



Your Guide To Dowsing

by Maggie and Nigel Percy



Thank you for your interest in dowsing!

We are excited to be at your side as you begin to get to grips with this incredible skill. We are certain you will be fascinated and amazed by it and what it can do for you, and we're here to be your guides and to answer your questions as they arise.

This guide was written by Maggie and Nigel Percy of Sixth Sense Consulting, Inc. (That's us at the top right of this page.) We are passionate about dowsing, about bringing dowsing to people and to helping them use it to its full potential.

Each of our websites is devoted to serving a specific aspect of the sixth sense which everyone has.

- ❖ discoveringdowsing.com is devoted to exploring and explaining dowsing; the wonderfully simple skill which is universally accessible, and which this guide will open up for you. Forums, videos and articles are all easily available at the site.
- ❖ thesixthsensesolution.com is the place where courses and products related to your sixth sense can be found, because sometimes you need some expert tuition to achieve your goals. Prices start at \$5!
- ❖ sixthsenseconsulting.com is where you can make an appointment for us to use our skills to help you. Everything from simple 30 minutes of help to in-depth coaching is available.

In addition, we organize occasional events online for the global dowsing tribe. Any such events can be found at thedowsingtribe.com website. In the past, we have organized the three biggest online dowsing events on the planet; The Dowsing World Summits which ran in 2012, 2013 and 2014.

This guide is intended to help everyone to understand not only what dowsing is (and what it is not), but to help appreciate what a phenomenal tool it really is for so many aspects of life.



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Chapter 1

What Is Dowsing and What Isn't It?

"What is dowsing?" is the most common question we have heard in the combined 30+ years we've been professional dowsers. It's also the best place to start your dowsing journey. There is a lot of confusion about what dowsing is and what it is not. So let's start by setting the record straight so that you understand exactly what dowsing is.

Dowsing is a way to get answers to questions you cannot answer rationally. What does that mean? Old time dowsers would search for where to drill for water. You can't know where to drill using only your rational mind. You'd have to guess. So they used dowsing, an intuitive method that gives you answers to questions you can't answer logically. Good water dowsers are usually correct over 90% of the time when they dowse a location for a well.

Dowsing is basically a search; a search for answers. You can be asking any question: "Where's the water?"; "Where's the gold?"; "Where are my lost keys?"; "What's the best car to buy?"; "Is this person a good marriage partner for me?".



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Usually your question is worded so that your answer will be "yes" or "no", but you may also use sliding scales or charts or even maps and diagrams that allow you to get more detailed information. (Those are more advanced techniques, but follow the same principles.)

Most dowsers use a tool of some kind to indicate the "yes" or "no" answer to the question. A pendulum or L-rods are popular tools. You may read about them in Chapters 6 & 7 of this guide. We dowse without tools most of the time. This is called 'deviceless dowsing', and there are many ways to do it. Basically, deviceless methods use your body or parts of your body to indicate the answer to your dowsing question. You may learn how to do this in Chapter 8 of this guide.

There is no magic in a dowsing tool. It is merely an indicator. Your dowsing tool will help you see if the answer to your question is "yes" or "no". But the tool is not giving you the answer; it merely indicates it.

It is necessary to get into a sort of altered brain state, the 'dowsing state', in order to access the answers to your questions. Studies of the dowsing state show a unique combination of brain waves operating when a dowser is in a dowsing state. We share more about this in Chapters 3, 4 & 5.

It is believed that the motion of the tool is an amplified reaction of your body to the question you ask. When you become a masterful dowser, you don't really need a tool to know the answer. You will learn to read your body reactions without a tool. It is actually easier to learn to do this if you practice dowsing first without a tool, because otherwise, you will be so focused on the movement of the tool that you may ignore the other reactions your body gives to indicate "yes" or "no".

So what would you use dowsing for? Anything you want to know about that you cannot learn using rational means. Think of dowsing as an alternative to Google. If you need to make a decision or need information that you can't get by searching on Google or by asking an expert or doing other research, you can use



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dowsing. Dowsing expands your intelligence by giving you an additional way to get information to make better choices. In other words, it takes the guesswork out of your life.

You probably don't think about how many times a day you guess about things. And when you guess, you have a 50/50 chance of being wrong. Life or death questions come up rarely. But when they do, you would love to have the help dowsing provides.

There are countless times a day that small questions come up that you don't have answers to. Questions such as:

- ❖ "Do I have enough gas to make it to the next gas station?"
- ❖ "Which avocado is ripe and blemish-free?"
- ❖ "Is my headache an allergic reaction to something I ate?"
- ❖ "Do I need to go to a doctor for this problem?"
- ❖ "Is my mechanic accurate when he says I must get a brake job now, or my car will be dangerous to drive?"
- ❖ "Will my sister love this sweater as a birthday gift?"

It's the small questions each day, as well as the rare big ones, that add stress to your life. Dowsing takes the guesswork out of life and reduces stress immensely. Since stress is known to be a major contributing factor for health problems, this is a terrific benefit of dowsing.

In a sense, you could say that dowsing enhances your natural intelligence, because by giving you a way to get answers to questions you couldn't answer before, it makes you much smarter and more able to get the positive outcomes you desire. It's a super tool!

Dowsing is a method that bridges the gap between your rational and intuitive faculties, using both of them in a balanced way to get answers to the questions you ask. It is a natural skill, and as such, requires training and practice if you



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want to master it. Chapter 5 of this guide will get you started if you want to learn to dowse.

No explanation of dowsing would be complete without clarifying for you what dowsing is not. Why bother with that? Unfortunately, the state of dowsing today is highly confused. In recent years, dowsing has become fragmented. Anyone who wanted to call himself or herself a professional or teacher could do so. And as a result, dowsing has not been taught, explained or demonstrated in a clear, consistent fashion.

Worse yet, the very definition of what dowsing is became fragmented and confused. Due to the lack of consistency and expertise in those who taught dowsing, and in part due to misconceptions perpetuated by conventional sources, dowsing has come to be mistaken for many things it is not.

Those misconceptions cause many people to shy away from dowsing. They get a bad impression of what it is. They tend to have great expectations of what dowsing can do for them, and those expectations may not be met, because they have been misinformed. Dowsing has become less credible due to these confusions, and we want to help clarify for you exactly what dowsing is not, so you can be very clear what to expect from dowsing and not be disappointed or misled.

Things dowsing is not:

- ❖ Dowsing is not a healing method
- ❖ Dowsing is not a way to transform energies
- ❖ Dowsing is not a channeling method
- ❖ Dowsing does not use intention in any special way
- ❖ Dowsing is not magic

Pendulums are used in many techniques for many purposes. You may have seen one used by a hypnotist. Sometimes healers use them. Just because you see someone using a pendulum, that does not mean they are dowsing.



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In recent decades, someone started a healing method using a pendulum to focus intention. Unfortunately, this was confused with dowsing. "Pendulum healing" is a more accurate term for this technique. While dowsing can be used for health, to get answers to your health questions and help you find root causes of symptoms and the best therapy or remedy, dowsing does not heal. Nor does it use intention to transform energies. Dowsing can be combined with any healing method to give you better results, but it does not heal. Do not underestimate the value of being able to know causes of problems and how to resolve them. It's huge!

Many people use dowsing when they are doing space clearing. They can use it to identify noxious environmental energies and determine their effect. Dowsing is not used in the clearing process itself. But it is easy to see how an outsider might observe someone doing space clearing and think that dowsing was the clearing method, since the tool is quite obvious. But that would be a mistake. Dowsing is an excellent addition to any type of process used to harmonize space, but it does not change the energies; it just helps inform you of the things you need to know to do a great job.

Intention is what is used in healing and transformational processes. Even if you use a pendulum, that does not mean that what you are doing is dowsing, any more than you are dowsing if you use a crystal or sound or color to transform energies or heal.

Another misconception is that when dowsing, you are asking your angels, guides or God for answers. That would make dowsing a special form of prayer, wouldn't it? While you can use dowsing as a form of communication when asking yes/no questions (of your pet, for example), dowsing is NOT about asking for answers from outside sources. That would be channeling. We talk about this topic to some extent in Chapter 3 of this guide.

Dowsing is empowering, because it isn't looking outward for answers. It is a turning inward, accessing the source of answers intuitively. If you wish to



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consult Abraham or other Advanced Beings, you can do that, but it would be called channeling. It would not be a turning inward.

While dowsing at times appears magical, it is not magic. It is a natural human skill. Yes, you can even use it to predict the future. But predicting the future using any means is a dicey proposition. There are many pitfalls that have nothing to do with the technique you are using when you try to predict the future, whether you are gazing into a crystal ball, dowsing or reading runes.

We advise people not to use dowsing for predicting the future, especially not for distant events, and not when you have a lot of emotion about the results. A trained dowser can often get excellent results predicting near-future situations when she is detached about the results, but it takes skill to be consistently accurate.

When an intelligent person asks a really good question, the answer often provokes more questions. Those questions also have answers. And they will pose more questions in your mind. This is the nature of any exciting journey, and dowsing is a journey. A journey that completely changes your life for the better.

We welcome you to download the complete guide to dowsing by clicking the button below. We will be happy to help you learn more about dowsing, get answers to your questions and experience even more interesting and exciting questions along the way! Dowsing can change your life, and we look forward to showing you how.



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Chapter 2

Is Dowsing Accurate?

Does dowsing really work? This is a very important question. Why would you bother with dowsing if it didn't work? Congratulations for wanting to get to the truth of the matter.

As with many complex subjects, the truth depends on a number of factors. The simple answer is yes, dowsing works. It is a skill that humans have used for hundreds, if not thousands of years. The most common use has been to find water, which is a vital need in terms of survival. Modern humans are so used to having pure water in seemingly infinite amounts easily at hand that they don't realize what a challenge this can be for a community. But think about what would happen to you if you couldn't turn on the tap. What would you do?

Water dowsers have helped people find pure and reliable water sources in the worst of conditions. Although we do not offer water dowsing services, we were once pressed by clients who lived on a patch of land in the desert where most homeowners had to haul water in. They wanted a well, but it is expensive to drill a dry hole, which usually happened in that region. So they hired us.



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Long story short, the well came in and they were happy. They wouldn't have had a clue where to drill without dowsing. It is likely they would have ended up investing a lot of money in a dry hole.

Expert water dowsers have amazing accuracy. Over 90% is common. Remember in school? Getting over 90% on all your tests made you a real star. It would appear, then, that dowsing is accurate. But there is more to the story than that.

If expert water dowsers are usually at least 90% accurate, does that mean all dowsers are 90% accurate? No. Dowsing is a skill, not a psychic ability. Any skill requires that you learn technique and practice. It is most helpful to have a coach to guide you. Olympic athletes and musicians who perform in major orchestras became experts through mentoring and practice.

Sadly, the perception of dowsing as psychic ability has caused many newbies to expect they can get 90% or better accuracy from the get go. This is a false assumption, and when those newbies see they are wrong, they usually assume they have no talent, or that dowsing is a scam, and they quit dowsing. This is very unfortunate.

Another contributing factor to this misconception is the way most people (who are usually not expert dowsers) teach dowsing. They focus on teaching you to get a "yes" or "no" with your tool. Sometimes they spend a very few minutes saying it's important to ask a good dowsing question. Then they turn you loose. You get no mentoring. You have no one to support you in your growth. It's like showing someone the keys on a piano and teaching them chopsticks and then expecting them to play "Moonlight Sonata" right away. It won't happen.

To become masterful at any skill requires lots of training and practice, and mentoring is a huge help. Just saying this will turn off many people, because they'd like masterful dowsing ability to be as easy as flipping a switch. You are smart enough to know that doesn't happen in the real world. Dowsing has the



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ability to change your life in amazing ways IF YOU LEARN TO DO IT WELL. That's an honest promise, one you can take to the bank.

If you are an accurate dowser, you can use dowsing in so many ways, your head will spin. But there is no instant way to confer accuracy on any new dowser. You have to learn the skill.

You're probably able to see why some people consider dowsing a scam. They assume that anyone who can hold a tool and get an answer is a dowser. Well, that isn't really true. In many cases, people who think they are dowsing aren't dowsing. They never learned they need to get into a dowsing state to get the answer. No one told them you can get an answer without being in a dowsing state, but it won't necessarily be true. It has only a 50/50 chance, just like a simple guess. (We go into further detail on this subject in later chapters.)

It really isn't that hard to begin to dowse. But to master dowsing takes time and effort. Most people don't invest in becoming masterful. It really isn't their fault; they were told they were dowsers just because they could get an answer. But they are the kind of people you see being used to 'test' the accuracy of dowsing.

Would you want to form an opinion about the beauty of music by listening to someone who had no talent and no skill level? Any impression you formed would be colored by their inability to perform. If you saw a bunch of people trying to play a sport without having a clue about the rules, would the chaos mean that sport was stupid? Of course not! Yet time and again, we see 'tests' of dowsing using people with questionable skill levels. No wonder the results cause some people to feel dowsing is fake.

We've established that it takes time to become skillful at dowsing. Not everyone invests in learning to dowse well. Too often, people assume being able to get an answer is all dowsing is. Being able to get an accurate answer is the key.



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Many so-called tests involve enthusiastic amateur dowsers who really aren't that skilled. Truly skilled dowsers recognize that you can't really expect to test dowsing well in a laboratory or fake environment. Dowsing is a natural skill we use to get answers to questions we can't answer any other way, so that we can improve our lives. Thus, there is an element of need. We need to get the answers. We aren't showing off. Ego is not involved. We aren't preaching to others or trying to convert them to dowsing. We use dowsing in our daily life to make our lives better.

The minute you ask someone to 'prove' something, you have changed the situation dramatically. There is no need to prove anything except to ego. And artificial circumstances do not duplicate a good dowsing environment.

We've seen experiments where water dowsers were asked to dowse under artificial conditions that did not in any way duplicate their area of expertise. This is bad experimental method.

Another challenge is that you cannot remove the dowser from the dowsing process. Dowsing involves the person on many levels. A good experiment will remove the human factor, but dowsing is a human process, so you can't do that.

Poor results in dowsing experiments prove nothing. Masterful dowsers are not 100% accurate, but when dowsing in their area of expertise, they are usually 90% or better. And that's good enough for most people.

The fact that dowsing is never 100% accurate does not mean it is fake. Nor is it a good argument against dowsing in any way. Nothing in life is 100%. No method is perfect, and no method that involves a human is totally consistent. Great artists and athletes have good and bad days. No one calls them fake. Or at least, we hope not. Dowsing is a skill like athletic or musical ability, and it can be affected by many factors.

If you are asking someone to dowse for you, make sure that they are masterful at that type of dowsing. Another mistake that causes people to think dowsing



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is fake is the assumption that all dowsers are accurate at all types of dowsing. Wrong. Just as no athlete can play all sports equally well, a dowser excels in one or a few areas, because it takes time and practice to become an expert. And most people don't live long enough or have a broad enough interest to master more than a few applications.

This is why we tried to turn down the clients who wanted us to dowse for water in the desert. In the end, we only did it on a contingency basis, and while we were happy with the results, we were aware (and told them as well) that we were not professional water dowsing experts. But they could not find anyone else, so they asked us.

If you choose to take up dowsing, you will be drawn to certain applications, and those are probably the ones at which you can excel. Don't expect to be able to dowse about everything with equal accuracy. Be aware of your limitations in terms of talent and experience. The misconception that all dowsing is the same has caused a lot of credibility issues.

We love to help people master dowsing. Click the button below to get the complete guide or to visit other chapters. The more you know about dowsing, the more intriguing it becomes!



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Chapter 3

How Does Dowsing Work?

In dowsing, you ask a question for which you have no answer, and the answer is given to you. After you see your first dowsing demonstration, the first question that comes to mind is, "How does dowsing work?" It seems like magic.

The truth is no one knows everything about how dowsing works. There are plenty of theories, but none is accepted as definitive. Let's look at both facts and theories about how dowsing works.

Dowsing is a search, a questioning. When you dowse, you aren't asking an outside authority for an answer. In a sense, you can consider dowsing googling for an answer through your intuitive senses.

Google seems pretty magical if you think about it. Years ago, when we were growing up, if you had a question, and you didn't have an encyclopedia at home, you went to the library to research. And sometimes your question was so esoteric that your local library wasn't much help, so you needed to order a book on interlibrary loan. Back in the days when we did genealogical work in the 1980s, to get answers you had to write letters or sometimes travel to foreign countries to discover facts that you can now get in minutes online.



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Dowsing actually makes much more sense in this age of instant information. Why wouldn't it be possible to access information intuitively just as quickly as you now can rationally?

Some people believe that all information is in a sort of library called the Akashic Records. Others talk about The Field as holding all information. However you look at it, most dowsers believe that the answers are all there somewhere. Dowsing allows you to get into a receptive intuitive state and access those answers, just like going on Google to get answers rationally.

Something that will help you understand dowsing better is that in order to get answers to your dowsing question, you need to be in a 'dowsing state'. A dowsing state is a sort of altered brain state that allows the answers to come through to you. If you aren't in a dowsing state, you won't get reliable answers. Your pendulum or other tool may move. You may get what appears to be an answer. But you won't be dowsing.

The dowsing state is like getting on Google. You can't google something unless you get online. You can't dowse unless you get into a dowsing state. Studies have shown that dowsers have a unique combination of brain waves during the dowsing state. These patterns are unlike any other activity that has been mapped. It isn't quite like meditation. It isn't like the resting or sleeping state. It isn't the same pattern healers have when they are healing. It is unique.

The fact that brain waves differ during dowsing, and that they differ in the same way from dowser to dowser, indicates that dowsers are indeed somehow altering their brain function to access the answers to their questions. This activity largely taps into the intuitive senses, but it also involves the physical body, which indicates the answer either through a tool or body motion.

Where do the answers come from? No one can say for sure. There are interesting theories, but it is impossible to prove any of them. Until science advances far enough to really measure quantum reality, it is unlikely we will be able to do more than speculate.



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If you believe that the answers to any question exist somewhere, then it's merely necessary to find a way to access them. It doesn't really matter if they are tied up in The Field, or waiting in the Akashic Records or part of the holographic universe. What really matters is this: can you get accurate answers? And the answer to that is, yes, as long as you are a masterful dowser.

What makes the tool move when you get your answer? This is another excellent question that hasn't been completely answered. A lot of people talk about the 'ideomotor effect', which has been used to explain everything from automatic writing to Ouija boards. In essence, your body reacts to the answer to the question. If you have 'programmed' your body to give a certain response for "yes" and a different one for "no", then you can see what the answer is. If you haven't taught your body how you want to see the answer, then you must take the time to interpret your own body's motions, sometimes by asking a question for which you already know the answer.

So if the most important thing is that dowsing works, whether you understand how it works or not, the next question people often ask when first learning to dowse is, "How do I know I'm not making the answers up?" This is actually a very good question, and almost every new dowser asks it. Trust is an important part of learning to dowse accurately.

Some people probably are just making up the answers when they dowse. If you aren't dowsing properly, you aren't in a dowsing state, and any answer you get is no better than a guess. People are not being trained to dowse well, and they think if their pendulum moves, they are dowsing. Many have never even heard of the dowsing state. Anyone in this category shouldn't trust their answers, because they aren't really dowsing.

Those who have gotten proper training and have practiced will still feel uncertain at first about their answers. It seems so strange to be getting answers when your rational mind doesn't provide them. The key here is to confirm your answers as often as possible. Dowse about things you can confirm; not coin tosses and card suits and things that don't really matter; dowse about



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daily things you need to know that you can't know rationally. Things like if it's going to rain the day of your picnic, or if you have enough gas to get to your favorite gas station, or if your brother would like that DVD for his birthday. There are so many things you guess at each day for which dowsing can provide answers. You then confirm the answers, and your trust will grow as you see how often you are accurate.

It takes time and practice to hone your skill to the point where you are accurate 90% or more of the time. But if you invest in becoming a skilled dowser, you will get there. You'll realize, as we do, that it really doesn't matter how dowsing works, as long as it works.

We enjoy supporting people in their journey of discovery with dowsing. Click the appropriate link below to find out more about dowsing and how it can change your life.



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Chapter 4

Can Anyone Learn Dowsing Or Is It A Psychic Ability?

You will often see dowsing in lists of psychic abilities, but we believe this to be a mistake. We don't think something should be listed as a psychic gift if everyone is able to do it.

It's true that dowsing seems strange. Few people practice dowsing, and even fewer people are expert at it. That might seem to argue in favor of calling dowsing a psychic talent.

In spite of the rarity of expert dowzers, dowsing is just a skill, much as playing a musical instrument is a skill. You don't have to be psychic to play the piano, do you? Yet few people are expert pianists. This is because not everyone cares about playing the piano, and since it is a skill, it takes time and a lot of practice to master. Only a small number of people are passionate enough about music to become expert pianists. But many average people are able to play piano well enough to enjoy it and enrich their lives with music. Dowsing is much the same. Very few people are passionate enough about it to become experts, but it is a skill anyone can learn to do and enjoy the benefits.

Let's look at specific perceptions of psychic abilities to see why they don't apply to dowsing. Psychic abilities are usually described as being fully developed



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from childhood without any real training or practice. In spite of how easy it is to get a "yes" and "no" with a pendulum, that is not dowsing, as we have explained in earlier chapters. Swinging a pendulum and getting an answer is the smallest part of dowsing.

Actual dowsing requires training and practice, just as playing the piano does. While there are rare prodigies, most people have to develop their skill over a period of time by studying and practicing.

Another perception of psychic abilities that does not apply to dowsing is the belief that psychic abilities should be 100% accurate. This is an unfair expectation, but it is common nonetheless. Dowsing never claims to be 100% accurate. It's a human activity, and as such, it is prone to error. How accurate a dowser is depends entirely on talent, training and practice. All dowsers make mistakes. Expert dowsers make few mistakes.

The last perception of psychic abilities we want to examine is that psychic gifts are rare. Few people have psychic abilities. This obviously does not apply to dowsing, because anyone can learn to dowse. In fact, just about anyone can become a masterful dowser if they are willing to invest time and effort.

Dowsing is a natural intuitive sensing ability which all humans can use. Because it is a skill, it requires training and practice to become good at it.

We've taught a lot of dowsing courses and it is our experience that anyone can learn to dowse with at least one type of tool. Sometimes people can't use every tool equally well, or every deviceless method. But they usually do fine with at least one.

We have observed that difficulties using particular dowsing tools usually relates to past life traumas where the person was killed for using intuitive methods like dowsing and divining. These types of past life trauma can be cleared, and once they are cleared, the person is able to use the tool to dowse just fine.

Everyone has intuitive senses. As with physical sensing, people's intuitive sensing varies. Some people are highly intuitive, while others are not. Our



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culture devalues intuition so much that most people ignore or even suppress their intuitive senses. This is a mistake, because your intuition is a valuable addition to your rational faculties as a way of gathering information that can make your life safer and happier.

Intuition is vastly different from logic and rational processes. Instead of being slow and linear, intuition is fast and makes leaps. Intuition works through the heart, while your rational mind works through the brain. Both types of sensing add to your ability to thrive on earth. Each has its strengths and weaknesses.

It is a horrible mistake to ask your rational mind to handle everything you deal with in life. It isn't designed for that. It is designed for specific purposes. Your intuition is complementary to rational thinking. By using both, you get better results.

Intuition can give you 'hits' of information that are valuable. You might just 'feel' that you need to do something, but you don't know why. Later, you find out that your feeling was correct. Sometimes intuitive hits save your finances, your health and your happiness.

But intuition, unlike your rational faculties, isn't easy to command. You can encourage your intuition by using it, by listening to it and by trusting it. But you have to wait around to get information from it, and that isn't very helpful, is it?

Dowsing is a way of taking control of your intuitive sensing abilities. With dowsing, you focus your intuition to get answers to specific questions in a timely fashion. You don't have to wait around for an intuitive hit.

Dowsing is actually the missing piece of using all your natural faculties optimally. The lack of control over intuition is one argument against it, because you can't easily summon intuitive hits. But as a dowser, you can tap into your intuition at any time about any subject. Suddenly, your intuition becomes just as powerful and valuable as your mind.

Humans are meant to dowse. It's a shame that while our culture sees the value of training your rational mind, it doesn't see the value of teaching dowsing so



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you can use your intuition to advantage. You spend years in school learning how to get the most out of your rational abilities, but very few people spend any time studying and practicing how to use their intuitive abilities. Like unused muscles, their intuitive sensing capabilities grow weaker and weaker.

We are passionate about dowsing and want to help you to learn this valuable skill so you can expand your intelligence to include your heart and your intuition in ways that will change your life for the better. Click the link below to continue your exploration of dowsing and what it can do for you.



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Chapter 5

Can You Show Me How To Dowse?

Dowsing is a skill, so it is important to get proper training in technique. Then, you need to practice in order to master dowsing. It is also helpful to have coaching from an expert, if you can get that, because that will speed your mastery and help you avoid common pitfalls.

It is beyond the scope of this guide to give you in-depth dowsing training, but we will cover the basics to give you a good start and so that you know what to look for in a good dowsing course. Learning to dowse accurately involves mastering several points:

- ❖ Asking a good question
- ❖ Getting into a dowsing state
- ❖ Getting an answer with or without a tool
- ❖ Confirming your answers/making adjustments

Another important aspect of dowsing, which is rarely covered in courses, is the question of ethics. Since dowsing gives you the power to know the answer to any question, you need guidelines in the exercise of that power. As the movie said, "With great power comes great responsibility." Too many people regard



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dowsing as carte blanche for doing whatever they like, and that can create negative karma.

Most of your basic dowsing courses will at least refer to the fact that your dowsing question needs to be good if you want an accurate answer. But surprisingly few people know how to ask a good dowsing question.

A good dowsing question is usually long and detailed, because it needs to include (as appropriate) how, what, where, when, who and why. To give you an example, consider the difference between these two questions: "Am I allergic to wheat?" vs. "Am I allergic to wheat at this time?"

You're thinking that of course you meant "at this time" even if you did not say it. Unfortunately, your dowsing 'system' or whatever part of you is doing the dowsing does not always take words and phrases the way you assume. Often, it is quite literal. You could easily get two different answers to those questions, especially if you have not always been allergic to wheat.

Another very common problem with dowsing questions in addition to them being incomplete and having too many assumptions is the frequent use of poor wording. It seems that even 'teachers' use words like "good", "highest good" and "beneficial" instead of clearly defining what they mean. Vague words give you poor answers. Words like "good" are subjective. You want your dowsing question to be clear, well-defined and understandable to anyone as meaning exactly what you intend.

One of the best ways to improve your dowsing is to confirm your answers, and when they are wrong, go back and look at your question (hopefully you wrote it down) and see how the answer you got could be correct for that question. That little exercise has improved our dowsing immensely. We do that every time we are 'wrong' in our dowsing. It has taught us to be very clear about words and phrases in our questions.

It is absolutely vital to be in a dowsing state when dowsing. You are not dowsing if you are not in a dowsing state, even if your pendulum is moving. It is



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unfortunate that many people have been misled to think that dowsing is merely the asking of a question and having the pendulum move. We have met people who think they have learned dowsing who never heard of the dowsing state. We won't leave you in the dark about this important subject.

It is rather hard to describe the dowsing state in words. It is like meditation in that you must clear your mind of all other subjects other than your dowsing question. You want peace and calm to reign. If you practice meditation, you will find it relatively easy to get to that point when dowsing. While you are in a detached, calm state, you then focus all of your attention on your dowsing question. It is the combination of laser focus on the question and total detachment and calm that creates the dowsing state.

At first, you will find it takes time to get into a dowsing state, and being in a quiet place will help. With practice, you will find it quicker and easier to slip into a dowsing state, even when there are distractions, but don't try that at first. Give yourself every advantage so you can learn exactly how you feel when you are in a dowsing state.

It is in the brief time between asking the question and receiving the answer that you are dowsing. That moment is the essence of the dowsing process.

When that pendulum moves to indicate your answer, it's truly exciting. Tool use is the easiest part of dowsing to teach, and that might explain why most courses include it. Many courses include little else, which does not prepare you to be an accurate dowser.

Whatever tool you are using, you will be looking for a "yes" or a "no" answer. At least when you first start dowsing, most of your answers are yes/no. More advanced dowsing techniques allow you to get more detailed answers, and we talk about them in a later chapter.

It doesn't really matter what motion your pendulum or rod or any other tool makes for "yes" or "no", as long as the two answers are distinctly different and consistent. Some people use clockwise and counterclockwise circles for yes/no



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with a pendulum. Others use a linear back and forth/side to side set of motions much like a head nodding "yes" and "no".

When you are using L-rods, it is most common that the rod swinging inward is "yes" and outward is "no". You can use either one rod or two, depending on your preference.

You can dowse without tools, as we explain in a later chapter, and the motions of your body will indicate your yes/no responses. As with all tool movement, as long as "yes" and "no" are distinctly different and consistent, that's all that matters.

You can 'program' your tool movement by taking a tool and swinging it in the motion you want to represent "yes", and say, "This is my 'yes' motion". Do the same with "no". It may take a lot of focus and several tries to imprint yourself with this program.

Then you can test questions you know the answer to and see what motions you get. Your birthplace is a good one. Ask, "Was I born in _____(name your birthplace) in this lifetime?" You should get your 'yes' response. Then insert a false location into the question and ask again. You should get your 'no' response.

Many dowsers notice that their yes/no responses alter with time. That's fine as long as you know what your "yes" and "no" responses are.

Too many people quit once they get the answer to their dowsing question. If you want to become a masterful dowser, you will benefit greatly from confirming your answers. We learn so much from our dowsing mistakes about how to form a good question and how to be sure we are detached and in a good dowsing state.

We recommend that when dowsing, you spend about 80% of the time dowsing for things you can confirm. That does not mean you should test yourself with coin tosses. Dowsing involves an element of need, and you should dowse about



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things that matter, but 80% of the time they should be things you can confirm at some point. This is called tangible target dowsing.

Remember that dowsing is meant for things you cannot answer rationally or find on Google. There are many opportunities throughout the day for dowsing things that will reduce stress and give you a chance to confirm your accuracy, whether it's about the weather or how long to cook a steak or when your dinner guests will arrive. If you get the right answer, congratulate yourself. If you get the wrong answer, go back and figure out why so that you can improve.

An important factor in dowsing that is not part of the actual dowsing process is the concept of permission. Many traditional dowsing courses will speak of getting permission to dowse. In the U.S., some courses teach you to get permission by asking, "May I? Can I? Should I?" before dowsing. In reality, we believe that using dowsing to establish permission is not reasonable, since you know that dowsing is not always accurate. So we do not use those questions.

We prefer to make sure we only dowse for and about people who have requested it from us. We don't want to create bad dowsing karma by putting our noses into other people's business, regardless of our intentions. It doesn't matter what your intentions are if you overstep boundaries and free will. Don't dowse about people or even places or situations unless you have been asked to by that person or someone whom you can argue is legally able to speak for that person.

This chapter has only scratched the surface of proper dowsing technique, but it gives you a clear picture of what is involved if you want to dowse accurately. It might seem like there's a lot to dowsing if you are new to it, but if you practice, it will get quicker and easier. We promise. And it's so much fun when you get correct answers for questions you are clueless about. Dowsing is so empowering! Click the appropriate button to continue on your dowsing journey.



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Chapter 6

What Is Pendulum Dowsing & What Is It Used For?

Pendulum dowsing is the use of a weighted object on a string or chain to get an answer, usually in a yes/no format, to questions you cannot answer rationally. You need to understand from the start that pendulums are used in many different practices, from hypnosis to healing. None of those are dowsing. It is a mistake to think that every time you see someone with a pendulum, they are dowsing.

The pendulum is merely a tool. It amplifies the answer so that you may see it more easily. There is no magic in your dowsing tool. It does not give you the answer. It is just a gauge. A tool is not needed for dowsing, as we explain in a later chapter. In fact, we like to teach dowsing by starting without a tool. Too often, teachers unintentionally lead students to think that the tool is somehow powerful and giving the answers, and then the students believe they cannot dowse if they do not have their pendulums. That is a faulty belief.

A pendulum can be made with any weighty object on a string or chain. It doesn't matter what materials you use. You just need to be able for it to swing and indicate "yes" and "no".



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While you can dowse without a tool, the pendulum is the most popular dowsing tool at this time, and it does excel in certain situations as opposed to using other tools or no tool at all.

We are often asked what makes the best pendulum? Is a crystal pendulum better than a brass pendulum? The truth is, it doesn't matter what you make a pendulum with. Its sole job is to indicate "yes" or "no". When we teach dowsing in person, we usually have the students make pendulums from a 3/4 inch metal nut tied to a length of dental floss. This actually makes an excellent pendulum.

Of course, like most dowzers, we have several pendulums made out of different materials. It is personal preference what type of pendulum you use. We happen to prefer simple brass pendulums, but we have all sorts. They all work well.

The only type of pendulum that requires maintenance is a crystal pendulum. Crystals tend to 'accumulate' energies, and they need regular cleansing, no matter whether they are just sitting on a shelf or being used in a pendulum or for healing therapies. Use the appropriate cleansing method for the type of crystal in your pendulum.

Many dowzers use different pendulums for different types of dowsing. This is more often just preference or habit, not functionality. However, there are some pendulums that have specific uses, such as those which have witness chambers so you can put a sample of the material you are seeking in the chamber before you dowse. Another instance is that pendulums with pointed ends work best when you dowse over charts, because they indicate the answer better. By and large, though, it doesn't matter what pendulum you use.

The job of a pendulum in dowsing is to indicate an answer. Pendulums used in other methods have other functions. A pendulum is used during hypnosis to help the subject focus and more easily fall into a hypnotic state. When practitioners do pendulum healing, they sometimes say they are employing the frequency of the pendulum, which depends on materials and shape, to aid the



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healing process or to help them focus better. But in dowsing, the pendulum has one simple job: to indicate the answer.

As we mentioned in an earlier chapter, the pendulum movements can indicate "yes" and "no". In more advanced dowsing applications, you can use a pendulum over charts. We discuss chart dowsing in a later chapter. Chart dowsing involves swinging the pendulum in a neutral swing (meaning no answer is indicated) and allowing it to eventually move until it is swinging over the answer in the chart. Scales can also be used in dowsing, and a pendulum can swing over a scale, starting again with a neutral swing and then settling over the answer. Scales come in a number of forms, from linear ones that look like rulers and have numbers on them to fancy ones that look like protractors.

Advanced pendulum dowsing uses scales and charts to go beyond simple yes/no answers to answers that give much greater detail.

As pointed out in earlier chapters, tool use is the shiniest part of dowsing, but it is only one part. You cannot become a real dowser without also learning how to ask a good dowsing question, how to get into a dowsing state and how to be an ethical dowser.

Because there is a great deal of confusion these days about what exactly dowsing is, it's worth mentioning again that just because you see someone holding a pendulum does not mean they are dowsing. When you see someone using a pendulum, ask them what they are doing. Find out if they are finding answers to questions. If so, they are dowsing. If they say they are healing or transforming energies, that is not dowsing. That is using intention to make changes energetically.

It is important that we all be quite clear about what dowsing is, so that any conversation about dowsing does not lead to confusion and misunderstanding. We have taken to calling any type of healing using a pendulum "pendulum healing" (not surprisingly). If someone is using intention to change energies, and they are holding a pendulum, that is simply the use of intention. It would be



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terrific if someone can come up with an accurate name for that practice, but for now, let's agree not to call it dowsing.

We made it clear from the beginning that a tool is not required for dowsing. But there are many different styles of tools, and there is a reason for that. Some types of dowsing are more easily done with a pendulum. Chart dowsing is an example. There is no better tool for chart dowsing than a pendulum, preferably one with a pointed end, so you can clearly see what answer is indicated. Map dowsing is another great activity to do with a pendulum. You can dowse long distance using a map or sketch. This is an advanced dowsing application, and it is best done with a pendulum. Another application that works great with a pendulum is when you are scanning a body when health dowsing, looking for the origin of a symptom or problem. You can do the same thing using a pendulum over a sketch of the body, asking for a "yes" response when your finger is pointing at the point of origin of the symptom.

A pendulum is not the best tool when you are dowsing outdoors or when walking. Wind makes using a pendulum challenging. If you are seeking underground services, water or minerals, an L- or Y-rod is your best tool. We talk about rods in the next chapter.

Pendulum dowsing is fun and effective. We've given you a taste of some of the key aspects of using a pendulum, but there is much more to share about dowsing. Please click the button below to continue on your dowsing exploration.



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Chapter 7

What Are Dowsing Rods & What Are They Used For?

Dowsing is an intuitive skill that allows you to get answers to questions you cannot answer rationally. Rods are a type of dowsing tool that indicate the answers to your dowsing question. There are different types of rods which are named for their shapes. L-rods look like a letter 'L', and Y-rods look like a 'Y'.

There is no magic in a dowsing tool. It is merely a gauge. You don't even need a tool to dowse. However, each tool has its strengths and thus can enhance your dowsing experience. Most dowsers have a preference for a particular tool, usually reflecting their favorite dowsing application.

Pendulums, discussed in the previous chapter, are the most popular dowsing tool at this time, mostly because the favorite applications of dowsers relate to health and other topics referred to as 'spiritual dowsing', which means, dowsing about energies and other subjects that aren't purely physical. This type of dowsing is usually done indoors while seated. Rods, on the other hand, lend themselves best to dowsing outdoors, trekking about the earth looking for underground water, minerals or buried services.

Y-rods are most often used by water dowsers. Historically, the tool was made from a branch cut fresh from a tree, often a willow or other water-loving



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species. The moisture in the rod allowed it to bend easily during the dowsing process. Modern Y-rods are made with plastic. You can make a simple Y-rod with two lengths of round plastic stock, securing one pair of the ends tightly together to form the Y.

L-rods are usually made with metal. You can take a metal coat hanger, cut and unfold it and shape an L. Then, if you choose to make a sleeve for the handle end, you can take a straw and cut it to fit, then bend the end of the metal to hold it in place. The sleeve provides a handle for you that allows the rod to move freely. Sleeves make your L-rod more sensitive, and some people like that, while others prefer the rod to respond more slowly. It is personal preference. Try both ways and see which is best for you.

The diagram shows how you hold a Y-rod. It is necessary to put it in tension, which then allows it to flip up or down to indicate "yes" or "no". Down is usually "yes", but it doesn't matter which is which, as long as you know your "yes" and "no". You need to be cautious when first using a Y-rod, as it is possible to hit yourself in the face with it if you are not careful. It's funny to watch someone learning to hold the Y-rod with proper tension, focus carefully on a dowsing question, then walk along the earth waiting for a response. It takes practice for sure, but it's really fun when you master it. It's also dead accurate.

The L-rod can be used for all the same applications. L-rods need to be held by the handle (the short side), with the long side tipped just below horizontal. If you tip up a bit, the rods fall to your side, and if you tip down too much, they swing together in the middle. You need to find that sweet spot where they are both balanced just below horizontal and pointed straight ahead. "Yes" is usually the rod turning inward; "no" is usually the rod turning outward, towards your shoulder.

If you only use one rod, it is a bit easier. It's personal preference whether you use one or two. There's a lot of laughter when you are first learning to use rods, because it does require you to do a few things at once, all of which are new to you. But it does get a lot easier with practice.



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As you learned in previous chapters, there is much more to dowsing than just getting a yes/no answer with a tool. It's important to get proper training so that you are actually dowsing and can become accurate. Tool use is probably the most fun part of learning to dowse, but be sure you also learn all about asking the right question, getting into a dowsing state and dowsing ethics.

Although you do not need a tool to dowse, rods can be very useful. When walking on uneven ground, especially during breezy weather, rods are a great tool. They are most commonly used when dowsing outdoors for things like water, minerals and buried services. They excel when you are doing archaeological dowsing, looking for things such as post holes or burials that are not apparent above ground. We use rods all the time when dowsing environmental energies either for space clearing or just to get a feel for what is going on energetically on a property. You can also use an L-rod to follow the path of an underground cable or to point in the direction of something you are seeking.

There is so much to dowsing beyond just tool use. You are getting a glimpse of how many ways a person can use dowsing to explore the wonders of life. Click on the button below to discover more about dowsing.



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Chapter 8

Are Dowsing Tools Needed For Dowsing?

Dowsing tools are fun to use, but you really don't need them. They are just a way of amplifying your body's reaction to the dowsing question, so that you may more easily interpret the answer. It's just as easy-perhaps easier-to learn to dowse without tools.

In fact, when we teach dowsing, we always begin by showing students how to dowse without tools. This is called deviceless dowsing. Deviceless dowsing may seem weird, but you may have encountered it before. If you go to a chiropractor or any practitioner who uses muscle testing, that is a form of dowsing without a tool, or more properly, using the body as the tool.

There are many deviceless dowsing techniques. All of them make it possible to get a "yes" or "no" to your dowsing questions simply by using a part of the body. Let's start by showing you one of the most popular deviceless dowsing techniques, called The Body Sway.

The Body Sway is easy to do. You stand with your feet shoulder-width apart and relax. Empty your mind. It's important to get into a dowsing state. We describe that in an earlier chapter of the guide. Your goal will be to use the swaying of your body to indicate a "yes" or "no" response to your question.



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In order to see what your "yes" is, you can ask a question for which you know the answer. We've found that this one works well for most people: "Was I born in _____(name the city/state/country you were born in) in this lifetime?" By putting the proper birthplace in the blank, you will get a "yes" answer in most cases. (There are some pitfalls that would be covered in a dowsing course, but this will get you started.) Most people find that their body moves forward for "yes".

It may take time and patience at first. You need to be in a dowsing state, detached, open, and thinking of nothing but your question. Then wait for the answer. Be open and curious.

To check your "no" response, put a false location into the birthplace statement and see what your body does. For most people, it will sway backwards. Newbies will usually find it takes a bit longer to get an answer, and the motion may not be large. Closing your eyes while asking the question will accentuate the motion for you. As you become a more masterful dowser, your answers will come faster and be stronger.

If you've read the other chapters, you know that simply getting a yes/no response is only a small part of what dowsing is, and that there are other key elements to really dowsing, including asking a good question, getting into a dowsing state and ethical dowsing practices. A good dowsing course is indispensable if you intend to become a masterful dowser, and it should include all of those subjects.

There are many ways to dowse without a tool. Our personal favorite is Blink Dowsing. You use the motion of your eyelids to indicate the answer in Blink Dowsing, which makes it one of the stealthiest dowsing practices. To get started with Blink Dowsing, be calm and relaxed and get into a dowsing state while softly focusing on a spot on a wall in front of you.

Use the same birthplace questions you did with The Body Sway. Start with your real birthplace and observe what your eyelids do. Do they blink once or twice?



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Do they feel like they can't stay open? For most people, one blink is "yes". If you aren't sure it was a dowsing blink, ask the question again and see.

Then ask your question containing the false birthplace and observe what your eyes do. For most people, "no" is no reaction at all. However, people do get different reactions. All that really matters is that your "yes" and "no" are different and consistent. Once you know what they are, you are good to go.

There are many other interesting deviceless dowsing techniques. You won't find all of them equally effective for you, but you should be able to find a few that work well. Many techniques involve the use of your fingers or hands. We have noted more than 20 different deviceless techniques. They are a lot of fun to try.

There are benefits to dowsing without tools:

- ❖ You can dowse any time, anywhere. No tool needed.
- ❖ You can dowse stealthily, so people don't realize you are dowsing
- ❖ Deviceless dowsing teaches you to be aware of all your bodily responses to a dowsing question, rather than focusing on the movement of a tool. It is easier to develop your intuitive sensing abilities if you are open to all your body's reactions during dowsing.

Remember that dowsing is much more than just getting a yes/no response to your questions. In fact, many people who think they are dowsing are not, because it is possible to get a yes/no response when you are not in a dowsing state. That is why it is so important to get proper dowsing training. We love to help people who are interested in learning to dowse accurately. To continue your exploration of dowsing, click the link below.



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Chapter 9

Tell Me About Water Dowsing

Water dowsing is the oldest and most venerated use of dowsing. Sometimes called 'water-witching' or 'water divining', water dowsing is the search for a source of underground water. All dowsing is basically a search, the asking of questions and getting answers you can't get rationally. In the case of water dowsing, the basic question is, "Where's the water?".

Although there are probably geographic locations where you can dig almost anywhere and hit potable water, there are many more locations where this is not possible. It is time-consuming and expensive to sink a well. Many ancient civilizations occupied desert areas: Egypt and the Middle East come to mind. Even in modern times, it isn't always easy to find water. City dwellers forget that water doesn't come from taps. It comes from the ground. If you can't find it, you can't tap into it. If you think about it, finding water is even more important than finding food in terms of human survival.

Water dowsing is at least hundreds of years old, probably much more. Finding water is vital to humans as individuals and in groups, so having someone capable of finding a good source of water is highly beneficial. Of course, the benefits will be much more obvious in locations where water is scarce.



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How do water dowsers find water? It's just one of the many applications of dowsing. Water dowsers must ask a good dowsing question that is very clear, well-defined and includes all aspects of their goals. Thus, a good water dowsing question is usually long and detailed.

There are many ways to ask a good dowsing question, but here is an example from a professional water dowser we know who lives in Arizona:

"Please show me the electromagnetic energy from only a legal, drillable, pumpable, potable, palatable, free-flowing underground source of primary replenishing water at a depth of less than x feet which will deliver y gallons a minute or more at the surface in my time now with a real pump installed and with electric power wired, and which will not go dry in drought years." (with gratitude to Ed Stillman, water dowser)

The dowser must get into a good dowsing state and ask this question while working over a map (dowsing can be done long distance using a map or sketch) or while walking the property in search of the best location to drill. Accurate dowsing depends on not only being in a dowsing state, but also being detached about the answers. If you are too attached to getting a certain answer, it will mess up your dowsing. We have discussed the key aspects of successful dowsing in earlier chapters. Dowsing success depends on much more than the motion of the dowsing tool.

On rare occasions, there have been people who were able to find sources of underground water just by reading their body's reaction when they stood on the earth's surface above the aquifer, but most professionals use a Y-rod or forked branch as a dowsing tool. We have talked about rods in a previous chapter. The rod is merely an indicator that helps you see the "yes" response easier. Often, the tool will point downward when the dowser reaches the spot that is over the aquifer that meets his or her specs.

How accurate is water dowsing? No dowser is 100% accurate, because it involves the human being, and humans are not perfect. But experienced, expert water dowsers are usually more than 90% accurate. If you got over 90% on



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every test in school, that was considered exceptional, so we think that's a good average.

A question that comes to mind is, "Has anyone proven water dowsing works?" If those dowsers are more than 90% accurate, why can't someone do a scientific study to prove it? This is a very good question. In fact, a scientific study of water dowsing was undertaken long ago by a Physics professor named William Barrett. He was skeptical of the claims of water dowsing, but unlike more recent scientists, he realized that to prove or disprove it required going into the field and testing it in place, not in artificial laboratory settings. His detailed work concluded that water dowsing does indeed work, but as is often the case, it didn't get a lot of attention. In 2014, we published a new edition of the complete study under the title "The Credibility Of Dowsing" by Professor William Barrett; Nigel Percy, editor. The book is over 400 pages long and gives you as much detail as you could ever hope for in terms of scientific evidence that water dowsing works. You can get a copy on Amazon.

Recent so-called scientific studies of dowsing done in artificial settings are deficient in terms of controlled conditions, measuring results, using appropriate subjects and definitions of terms. None of the modern tests of water dowsing that we have seen have good experimental design. Therefore, they are not to be trusted. It would be impossible to recreate conditions in the lab to properly test water dowsing, and as long as anyone is attempting to do that, it is unlikely any meaningful data will be collected.

Water dowsing is still a vital skill for humanity, especially in third world countries and areas that are not heavily populated or have a dry climate. It would be a real shame if water dowsing disappeared, but it's unlikely to, simply because it is so vital to humanity.

There are many applications for dowsing in addition to finding water. Each one is a specialty. Within each specialty, the dowser must learn about pitfalls, terminology and best practices. Just as you wouldn't want a kidney specialist doing your heart transplant, you wouldn't want a water dowser doing health



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dowsing for you. It's a whole different subject and requires lots of practice to master.

Water dowsing has the benefit of usually being a search for one thing using one group of specs. The water dowser learns how to dowse using one question. The question gets refined over time, or the dowser might be lucky enough to apprentice with a master who shares tips. It is a highly narrow, specialized field of dowsing, and because of that, it can be easier to master than other applications of dowsing.

Other types of dowsing, like health dowsing, require a broader knowledge, lots more questions and greater experience in order to master the subject than narrow specialties like water dowsing or some types of mineral dowsing.

If you are interested in water dowsing, the best thing you can do is apprentice yourself to a truly expert water dowser who is willing to share his or her knowledge with you. Dowsing for water is way more than mastering a Y-rod or even asking a good question. You won't learn all you need to know in one or even many classes. The best place to learn is in the field with experts.

If water dowsing doesn't grab you, there are lots of other ways you can use dowsing personally or professionally to make life better. Dowsing is a natural human skill; you can be trained in it, and with practice, you can master it. Choose a specialty that speaks to you. Maybe you are interested in health or personal growth. Perhaps you love archaeology. Or maybe you enjoy creating sacred, harmonious space. Dowsing can be helpful for all of these and much more. But each area has its own terminology, tricks and techniques. Find a good mentor; take good courses; practice a lot. You will then become masterful.

When an intelligent person asks a really good question, the answer often provokes more questions. Those questions also have answers. And they will pose more questions in your mind. This is the nature of any exciting journey, and dowsing can be a journey. A journey that completely changes your life for the better.



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We welcome you to download the complete guide to dowsing by clicking the button below. We will be happy to help you learn more about dowsing, get answers to your questions and experience even more interesting and exciting questions along the way!



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Chapter 10

What Are Dowsing Charts & How Do You Use Them?

As a dowser, you are looking for the answer to a question you cannot answer rationally. That question is usually posed in a yes/no format. Once you start learning how to get reliable dowsing answers, you naturally want to expand your use of this amazing ability to give you even more detailed and valuable information. Dowsing is a search for information and answers, after all, and the more you can get, the better. This is where dowsing charts come in handy.

Dowsing charts help you go beyond a simple "yes" or "no" answer. Charts and scales, which are closely related, provide you with the opportunity to have several or more possible answers instead of just two. With this more advanced technique you can pick a specific therapy, supplement or any choice among a range of possibilities. You can assign a number value that represents benefits, intensity or harm.

The ability to find shades of "yes" and shades of "no" and to choose among many options makes dowsing a more valuable tool for everyday life.

Charts and scales come in many forms. Some are simple and linear in design, while others are complex in include multiple scales or even connect multiple charts to one another. The healing method Spiritual Response Therapy (SRT)



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uses chart dowsing as a major part of the therapy, but all health dowsing can benefit from the use of charts and scales.

In general, when using a chart or scale you must do the same as with any dowsing. You need a good dowsing question; you must get into a good dowsing state; you must be detached and open to the answer. We discussed these subjects in earlier chapters. Dowsing is way more than just getting an answer. The answer will only be as accurate as your dowsing technique, and your ability depends on how skillful you are, which all comes down to training and practice.

A dowser will usually use a pendulum for chart dowsing. We have found it helpful if the pendulum has a pointy end, because that makes it easier to see what answer is being indicated on the chart or scale. The pendulum is put into a neutral swing (not "yes"; not "no") and then the question is asked while in a dowsing state. Given time, the pendulum will move and eventually settle over the appropriate answer.

Dowsing charts can be used for any dowsing application. Most often, they are used in health and personal growth dowsing, or when dowsing for energies. But you can use them in any type of dowsing where there are multiple possible answers, or if you have an interest in the intensity or effectiveness of something.

Here's how you can use charts in something like space clearing.

- ❖ Dowsing is very helpful, because you can dowse what energies are present using a chart with all the forms of noxious energy (plus "Other", as you never can be sure you have them all listed).
- ❖ You can have a scale for measuring the effects of those energies on someone who lives there.
- ❖ You can also have a chart listing all your favorite clearing methods (again including "Other" as an option). Then you are going to clear and harmonize the energy of your personal space.



Your Guide To Dowsing

with Nigel & Maggie Percy

There are many types of noxious environmental energies, and there are just as many ways to clear and harmonize them. Some people use sage wands; others use sound. There is no one method that does it all. You can dowse what method will best neutralize, clear or harmonize those energies for the health and well-being of all who live there. And you can do that using a chart.

By utilizing these charts, you make the space clearing process much more efficient, and you don't have to remember everything. The same is true for any dowsing application in which you use charts.

There are many sources of great dowsing charts. There are books of charts, methods that use charts and websites that sell individual charts or booklets of charts. You can even make your own charts by using a blank template. This is lots of fun, but it's also helpful to your dowsing process, because it forces you to think about options, to consider possibilities. It expands the way you think of the dowsing process.

List dowsing is analogous to chart dowsing, in that you can take the information and put it in a chart, or you can just put it in a list. List dowsing is finding the answer to your dowsing question from a list. Lists are more useful than charts when you have a lot of options, more than you can easily chart. The principle behind list dowsing is much the same as chart dowsing. This gets into more advanced dowsing technique, which is usually covered in an advanced course.

Dowsing is a valuable life tool. It unlocks your intuitive capabilities by giving you a way to focus your intuition to gather useful information that expands your intelligence and aids in your well-being. When combined with the proper use of rational faculties, dowsing boosts your ability to make good choices and create positive outcomes in your life. It's also a priceless tool in business, whatever business you are in.

Dowsing is a journey. You don't become masterful overnight. We are passionate about helping those who wish to master dowsing and change their lives for the better and look forward to supporting you on your journey.