yourname@udel.edu |302-831-2392 | YourLinkedInURL

#### EDUCATION University of Delaware

#### Bachelor of Science in Nursing

Dean's List, All Semesters Phi Kappa Phi Honor Society, Sigma Theta Tau International Society of Nursing, Golden Key Honor Society

#### **UD Clinical Nursing Study Abroad**

International Nursing Practices Program

### CLINICAL ROTATIONS

Kent General Hospital Medical/Surgical Adult II

Sacred Heart Village & Francis X Norton Center Community

Nemours Pediatrics

Christian Hospital Maternity

Veterans Administration Hospital Medical Surgical Adult I

**Rockford Center** Psychiatric

**Forward Manor** Geriatrics

#### RELATED EXPERIENCE

**Good Samaritan Hospital** *Rehabilitation Nursing Assistant* 

- Assist with total care of patients recovering from amputations, cerebral vascular accidents, hip and knee replacements, and spinal cord injuries on a forty-five-bed rehabilitation unit.
- Collaborate with members of an interdisciplinary clinical team to provide excellent care to patients.
- Performed patient transfers, cauterizations and wound care.

#### Madonna Heritage

Nurses Aide

Assisted senior citizens with activities of daily living, such as eating, taking medication, and dressing.

#### **OTHER WORK EXPERIENCE**

University of Delaware, Athletics Department

Student Supervisor

- Supervised group of student workers selling parking tickets at home collegiate football games.
- Collected and recorded profit via POS system.
- Maintained official score book at home collegiate basketball games.

#### ACTIVITIES

#### Kappa Alpha Theta Fraternity

Charter Member of Zeta Tau Chapter

#### National Student Nurses' Association

Membership Chair

- Increase membership by 10% through the recruitment process
- Coordinate and lead community service projects for 120 member pledge class

Tortola, British Virgin Islands January 20XX

> Dover, DE Month 20XX-Present

Wilmington, DE Month 20XX-Present

Wilmington, DE Month 20XX-Month 20XX

September 20XX-Present

Baltimore, MD

Jarettsville, MD December 20XX- February 20XX

> Newark, DE September 20XX-Present

> Newark, DE September 20XX-Present

Newark, DE September 20XX-Presen

Newark, DE May 20XX GPA: 3.61

EDUCATION

University of Delaware, College of Health Sciences Bachelor of Science in Exercise Science, Honors Degree Concentration: Biomechanics and Motor Control Minor: Dance GPA: 3.43 Honors and Awards: Dean's List, General Honors Award, Merit Scholarship

#### SKILLS

Software Microsoft Office skills (Word, Excel, PowerPoint), LabView, Cortex Motion Analysis Language: Conversant in Spanish Certifications: Basic Life-Saving, CPR, AED & First Aid

#### RELATED EXPERIENCE

#### **University of Delaware, Department of Kinesiology and Applied Physiology** *Undergraduate Researcher, Biomechanics Laboratory*

- Assist post-doctoral and assistant professor with laboratory tasks and protocol development of Total Hip Replacement Outcomes and Energy Expenditure pilot studies
- Conduct protocol development of strength, performance, and recruitment methods for future Total Hip Replacement Outcome study
- Performed data collections on subjects for Energy Expenditure Pilot by preparing VO2 system, gait analysis laboratory, and subject with reflective marker sets on specified body landmarks, as well as cleaned collected data for later analysis
- Contribute to continuous literature reviews and critical analysis of related studies

#### University of Delaware, Dance Program

Teaching Assistant, DANC312: The Body and Motion

• Assisted in classroom lectures, grade papers, and work with students for an anatomy class focusing on functional anatomy of dance that teaches the Franklin Method of anatomical and dance imagery

## ArtsBridge America

ArtsBridge Scholar

- Worked as part of a national organization that studies arts integration in grade schools
  - Developed a curriculum for third grade English Language Arts that integrates visual arts-centered approaches with language arts principles in order to increase students' engagement with the material and academic achievement
  - Taught a class of 26 students at a local elementary school using original lesson plans and assess their comprehension of the concepts using self-developed criteria
  - Presented work in an oral presentation at the UD Undergraduate Symposium in August 20XX

#### LEADERSHIP

#### **StUDent Government Association**

Governmental Affairs Committee Senator

- Participate in a variety of activities to increase on-campus political engagement and open discussion with local and state elected officials
- Travel to Dover to discuss university and student concerns with representatives of Delaware State Government

## Project CHANGE

Secretary

- Attend all meetings and record accurate notes and attendance, as well as coordinate all club correspondence (meeting summaries, thank you/congratulatory notes, responses to external requests for information)
- Participate in various community service programs, including Habitat for Humanity and Meals on Wheels

## **Delaware Repertory Dance Company**

Choreographer & Performer

- Choreograph up to for performances per year involving up to 20 dancers for UD's student-led dance company
- Rehearse and perform for an average of 20 hours per month with a team of dedicated dancers and directors

Newark, DE February 20XX - May 20XX

February 20XX - May 20XX

Newark, DE May 20XX

Newark. DE

Newark. DE

June 20XX - Present

Newark, DE September 20XX - Present

eels

February 20XX - Present

Newark. DE

Newark, DE September 20XX - Present

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#### EDUCATION University of Delaware Bachelor of Science, Biological Sciences Concentration: Cell and Molecular Biology and Genetics GPA: 3.23

Relevant Coursework: General Physiology, Advanced Mammalian Physiology, Microbiology, Genetics, Molecular Biology, Cell Physiology, Ecology, Experimental Physiology

#### <u>SKILLS</u>

Biochemistry: fraction collection, protein purification, enzyme assays, SDS-PAGE, HPLC, ultracentrifuge, column and thin layer chromatography, spectrophotometry (UV/vis)

Molecular/Cell Biology: brightfield, phase contrast, and confocal microscopy; quantitative imaging; sterile technique and cell culture; DNA purification; cryostat sectioning, in situ hybridization, density gradient and differential centrifugation; E. coli transformation Model Systems Used: Experience with E. coli, Drosophila, Xenopus laevis, zebrafish, chick embryos, mice, rats, and human blood samples

Software: MS Office; Adobe Photoshop; ImagePro+ and MetaMorph image analysis systems

#### **EXPERIENCE**

University of Delaware, Department of Biological Sciences Undergraduate Researcher, Molecular Biology Lab

- Log and prepare tissue samples for microscopic analysis
- Utilize laboratory techniques to understand the differences various between E.coli st rains at the genome level
- Applied Lowry assays and used spectrophotometry
- Separated DNA fragments with pulsed gel electrophoresis
- Assisted with the preparation of various reports by summarizing data analysis and conclusions

#### **Riverview Medical Practice**

Administrative Volunteer

- · Assist with daily administrative duties in busy pediatric practice
- Provide excellent customer service by answering phone calls and answering patient questions about scheduling

#### **Brown Pathology Service**

Lab Technician

- Maintained organization and upkeep of lab area
- Processed fine needle aspirations and conducted stain pap smears and semen analyses

#### **ACTIVITIES**

University of Delaware, Biological Sciences Department

Tutor

- Manage the tutoring website to ensure it operates efficiently and provide useful resources for students who need assistance
- Provide 1:1 weekly sessions to three students per semester who improved by one letter grade at the end of the semester

#### Beta Beta (Biological Sciences Society)

Member

· Engage in monthly lectures provided by UD faculty and outside speakers from leading universities and research centers

#### **UD Swim Club**

Member

Dedicate 20 hours per week to practice and competition. Improved individual times by 4 seconds in butterfly and backstroke

June 20XX - Present

Newark. DE

Newark. DE

May 20XX

May 20XX - Present

Wilmington, DE

Newark, DE

Newark. DE

Bear, DE May 20XX - August 20XX

Newark, DE

February 20XX - Present

August 20XX - Present

September 20XX - Present

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**EDUCATION** 

**University of Delaware**, New ark DE **Bachelor of Science**, **Physics Honors Degree** Minors in Mathematics and Computer Science GPA: 3.42 Dean's List (all semesters)

#### SKILLS

Proficient in Programming and Scripting with Python, Java, C++, Bash, Matlab, Android Proficient in Molecular Simulation Software: Gromacs and VMD (Visual Molecular Dynamics) Version control - Git and SYN Familiar with the Linux Operating System Familiar with web design - **HTM L**, CSS, Ruby on Rails

#### **EXPERIENCE**

uMash Collage Generator, Newark, DE

Software Engineer & Co-Creator

- Developed Android Application that uses machine learning to dynamically create photo collages, involved from idea conception to market release and maintenance
- Implemented and improved cutting-edge algorithms to overcome mobile platform limitations
- Awarded NSF I-Corps grant to investigate market viability of product, received training in customer discovery research and lean startup methodology

#### University of Delaware, Department of Physics, Newark, DE

Undergraduate Researcher

- Study the internal structure and composition of lipid phases to better understand cell membrane structure
- Participate in weekly lab group meetings to discuss findings and tackle difficult technical challenges
- Develop computational algorithms to process and analyze data using python
- Implement Hidden Markov Models and particle simulations in C++ to study phase behavior in simulated lipid membranes
- Presented findings at Delaware Membrane Symposium (2014), Biophysical Society Meeting (2015) and Society of Physics Students Mid-Atlantic Conference (2015)

#### University of Delaware, Department of Chemistry, Newark, DE

Howard Hughes Medical Institute Undergraduate Research Program

- Studied the impact of lipid membrane phase order on peptide translocation working independently within the Department of Chemistry at the University of Delaware
- Created, ran, and analyzed biophysical simulations with various Molecular Dynamics software such as Gromacs, VMD and custom software
- Participated in weekly lab group meetings and contributed to overall group dynamic, presented research and contributed to idea generation and problem solving
- Presented preliminary results in undergraduate symposium

#### LEADERSHIP

#### Society of Physics Students (SPS), University of Delaware Chapter, Newark, DE

Vice President

- Create a targeted marketing campaign and recruitment that resulted in 30 new members
- Organize events designed to foster mutually beneficial relationships between members and employers

## UD Cross Country/Track and Field Club, Newark, DE

Transportation Organizer

- Organize transportation and logistics for 20 students for up to five overnight club matches per semester
- Oversee a transportation budget of \$7,000 and participate in club leadership and planning meetings

January 20XX - Present

June 20XX - September 20XX

March 20XX - Present

February 20XX - Present

May 20XX - Present

May 20XX

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**EDUCATION** 

#### University of Delaware **Bachelor of Arts in Psychology** Honors Degree with Distinction Senior Thesis Candidate: Stress Regulation in Adolescent Girls Minors in Educational Studies & in HDFS GPA 3.53; Dean's List All Semesters

#### **CIEE Study Abroad Public Health Program**

#### **RESEARCH EXPERIENCE**

### University of Delaware, Psychology Department

Research Assistant

- Organize data for Professor Smith's lab that tests attachment related trauma, stress regulation, and developmental psychopathology in adolescents
- Conduct literature reviews for primary investigator and provide findings in detailed reports and present findings to members of the team
- Guide patients, participants, and clinician users of our technology through installation, daily use and interpretation of results

#### University of Delaware, Child Psychology Lab

Research Assistant

- Assisted Professor White with infant cognition testing with duties including collecting data designed to assess a broad range of tailored and comprehensive cognitive scores
- Performed regression analyses on various data sets related to infant cognition testing and reviewed data for ٠ accuracy and completeness

#### ADDITIONAL EXPERIENCE

#### **Boys & Girls Center**

Mentor

- Mentor two children ages 6 & 10 on a weekly basis and assist with academics
- Provide developmental activities, relating to core areas including education & career, character & leadership, health & life skills, the arts, and sports, fitness & recreation

#### **Next Generation Child Center**

Teacher's Assistant

Aided teachers with infant through pre-K classrooms by providing guidance to students during lessons

#### SKILLS

Proficient in Microsoft Word, Excel and PowerPoint and SPSS. Fluent in Spanish

#### HONORS & ACTIVITIES

Phi Beta Kappa, President (September 20XX-Present)

Plan and orchestrate weekly chapter meetings for a fifty member organization, secure guest speakers, oversee activities, and lead a nine-member executive board

Psi Chi National Honor Society in Psychology, Member National Society for Collegiate Scholars, Member

Gamma Sigma Sigma, National Community Service Sorority, Member

- Perform 25 hours of community service per semester
- Tutor inner-city children grades 1 through 12 on various school subjects

September 20XX-Present September 20XX-Present December 20XX-Present

September 20XX-Present

August 20XX-September 20XX

London, UK January 20XX

Newark, DE

Newark. DE

May 20XX

Newark. DE

August 20XX-May 20XX

August 20XX-Present

August 20XX-Present

Wilmington, DE

Waltham. MA

Master of Science in Neuroscience (4+1 Program)Expected May 2018Bachelor of Science in Neuroscience, Minor in Biology GPA: 3.80, Dean's List: Fall 2014, Spring 2015, Fall 2015, Spring 2016, Fall 2016, Spring 2017May 2017 <b>EXPERIENCE</b> Schwarz Neuroimmunology Lab, University of Delaware, Newark, DE Nork in the laboratory setting to examine the interaction of immune and neural function during sensitive periods of life in a rodent model. Analyze data, perform surgery to extract tissue samples, and culture neuronal cells.June 2015-Present <b>Ronald E. McNair Post-Baccalaureate Achievement Program, Newark, DE</b> Scholar Conduct independent research involving fetal alcohol exposure and its long-term effects on immune and neural function and neural mechanisms of postpartum depression in the laboratory of Dr. Jaclyn Schwarz.Magust 2013-Present <b>St. Mary's Medical Center, Langhorne, PA</b> Volunteer Offer food and beverages to patients after procedures, transport patients, make beds, stock and sanitize rooms between patients, and clean and organize charts. 136 HoursAugust 2013-Present	University of Delaware, College of Arts and Sciences, Newark, DE		
GPA: 3.80, Dean's List: Fall 2014, Spring 2015, Fall 2015, Spring 2016, Fall 2016, Spring 2017EXPERIENCE Schwarz Neuroimmunology Lab, University of Delaware, Newark, DE Research Assistant Work in the laboratory setting to examine the interaction of immune and neural function during sensitive periods of life in a rodent model. Analyze data, perform surgery to extract tissue samples, and culture neuronal cells.June 2015-PresentRonald E. McNair Post-Baccalaureate Achievement Program, Newark, DE Scholar Conduct independent research involving fetal alcohol exposure and its long-term effects on immune and neural function and neural mechanisms of postpartum depression in the laboratory of Dr. Jaclyn Schwarz.August 2013-Present Volunteer Offer food and beverages to patients after procedures, transport patients, make beds, stock and sanitize rooms	Master of Science in Neuroscience (4+1 Program)	Expected May 2018	
Schwarz Neuroimmunology Lab, University of Delaware, Newark, DEJune 2015-PresentResearch AssistantWork in the laboratory setting to examine the interaction of immune and neural function during sensitive periods of life in a rodent model. Analyze data, perform surgery to extract tissue samples, and culture neuronal cells.Ronald E. McNair Post-Baccalaureate Achievement Program, Newark, DEJune 2015-Present ScholarConduct independent research involving fetal alcohol exposure and its long-term effects on immune and neural function and neural mechanisms of postpartum depression in the laboratory of Dr. Jaclyn Schwarz.St. Mary's Medical Center, Langhorne, PA VolunteerAugust 2013-Present Offer food and beverages to patients after procedures, transport patients, make beds, stock and sanitize rooms		May 2017	
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<i>Volunteer</i> Offer food and beverages to patients after procedures, transport patients, make beds, stock and sanitize rooms	Conduct independent research involving fetal alcohol exposure and its long-term effects on immune and neural		
Offer food and beverages to patients after procedures, transport patients, make beds, stock and sanitize rooms	• • • •	August 2013-Present	
	Offer food and beverages to patients after procedures, transport patients, make beds, stock and sanitize rooms		
OBSERVATION	OBSERVATION		
Thomas Jefferson University Hospital, Philadelphia, PA January 2017	Thomas Jefferson University Hospital, Philadelphia, PA	January 2017	
Observed Dr. Adam Zoga perform Computer Axial Tomography guided biopsies and bone ablation procedure,			
multiple X-ray-guided arthrogram procedures and helped to interpret medical images. Interacted with patients in			
post-operative area. Attended collaborative case study with orthopedic surgeons. 24 Hours		Ŧ	

## Thomas Jefferson University Hospital, Philadelphia, PA

Observed Dr. Adam Zoga perform Computer Axial Tomography guided biopsies, an X-ray-guided arthrogram procedure and helped to interpret medical images. Attended hospital resident lecture. 16 Hours

Woodbourne Family Practice, Langhorne, PA Observed Dr. Jeffrey Langbein assess and treat patients while interacting with patients in a family medicine office setting. 8 Hours

**HONORS/ACTIVITIES** 

Gamma Sigma Sigma National Service Sorority, University of Delaware	Spring 2015
John F. Horty Scholarship recipient, University of Delaware	Spring 2014
Gymnastics Club, University of Delaware	Spring 2014
Neighborhood Empowerment Team for Residence Hall, University of Delaware	Spring 2014
Resident Assistant Internship & Leadership Exploration, University of Delaware	Spring 2014
National Society of Collegiate Scholars, University of Delaware	Spring 2014
Phi Theta Kappa Honor Society, Bucks County Community College	Spring 2013

SKILLS CPR, Basic Spanish

#### NAME Phone number Email address

**EDUCATION** 

# University of Delaware. College of Arts and Sciences Newark DF

August 2015

June 2015