B

Directions: Give three examples of the different forms of energy.

Mechanical Energy	1. 2. 3.
Chemical Energy	1. 2. 3.
Radiant Energy -	1. 2. 3.
Sound Energy -	1. 2. 3.
Nuclear Energy -	1. 2. 3.
Electrical Energy	1. 2. 3.

Lesson 40: Describes the different forms of energy and their uses.

Exercise A

Directions: Encircle the type of energy being described in each item.

- 1. It is a kind of energy produced by moving electrons.
 - (nuclear energy, chemical energy, electrical energy)
- It is produced by/from the fission or fusion of atomic particles. (radiant energy, chemical energy, nuclear energy)
- It is produced by waves moving through space.
 (radiant energy, electrical energy, sound energy)
- It is produced by vibrating bodies or objects. (radiant energy, mechanical energy, sound energy)
- It is a kind of energy that is stored in substances.
 (mechanical energy, mechanical energy, chemical energy)
- It is a kind of energy that formed by moving bodies/objects such as blades and turbines.
 (electrical energy, mechanical energy, chemical energy)

Exercise B

Directions: Encircle the type of energy being described in each item.

- It is a kind of energy that is stored in substances.
 (nuclear energy, chemical energy, radiant energy)
- It is a kind of energy produced by moving electrons.
 (chemical energy, electrical energy, nuclear energy)
- It is produced by/from the fission or fusion of atomic particles. (nuclear energy, radiant energy, chemical energy)
- 4. It is formed by waves moving through space.(sound energy, radiant energy, chemical energy)
- It is produced by vibrating bodies or objects.
 (mechanical energy, sound energy, radiant energy)
- It is a kind of energy that formed by moving bodies/objects such as blades and turbines.
 (chemical energy, mechanical energy, electrical energy)

Lesson 41: Describes chemical energy and its uses.

Exercise A Exerc

Directions: Encircle the letters of the activities that show the use of chemical energy.

A. lighted candle

B. waving of flag

C. burning charcoal

D. digest food

E. clapping hands

F. using x-ray

G. burning of paper

H. ringing of bells

I. moving of chair

J. dry cell to turn on radio

Exercise B

Directions: Encircle the activities that show uses of chemical energy in the box below.

waving of curtain

swinging of pendulum

strings of a guitar

clapping of stick

running motor

lighted stick

burning of paper

using dry cell in a flashlight

rubbing of stone

drying of leaves

digest bread

running motor

movement of pistons in a car

Lesson 42: Describes how mechanical energy is formed and used.

Exercise A	Exercise B
Directions: In the boxes below, draw three activities that show mechanical energy is used. Label your drawing and write a two-sentence explanation for each.	Directions: In the boxes below, draw three activities that show mechanical energy is used. Label your drawing and write a two-sentence explanation for each.

Lesson 43: Describes how electrical energy is formed and used.

Directions: Arrange the five phrases below to form a statement that describes how

Exercise A

electrical energy is formed. Use letters A-E. _____1. moving through conductors 2. by the energy of electrons _____ 3. is produced 4. like copper wires and aluminum wires 5. Electricity Directions: Check on the space for every statement that describes the uses of electrical energy. _____ 6. used to cool food 7. allows radio, TV, computers, washing machine etc. to function 8. used to bake cakes and bread 9. used to manufacture different products _____10. used to light our homes and offices

Lesson 43: Describes how electrical energy is formed and used.

Exercise B

Directions: Fill in the blanks to complete the statement that describes how electrical energy is formed. Choose the answers from the box.

	electrons	copper wires	produced material	
Electricity is 1.	whe	n the 2.	of a 3	flows in a
4	like 5		and 6	<u>_</u> .

Directions: Encircle the letter of the activities that show electrical energy being used.

- A. It is used to run the LRT and MRT.
- B. It is used in hospitals to diagnose diseases.
- C. It is used in the manufacture of different products.
- D. It is used to run machines.
- E. It is used to light houses, offices, schools.

Lesson 44: Describes radiant energy and how it is used.

Ex	ercise A	Exercise B
	rections: Encircle the letters of the tements that describe radiant energy.	Directions: Write T if the statement is true. If it is false, change the underlined word/s to make the statement true.
A.	Radiant energy is formed by waves moving	1 771
	through space.	1. The sun is the main
B.	Radiant energy comes from a glowing heat	source of <u>radiant energy</u> .
	source and radiate in all directions.	2. Any object that absorbs
	The sun is a chief source of radiant energy.	radiant energy becomes <u>cooler</u> .
D.	Radiant energy can be transferred to another	radiant energy becomes <u>cooler.</u>
	body.	3. Radiant energy travels in
E.	Radiant energy travels in the form of waves.	only one direction.
F.	The air is not warmed when radiant energy strikes it.	4. Without radiant energy from
		the sun, life is <u>not possible</u> on Earth.
Directions: Draw a on the blank before each statement that describes the uses of radiant		5. Too much radiant energy
	ergy.	is harmful.
	Radiant energy is used for	6. Radiant energy travels
		through space in the form of waves.
	drying clothes.	7. Plants use radiant energy
	It used to cook food in a very	-
	short time.	from the sun during <u>photosynthesis</u> .
	It is used in medical science.	8. Radiant energy is used in
		medical science.
	It is used for illumination.	9. Radiant energy is formed
	It is used by plants to	
	perform photosynthesis.	by waves moving through space.
	It is used to run vehicles.	10. It is used to dry clothes,
	It is used to produce sound.	disinfect our beddings, diagnose diseases, etc.

Lesson 45: Describes nuclear energy and its uses.

Exercis	e A		Exercise B				
activitie Label yo	ons: In the boxes is that show nucl our drawing and the explanation for	lear energy is us write a two-	activities that Label your d	in the boxes but show nuclearly and work and work of the box of th	ar energy vrite a tv	y is used.	
	1	1		1		ı	

Lesson 46: Compares how the different forms of energy are formed and used.

Exercise A

Direction: Compare each form of energy according to how it is formed and used. Answer the following questions.

]	Forms of Energy	How it is Formed	How it is Used
1.	Heat	- by rubbing two surfaces together	- for cooking food, pressing clothes
2.	Mechanical	- by using machines, moving objects	- for running motor vehicles and machines
3.	Chemical	- by releasing stored energy in substances	 for making processed foods and medicines
4.	Electrical	- by the flow of electrons	- for supplying power to electric bulbs and appliances
5.	Sound	- by vibrating objects/bodies	- for providing music and communication
6.	Radiant	- by waves moving through space	- for drying clothes and illumination
7.	Nuclear	- by separating or combining atomic particles	- for generating electricity
8.	Geothermal	- by harnessing steam from the underground	- for generating electricity

1.	Which forms of energy are similar in how they are used?	
2.	Which forms of energy are commonly used at home?	
3.	Which forms of energy are commonly used in factories?	

Lesson 46: Compares how the different forms of energy are formed and used.

Exercise B

Directions: Compare each form of energy in the table below. Answer the following questions.

Forms of Energy	How it is Formed	How it is Used
1. Electrical	- by the flow of electrons	- for supplying power to electric bulbs and appliances
2. Sound	- by vibrating objects/bodies	- for providing music and communication
3. Radiant	- by waves moving through space	- for drying clothes and illumination
4. Nuclear	- by separating or combining atomic particles	- for generating electricity
5. Geothermal	- by harnessing steam from the underground	- for generating electricity
6. Chemical	- by releasing stored energy in substances	- for making processed foods and medicines
7. Mechanical	- by using machines, moving objects	- for running motor vehicles and machines
8. Heat	- by rubbing two surfaces together	- for cooking food, pressing clothes

Which forms of energy are commonly used in homes, schools and factories?	
2. Which form of energy is the most harmful if not used carefully?	
3. Which forms of energy can generate electricity?	

Lesson 47: Observes how energy can be transferred from one body to another.

Exercise A	Exercise B
Directions: Write whether the energy transfer is through conduction, convection or radiation on the space provided.	Directions: Write CD if the energy transfer is be conduction, CV if it is by convection and RD if it is by radiation the space provided for.
1. frying fish on a pan over a fire 2. roasting meat over a barbecue grill 3. exposing the skin under a reading lamp 4. boys around a campfire 5. inflated hot air balloon 6. cooking by steaming 7. lighted cigarette 8. ironing clothes	1. sunbathing 2. ironing clothes 3. lighted cigarette 4. cooking by steaming 5. inflated hot air balloon 6. boys around a campfire 7. exposing the skin under a reading lamp
9. sunbathing 10. boiling bottle in a kettle	8. roasting meat over glowing charcoal 9. boiling water in a kettle 10. frying fish on a pan over a fire

Lesson 48: Observes that heat is always produced when energy transformation occurs.

Exercise A

Direction: Read the statements. Write either hot or heat on the blanks to make each statement correct.

1. Mechanical energy is present when a carpenter cuts a piece of wood with a saw. After cutting the wood, the blade of the saw feels _______.

2. In the case of the light bulb, while connecting electrical energy to light _______ is also generated.

3. In the process of changing electrical energy to radiant and sound energy, the television produces _______.

4. You felt hot or warm after jogging for five minutes. The chemical energy in your body was changed to mechanical energy as you jogged in place. The warmth you felt is evidence that ______ was generated.

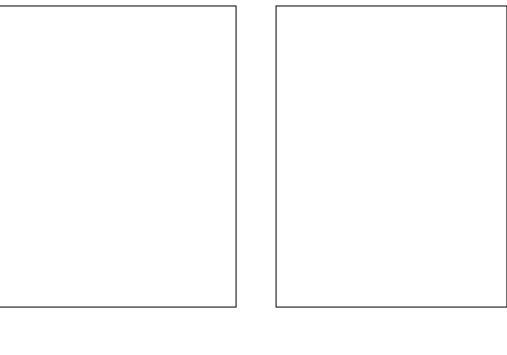
5. Energy transformation releases _______ to the surroundings. This heat is absorbed by

the surrounding materials causing it to raise its temperature.

Lesson 48: Observes that heat is always produced when energy transformation occurs.

Exercise B

Directions: In the boxes below, draw three situations wherein heat is produced when energy transformation occurs. Label your drawing and write a two-sentence explanation for each.





Lesson 49: Differentiate speed from velocity

Exercise A

Directions: Study the table below then answer the questions.

PUPIL	DISTANCE	TIME
A	50m	20 sec
В	50m	30 sec
С	50m	35 sec
D	50m	25 sec
Е	50m	15 sec

1.	Did all	the	pupils	reach	the	finish	line?

2.	Who finished first?	Why?
3	Who finished last?	Why?

Directions: Analyze the table below then answer the questions.

CAR	DISTANCE	DIRECTION	TIME
A	6 km	North	40 min
В	6 km	South	30 min
С	6 km	East	20 min
D	6 km	West	15 min
Е	6 km	South	20 min

- 4. Which car traveled the fastest? _______ In what direction was it heading? ______
- 5. Which car traveled the slowest? ______
 In what direction was it heading? ______
- 6. Which cars have the same speed? ______

 Did they have the same direction? _____
- 7. Which cars were heading the same direction?

Lesson 49: Differentiate speed from velocity

Exercise B

Directions: Study the table below then answer the questions.

RUNNER	DISTANCE	TIME
A	100 m	1 min and 20 sec
В	100 m	1 min and 10 sec
С	100 m	1 min and 40 sec
D	100 m	1 min and 25 sec
Е	100 m	1 min and 30 sec

1.	Did all the runners reach the	finish line?
2.	Who finished first?	_ Why?
3.	Who finished last?	Why?

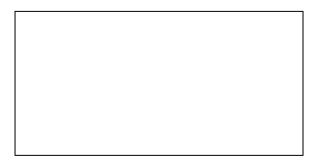
Directions: Study the table below then answer the questions.

BUS	DISTANCE	DIRECTION	TIME
A	150 km	North	1 hr and 30 min
В	150 km	South	1 hr and 20 min
С	150 km	West	1 hr and 40 min
D	150 km	East	1 hr and 25 min
Е	150 km	West	1 hr and 40 min

Lesson 50: Measures the speed of an object in motion

Exercise A

Directions: Give the formula of speed. Write it inside the box.



Directions: Find the speed of the following moving bodies.

1. A car runs at a speed in 2 hours to cover a 150 km distance. What is its speed?

A. 65 km/hr B. 70 km/hr D. 80 km/hr

2. A boy runs at a speed in 5 hours to cover a 300 km distance. What is its speed?

A. 40 km/hr C. 55 km/hr B. 45 km/hr D. 60 km/hr

3. Ronnie runs at a speed in 40 seconds to cover a 200 meter distance. What is his speed?

A. 5 m/sec C. 15 m/sec B. 10 m/sec D. 20 m/sec

4. Suppose the speed of a cyclist in the last Palaro was 120 km/hr. Calculate the distance he covered after two hours. Use the formula: distance= speed x time

A. 230 km C. 240 km B. 250 km D. 300 km

5. The distance covered by both a pangolin and an ostrich was 10 km. The speed of the pangolin was 15 km/hr, while that of the ostrich was 50 km/hr. Tell which of the two reach the destination first by using the following formula:

Time=Distance/Speed

- A. The ostrich for it took him 0.20 hr.
- B. The pangolin for it took him 0.66 hr.
- C. The ostrich for it took him 0.15 hr.
- D. The pangolin for it took him 0.70 hr.

Lesson 50: Measures the speed of an object in motion

Exercise B

Directions: Find the speed of the following moving bodies.

1. A jeepney runs for 3 hours to cover a 300 km distance. What is its speed?

A. 90 km/hr

C. 110 km/hr

B. 100 km/hr

D. 120 km/hr

2. Marcial runs at a speed of 2 hours to cover a 400 km distance. What is its speed?

A. 200 km/hr

C. 400 km/hr

B. 300 km/hr

D. 500 km/hr

3. Tony runs at a speed in 55 seconds to cover a 200 meter distance. What is its speed?

A. 3.63 m/sec

C. 3.65 m/sec

B. 3.64 m/sec

D. 3.66 m/sec

4. Suppose the speed of a runner Mario in the last Division Palaro was 200 km/hr. Calculate the distance he covered after 2 hours. (Formula: distance = speed X time)

A. 300 km

C. 500 km

B. 400 km

D. 600 km

- 5. The distance covered by both a car and a jeepney was 20 km. The speed of the car was 10 km/hr, while that of the jeepney was 40 km/hr. Which of the two reached the destination first? (Formula: Time= distance/speed)
 - A. The car for it took him 2 hrs.
 - B. Thee jeepney for it took him 0.50 hr.
 - C. The car for it took him 1 hr.
 - D. The jeepney for it took him 3 hours.

Lesson 51: Measures the velocity of a moving object

Exercise A

Directions: Give the formula of velocity.



Directions: Compute for the velocities of the following problems.

1. A horse-drawn cart of goods travels 45 kilometers in 2.5 hours going north without rest. What is its velocity?

2. If it takes Carlos 1.5 hours to cover the 5 kilometer walk to his school, what is his velocity?

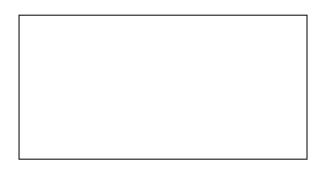
3. Sisters Susie and Tessa went to the market to buy fresh vegetables for school. It took them half an hour to cover the 2 km distance. If they spent the same time going home, what was their velocity?

Distance	= 2 km
Time	= 0.5 hr
Velocity	=

Lesson 51: Measures the velocity of a moving object

Exercise B

Directions: Give the formula of velocity.



Directions: Give for the velocities of the following.

- 1. A car travels at 200 kilometers in 2 hours going to Cagayan de Oro city. What is its velocity?
 - A. 100 km/hr, Cagayan de Oro City
- C. 120 km/hr, Cagayan de Oro City
- B. 110 km/hr, Cagayan de Oro City
- D. 130 km/hr, Cagayan de Oro City
- 2. Mr. Cruz went to his relative in the province. It took him 4 hours to cover the 800 kilometer distance. What is his velocity?
 - A. 200 km/hr, province
 - B. 300 km/hr, province
 - C. 400 km/hr, province
 - D. 500 km/hr, province
- 3. If it takes a tricycle 30 minutes to cover a 6 kilometer drive to the city, what is its velocity?
 - A. 3 kilometers/min., towards the city
 - B. 4 kilometers/min., towards the city
 - C. 5 kilometers/min., towards the city
 - D. 6 kilometers/min., towards the city

Lesson 52: Infers that acceleration is caused by an applied force

Exercise A

Directions: Write **T** if the statement is true and **F** if it is not.

1. When force is applied to an
object, the object accelerates in the
direction of the applied force.
2. The acceleration is lesser
when the force is greater.
3. The acceleration is greater
when the force of the object is greater.
4. The acceleration is less when
the mass of the object is greater.
5. Acceleration cannot take
place without a force.

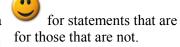
Directions: Read the problem. Encircle the letter of the correct answer.

Anna pushed a shopping cart along the aisles in a grocery store. When she pushed the cart, it began to move. What happens if she pushes the cart harder?

- a. the slower the cart accelerates
- b. the faster the cart accelerates
- c. the greater the force, the more the acceleration
- d. the lesser the force, the more the acceleration

Exercise B

Directions: Put a true and a



- _____1. Acceleration can't take place without a force.
- _____2. The acceleration is less when the mass of the object is greater.
- 3. The acceleration is greater when the force is greater.
- 4. The acceleration is lesser when the force is greater.
- _____ 5. When the force is applied to an object, the object accelerates in the applied force.

Directions: Read the problem. Encircle the letter of the correct answer.

Anna pushed a shopping cart along the aisles in a grocery store. When she pushed the cart, it began to move. What happens if she pushes the cart harder?

- a. the slower the cart accelerates
- b. the faster the cart accelerates
- c. the greater the force, the more the acceleration
- d. the lesser the force, the more the acceleration

Lesson 53: Infers that acceleration is affected by the mass of a body

Exercise A

Direction: Study the illustrations below to be able to answer the questions. Write the letter of the correct answer before each number.



Both carts are applied with the same force.

- 1. In which illustration is the cart accelerating faster? A or B?
 - __ 2. Why is it accelerating faster?
- A. Because the mass of the cart in A is less than the mass of the cart in B
- B. Because the mass of the cart in A is greater than the mass of the cart in B
 - 3. If the cart is filled with groceries, what amount of force should be applied?
- A. lesser amount of force
- B. greater amount of force
 - 4. Why should you push harder cart B than cart A?
- A. Because the cart filled with groceries has more mass
- B. Because the cart filled with groceries has less mass
- 5. What force is required to accelerate an object with greater mass?
- A. lesser force is required
- B. greater force is required
- C. no force is required at all
- D. none of the above

Lesson 53: Infers that acceleration is affected by the mass of a body

Exercise B

Direction: Study the illustrations then answer the questions by copying the letter of the correct answer.



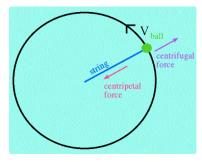
Both carts are applied with the same force.

- 1. In which illustration is the cart accelerating slower? A or B?
 - 2. Why is it accelerating slower?
- A. Because the mass of the cart in A is less than the mass of the cart in B
- B. Because the mass of the cart in A is greater than the mass of the cart in B
 - 3. If the cart has lesser mass, what amount of force is required?
- A. lesser amount of force
- B. greater amount of force
- 4. Why should you push harder cart A than cart B?
 - A. Because the cart filled with groceries has more mass
 - B. Because the cart filled with groceries has lesser mass
 - _ 5. What force is required to accelerate an object with greater mass?
 - A. lesser force is required
 - B. greater force is required
 - C. no force is required at all
 - D. none of the above

Lesson 54: Identifies the force that pulls an object towards the circle.

Exercise A

Directions: Study the illustration below then underline the correct answer inside the parenthesis.



1. How does the ball move?

(in a straight path, in a circular path)

2. What force acts rapidly inwards or towards the center?

(Centrifugal force, centripetal force)

3. What is the function of this kind of force? (to maintain a circular path, to maintain a semi-circular force)

Directions: Write A if the applied force is in a circular motion and B if in linear motion.

4	. top
5	. baseball
6	. tornado
7	. seesaw
8	s. washing machine
9	. rotor blade of a helicopter
1	0. Ferris wheel

Exercise B

9. blades of electric fan

_____ 10. electric mixer

Lesson 55: Demonstrates how objects move in circular motion.

Exercise A

Directions: Perform the activity then answer the questions by encircle the letter of the correct answer.

You will need:

a pail with a handle a gallon of water

Procedure:

- 1. Half-fill the pail with water.
- 2. Hold the pail by its handle with your two hands.
- 3. Make a circular motion by turning around slowly then gaining speed. As you move in circular motion, the pail should be held by your arms extended outward.
- 4. Observe the water as you turn around in a circular motion.
- 1. What did you observe with the water inside the pail?
 - A. the water in the pail moved inward
 - B. the water in the pail moved outward
 - C. the water in the pail moved outward but did not spill
 - D. the water in the pail moved inward and spilled
- 2. Why did the water did not spill? Because...
 - A. it moved in a straight line motion
 - B. it moved in a circular motion
 - C. it moved in a semi-circular motion
 - D. all of the above
- 3. How do objects moving in a circular motion, acted upon by forces?
 - A. the inward and outward forces that keep the object in circular motion are equal
 - B. the inward and outward forces that keep the object in circular motion are unequal
 - C. both A and B
 - D. none of the above

Lesson 55: Demonstrates how objects move in circular motion.

Exercise B

Direction: Perform the activity then answer the questions by encircle the letter of the correct answer.

You will need:

a thin cardboard sheet one meter string

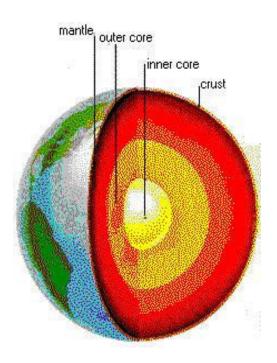
Procedure:

- 1. Make a paper airplane out of the thin cardboard.
- 2. Tie the string to the belly of the plane.
- 3. Whirl the paper plane around your head several times, making it move in a circular motion.
- 1. What had caused the paper plane to move in a circular motion?
 - A. The force exerted on the paper plane.
 - B. The force exerted on the string
 - C. The force exerted by the wind.
 - D. The force exerted by the boy in front.
- 2. What force pulled the string inward or towards the center?
 - A. the force acting on the string
 - B. the force acting on the paper plane
 - C. the force acting on the wind
 - D. the force acting on the object
- 3. What do you call this force that keeps an object moving in a circular path?
 - A. Centrifugal force
 - B. Centripetal force
 - C. Gravitational force
 - D. Circular force

Lesson 56: Identifies the layers of the earth

Exercise A

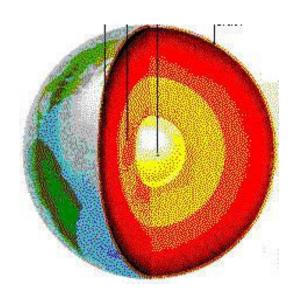
Direction: Identify the layers of the earth as shown in the illustration below. Write your answers on the blanks.



- 1. It is the top most layer of the earth
- 2. It is the center of the earth
- 3. It is part of the core made up of liquid
- 4. It is part of the core made up of solid
- 5. It is the innermost part of the earth
- 6. Its part consists of mountains, hills, valleys, plateaus and plains
- 7. It is the layer composed mostly of silicon and magnesium.

Exercise B

Direction: Label the layers of the earth. Answer the questions that follow.



How many layers does the earth have?

4. _____

What are they?

5. _____

6. _____

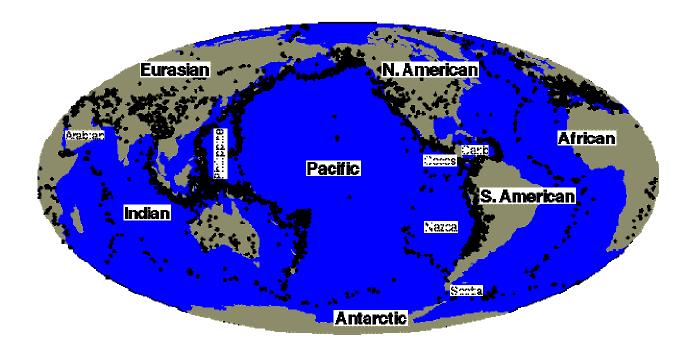
7. _____

8. _____

Lesson 57: Identifies the different crustal plates.

Exercise A

Direction: Study the world map below. Identify the seven largest plates on the earth's crust. Write your answers on the blank.



۱.	
2.	
3.	
1.	
5.	
5.	
7.	

Lesson 57: Identifies the different crustal plates.

Exercise B

Directions: Look for the seven crustal plates below and encircle them.

W	S	Н	M	О	J	О	K	В	S	Е	V	A	W	N
Н	C	O	L	D	F	N	A	C	I	R	F	A	I	О
T	G	E	I	L	P	A	C	I	F	I	C	D	U	R
R	Q	C	O	N	T	I	N	E	N	T	A	L	Q	T
О	L	J	V	N	I	A	T	N	U	Ο	M	F	A	Н
N	A	I	L	A	R	T	S	U	A	O	D	N	I	A
Н	T	G	C	F	S	D	E	N	L	A	Y	E	R	M
F	A	M	S	U	I	N	T	D	G	K	C	O	R	Е
L	C	V	R	X	J	A	C	A	N	Y	Ο	L	O	R
О	I	C	E	U	R	A	S	I	A	N	В	A	O	I
Α	T	Z	Q	T	W	N	L	F	Н	Ο	K	N	E	C
T	R	K	I	Y	C	R	U	S	T	A	L	D	Н	A
S	N	C	W	M	I	F	A	C	N	A	R	W	Z	N
В	S	O	U	T	Н	A	M	E	R	I	C	A	N	S

Lesson 58: Describes oceanic and continental crusts.

Exercise A	Exercise B				
Directions: Write CC if the statement describes a continental crust and OC if it describes a oceanic crust.	Directions: Write CC if the statement describes a continental crust and OC if it describes a oceanic crust.				
1. It is about 8 km thick.	1. It is made up of loose solid rocks.				
2. It is made up of about 0.5 km of dark	2. It is made up of about 0.5 km of dark				
igneous basement rock sediment.	igneous basement rock sediment.				
3. It is made up of loose solid rocks.					
4. About 65% of the crust is under the	3. It is about 8 km thick.				
ocean water.	4. About 65% of the crust is under the				
5. It is thinnest at the ocean floor about	ocean water.				
1/4 thick compared to the continents.	5. It is thinnest at the ocean floor about				
6. It has plains, mountains and	½ thick compared to the continents.				
volcanoes.	•				
7. It has trenches, mid-ocean ridge,	6. It has trenches, mid-ocean ridge,				
volcanic islands and continental slopes.	volcanic islands and continental slopes.				
	7. It has plains, mountains and				
	volcanoes.				

Lesson 59: Explains how the earth's crust moves.

Exercise A	Exercise B
Directions: Draw a the blank before each statement if it explains how the Earth's crust moves and an X if it doesn't.	Directions: Draw a mark on the blank before each statement if it explains how the Earth's crust moves and an X if it doesn't.
1. Different forces make crustal	1. When collision occurs,
plates move.	energy is released.
2. There was only one super	2. These crustal plates float
continent, Pangaea, but it broke into pieces	over a liquid rock called asthenosphere.
(crustal plates) and slowly moved until they	3. A trench is a very deep place
reached their current position.	in the ocean floor.
3. The movement may be	4. These movement may be
described as moving forward, away from one	described as moving forward, away from one
another or slide past one another.	another
4. A trench is a very deep place	5. Different forces make crustal
in the ocean floor.	plates move.
5. These crustal plates float	6. There was only one super
over a liquid rock called asthenosphere.	continent, Pangaea, but it broke into pieces
6. When collision occurs,	(crustal plates) and slowly moved until they
energy is released.	reached their current position.

Lesson 60: Describes how an earthquake occurs.

Exercise A

Directions: Describe how an earthquake occurs by writing T if the situation is true and if it is not true.
1. Pressure from above and beneath the crust causes the plates to move.
2. When energy is released from the moving crustal plates, the surrounding
rocks layer trembles and shifts.
3. Records reveal that earthquakes have destroyed valuable properties.
4. The shifting or moving of crustal plates have given rise to tectonic
Earthquakes.
5. When magma moves along a fissure, they cause the Earth's crust to tremble
or shake, too.
6. It occurs when there is a sudden displacement of rocks or rock materials
below the crust.
7. The earthquake death toll was about one million in the Syria earthquake in
1201.
8. Volcanic earthquakes are induced by rising lava or magma beneath active
volcanoes.
9. Intense heat from the earth's interior affects the crustal plates.
10. Felt by small number of persons at rest.

Lesson 60: Describes how an earthquake occurs.

Exercise B

Direction: Describe how an earthquake occurs by drawing (**) on the situations that are true and an X for those that are untrue.
1. Records reveal that earthquakes have destroyed valuable properties
2. When energy is released from the moving crustal plates,
the surrounding rocks layer trembles and shifts.
3. Pressure from above and beneath the crust causes the plates to move.
4. It occurs when there is a sudden displacement of rocks or rock
materials below the crust.
5. When magma moves along a fissure, they cause the Earth's crust to
tremble or shake, too.
6. The shifting or moving of crustal plates have given rise to
tectonic earthquakes
7. Felt by small number of persons at rest.
8. Intense heat from the earth's interior affects the crustal plates.
9. Volcanic earthquakes are induced by rising lava or magma beneath active
volcanoes.
10. The earthquake death toll was about one million in the Syria earthquake in
1201

Lesson 61: Differentiates intensity from magnitude of an earthquake.

Exercise A

Direction: Write	I if it tells about intensity and M if it tells about magnitude before each item
1.	The extent of damage caused by an earthquake.
2.	The energy released/radiated by an earthquake from its focus.
3.	It is measured in the Rossi-Forrel scale.
4.	Uses the Richter Magnitude Scale to indicate the magnitude of
	an earthquake.
5.	It uses the scale of 1 to 10.
6.	The scale is from I to IX.
7.	Hardly perceptible shock. Felt only by an experienced observer under
	favorable conditions.
8.	Only detectable when ultra sensitive seismograph is opened under favorable
	conditions.
9.	Felt by several persons at rest; duration and direction may be perceptible;
	sometimes dizziness or nausea is experienced.
10	0. Only felt near the epicenter.

Lesson 61: Differentiates intensity from magnitude of an earthquake.

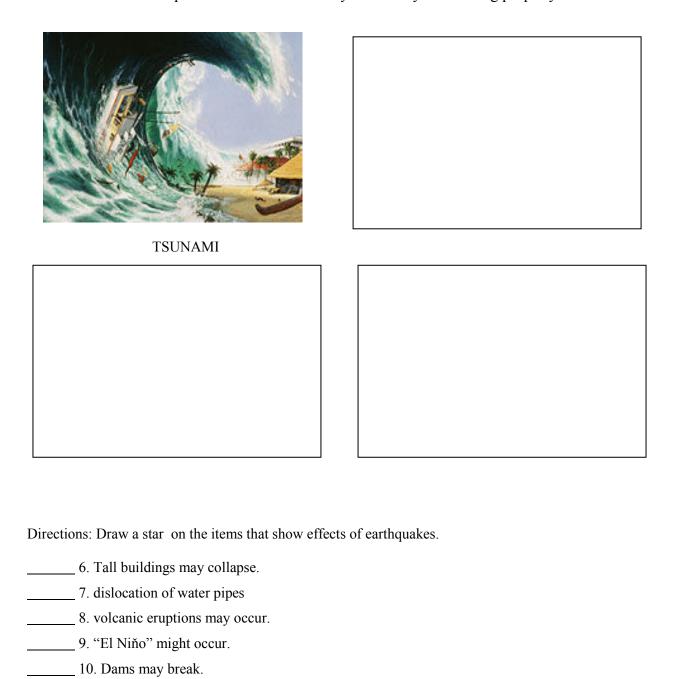
Exercise B

Directions: Write O if it tells abo	ut intensity and draw a if tells about magnitude.
1. Only detectable	when ultra sensitive seismograph is opened under favorable
conditions.	
2. Felt by several p	ersons at rest; duration and direction may be perceptible,
sometimes dizzii	ness or nausea is experienced.
3. Only felt near ep	vicenter.
4. The extent of date	mage caused by an earthquake.
5. The energy relea	sed/radiated by an earthquake from its focus.
6. It is measured in	the Rossi-Forrel Scale.
7. Uses the Richter	Magnitude Scale to indicate the magnitude of
an earthqua	ke.
8. It uses the scale	of 1 to 10.
9. The scale is from	n I to IX.
10. Hardly percepti	ible shock. Felt only by an experienced observer under
favorable condit	ions.

Lesson 62: Describes how earthquakes affect the environment. E.g. tsunami, change in land features.

Exercise A

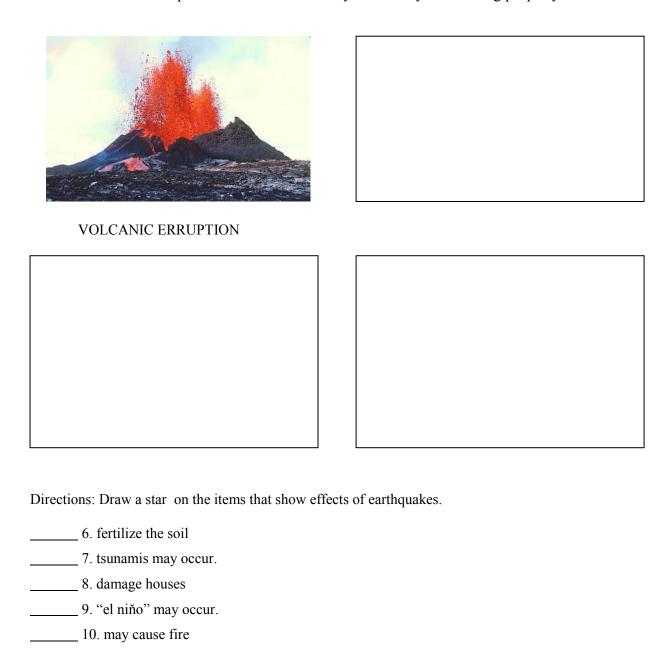
Direction: In the boxes, draw four situations that describe how earthquakes affect the environment. The first picture has been done for you. Label your drawing properly.



Lesson 62: Describes how earthquakes affect the environment. E.g. tsunami, change in land features.

Exercise B

Directions: In the boxes, draw four situations that describe how earthquakes affect the environment. The first picture has been done for you. Label your drawing properly.



Lesson 63: Practices precautionary measures before, during and after an earthquake.

Exercise A

____1.

Directions: Study the illustrations below to find out what precautions you need to remember. Match the pictures in column A with the descriptions in column B.

A

10.10

2



____3



____4



5.



В

- A. Prepare food, water, flashlight, first aid kit
- B. If you are inside a moving vehicle, ask the driver to pull over the road and stop.
- C. Don't panic. Take cover under a table or desk.
- D. Use the portable radio for information.
- E. Don't stand under hanging objects such as chandeliers.
- F. In crowded places, like theatres and malls, do not rush to the exit.
- G. One or more family member should have a working knowledge of first aid measures.
- H. Crouch against an interior wall and cover your head and the back of your neck with your hand.
- I. Stay away from glass windows, mirror, electric fixtures or anything that can hurt you.
- J. If you are outdoors get away from buildings, electric poles, trees and other objects that may fall.



6.

7.



9.

Bits back Cracking Bay in Hirror, 1999 2019, Wind Holls - Figure 1 Pt. 11 it. 11 inches - Figure 1 It is 22 it. 1/4 inches - Win Housel Art Fundating, Sunta Housel.

(4)

10.

Lesson 63: Practices precautionary measures before, during and after an earthquake.

Exercise B

Directions: Study the illustrations below to find out what precautions you need to remember. Match the pictures in column A with the descriptions in column B

A

1.

2.

3.

A. Put shoes on to protect you feet from

В

B. Avoid using elevators.

broken glass.

C. Check your home for any defects and have them repaired

D. Protect yourself from falling objects by staying under strong furniture like tables.

E. Don't panic. Instead look for other places for evacuation.

F. Use the portable radio for information.

G. Check your fires. Avoid using the telephone.

H. Heavy furniture and objects should be placed on lower shelves.

I. Supplies of flashlight, first aid kit, should be set aside for use in emergencies.

J. Move pictures and other hanging objects away



4.





_____8



9



10.



Lesson 64: Describes how a volcano is formed.

Exercise A

Direction: Describe how a volcano is formed by arranging the pictures below in sequence.

A В C Directions: Arrange the following situations in sequence to describe how a volcano is formed. 1. Hot molten materials spew out of the vent. The phenomena is usually accompanied by ground shaking. The moving molten rocks, called magma, reach the Earth's surface and flow out as lava. The lava cools, becomes solid and accumulates in the surrounding area. A low elevated landform called core develops. 2. A mounting structure forms around the core. The accumulating molten rocks may rise to hundreds of meters above the ground. When this happens a volcano is born. ___ 3. A crack beneath the Earth's crust extends to the surface and widens. A

billowing cloud of smoke escapes out of the small hole called vent.

Lesson 64: Describes how a volcano is formed.

Exercise B

Directions: Describe how a volcano is formed by arranging the pictures below in sequence.

1. 2. 3.	© CRTB	
A	В	C
Directions: Arrange the following situations in	und the core. The accur	mulating molten rocks
2. A crack beneath the Earth's crue billowing cloud of smoke escap		

___ 3. A mounting structure forms around the core. The accumulating molten rocks

may rise to hundreds of meters above the ground. When this happens a

volcano is born.

Lesson 65: Differentiates between active and inactive volcano.

Exercise A

Directions: Differentiate an active volcano with an inactive volcano by writing the letters of the correct answers under each illustration.



ACTIVE



INACTIVE/DORMANT

- A. Have erupted within a given period of time, usually during the past 500-600 years.
- B. Have not erupted in recent times for about 600 years or more.
- C. Mt. Mayon, Mt. Taal, Mt. Pinatubo
- D. Mt. Apo, Mt. Banahaw. Mt. Kalatungan

Exercise B

Directions: Differentiate an active volcano and an inactive volcano by writing the letters of the correct answers in the appropriate columns.



ACTIVE



INACTIVE/DORMANT

- A. Mt. Taal, Mt. Mayon, Mt. Pinatubo
- B. Have not erupted in recent times for about 600 years or more.
- C. Mt. Banahaw, Mt. Kalatungan, Mt. Apo
- D. Have erupted within a given period of time, usually during the past 500-600 years.

Lesson 66: Describes how magma comes out from of a volcano.

Exercise A Exercise B Directions: Sequence the following statements to Directions: Sequence the following statements to describe how magma comes out from a volcano. describe how magma comes out from a volcano. Write your answer on the blanks with 1 as the Write your answer on the blanks with 1 as the first sequence. first sequence. A. Magma, the hot, molten rock A. During an eruption, the under the earth, rises and collects to fill a magma is forced out through a crack opening on chamber. the Earth's surface. B. Other volcanic materials, B. Magma, the hot, molten rock such as lava and pyroclastic materials are ejected under the earth, rises and collects to fill from this opening. a chamber. ___ C. The Earth's interior is so hot _____ C. The magma builds up that it exerts great pressure on the pressure and rises. molten rocks to move up. D. These materials are released D. The magma builds up together with water and gases, many of which pressure and rises. are poisonous. E. These materials are released E. Other volcanic materials, together with water and gases, many of such as lava and pyroclastic materials are ejected which are poisonous. from this opening. F. During an eruption, the F. The Earth's interior is so hot magma is forced out through a crack opening on

the Earth's surface.

that it exerts great pressure on the

molten rocks to move up.

Lesson 67: Names the beneficial and harmful effects of volcanic eruptions.

Exercise A

Directions: On the blanks, write BE if the statement shows beneficial effect of volcanic eruptions and HE if it shows harmful effects.
1. Can affect places as far as two kilometers away from its place.
2. Coconut, abaca and sugarcane are grown in soils rich in volcanic materials.
3. Death of people who refused to evacuate.
4. Rocks from lava flows are used as construction materials.
5. Houses, animals and crops are covered by lava.
6. Hot springs in volcanic areas are used for medicinal and recreational purposes.
7. Hot gases can be used to provide geothermal steam to generate electricity.
8. Air and water pollution.
Directions: Answer the question below.
Are you afraid of volcanoes? Explain your answer briefly.

Lesson 67: Names the beneficial and harmful effects of volcanic eruptions.

Exercise B

Directions: On the blanks, write BE if the statement shows beneficial effect of volcanic eruptions at if it shows harmful effects.	nd HE
1. Houses, animals and crops are covered by lava.	
2. Hot springs in volcanic areas are used for medicinal and	
recreational purposes.	
3. Rocks from lava flows are used as construction materials.	
4. Death of people who refused to evacuate.	
5. Can affect places as far as two kilometers away from its place.	
6. Hot gases can be used to provide geothermal steam to generate electricity.	
7. Air and water pollution	
8. Coconut, abaca and sugarcane are grown in soils rich in volcanic materials.	
Directions: Answer the question below.	
Are you afraid of volcanoes? Explain your answer briefly.	

Lesson 68: Practices precautionary measures before and after volcanic eruptions.

Exercise A

_	whether the statement shows measures done before and after a volcanic FORE or AFTER on the blanks before each item.
1. It	is best to heed warnings and instructions issued by the authorities.
2. Do	o not cross a bridge while <i>lahar</i> flows beneath it. Do not stay near a river
ch	annel.
3. Sto	ock up on enough food and medicine. Canned goods are recommended.
4. W	ait for further notice or instructions from authorized government agencies as
to	when it is safe to return home.
5. Sa	ve enough water in safe, covered containers.
6. Fo	ollow orders of evacuation from danger areas. Evacuation must be done
ca	lmly, orderly and smoothly.
7. Ke	eep tuned in to the radio. Wait for instructions to return home.
8. Ha	ave flashlights, batteries and first aid kits ready.
9. M	ake the necessary repairs and cleanup of houses hit by ash fall.
10. C	Go to your designated evacuation center.

Lesson 68: Practices precautionary measures before and after volcanic eruptions.

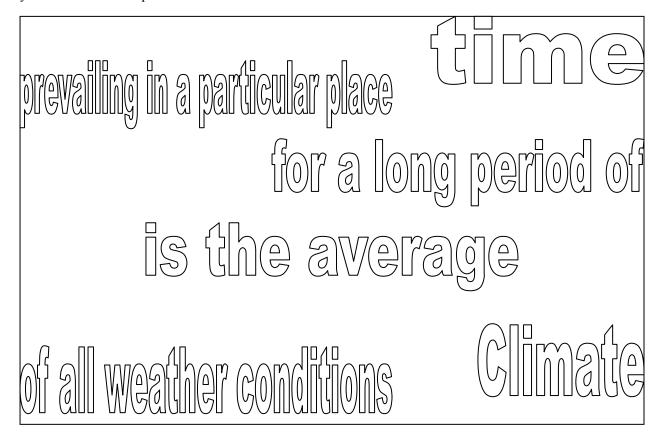
Exercise B

	fy whether the statement shows measures done before and after a volcanic EFORE or AFTER on the blanks before each item.
1.	In the event of an impending eruption, keep tuned in to the radio for warnings
	and instructions.
2.	Wait for further notice or instructions from authorized government agencies as
	to when it is safe to return home.
3.	Make the necessary repairs and cleanup of houses hit by ash fall.
4.	Listen to the radio for an update on volcanic activity in your area.
5.	Store enough food and safe drinking water to sustain you in case of great
	destruction.
6.	Evacuate quickly to safer areas or designated evacuation centers.
7.	Follow the warnings and instructions issued by concerned government
	agencies.
8.	Save enough water in safe, clean and covered containers
9.	Follow orders of evacuation from danger areas. Evacuation must be done
	calmly.
10	Stock-up on enough food and medicine. Canned goods are recommended.

Lesson 69: Defines climate

Exercise A

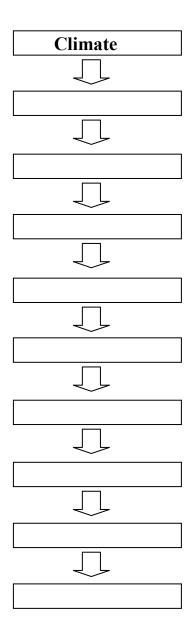
Directions: Arrange the words and phrases to come up with a statement defining what climate is. Write your answer on the space below the box.



Lesson 69: Defines climate

Exercise B

Directions: Fill in the boxes with the correct words/phrases to complete the meaning of climate. Refer to the words and phrases in the box. The first word has been done for you.



prevailing
particular
place
long period
is the average of all
climate
for a
weather condition
in a
of time

Lesson 70: Describes the different wind systems.

Exercise A

Directions: Using a line, identify the different wind systems by matching column A with their definitions in column B.

A	В
1. Doldrums 2. Trade winds	A. The winds that blow away from the poles
3. Horse latitude 4. Prevailing westerlies 5. Polar easterlies	B. The wind that blows from the horse latitude towards the equator.
6. Northeast monsoon	C. The winds that make up a calm area near the equator
7. Southwest monsoon	D. The wind that blows away from the horse latitude towards the equator.
	E. are calm areas of falling air.
	F. The cold moving air which starts from Siberia that chills the Philippines from

G. The winds that bring much rain from the southeast direction of the Philippines from June to November. This is the start of the planting season, also known as "Hanging Habagat"

December to January, also known as

"Hanging Amihan".

Directions: Answer the questions. Encircle the letter of the correct answer.

- 8. What is the effect of the earth's rotation?
 - A. global winds are bent
- C. global winds blow in straight line
- B. global winds move upward down
- D. global winds seem to curve or twist

- 9. How does the earth rotate?
 - A. clockwise from west to east
 - B. clockwise from east to west
 - C. counterclockwise from west to east
 - D. counterclockwise from east to west
 - 10. What are global patterns of wind called?
 - A. monsoon
 - B. sea breeze
 - C. land breeze
 - D. prevailing winds.

Lesson 70: Describes the different wind systems.

Exercise B

Directions: Using a line, identify the different wind systems by matching column A with their definitions in column B.

	_ 1. Trade winds
	2. Horse latitude
	3. Prevailing westerlies
	4. Polar easterlies
	5. Polar easterlies away from
	the poles
	_ 6. Southwest monsoon
·	7. Doldrums

A

В

- A. The cold moving air which starts from Siberia that chills the Philippines from December to January, also known as "Hanging Amihan".
- B. They are winds blowing from the east characterized by cold air that sinks and takes a curved path.
- C. They are winds near the equator which is hot due to the direct rays of the sun giving rise to a low-pressure area.
- D. They are winds that blow from northeast or southeast in one direction towards the equator.
- E. They are winds coming from the north and south latitudes going to the poles turn east.
- F. It brings much rain from June to November starting the rice planting Season in the Philippines, also known as "Hanging Habagat"
- G. They are winds found north and south of the trade winds. They are usually calm, dry and fairly cool. They blow from any direction.

Directions: Answer the questions. Encircle the letter of the correct answer.

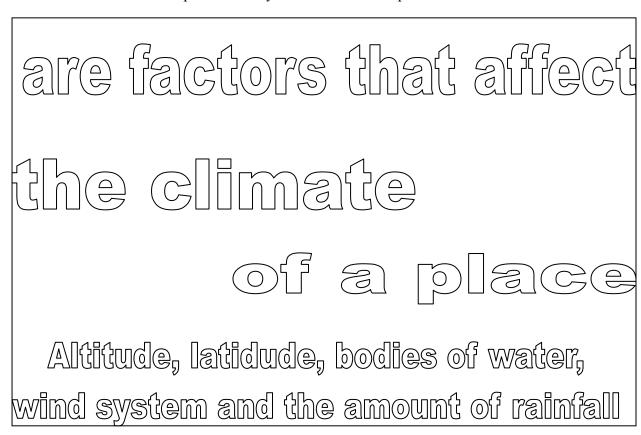
- 8. What are doldrums and horse latitudes?
 - A. They are typhoons
 - B. They are calm areas
 - C. They are prevailing winds
 - D. They are global wind belts
- 9. What are global patterns of wind called?
 - A. Monsoon
 - B. Sea Breeze
 - C. Land Breeze
 - D. Prevailing Winds

- 10. What is the effect of the earth's rotation?
 - A. Global winds are bent
 - B. Global winds move up and down
 - C. Global winds blow in a straight line
 - D. Global winds seem to curve or twist

Lesson 71: Identifies the factors that affect the climate of a place; altitude, latitude, bodies of water, wind system and amount of rainfall.

Exercise A

Directions: Arrange the words and phrases to come up with a statement that identifies the factors that affect the climate of a place. Write your answer on the space below the box.



Lesson 71: Identifies the factors that affect the climate of a place; altitude, latitude, bodies of water, wind system and amount of rainfall.

Exercise B

Directions: Fill in the blanks to get the correct factors that affect climate in a place. Clues are provided.

FACTORS AFFECTING CLIMATE

CLUES:

- 1. An imaginary line parallel to the equator going north or south.
- 2. Examples are rivers, oceans and seas
- 3. This results from the heating of the earth's surface. Movement of the wind like easterly winds, westerly wind and doldrums belong to this phenomenon.
- 4. The height of a particular place above sea level.
- 5. It determines the wetness or dryness of a place.

Lesson 72: Explains how each factor affects the climate of the place.

Exercise A

Directions: Explain how each factor affects the climate of the place by matching the words in column A with the definitions in column B. Write the letter of the correct answer on the blank.

A
 1. Altitude
 2. Latitude
 3. Bodies of Water
 4. Wind system
 5. Amount of rainfal

В

- A. Areas near the equator usually have low latitude (hot climate) while those at the pole have high latitude (cold climate)
- B. It is cooler in coastal areas. Water does not absorb heat as fast as land area. This is the reason places surrounding bodies of water have a mild climate.
- C. Different parts of the Philippines have different amount of rainfalls during the year. It used to describe the climate in the region.
- D. The unequal heating of the earth's surface results in the formation of the different wind systems.
- E. It is a fact that as a place rises above sea level, air temperature drops by a few degrees, making the place cooler than in places in low lands.

Lesson 72: Explains how each factor affects the climate of the place.

Exercise B

Directions: Explain how each factor affects the climate of the place by matching the words in column A with the definitions in column B. Write the letter of the correct answer on the blank.

A
 1. Amount of Rainfall
 2. Wind System
 3. Bodies of Water
 4. Latitude
 5. Altitude

В

- A. The higher a particular place is, the cooler is it's temperature
- B. The unequal heating of the earth's surface results in the formation of the different wind systems.
- C. Areas near the equator usually have low latitude (hot climate) while those at the pole have high latitude (cold climate)
- D. It is cooler in coastal areas. Water does not absorb heat as fast as land area. This is the reason places surrounding bodies of water have a mild climate.
- E. Different parts of the Philippines have different amount of rainfalls during the year. It used to describe the climate in the region.

Lesson 73: Identifies the two seasons of the Philippines.

Exercise A

Directions: Identify the picture that illustrates the two seasons. Write **WET** or **DRY** on the blanks.





1









Directions: Fill in the blanks to make the statements correct.

1. The Philippines has two seasons: _____ and ____ .

2. The ______is characterized by less rain fall. People engage in more outdoor activities.

3. The ______ is characterized by frequent rainfall.

Lesson 73: Identifies the two seasons of the Philippines.

Exercise B

Directions: Identify the picture that illustrates the two seasons. Write **WET** or **DRY** on the blanks.





1.









3.

4.

5.

Directions: Fill in the blanks to make the statements correct.

1. The Philippines has two seasons: _____ and _____.

2. The ______ is characterized by frequent rainfall.

3. The ______is characterized by less rain fall. People engage in more outdoor

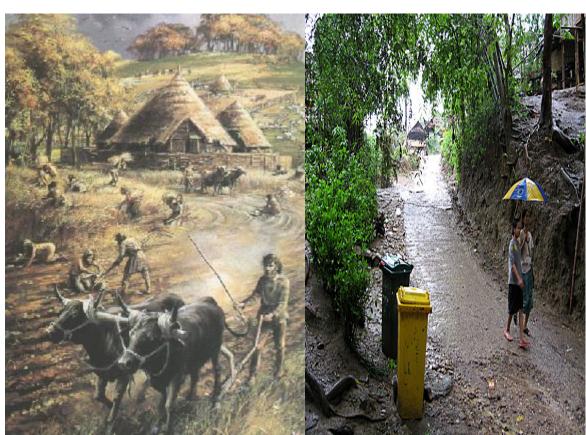
activities.

Lesson 74: Describes the two seasons of the Philippines.

Exercise A

Directions: Study the pictures of both dry and wet seasons then read the statements that follow. On the blanks, write TRUE if the statement is correct and false if the statement is incorrect.

DRY WET



1. Earth revolves in an orbit around the sun in 364 and ½ days.
2. Earth rotates on its axis in 24 hours.
3. The Philippines has wet and dry seasons.
 4. In the Philippines, we experience heavy rainfall during the wet season.
 5. In the Philippines, the dry season is from November to April.
 6. The monsoon affects our normal pattern of wet and dry seasons.
 7. In the Philippines, the wet season is from January to May.
8. Earth is heated by the moon.
 9. The countries far from the equator receive direct sunlight.

bodies of land and water.

10. We experience dry and wet seasons because our country is surrounded by large

Lesson 74: Describes the two seasons of the Philippines.

Exercise A

Directions: Study the pictures of both dry and wet seasons then read the statements that follow. On the blanks, write TRUE if the statement is correct and false if the statement is incorrect.

DRY WET

1. Earth revolves around the sun.
2. Dry season have hot humid days.
3. During the rainy season, the Philippines experiences heavy rainfall.
4. Seasons affect the activities of the people.
5. Fishing and other outdoor activities are more common during the wet season.
6. Tropical fruits, flowers and vegetables grow best during the wet season.
7. Seasons are caused by 23.5 tilt of the earth as it revolves around the sun.
8. In the Philippines, The dry season is between January and May.
9. In the Philippines, heavy rainfall is experienced during the rainy seasons.
10. The changing position of the sun's rays as it strikes Earth does not cause seasonal
changes.

Lesson 75: Shows through a model the cause of the four seasons in other countries.

Exercise A

Direction: Study the illustration below. Fill in the blanks to get the correct names of the four seasons.



Directions: Describe the four seasons.
Spring:
Summer:
Autumn/Fall:
Winter

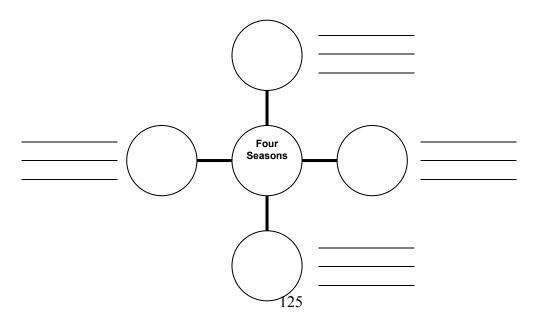
Lesson 75: Shows through a model the cause of the four seasons in other countries.

Exercise B

Direction: Draw a diagram showing the four seasons in some countries.



Directions: Write the four seasons in the circles and their weather conditions/descriptions on the 3 short lines.



Lesson 76: Relates the condition of a place to the type of climate it has.

Exercise A

Directions: Fill in the blanks with the different types of climate related to its condition in a place as shown in the statement below.
1. It's pronounced wet and dry season
2. Areas where rainfall is more or less evenly distributed throughout the year
3. Pronounced dry season for 6 months and pronounced wet season for the other 6
months
4. Seasons are not very pronounced.
5. These areas are exposed to the southwest monsoon and protected by
mountain ranges.
6. No dry season with maximum rainfall in December and January.
7. These areas are exposed to the southwest monsoon and are partly protected
from the northeast monsoon.
8. Open to southwest monsoon and storms
9. Areas with this type are generally along or very near the eastern coast.
10. Fishing and other outdoor activities are more common during this type

Lesson 76: Relates the condition of a place to the type of climate it has.

Exercise B

Directions: Choose from the box the types of climate related to its condition as shown by the following statements. Write the correct answers in the blanks.

	FIRST TYPE SECOND TYPE	THIRD TYPE FOURTH TYPE			
1. No dry season with	a very pronounced ma	ximum rain period from	November to		
January					
2. Rainfall is more or	less distributed through	nout the year.			
3. Dry from November	er to April and wet the	rest of the year			
4. No pronounced ma	4. No pronounced maximum rain period				
5. Two pronounced se	easons				
6. Areas affected in the	is type of climate are v	vestern part of the island	d of Luzon, Mindoro,		
Panay, Negros and	Palawan				
7. Partly sheltered fro	m the northeast monso	on but open to the south	east monsoon		
8. Open to northwest	monsoon and southeast	monsoon			
9. Areas affected in the	is type of climate are F	Batanes, northeastern Lu	zon and most		
of the central of	eastern and southern M	indanao.			
10. Dry from Novemb	per to April and wet the	rest of the year			

Lesson 77: Constructs improvised instruments for watching/observing stars.

Exercise A

Directions: Construct an improvised instrument for watching/observing stars. Follow the directions below.

You will need:

a thin 30-cm cardboard a pair of scissors scotch tape

Do the following:

- 1. Roll the cardboard and fasten it with clear adhesive tape.
- 2. Direct your viewing tube toward the sky at night. Select a particular area.
- 3. Count all the stars you can see through the tube.
- 4. Record your first count as trial no. 1 in the table provided below.
- 5. Perform the activity eight times.
- 6. Note down the average number of stars that you have seen. To obtain this, add the number of stars seen in all trials, then divide the sum by eight (for the number of trials).

_	How many stars have you counted in all trials?	
1	How many stars have you counted in all trials?	

b. Compare your calculations w	th those of your classmates.	Are your calculations the same? Why	v or why not?
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TRIAL NO.	NUMBER OF STARS SEEN
1	
2	
3	
4	
5	
6	
7	
8	

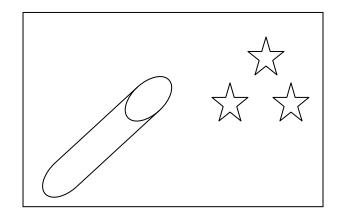
Total number of stars seen:	
Average (Total ÷ 8):	

Lesson 77: Constructs improvised instruments for watching/observing stars.

Exercise B

Directions: Construct an improvised instrument for watching/observing stars. Follow the directions carefully.

- 1. Get a piece of cardboard and roll it to make a tube about a metre long and two centimeters in diameter. Fasten the ends with tape.
- 2. Set the tube on a window sill or in any place where you can see the night sky clearly.
- 3. Look through the tube opening and focus on a bright star. Fasten the tube with masking tape to keep it in place.
- 4. Draw the position of the star as seen through the tube. Observe the star for two hours.



5. Use your improvised tube to observe others stars. Do your observation on different nights. Choose a bright star. Observe the star for two hours. Draw its position.

What is the position of the star as viewed through the tube's opening? Describe its position after two hours.			r two	

Lesson 78: Observes the stars as to color and brightness.

Directions: Compare the stars' colors and brightness. Answer the questions that follow.

NAME OF	COLOR	SURFACE	COMPARISON
STAR		TEMPERATURE	to object
Sun	Yellow	about 6000	Sodium light
Sirius	White	about 11000	Fluorescent light
Rigel	Bluish-white	about 20000	Welding torch
Betelgeuse	Red	about 3000	Lighted matchstick
Procyon	Yellow	about 6000	Sodium light

1.	List the stars from hottest to coolest.
2.	Name the hottest star according to the table.
3.	Identify the coolest star.
4.	What is the color of the hottest/brightest star?
5	What is the color of the coolect star?

Lesson 79: Identifies the kind of stars according to their size.

Directions: Identify and study the following stars in the box according to their size. Complete the table below.

Sun Altair Van Maanen
Betelgeuse Antares Sirius
Capella Arcturus Aldebaran
White Dwarf NGC 2440 Vega

Dwarf Stars	Medium-sized Stars	Giant Stars	Super Giant Stars

Lesson 80: Tells that the stars we see in the sky is actually its apparent brightness.

Exercise A

Directions: On the blanks, write T if the situation tells about the apparent brights F if it does not.	ness of stars and
1. Some very big and bright stars do not really appear as bright when s	seen from
Earth because of their distance.	
2. Apparent magnitude is the apparent brightness of the stars due to the	eir
size and distance from earth.	
3. The distance of stars from Earth is measured in terms of the distance	e light
travels in a year.	
4. Stars with a magnitude below 1.0 are considered first magnitude stars	rs.
5. Stars in the 24 th magnitude are the faintest.	
6. The sun has an apparent magnitude of -26.8, which is below +1.0. T	herefore,
the sun is the faintest star we can see from Earth.	
7. A star with an apparent magnitude of 3 is fainter than a star with 2.5	apparent
magnitude.	

Lesson 80: Tells that the stars we see in the sky is actually its apparent brightness.

Exercise B

does not.	he blanks, write T if the situation tells about the apparent brightness of stars and F if
	1. Stars with a magnitude below 1.0 are considered first magnitude stars.
	2. A star with an apparent magnitude of 3 is fainter than a star with 2.5 apparent
	magnitude
	3. Some very big and bright stars do not really appear as bright when seen from
	Earth because of their distance.
	4. The distance of stars from Earth is measured in terms of the distance light
	travels in a year.
	5. Stars in the 24 th magnitude are the faintest.
	6. The sun has an apparent magnitude of -26.8, which is below +1.0. Therefore,
	the sun is the faintest star we can see from Earth.
	7. Apparent magnitude is the apparent brightness of the stars due to their
	size and distance from earth.

Lesson 81: Describes the relationship between color and temperature of a star.

Exercise A

Directions: Describe the relationship between color and temperature of stars by underlining the correct answer inside the parenthesis.

- All stars emit all colors, but the hottest stars emit more (red, blue, white) and less (red, blue, white) radiation.
- 2. The hottest stars have bluish-white color with a temperature of (11,000 C to 30,000 °C | 10,000 C to 20,000 °C).
- 3. The hottest stars have (red, yellow, blue) color.
- 4. Red stars are considered to be the coolest with surface temperature of $(20,000 \, ^{\circ}\text{C} \mid 3,000 \, ^{\circ}\text{C} \mid 4,000 \, ^{\circ}\text{C})$.
- 5. Yellow stars are moderately hot with a surface temperature of about $(5{,}000~^{\circ}\text{C}~|~6{,}000~^{\circ}\text{C}~|~7{,}000~^{\circ}\text{C}).$
- 6. Stars emit a (little, large, tremendous) amount of heat and light.
- 7. The coolest stars have (red, yellow, blue) color.
- 8. As the stars grow older, their color gradually fades until the color becomes (yellow, orange, red).

Lesson 81: Describes the relationship between color and temperature of a star.

Exercise B

Direction: Describe the relationship between color and temperature of stars by underlining the correct answer inside the parenthesis.

- 1. The hottest stars have (red, yellow, blue) color.
- 2. The coolest stars have (red, yellow, blue) color.
- 3. All stars emit all colors, but the hottest stars emit more (red, blue, white) and less
- 4. (red, blue, white) radiation.
- 5. The hottest stars have bluish-white color with a temperature of

6. Red stars are considered to be the coolest with surface temperature of

7. Yellow stars are moderately hot with a surface temperature of about

- 8. Stars emit a (little, large, tremendous) amount of heat and light.
- 9. As the stars grow older, their color gradually fades until the color becomes

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(yellow, orange, red).
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Lesson 82: Demonstrate the relationship between the brightness and the distance of stars from the Earth.

Exercise A

Directions: Perform the activity to demonstrate the relationship between the brightness and the distance of a star from the Earth. Answer the questions that follow. Write your answers in your notebook.

Do the following:

At night, observe the various lights coming from the different sources. Pay particular attention to the brightness of the bulb of the nearest lamp post and that of the farthest. Compare their brightness.

1.	Which lamp appears to have the brightest light?	
2.	Which lamp appears to have a dimmer light? Why do you think so?	

Directions: Encircle the letter of the correct answer.

- 3. Which of the following affects the brightness of stars when viewed from earth?
 - A. size
- C. temperature
- B. color
- D. distance
- 4. The sun is just a medium-size star. But why is it that it seems to be the brightest?
 - A. it is the hottest star
- C. it is the farthest star
- B. it is the nearest star
- D. it is the biggest star
- 5. How are distances of stars measured?
 - A. kilometers
- C. light year
- B. mile
- D. meters

Lesson 82: Demonstrate the relationship between the brightness and the distance of stars from the Earth.

Exercise B

Directions: Perform the activity to demonstrate the relationship between the brightness and the distance of a star from the Earth. Answer the questions that follow.

- 1. Ask a friend to stand at the end of a long hall.
- 2. Tell you friend to stand on different marked positions that are one, two, three, four, five meters apart from you.
- 3. Ask your friend to move from one position to another while you hold a big lighted flashlight in a stationary place.
- 4. Tell your friend to describe the brightness of the light as he/she moves farther from the flashlight.

1.	At what distance was the light brightest? Dimmest?	
2.	What factor determines the apparent brightness of light?	
3.	If the flashlight were to be changed to a penlight, would you get the same result? Why or why not?	

Directions: Encircle the letter of the correct answer.

4. Which of the following affects the brightness of stars when viewed from earth?

A. size C. temperature B. color D. distance

5. The sun is just a medium-size star. Why is it that it seems to be the brightest?

A. it is the biggest star

B. it is the farthest star

C. it is the nearest star

D. it is the hottest star

Lesson 83: Explains why star distances are measured in light years.

Exercise A

Directions: Encircle the letter of the correct answer to the question.

- 1. Which of the following is used to measure the distances of stars?
 - A. mile C. meter
 - B. kilometer D. light year
- 2. Which of the following is the meaning of light year?
 - A. The distance traveled by light in 3 years.
 - B. The distance traveled by light in 2 years
 - C. The distance traveled by light in 1 year
 - D. The distance traveled in 9 months.
- 3. If Sirius is 2.7 light years away from earth, this means that ...
 - A. It takes 2.5 years for the light coming from Sirius to reach us.
 - B. It takes 2.6 years for the light coming from Sirius to reach us.
 - C. It takes 2.7 years for the light coming from Sirius to reach us.
 - D. It takes less than a year for the light coming from Sirius to reach us.
- 4. Why did astronomers chose light year instead of kilometers to measure star distances?
 - A. It is the most convenient measurement to use.
 - B. It is the hardest way of measuring star distances.
 - C. It is the order from their head office to use light year.
 - D. It is the easiest way of measuring star distances.

Lesson 83: Explains why star distances are measured in light years.

Directions: Write the	he letter of the cor	rect answer on the blanks provided.
1. V	Which of the followi	ng is the meaning of light year?
	A. The distance trav	veled by light in 3 years.
]	B. The distance tra	veled by light in 1 years
•	C. The distance tra	veled by light in 2 year
1	D. The distance tra	veled in 9 months.
2. V	Why did astronomers	s chose light year instead of kilometers to measure star
C	listances?	
	A. It is the hardest	way of measuring star distances.
]	B. It is the most co	invenient measurement to use.
•	C. It is the easiest	way of measuring star distances.
]	D. It is the order fr	om their head office to use light year.
3. Is	f Sirius is 2.7 light y	vears away from earth, this means that
	A. It takes 2.5 years	for the light coming from Sirius to reach us.
]	B. It takes 2.6 years	for the light coming from Sirius to reach us.
•	C. It takes 2.7 years	for the light coming from Sirius to reach us.
]	D. It takes less than	a year for the light coming from Sirius to reach us.
4. W	hich of the following	ng is used to measure the distances of stars?
	A. mile	C. meter
	R kilometer	D light year

Lesson 84: Explains why stars seem to twinkle.

Exercise A

Directions: Explain why stars seem to twinkle by writing **T** if the statement is TRUE and **F** if the statement is FALSE on the blanks. 1. The sun, the nearest star, also twinkles because of the obstruction of light rays caused by pollutants in air. 2. All stars really twinkle naturally. _____ 3. Stars appear to twinkle because we see them through layers of air surrounding the Earth. _____4. As their light passes through the air layers, the light's speed changes as it moves from one layer to another. 5. In one layer, the light moves very fast. In another layer, the light moves slowly. These changes are observed as the brightening and darkening of the stars' light or twinkling.

Directions: Explain why stars seem to twinkle by writing T if the statement is TRUE and F if the statement is FALSE on the blanks.
1. Stars really twinkle naturally.
2. Stars appear to twinkle because we
see them through layers of air surrounding the
Earth.
3. As their light passes through the air
layers, the light's speed changes as it moves
from one layer to another
4. In one layer, the light moves very
fast. In another layer, the light moves slowly.
These changes are observed as the brightening
and darkening of the stars' light or twinkling.
5. Our sun, the medium-sized star, also
twinkles because of the obstruction of light rays
caused by pollutants in air.

Lesson 85: Concludes that stars are distant suns.

Directions: Identify the statements that show that stars are distant suns by drawing a mark and an X for those that don't on the blanks provided. Directions: Identify the statements that show that stars are distant suns by drawing a mark and an X for those that don't on the blanks provided. 1. Suns and stars are ball of hot gases. 1. Sunch a characteristics. Shine by their own light. 2. Sunch a characteristics. 2. Sunch a characteristics. 3. They have different sizes, colors and a characteristics.

_____4. The sun looks different from other stars because it is the closest star to the Earth. So, it looks very much bigger than the other stars.

brightness.

they are actually very small balls of hot gases.

_____ 5. Other stars look very small because

Directions: Identify the statements that show
that stars are distant suns by drawing a and
an for those that don't on the blanks provided.
1. Suns and stars have different
characteristics.
2. Suns and stars are ball of hot gases.
3. They give off heat and light. They
shine by their own light.
4. They have different sizes, colors and
brightness.
5. The sun looks different from other
stars because it is the closest star to the Earth.
So, it looks very much bigger than the other
stars.

Lesson 86: Describes how constellations are useful to people.

Exercise A **Exercise B** Directions: Draw a star if the statement shows Directions: Encircle the items that show the use that constellations can be useful to people and an of constellations to people. **X** if they are not. 1. Guide to tell location and season 1. Finding the directions when at the 2. Guide in traveling desert and sea _ 2. Predicting the coming season 3. Serve as a compass _____ 3. Studying plant behavior 4. Guide on the coming season 4. Predicting the future of people 5. Serves as calendar _____ 5. Finding locations on land 6. Make the soil fertile _____6. Studying the universe 7. Warning for coming volcanic eruptions 7. Telling the time 8. Guide in daily life as clock in the sky __ 8. To make a wish come true 9. Telling the behavior of people 9. Predict what may happen in one's life _____ 10. Predicting world events 10. Start a brighter tomorrow

Lesson 87: Name the common galaxies.

Exercise A

Directions: Complete the words below by identifying the missing letters to find the common names of the galaxies. All letters were given a numerical value in the alphabet bank. Write the complete words on the line provided for.

A=1F=6 K=11 P=16 U=21 Z=26 G=7L=12 Q=17 V = 22C=3M=13 R=18 W=23 H=8D=4I=9 N=14 S=19 X = 24E=5J = 10O=15 T=20 Y = 25

1.	LA <u>18</u> <u>7</u> <u>5</u> <u>13</u> AGE <u>12</u>	<u>L 1 14</u>	I <u>3</u>	C L <u>15</u> <u>21</u> D <u>19</u>
2.	<u>13</u> IL <u>11</u> <u>25</u> <u>23</u> A Y	<u>7</u> A L A	<u>24</u> Y	
3.	G R <u>5 1 20</u>	N <u>5 2 21</u>	LA	
4.	<u>23</u> <u>8</u> I R <u>16</u> <u>15</u> <u>15</u> L		G <u>1</u> L <u>1</u> X <u>25</u>	
5.	<u>14</u> O <u>18</u> <u>13</u> A <u>12</u>	S <u>16</u> 9	<u>18</u> A L	
6.	9 R 18 E 7 21 LA 18		<u>7 1</u> LA <u>24</u> Y	
7.	19 M A 12 12 M A 7 5	5 <u>12</u> LA	<u>14</u> I C <u>3</u> L <u>15</u> 2	<u>21</u> DS
8.	AN <u>4</u> <u>18</u> O <u>13</u> E D 1		7 A 12 A X 25	
9.	E <u>12</u> <u>12</u> I <u>16</u> <u>20</u> <u>9</u> C <u>1</u> <u>1</u>	2	7 1 12 24 25	
10.	BA <u>18</u> <u>18</u> <u>5</u> D S <u>16</u> I <u>1</u>	18 A <u>12</u>		

Lesson 87: Name the common galaxies.

Exercise B

Direction: Find the ten (10) common names of galaxies hidden in the puzzle below. The words maybe read downward, upward, backward horizontally or diagonally. Write your answers on the lines provided for.

W	S	Н	M	О	J	О	K	В	S	Е	V	A	W	N	J	О	K	В	S	Е	V	A	W	N
Н	C	O	L	D	F	N	A	C	I	R	F	A	I	O	F	N	A	C	I	R	F	A	I	Ο
T	G	E	I	L	P	A	C	I	F	I	C	D	U	R	P	A	C	I	F	I	C	D	U	R
R	Q	C	Ο	N	T	I	N	E	N	T	A	L	Q	T	T	I	N	E	N	T	Α	L	Q	T
О	L	J	V	N	I	A	T	N	U	Ο	M	F	A	Н	I	A	T	N	U	Ο	M	F	A	Н
N	A	I	L	A	R	T	S	U	A	Ο	D	N	I	A	R	T	S	U	A	O	D	N	I	Α
Н	T	G	C	F	S	D	E	N	L	Α	Y	E	R	M	S	D	Е	N	L	A	Y	E	R	M
F	A	M	S	U	I	N	T	D	G	K	C	Ο	R	E	I	N	T	D	G	K	C	Ο	R	Е
L	C	V	R	X	J	A	C	A	N	Y	Ο	L	O	R	J	A	C	A	N	Y	Ο	L	O	R
О	I	C	E	U	R	A	S	I	Α	N	В	A	O	I	R	A	S	I	A	N	В	A	O	I
Α	T	Z	Q	T	W	N	L	F	Η	Ο	K	N	E	C	W	N	L	F	Η	Ο	K	N	E	C
T	R	K	I	Y	C	R	U	S	T	Α	L	D	Н	A	C	R	U	S	T	A	L	D	Η	Α
S	N	C	W	M	I	F	A	C	N	A	R	W	Z	N	I	F	A	C	N	A	R	W	Z	N
В	S	Ο	U	T	Η	A	M	E	R	I	C	A	N	S	Η	A	M	Е	R	I	C	A	N	S
S	N	C	W	M	I	F	A	C	N	A	R	W	Z	N	I	F	A	C	N	A	R	W	Z	N
В	S	O	U	T	Н	A	M	Е	R	I	C	A	N	S	Н	A	M	Е	R	I	C	A	N	S

1.		
2.	 	
3.		
ŧ.	 	
5.		
).	 	
7.	 	
3.		

Lesson 88: States that our solar system is part of the Milky Way galaxy

Exercise A

Directions: Underline the correct answers to complete the information given about our galaxy.

The Milky Way is a group of about (300, 200, 100) billions of stars and the (sun, rigel, capella) is one of them.

It is believed to be (100,000, 200,000, 300,00) light years in diameter and (20,000, 30,000, 40,000) light years thick at the center.

The Milky way is (elliptical, spiral, oval) in shape as a galaxy. It has spiral arms that extend (inward, outward, downward).

Our solar system is a (big, small, medium) dot found at one of these arms, which is about (28,000, 29,000, 30,000) light years away from the galactic center. The sun takes about (520, 220, 130) million years to go around the galactic center to complete an orbit called (light year, galactic year, one year).

Lesson 88: States that our solar system is part of the Milky Way galaxy.

Exercise B

Directions: Underline the correct answers to complete the information given about our galaxy.

The Milky Way is a band of (100 billion, 200 billion, 300 billion) stars that appears as a wide, bright arc across the night sky.

It has a (small, medium, big) cluster of stars that turns around the Earth. That's why we can see it from any part of the (Earth, Mars, Jupiter).

The whole galaxy rotates (counter, counter clockwise, clockwise). Our Milky Way is (spiral, elliptical, round) Spiral galaxies are like pinwheels.

Our solar system and all the other stars we see in the sky make up a star system called (astronaut, cosmonaut, galaxy). We have millions, trillions, thousands) of galaxies that look like islands in the sea of space.

Our galaxy, named Milky Way, is a (vertical, spiral, elliptical) galaxy.

Milky Way is never stationary. It rotates (clockwise, counter clockwise, counter) on its axis.

Andromeda is 2.3 million light years away from the (Earth, Jupiter, Venus).

That means that the light that we see from the stars of Andromeda has left the stars 1 million years ago.

Lesson 89: Identifies the modern space facilities, tools and equipments used to study the universe.

Exercise A
Directions: Draw a \nearrow if the statement is correct and an X if it is not.
1. The Hubble Space Telescope is the largest telescope in space.
2. Astronomers use spectroscopes to determine the composition of distant objects.
3. Spaceships are used to record and measure information about outer space.
4. Space probes are objects that are sent to other planets and beyond.
5. The Very Large Array are radio telescopes that can be turned to radiation in outer
space.
6. Space probes are objects that orbit earth and gather information.
7. The radio telescope paints contour maps of the detected radio sources.
8. Space shuttles carry other space vehicles to outer space.
9. Space shuttles are space vehicles that plunge into the sea when landing on earth.
10. Spacesuits are airtight, pressurized with controlled temperature and heat resistant.

Lesson 89: Identifies the modern space facilities, tools and equipments used to study the universe.

Directions: Draw a if the statement is correct and a if it is not.
1. Hubble Space Telescope is the largest telescope in space.
2. Space probes are objects that are not sent to other planets.
3. Space shuttles are used to launch other space vehicles and equipments in outer
space.
4. Space labs sent to outer space conduct scientific and engineering experiments.
5. Spacesuits are not flexible enough to allow movements.
6. Radio telescopes are not linked electronically and their outputs are combined and
processed by a computer which prints a contour map.
7. Hubble Space Telescope can now see images that started their journeys 5 billion
to 12 billion years ago.
8. A spectroscope is attached to a telescope.
9. The Schmidt Telescope has a correction lens that prevents the distortion of images.
10. A spectrohelioscope is a type of scanning spectroscope.

Explains the theories about the universe. Lesson 90:

Exercise A

Directions: Inside the box are the theories that explain the origin of the universe. Answer the questions below by identifying the theory described. Write the letter of the correct answer on the blanks.

- Big Bang Theory A.
- The steady State Theory
- C.
- The Creation Theory
 The Oscillating Universe Theory D.
- Pulsating Theory

 1. The theory that implies that the empty space left by expansion is being filled up
by new galaxies that are constantly being formed.
 2. Similar idea to the Big Bang. Also believes that the universe expanded from a
small compact mass that exploded.
 _ 3. Astronomers think that billions of years ago, all matter in the universe was
squeezed into a small compact mass.
 4. The universe and everything in it were created by our God Almighty.
 5. Scientist claim that the universe had a beginning but will have no end.
 _ 6. The universe will contract and become a small mass again.
 7. The universe will never come to an end because there will always be a fresh
supply of Hydrogen created out of nothing.
 8. According to Edwin Hubble, distant galaxies are moving away from us in every
direction at great speed.
 9. These theories are only guesses proposes by astronomers. They have not benn
proven to be true yet.
 _ 10. According to other scientists, although our universe is expanding, it will
eventually slow down and contract, They call it the Big Crunch Theory. Big bang was the result of
the Big Crunch theory.

Explains the theories about the universe. Lesson 90:

Exercise B

Directions: Inside the box are the theories that explain the origin of the universe. Fill in the blanks below by identifying the theory described. Write the letters only.

- A. The steady State Theory
- B. The Creation Theory
- C. Big Bang Theory
- D. Pulsating TheoryE. The Oscillating Universe Theory

 1. Scientists say that everything in the universe will be the same and will stay the
same.
 2. The space between galaxies is still expanding and will expand forever. This is
what they call the expansion theory.
 _3. States that the expansion of the universe will come to a halt and the universe will
contract and expand over again.
 4. This theory originates from the book of Genesis in the Bible, where it says that
God created the universe, the heavenly bodies and the earth on the 6^{th} day.
 5. According to this theory, the matter now in the galaxies were packed in one big
ball billions of years ago.
 6. This theory states that the universe had no beginning and it would have no end.
 7. These theories are only guesses proposed by astronomers. They have not been
proven to be true yet.
 8. Some people believe that there might come a time when these stars would move
so far away from us that we cannot see them anymore.
 9. This theory states that the universe expanded from a ball of matter
10. This theory states that the universe is constant in size and uniform throughout.

Lesson 91: Names some achievements/problems met in space explorations.

Exercise A

Directions: Rearrange the letters in the box to find out the problems met in space exploration Then write the word on the space provided.

1.	1. GESSESSWIETHLN —	
2.	2. extreme URESSREP	
3.	3. CALMENICHA	
4.	4. extreme TURETEMPERA	
5.	5. dangerous NOIRADTASI	
Dir	Directions: Check $()$ all statements that show the	e function of a space probe.
	6. Transmit information and specific data on ea	rth.
	7. Carries astronauts and cosmonauts in space.	
	8. Perform experiments on its surroundings.	
	9. Observes and takes pictures of objects.	
	10. Observes and measures temperature, pressure	e, radiation and objects in space.

Lesson 91: Names some achievements/problems met in space explorations.

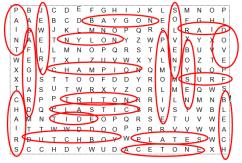
Direction: Rearrange the letters to find	out some achievements/problems m	et in spac
1. NEGOXY =		
2. EIHWTG =		
3. EARSTHATYGRIV	=	
4. FODO =		
5. ORNITAIAD	=	
6. URIY AAGRING =		
7. LNIE GOMNSTRAR	=	
8. TIVANALEN VAKOTERESH =		
9. INERAM2 =		
10. RREAGN7	=	

ANSWER KEY FOR GRADE 6 SCIENCE

Lesson1 Exercise A: 1. heart2. blood vessels 3. blood 4.C 5. A 6.B 7.arteries 8. veins 9. leukocytes Exercise B: 1. heart 2. blood vessels 3. blood vessels 4. C 5. A 6. B 7. Arteries 8. Veins 9. Leukocytes10. B Lesson 2 Exercise A: 1. Heart 2. Blood 3. Blood Vessels 4. A 5. C 6. B 7. C 8. A 9. B 10. B Exercise B: 1. I 2. A 3. C 4. B 5. F 6. G 7. J 8. D 9. E Lesson 3 Exercise A: 1. right atrium 2. right ventricle 3. pulmonary artery 4. lungs 5. pulmonary veins 6. left atrium 7. left ventricle 8. aorta 9. B 10. A Exercise B: 1. right atrium 2. right ventricle 3. pulmonary artery 4. lungs 5. pulmonary veins 6. left atrium 7. left ventricle 8. aorta 9. the blood will undergo a back flow 10. blood circulation is disturbed Lesson 4 Exercise A: 1. A 2. B 3. C 4. hypertension 5. hemophilia 6. heart attack 7. stroke 8. arteriosclerosis 9. hypertension 10. To know the cures and eventually prevent these ailments Exercise B: 1. leukemia 2. congenital heart disease 3. anemia 4. hypertension 5. anemia 6. heart attack 7. arteriosclerosis 8. stroke 9. hypertension 10. A Lesson 5 Exercise A: Check: 1,6,8,9,10 Exercise B: Check: 1,2,3,5,6,7,9 Lesson 6 **Exercise A**: 1. $\sqrt{2}$. X 3. $\sqrt{4}$. $\sqrt{5}$. $\sqrt{6}$. X 7. X 8. $\sqrt{9}$. X **Exercise B**: star: 1,3,4 X: 2 5. G 6. G 7. B 8. G 9. G 10. D Lesson 7 Exercise A: 1. brain 2. spinal cord 3. nerves 4. dendrites 5. cell body 6. axon 7. cerebrum 8. cerebellum 9. brain stem 10. B Exercise B: 1. brain 2. spinal cord 3. nerves 4. D 5. A 6. B 7. cerebrum 8. cerebellum 9. brain stem 10. D Lesson 8 Exercise A: 1. B 2. E 3. A 4. C 5. D 6. 3 7. 1 8. 2 Exercise B: 1. 3 2. 1 3. 2 4. 4 5. 5 6. 1 7. 2 8. 3 9. 4 10. D Lesson **9 Exercise A**: 1. $\sqrt{2}$. X 3. $\sqrt{4}$. X 5. $\sqrt{6}$. $\sqrt{7}$. $\sqrt{8}$. $\sqrt{9}$. X Exercise B: 1. X 2. $\sqrt{3}$. $\sqrt{4}$. X 5. B 6. B 7. G 8. G 9. G 10. G Lesson 10 Exercise A: P: 1, 2, 4, 5, 9, 10 M: 3 S: 6,8 E: 7 Exercise B: 1. IC 2. C 3.C 4.C 5.C 6. IC Lesson 11 Exercise A: Physical: D, E, H, J Mental: A,F Emotional: B, C, G, I Exercise B: answers may vary Lesson 12 Exercise A & Exercise B: answers may vary Lesson 13 Exercise A: 1. true 2. false 3. true 4. true 5. true 6. eyes 7. operations 8.

the heart 9. pregnancy **Exercise B**:1. $\sqrt{2}$. X 3. X 4. $\sqrt{5}$. $\sqrt{6}$. x 7. x 8. $\sqrt{9}$. $\sqrt{10}$. $\sqrt{\text{Lesson}}$ 14 Exercise A: 1. leaf > caterpillar > chicken > snake 2. leaf > caterpillar > bird > lion 3. carrot > rabbit > snake 4. carrot > rabbit > lion 5. leaf > frog > snake **Exercise B**: 1. rice grasshopper > bird 2. seaweed > small fish > big fish > man 3. rice > grasshopper > duck 4. seaweed > big fish > dog 5. rice > pig > man Lesson 15 Exercise A & Exercise B: answers may vary Lesson 16 Exercise A: 3, 5, 1, 6, 4, 2 **Exercise B**: 1. F 2. T 3. T 4. F 5. F 6. T 7. T 8. F 9. F 10. T Lesson 17 Exercise A: answers may vary; forests are important because they serve as home to many animals and plants which makes ecological balance **Exercise B**: 1, 2, 4, 5, 7, 9, 10 **Lesson 18 Exercise A:** 1. $\sqrt{2}$. $\sqrt{3}$. $\sqrt{4}$. $\sqrt{5}$. X 6. $\sqrt{7}$. $X \ 8. \ \sqrt{9}. \ \sqrt{10}. \ X \ 11. \ \sqrt{12}. \ X \ 13. \ \sqrt{14}. \ X \ 15.$ $\sqrt{\text{Exercise B: A, B, D, E, G, I, K, M, N, O}}$ **Lesson 19 Exercise A**: 2, 3, 4, 5, 6, 7, 9 **Exercise B**: 1. X 2. $\sqrt{3}$. X 4. $\sqrt{5}$. $\sqrt{6}$. X 7. X 8. X 9. X 10. X Lesson 20 Exercise A: 1. It burns plant and kills animals 2. Baby fish are killed, stopping population of new fish 3. Animals migrate due to losing their habitat 4. It heats the earth and disrupts ecosystem. 5. Pollution, garbage etc. Exercise B: 1. X 2. X 3. X 4. X 5. X 6. $\sqrt{7}$ X 8. X 9. $\sqrt{10}$ X **Lesson 21 Exercise A**: 1. E 2.D 3.C 4.B 5.A Food Shortage: more members to feed... Water Shortage: more water is needed, poor distribution of water supply, people throw garbage in rivers and seas Space Shortage: build houses along river banks, building houses close to each other Exercise B: 1. Water 2. Food 3. Food 4. Space 5. Water 6. Space 7. Space 8. Food 9.Food 10.Water **Lesson 22 Exercise A**: 1. T 2. T 3. F 4. T 5. F 6. T 7. T 8. T 9. T 10. F Exercise B: 1. $\sqrt{}$ 2. X 3. $\sqrt{4}$ X 5 X 6. X 7. $\sqrt{8}$ $\sqrt{9}$ $\sqrt{10}$ X Lesson 23 Exercise A: 1-9. Star 10. O **Exercise B**: 1. A 2. B 3. C 4. X 5. E 6. F 7. G 8. X 9. I 10. J Lesson 24 Exercise A: Answers may vary **Exercise B**: 1. Throwing of garbage 2. Over-sized family 3. Deforestation 4. Oil spill 5. Malnourished children Lesson 25 Exercise A:1. $\sqrt{2}$. $\sqrt{3}$. $\sqrt{3}$

4. X 5. X 6. $\sqrt{7}$. $\sqrt{8}$. X 9. $\sqrt{10}$. $\sqrt{2}$ Exercise **B:** 1. T 2. T 3. T 4.T 5. T 6. F 7. T 8. T 9. T 10 T Lesson 26 Exercise A: A, B, E, G, J **Exercise B**: X: 1, 4, 7 Star: 2, 3, 5, 6, 8, 9 10 Lesson 27 Exercise A: 1. B 2. A 3. D 4. I 5. G Exercise B: answers may vary Lesson 28 Exercise A: 1. C 2. F 3. I 4. A 5. H 1. clean bodies of water 2. Exercise B: healthy people 3. educate people 4. balanced/ undistributed forest ecosystem 5. enough supply of food 6. clean surrounding 7. enough supply of water 8. managed garbage disposal 9. community services Lesson Exercise 29



Exercise B: Pesticides: baygon, raid Soap: Surf, Palmolive, Dove, Tide Triton, Dutchboy, Boysen Solvent: acetone, solvent others: jewelry, plastics, chairs, plates, nylon Lesson 30 Exercise A: 1. F 2. G 3.h 4.i 5.j 6. E 7. D 8. C 9. B 10. A **Exercise B**: 1. E 2. H 3. C 4. I 5. D 6. H 7. B 8. A 9.f 10. D Lesson 31 Exercise A: answers may vary Exercise B: 1-9. A 10. D Lesson 32 Exercise A: Household tasks: preserving foods, styling the hair. eliminating flies and cockroaches, lighting, making coffee Old technology: cooler, pomade, swatters, candle, gas range, boiling New/Improved water Technology: refrigerators, gel, hairspray, aerosol spray, aerosol spray, fluorescent lamp, microwave oven, coffee maker Exercise B: answers may vary Lesson 33 Exercise A & Exercise B: answers may vary Lesson 34 Exercise **A**: 1. A 2. G 3. F 4. B 5. B 6. C 7. E 8. D 9. H 10. H Exercise B: 1. aerosol 2. products from Industrial plants. 3. drugs 4. alcohol 5. additives 6. burned fossil fuels insecticides 8. fertilizers 9. alcohol 10. sodium benzoate Lesson 35 Exercise A: 1. $X 2. \sqrt{3}. \sqrt{4}. \sqrt{5}. X 6. X 7. X 8. X 9. \sqrt{10}.$

Exercise B:smiley: 1-5,9, 10 sad: 6-8 Lesson 36 Exercise A: Solid/heart: 1, 3, 6, 7, 9 Liquid/square: 2, 4, 5 Gas/triangle: 8, 10 Exercise B: 1. liquid 2. solid 3. solid 4. liquid 5, gas 6, liquid 7, gas 8, solid 9, solid 10. solid Lesson 37 Exercise A & Exercise **B**: outputs may vary **Lesson 38 Exercise A**: 1. fuels 2. acids 3. food 4. metals 5. mechanical 6. light 7. sound 8. electrical 9. geothermal 10. nuclear Exercise B: 1. Chemical Energy 2. electrical energy 3. mechanical energy 4. radiant energy 5. electrical energy 6. chemical energy 7. electrical energy 8. heat energy mechanical energy 10. electrical energy Lesson 39 Exercise A & Exercise B: answers may vary Lesson 40 Exercise A: 1. electrical energy 2. nuclear energy 3. radiant energy 4. sound energy 5. chemical energy 6. mechanical energy Exercise B: 1. chemical energy 2. electrical energy 3. nuclear energy 4. radiant energy 5. sound energy 6. mechanical energy Lesson 41 Exercise A: A, C, D, G, J Exercise B: burning of paper, digest bread, movement of pistons in car, lighted stick, using dry cells in a flashlight Lesson 42 Exercise A & Exercise B: answers may vary Lesson 43 **Exercise A**: 1. D 2.C 3.B 4.E 5.A 6-10: check all Exercise B: 1. produced 2. electrons 3. material 4. conductor 5. copper wires 6. aluminum wires A-E: encircle all Lesson 44 Exercise A: A, B, C, D, E :: first 5 Exercise B: 1. T 2. warmer 3. in all direction 4. T 5. T 6. T 7. T 8. T Lesson 45 Exercise A & Exercise B: answers may vary Lesson 46 Exercise A: 1. Nuclear and geothermal 2. Electrical sound and heat 3. Electrical, chemical, mechanical Exercise **B**: 1. Electrical 2. Mechanical, heat 2. nuclear 3. Nuclear, geothermal, electrical, heat Lesson 47 Exercise A: 1. Conduction 2. Convection 3. Convection 4. Convection 5. Convection 6. Convection 7. Conduction 8. Conduction 9. Radiation 10 convection Exercise B: 1. RD 2. CD 3. CD 4. CV 5. CV 6.CV 7. CV 8.CV 9.CD 10. CD Lesson 48 Exercise A: 1. Hot 2. Heat 3. Heat 4. Heat 5. Heat Exercise B: answers may vary Lesson 49 Exercise A: 1. yes 2. E, least time 3. C, most time 4. D, west 5. A, north

6. C & E, not in the same direction 7. B & E Exercise B: 1. yes 2. B, least time 3. E most time 4. C & E, west 5. B north 6. C & E, yes Lesson 50 Exercise A: S= D/T 1. C 2. D 3. A 4. C 5. A Exercise B: 1. A 2. A 3. B 4. B 5. B Lesson 51 Exercise A: $V = \Delta x/\Delta T$ 1. A 2. B 3. B Exercise B: $V = \Delta x/\Delta T$ 1. A 2. A 3. C Lesson 52 Exercise A: 1. T 2. F 3. T 4. T 5. T 1. B & C 2. B, force is greater therefore acceleration is greater compared to A Exercise B: ⊕: 1, 3, 5 ⊕: 2,4 B & C **Lesson 53 Exercise A**: 1. A 2. A 3 B 4. A 5. B Exercise B: 1. B 2. A 3. A 4. A 5. B Lesson 54 Exercise A: 1. in a circular path 2. centripetal force 3. maintain a circular path 4. A 5. A 6. A 7. B 8. A 9. A 10. A **Exercise B**: 1. T 2. T 3. T 4. A 5. A 6. A 7. A 8. B 9. A 10. A Lesson 55 Exercise A: 1. C 2. B 3. A Exercise B: 1. A 2. B 3. B Lesson 56 Exercise A: 1. Crust 2. Core 3. Outer Core 4. Inner Core 5. Core 6. Crust 7. Mantle

Exercise B: 4. 4 5. Crust 6. Mantle 7. Outer Core 8. Inner Core

ercise A:1. Eurasian 2.

Lesson 57 Exercise A:1. Eurasian 2. Australian 3. Pacific 4. Antartic 5. North American 6. South American 7. African ExerciseB:

W	S	Н	M	O	J	O	K	В	S	E	V	Α	W	/N
Н	С	0	L	D	F	$\triangleleft V$	Α	С		R	F	A	-1	/ o\
Т	G	Ε	-1	L	P	Α	С	-1	F	1	\bigcirc	D	U	R
R	Q	C	O	Ν	Т	-1	N	E	N	Т	Α	L	Q	Т
0	L	J	V	N	1	Α	Т	Ν	U	0	М	F	Α	Н
M	A		L	Α	R	I	S	U	A	70	D	Ν	-1	Α
Н	T	G	С	F	S	D	Ę	N	X	Α	Υ	Ε	R	М
F	Α	М	S	U	1	N	T	ø	G	K	С	0	R	Ε
L	С	٧	R	X	V	A	<u>K</u>	Α	Ν	Υ	0	L	0	R
0	-1	C	•	W	R,	A	S	\perp	Α	N	$-\mathbf{B}$	Α	0	1
Α	Т	Z	Q	T	W	Ν	L	F	Н	0	K	Ν	Ε	C /
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S	Ν	4	W	М		_E	_A_	C	_N_	_A	R	W	Z	M
В	$\langle S \rangle$	0	U	Т	Н	Α	M	Ε	R	-1	С	Α	N	>s

Lesson 58 Exercise A: 1. OC 2. CC 3. OC 4. CC 5. CC 6. CC 7. CC Exercise B: 1. OC 2. CC 3. OC 4. CC 5. CC 6. CC 7. CC Lesson 59 Exercise A: 1. © 2. © 3. © 4. X 5. © 6. X Exercise B: 1. X 2. © 3. X 4. © 5. © 6. © Lesson 60 Exercise A: 1. T 2. T 3. F 4. T 5. T 6. T 7. F 8. T 9. T 10. F Exercise B: 1. X 2. © 3. © 4. © 5. © 6. ©

7. X 8. © 9. © 10 X Lesson 61 Exercise A: 1. I 2. M 3. I 4. M 5. M 6. I 7. I 8. M 9. I 10. M Exercise B: Star: 1,3,5 7, 8 Circle: 2, 4,6, 9, 10 Lesson 62 Exercise A 2-5: drawings Star: 6, 7, 8, 10 Square: 9 **Exercise B**: 2-5: Drawings Star: 7,8,10 Lesson 63 Exercise A: 1. D 2. E 3. A 4. C 5. B 6. F 7. J 8. G 9. H 10. I Exercise B: 1. I 2. G 3. H 4. B 5. A 6. D 7. F 8. J 9. E 10. C Lesson 64 Exercise **A**: Part I: 3,2,1 Part 2: 2,3,1 **Exercise B**: 1st part: 1,3,2 2nd Part: 3,1,2 Lesson 65 Exercise A: Active: A&C Dormant B& D Exercise B: Active: A& D Dormant: B&C **Lesson 66 Exercise A**: Order: 2, 5, 1, 3, 6, 4 Exercise B: Order: 4, 2, 3, 6, 5, 1 Lesson 67 **Exercise A**: 1. HE 2. BE 3. HE 4. BE 5. HE 6. BE 7. BE 8. HE Exercise B: 1. Foe 2. Friend 3. Friend 4. Foe 5. Foe 6. Friend 7. Foe 8. Friend Lesson 68 Exercise A: 1. Before 2. After 3. Before 4. After 5. Before 6. Before 7. After 8. Before 9. After 10. Before Exercise B: 1. Before 2. After 3. After 4. Before 5. Before 6. Before 7. Before 8. Before 9. Before 10. Before Lesson 69 Exercise A: Climate is the average of all weather conditions prevailing in a particular place for a ling period of time **Exercise B**: Climate > Is the Ave. of all > Weather Conditions> prevailing> Ina > Particular > Place > For a > Long Period > Of Time Lesson 70 Exercise A: 1. C 2. B 3. E 4. D 5. A 6. F 7. G 8. D 9. C 10. D **Exercise B**: 1. C 2. B 3. E 4. D 5. D 6. F 7. G 8. B 9. D 10. D Lesson 71 Exercise A: Altitude, latitude, Bodies of water, wind system and the amount of rainfall are factors that affect the climate of a place Exercise B: Latitude, BodIes of Water Wind SysteM, Altitude, AmounT of Rainfall Lesson 72 Exercise A: 1. E 2. A 3. B 4. D 5. C **Exercise B**: 1. E 2 . A 3 B 4. D 5. C Lesson 73 Exercise A: 1. Dry 2. Wet 3. Wet 4. Dry 5. Dry 6. Wet and dry 7. Dry Season 8. Wet Season Exercise B: Part 1: 1. Dry 2. Wet 3. Wet 4. Dry 5. Dry Part 2: 1. Wet and Dry 2. Wet Season 3. Dry Season Lesson 74 Exercise A: 1. False 2. True 3. True 4. False 5. True 6. Tru 7. False 8. False 9. False 10. True Exercise B: 1. True 2. True 3. True 4. True 5. False 6. False 7. True 8. True 9. True 10. False Lesson 75 Exercise A:

Spring, Summer, Winter Fall 1. Spring: weather is sunny, windy 2. Summer: hot to very hot 3. Fall: cool, dry, leaves turning brown and falling 4. Winter snowy, very cold Exercise B: Part 2: 1. Spring: weather is sunny, windy 2. Summer: hot to very hot 3. Fall: cool, dry, leaves turning brown and falling 4. Winter snowy, very cold Lesson **76 Exercise A**: 1. 1st 2. 4th 3. 1st 4. 3rd 5. 1st $6. \ 2^{nd} \ 7. \ 3^{rd} \ 8. \ 1^{st} \ \& \ 3^{rd} \ 9. \ 2^{nd} \ 10. \ 2^{nd}$ **Exercise B**: 1. 2nd 2. 4th 3. 1st 4. 3rd 5. 1st 6. 1st 7. 3rd 8. 2nd 9. 4th 10. 1st Lesson 77 Exercise A & Exercise B: Answers may vary Lesson 78 Exercise A: 1. Rigel, Sirius, Procyron, Sun, Betelgeuse 2. Rigel 3. Betelgeuse 4. Bluish-white 5. Red Exercise B: same as Exercise A Lesson 79 Exercise A: Dwarf: NGC 2440, Van Maanen Medium: Sun, Vega, Altair, Siruis Giant: Capella, Arcturus, Aldebaran Super Giant: Antares, Betelegeuse Exercise B: Same as Exercise A Lesson 80 Exercise A: 1-5 T 6. F 7. T **Exercise B**: 1-5. T 6. F 7. T Lesson 81 Exercise A: 1. blue, red 2. 10k-20k 3. blue 4. 3k 5. 6k 6. tremendous 7. red 8. red Exercise B: 1. blue 2. red 3. blue, red 4. 10-20k 5. 3k 6. 6k 7. tremendous 8. red **Lesson 82 Exercise A:** 1. nearest 2. farthest 3. a 4. b 5. c **Exercise B**: part 4: 1. nearestbrightest, farther- dimmest 2. no flashlight has bigger light 4. c 5. c Lesson 83 Exercise **A**: 1. D 2. C 3. C 4. A **Exercise B**: 1. B 2. B 3. C 4. D Lesson 84 Exercise A: 1. F 2. F 3. T 4. T 5. T Exercise B: 1. F 2. T 3. T 4. T 5. F Lesson 85 Exercise A: Stars: 1-4 X: 4 Exercise B: ©: 2-5 ©: 1 Lesson 86 **Exercise A**: Star: 1, 2, 5, 6, 7 X: 3, 4, 8, 9, 10 Exercise B: Encircle 1-5, 8 Lesson 87 Exercise A: 1. Large Magellanic Clouds 2. Milky Way Galaxy 3. Great Nebula 4. Whirlpool Galaxy 5. Normal Spiral 6. Irregular Galaxy 7. Small Magellanic Clouds 8. Andromeda Galaxy 9. Elliptical Galaxy 10. Barred Special Exercise B: 1. Large Magellanic Clouds 2. Nebula 3. Elliptical 4. Small Magellanic Clouds 5. Whirlpool 6. Spiral 7. Irregular 8. Milky Way Lesson 88 Exercise A: 1. 100 2. sun 3. 100,00 4. 20,00 5. Spiral 6. 7. big 8. 30,00 9. 10. light year Exercise B: 1. 100 Billion 2. big 3. earth 4. counterclockwise 5. spiral 6. galaxy 7. millions 8. spiral; 9. counter clockwise 10. earth **Lesson 89 Exercise A**: Star: 1, 2, 4, 5, 7, 8, 10 X: 3, 6, 9 **Exercise B**: Heart: 1,3,4,6,7,8,9,10 Triangle: 2,3 **Lesson 90 Exercise A**: 1. B 2. D 3. A 4. C 5. B 6. D 7. B 8. B 9. E 10. A **Exercise B**: 1. A 2. C 3. E 4. B 5. C 6. A 7. D 8. C 9. D 10. A **Lesson 91 Exercise A**: 1. weightlessness 2. pressure 3. Mechanical 4. Temperature 5. Radiations $6. \sqrt{7}. \sqrt{8}. \sqrt{9}. \sqrt{10}. X$ **Exercise B**: 1. Oxygen 2. Weight 3. Earth's Gravity 4. Food 5. Radiation 6. Yuri Gagarin 7. Neil Armstrong 8. Valenta Tereshkova 9. Mariner 2 10. Mariner 7

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