

Think First & Stay Safe!™



Youth Curriculum
Classroom PowerPoint
for Grades PreK-K

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Aligns with 2019 edition of TF&SS Presenter's Guide.



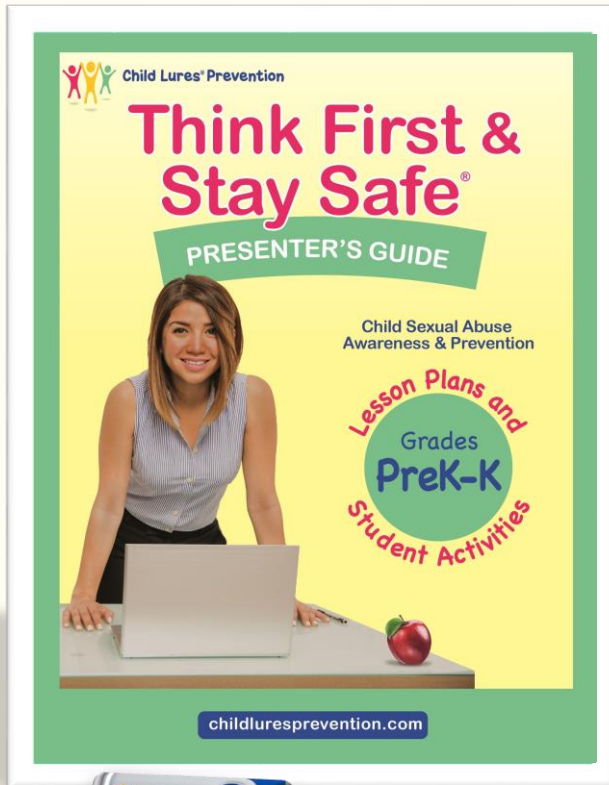
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Think First & Stay Safe!™

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Note to Presenter:

This classroom Presentation follows along with
Presenter's Guide Lesson Plans and Student Activities, Grades PreK-K



Child Lures® Prevention
Think First & Stay Safe®

Grades PreK-K

Lesson #1
Think First and Stay Safe
Using My Built-In Computer

Presenter Overview & Resources

Students are introduced to the *Think First & Stay Safe* program with the reassurance that they already possess a powerful tool for staying healthy and safe - their own brain.

By assuring children that they are endowed with this effective personal safety tool, we foster student confidence and establish a sense of preparedness for the lessons that lie ahead. The program begins with a discussion of everyday things we can do, and use, to stay healthy and safe.

Behavioral Objectives
Students will be able to:

- Identify everyday things kids do to stay healthy and safe.
- Plan a healthy snack (Kindergarten).
- Train their brain* to Think First & Stay Safe.

Key Points

- There are things we do to help us stay healthy, like getting lots of sleep.
- There are things we do to help us stay safe, like using a car seat.
- Our brain is our built-in computer.
- We can train our brain to Think First and Stay Safe!

Vocabulary

Healthy, safe, life jacket, fire alarm, smoke detector, built-in, store, information, brain power, power

Single and Activities

- Computer (or picture of computer)
- Classroom PowerPoint, Slides 1-3
- Class Activity, p. 5 (Related worksheets, pp.26-27)
- Student Handout, *Think First and Stay Safe*, p. 25

PowerPoint Slides 1-3

Presenter Checklist:

- Send Welcome Letter home to parents and guardians, p. 34.
- Administer Pre-Test Evaluation to students.
- Review Lesson Recap with students.
- Distribute Student Handout, *Think First and Stay Safe*, for students to color, p. 25
- Review and send home with students.
- Send Class Activity and Student Handout home with students.

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Think First & Stay Safe
YOUTH CURRICULUM

Lesson 1, Think First and Stay Safe: Using My Built-In Computer, PreK-K

Classroom Presentation
DISCUSSION and Activities

Today we are starting a program called *Think First & Stay Safe*. It will teach us how to keep our bodies safe.

Did you know that each one of us already has something inside our bodies that can help us stay safe?
(Show PowerPoint Slide #1)
We'll find out what it is, but first I have two questions to ask you.

- What are some things we do everyday to help keep our bodies healthy?
One thing we do is wash our hands. Washing our hands can help keep us from getting sick. Who can name another thing we do to stay healthy?
Eat healthy foods, like fruits & vegetables/ less sugars & fats. (Keeps our hearts healthy.)
Drink milk. (Helps our bones grow healthy/strong.)
Get lots of sleep. (Allows our bodies and brains to rest and grow.)
Exercise and play outside. (Both are healthy.)
No smoking and stay away from other people's smoke. (Keeps our lungs healthy.)
- What are some things we use to help keep us safe?
Example: We wear bicycle helmets to protect our heads. (Allow several students to respond.)
Seat Belts
Booster Seats/Car Seats
Wrist/elbow/knee/shin guards
Life jacket
Fire alarms and smoke detectors
Door locks

Conduct Class Activity

Pre-K: Review handout.
(Handout on p. 26)

Kindergarten: Review worksheet.
(Handout on p. 27)

3. As I said before, each one of us already has something inside our bodies that can help us stay safe. We all have our very own "built-in computer" inside our body.
(Point at computer, or picture of a computer.)
What do you think I mean when I say your "built-in computer"? What is it? (Show PowerPoint Slide #2)
Your brain.

Yes, our brain is our body's built-in computer. And like a computer, what do our brains store?
Information, data. (Things we see, hear and learn.)

4. Think about all the information you already have stored in your brain - colors, numbers, shapes, letters, words, songs, people, foods and places. Would you say you have a lot of brain power?
Yes!

Yes, you DO have a LOT of brain power!

Are there any other computers in the world that have more power than the human brain?
No.

5. Let's all say this together:
"Our brains are the most powerful computers in the world."
Do you think we can train our brains to help us stay safe?
Yes!

6. Does everyone have the computer between their ears turned on (your brain)?
Yes!
Good, because we're going to train our brains to do what? (Show PowerPoint Slide #3)
To stay safe.

That's right. We are going to learn to *Think First and Stay Safe!*

(Distribute and Review Student Handout, p. 25)
Children may color and take the handout home.

Review Lesson Recap, below.

1. Reference: Massachusetts Institute of Technology

Lesson Recap:

- There are things we do to help keep our bodies healthy, like getting lots of sleep.
- There are things we do to help us stay safe, like using a car seat.
- Our brain is our built-in computer.
- We can train our brain to Think First and Stay Safe!

2019 Edition



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Welcome to Think First & Stay Safe



Safety Program



My Built-In Computer



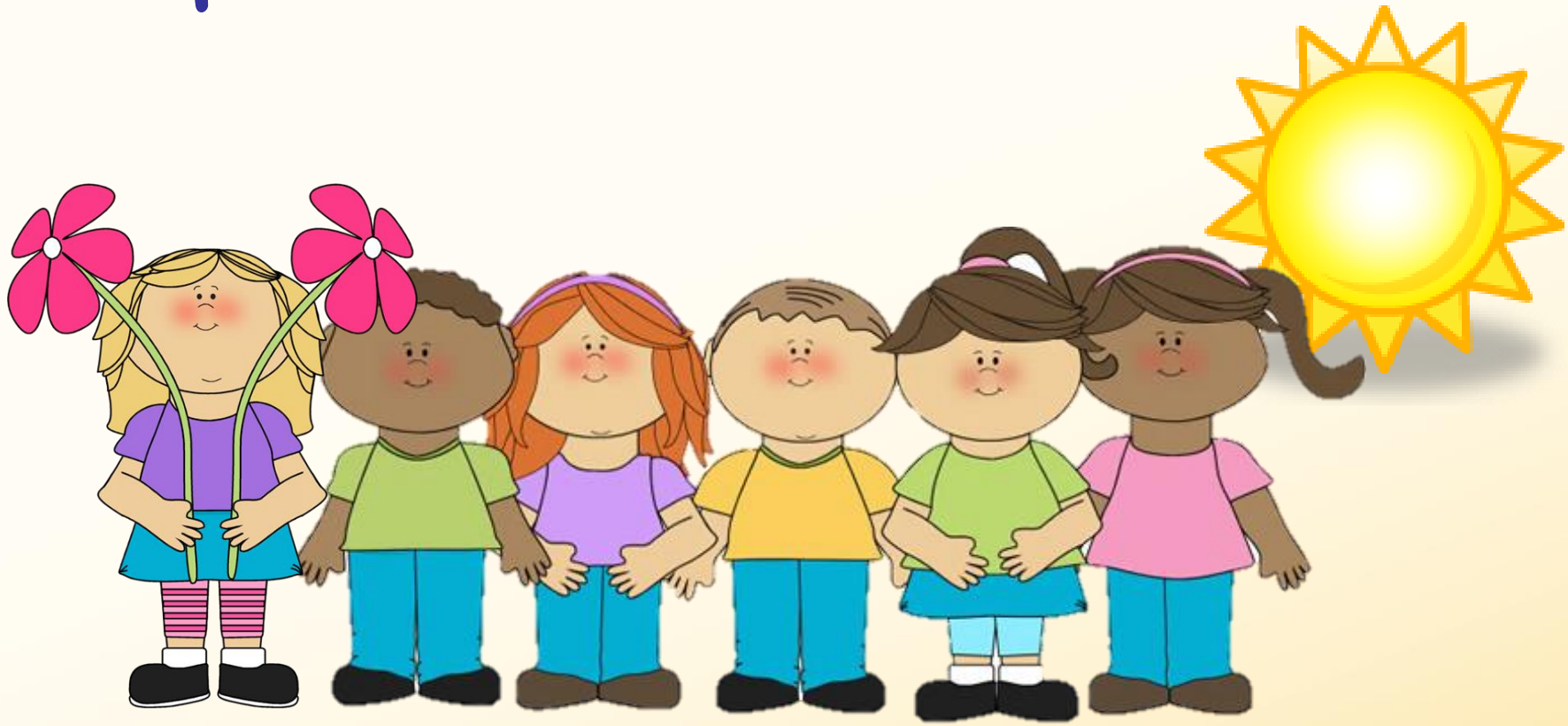
Training My Brain



I can train my brain to Think First & Stay Safe!



People are like the Weather



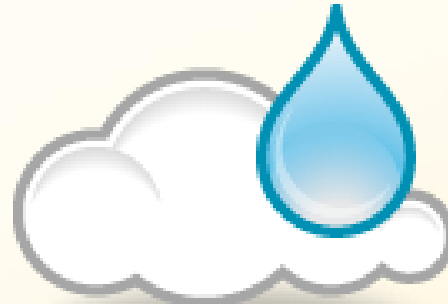
Like the weather, most people are sunny and safe!



Being Kind to Others



People are like the Weather



A person's behavior can change from
sunny to stormy.



Stormy Behaviors



Examples:

1. Taking a toy without asking.
2. Hitting someone.
3. Biting someone.
4. Touching without asking.
5. Touching a child when told to stop.



Staying Safe



- In stormy weather, we go inside to stay safe.
- For **Stormy Behaviors**, we can also do things to stay safe.



Child Luring



Stormy Behaviors and Child Luring can be used:

- by Grown-Ups.
- by older kids.
- by kids our age.



Telling My Trusted Adults



- If we think a Child Lure is being used:
DON'T do what they say.
Get to safety.
Tell a Trusted Adult.
- My two Trusted Adults are:
1. _____
2. _____



Treat it Like a Fire Drill

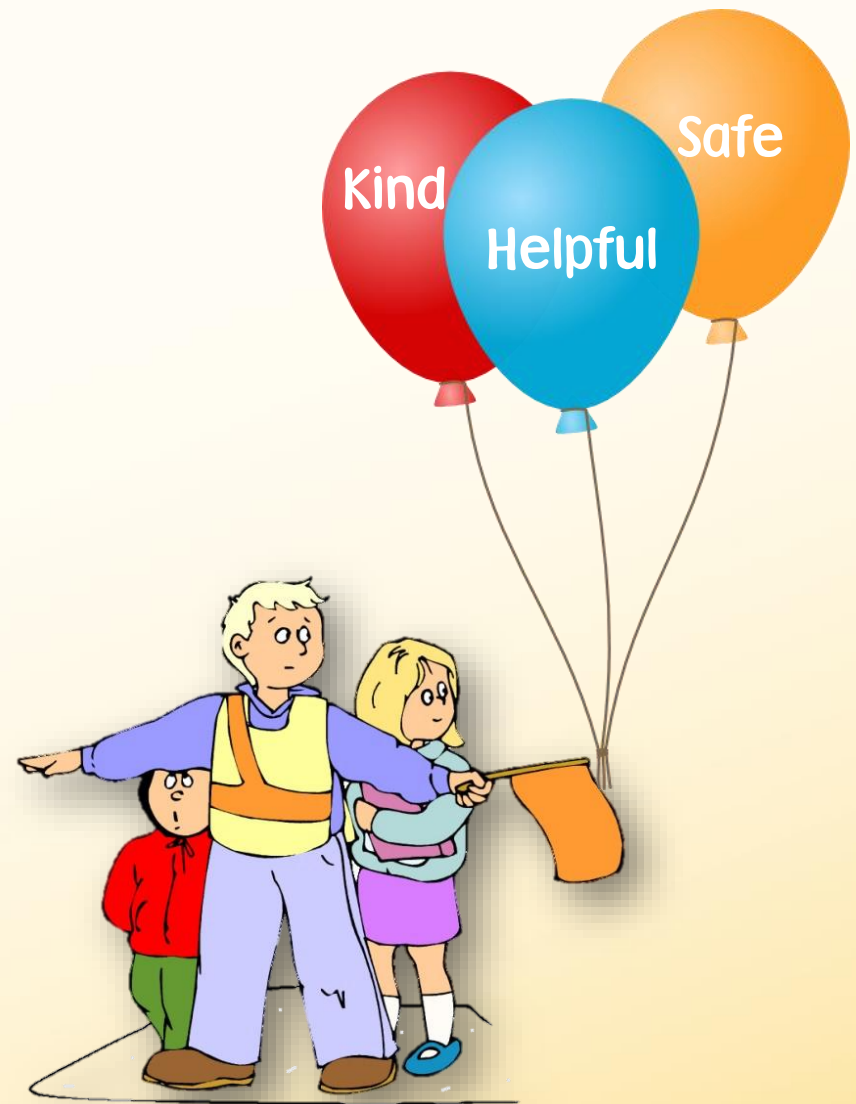


Learning to **Think First & Stay Safe** is like having a fire drill.



Remember,

- Most people are kind and safe!
- Grown-ups are here to help us stay safe.



Laws Help Protect Me

Classroom Rules

1. Be Responsible
Raise your hand
Complete all work

2. Be Safe
Keep hands to yourself
Walk, don't run
Use materials wisely

3. Be Caring
Use kind words
Take turns

4. Be Respectful
Use good manners
Always be honest



My Body Belongs to Me!



Bathing Suit Zone



It is **Against the Law** to:

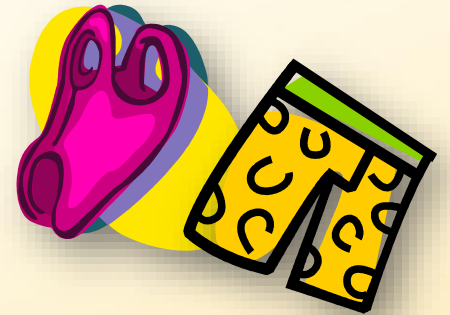
- look at,
- touch, or
- take pictures of
my **Bathing Suit Zone**.



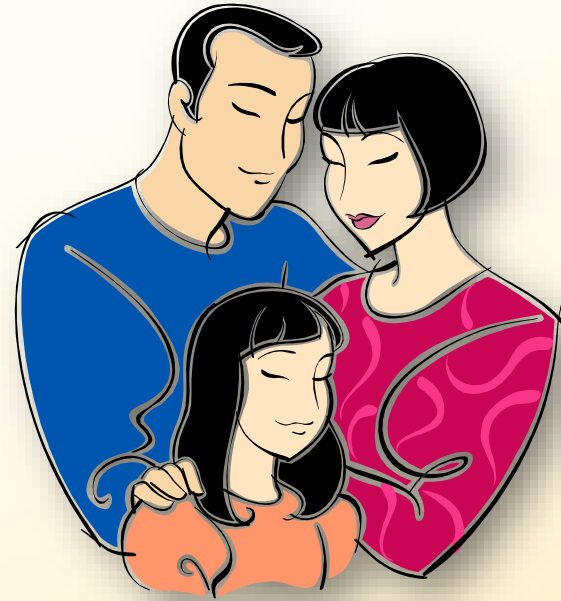
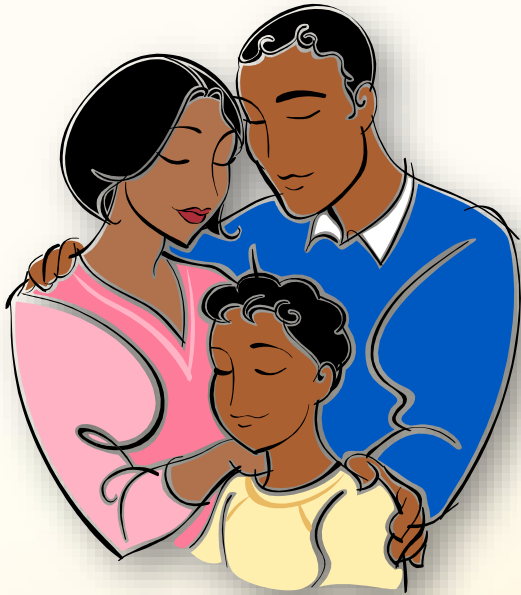
Touching in the Bathing Suit Zone



Tell a Trusted Adult
about touching in the
Bathing Suit Zone.



Kids Have Rights Too!



Kids have the right to be safe.

Keep telling a Trusted Adult until someone helps.



Always Tell the Truth



- **Never** make up stories about abuse.
- **We always tell the truth.**



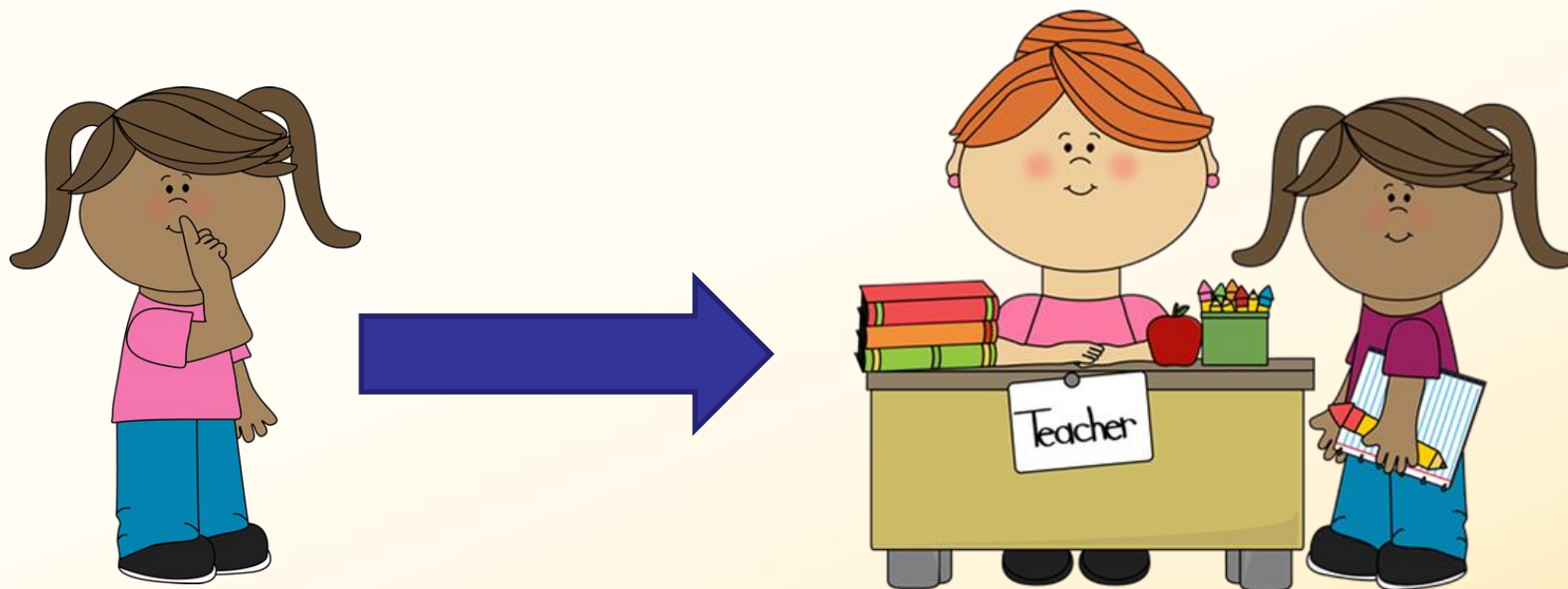
The Siren in My Belly



If someone's
Stormy Behavior
sets off my siren,
I can tell a
Trusted Adult
RIGHT AWAY.



All Secrets Can Be Told



I can tell about any Secret.



The Kindness of People



Most people are
kind and caring -
just like you and me!



Stormy Behaviors



Kids who are abused
are usually abused by
someone they know.



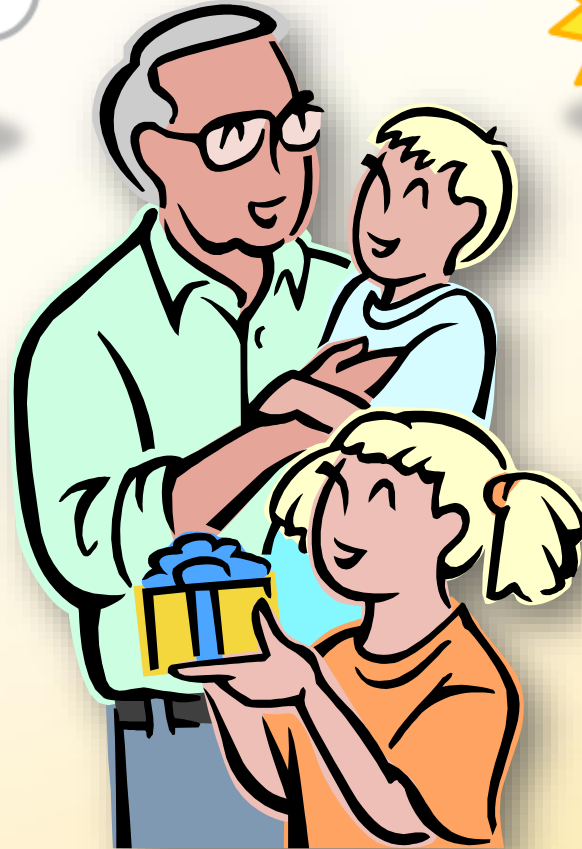
Staying Safe



Stormy?



Safe?



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Grown-Ups who can Help Me



Mom or Dad,
with kids



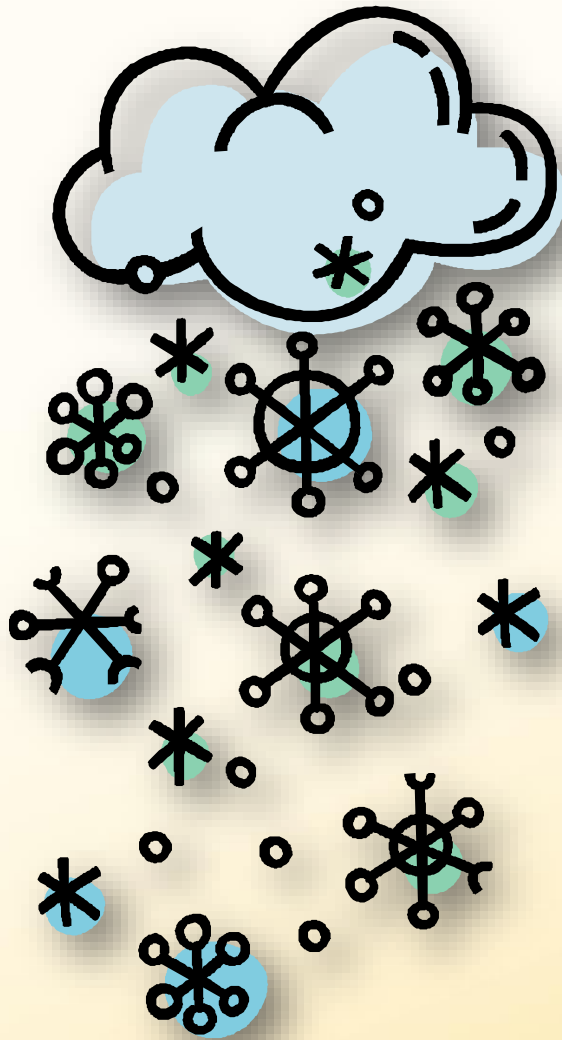
Store Worker



Police Officer



I am Special.



Each of us is special,
like a snowflake.

Abuse is not my fault.

I am still special, even if I
get hurt or abused.



Think First & Stay Safe

My Body
Belongs
To Me!

1

I Can
Ask for Help
with my
Safety.

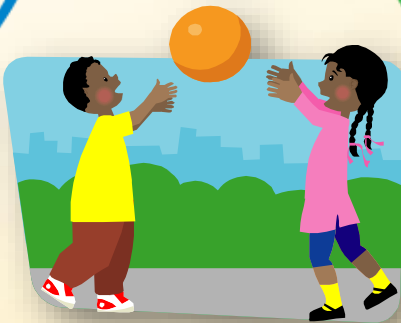
2

All
Secrets
Can Be
Told.

3

Being
Abused is
Never
A Child's
Fault.

4



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Most people help kids stay safe!



Thank you for learning to
Think First
and
Stay Safe!



Program Evaluation

- The next 10 slides contain Program Evaluation questions, to be used as a **Pre-Test** and **Post-Test**.
- These Program Evaluation questions for Grades PreK-K are also located on **pp. 23-24** of the **Presenter's Guide**.
- Recommendation: Place a printed Evaluation on each student's desk, read each question aloud from the following slides. Have students mark their answers on the written copy.



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Question 1



Is the human brain the most powerful computer in the world?

Yes

No

Don't Know



Question 2



Are most people sunny and safe?

Yes

No

Don't Know



Question 3



Do some people use Stormy Behaviors?

Yes

No

Don't Know



Question 4



Can kids be abused by someone they know?

Yes

No

Don't Know



Question 5



Does a bathing suit cover the private parts of the body?

Yes

No

Don't Know



Question 6



Is abusing a child against the law?

Yes

No

Don't Know



Question 7



Should we always tell the truth about abuse?

Yes

No

Don't Know



Question 8



Can all secrets be told?

Yes

No

Don't Know



Question 9



Is it a child's fault if they are abused?

Yes

No

Don't Know



Question 10



Can we train our brain to Think First
and Stay Safe?

Yes

No

Don't Know



Answer Key

1. Yes

2. Yes

3. Yes

4. Yes

5. Yes

6. Yes

7. Yes

8. Yes

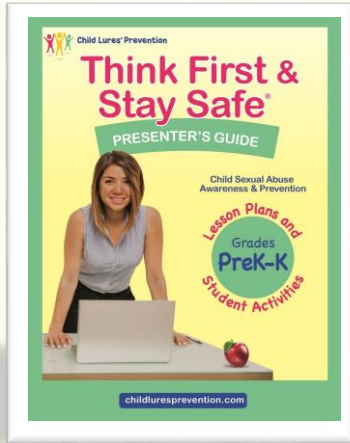
9. No

10. Yes

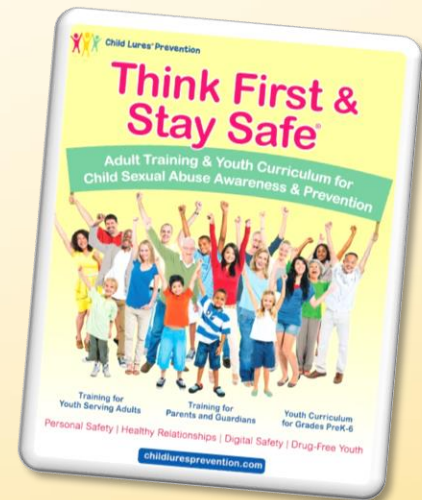


Note to Presenter

- This PowerPoint Presentation aligns itself with the **2019 Edition** of the *Think First & Stay Safe™* **Presenter's Guide, Grades PreK-K Lesson Plans and Student Activities.** (Available on USB Flash Drive or via Digital Access, if applicable.)



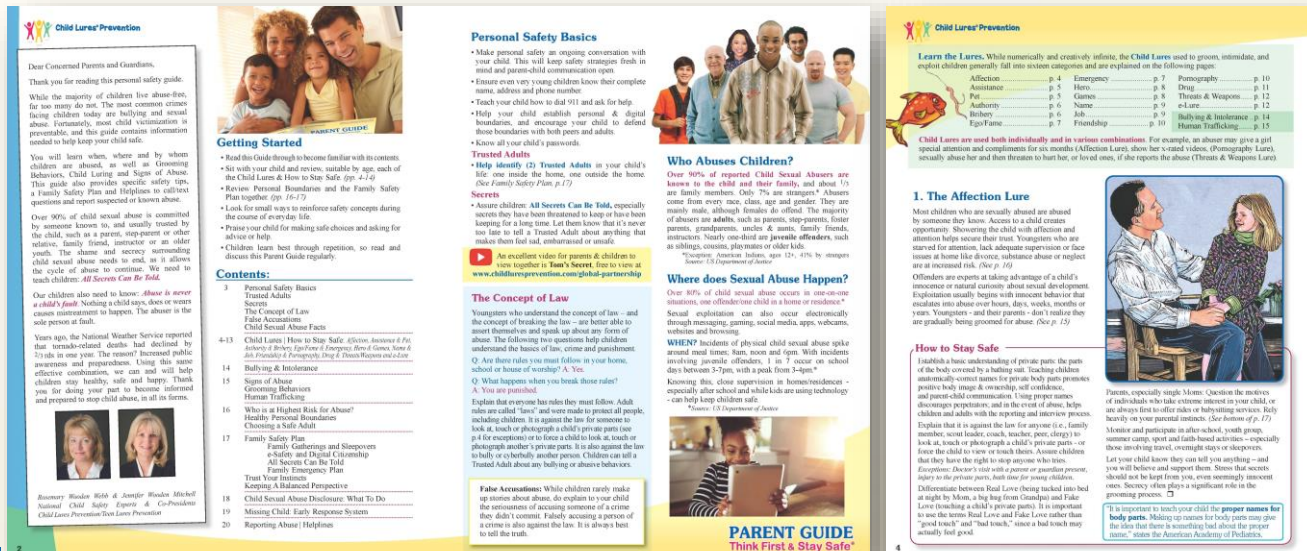
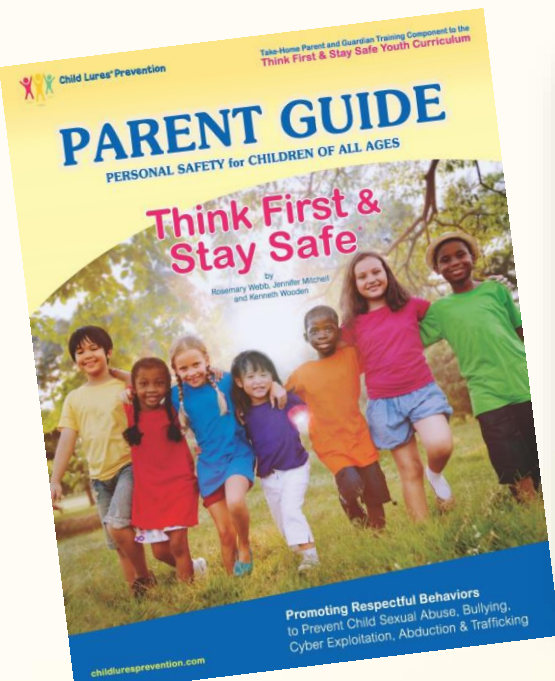
- To order an updated curriculum kit, visit <https://childluresprevention.com/shop> or call **1-800-552-2197.**



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Parent Resource



Sample pages, PARENT GUIDE
(20 pp., color illustrated)

ORDER ONLINE:

<https://childluresprevention.com/shop/>

Or use **ORDER FORM** provided in the
Presenter's Guide Lesson Plans, p. 36



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