

Yahya PASDAR

Curriculum Vita

1. Personal Details

Work Address	Department of Nutritional Sciences, School of public health Kermanshah University of Medical sciences, Dolat Abad Kermanshah- Iran
Telephone	0831 828 1991
E-mail	Yahya.pasdar@kums.ac.ir
Date of birth	01/11/61
Nationality	Iranian
Gender	Male
Marital status	Married

2. Qualifications & Education

PhD in Nutrition (Nurigenomics)

From King's College, London

(Well qualified in Nutrigenomics and Molecular nutrition)

(KCL)

Qualifications

- 2001-2008 **PhD in Nutrition (Nutrigenomics)**, King's College London.
Title of Thesis: **Dietary and genetic determinants of iron status**
- Determining dietary intake of iron
 - Collecting blood from 400 subjects
 - DNA extraction using different methods
 - Running PCR, RT-PCR and Gel Electrophoresis
 - Mutation detection using WAVE (DHPLC)
 - Using Pyrosequencer for sequencing DNA and mutation detection
 - Sequencing more than DNA 2500 samples using different methods for iron related genes
- 2000-2001 **PG Diploma in Nutrition and Dietetics**, King's College London
- 1989-1992 **MSc Nutrition**, University of Tehran, Iran
- **Research Project:** (Iron deficiency anaemia in haemodialysis patients) **distinguished mark on the project**, cumulative average of 18.82 out of 20.

3. Employments:

- 2012- Present Head of Public Health College
- 2008 – 2012 Associate Professor in Nutrition at KUMS (**Head of Nutritional Sciences Department**)
- 2008 - Present Member of KUMS Research Council
- 2006 - 2008 Post doctorate in Nutrigenomics, at King's College London,
- 1993 - 2000 Lecturer in nutrition, Kermanshah University of Medical sciences, Iran
- 1997 – 2000 Chief Editor of **BEHBOOD** (Scientific Journal of KUMS)
- 1997 – 1999 Head of **Family health planning** department in school of public health at KUMS
- 1996 – 1997 Member of **research committee** at KUMS

4. Teachings:

- 2008 – Present KUMS Food and drugs interaction for Pharmacy students, clinical Nutrition for MD students and principal nutrition for health and midwifery students
- 2002 - 2008 KCL Practical demonstration for MSc and principal nutrition for BSc students

5. Publications:

1. Khazaie H, Najafi F, Hamzeh B, Chehri A, Rahimi-Movaghar A, Amin-Esmaeili M, Moradi-Nazar M, Zakiei A, Komasi S, Pasdar Y. Cluster analysis of psychiatric profile, its correlates, and using mental health services among the young people aged 15–34: findings from the first phase of Iranian youth cohort in Ravansar. *Social psychiatry and psychiatric epidemiology*. 2018 Aug 25:1-0.
2. Seyed Mostafa Nachvak ,Yahya Pasdar , Sondos Pirsahab , Mitra Darbandi , Parisa Niazi ,Roghayeh Mostafai, John R. Speakman. Effects of Ramadan on food intake, glucose homeostasis, lipid profiles and body composition. *European Journal of Clinical Nutrition*,2018 (Inpress).
3. Sahargahi B, Abdollahzad H, Moludi J, Nachvak SM, Pasdar Y, Naderi MR, Rezaei M. Anthropometric Indices from Primary to High School in the West of Iran: Epidemiologic Trends. *Clinical nutrition research*. 2018 Jul 1;7(3):189-98.
4. Bagheri A, Nachvak SM, Abdollahzad H, Arzhang P, Rezaei M, Pasdar Y, Moradi MR, Mohammadi F. Relationship between nutrients intake and the risk of prostate cancer: A case-control study in Kermanshah, Iran. *Nutrition & Food Science*. 2018 Jul 9;48(4):689-700.
5. Rezaei S, Hajizadeh M, Pasdar Y, Hamzeh B, Moradinazar M, Najafi F. Association of Smoking with General and Abdominal Obesity: Evidence from a Cohort Study in West of Iran. *Journal of research in health sciences*. 2017 Mar 12;18(1).
6. Mostafai R, Mohammadi R, Nachvak SM, Rezaei M, Pasdar Y, Abdollahzad H, Rezvanmadani F, Moradi S, Morvaridzadeh M, Niazi P, Adeli K. Fortified yogurt with vitamin D as a cost-effective food to prevent diabetes: A randomized double-blind clinical trial. *Journal of Functional Foods*. 2018 Mar 31;42:137-45.
7. Moradi S, Pasdar Y, Hamzeh B, Najafi F, Nachvak SM, Mostafai R, Niazi P, Rezaei M. Comparison of 3 Nutritional Questionnaires to Determine Energy Intake Accuracy in Iranian Adults. *Clinical nutrition research*. 2018 Jul 1;7(3):213-22.
8. Shabanpur M, Nachvak SM, Moradi S, Hedayati S, Hosseinikia M, Pasdar Y, Gholizadeh S, Samadi M. Nutritional Care in Iranian Intensive Care Units. *Clinical nutrition research*. 2018 Apr 1;7(2):136-45.

9. Pasdary Y, Darbnadi M, Azandaryani AH, Sharafi H. Macronutrients compliance between foods labels and marketing package content values. *Annals of Tropical Medicine and Public Health*. 2017 Jul 1;10(4):999.
10. Pasdary Y, Nazari LH, Rezaei M, Barzegar A, Darbandi M, Niazi P. Which factors predict metabolic syndrome? A cross sectional study in Kermanshah, Iran. *Annals of Tropical Medicine and Public Health*. 2017 Jul 1;10(4):993.
11. Pasdary Y, Pirsahab M, Akramipour R, Ahmadi-Jouibari T, Fattahi N, Sharafi K, Ghaffari HR. Assessment of triazine herbicides residual in fruit and vegetables using ultrasound assisted extraction-dispersive liquid-liquid microextraction with solidification of floating organic drop. *Journal of the Brazilian Chemical Society*. 2017 Jul;28(7):1247-55.
12. Ahmadi-Jouibari T, Pasdary Y, Pirsahab M, Fattahi N. Continuous sample drop flow-microextraction followed by high performance liquid chromatography for determination of triazine herbicides from fruit juices. *Analytical Methods*. 2017;9(6):980-5.
13. Hamzeh B, Pasdary Y, Darbandi M, Majd SP, Mohajeri SA. Malnutrition among patients suffering from HIV/AIDS in Kermanshah, Iran. *Annals of Tropical Medicine and Public Health*. 2017 Sep 1;10(5):1210.
14. Seyyed Mostafa Nachvak, Mahboobe Hosseinikia, Hadi Abdollahzad, Yahya Pasdary, Farhad Oubari, Roghaye Hosseinikia, Maryam Shabanpur. Pattern of Kebab Intake as a Potential Carcinogenic Risk Factor in Adults of Kermanshah, Iran: 2015. *International Journal of Hematology-Oncology and Stem Cell Research* 2018. 12(1):23-28.
15. Hosseinikia R, Nikbakht MR, Moghaddam AA, Tajemiri A, Hosseinikia M, Oubari F, Zarif MN, Pasdary Y, Mansouri K. Molecular and cellular interactions of allogenic and autologous mesenchymal stem cells with innate and acquired immunity and their role in regenerative medicine. *International journal of hematology-oncology and stem cell research*. 2017 Jan 1;11(1):63.
16. Nachvak SM, Abdollahzad H, Mostafai R, Moradi S, Pasdary Y, Rezaei M, Eksndari S. Dietary Diversity Score and Its Related Factors among Employees of Kermanshah University of Medical Sciences. *Clinical nutrition research*. 2017 Oct 1;6(4):247-55.
17. Yahya Pasdary, Mitra Darbandi, Parisa Niazi, Behrooz Hamzeh, Seyed Mostafa Nachvak, Akbar Barzegar .Risk Factors of Metabolic Syndrome among suppliers – a case study : Kermanshah, Iran. *Journal of the Serbian medical association. Srp Arh Celok Lek*. 2017 May-Jun;145(5-6):289-293.
18. Yahya Pasdary, Mitra Darbandi , Seyyed Mustafa Nachvak . Nutritional Status of Working Children as a Neglected Group in Kermanshah West of Iran. *Journal of Community Health Research*. 2014; 3(2).
19. Yahya Pasdary, Mitra Darbandi, Parisa Niazi, Amir Bagheri, Seyed Amir Reza Mohajeri, Abdolreza Norouzy, Behrooz Hamzeh Risk Factors of Metabolic Syndrome and nutrition status among patients with non-alcoholic fatty liver: A case-control study in Kermanshah, Iran. *Acta Medica Mediterranea*, 2017, 33: 715.

20. Hamid Reza Omrani, Yahya Pashdar*, Daryosh Raisi, Farid Najafi, Ardeshtir Esfandiari. The effect of omega-3 on serum lipid profile in hemodialysis patients. *J Renal Inj Prev*. 2015; 4(3): 68–72.
21. Yaya Pashdar, Mansour Rezaei, Mitra Darbandi, Parisa Niazi, Kiomars Sharafi . The effect of eliminating subsidies on food consumption of households in Kermanshah – IRAN. *International Journal Of Pharmacy & Technology*, March-2016, Vol. 8 , Issue No.1 , 11141-11150.
22. Yahya Pashdar, Fatemeh Rahimi, Mohammad Gharib Salehi, Mitra Darbandi, Mehdi Moradi Nazar .The relationship between anthropometric indexes and blood biomarkers with fatty liver: a case-control study; Kermanshah,Iran. : *International Journal Of Pharmacy & Technology*, , June-2016, Vol. 8 , Issue No.2 ,12837-12846
23. Sakine Mazaherpur, Alireza Khatony, Alireza Abdi, Yahya Pashdar, Farid Najafi . The Effect of Continuous Enteral Nutrition on Nutrition Indices, Compared to the Intermittent and Combination Enteral Nutrition in Traumatic Brain Injury Patients. *Journal of clinical and diagnostic research*,Volume : 10, Issue 10 , Page : JC01 - JC05.
24. Seyed Mostafa Nachvak , Roghayeh Mostafai, Yahya Pashdar,ShimaMoradi, Sodabeh Eskandari , ParisaNiazi, Mitra Darbandi .The association between nutritional status and sleep health. *International Journal Of Pharmacy & Technology*, June-2016, Vol. 8, Issue No.2 ,12848-12857.
25. Yahya Pashdar, Behrooz Hamzeh, Mitra Darbandi, Mojgan Morvaridzadeh, Parisa Niazi, Shokofeh Alghasi and Kiomars Sharafi . Effect of dietary pattern changes on blood lipids and body composition during Nowruz holidays-A case study in Kermanshah, Iran. : *INT J CURR SCI* 2016, 19(2): E 41-48
26. Yahya Pashdar, Mitra Darbandi, Parisa Niazi, Behrooz Hamzeh, Ebrahim Shakiba and Kiomars Sharafi. Anemia among working children in Kermanshah, Iran. *INT J CURR SCI* 2016, 19(2): E 66-74
27. Afshin ALMASI , Abbas RAHIMIFOROUSHANI , Mohammad Reza ESHRAGHIAN , Kazem MOHAMMAD , Yahya PASDAR , Mohammad Javad TAR-RAHI, Abbas MOGHIMBEIGI , Touraj AHMADI JOUYBARI . Effect of Nutritional Habits on Dental Caries in Permanent Dentition among Schoolchildren Aged 10-12 Years: A Zero-Inflated Generalized Poisson Regression Model Approach. *Iran J Public Health*, Vol. 45, No.3, Mar 2016, pp.353-361.
28. Seyyed Mostafa Nachvak, Fateme Rahimi, Yahya Pashdar, Parisa Niazi, Mitra Darbandi . Investigating nutritional status of exceptional pupils in Tehran city- 2014. *International Journal Of Pharmacy & Technology*, , June-2016, Vol. 8 , Issue No.2 , 12826-12836.
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31. pasdar Y, karami matin B, najafi F, niazi P, darbandi M. Research Oriented Education in Teaching applied nutrition course for Public Health Students. 3. 2016; 24 (1) :19-30
32. Yahya Pasdar , Ghobad Mohammadi , Amirmohammad Mansouri , Shokofeh Alghasi , Mitra Darbandi , Majid Mahmoodi , Parisa Niazi. Iodine Content in Salt Used in Kermanshah, 2013-2014. *Journal of Mazandaran University of Medical Sciences*, 2016(Issue 135).
33. Pasdar Y, Heydarpour F, Darbandi M, Niazi P, Izadi N. Anemia, iron deficiency and affecting factors on it in between Girls' students of Kermanshah University of Medical Sciences. *J Clin Res Paramed Sci* 2015; 4(3):213-222.
34. Pasdar Y, Niazi P, Darbandi M, Khalvandi F, Izadi N. Effect of Physical Activity on Body Composition and Quality of Life among Women Staff of Kermanshah University of Medical Sciences in 2013. *JRUMS*. 2015; 14 (2) :99-110
35. Sadeghi Ehsan, Salati Amir Parviz, Bohlouli Somayeh, Mohammadi Mitra, Pasdar Yahya. Histamine content of marine fillet fish in Kermanshah. *Intl J Agri Crop Sci*. Vol., 8 (1), 1-4, 2015
36. Sahargahi Badrieh, Pasdar Yahya, Abdollahzad Hadi. Ghee consumption and Cardiovascular Diseases. *Annals of Biological Research*, 2014, 5 (4):95-96.
37. Mostafa Jafari , Yahya Pasdar , Mansour Rezaei , Parvin Nokhasi , Mozghan Rostami. Effect of Nutrition Education using Electronic Methods on Blood Lipids and Glucose in Type II Diabetic Patients. *IJHLS*, 2015, 1(2): 8-13
38. Amir Hossein Hashemian, Karim Saeedizadeh, Mansour Rezaei , Yahya Pasdar. Using Latent Variable in Parametric Regression Model to Remove the Effect of Multi-Collinearity in Analysis of Weight Loss Data
39. Gharatapeh A, Rezaei M, Pasdar Y, Asadi F, Safari Y, Nazari M. Comparison of the Teaching Quality Aspects by Student Evaluation of Education Quality (SEEQ) and Students Survey Questionnaires; Health School, Kermanshah University of Medical Sciences. *Educ Strateg Med Sci*. 2015; 8 (4) :247-254
40. Gholamreza Bahrami, Soheila Bahrami, Mansour Rezaei, Mitra Darbandi, Yahya Pasdar*. The Trans Fatty Acid Content of Snacks Offered in Kermanshah. *International Journal of Health and Life Sciences (IJHLS)*, 2014, 1, 18-24.
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Yahya Pasdar, Mitra Darbandi , Seyyed Mustafa Nachvak . Nutritional Status of Working Children as a Neglected Group in Kermanshah West of Iran. Journal of Community Health Research. 2014; 3(2).

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Yahya Pasdar, Mitra Darbandi, Ali Reza Janbakhsh, Parisa Niazi, Mansour Rezaei, Koorosh Hamzehee, Seyed Mostafa Nachvak. Nutritional Status of Working Children in Kermanshah, 2013. Quarterly Journal of Sabzevar University of Medical Sciences, September & October 2014, Volume 21, Number 4, P:604-612.

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Ehsan Sadeghi, AmirHoseinHashemian, Somayeh Bohloli, Azar Mohammadi, Yahya Pasdar*. Evaluation of zearaleone levels in breads in Kermanshah city in 2012-2013. International Journal of Agriculture and Crop Sciences, 2014, Vol 7(13), 1293-1297.

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Yahya Pasdar , GHolmreza Bahrmi, Fateme Karvand, Mahmoud Khodadust, Mansour Rezaie, Sedighe Niazi. Determining the fatty acid content of the most common meat products in Kermanshah, Iran. The Research Quarterly of student Research Committee , 3. 2014; 15 (1) :42-51.

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Yahya Pasdar , Hamid Reza Mozafari, Mitra Darbandi , Parisa Niazi, Amir Hossein Hashemian. Educational achievement relationship with nutritional status and primary school children growth in suburb areas of Kermanshah (2012). Journal of Semnan University of Medical Sciences (Koomesh), Summer 2014, 15(4), 541-550.

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Yahya Pasdar, Izadi N, Khodadost M, Mansori K, Ranjbaran M, Niazi S. Depression and Related Factors in Female Students of Kermanshah University of Medical Sciences. Hakim Jorjani J. 2013; 1 (2) :17-23

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Yahya Pasdar, Mansour Rezaie, Mitra Darbandi, Parisa Niazi, Safari Faramani Roya. Consumption pattern of lipids and the factors affecting their selection among families in Kermanshah (2011). Journal of Kermanshah University of Medical Sciences, 2014, Vol 18 (1), 44-52.

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Yahya Pasdar, Mansour Rezaie, Mitra Darbandi, Nasrin Mohamadi, Parisa

Niazi. Dietary pattern and food consumption among Kermanshah Househol, 2011. Journal of Kerman University of Medical Sciences . 2014;21(1):25-36.

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Pasdar Yahya , Izadi Neda , Safari Faramani Roya. Effective Factors on The Quality of Life in Female Students of . Scientific Journal of Ilam University of Medical Sciences, 2013; Vol 21(6), 33-41.

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Sondos Pirsahab, Yahya Pasdar , Seied Jafar Navabi, Mansour Rezaei, Mitra Darbandi, Parisa Niazi. Fasting Consequences during Ramadan on Lipid Profile and Dietary patterns. Journal of fasting and Health, 2013; Vol 1(1) , 1-6.

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51. Behrooz Hamzeh, Neda Izadi, Yahya Pasdar , Parisa Niazi. Dietary habits of overweight and obese women at reproductive age. Daneshvar Medical Journal, 2012, 19(97): 61-68.

52. Yahya Safari, Yahya Pasdar, Mitra Darbandi. The comparison between critical thinking disposition of teachers and students in Kermanshah University of Medical Sciences, 2011. Journal of Kermanshah University of Medical Sciences, 2012, Vol 16, No 2: 148-152.

53. Pasdar Yahya, Heidari Niloufar, Safari Yahya, Safari Faramani Roya, Izadi Neda, Jamshidpour Mehrangiz, Darbandi Mitra. Prevalence of Some Risk Factors in Pregnant Women. The Iranian Journal of Obstetrics, Gynecology and Infertility, October 2012, Vol. 15, No. 21; 14-23.

54. Pirsahab, M, Rahimian S, Pasdar Y, Nitrite and Nitrate content of fruits and Vegetables in Kermanshah, Behbood Journal(2012); 16, 1: 76-83

55. Pasdar Yahya, Niazi Parisa, Alghasi Shokoofe, Rashiditabar Esmat, Rezaei Mansor. Effect of short-term training and nutritional regimen to reduce blood lipids in hyperlipidemic individuals. Medical Journal of Mashhad University of Medical Sciences, Spring 2012, Vol 55, No 1, P: 33-40.

56. Pasdar Yahya, Moridi Soraya, Najafi Farid, Niazi Parisa, Heidary Mohammad. The effect of nutritional intervention and physical activities on weight reduction. Journal of Kermanshah University of Medical Sciences, 2012; Vol 15, No 6, 427-34.

57. Pasdar, Y , Gharetapeh A, T Pashaie, Sh Alghasi, P Niazi, L Haghazari, Nutritional status using multidimensional assessment in Iranian elderly, Behbood Journal(2011); 15, 3 : 178-186.

58. F Najafi, HR Mozaffari, M Karami, B Izadi, R Tavvafzadeh , Y Pasdar. (2011). Trends in incidence of gastrointestinal tract in western Iran, 1993-2007. Iranian Red Crescent Medical Journal, 13(11); 805-810.

59. Mohmmad Haidari, Mohammad Reza Nikbakht, Yahya Pashdar, Farid Najafi. Trend Analysis of Gastric Cancer Incidence in Iran and Its Six Geographical Areas During 2000-2005. Asian Pacific Journal of Cancer Prevention, 2012, Vol 13, 3335-3341.
60. Pashdar, Y. Nelson M. and Powell J. (2003); Genetic Determinants of Iron Status. Proc. Nut Soc., 62:59.
61. Pashdar Y., Derayat, J, Mikaeeli, A, Azizi S M, (2000) Iron deficiency in adolescent girls in Kermanshah (in Farsi). Behbood ; 4(2) : 14 - 19
62. Pashdar Y., Keshavarz A, (1999) The effect of iron supplementation on hematological factors in hemodialysis patients (in Farsi). Kerman medical university Journal; 7(4): 157-162
63. Pashdar Y., Keshavarz A, (1998) Malnutrition in primary school children in Kermanshah, (in Farsi) Bebood, 3(2): 139-145
64. Pashdar Y., Pirsahab M, and Azizi, S M, (1997) Fluoride content of drinking water in Kermanshah. Bebood 3(1) : 33-38
65. Pashdar Y., Keshavarz A, Rezaii M, (1997) Iron deficiency in haemodialysis patients in Tehran. Behbood ; 2(1) : 24-30.

Presentations:

2017	Nutritional status in obese women with insulin resistance in Kermanshah (the first International Congress of " Nutrition: from Laboratory Research to Clinical Studies" (NLRCS))
2017	Effect of dietary supplements on nutritional status and anthropometric indicators in retirement home residents: A (the first International Congress of " Nutrition: from Laboratory Research to Clinical Studies" (NLRCS))
2017	The validity of resting energy expenditure predictive equations in adults: a cohort study Ravansar (the first International Congress of " Nutrition: from Laboratory Research to Clinical Studies" (NLRCS))
2017	Effect of dietary supplements on blood biomarkers among elderly home residents: A controlled randomized trial
2017	Metabolic syndrome in patients with non-alcoholic fatty liver disease: A case-control study
2016	Combatting obesity with low cost strategies; A prospective study in Kermanshah, Iran, 2016
2016	Effects of CoQ10 supplementation on CVD risk factors in rheumatoid arthritis patients
شهریور 2016	Relationships between Nutrition and Non-Communicable Diseases among 35-65 Years of Olds: Ravansar Cohort Study (The 2 st International & The 14 th Iranian Nutrition Congress)
شهریور 2016	Determination of conformity of the information contained in the label of the food with the actual combination(The 2 st International & The 14 th Iranian Nutrition Congress)
شهریور 2016	Assessment of anthropometric indices and dietary intakes in patients with HIV / AIDS in Kermanshah(The 2 st International & The 14 th Iranian Nutrition Congress)
30 Nov to Dec 03 2014	Malnutrition in labor children in Kermanshah (The 1 st International & The 13 th Iranian Nutrition Congress)
30 Nov to Dec 03 2014	Anemia among labour children in Kermanshah (The 1 st International & The 13 th Iranian Nutrition Congress)
30 Nov to Dec 03 2014	Changes of food intake patterns in households after removal of subsidy of some food items in Kermanshah (The 1 st International & The 13 th Iranian Nutrition Congress)
16 - 17 August 2014	Micronutrients Malnutrition Following Weight loss.(The 1st Razavi Congress in Clinical Nutrition & The 2nd International Symposium on Nutrition Razavi Hospital, Mashhad, Iran)
۹۲ آذر ۱۵-۱۳	شیوع چاقی و عوامل مؤثر بر آن در زنان ۶۵-۲۵ ساله ساکن شهر کرمانشاه، سال ۱۳۹۱ (چهارمین کنگره پیشگیری و درمان چاقی در ایران)
۹۲ آذر ۱۵-۱۳	شیوع چاقی، وضعیت رشد و ارتباط آن با پیشرفت تحصیلی در دانش آموزان ابتدایی مدارس

۹۲-۱۳ آذر ۹۲	شهرک های حاشیه ای شهر کرمانشاه (چهارمین کنگره پیشگیری و درمان چاقی در ایران) چاقی و ارتباط آن با فعالیت بدنی و کیفیت زندگی در زنان (چهارمین کنگره پیشگیری و درمان چاقی در ایران)
مهرماه ۲۴-۲۶ ۱۳۹۲	تاثیر تعطیلات نوروز بر پروفایل چربیها و فشارخون (دومین کنگره بین المللی پیشگیری از بیماریهای عروق کرونر قلب شیراز)
مهرماه ۲۴-۲۶ ۱۳۹۲	نقش خود کارآمدی و مؤلفه های آن در تبیین ترکیب بدن در زنان شاغل دانشگاه علوم پزشکی کرمانشاه (دومین کنگره بین المللی پیشگیری از بیماریهای عروق کرونر قلب شیراز)
مهرماه ۲۴-۲۶ ۱۳۹۲	تغییرات لیپید های خون، مقاومت انسولین و ترکیب بدن در ایام روزه داری ماه رمضان (دومین کنگره بین المللی پیشگیری از بیماریهای عروق کرونر قلب شیراز)
مهرماه ۲۴-۲۶ ۱۳۹۲	تعیین انواع و میزان اسیدهای چرب موجود در برخی محصولات لبنی پر مصرف (دومین کنگره بین- المللی پیشگیری از بیماریهای عروق کرونر قلب شیراز) کیفیت زندگی و عوامل مرتبط با آن در دانشجویان دختر دانشگاه علوم پزشکی کرمانشاه (هفتمین کنگره اپیدمیولوژی ایران یاسوج)
اردیبهشت ۹۲	بررسی ارتباط بین فعالیت فیزیکی و افسردگی در دانشجویان دختر دانشگاه علوم پزشکی شهرستان کرمانشاه (هفتمین کنگره اپیدمیولوژی ایران یاسوج)
اردیبهشت ۹۲	بررسی علل عدم تداوم و میزان بقای یکساله IUD در زنان شهر کرمانشاه (هفتمین کنگره اپیدمیولوژی ایران یاسوج)
اسفند ۹۱	وضعیت تغذیه ای، ترکیب بدن و بیومارکرهای شیمیایی در سالمندان تحت پوشش مراکز دولتی شهر کرمانشاه (همایش سراسری سالمندان، دانشکده پرستاری-مامایی، دانشگاه علوم پزشکی کرمانشاه) سخنرانی
آبان ۹۱	تاثیر تغییرات الگوی مصرف مواد غذایی در روزه داری طی ماه رمضان بر ترکیب بدن (دوازدهمین کنگره تغذیه و اولین کنگره بین المللی تغذیه ایران، اصفهان)
آبان ۹۱	مقاومت انسولینی و تغییرات لیپیدهای خون در ایام روزه داری ماه رمضان (دوازدهمین کنگره تغذیه و اولین کنگره بین المللی تغذیه ایران، اصفهان)
آبان ۹۱	کم خونی و کمبود آهن و ارتباط آن با موفقیت تحصیلی در دختران دانشجو (دوازدهمین کنگره تغذیه و اولین کنگره بین المللی تغذیه ایران، اصفهان)
November 2012	dietary lipids consumption pattern and food choics affecting factors ,12 th iranian nutrition congress & first international nutrition congress of Iran- Isfahan
آبان ۹۱	عوامل موثر بر وضعیت سلامت مادران باردار استان کرمانشاه در سال ۱۳۸۹ (دوازدهمین کنگره تغذیه و اولین کنگره بین المللی تغذیه ایران، اصفهان)
آبان ۹۱	سبک زندگی مبتنی بر خود کارآمدی وزن در زنان شاغل در دانشگاه علوم پزشکی و ارتباط آن بانشانگرهای آنترپومتریکی (دوازدهمین کنگره تغذیه و اولین کنگره بین المللی تغذیه ایران، اصفهان)
آبان ۹۱	ارتباط عادات غذایی با موفقیت تحصیلی دانش آموزان ابتدایی (دوازدهمین کنگره تغذیه و اولین کنگره بین المللی تغذیه ایران، اصفهان)
آبان ۹۱	وضعیت رشد و رابطه آن با موفقیت تحصیلی در دانش آموزان ابتدایی مدارس شهرک های حاشیه ای شهر کرمانشاه ۱۳۹۰ (دوازدهمین کنگره تغذیه و اولین کنگره بین المللی تغذیه ایران، اصفهان)
آبان ۹۱	بررسی الگوی مصرف غذایی روزانه در شهر کرمانشاه ۱۳۹۰ (دوازدهمین کنگره تغذیه و اولین کنگره بین المللی تغذیه ایران، اصفهان)

آبان ۹۱	الگوی مصرف غذایی و ارتباط آن با کیفیت زندگی و افسردگی در دانشجویان دختر (دوازدهمین کنگره تغذیه و اولین کنگره بین المللی تغذیه ایران، اصفهان)
آبان ۹۱	وضعیت تغذیه و ارتباط آن با شاخصهای تن سنجی ، فعالیت فیزیکی و وضعیت اقتصادی- اجتماعی دانشجویان (دوازدهمین کنگره تغذیه و اولین کنگره بین المللی تغذیه ایران، اصفهان)
آبان ۹۱	تعیین انواع و میزان اسیدهای چرب در برخی محصولات لبنی توزیع شده در کرمانشاه (دوازدهمین کنگره تغذیه و اولین کنگره بین المللی تغذیه ایران، اصفهان)
آبان ۹۱	بررسی میزان اسیدهای چرب ترانس برخی از کیک ها، شیرینی ها و میان وعده های عرضه شده در شهر کرمانشاه (دوازدهمین کنگره تغذیه و اولین کنگره بین المللی تغذیه ایران، اصفهان)
آبان ۹۱	بررسی میزان اسیدهای چرب ترانس موجود در بعضی از مواد غذایی پروتئینی عرضه شده در شهر کرمانشاه (دوازدهمین کنگره تغذیه و اولین کنگره بین المللی تغذیه ایران، اصفهان)
آبان ۹۱	تطابق برچسب محصولات امگا ۳ عرضه شده در بازار با محتویات موجود در آنها (دوازدهمین کنگره تغذیه و اولین کنگره بین المللی تغذیه ایران، اصفهان)
آبان ۹۱	تاثیر روغن تهیه شده از شیر بر بیماریهای قلبی عروقی (دوازدهمین کنگره تغذیه و اولین کنگره بین المللی تغذیه ایران، اصفهان)
اردیبهشت ۹۱	بررسی راهکارهای ارتقای انگیزه یادگیری دانشجویان دانشکده پیرا پزشکی کرمانشاه (سیزدهمین همایش کشوری آموزش علوم پزشکی، ساری)
آبان ۹۰	اثرات ماندگار خوراکیهای ایام نوروز بر بافت چربی بدن و لیپیدهای خون ، سومین کنگره پیشگیری و درمان چاقی در ایران (مرکز همایش های بین المللی دانشگاه شهید بهشتی)
تیر ۹۰	بررسی تاثیر رژیم غذایی پرکالری در افزایش وزن جوانان مراجعه کننده به کلینیک تغذیه (همایش ملی ارتقای سلامت جوانان)
May 2011	The Effect of Locus of and Gender on Social Adjustment and Intelligence in high School Students , The first international congress on health education and promotion, Tabriz Iran
May 2011	HEALTH STATUS DEFICIENCY AND EDUCATIONAL DEFICIENCY IN PUBLIC HEALTH STUDENTS, The first international congress on health education and promotion, Tabriz Iran
اسفند ۸۹	لزوم رعایت استانداردهای تغذیه صحیح حتی در ایام خوش نروزی، دومین همایش ملی استاندارد، توسعه و سلامت (سخنرانی)
آبان ۸۹	بررسی شیوع عدم تحمل لاکتوز در دانش آموزان مدارس راهنمایی شهرستان زابل در سال ۱۳۸۸ (یازدهمین کنگره تغذیه ایران)
آبان ۸۹	روند بروز سرطانهای معده و کولورکتال در استان کرمانشاه در سالهای ۱۳۷۲-۱۳۸۶: شاهدی بر گذار اپیدمیولوژیک (یازدهمین کنگره تغذیه ایران)
آبان ۸۹	تاثیر مداخلات تغذیه ای بر کاهش وزن و تناسب اندام (یازدهمین کنگره تغذیه ایران)
آبان ۸۹	بررسی وضعیت تغذیه ای سالمندان شهر کرمانشاه از جنبه های مختلف (یازدهمین کنگره تغذیه ایران)
آبان ۸۹	آئین نروزی و پیامدهای ماندگار تغذیه ای آن بر چربیهای خون و ترکیب بدن (یازدهمین کنگره تغذیه ایران)
آبان ۸۹	تاثیر رژیم درمانی کوتاه مدت و آموزش تغذیه ای بر کاهش لیپیدهای خون در افراد هیپرلیپیدمیک (یازدهمین کنگره تغذیه ایران)
آبان ۸۹	ارتباط الگوی مصرف مواد غذایی با اضافه وزن و چاقی در زنان سنین باروری (یازدهمین کنگره تغذیه ایران)

اردیبهشت ۸۹	تاثیر عادات غذایی در تعطیلات نوروزی بر ترکیب بدن (سخنرانی) (همایش کشوری نقش زنان در توسعه نظام سلامت)
اردیبهشت ۸۹	اضافه وزن و چاقی در زنان سنین باروری و ارتباط آن با عادات غذایی (همایش کشوری نقش زنان در توسعه نظام سلامت)
Sep 2010	THE EFFECTS OF NEW YEAR HOLIDAYS ON BODY COMPOSITION 32 th ESPEN International Clinical Nutrition & Metabolism, Nice, France
Oct 2009	NUTRITIONAL STATUS USING MULTIDIMENSIONAL ASSESSMENT IN ELDERLY IRANIAN. 19 th International Congress of Nutrition, Bangkok-Thailand.
Oct 2009	MODIFIABLE RISK FACTORS CHANGE AMONG OVERWEIGHT AND OBESE PATIENTS RECEIVED CARDIAC REHABILITATION. 19 th International Congress of Nutrition, Bangkok-Thailand.
Oct 2009	EFFECT OF CARDIAC REHABILITATION ON ANTHROPOMETRIC INDICES AND LIPID PROFILES OF PATIENTS WITH METABOLIC SYNDROME. 19 th International Congress of Nutrition, Bangkok-Thailand.
Oct 2008	THE INTERACTION BETWEEN DIET AND HFE GENOTYPE IN DETERMINING IRON STATUS. 10 th Iranian Nutrition Congress, Tehran Iran
Sep 2007	HETEROZYGOTE HFE MUTATION IMPROVES IRON STATUS AND PREVENT FROM IRON DEFICIENCY European Iron Club meeting King's College London, London
Dec 2005	HFE MUTATION INFLUENCES ON IRON STATUS. First International conference on NUTRIGENOMIC – Opportunities in Asia - Singapore
Nov 2005	IRON STATUS DETERMINANTS: DIETARY AND GENETIC INFLUENCES. From Nutrigenomic to Personalised Nutrition 3rd International Nutrigenomic Conferences/ SPAIN
Sep 2004	GENETIC DETERMINANTS OF IRON STATUS 8 th Iranian International Nutrition Congress / IRAN
July 2004	EFFECTS OF HFE MUTATIONS ON FERRITIN LEVEL AND IRON STATUS 12 th IRCE / Manchester
April 2004	DIETARY INTAKE, HFE MUTATION AND IRON STATUS The UK Nutrition Society Winter Meeting, London
January 2004	DIETARY AND GENETIC DETERMINANTS OF IRON STATUS King's College Postgraduate Research Symposium

July 2003	GENETIC DETERMINANTS OF IRON STATUS The UK Nutrition Society Summer Meeting, London
31 May 2003	GENETIC DETERMINANTS OF IRON STATUS IN HUMAN 10 th Iranian Postgraduate students seminar, Cambridge, UK
16 January 2003	HFE GENE MUTATIONS, IRON DEFICIENCY AND IRON OVERLOAD 3rd Postgraduate Research Symposium, King's College, London
29-30 June 2002	GENETICS, NUTRITION AND IRON STATUS 9 th Iranian Postgraduate students seminar, UCE Birmingham, UK
1994 - 2000	SIX ACADEMIC PAPERS PRESENTED IN DIFFERENT NATIONAL SEMINARS IN IRAN (in Farsi). All presentations abstracts have published in seminar abstracts booklets.

1. Director of Research projects:

- Follow-up of participants in population-based cohort for chronic non-communicable diseases in Ravansar (2017-2020)
- Assessing factors associated with overweight and obesity using structural equation model in the Ravansar's cohort study(2018)
- Investigating the Effect of Synbiotic Supplementation and educating low-calorie diet on the Lipid Profile and the Gut Micro-flora in Patients with Metabolic Syndrome(2018)
- Comparative study of muscle strength in different dietary patterns in 35-65 years old subjects in Ravansar cohort study(2018)
- Motivational Strategies and its Relationship to Academic Achievement among Kermanshah University of Medical Sciences Students(2018)
- The effect of probiotic and vitamin D enriched yogurt and low calory diet on satiety and hunger hormones and vitamin D in obesity(2018)
- Comparing education using Telegram messages and Small Groups on healthy eating and anthropometric indexes in people with BMI>30(2018)
- Investigating the association between rapid weight loss with muscle strength and nutritional status of 13-18 year-old wrestlers in Kermanshah (2018)
- The relationship of micro- and macronutrient intake, anthropometric indexes and blood biomarkers with muscle strength in patients with type 2 diabetes(2018)
- Dietary diversity score among patients suffering HIV/AIDS in Kermanshah(2018)
- Dietary Diversity Score and Risk Factors of Metabolic Syndrome in None Alcoholic Fatty liver patient: a case control study(2018)
- The effects of alpha lipoic acid supplementation on lipid profile, oxidative stress and iron overload in patients with thalassemia major(2018)
- Determination of components in ornithogalum arcuatum liliaceae and optimization of extraction process of inulin by response surface methodology from it(2018)
- Effects of Coenzyme Q10 supplementation on serum levels of some vascular inflammatory biomarkers and adipokines in rheumatoid arthritis patients: A randomized, controlled clinical trial Assessing factors associated with overweight and obesity using structural equation model in the Ravansar's cohort study(2017)

- Quercetin supplementation in nonalcoholic fatty liver disease: a randomized, double-blind, placebo-controlled pilot study(2017)
- The Effect of Curcumin Supplementation as Nano-micelles and Low Calorie- Low Glycemic Index Diet Education on Metabolic Syndrome Indices(2017)
- The relationship between metabolic syndrome and fatty liver disease: a case-control study(2017)
- Comparison of protein, carbohydrate, and fat on foods label and their laboratory-analyzed values(2017)
- Assessment of Triazine Herbicides Residual in Fruit juice, Fruit and Vegetables Using Ultrasound Assisted Extraction-Dispersive Liquid- Liquid Microextraction Followed by HPLC-UV(2017)
- Validity and reliability of energy metering tools in the adult population living in Rawansar(2017)
- Investigation of edible oils consumption pattern in households and fatty acids content of supplied oils in Kermanshah in 2017
- Internal evaluation of nutrient department (faculty health) of Kermanshah University of medical sciences(2016)
- Study of food security in households of Kermanshah in 2016(2016)
- Study the relationship between socio-economic and nutritional status with insulin resistance in obese women(2016)
- Determination of Prevalence Drug, Cigarette smoking, Alcohol and water-pipe consumption and related demographic factors in 35-70 years old people Ravansar city
- A Survey of foods labeling and ingredient contents agreement distributed in Kermanshah, (2012)
- The study of relationship between body composition analysis and skeletal muscle mass with biomarkers at the Ravansar Cohort study participants
- A survey of blood sugar, lipid profiles and metabolic syndrome among fast food providers in Kermanshah (2012)
- The effect of quercetin supplementation on liver enzymes, inflammation indices, lipid profile and body composition, accompanied by color control in nonalcoholic fatty liver disease: A randomized, double-blind, pilot study
- The Effect of Curcumin Supplementation as Nano-micelles and Low Calorie- Low Glycemic Index Diet Education on Metabolic Syndrome Indices
- Validity and reliability of energy metering tools in the adult population living in Rawansar
- The Effect of Synbiotic Supplementation and educating low-calorie diet on the Metabolic Syndrome Indices and the Gut Micro-flora in Patients with Metabolic Syndrome
- The relationship of micro- and macronutrient intake, anthropometric indexes and blood biomarkers with muscle strength in patients with type 2 diabetes
- The survey Dietary patterns in patients with fatty liver in Kermanshah
- Effects of using nutritional supplements on quality of life and nutritional status of elders Cost utility analysis of interventions
- The survey of growth status and HIV viral infection diseases and hepatitis B and C among children under 18 years of involved recycling materials in Kermanshah, 2012
- The Effect of economic motivation on weight reduction women in Kermanshah
- Dietary pattern and food consumption among households in Kermanshah; A year after subsidy support removal
- Dietary pattern and food consumption among households in Kermanshah; A year after subsidy support removal(2012)
- The obesity prevalence and related factors in women aged 25-65 in Kermanshah,(2012).

- The survey of growth status and HIV viral infection diseases and hepatitis B and C among children under 18 years of involved recycling materials in Kermanshah, (2012)
- The effect of nutritional educations on blood sugar and insulin resistance during Ramadan, A Cohort study(2011)
- The effect of nutritional educations on body composition and lipid profiles during Ramadan, A Cohort study (2011)
- The study of relationship between dietary habits and growth rate with educational achievement among rural area's primary school children in Kermanshah (2011)
- A survey of dietary habits and food consumption pattern of population in Kermanshah(2011)
- The effect of continuous enteral feeding on nutritional status of hospitalized patients with multiple in ICU of Taleghani hospital(2011)
- A survey of Health and Nutritional Status of Girl Students at the School of Public Health in Kermanshah University of Medical Sciences (2011)
- The study of fatty acids composition in some of dairy products distributed in kermanshah(2011)
- The study of Nutritional status of population living in elderly care homes in Kermanshah(2011)
- The study of fatty acids and vitamins A,D and E content of omega-3 supplements available in Iran market.(2010)
- The study of trans fatty acids composition in some of protein foods distributed in kermanshah(2011)
- The study of trans fatty acids content of cakes, confectionaries and snacks distributed in kermanshah(2011)
- The Effect of Diet Therapy and nutritional educations on Lipid Profiles in Hyperlipidemia(2010)
- The effect of dietary habit and physical activity level during norouz Holidays in blood lipid profiles and body composition in Public Health College. (2009)
- The nitrate and nitrite concentrations in vegetables of Kermanshah city (2009-2010)
- Health problems of contaminated bread wastage collected from households in Kermanshah (1998-2000)
- Nutritional status of primary school children in Kermanshah (1996-1998)

2. Awards:

- 2013 Out Standing Teaching Award in 6th Shahid Motahari Festival Tehran-Iran
- 2012 Out Standing Reserarcher at KUMS
- 2011 First Place Award in academic teaching at KUMS
- 2000 PhD Scholarship award from Ministry of Health and Medical Education (Iran)
- 1999 First Place Award in National Iranian Medical Journals for publishing research paper on Malnutrition in primary school children, Iran
- 1985 Stood First in Secondary School Scientific Competition, Tabriz, Iran

3. Advanced Courses:

9.1 Bioinformatics and Genomics Analysis

- Introduction to Sequence Analysis & Bioinformatics (three days session at KCL)
- Biomedical and health resource discovery on the internet (KCL)
- Introduction to the Draft Human Genome/Ensembl (KCL)
- Advanced Information Retrieval for Medicine and Health (KCL)
- Advanced Information Retrieval for Biomedical and Life Sciences (KCL)
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9.2 Research:

- Research Grants & Administrative Reporting
- Validation of Dietary Intake Data
- Writing Effective Research Proposals
- Being Effective in Meetings

- Four days Personal Effectiveness, Networking and Teamwork KCL GRADschool
- Reading Original Research and Review Papers (critical appraisal skills)
- Effective Presentation in Seminars
- Time Management

- Being a Postgraduate Student Supervisor
- Planning & Delivering a Training Session
- Leading a Research Team
- Phlebotomy training course

9.3 Computer skills:

- Microsoft Excel advanced level
- Microsoft PowerPoint advanced level
- Microsoft Access intermediate level

- Microsoft Word advanced level
- Statistics soft wares: SPSS and Minitab
- Reference Manager advanced level

4. Professional Memberships:

- American Nutrition Society
- European Iron Club
- British Nutrition Society
- London Iron Metabolism Group
- British Biochemistry Society
- Iranian Nutrition Society

5. Referees:

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