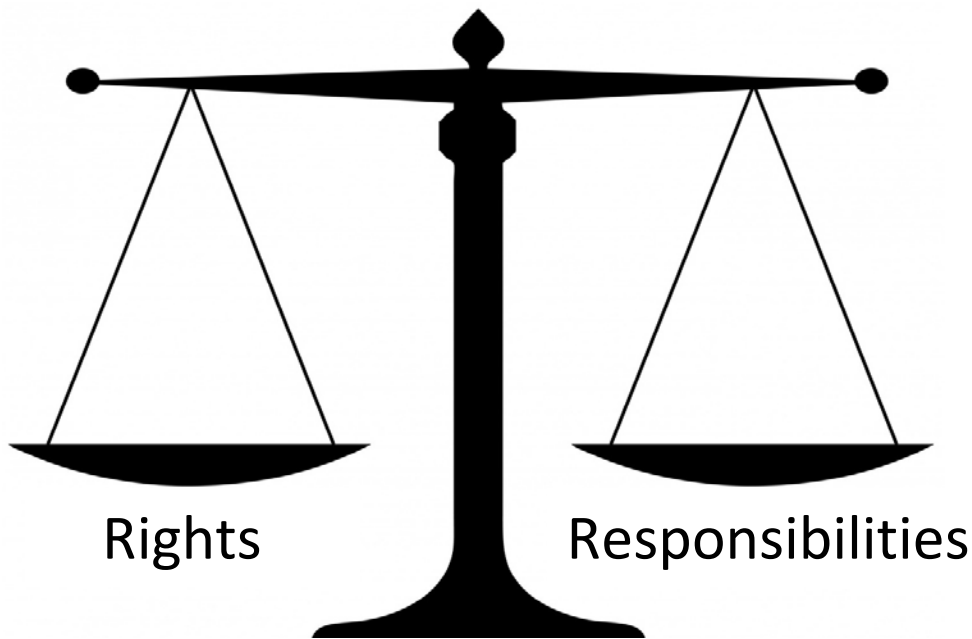


Worksheet 2a – Rights and responsibilities balance scale

For each of the rights listed below, provide a list of corresponding responsibilities



**Are you
keeping
the
balance
equal for
everyone?**

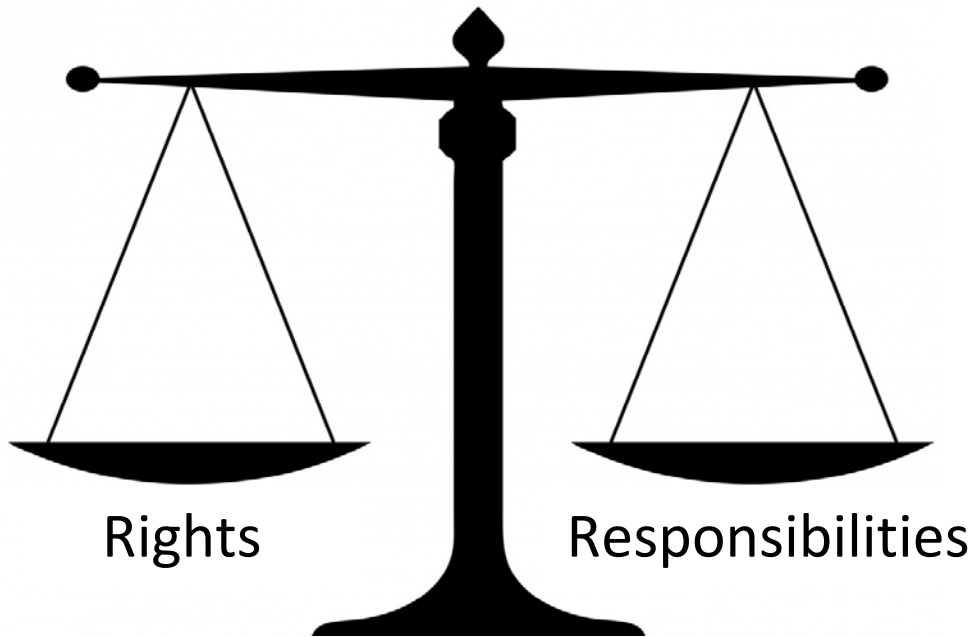
Create openings to inclusion, not barriers.

NB: When discussing your responsibilities, keep in mind the extra challenges some student have at school due to differences in the way they move, learn and communicate

<p>1. I have the right to feel safe</p>	<p>I have the responsibility to... <i>take these positive actions so others feel safe:</i></p>
<p>2. I have the right to feel welcome at school</p>	<p>I have the responsibility to... <i>take these positive actions so others feel welcome:</i></p>
<p>3. I have the right to choose who I play with</p>	<p>I have the responsibility to... <i>consider these things when I make these choices:</i></p>

Worksheet 2b – Rights and responsibilities balance scale

For each of the rights listed below, provide a list of corresponding responsibilities



**How can you
make a
difference?**

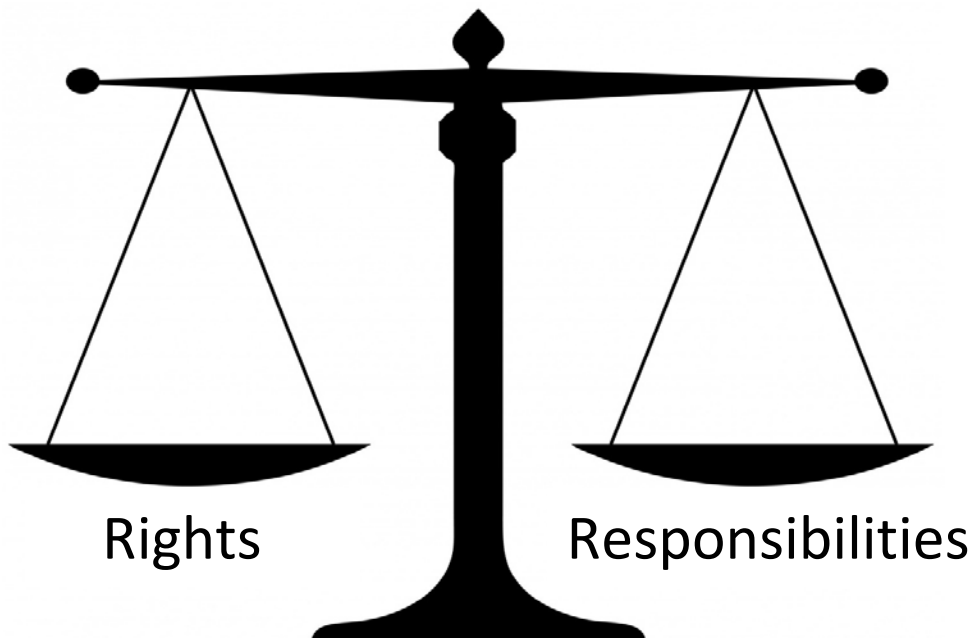
Don't be a bystander – take action and make a difference

NB: When discussing your responsibilities, keep in mind the extra challenges some student have at school due to differences in the way they move, learn and communicate

<p>4. I have the right to tell someone they can't join in</p>	<p>I have the responsibility to...<i>consider the following things before I make the decision to tell someone they cannot join in:</i></p>
<p>5. I have the right to tell someone I don't like what they are doing</p>	<p>I have the responsibility to...<i>be mindful of the way I tell them and make sure I:</i></p>
<p>6. I have the right to express my opinion</p>	<p>I have the responsibility to...<i>take the following positive actions so that others can feel comfortable expressing their opinions:</i></p>

Worksheet 2c – Rights and responsibilities balance scale

For each of the rights listed below, provide a list of corresponding responsibilities



**Do you
make it
easy for
others to
be
included?**

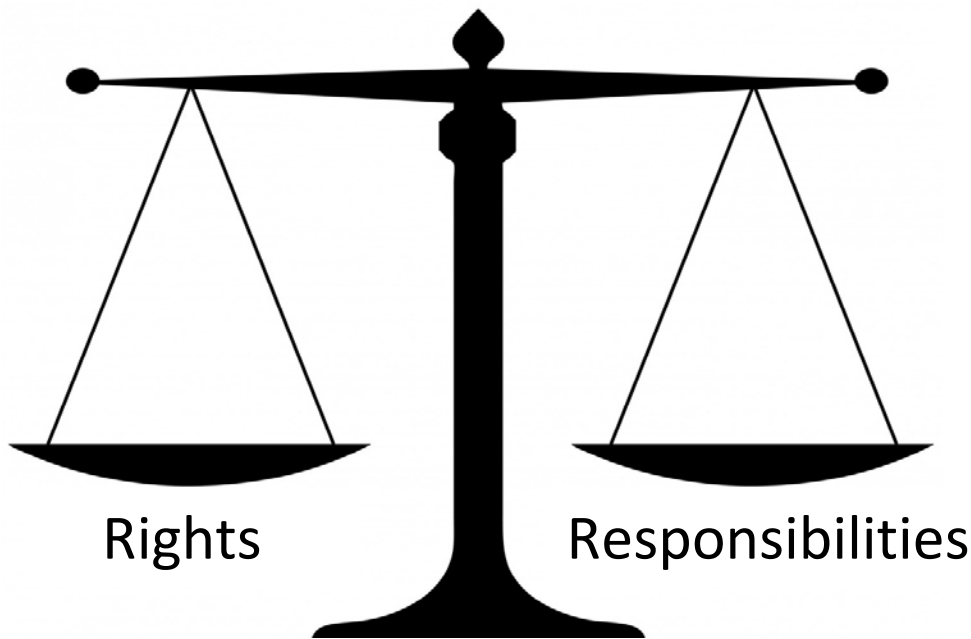
Choose to be 'accepting' instead of 'rejecting'

NB: When discussing your responsibilities, keep in mind the extra challenges some student have at school due to differences in the way they move, learn and communicate

<p>7. I have the right to be included in school activities</p>	<p>I have the responsibility to... <i>take these positive actions so others feel included:</i></p>
<p>8. I have the right to be different in the way I learn, communicate, move around, and look</p>	<p>I have the responsibility to... <i>take these positive actions so others also have this right to be different:</i></p>
<p>9. I have the right to be acknowledged for my skills and abilities</p>	<p>I have the responsibility to... <i>take these positive actions so others also are acknowledged for their skills and abilities:</i></p>

Worksheet 2d – Rights and responsibilities balance scale

For each of the rights listed below, provide a list of corresponding responsibilities



**Do you
make it
easy for
others to
be
included?**

The small changes you make can change lives!

NB: When discussing your responsibilities, keep in mind the extra challenges some student have at school due to differences in the way they move, learn and communicate













10. I have the right to contribute at school and at home	I have the responsibility to... <i>take these positive actions and make these considerations so others can contribute at school and at home:</i>
11. I have the right to be treated fairly and not labelled for my differences	I have the responsibility to... <i>take these positive actions and make these considerations so others are treated fairly:</i>
12. I have the right to ask for help	I have the responsibility to... <i>take these positive actions and make these considerations:</i>

Teachers sample answer sheet

Rights	Responsibilities <i>We have the responsibility to take these positive actions :</i>
1. I have the right to feel safe	<p>I have the responsibility to:</p> <ul style="list-style-type: none"> • Take action if someone is being bullied. • Play with others in a way that ensures they feel safe. • Not use my power (influence, self-confidence) in a negative way to make someone feel unsafe or overpowered (intimidation)
2. I have the right to feel welcome at school	<p>I have the responsibility to:</p> <ul style="list-style-type: none"> • Acknowledge my classmates in a friendly manner (in class and in the playground). • Get to know my classmates (eg. finding something I have in common with them). • Take notice of those around me and not render them invisible (ie. do not ignore any of my classmates). • Make sure I am not creating obstacles for people getting around the school if they have mobility challenges (ie. where I put my personal items, where I stand in walkways etc).
3. I have the right to choose who I play with	<p>I have the responsibility to:</p> <ul style="list-style-type: none"> • Accept that sometimes I need to be flexible and fit in with what others are doing. • Allow others to play with my preferred play buddies as well. • Not discriminate against others who I could play with because they have differences.
4. I have the right to tell someone they can't join in	<p>I have the responsibility to:</p> <ul style="list-style-type: none"> • Consider if changes can be made to the activity so that they can join in. • Name the negative behaviour that is causing issues relating to them joining in, and let them join in if the negative behaviour changes. • Not discriminate against them because they have differences that I have not been accepting of.
5. I have the right to tell someone I don't like what they are doing	<p>I have the responsibility to:</p> <ul style="list-style-type: none"> • Not insult them with a personal attack (name calling), but talk about the behaviour that I don't like, and state how I feel when they do this. • Not use aggressive communication (eg. yelling, swear words, put downs), but use assertive (confident, clear) language with a calm voice.
6. I have the right to express my opinion	<p>I have the responsibility to:</p> <ul style="list-style-type: none"> • Acknowledge that it is OK for others to have a different opinion than I do. • Listen to other people's opinion and consider their point of view. • Not put down another person because they have a difference of opinion.
7. I have the right to be included in school activities	<p>I have the responsibility to:</p> <ul style="list-style-type: none"> • Create openings for my classmates to join in. • Be flexible and creative with activities so that everyone can join in. • Consider the feelings of others who are not invited to join in and take action so that everyone can feel included.
8. I have the right to be different in the way I learn, communicate, move around, and look	<p>I have the responsibility to:</p> <ul style="list-style-type: none"> • Acknowledge that everyone has similarities and differences, and this makes our community an interesting place to be! • Appreciate that diversity in the way we do things every day is a great thing, and create opportunities for everyone to learn new things. • Never mock (put down) a person's differences to make them feel bad about themselves, uncomfortable or sad. This is bullying behaviour.
9. I have the right to be acknowledged for my skills and abilities	<p>I have the responsibility to:</p> <ul style="list-style-type: none"> • Find out the skills and abilities of my classmates. • Focus on the skills and abilities of my classmates, not the things they cannot do. • Acknowledge the skills and abilities of my classmates.
10. I have the right to contribute at school and at home	<p>I have the responsibility to:</p> <ul style="list-style-type: none"> • Share the 'air space' (ie give others a chance to speak) • Acknowledge that everyone can contribute to school life in their own way when we focus on ability. • Notice when others are contributing at school and give a positive acknowledgement.

	<ul style="list-style-type: none"> • Let others contribute at school in their own way. Give others opportunities when you can.
11. I have the right to be treated fairly and not labelled for my differences	<p>I have the responsibility to:</p> <ul style="list-style-type: none"> • Not label or stereotype people that have extra challenges related to their difference. • Never use difference or disability as a put down. • Not discriminate against people or feel in some way you are superior because they have differences, or do things differently.
12. I have the right to ask for help	<p>I have the responsibility to:</p> <ul style="list-style-type: none"> • Not assume people want help. Always ask first. • Take action in some way when someone asks for help. • Not associate others asking for help as a weakness, liability, or burden.

RIGHTS & RESPONSIBILITIES FOR AN INCLUSIVE CLASSROOM

Rights	Responsibilities <i>We have the responsibility to take these positive actions:</i>
1. I have the right to feel safe	
2. I have the right to feel welcome at school	
3. I have the right to choose who I play with	
4. I have the right to tell someone they can't join	
5. I have the right to in tell someone I don't like what they are doing	
6. I have the right to express my opinion	
7. I have the right to be included in school activities	
8. I have the right to be different in the way I learn, communicate, move around, and look	
9. I have the right to be acknowledged for my skills and abilities	
10. I have the right to contribute at school and at home	
11. I have the right to be treated fairly and not labelled for my differences	
12. I have the right to ask for help	
13.	