



YMCA OF LONG ISLAND, INC. 121 Dosoris Lane, Glen Cove, NY 11542 ymcali.org





SHORE TO SHORE IMPACT

YMCA OF LONG ISLAND | 2016 Annual Report

The YMCA of Long Island provides programs and services to a large and diverse population that nurture youth, foster healthy living and inspire social responsibility.

From Glen Cove to East Hampton, we served more than 65,000 people of all ages, backgrounds and circumstances to meet the needs of our local communities in 2016. Every day, we impacted lives from shore to shore.

LONG ISLAND, WE ARE YOUR YMCA.

DEAR FRIENDS,

For almost 100 years, the YMCA of Long Island has committed to making the greatest possible impact on our communities. We continue to make a difference every day, from the north to the south shore and every place in between.

The Y's impact is only possible thanks to volunteers, donors, community partners, and dedicated staff.

With your generous support in 2016, we helped families and individuals who depend on the Y by removing income as a barrier to life-changing programs and services. Thanks to you, our programs transform the lives of children, teens, adults, and seniors.

Thanks to you, the Y gives our community hope.

In 2016, we continued to make capital investments in our facilities to meet the ever-changing needs of our diverse population. Through our preschool and day camp programs, we provided a supportive environment and empowered children to help close the achievement gap. Our health and wellness programs inspired Long Islanders to make better choices and lead more active lives. Our evidence-based chronic disease prevention and recovery programs helped thousands of people live longer, healthier lives.

We are proud to give opportunities for people to be healthy, to learn, to connect with others, and to give back. And we hope you will continue to join us as we deliver on our mission of social responsibility and strength to the incredible community we love so much.

Thank you for believing in us, for believing in each other, and for believing in the ones who need us most.

Long Island, we are your YMCA.

Gratefully,



Anne N. Brigis
President & CEO



YMCA OF LONG ISLAND

Association Office

Glen Cove, NY



YOUTH DEVELOPMENT

The YMCA of Long Island's youth programs offer young people **developmental opportunities from early childhood** through late adolescence, both in Y branches and outside of them, with an emphasis on out-of-school hours.

Already a significant childcare provider, the Y committed to **increasing services in early childhood education** and School Age Child Care (SACC) in 2016. With thanks to a generous multi-year capacity building grant from **the Rauch Foundation**, a staff position, **Executive Director of Youth Development and Education** was added to create new preschool programs, work with School Districts to provide Universal Pre-Kindergarten (UPK), standardize curriculum for pre-school, and increase the number of SACC sites.

With thanks to **Bethpage Federal Credit Union**, the YMCA served 2,500 children and families at the 2016 **Healthy Kids Day®**. Teens and Pre-Teens learned about nutrition thanks to the **Healthy Kids, Healthy Families** initiative in partnership with the **United Way of Long Island** and **The Nature's Bounty Foundation**. These engaging interactive nutrition workshops provided young people with resources to make healthy dietary and exercise choices, and to prepare healthy recipes.

HEALTHY LIVING

2016 kicked-off major fundraising for the new **Healthy Living Center at the Huntington YMCA**, the first of several projects designed to fill gaps in service across the region. The **29,000 square foot Healthy Living Center** will house a 7,500 square foot gym with a suspended walking and running track, a cycling studio, adult fitness studios, a child watch center, a teaching kitchen, a craft/STEM workshop, community education rooms, and locker rooms, providing a myriad of health and wellness opportunities. Expanded programming in **diabetes prevention, fall prevention, cancer recovery and fitness** for those with arthritis will be housed in the Healthy Living Center. And youth and teen programming will also increase with the additional space.

2016 brought continued growth of Y signature programs across Long Island. Thanks to generous support from **Stew Leonard III Children's Charities**, 160 children learned valuable water safety skills in Y swim lessons. Both **Stew Leonard III Children's Charities** and **the PSEG Foundation** supported water safety with a strong force of local lifeguards. Generous underwriting support allowed **32 young people to become new American Red Cross Certified Lifeguards.**

Enhance®Fitness, an evidence-based physical activity program proven to increase the physical, mental and social functioning of older adults, particularly those with arthritis, was expanded due to a grant from the New York State YMCA Foundation, allowing the Y to reach beyond Y branches and into underserved communities.



SOCIAL RESPONSIBILITY

In 2016, the YMCA of Long Island became a leader in **YUSA's DIG (Diversity, Inclusion, and Global) Innovation Network**. The DIG Innovation Network is committed to outreach to **diverse and underserved communities**, community bridge-building, and driving program innovation so that everyone has an opportunity to reach their full potential.

2016 marked the third year of **Imagination Station**, an early literacy summer camp program aimed at stopping summer learning loss. With thanks to the generous support of **the Rauch Foundation**, Imagination Station 2016 included summer reading and enrichment for preschool to 3rd-grade children, serving 2091 students. **Over 99% of participants either maintained or advanced their reading level.**

The Y provided **six weeks of camp for free to 71 students**, referred by school social workers from local districts. **Capital One** also supported literacy by underwriting **Capital One Y Readers**, ensuring all campers read 30 minutes per day, and **an extensive camp library at each branch.**

2016 marked capacity building in fundraising with the hire of a **Vice President of Philanthropy and an Annual Campaign Director**. This department **raises critical funds to support Y of LI initiatives** including the Achievement Gap, water safety, robust financial assistance, and Y Signature programs, the Endowment Fund and Capital Campaigns.



YMCA AT GLEN COVE

Glen Cove, NY



YOUTH DEVELOPMENT



In 2016, the YMCA at Glen Cove Day Camp served over **500 kids from the community and surrounding areas**. Offerings included a high/low rope course, swimming (instructional and recreational), arts and crafts, go-carts, nine square, gaga pits, and the summer camp carnival. **Imagination Station** provided valuable literacy skills for the third consecutive year.

The Y's Glen Cove Preschool focused on **nurturing the potential of every child** with age-appropriate, center-based learning activities, and a curriculum that develops social, emotional, and creative skills. The school

serves 165 students, ages 2-4, in half, extended, and full-day programs. Students enjoyed **regular swimming lessons**, as well as the SAFE CHILD program, conducted by the **Glen Cove Police Department**.

Family Socials were an excellent opportunity to gather the preschool community together. And the Y received collaborative support from **Northwell Health Systems** to deliver **Healthy Eating and Physical Activity** standards.

A **Lending Library**, made possible through a generous **Pritchard Foundation Grant**, empowered the Y to acquire books and literacy materials to enhance Glen Cove Y's Preschool library. The Preschool sponsored a **food and clothing drive** to help local families in the community during the holidays. A 5-week **Summer Enrichment** program helped students maintain their connection with pre-reading, pre-math, and science readiness skills.

The **School Aged Child Care (SACC) program** provided enrichment care for students in K- 6th grade. The Y offered eight off-sites and one on-site, **servicing 540 students from Glen Cove, New Hyde Park, Lynbrook, and Valley Stream**. SACC enrichment activities include homework support, healthy snacks, arts and crafts, outdoor games, and sports.

HEALTHY LIVING

The Glen Cove Y, trained by **Northwell Health**, presented **The Living Healthy Workshop or Living a Healthy Life with Chronic Conditions**, and served 36 people. The program promotes self-management and provides people with chronic illnesses with strategies for health while managing a disease.



January 1, 2016 was the Grand Opening of the newly renovated **Strength Training Center**, with thanks to a generous donation from **The Weber Family**. The Strength Training Center features turf flooring, cardio and strength training equipment including a Queenax Training Unit, Precor Equipment, new dumbbells, cable crossovers, and Cybex and Precor free standing cables all designed to improve functional strength.

In September, the Y renovated the **Cardio Center**, featuring 34 pieces of equipment, including Precor treadmills, recumbent and upright bikes, elliptical trainers, Cybex Arc Trainers, a Concept 2 Rower, a Step Mill, and a Sci-Fit UBE.

The Y continues to host classes for older adults with excellent results as **seniors develop strength and make connections**. To bring fitness to the local Senior Center, the Y instructors **taught weekly classes, serving 25-30 participants** to increase strength, cardio, and balance.

SOCIAL RESPONSIBILITY

The YMCA at Glen Cove gave over \$130,000 in scholarships to help seniors, adults, and children participate in Y membership and programs. Local third graders met every Friday for nine weeks to learn to swim, thanks to a long-term relationship with the **Glen Cove School District**.

Also in collaboration with the school district, and free to the community, the **pre-teen and teen drop-in center** provided a safe, structured environment to **over 600 teens and pre-teens** with activities such as pool, basketball, and the fitness center.



Thanks to **Northwell Health**, the Y hosted a **blood drive**, and **free flu shots** were provided by **Systems**.

Members sponsored a **clothing and food drive** to support those in need during the winter months. Finally, the Glen Cove Y offered programs for **diabetes prevention, fall prevention, and cancer survivors**.

HUNTINGTON YMCA

Huntington, NY



YOUTH DEVELOPMENT



The **Huntington YMCA** expanded and improved youth programming in 2016, serving children as young as six months old with parent/child swim and movement classes. The Huntington Y supported children through the teenage years with free **Pre-Teen and Teen Nights**. YMCA Teen Leaders Club also provided mentoring and leadership training.

Huntington Y's excellent **Preschool** program experienced its highest enrollment to date, serving **300**

children. New areas of focus included aligned curriculum with NY State Early Learning Guidelines, and age-appropriate classroom interactions.

School Age Child Care programs provide a vital service to working parents, and served over 500 youth and families at 5 sites in the Huntington, South Huntington, and Cold Spring Harbor school districts. In 2016, the Huntington Y deepened its partnership with the South Huntington School District, helping to organize their Parent University program.

The Huntington Y Cultural Arts programs include Performing Arts and Arts & Crafts, and served over **350 participants, ages six months old to adult**. Expanded outreach efforts welcomed new children from underserved areas on full scholarships. Enhancements included modern dance, and all school-age performing arts classes added a sign language component, which was enthusiastically received by students and audiences alike.

Summer Camp was a busy, fun, exciting time, providing **2,678 camper sessions** and over **\$280,000 in camp scholarships during 2016**. Staff training program improvements were implemented and the Claire Award Scholarships, underwritten by the **Claire Friedlander Family Foundation**, were presented to exemplary staff resulting in a top-notch staff, helpful parents, and increased camper feedback.

The **Huntington Y Youth Swim Program** served over **10,000 children**. Improved aquatic best practices were instituted with the help of the **Starfish Aquatic Institute**. The Y's aquatic program offerings added more lifeguard training and certifications, preparation courses, safety drills, and in-service training.

The **Huntington Y Swim Team** was 170 members strong in 2016, with **150 competitive swimmers** and 20 youth participating in the **Developmental Swim Team**. New for 2016, a program for young people with diverse abilities, **Sensational Swim**, delivered swim lessons to 20 children and teens.

Y Youth Sports and Fitness focused on team sports, fitness, nutrition, and weight management. **Fit Kids**, an exercise program designed for 8 to 12-year-olds to learn healthy habits, was introduced and offered free with membership. Youth Sports programs expanded to offer Soccer, All-Star Sports Sampler, Dodgeball, Tennis, Golf, Street Hockey, Basketball, and Sports Camp.





HEALTHY LIVING

In 2016, the Huntington Y revamped its **Fitness Center** with a new **functional training center** featuring turf flooring, cardio and strength training equipment including a **Queenax Training Unit** for small group classes, plyometric equipment, elliptical trainers, new treadmills, and stationary bikes. New group exercise and aquatics classes include Water Exercise, Les Mills Body Combat, and Express Spin classes.



Y Signature Healthy Living Programs, free to the community, grew in enrollment: 80 senior adults benefitted from Moving for Better Balance, 31 participated in **Enhance® Fitness**, 72 cancer survivors

built strength and endurance in **LIVESTRONG at the YMCA** program, and 8 adults took advantage of the **Y Diabetes Prevention Program**. Children and young adults overcame chronic obesity in “**Healthy Weight and Your Child.**”

Healthy Eating and Physical Activities (HEPA) guidelines, which focus on both nutrition and increased physical activity, were adopted for all child care and camp programs.

SOCIAL RESPONSIBILITY

The Diversity, Inclusion, and Global Excellence (DIG) program offerings continued to grow in **programs and services for people with disabilities**, serving over 100 youth and families in Sensational Soccer, Sensational Swim, Community Connections, and in collaboration with the **ACE Oyster Bay High School** program. **Community Connections**, a recreational program for young adults with diverse abilities, was expanded in 2016 in partnership with other local organizations.



Collaborations with local schools and youth-serving agencies, **Tri-CYA, the Kiwanis Club, and other local organizations**, have expanded the Y’s reach to all sectors of the Huntington community.

2016 fundraising included a volunteer-led Annual Campaign. Combined with Special Events, these efforts provided **\$548,000 in financial assistance to over 2,200 youth and families.**

GREAT SOUTH BAY YMCA

Bay Shore, NY



YOUTH DEVELOPMENT

Great South Bay Universal Pre-Kindergarten (UPK), a fantastic partnership between the YMCA and the Bay Shore Union Free School District, served over **270 4-year-olds** at no charge in 2016. **Bay Shore UPK** offers a comprehensive curriculum, that is data-driven and designed to enhance social, emotional, physical, and cognitive growth. Children are encouraged to explore, experiment and play—all while acquiring school readiness skills.



Responding to a significant community need, the Great South Bay Y established a partnership with **Rising Stars**, a non-profit that utilizes sports and the power of teams to promote education and encourage athletes to pursue academic success alongside athletics. Fifteen 14-year-old boys were selected

for the 2016 roster to participate in weekly academic tutoring sessions, basketball practice and a robust schedule of games.

The Islip UFSD **School-to-Career Partnership** offered critical assistance to teens in partnership with the Great South Bay YMCA. Staff participated in a year-long planning committee, and contributed to **career days**, in which **Y professionals mentored teenagers, conducted mock interviews, and prepared students for college and future careers.**

New in 2016, the **Day Rep Children Series** provided theater education to school-age children. These educational field trips allowed students to visit the **Y Boulton Performing Arts Center** and enjoy high-quality theater performed by professional actors.

Great South Bay Y also began a new **teen lifeguard program** opportunity. Teens trained for the Red Cross Lifeguard Pre-Certification. With thanks to generous partners **Stew Leonard III Children's Charities**, and the **PSEG Foundation**, teens passing the pre-test had their American Red Cross Certification underwritten.

HEALTHY LIVING

Great South Bay YMCA offers health and wellness at offsite locations. In 2016, the Great South Bay Y successfully launched the **Enhance®Fitness** Program at local churches. Participants learned how exercise improving daily living and quality of life. Exercise classes were offered at Trinity Lutheran Church of Islip and the First Baptist Church in Bay Shore. Through the Enhance®Fitness program, the Great South Bay Y expanded its reach and brought health and wellness into the community.



The Great South Bay Y was grateful to serve 30 individuals in 2016 through **LIVESTRONG**, a powerful 12-week program of fitness and exercise designed for cancer survivors. Highlights included special workshops, meditation, energy healing, and nutrition education.

In 2016, **Moving for a Better Balance**, the fall prevention program, proved popular among the senior population, serving 40 participants. The program is based on the 8 forms of tai-chi.

A Youth Biathlon Program, **Strength Through Strokes and Strides** was offered in partnership with the non-profit **Medals for Mettle**. Designed for children ages 5-12 in cancer treatment, the program also provides significant benefits for well children. The program teaches proper swimming stroke techniques in the pool and running techniques on the track. In 2016, 25 children participated in a biathlon, then received a medal they then gifted to a child currently undergoing treatment.



SOCIAL RESPONSIBILITY

The 16th Annual **YMCA 5K Run In Memory of Judi** had 500 runners raising money to support friends, neighbors, and families battling breast cancer. Proceeds provided financial assistance to families affected by breast cancer, and helped underwrite LIVESTRONG at the YMCA (see above).

Spreading holiday cheer, the Great South Bay Y Board Members led the Great South Bay Y's **Annual Adopt-A-Family Holiday Program** with volunteer sponsorship of 10 local families, providing them with a holiday to remember and Y Pre-School's "Giving Tree" served over 60 local families in need.

The Great South Bay Y is proud to support those with diverse abilities, and offered the **Summer Camp Buddies** inclusion program, fitness/health for the visually impaired, the Autism RESPITE program, and Swim (Catfish) for children with disabilities. Collaborating partners in these efforts included **The LIAM Foundation, Life'sWorc, ACLD, and others**.

The Great South Bay Y was proud to announce that through special events, community grants and their most successful annual support campaign to date, over \$350,000 was raised to support programs for children and families of the community! The Y sent over 220 children to summer day camp with full and partial scholarships as part of our popular **Send A Kid To Camp Program**.



YMCA BOULTON CENTER FOR THE PERFORMING ARTS

Bay Shore, NY



YOUTH DEVELOPMENT

The YMCA Boulton Center has established itself as a **premier cultural institution on Long Island**. Located in the heart of downtown Bay Shore, the theater provides high-quality arts programming that entertains, educates and inspires the culturally, racially and economically diverse population of Long Island. A wide range of programs and classes are offered across the arts spectrum including **music, dance, and film**.

In keeping with the Y's mission, 2016 the theater emphasized education and outreach through the development of a **School Age Theater Program**. All productions support the **New York State Learning Standards**. The program highlights live performances for children, and serves as an excellent resource for private school field trips, camp trips from neighboring organizations, and family activities. The program's first year allowed the center to **enrich the minds of 2,400 children with performances of "Charlotte's Web," "Bunnicula," and "The Santa Show."**

HEALTHY LIVING

It's no secret that those **who listen to music see positive impacts on their behavior and mood**. According to the APA (American Psychological Association) researchers found that listening to and **playing music increase the body's production of the antibody immunoglobulin A** and natural killer cells—the cells that attack invading viruses and boost the immune system's effectiveness. Music also **reduces levels of the stress hormone cortisol**.

The Y Boulton Center presented over 75 productions in 2016. The stage played host to **Glenn Tilbrook of Squeeze, David Cook of American Idol,**

Martin Barre of Jethro Tull, Roger McGuinn, and more. Boulton Center events, ranging from music (including genres such as rock, folk, pop, and blues), as well as comedy and film, have given guests the opportunity to listen, laugh and explore all that live performances have to offer.



SOCIAL RESPONSIBILITY

The theater, located in downtown Bay Shore, serves to **raise awareness and increase social responsibility through the arts**. Author Kevin Brown's article in TCG Circle says that "going to the theater teaches us about people, places, and ideas to which we would not otherwise be exposed. Learning in a theatrical setting makes learning fun." **The theater entertained and educated over 18,000 guests in 2016.**



BROOKHAVEN ROE Y CENTER

Holtsville, NY



YOUTH DEVELOPMENT

In summer 2016, almost **9 acres were transformed** into ball fields, picnic grounds, and go-cart tracks. Kids worked on team-building, social and motor skills, and endurance. More than 1,000 children experienced **the joy of swimming** in Y pools, and learned basic water safety. **For many children, the Brookhaven Roe Y camp was their introduction to swimming.**

HEALTHY LIVING

The Brookhaven Y's Active Older Adult programs achieved maximum capacity, and served over 200 wellness seekers in 2016. Each water exercise class enrolled over 20 people. To support the Y's commitment to HEPA, the Brookhaven Y offered nutrition and wellness informational talks. Over 100 people took part in the evidence-based, **Moving for Better Balance**, a fall prevention program, both on- and off-site.

SOCIAL RESPONSIBILITY

The Brookhaven Y's newly expanded high-ropes course was used twice in 2016 by Eastern Suffolk B.O.C.E.S. (Boards of Cooperative Educational Services) to help build planning and problem-solving abilities, and help teams form stronger bonds and build trust.

In May, Brookhaven's **Water Safety Month**, aquatic professionals from both Patchogue and Brookhaven Roe Ys visited each of the **Patchogue-Medford Elementary Schools** to promote water safety skills.

Over 100 children attended Summer Day Camp through the Open Doors Financial Assistance Program. Critical funds raised to support this effort were provided by the 2016 golf classic, honoring **Swezey Fuel, Inc.**



PATCHOGUE FAMILY YMCA

Patchogue, NY



YOUTH DEVELOPMENT

In 2016, the Patchogue Family YMCA extended nutrition and fitness programs into local middle schools thanks to funding from the **Island Outreach Foundation**, 71 middle-schoolers came to Y club (**Cardiac Health Education Program**) for socialization, education, total wellness, and fun. The Aquatic Team trained and certified **22 American Red Cross Lifeguards**. The Massapequa School District began a new partnership with the Y to **serve children with disabilities through middle school** with activities for children with all abilities and created an inviting, inclusive atmosphere. The **Vegigation Program** provided hands-on science and nutrition opportunities for 3 and 4-year-olds in childcare, in support of the Y's HEPA standards. Also, 30 new 2 year-olds (HS Class of 2032) began their first school experience at the Patchogue Y.

The Patchogue Y's **Healthy Kids Day and Wellness Fair** offered families in the diverse Patchogue community a chance to enjoy a day filled with activities for all ages. The Fair, open to local businesses and vendors, afforded these partners the opportunity to display their products and services to the community.

A variety of youth, teen, and family programs and events are offered at the Y during each year. In 2016, preschool members enjoyed Tumbling, Arts, and Crafts, Yoga, and Zumba. School-age members took part in Kids Fit, Pre-Teen Night, Basketball, Gymnastics, and Running Club. And teens enjoyed Teen Night, Speed and Agility, Teen Fit, and Teen Center.

Y Adult sports leagues and events such as Volleyball League, Basketball League, Family First Friday, Fall Festival, Basketball Shootouts, Snack with Santa, and Family GRID continued to be popular offerings to all.





HEALTHY LIVING

Since introducing the **YMCA's Diabetes Prevention Program (YDPP)**, two year-long program sessions have been available annually. A Centers for Disease Control and Prevention (CDC) evidence-based program, YDPP is shown to reduce the participants' A1C number. Cross-benefits include weight loss, lower blood pressure, increased strength, and increased cardiac output.

The signature **LIVESTRONG at the YMCA Cancer Survivor Program** served 24 survivors by offering exercise, but more importantly, through supportive friendships that continue long after the program concludes. Many participants returned as volunteers to help the newly diagnosed.

Another CDC evidence-based fall prevention program, **Moving for Better Balance**, offered exercise and solutions for those with limited mobility, multiple sclerosis, Parkinson's, and other chronic joint and balance concerns. **Many graduates become Y members.**

The Patchogue Y offers **healthy living cross-generational classes for all ages and abilities**. Active older adults arrive with morning coffee, and exercise and socialize throughout the day. Pickleball, which was once a senior activity, is now attracting a younger crowd. As seniors gain strength and confidence in gentler group exercise classes, they often begin crossing over to join Kickboxing, H.I.I.T. and Studio Cycle.

With Y of the USA, **the Patchogue Y piloted the Y's Weight Loss Program** to help participants eat healthier, move more, and lose weight. In the areas of preventative care, skin cancer screening and vision testing, staff served over 400 people. **The Suffolk County Marathon Vendor Exhibition** and packet

pickup was hosted by the Y **to support local veterans. Golden Games Senior Olympics** served 100+ participants from 9 Care Facilities/Group Homes (including Veterans) competing in modified athletic events. Finally, the Patchogue Y's inaugural **"Live Well, Play Well" Health and Wellness Fair and Expo** was hosted in collaboration with the **Brookhaven Memorial Hospital Medical Center** and the **Boys & Girls Club**.



SOCIAL RESPONSIBILITY

An inaugural event, **Laps for Lessons**, was held in April and raised \$4,000 toward swim lesson scholarships thanks to dedicated staff swimming for an hour straight. The **2016 5K Walk/Run**, chaired by Nancy Rettaliata, raised funds for YDPP, growing the race from 129 runners to 548 runners and raising awareness and more than \$15,000. Suffolk County PBA held 4 evening **Self Defense Courses** for our community members, teaching the importance of being aware, being smart & being safe! Our **American Red Cross Blood Drive** was a success with our 'Percentage of goal collected': 100% and, Potential Lives Saved: 54.

YMCA EAST HAMPTON RECENTER

East Hampton, NY



YOUTH DEVELOPMENT



In 2016, the YMCA East Hampton RECenter increased outreach to local young people with new programming and special events. The **Friday Night Pre-Teen Program** was expanded to include 5th through 9th graders, and Pre-Teen/Teen programming was added on Saturday nights.

In partnership with the Middle School, **YMCA Soccer in the Park** launched in September. The program reduced a barrier to access by bringing it to kids in a familiar and easily accessible space. Students enjoyed being together while improving soccer skills under the supervision of Y staff.

Summer 2016 featured **expanded specialty camps including Travel Adventure, Sports, Soccer, Basketball, Strength Speed and Stamina, and Music Rock Band.**

The **School-to-Swim** program provided critical swimming safety instruction for the school districts on the south fork of Long Island. During school hours, schools from Southampton to Amagansett brought students, Pre-K to 5th grade, to learn water safety. With thanks to the Kiwanis Club of East Hampton, Montauk Pre-K added a Kindergarten swim program and Gurney's Spa & Resort provided hotel pool usage reducing the students' travel time. A Y after-school swim program for the Bridgehampton Childcare and Recreation Center was also provided by a generous benefactor in 2016.

The East Hampton RECenter Y Hurricanes Swim Team ranks as one of the Top 5 YMCA New York State Championship Teams, and maintains a strong presence at the Y Nationals annual event. The Y Aquatic Department and the Hurricanes collaborate to support local organizations, including the Hampton's Lifeguard Association, East Hampton Ocean Rescue, OMAC, The Coast Guard, Fighting Chance, Project Most, The East End Synchro Swans, and I-Tri.

YMCA East Hampton RECenter partners with **I-Tri** youth development to fight childhood obesity. Participants learned about the importance of physical fitness as a lifelong habit, as well as the skill of swimming.

The Y in partnership with I-Tri creates an atmosphere where young girls feel confident to work towards being fit for life. Young women who graduate from the program often serve as mentors for the next group of participants.



HEALTHY LIVING

The **Health and Wellness Center** installed a new **cardio and strength center** in 2016, including **Preva System by PRECOR**, which allows members to create a personal account, set goals, and track fitness progress. Empowering members to understand the successful outcomes of the fitness activities they enjoy, Preva increases personal training outcomes.

Health and Wellness **Summer Beach Boot Camp** was held on Fridays at Main Beach, East Hampton. Participants were put through the paces of running, balancing, strength training, running on dunes, and beach stairs, as well as meditation using found objects outdoors.



Adult Masters Swim Program enjoyed a successful year-long competition to “Swim Around Bermuda.”

With thanks to generous donors, 2016 was a year of improvements in the aquatic area, including a **brand new recycled glass water filtration system**, and an Ultraviolet Secondary Purification System in both pools. Ultraviolet has been proven to kill bacteria and other inorganic materials, and the Y now offers the **cleanest water available**.

SOCIAL RESPONSIBILITY

East Hampton RECenter Y Membership provided dinner to a local shelter on Super Bowl weekend, led by Y Board Member Judi Feldman.

Partnering with the Southampton Hospital, the **Y offers water exercise classes designed for Breast Cancer Survivors**. In 2016, the program grew from 5-12 survivors who participated in a supportive, friendly, and safe environment.

November 2016 featured the **Fall for Music Event**, where the community gathered, listen to a local band and underwrote the YMCA Music Program and scholarships for vocal and instrumental lessons.

The East Hampton YMCA Fall Festival, held each Saturday in October, featured recreational offerings to community families: a bouncy castle, a rock wall, soccer and basketball clinics, and craft projects.

YMCA FAMILY SERVICES

Holtsville, NY



YOUTH DEVELOPMENT

In 2016, the YMCA of Long Island helped **William Floyd High School and Center Moriches High School** participate in the **NY State YMCA Youth and Government**. Youth in these school districts participate in a mock government by creating and researching bills for statewide mock government in Albany. Over **200 teens from Long Island** attended, and experienced the process of following a bill through the different branches of government.

After a several-year break, the Family Services Branch was able to restart the **young persons' groups** (3 separate age-appropriate groups from ages 6-15 years old), designed for children who have lived with or who are living with someone who **abuses substances**.

The **Y socialization groups for children** offered tools and strategies for children who are having difficulty integrating into school, or making and keeping friends. **Girl power groups** helped girls struggling with self-esteem and self-image. And Banana Split groups assisted children whose parents are getting a divorce or recently divorced.

HEALTHY LIVING

The Family Services Branch expanded services to provide treatment for Co-Occurring disorders. In the program, a psychiatrist provides evaluations and recommendations, allowing patients to have more continuity of care and address difficult issues.



Successfully expanding **Family Services' reach**, staff attended 30 different health fairs in Suffolk County to **educate local communities** about prevention and treatment services. The Family Services Branch coordinated a **town hall meeting** to continue the dialogue on **underage drinking and the social host law**.

The 2016 change project focused on safe medicine disposal. Pre-teens left empowered, and created posters and pamphlets to provide to the local community about this critical issue.



SOCIAL RESPONSIBILITY

The Family Services Branch has transformed the lives of over 600 patients and families in 2016 through individual, group, and family counseling.

In 2016, the Family Services Branch led a successful giving event, **Warm Wishes from OUR Heart to YOURS**. Members of Y branches donated winter gear to help patients stay warm over the winter months including blankets, scarves, hats, gloves, mittens, jackets, snowsuits, and scarves. The Family Services Branch distributed items until February 2017, and gave all patients at least one item.

On August 2, 2016, Family Services Branch Staff attended the **National Night Out**, an event designed to heighten crime and drug prevention awareness, while generating support for local anti-crime efforts.

Finally, the Family Services Branch held a parenting series at the Huntington Y called **“How to talk to your kids about...”** The event was designed to help parents and children communicate. **Topics included peer pressure, drug use, conflict resolution and stress management.**



IMPACT BY THE NUMBERS

26 CHILD CARE SITES



1,766

KIDS MADE FRIENDS, HAD FUN AND DID THEIR HOMEWORK IN Y AFTERSCHOOL CHILD CARE PROGRAM



3,499 KIDS SERVED IN OUR PRE-TEEN AND TEEN CENTERS ISLAND-WIDE



1,046 STUDENTS ENROLLED IN PRESCHOOL PROGRAMS



\$15,000 DONATED BY



FOR GREAT SOUTH BAY YMCA CAMPERS WITH DISABILITIES

5,994 Y MEMBERS OVER THE AGE OF 65



SWIM LESSONS TAUGHT TO PREVENT DROWNING

377

YOUNG RISING STARS HIT THE STAGE IN PERFORMING ARTS CAMP



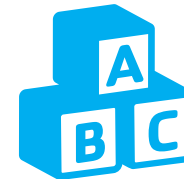
\$2,269,545 TOTAL SCHOLARSHIPS AWARDED AND FREE PROGRAMMING OFFERED



9,316 TOTAL CAMP SESSIONS



4,452 CHILDREN AND TEENS EXPLORED CREATIVITY, TEAMWORK AND LEADERSHIP AT THE YMCA'S SUMMER DAY CAMP



APPROXIMATELY **300** YMCA MEMBERS LOST A TOTAL OF **642 POUNDS** DURING THE YMCA'S 2016 STRIVE FOR FIVE CHALLENGE.



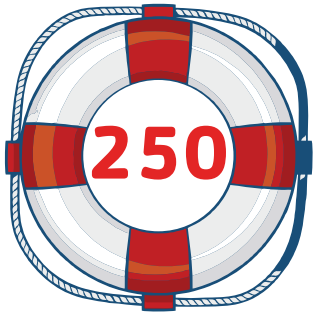
1,071,481 MEMBER CHECK-INS



65,675

PEOPLE OF ALL AGES, BACKGROUNDS & INCOME LEVELS CALLED US THEIR Y

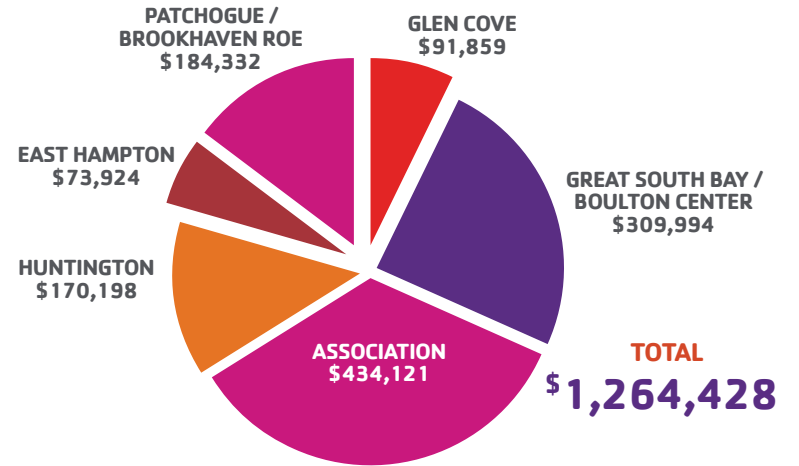




LIFEGUARD TRAINING CLASS PARTICIPANTS

1,091 PREVENTION WORKSHOPS TO 15,450 PARTICIPANTS

ANNUAL SUPPORT CAMPAIGNS



18,000 GUESTS HAVE ENJOYED PERFORMANCES AT THE YMCA BOULTON CENTER FOR THE PERFORMING ARTS

660 MEMBERS HEALTH & WELLNESS IMPROVED THROUGH SIGNATURE PROGRAMS
(LIVESTRONG, YDPP, MOVING FOR BETTER BALANCE, ENHANCE FITNESS, WEIGHT LOSS, HEALTHY WEIGHT AND YOUR CHILD)

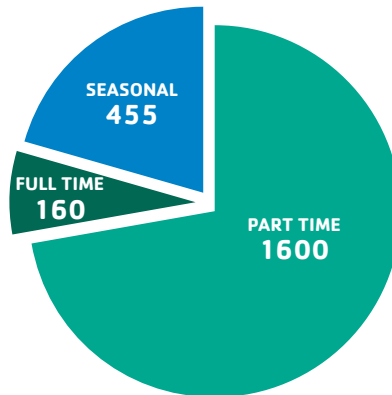


485 VOLUNTEERS DONATED THEIR TIME TO THE Y



MORE THAN 9,400 PERSONAL TRAINING SESSIONS HELPED PEOPLE LIVE HEALTHIER LIVES

2,215 Y STAFF



60 YOUNG ADULTS DEVELOPED LEADERSHIP SKILLS IN Y LEADERS CLUBS



1,811 YOUTH SPORTS CLASS PARTICIPANTS

PARTNERS & PROJECTS

The YMCA of Long Island acknowledges our generous impact partners contributing \$10,000 or more during 2016 (January 1, 2016–December 31, 2016)



Answer Vending, Inc. partners with the YMCA of Long Island to provide scholarships for YMCA summer camp, and ensure that the Y can offer free pre-teen and teen centers at all branch locations.



Astoria Bank's Community Action Assistance Grant Program, allowed several students to receive 100% scholarships to attend summer camp for six weeks, and to participate in Imagination Station, a Summer Literacy Learning-Loss Prevention Program. Astoria Bank is also a generous supporter of the YMCA Pre-Teen and Teen Centers.



Bethpage Federal Credit Union is the annual underwriting sponsor of Healthy Kids Day®. In 2016, together with Bethpage Federal Credit Union, the YMCA served over 2,500 children and families to address two of the most significant challenges summer presents: summer learning loss, and an increased body mass index among children due to inactivity. Bethpage is also a substantive partner in capital improvements to our YMCA facilities and annual underwriting of summer camp scholarships and pre-teen and teen center operating costs.



Capital One Bank supports the Capital One Y Readers Program, which works in tandem with the Imagination Station to address summer learning loss. In the program, each camper reads a book of their choice for 30 minutes each camp day—over 70,000 hours of reading! Campers may bring their favorite book to camp, or choose from our camp libraries, which offers a variety of subjects and interests at all reading levels.



The Claire Friedlander Foundation partnered with the Huntington Y to recognize and inspire YMCA Camp Staff in 2016. Three counselors received Claire Awards for exemplifying Claire Friedlander's legacy of doing good for others, showing kindness to all, and instilling hope in the midst of difficulty. The foundation also underwrote camp for 20 local campers.



Empire National Bank remains a significant annual supporter of both summer camp scholarships and YMCA Pre-teen and Teen Centers across Long Island.



Herman, Katz, Cangemi & Clyne, long-time partners of the Long Island YMCA, underwrote significant scholarships for YMCA Summer Camp including dedicated assistance for "Camp for All," the Y's camp inclusion program, and the Imagination Station.



The Long Island Ducks are deeply involved in the life of the YMCA, serving as the host of our annual "Y Night," a community building event for Y staff and volunteers. The YMCA Boulton Center for the Performing Arts, named for Long Island Ducks Founder and CEO, Frank Boulton, and family, continues to be a sustaining partner. The Y is also fortunate to have the Long Island Ducks Mascot and local hero, QuackerJack, at many of our community events.

THE KNAPP-SWEZEY FOUNDATION

The Knapp-Swezey Foundation has transformed countless local lives in partnership with the YMCA by working with us to revitalize Patchogue. The foundation underwrites numerous camp scholarships each year.



MSC Direct provides generous financial assistance for local children to attend Huntington YMCA Summer Camp. MSC Industrial Supply Co. honors the legacy of giving back to the community created by MSC Founder, Sidney Jacobson.

Spotlight On Children



Spotlight on Children provided financial assistance to send local children to summer camp at the Patchogue Y through the tireless efforts of Gasper Celauro and Sister Grace.



The Marcie Mazzola Foundation has been an annual supporter of camp scholarships to the Huntington Y. Each summer children participate in Y camps as a part of Marcie's legacy "to help better the lives of abused and at-risk children, and to increase advocacy and community awareness about the needs of children."

THE PATCHOGUE COMMUNITY SERVICE FOUNDATION

The Patchogue Community Service Foundation has been a generous underwriter of scholarships, allowing children to attend Patchogue Family YMCA programs.

THE PRITCHARD CHARITABLE TRUST

The Pritchard Charitable Trust supports the YMCA Early Childhood programs through lending libraries and "Book-In-A-Bag." This program encouraged kids to take home a new book each night to read with their families. The partnership included Family Reading Circles, an interactive story time open to the community.



Town of Islip Community Development Agency provided generous annual support to help underwrite the Great South Bay YMCA Pre-Teen and Teen Centers. This safe haven gave adult mentors the chance to support local youth through active enrichment and recreation.



The Town of East Hampton provides a free YMCA membership to every youth resident under the age of 17. The town has supported the Y in offering a diverse assortment of programs and initiatives for children, adults, and families.

THE VILLAGE OF EAST HAMPTON

The Village of East Hampton generously supports the East Hampton YMCA RECenter’s safety and beautification initiative by providing landscaping and significant inclement weather support.



PSEG Foundation and PSEGLI help improve local health, safety, and educational outcomes. As sponsors of the “SUMMER STEM FUN” Camp Program, children participate in weekly hands-on, inquiry-based experiments in science, engineering, and technology. The program helps children explore potential career opportunities in these areas. PSEGLI provides support for pre-teen and teen centers. Finally, to improve local health and safety PSEG Foundation underwrote 12 participants to attend our American Red Cross Lifeguard Certification course.



L.I.A.M. Foundation Inc. provided significant underwriting support for “Camp for All,” a camp inclusion program at the Great South Bay YMCA. “Camp for All” gives children with disabilities the opportunity to enjoy an inclusive summer camp experience by providing a buddy to help them navigate the camp day. Participants have the vital opportunity to learn social skills and make new friends. The Y works tirelessly with the foundation to reduce stigma and strengthen the entire community through “Camp for All.”



J. Petrocelli invests in youth development across Long Island, helping underwrite YMCA Pre-teen and Teen Centers and providing significant camp financial assistance.



The Rauch Foundation continues to be a strategic partner by addressing the summer learning loss and increasing capacity in youth development and education across our region. Through a multi-year grant aimed at summer learning loss prevention, Imagination Station improves literacy skills for local children. To date, 99% of participating children ages 3 to 3rd grade maintained or increased their reading level. In partnership with local schools, 70 young people were referred for full scholarships for six weeks of camp in 2016. Additionally, the Rauch Foundation invests in strategic capacity building in youth development. The Rauch Foundation has been a steadfast partner as the Y builds communities and fills gaps in service.

THE ANDREW SABIN FAMILY FOUNDATION

The Andrew Sabin Family Foundation generously supports East Hampton YMCA RECenter aquatics and camp scholarships.



Stew Leonard III Childrens’ Charities supports the Y in providing life-saving water safety skills. Our region is particularly vulnerable to incidents of drowning. Together with Stew Leonard III Children’s Charities, we offer swim lesson scholarships to 160 children, teach water safety skills, and set the foundation for a lifetime of fitness activity, and an essential skill that saves lives. Additionally, Stew Leonard III Children’s Charities underwrites the certification of 20 new American Red Cross Lifeguarding candidates at the YMCA.



Suffolk Transportation Service helps support local arts for Bay Shore and surrounding communities. This partnership helps the YMCA Boulton Center for the Performing Arts provide high-quality arts programs that entertain, educate, and inspire.

SWEZEY FUEL CO., INC.

Swezey Fuel Co., Inc. provides generous financial assistance to send local disadvantaged children to summer camp.



The United Way of Long Island remains a committed partner of the Y. In 2016, with thanks to the Nature’s Bounty Foundation and the United Way of LI, the YMCA took part in Healthy Kids, Healthy Families, an initiative to enrich the lives of families by promoting wellness through nutrition, education, and healthy living. As a part of this partnership, YMCA Pre-teen and Teen Centers participated in nutrition workshops with interactive lessons and healthy recipes.

TRIANGLE CLUB

BUILDERS (\$50,000+)

Friend of the Y - Long Island
Community Foundation
The Rauch Foundation

LEADERS (\$25,000+)

Bethpage Federal Credit Union
Anonymous
Arlindo and Evelyn Jorge Family Trust
Judy Jorge
Patchogue Community Service Foundation
Spotlight on Children

FOUNDERS (\$10,000+)

Andrew Sabin Family Foundation
Answer Vending, Inc.
Capital One Services, LLC
Judy & Gasper Celauro
Claire Friedlander Family Foundation
Armand D'Amato
Knapp - Swezey Foundation
L.I.A.M. Foundation Inc.
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PSEG Foundation
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United Way of Long Island

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New York State YMCA Foundation
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Paula Wetzel
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Van Nostrand Family

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Colleen & John Valdin

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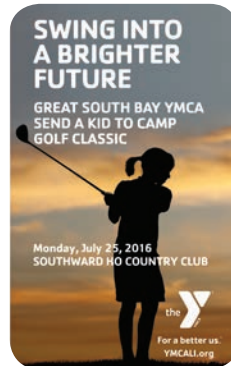
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Townhouse Center For Rehabilitaion & Nursing
USA Heating Supply
VHS
Gerald Waters
Carolyn & Dave Williams

FUNDRAISING EVENTS



Diamonds & Burlap Auction and Celebration
 Honoring: New York State Senator John J. Flanagan
 Thursday, September 26, 2016 Senior Vice President & COO, Eileen Knauer, NYS Senator Majority Leader, John J. Flanagan, D&B Chairman, Michael Balboni



Great South Bay YMCA Golf Classic
 Monday, July 25, 2016 "Swing Into A Brighter Future" Great South Bay YMCA Golf Classic was held at the Southward Ho Country Club. Major Sponsor – The L.I.A.M. Foundation



2016 Golf Classic "Golf For Good"
 Monday, June 20, 2016 Honoree: Andy Cangemi, Partner, Herman Katz Cangemi & Clyne, LLP. Mrs. Cangemi, Andy Cangemi, President & CEO, Anne N. Brigis, & Golf Chairman, James G. Taylor.



Allan Van Nostrand Memorial Tennis Classic
 Wednesday, August 3, 2016 Southward Ho Country Club All proceeds to benefit the YMCA Children's Financial Assistance Program and the Allan Van Nostrand Scholarship Fund. The Van Nostrand Family is reunited in tribute to husband and father, Allan Sr.

Daphne Hoffman, GSB Y Board Member and Tennis Classic Chair, welcomes guests to our 2nd Annual Allan Van Nostrand Memorial Tennis Classic.



YMCA Boulton Center for the Performing Arts Gala
 October 29, 2016 13th Annual Gala Broadway to Bay Shore featuring Jarrod Spector. Honoring John & Jackie Corrado. Event Sponsored by Suffolk Transportation. Pictured are Bob and Michele along with honorees, John & Jackie Corrado with son, Joseph and daughter, Jenna.

Patchogue Family YMCA Golf Classic
 The Patchogue Family YMCA 2016 Golf Classic honoring Swezey Fuel with significant event proceeds underwriting over \$55,000 in camp financial assistance.



Huntington YMCA Golf Classic
 "On Course For A Cause" held in the fall at the Huntington Country Club that underwrote 192 weeks of summer camp for local youth. The outing creates opportunity and access for local kids to participate in a healthy, wholesome, enriching YMCA summer camp experience.



COMMUNITY BUILDING EVENTS



Bethpage Federal Credit Union –
Annual Sponsor of Healthy Kids Days



The 10th Annual 5K in Memory of Marcie Mazzola.
The event generated over \$30,000 for the Marcie Mazzola Foundation and resulted in a generous donation from the foundation to the Huntington Y's Summer Camp Scholarship Fund.



3rd Annual Patchogue Family YMCA
"Send a Kid to Camp" 5K Run



Linda Army was the first women chair for American Heart Association – GREAT Y TEAM Spirit



Huntington YMCA Carnival
The Annual Memorial Day Weekend Carnival is a fun family tradition that raises support for the YMCA Financial Assistance.



Bethpage Federal Credit Union Cycle for Community
– raise funds and FUN for our YMCA Huntington Healthy Living Center

Local families gather at the **YMCA of Glen Cove** for Fall Festival Fun



YMCA at Glen Cove Pre-School learning about giving back and helping others with a community clothing drive for veterans and others in need.



YMCA 5K Run in Memory of Judi
Saturday, June 4, 2016
Strengthening our community by providing support to our neighbors battling cancer. Race winner Dan O'Donovan, Bay Shore High School student, crossing the finish line.

2016 Y NIGHT "Recognizing our Team of Volunteers & Staff"
Wednesday, July 20, 2016



YMCA Employee Recognition for years of service



Youth & Adult Volunteers of the year

STATEMENT OF ACTIVITIES

For the year ended December 31, 2016

	Unrestricted	Temporarily Restricted	Permanently Restricted	Total
OPERATING ACTIVITIES:				
Revenues and Other Support:				
Government grants and contracts	\$ 1,602,810	\$ -	\$ -	\$ 1,602,810
Program services	20,890,681	-	-	20,890,681
Participating memberships	9,017,204	-	-	9,017,204
Contributions	8,729	1,977,908	-	1,986,637
In-kind contributions	1,157,281	-	-	1,157,281
Special events, net	(1,050)	524,115	-	523,065
United Way and other community funds	-	62,502	-	62,502
Facility usage and other income	196,214	-	-	196,214
Net assets released from restrictions	1,770,619	(1,770,619)	-	-
Total Revenues and Other Support	<u>34,642,488</u>	<u>793,906</u>	<u>-</u>	<u>35,436,394</u>
Expenses:				
Program services:				
Multi-service branches	27,910,975	-	-	27,910,975
Family services branch	1,509,965	-	-	1,509,965
Total Program Services	<u>29,420,940</u>	<u>-</u>	<u>-</u>	<u>29,420,940</u>
Supporting services:				
Fundraising	1,163,223	-	-	1,163,223
General and administrative	3,569,810	-	-	3,569,810
Total Supporting Services	<u>4,733,033</u>	<u>-</u>	<u>-</u>	<u>4,733,033</u>
Total Expenses	<u>34,153,973</u>	<u>-</u>	<u>-</u>	<u>34,153,973</u>
Increase in Net Assets From Operations	<u>488,515</u>	<u>793,906</u>	<u>-</u>	<u>1,282,421</u>
NONOPERATING GAIN:				
Net investment gain	282,677	20,699	-	303,376
Net gain on disposal of fixed assets	815	-	-	815
Unrealized appreciation on perpetual trust	-	-	37,714	37,714
Net Nonoperating Gain	<u>283,492</u>	<u>20,699</u>	<u>37,714</u>	<u>341,905</u>
Changes in Net Assets	772,007	814,605	37,714	1,624,326
Net Assets, Beginning of Year	<u>49,654,139</u>	<u>1,178,456</u>	<u>2,536,261</u>	<u>53,368,856</u>
Net Assets, End of Year	<u>\$ 50,426,146</u>	<u>\$ 1,993,061</u>	<u>\$ 2,573,975</u>	<u>\$ 54,993,182</u>

**A STRONG FINANCIAL BASE ENABLES THE Y TO FULFILL ITS MISSION
OF IMPROVING THE LIVES OF LONG ISLANDERS.**

**Y of Long Island Scholarship Assistance
January to December 2016**

	Number of Scholarships to Adults	Number of Scholarships to Children	Financial Value
Full/Recreation Membership	1,103	2,268	\$ 256,433
Basic Membership	53	441	353,078
Program Scholarships:			
Day Camp	—	1,355	782,632
Child Care	—	1,645	297,977
Aquatics	24	1,795	69,987
Counseling	4,162	—	278,928
Teen Center	—	6,998	145,978
Cultural Arts/Dance	—	190	7,604
Youth Sports & Fitness	—	85	4,877
Other	184	99	5,936
Total	<u>5,526</u>	<u>14,876</u>	<u>\$2,203,430</u>

2016 CONSTITUENCY

A total of **64,518**

Long Islanders called us their Y in 2016:

	Male	Female
Pre-Schoolers (1-5 years)	3,366	3,165
Elementary Schoolers (6-11 years)	7,391	6,822
Jr./Sr. High Schoolers (12-17 years)	4,619	4,023
Young Adults (18-29 years)	4,617	4,332
Adults (30-54 years)	5,753	7,978
Adults (55-64 years)	2,344	2,926
Adults (65 and over)	3,158	4,014
Total	<u>31,249</u>	<u>33,269</u>

YMCA finances are monitored by the Finance Committee of the Board of Directors who also determines strategy and policies. Copies of the Audited Financial Statement conducted by BDO USA, LLP are available upon request. The YMCA of Long Island, Inc. is a not-for-profit organization pursuant to Section 501(c)(3) of the Internal Revenue Code.



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HUNTINGTON YMCA

60 Main Street, Huntington, NY 11743
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YMCA AT GLEN COVE

125 Dosisoris Lane, Glen Cove, NY 11542
(516) 671-8270 • Fax: (516) 671-8275

YMCA EAST HAMPTON RECENTER

2 Gingerbread Lane, East Hampton, NY 11937
(631) 329-6884 • Fax: (631) 329-2479

PATCHOGUE FAMILY YMCA

255 West Main Street, Patchogue, NY 11772
(631) 891-1800 • Fax: (631) 891-1850

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(516) 671-8270

WEST END ELEMENTARY SCHOOL

30 Clark Avenue, Lynbrook, NY 11563
(516) 671-8270

ALFRED G. BERNER MIDDLE SCHOOL

50 Carmens Mill Rd., Massapequa, NY 11758
(631) 665-4255

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330 Massapequa Ave., Massapequa, NY 11758
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199 Pittsburgh Ave., Massapequa, NY 11758
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CHURCH OF ST. ROSE OF LIMA

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(631) 665-4255

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(631) 665-4255

BIRCH LANE SCHOOL

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(631) 665-4255

EAST LAKE ELEMENTARY

154 East Lake Ave., Massapequa Park, NY 11762
(631) 665-4255

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210 Spruce Street, Massapequa Park, NY 11762
(631) 665-4255

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150 W. Maple Dr., New Hyde Park, NY 11040
(516) 671-8270

NEW HYDE PARK ROAD SCHOOL

300 New Hyde Park Rd, New Hyde Park, NY 11040
(516) 671-8270

CLEARSTREAM AVE. ELEMENTARY SCHOOL

60 Clearstream Ave, Valley Stream, NY 11580
(516) 671-8270

FOREST ROAD ELEMENTARY SCHOOL

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(516) 671-8270

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99 Shaw Avenue, Valley Stream, NY 11580
(516) 671-8270

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450 County Line Road, Amityville, NY 11701
(631) 665-4255

ACLD SPIEGEL CHILDREN'S CENTER

67 Greenwood Road, Bay Shore, NY 11706

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264 W. 22nd Street, Huntington, NY 11743
(631) 421-4242

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499 Old Country Rd., Hunt. Station, NY 11746
(631) 421-4242

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(631) 421-4242

COUNSELING SITES

FAMILY SERVICES YMCA

1150 Portion Road, Suite 6, Holtsville, NY 11742
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YMCA BOULTON CENTER FOR THE PERFORMING ARTS

37 West Main Street, Bay Shore, NY 11706
(631) 969-1101 • Fax: (631) 969-1105
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