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## WALNUT

### Walnut Valley Rotary Club Honors Mark Dean as LA County Sheriff Deputy of the Year

#### STAFF REPORTS

**Diamond Bar** - On Tuesday, April 24th, Deputy Mark Dean from the Walnut / Diamond Bar Sheriff's Station, was honored by the Walnut Valley Rotary Club for Deputy of The Year.

Deputy Dean was presented the award by the Rotary Club during a breakfast at the Diamond Bar Golf Course in front of County Council representatives, City Council members, partners and his friends and family. ■

### SGV Chamber of Commerce President, Dr. David Hall, Passes Away



PHOTO COURTESY: SGV CHAMBER OF COMMERCE

#### By ANTHONY SAUDE

**Walnut-** It is with great sadness we mourn the passing of the Regional Chamber of Commerce

San Gabriel Valley Board Chair/President, Dr. David Hall,

he fought courageously during his long battle with cancer.

David K. Hall, 72, passed away on Sunday, April 22, 2018, he was surrounded by friends and loved ones.

David was born on July 16, 1945 in Coffeyville, Kansas and graduated from the University

see Dr. Hall page 10

### Car Blazes on Grand Avenue

#### By MICHAEL ARMIJO

**Diamond Bar** – Anyone who drove past Summit ridge Park last week couldn't help but notice the formerly white but now burnt out BMW X5 on fire in the parking lot at 1600 Grand Ave in the early morning hours. LA County Sheriff deputies were on hand to oversee what happened to the car.

"This may be a crime scene," said one LA County Deputy.

"We haven't determined the cause yet."

"The deputy was investigating if it was arson, insurance fraud, or vandalism, but none of those were evident," said Walnut-Diamond Bar station captain Al Reyes. "It stemmed from a call of non-criminal auto fire we received."

Captain Reyes told OurWeeklyNews.com that the

see **Blaze** page 10



PHOTO BY: MICHAEL ARMIJO

## LOCAL NEWS

### CH Robbery Suspect Arrested; Police Still Seeking Third Man

#### By ANTHONY SAUDE

**Chino Hills** - A Hemet resident, a suspect in a brazen robbery at a Chino Hills residence in April was arrested Wednesday, while another man from Perris was already in custody.

Deonta Simuel, 18, of Hemet, was arraigned on robbery charges Thursday in Rancho Cucamonga Superior Court after he had been arrested the previous day, according to online court records. He plead not guilty to two counts of robbery during video arraignment proceedings. He is scheduled to return to court May 8 to begin the trial.

A third man is still being

sought by San Bernardino County sheriff's deputies.

The Chino Hills victims had just arrived home about 7:40 p.m. on April 19 in the 13000 block of Misty Meadow Court, when three men walked up, forcefully took the residents' belongings and ran away from the residence, according to a sheriff's news release.

One of the victims chased the men as they headed for a vehicle, a black Hyundai Accent hatchback driven by the third unknown man. Steven Stephon Williams, 22, of Perris, could not get inside of the car before it fled. He was found and arrested

see **Local** page 10

## INLAND EMPIRE

### Police Need Your Help to Solve Fatal Hit and Run

#### By ANTHONY SAUDE

**Eastvale** – Crime never goes away, and the Eastvale Police Department's Traffic Division is asking for the public's help with an investigation that occurred four years ago.

On Friday, April 25, 2014, just after midnight, Eastvale officers began a Hit-And-Run investigation at the intersection of Limonite Avenue and Hamner Avenue. The collision turned fatal. Officers learned a black, unknown make sedan, struck a bicyclist after failing to stop for

a red light. The sedan fled the scene on Limonite Avenue and was never located. Witnesses attempted to provide information that day, but at this moment, no one is in custody. The day's tragic events took the life of a young man, Troy Davids, and left his family mourning his loss.

The commitment to the investigation has never diminished for the Eastvale Police Department. They are now asking for residents in the community for your help. All information and the previous leads the public provided have

been exhausted. The traffic division for the police department is encouraging anyone with information to come forward and contact them at 951-955-2600.

Details:

On Friday, April 25, 2014 at 12:12 a.m., Eastvale Police Officers responded to a reported injury traffic collision at the intersection of Limonite Ave. and Hamner Ave., in the City of Eastvale. During the preliminary investigation it was revealed that an unknown make or

see **IE** page 10

## Our Featured Businesses

### Free Dessert for MOMS!

#### STAFF REPORTS

**Diamond Bar** – Treat Mom to a wonderful Mother's Day this Sunday May 13 at The Whole Enchilada and let her get a FREE DESSERT! Moms deserve to have the day off and relax, and enjoy a delicious meal of their Mexican favorites – like sizzling Fajitas, Carnitas, or Chili Colorado! The Whole Enchilada is a delicious

see **Enchilada** page 10



Moms get a **FREE** dessert on Mother's Day at the Whole Enchilada! They are located at 1114 S. Diamond Bar Blvd. in Diamond Bar. Contact them at (909) 861-5340 or online at [www.wholeenchilada.com](http://www.wholeenchilada.com). See their ad and coupons on page 12.

### WHO Will Take Care of Your Eyes

#### STAFF REPORTS

**Walnut**– Do you know WHO will care for your eyes? For many years, Walnut Hills Optometry (WHO) has taken excellent care of the vision needs of the community, serving patients from Walnut, West Covina, Diamond Bar, and Chino Hills to patients from La Puente, Rowland Heights, Hacienda Heights and Whittier. Because of the quality of service provided, as well as the trusting care given by the

see **WHO** page 10



Walnut Hills Optometry is conveniently located near the 10, 60 and 57 freeways at 18800 E. Amar Rd., #A5 in Walnut. For more info call (909) 594-1153. See their ad on page 4.



# Weekly News

## WEEKLY NEWS EASTVALE NEWS SGV NEWS

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Write a letter to the Editor.

### The Weekly News

Please contact us at:

#### LETTERS:

382 N. Lemon Ave #402  
Walnut, CA 91789

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**ABCpr**  
MEDIA GROUP

# WVUSD Parents, Community Shine at Gala

BY KELLI GILE

**WALNUT--** A stellar group of Walnut Valley Unified School District volunteers and community members were honored during the A Night of the Stars gala held April 26 at the Diamond Bar Center.

The 4th bi-annual event, sponsored by the Walnut Valley Educational Foundation, lauded exemplary parents, alumni, business, education, leadership, and service partners.

"It is an honor having the opportunity to celebrate so many wonderful people tonight," said Superintendent Dr. Robert Taylor.

"Thank you so much for helping make Walnut Valley such an incredible school district!"

Distinguished parent partner awards were presented to Mike Ramirez – Castle Rock Elementary, Karen Motus – Cyrus J. Morris Elementary, Betsy Castellano – Collegewood Elementary, Ling Yeung – Evergreen Elementary, Richard Nakama – Quail Summit Elementary, Carolyn Morris – Maple Hill Elementary, Melissa Hanson – Vejar Elementary, April Alvarado – Walnut Elementary, Melinda Powell – Westhoff Elementary, Terri Lotto, Carrie

Cheng, Ray and Carol Gonzales – Chaparral Middle School, Gordon Mize – South Pointe Middle School, David Morales – Suzanne Middle School, Wanda Tanaka – Diamond Bar High, Pastor Donald R. Gridiron and Gloria G. Gridiron – Ron Hockwalt Academies,

and Raymond and Kary Wong – Walnut High.

Distinguished partner awards were presented to Ryan O'Shea MD, Diamond Bar High Class of 2003 - Alumni, SolarMAX Technology, Ching Liu - Business Partner, Nancy Hogg and Denis Paul - Community Partners, Walnut Valley Secondary Music Programs: Diamond Bar and Walnut High Schools, Chaparral, South Pointe, and Suzanne Middle Schools – Education Partners, Walnut Valley Financing Corporation - Leadership Partner, and Walnut Valley Kiwanis Club - Service Partner.

"After hearing all the accomplishments shared about our honorees, the term 'it takes a village' is truly felt here," said Board President Cindy Ruiz who emceed the presentations with Deputy Superintendent Dr. Matthew Witmer.

The celebration of education also featured music by the

Diamond Bar High Commercial Music Program.

The Kenneth Goodson Memorial Scholarship was introduced in honor of the Assistant Superintendent of Business Services who passed away in February.

The event concluded with a surprise Distinguished Leader recognition for Dr. Taylor as Superintendent of the Year.

"I can't tell you how long we've kept this a secret!" Ruiz added.

"It took all these people on stage to come together, including the School Board, Employee Associations, Parent Organizations, and Educational Foundation to pull this off!" Ruiz said.

Star parents were honored for generously giving their time and talents to benefit students and schools.

Three years ago, Cyrus J. Morris Elementary honoree and school alumnus Karen Motus was motivated to spearhead and lead a Science Olympiad team because her children, Kaylee and Elonzo, love science.

"I stayed on as coach because I have been surrounded by students, faculty, and families who enjoy learning about STEAM and the importance of

teamwork!" she said.

April Alvarado has been involved in every event at Walnut Elementary during the past seven years. She volunteers to be a room parent for classrooms when they don't have one – even though her children aren't in that class.

"She never hesitates to help," lauded Principal Robert Chang.

Chaparral Middle School band booster parents Terri Lotto, Carrie Cheng, Ray and Carol Gonzales were honored successfully fundraising over \$20,000 this year to support out-of-state competitions. They arrive daily to stock, catalog, and sell snacks from the after-school band store.

"The contributions of these three families represent the commitment of this wonderful group of supporters to music, and to the Chaparral band program!" said Principal Ron Thibodeaux.

Rich Nakama volunteers in the Quail Summit Elementary library, virtual desktop (VDI) lab, playground area, and is the logistics person for the Carnival.

"Rich is always the first to arrive and last to leave!" said Principal Frances Weissenberger. ■



PHOTO COURTESY: K. GILE



PHOTO COURTESY: K. GILE

## Community Events

### UPCOMING EVENTS:

#### "May the ARTS Be With You" ARTWALK

**When:** Saturday, May 12, 5:00 pm to 10:00 pm

**Where:** 500 Block, Pomona (565 W. 2nd St., Pomona)

**Details:** Located in the Pomona Arts Colony, every month on the 2nd Saturday the Art Walk brings big crowds to the streets. Over a dozen galleries host artist receptions for their latest exhibits. Many shops, studios and restaurants open late. There is no better way to get a feel for the lively community that hundreds of artists have built here. Experience the diverse array of top quality art work, ceramics, fiber, jewelry, mixed media, painting, photography and more. It's FREE. Bring your friends and family! During each 2nd Saturday Artwalk we also have a market in Shaun Diamond Plaza at W. 2nd St and Thomas St. featuring music, artisan crafts, jewelry, candles, cloth-

ing, food vendors and more.

**Cost:** FREE

#### National Night Out Kick-Off Meeting

**When:** Thursday, May 17, 6:30 pm

**Where:** Chino Hills Community Center, 14250 Peyton Dr., Chino Hills

**Details:** Chino Hills residents are invited to the National Night Out Kick-off meeting at 6:30 p.m. on Thursday, May 17th at the Chino Hills Community Center, 14250 Peyton Drive. Attendees will learn how to organize an event for National Night Out on August 7th; get ideas for activities; and, get tips from others who have had success with their own neighborhood potluck, barbecue, or ice cream social. The City of Chino Hills has helped neighborhoods organize National Night Out (NNO) events since 2005. National Night Out is a crime and drug prevention event held throughout the Nation to heighten crime and drug prevention

awareness; create police and community partnerships to help combat crime; and, build neighborhood camaraderie to make neighborhoods safer, more caring places to live. City officials believe that getting acquainted and keeping in touch with neighbors is one of the best ways to help keep Chino Hills one of the safest cities in the Nation. In 2017, the City placed 22nd in the nation for its National Night Out efforts. Those who register their events at the kick-off meeting, or online at [www.chinohills.org/NationalNightOut](http://www.chinohills.org/NationalNightOut) by July 16th, will receive a neighborhood organizing kit (while supplies last) including a NNO banner, customized flyers, giveaways for neighborhood kids, and more. City Council members, Deputies, the Chino Valley Fire District fire fighters, Citizens on Patrol, and McGruff the crime fighting dog will visit as many registered events as possible. For more information on National Night Out, contact the

City's Emergency Services Analyst, Richard Boltinghouse.

**Contact:** (909) 324-2713

#### Chino Bike Day

**When:** Saturday, May 19, 7:30 am to 11:00 am

**Where:** Ruben S. Ayala Park, 5575 Edison Ave., Chino

**Details:** Come out and join us for a morning ride on your bicycle at Ruben S. Ayala Park. The event will be located near the Ayala Park Operations center. Event highlights: 7:30 15-Mile Community Bike Ride (7:30 am), Bike Safety Workshop by the Chino Police Department (9:10 am), 6-Mile Family Bike Ride (9:30 am), Helmet Fitting & Giveaway\*, Kids' Activities & Obstacle Course, Food & Refreshments and Bike Repair Station. All participants are required to wear a helmet when participating in the Community and Family Bike Rides.

**Cost:** FREE

**Contact:** Carolyn Owens Community Center, (909) 334-3478



# Manhunt for Transient for Distributing Child Porn

BY LASD DEPUTY DANANGELO ROBINSON

**La Puente** - Sought in Distribution of Child Pornography, Frequents Areas of La Puente, West Covina

Los Angeles County Sheriff's Department's Human Trafficking Bureau detectives are seeking the public's assistance in locating Paul Erwin Black, Jr. He is a 49 year-old male, White transient, who is known to frequent the West Covina and La Puente areas.

Suspect Black was involved with the downloading and distribution of images of child pornography on the internet.

A warrant has been issued for

his arrest.

Suspect Paul is described as 5'09" tall, 210 lbs., with short, blond hair and blue eyes.

Anyone with information about the whereabouts of Suspect Black is encouraged to contact the Los Angeles County Sheriff's Department's Human Trafficking Unit, Deputy French at (323) 526-5156. If you prefer to provide information anonymously, you may call "Crime Stoppers" by dialing (800) 222-TIPS (8477), use your smartphone by downloading the "P3 Tips" Mobile APP on Google play or the Apple App Store or by using the website <http://lacrimestoppers.org>. ■

# DB Woman Arrested for Money Laundering

BY ANTHONY SAUDE

**Diamond Bar**— A Diamond Bar woman was arrested by FBI agents for fraud, money laundering, embezzlement, and five other counts, after an indictment was issued, according to the US Attorneys Office.

Li Lin Hsu, 40, who formerly worked as an Ameriprise Financial Adviser was arrested by special agents for allegedly embezzling clients' funds that she promised would be invested. Instead Hsu used the money for a \$1 million condominium and other personal expenses, the indictment read.

The trial for Hsu is expected to begin June 12 in Santa Ana on the federal charges. If convicted, she could face up to 20 years in federal prison for each of the fraud counts, 10 years on the money laundering count, and 5 years on the obstruction of justice charge.

The indictment also charges Hsu with three counts each of mail and wire fraud, with one count of money laundering and one count of obstruction of justice.

Over a five-year period,

while employed by Ameriprise, Hsu solicited investments from clients through advertisements in local Chinese-language newspapers, among other ways. She allegedly continued the crime even after her 2015 termination from the company. The indictment contends that Hsu conned 11 victims out of at least \$2 million.

According to the indictment, Hsu never invested her clients' money in anything; instead she spent the money on her own personal expenses, such as credit card bills, personal loans and luxury items. It is believed that she even purchased a \$1 million condo with some of the money.

The money laundering charge alleges Hsu used nearly \$1 million stolen from one victim to purchase her condo in Diamond Bar. Hsu allegedly attempted to conceal the Real Estate scheme by using some of the stolen money to pay back some of the other victims to throw the authorities off of her trail. She sent her clients bogus account statements with phony investment purchase confirmations. ■



PHOTO COURTESY: PIOTR BIZIOR

# Rents Skyrocketing? (Part 2)

BY NEF CORTEZ



Diamond Bar property values have increased tremendously over the last 8 years,

as they have throughout California. Rents have also increased more than 30% for Single Family Residential (SFR) detached homes over that same period of time. This week we will look at the rental rates for Townhomes and Condominiums in Diamond Bar and compare them to the rental rates for SFRs.

The first quarter (3 month period) of 2010 saw the Diamond Bar Townhome and Condominium Median Sales Price at \$265,000.00. After dropping a little further in 2011, the Median Sales Price for that segment of the market in Diamond Bar reached \$382,000.00 in the First Quarter of 2018. That represents an strong increase of 44.2% in the 8 years, averaging approximately 5.5% annually. The number of sales recorded in this segment of the market in the first quarter of 2010 posted a fairly strong total of 54. The number of recorded Townhome and Condominium sales in Diamond Bar for the first Quarter of 2018 dropped to 33, a steep drop of 39%. For those in the real estate industry, that represents a steep drop in numbers of transactions, almost mirroring the drop in the SFR market.

The number of leases

transacted (per the California Regional Multiple Listing service-CRMLS) in the first quarter of 2010 was 76. That number increased by 36.8% to 104 in the first quarter of 2018. It seems that the lower number of recorded sales translated into a higher number of reported lease transactions. This would indicate that an increased number of property owners are choosing to rent out their properties instead of selling them. And why not, with both rental rates and property values increasing, it is a win-win for property owners.

The rental rates for Townhomes and Condominiums in Diamond Bar increased as well. The median lease price for a Townhome/Condominium in Diamond Bar was \$1,800.00 in the first quarter of 2010. That number now has reached \$2,500.00, representing an increase of 38.9% in the 8 year period. The median lease price for a Single Family Residence in Diamond Bar for the first quarter of 2018 reached \$2,860.00, only 10% more than the median lease value for the Townhome/Condominium market.

I wish I had bought more real estate back when...LOL! Seriously!

*This article was written by Nef Cortez who is a licensed Real Estate Broker, Ca BRE # 00560181, licensed since 1976. He can be reached for more information via e-mail at [nefcortez@gmail.com](mailto:nefcortez@gmail.com), or website [www.nefcortez.com](http://www.nefcortez.com). Please feel free to email any questions regarding real estate. ■*

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(909) 594-5000

#### Osuna's Mexican Food

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#### Post Box Plus

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(909) 595-5924

#### Walnut Senior Center

21215 La Puente  
(909) 598-6200

#### Starbucks

20373 Valley Blvd.  
(909) 468-5109

#### UPS

20687 Amar Rd # 2  
(909) 444-1303

#### Walnut City Hall

21201 La Puente Rd.  
(909) 595-7543

#### Walnut Hills Optometry

18736 E. Amar Rd.  
(909) 594-1153

#### Walnut Library

21155 La Puente Rd.  
(909) 595-0757

#### Walnut Sheriff's Station

21695 Valley Blvd.  
(626) 913-1715

### DIAMOND BAR

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21000 Golden Springs  
(909) 598-2871

#### Diamond Bar City Hall

21825 Copley Drive  
(909) 839-7000

#### Diamond Mail & Shipping

1249 S. Diamond Bar Blvd.  
(909) 861-1290

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1223 S. Diamond Bar Blvd.  
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(909) 861-5340

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(909) 444-0142

## This Week's Weather

BY: ACCUWEATHER.COM

SAT



H: 73°  
L: 53°

SUN



H: 75°  
L: 51°

MON



H: 78°  
L: 51°

TUE



H: 89°  
L: 57°

WED



H: 80°  
L: 52°

THU



H: 79°  
L: 51°

FRI




H: 78°  
L: 51°


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DON'T TAKE"

-WAYNE GRETZKY







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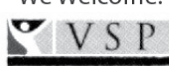
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Most cars. Must Present Coupon. Not Valis With Any Other Offers Expires 5/31/2018

## CROSSWORD

THEME: FIRST LADIES

**ACROSS**

- Domicile
- Anatomical pouch
- Be quiet!
- Rn, a health hazard
- "I" mania
- Tax of one tenth
- "\_\_\_ Last Night," movie
- Dream time
- Euphoric way to walk
- \*She raised a future President
- \*First First Lady
- 20-20, e.g.
- Marked by sound judgement
- Say "no"
- Strip of wood
- War over Helen
- Cheese from Netherlands
- Ringo Starr's instrument
- \*She planted a vegetable garden in South Lawn
- Kind of bag
- Bigfoot's cousins
- Computer desktop picture
- Type of fishing net
- \_\_\_-a-sketch
- After-bath powder
- Cowardly color
- "\_\_\_ and the Real Girl," movie
- Bovine hangout
- Used to be
- Tiny guitar
- \*Pillbox hat fashion icon
- \*She also raised a future President
- Bird of prey nest
- PC brain
- Wear away
- Supernatural being
- Beachgoer's goal
- Extend subscription
- Freight horse cart
- Giant Hall-of-Famer
- Lieu

**DOWN**

- Speedy steed
- Ali \_\_\_ of "One Thousand and One Nights"
- Air-transported property
- Skeptic's MO
- Have as logical consequence
- "Que \_\_\_," sang Doris Day
- \*First lady Frances Folsom Cleveland had the lowest one
- Oxford \_\_\_
- Help to solve a riddle
- Beehive State
- Not Sunni
- \_\_\_ Royal Highness Queen Elizabeth II
- Bull opponent
- Prepared
- Marching insect?
- Challenger or Atlantis
- \*Co-founder of eponymous treatment facility
- Dig, so to speak
- Birth-related
- \*#21 Across' spouse supposedly chopped one down
- Final notice?
- Southwestern hut
- Soap plant
- \*Founder of "Just Say No" campaign
- Whimper
- Muscovite or biotite
- Woody perennial
- Subdued
- Yellow river tributary
- Whistler Blackcomb visitors
- Right-hand page
- Wading bird
- Opposite of cheer
- Cantatrice's offering
- C in NYC
- Mom's sister
- Top notch
- Brainchild
- Raunchy
- Put together
- \*Most-traveled First Lady, pre-Hillary

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## Did You Know?

*Is That 'Junk' in Your Attic or Basement Worth a Fortune?*

BY STATEPOINT

From baseball cards and sports equipment to postcards and toys, is that "junk" in your attic or basement dusty treasure or just dusty? We've all heard of families getting rich from the sale of rare memorabilia. So how can you tell if your stuff is valuable and how can you sell it, if it is?

"The general rule is that the older the item, the more valuable it is. 1980 is not old. 1960 is kind of old. 1910 is old," says Al Crisafulli, Auction Director at Love of the Game Auctions, an internet sports auction house that has helped many families identify and sell valuable items.

In one instance, Crisafulli determined that a family's baseball bat that spent decades beside their front door to protect from intruders, was actually used by Hall of Famer Lou Gehrig -- and Love of the Game Auctions sold it for them for more than \$430,000.

He is offering these tips to help determine if your items are valuable:

**Baseball Cards:** Cards from the 1960s and earlier are collectible, and those from before the 1940s can be extremely pricey. Do they have sharp corners, no creases and retain original gloss? Do they depict star players and Hall of Famers? A Babe Ruth, Ty Cobb, Honus Wagner or Mickey Mantle will sell for more than non-stars.

With particularly old cards from the 1880s and early 1900s, look for tobacco and candy brands, such as Old Judge, Piedmont, Sweet Caporal or American Caramel. Unopened packs from almost any era can be valuable.

**Memorabilia & Equipment:** Look for old advertis-

ing posters depicting sports stars and food, tobacco or sporting goods brands. This doesn't mean ads torn from magazines, but those used as store displays and for other purposes. Tin signs are highly collectible from the 1900s into the 1960s, but low-quality reproductions aren't. Pre-1950s catcher's masks, baseball gloves and bats can be valuable, especially those endorsed by star players. Condition is important but used equipment can be valuable.

When you go to sell sports items, consider a specialty auction, such as Love of the Game, which has the expertise to properly research sports pieces, and maintains lists of bidders specializing in this area so it can get top dollar for these items. More information is available at loveofthegameauctions.com.

**Postcards:** Postcards of your vacation destinations likely are worthless. But those depicting famous people, such as movie star cards and vintage baseball postcards, can be valuable. Look for early "real photo" postcards from the 1900s through the 1940s, which are photographs printed on postcard backs. No matter the type, the older, the better, and the more famous, the better.

**Old Halloween or Christmas postcards** from the early 1900s can be expensive. The same goes for many intricate "hold-to-light" postcards, where portions of scenes light up when held to strong light.

**Toys:** Look for famous characters, such as early Walt Disney items, superheroes, Star Wars, etc. The most prized toys are those in original condition with no broken pieces and paint intact. And if you have original boxes, you might strike gold!


So, while you're cleaning that attic, basement or garage, don't rush to purge. Before throwing out old "junk," determine if it's valuable! ■



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DESCRIPTION:

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Height, 29 inches	Complexion, light
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Dressed in one-piece coverall night suit	

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Supt. New Jersey State Police, Trenton, N. J.  
March 11, 1932

PHOTO COURTESY: WIKIMEDIA COMMONS

## History 101

*May 12, 1932: Body of Lindbergh Baby Found*

BY HISTORY.COM

The body of aviation hero Charles Lindbergh's baby is found on this day in 1932, more than two months after he was kidnapped from his family's Hopewell, New Jersey, mansion.

Lindbergh, who became the first worldwide celebrity five years earlier when he flew The Spirit of St. Louis across the Atlantic, and his wife Anne discovered a ransom note in their 20-month-old child's empty room on March 1. The kidnapper had used a ladder to climb up to the open second-floor window and had left muddy footprints in the room. The ransom note demanded \$50,000 in barely literate English.

The crime captured the attention of the entire nation. The Lindbergh family was inundated by offers of assistance and false clues. Even Al Capone offered his help from prison, though it of course was conditioned on his release. For three days, investigators had found nothing and there was no further word from the kidnappers. Then, a new letter showed up, this time demanding \$70,000.

It wasn't until April 2 that the kidnappers gave instructions for dropping off the money. When the money was finally delivered, the kidnappers indicated that little baby Charles was on a boat called Nelly off the coast of Massachusetts. However, after an exhaustive search of every port,

there was no sign of either the boat or the child.

On May 12, a renewed search of the area near the Lindbergh mansion turned up the baby's body. He had been killed the night of the kidnapping and was found less than a mile from the home. The heartbroken Lindberghs ended up donating the home to charity and moved away.

The kidnapping looked like it would go unsolved until September 1934, when a marked bill from the ransom turned up. Suspicious of the driver who had given it to him, the gas station attendant who had accepted the bill wrote down his license plate number. It was tracked back to a German immigrant, Bruno Hauptmann. When his home was searched, detectives found \$13,000 of Lindbergh ransom money.

Hauptmann claimed that a friend had given him the money to hold and that he had no connection to the crime. The resulting trial again was a national sensation. Famous writers Damon Runyan and Walter Winchell covered the trial. The prosecution's case was not particularly strong. The main evidence, apart from the money, was testimony from handwriting experts that the ransom note had been written by Hauptmann and his connection with the type of wood that was used to make the ladder.

Still, the evidence and intense public pressure was enough to convict Hauptmann. In April 1935 he was executed in the electric chair.

Kidnapping was made a federal crime in the aftermath of this high-profile crime. ■

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-Martin Luther King Jr.

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## Recipe:

### Za'atar-Crusted

### Grilling Cheese

### with Sumac Roasted Veggies

#### BY HELLO FRESH

Cooking Time: 30 mins  
Servings: 4  
Nutrition: 520 Calories  
Ingredients:

- Zucchini- 2
- Red Onion- 1
- Lemon- 1
- Grape Tomatoes- 8 oz
- Basil- 1/3 oz
- Whole Wheat Couscous-1 cup
- Veggie Stock Concentrate- 2
- Sumac- 2 tsp
- Grilling Cheese- 8 oz
- Za'atar- 2 tbsp

**1 PREHEAT AND PREP.** Wash and dry all produce. Preheat broiler to high or oven to 500 degrees. Halve zucchini lengthwise, then cut into long, thin wedges. Halve and peel onion, then cut into 1-inch-thick wedges. Finely mince 1 wedge. Zest lemon until you have 1 tsp zest, then cut into wedges. Halve tomatoes. Pick basil leaves from stems; discard stems. Thinly slice leaves.

**2 COOK COUSCOUS.** Heat a drizzle of oil in a small pot over medium-high heat. Add minced onion and couscous. Cook, tossing, until onion is softened and couscous is lightly toasted, 2-3 minutes. Pour in 1 cup water and stock concentrate. Bring to a boil, then lower heat, reduce to a simmer, and cover. Cook until tender, 10-12



PHOTO COURTESY HELLO FRESH

minutes.

**3 COOK VEGGIES.** Toss Zucchini, onion wedges, sumac, and a large drizzle of olive oil on a baking sheet. Season with salt and pepper. Broil (or bake) until lightly charred, 10-15 minutes, tossing halfway through.

**4 COOK GRILLING CHEESE.** Heat a drizzle of olive oil in a large pan over medium-high heat (use a nonstick pan if you have one). Take 4 oz grilling cheese (about half the package; we sent more than needed) and cut into 2 large slices. Place za'atar on a plate. Press cheese into za'atar to evenly coat all over. Add to pan and cook until browned, 2-3 minutes per side.

**5 FINISH COUSCOUS.** Transfer couscous to a large bowl once done simmering. Stir in tomatoes, half the basil, a squeeze of lemon juice, and lemon zest. Season with salt and pepper.

**6 PLATE AND SERVE.** Divide couscous between plates. Top with zucchini, onion, and grilling cheese. Garnish with remaining basil and serve with remaining lemon wedges on the side for squeezing over. ■



Live Better  
HEALTH TIP

## The Iron Complaint



PHOTO COURTESY DESIGNED BY MRSIRAPHOL / FREEPIK

#### BY CLARK'S NUTRITION

Iron has long been used as a therapy for weakness throughout history, even when the purveyors of this remedy knew nothing of its ability to mitigate weakness or lethargy. Hippocrates, the father of medicine, would recommend ferruginous (rich in iron) water treatments to individuals suffering from what was termed "chlorosis" or iron-deficiency anemia. It made sense to the Greeks that a condition of weakness (anemia) should be met with an element of strength (iron). The god of war, Ares, was associated with the element iron as it was the chief component in his spear (bronze-tipped) and shield, and was a symbol of strength. Yet aside from mythology, iron as a real cause and therefore treatment of lethargy, weakness, and a slew of other symptoms is well understood today and is one of the most researched and well-understood elements in the human diet.

Iron is important for metabolism (energy production), affects many hormones, such as thyroid hormone and testosterone, and is crucial for growth and normal development throughout life. While isolated iron deficiency is fairly uncommon in the US, infants, teenage girls, pregnant and lactating mothers, postmenopausal women, and those with poor diets are at a heightened risk. It is important to receive regular checkups and comply with doctor orders if diagnosed as deficient or anemic. Iron requirements change as we age and range from 8 milligrams (mgs) to 18 mgs and goes as high as 27 milligrams in pregnant and lactating women

Iron deficiency is commonly observed as anemia which may have some of the following symptoms:

Weakness, feelings of coldness  
Decreased work and school performance

Slow cognitive or social development  
Decreased immune function.

In nature, iron may be found bound to "heme" or without heme. Heme is a nitrogen-based cyclical structure that is a part of hemoglobin found in red blood cells, and myoglobin found in muscles that carry the oxygen we breathe to cells and carbon dioxide away from cells. Heme iron (found in animal foods) and nonheme iron

(plant-based) may be absorbed differently and will certainly be found in different concentrations depending on the makeup of one's diet. .

Iron from animal sources may be absorbed up to 35% and iron from plant sources may be 20% absorbed, yet this does not mean a non-meat eater needs to consume meat sources of iron. Iron needs in the body are closely regulated and our ability to absorb iron is based on our need to absorb iron. If we are deficient in iron, our body will absorb more in the gastrointestinal tract and if we are "topped" off in our tissues, we will absorb less. Therefore, iron absorption is more an issue of need than an actual issue of source.

The majority of iron supplements are the non-heme variety and absorption is increased when eaten with foods high in vitamin C such as orange juice, bell peppers, broccoli, and strawberries or with a vitamin C supplement (100-250 mgs). It should come as no surprise that the majority of iron consumption in the US comes from breads and grain-based desserts. Here are some excellent iron sources for anyone to include:

- Heme (animal) iron sources
- Liver, beef, & chicken
- Clams & oysters
- Salmon & tuna,
- Non heme (plant) iron sources
- Lentils & beans
- Spinach & pumpkin seeds
- Fortified cereals and grains

We have an evolved ability in today's day and age to be diagnosed and remedy many things that afflict us. Luckily, iron deficiency is no longer viewed as a person's lack of war-like aggression and treated with Ares' spear. If you have been diagnosed with iron deficiency and given the go-ahead to seek out iron rich foods or supplements, speak to a nutritional consultant today and explore your iron needs. As always, have a healthy day!

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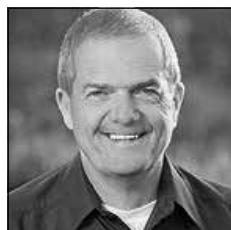
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# 30 Years (Part One)

BY MARK HOPPER



Thirty years is a long time. It is almost a third of a century. But, that is how long we have lived in Diamond Bar, California. I began my new job as the pastor of our church on June 1, 1988 - 30 years ago. My wife and kids stayed in Arizona waiting for our house to sell while I began work at the church. I lived by myself in a condo near Pathfinder and Diamond Bar Blvd. The condo belonged to a widow who was in poor health and she was living with her family. So I was on my own for about six weeks.

Although I missed my family during that time, I had a lot of time to get to know the community and people in the church. I was able to visit most of the church families and several of them invited me to dinner in their homes. In addition, I enjoyed delicious chocolate chip cookies and other snacks that came to my door during those days.

When our house finally sold in Arizona, I flew home to pack up and move to California. With four kids and a four bedroom house, we had a lot of stuff to move. We rented a U-Haul Truck - the biggest they made

towing the biggest trailer they made! Friends in Arizona helped us load everything in to the truck and trailer and new friends in California helped us unload it. We could not have done it without their help.

We moved into the Daisy apartments (now the Hillside apartments) on Grand Avenue across from the Fire station. We unloaded some things into this two bedroom apartment, but most of our things would need to be put in storage. When I drove this giant truck and trailer down the exit driveway, it got stuck. The trailer hitch got caught on the pavement and the back wheels of the truck were lifted off the ground. The truck was stuck and we couldn't move! It was quite a sight.

I ran over to the fire station and asked for help, but they didn't know what to do either. Finally, I called the U-Haul hot line and they sent a tow truck from Sana Ana to help. The tow truck driver hitched a heavy chain on to the front bumper of the truck. The firemen blocked oncoming traffic and the tow truck dragged us down the driveway and on to Grand Avenue while I was sitting in the truck using the brakes so I wouldn't hit the tow truck in front of me. It was a memorable start to our new life in Diamond Bar.

Our life at the Daisy apartment was fun. It felt like we

were on vacation. It was a little crowded with four kids and two adults, but it had a pool, spa and tennis court. I would go to work each day and my wife and kids enjoyed "vacation" at the Daisy apartments!

I usually took Monday as my day off, so we began to go to the beach on Mondays. We usually went to Newport Beach and we usually stopped at Thrifty Drug store to get a scoop of ice cream on the way to the beach. This became a weekly routine. Eventually the kids began to invite friends to come with us. The summer of '88 was a summer to remember.

In the first book in the Bible (Genesis) there is the record of Abraham leaving his home in Ur near the Persian Gulf and traveling to a land called Canaan (Israel). The Bible says that Abraham went in faith, following the call of God on his life. Abraham packed up his family and his possessions and traveled to a land he had never seen before. It was a journey of faith.

We packed up our family and our possessions and traveled to a community we had never heard of called Diamond Bar. It was a journey of faith for us too. We are thankful that the Lord led us to this special community and to this special church.

*This article was written by Pastor Mark Hopper, Efree Church of Diamond Bar 3255 South Diamond Bar Blvd, 909-594-7604, Sunday Services: 9:00 & 10:45 AM, Efreedb.org*

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# Believe You Can and You Will

BY NANCY STOOPS



Just for a moment think about your mindset regarding yourself.

What is your internal dialogue? Do you tend to tell yourself you can and so you do or do you tell yourself you can't so you don't. Also what is that mindset based on and is it really your truth. If you believe you can't think about all that you have already done successfully and learn to challenge that lie that holds you hostage. I bet you are all much more capable than your mind tells you. Take out a piece of paper and fold it in half and write down all the lies that hold you hostage. Now on the other side ride down

your truths based what you have already done successfully. Now make as many copies of this paper and take it with you everywhere and place them all over your house. Next time you are believing you can't the truth will remind you that you are already have been successful. Pretty soon you will be storing the truth in your mind and know you can and so you will.

Learn to challenge the incorrect believe system that has always held you back from being who you are intended to be. The truth literally does set us free. I was raised to believe I could fly. This mindset has honored me with a life of blessings and success. Learn to believe in yourself and in your capabilities. The truth is if you believe you can do something and work really hard anything is possible. Believe you can and you will. Our mindset literally is a road map for our lives.

Our mindset acts as a designer for our entire lives. I hope you will take the time to change your mindset and take the opportunity to grow into the best version of you.

*This article was written by Nancy Stoops M.A., M.F.T. Nancy is a licensed Marriage and Family Therapist. Nancy is now accepting new clients. She also works as a motivational speaker. Nancy runs free family support groups, a group on loss for seniors, and groups for teens and can handle many court mandated needs. For more information about any of these services contact Nancy at (909) 229-0727. You may e-mail Nancy at nancyjstoops@verizon.net. You may purchase Nancy's books Live Heal and Grow and Midnight the Therapy Dog at Amazon.com.*

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## Free dessert for moms!

### Enchilada from page 1

and festive place to treat mom on her special day.

Having a Mother's Day Fiesta at home? Don't spend time away from mom cooking, let them do all the work by having The Whole Enchilada cater your celebration! If the party is somewhere else then bring a platter to the party! Delectable handmade tamales – available year round – as well as street tacos and taquitos with all the fixings can be the hit of your celebration.

"All our food is made fresh daily," says Lil Palmer of The Whole Enchilada. From delicious tamales to seafood enchiladas. Fresh guacamole and housemade salsa. Home made fresh delicious Mexican food!

From specialties and favorites of the house to healthy, lighter options, The Whole Enchilada offers fresh, authentic Mexican recipes their resident chef brought from their homeland. They guarantee you will enjoy

your dining experience.

The celebration doesn't stop with just one visit. The Whole Enchilada has gift cards available for purchase in person or online. It's the perfect gift for Moms and grads! And be sure to ask about the Combo Punch Card, and Enchilada Bucks.

The restaurant has been in business for over 30 years, offering a variety of tasty Mexican dishes and outstanding service. The Whole Enchilada wants to become your local favorite, and they look forward to helping you celebrate the special moments in your life.

Don't deny your taste buds this Mother's Day, visit the Whole Enchilada soon!

The Whole Enchilada is located at 1114 S. Diamond Bar Blvd., (at the north east corner of Grand Avenue in Diamond Bar, in the Wal-Mart Neighborhood Market center). You can reach them at (909) 861-5340, and visit their website at [www.wholeenchilada.com](http://www.wholeenchilada.com). (For more info see their ad on the back page of this paper or online at [www.OurWeeklyNews.com](http://www.OurWeeklyNews.com)). ■

## SGV chamber of commerce president, Dr. David Hall, passes away

### Dr. Hall from page 1

of Kansas in 1966, David was a dedicated Jayhawk sports fan his entire life. He obtained his doctorate in political science from Stanford University. David enlisted in the Air Force during the Vietnam War years, there he taught at the Air Force Academy in Colorado Springs, Colorado. After his years in the service he taught at Brown University and at the Naval War College in Newport, Rhode Island. In the early 90's he changed life direction and moved to Los Angeles, joining Hitchcock Automotive Resources.

David's long list of professional accomplishments and accolades are remarkable but his community and public service efforts are what defined him in his life. As a longtime elected Trustee for Mount San Antonio College in Walnut, California, David mentored countless students and helped transform the college. He always made time to meet with students privately, advise them on career paths and participate in campus events. Annually, he'd even perform in some of the on campus stage shows to help raise funds for student scholarships.

Everything David committed to he did with dedication, passion in an approachable, coachable and infectious way. His sense of humor was contagious allowing him to elicit laughter even in tense situations. He was a practical joker, never missing a chance to play a trick on a close friend or colleague. Endearingly, he found his own antics very funny.

David was so many things to so many people: a teacher, a friend, a confidant, a mentor, a public servant, a philanthropist, a partner and a leader. While his soul is laid to rest, his legacy lives on.

David is Survived by his Fiancé Earnestine Tu, and his two brothers Bruce and Roger Hall.

A close friend of David's, Michael Armijo said, "He had a strong genuine concern for the community, he was constantly trying to help people and he gave his heart to the residents. He was like a brother to me, he always made time".

Celebration of Life services will be held at Mt. San Antonio College on May 11th at 9:30 am in the Clark auditorium.

In lieu of flowers, donations may be made to the Dr. David K. Hall Business Scholarship. ■

## WHO will take care of your eyes

### WHO from page 1

doctor, patients travel from the Los Angeles and Inland Empire areas as well.

WHO considers vision to be a precious gift, and their office takes pride in providing comprehensive eye exams.

WHO believes that quality eye care involves consistent care by a professional. Carmela Larino, O.D., and her loyal staff, will give your eyes the personalized care and attention they deserve.

Dr. Larino is proud to serve the community she grew up in. She attended Rowland Unified schools from elementary through high school, and then attended U.C. Irvine before receiving her doctorate degree from the Southern California College of

Optometry. In 2003, Dr. Larino was honored at her alma mater - Nogales High School – when she was inducted onto their Wall of Fame. She is a member of the American Optometric Association, the California Optometric Association, and the Rio Hondo Optometric Society, where she stays current on the latest in eye care. As a local resident, you might find Dr. Larino eating at your favorite restaurant, shopping in a local store, or attending a community event.

WHO offers personalized eye examinations, diabetic and eye health exams, and the management and care of a multitude of eye and vision concerns. A wide variety of eyewear is also available, from progressive and polarized lenses

to silicone high-oxygen contacts, and even designer frames. They also offer Lasik Surgery co-management. If you have used eyeglass frames scattered around the house, bring them to the WHO offices and they will donate them to those in need of frames.

WHO is conveniently located near the 10, 60 and 57 freeways, on the border of Walnut and West Covina, at 18800 East Amar Road, #A5 (at the corner of Nogales Street and Amar Road, next to Papa John's Pizza.) Their hours Tues/Thurs: 10am-1pm/3-7pm, Wed/Fri: 10am-1pm/3-6pm, Sat: 9am-2pm. You can reach them at (626) 965-3878 or (909) 594-1153. For more information, see their ad on page 4 or visit their website at [www.walnuthillsoptometry.com](http://www.walnuthillsoptometry.com). ■

## Police need your help to solve fatal hit and run

### IE from page 1

model black sedan, traveling westbound in the eastbound lanes of Limonite Ave., failed to stop for a red traffic signal light. As a result, the black sedan collided into a bicyclist, who was traveling southbound on Hamner Ave.

After the collision, the black sedan continued westbound on Limonite Avenue in the eastbound lanes of traffic. The sedan was last seen turning south on Scholar Way. Officers arrived within minutes of receiving being dispatched to the scene. When they arrived at the scene neither the black sedan, nor the driver of the sedan were in the area any longer. They were never located.

Witnesses on scene described the suspect vehicle as a black, four door sedan. The

suspect vehicle fled the scene of the traffic collision westbound on Limonite Avenue and made a left turn onto Scholar Way.

As a result of the collision, the bicyclist ultimately succumbed to his injuries and was pronounced deceased at a regional hospital.

The Eastvale Police Department is seeking help from the public in identifying the suspect and suspect vehicle of this traffic collision. Specifically, the Eastvale Police Department is seeking the help of a good Samaritan, who was driving a tan Chevrolet Suburban. The police believe that they may have seen the suspect vehicle and driver as it fled the scene of the collision.

Anyone with information on this case is encouraged to call Deputy Cuadra at the Jurupa Valley Sheriff's Station at (951) 955-2662. ■

## CH robbery suspect arrested; police still seeking third man

### Local from page 1

by responding sheriff's deputies.

Detectives and deputies on the sheriff's Special Enforcement Detail in Chino Hills, conducted several days of surveillance investigation were able to identify Simuel as the second suspect in the robbery, the news release stated.

Williams and Simuel are being held on suspicion of robbery at West Valley Detention Center in Rancho Cucamonga. Simuel is being held in lieu of \$350,000 bail.

Online court records show that on April 24, Williams plead

not guilty to two counts of robbery as well as an allegation and enhancement for having a prior felony conviction during his arraignment in Rancho Cucamonga Superior Court. He is being held in lieu of \$450,000 bail and is due back in court June 19.

The investigation is ongoing. Anyone with information about the robbery can call Detective Seybert at the Chino Hills sheriff's station at 909-364-2026. To remain anonymous, call the WeTip Hotline at 800-78-CRIME (27463) or visit the website at [www.wetip.com](http://www.wetip.com). ■

## Car blazes on grand avenue

### Blaze from page 1

owner of the vehicle noticed smoke coming from the engine compartment while she was driving. She pulled into Summit Ridge Park and called 911 to report her car was on fire.


"The fire department responded and extinguished the fire. The cause is still unknown. The vehicle was identified as a 2008 BMW," the Captain said.

If anyone has any information on the incident please contact the Walnut Sheriff Station at 909.595.2264. ■

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