

After the demonstration, your friends can enjoy creating their own banana splits!

As the hostess, you provide bananas, ice cream and desired toppings.

# JI'S A PARTY WJIH A PEEL!

# **Banana Split Party**

#### **HOSTESS PREPARATION**

- 1) Have the hostess encourage guests to bring a banana dressed up funny.
- 2) Have the hostess get ice cream and toppings (strawberries, marshmallows, nuts, M&M's, butterscotch, caramel, etc.) for banana splits after the demonstration. Suggest using the serving center for the toppings.

## **ACTIVITIES & GAMES**

- 1) Vote on the best-dressed banana.
- 2) How well do you know your banana?

(Give points for correct answers)

- a) How many calories does a banana have? (85) 10pts.
- b) Name the Banana name brands. (Chiquita, Dole & Del-Monte) 5pts
- c) Spell CHIQUITA. 5pts
- d) Describe the "CHIQUITA" banana seal.

10pts if you say it has "Chiquita" on it.

5pts if you say it is OVAL in shape.

5pts for each correct color BLUE & WHITE

10pts if you say it is YELLOW

15pts if you say it has a picture of the BANANA LADY.

15pts if you say she has FRUIT ON HER HEAD.

10pts for the trademark symbol TM

## **GAMES**

NAME GAME: Using the first letter of your first name, describe your banana in one word and introduce yourself.

BANANA TIC-TAC-TOE: When the guests start arriving to the party have them use a blank piece of paper and draw a big tic-tac-toe board. In each one of the nine squares, they should fill in anything that they might eat, serve, drink, or make with bananas. (Some examples, cereal with bananas, banana pudding, banana milkshake, banana splits, banana cake, frozen chocolate covered bananas dried bananas, etc.) they put this game aside until after the Banana Beauty Contest is played.

#### POINT GAME:

Bring a real banana	50 pts
Brought a plastic banana	49 pts
Brought a beaded banana	48 pts
Banana longer than your hand	20 pts
Banana shorter than your hand	10 pts
Designer banana (Sticker)	30 pts
All green Banana	30 pts
All yellow banana	35 pts
All brown banana	15 pts
Any brown spots	-15 pts
If you want to keep your banana	15 pts
If you will give it to me	30 pts
If you left your banana at home	10 pts
Still has a stem	20 pts

If you like bananas	10 pts
Never ate a banana	5 pts
Allergic to bananas	30 pts
For wearing yellow or green	25 pts
For having yellow or green in your kitchen	15pts

Have guests add up all points, highest score wins yellow game prize.

BANANAOLOGIST: Before you were in Tupperware, you were a bananaologist and used to study lots of bananas. Think of a name and an occupation for their banana and draw a face with their pen on the curved of the banana. While they are doing this, you set out your Tupperware Container (Banana Bucket) and empty it on a display cloth on the floor or table. Everyone has 10 minutes to dress their banana!!! They can't believe that they are doing such a silly thing, but they have lots of fun. After dressing the banana, have a Beauty Contest.

If the banana is a man	10pts.
If the banana is a lady	25pts.
If the banana has brown freckles	25pts.
If you put clothes on it	10pts.
If it has curly hair	10pts.
If it's bald	25pts.
If it looks like anyone you know	10pts.
If it has a designer label (sticker)	50pts.

BANANA SPLIT: Give one of the bananas out of the ones you collected to the guests nearest you. Have them pass it around the room to the other guests. Turn your back and say banana split..... The person caught with the banana has to split (sit down). Continue until you have two people. Turn around again but this time when you say banana split, the one with the banana is the winner. Guess what they win...all the bananas you collected earlier...Plus a game prize! Be sure to share some of the following banana recipes at the party.

#### **DEMO IDEAS**

- 1) Serving Center-for banana split buffet
- 2) Modular Mates or Shelfsmart—for banana split toppings.
- 3) Modular Mate Oval 1 or Shelfsmart slim rec. 1– for banana split dishes
- 4) 3pc. Wonderlier Bowl Set—great for unpeeled banana storage to maximize length of freshness
- 5) Jel-Ring Mold—for bananas in Jell-O.
- 6) 11oz or 16oz Impression Tumblers—for whole banana in Jell-O tube.

Bananas should be kept at room temperature, not the refrigerator. You may suggest any Tupperware Bowl as a fruit bowl, or a Wonderlier Bowl.

Bananas go great with cereal. Cereal storer to keep cereal fresh 0 suggest 2 if they use sugar coated cereal, they can mix with non-sugar coated cereal. Cereal Bowls for serving.

Banana mashed for babies in Small Freezsmart.

#### **RECIPES:**

**Banana Shake**: Easy in a Quick Shake—1c. Milk, 1/2 c mashed bananas, 1/2 c Vanilla Ice Cream, 1/2 tsp Fruit Infusion. Shake. A great way to use those over ripe bananas.

**Banana Split Cake**—Use Freeze Smart Large 2

Crust: 2c. Graham Cracker Crumbs 1/4 c. Sugar

1/4 c. melted butter.

Mix and Pack in container. Set Aside, Cool 1 hour.

Filling: 2c. Powdered Sugar 1/2 c. Soft Butter

1 tsp. Vanilla 1 egg.

Beat well and spread on crust.

Combine 16 oz. pkg. Frozen strawberries (thawed and drained), 1 can crushed pineapple, 4 bananas

sliced—spread over frosting.

Cover with Cool Whip—add chopped nuts—Chill several hours before serving. Top with cherries.

Banana Split Delight—Use UltraPro

6 cups crushed corn flakes 5 or 6 bananas

1 stick melted butter 1 can (20oz) crushed pineapple, drained

1/3 cup sugar
1 large box instant pudding (banana)
1 8oz container Cool Whip
1 maraschino cherries

Combine cornflakes, margarine, and sugar in a large mixing bowl. Pat mixture into 2 qt Oven Works Square. Bake 10 minutes at 375. Cool.

Prepare pudding as directed on box. Refrigerate. Slice bananas & arrange on cornflake crust. Spread pudding over bananas. Top with pineapples. Spread on Cool Whip. Refrigerate 2 hours. Top with cherries.

Mother's Homemade Chocolate Sauce—Serve Warm on Ice Cream

2 Tbsp Flour 4 Tbsp Cocoa 2 Cups Sugar Pinch of Salt

Mix all ingredients together in a saucepan. Add to this 1 cup milk and 1/2 cup water. Let this come to a boil, stir and cook for a few minutes. Turn of heat; add and mix in 1 Tbsp butter and 1 tsp Vanilla. Serve warm over ice cream.

#### **Banana Bread**

1/4 cup all purpose flour
 1/2 tsp salt
 1 cup sugar
 1 tsp baking soda

½ cup shortening 12 fully ripe medium bananas

2 eggs

Preheat oven to 350°. Sift dry ingredients into bowl. Whirl remaining ingredients in PowerChef to form an emulsion. Add to dry ingredients and mix just until dry ingredients are moistened. Spoon into lightly buttered and floured Ultra Pro and bake 35-40 minutes. Remove from oven and let stand in pan 5 minutes. Loosen edges with a spatula and turn out onto cake rack covered with wax paper. Cool to room temperature before cutting. This is very moist, spongy bread that stays fresh several days when stored properly in TUPPERWARE.

**<u>Tropical Smoothie</u>**—makes about 24oz

1 cup fat-free yogurt (any flavor) 6-8 strawberries, washed & hulled

6-8 ice cubes 1 banana (peeled)

In a blender, blend together all ingredients until desired consistency. Serve immediately.



With a Banana Split
Party!! A TUPPERWARE
demo with "A-Peel!"



Bring a dressed up banana—be creative because the best dressed banana wins! Afterwards, we'll strip them & make banana splits to eat! Bring a friend!

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